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Testosterone: Sex, Power, and the Will to Win

By Joe Herbert

Audible Studios on Brilliance, United States, 2016. CD-Audio. Book Condition: New. Unabridged. 171 x 133 mm. Language: English . Brand New. We inherit mechanisms for survival from our primeval past none so obviously as those involved in reproduction. The hormone testosterone underlies the organization of activation of masculinity: It changes the body and brain to make a male. It is involved not only in sexuality but in driving aggression, competitiveness, risk taking all elements that were needed for successful survival and reproduction in the past. But these ancient systems are carried forward into a modern world. The ancient world shaped the human brain, but the modern world is shaped by that brain. How does this world, with all its cultural, political, and social variations, deal with and control the primeval role of testosterone, which continues to be essential for the survival of the species? Sex, aggression, winning, losing, gangs, war: The powerful effects of testosterone are entwined with them all. These are the ingredients of human history, so testosterone has played a central role in our story. In Testosterone Joe Herbert explains the nature of this potent hormone, how it operates in mammals in general and in humans in particular,...



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