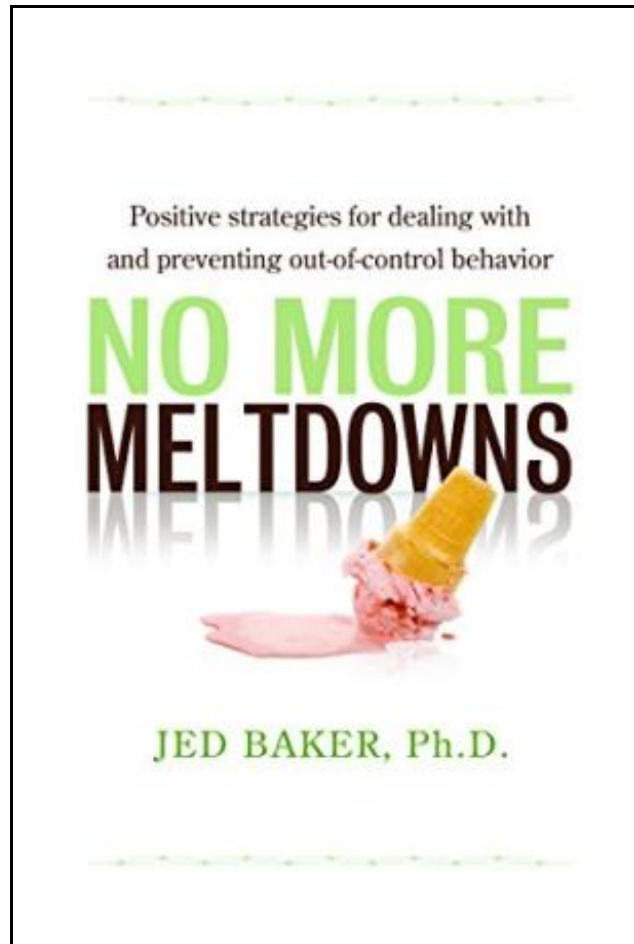


No More Meltdowns: Positive Strategies for Managing and Preventing Out-of-Control Behavior



Filesize: 1.33 MB

Reviews

This book is definitely not straightforward to get started on studying but extremely exciting to read. It is really simplistic but shocks in the 50 percent of the ebook. Once you begin to read the book, it is extremely difficult to leave it before concluding.

(Ally Reichel)

NO MORE MELTDOWNS: POSITIVE STRATEGIES FOR MANAGING AND PREVENTING OUT-OF-CONTROL BEHAVIOR



Future Horizons Incorporated. Paperback. Book Condition: new. BRAND NEW, No More Meltdowns: Positive Strategies for Managing and Preventing Out-of-Control Behavior, Jed Baker, Carol Kranowitz, It could happen at the grocery store. At a restaurant. At school. At home. Meltdowns are stressful for both child and adult, but Dr. Baker can help! Author of the award-winning "Social Skills Picture Book Series", Dr. Jed Baker offers parents and teachers strategies for preventing and managing meltdowns. His 20+ years of experience working with children on the autism spectrum, combined with his personal experiences raising his own children, have yielded time-tested strategies, and results! Dr. Baker offers an easy-to-follow, 4-step model that will improve your everyday relationships with the children in your life: managing your own emotions by adjusting your expectations; learning strategies to calm a meltdown in the moment; understanding why a meltdown occurs; and, creating plans to prevent future meltdowns.



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