



Gemmotherapy: The Science of Healing with Plant Stem Cells

By Roger Halfon

Inner Traditions Bear and Company. Paperback. Book Condition: new. BRAND NEW, Gemmotherapy: The Science of Healing with Plant Stem Cells, Roger Halfon, Gemmotherapy - the medicinal use of plant buds and young shoots - harnesses the healing power of trees and shrubs at the peak of energetic activity in their annual cycle, capturing powerful nutrients, vitamins, plant hormones and enzymes. Perfect for combatting the unavoidable amount of pollutants we encounter in modern society, gemmotherapy is primarily aimed at draining the body of toxins and acts by gently stimulating and promoting elimination. The potency of these plant 'stem cells', also, enables gemmotherapy remedies to treat far more ailments than just those for which these plants are prescribed in traditional herbalism. This therapy can be used to treat many common conditions, such as asthma, osteoporosis, kidney stones and anxiety and is especially effective at alleviating allergies. This book describes the gemmotherapeutic uses and healing properties of 34 trees and plants, including hawthorn, maple, lilac as well as covering the history and biological foundations of gemmotherapy. It contains a catalogue of more than 30 ailments with in-depth remedy protocols, a resource section and detailed information on how gemmotherapy extracts are prepared. An adjunct to...



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Reviews

Basically no terms to clarify. It is actually written in basic terms rather than confusing. I found out this ebook from my dad and I suggested this book to find out.

-- **Elinore Vandervort**

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