



## Changing the Black Woman in the Mirror Words to Empower Todays Black Woman

By Raymond Sturgis

Paperback. Book Condition: New. Paperback. 88 pages. There are many Black women that suffers from inactivity because of past heartache, current insults, and disappointments. This book is too uplift the hearts of every black woman that has been verbally abused, hurt, and physically abused. This book will help black women apply vigor to energize their self-esteem so that can rise above those that put obstacles in their way. Black women struggle enormously in America, and the more they overcome, family courts, degenerate schools, employment or their relationships seem to pull them under again. CHANGING the BLACK WOMAN IN THE MIRROR, is a book from author Raymond Sturgis that help black women understand the pressure of being black, a woman, mother and lover. It also helps black women to wisely make better decisions when dating and committing their bodies for sexual intercourse. Moreover, this books was written to inspire young black women of the world that has been sexually abused, molested, introduced to drugs or coping with dysfunction in their families, to improve their life choices with confidence. CHANGING the BLACK WOMAN IN THE MIRROR, is a book that will help black women find strength in times of temptation, doubt and...



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