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## Healthy Smart: Second Edition

By David Kenneth Waldman

BookBaby, United States, 2015. Paperback. Book Condition: New. 2nd. 277 x 216 mm. Language: English . Brand New Book. Healthy Smart Programme To Love Children (TLC) consulted with the World Health Organization, in the development of the Healthy and Smart Programme. Additionally, HIV/AIDS experts on traditional teaching methods were consulted in order to make the Programme interactive and impactful by using activities, communication channels, and graphics accepted by and/or familiar to the peoples we aim to serve. Healthy Smart assumes Current officially sanctioned school-based HIV/AIDS programmes fail to effect real social change because their approach is didactic, literacy-based, and Eurocentric, and ignores oral and traditional forms of communication. A multi-pronged ABCDEF approach to behavioural change to prevent transmission of HIV A = Abstinence: Do not have (sex); or postpone initiation of sexual activity until married. B = be faithful: with only one partner. C = Condom: Use condom. D = Drugs: Do not take illegal drugs! Do not inject drugs. Do not share needles, and do not share unsterilized needles. E = Empowerment: with education and life skills. F = financial independence: livelihood skills, train unemployed adolescents and help protect youth from exploitation and risky behaviours. TLC recognizes that much...



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