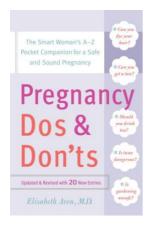
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# PREGNANCY DO'S AND DON'TS: THE SMART WOMAN'S POCKET COMPANION FOR A SAFE AND SOUND PREGNANCY



Random House USA Inc. Paperback. Book Condition: new. BRAND NEW, Pregnancy Do's and Don'ts: The Smart Woman's Pocket Companion for a Safe and Sound Pregnancy, Elisabeth Aron, For when you need the facts--not fear--about what food, drinks, activities, and procedures you should avoid during each month of your pregnancy. Over the years, Dr. Elisabeth Aron has soothed the worries of many soon-to-be moms who have come to her with questions such as: - Can I exercise during my first trimester?...

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