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The Face: A Time Code

By Ruth Ozeki

Regan Arts, United States, 2016. Paperback. Book Condition: New. 152 x 114 mm. Language: English . Brand New Book. A revelatory short memoir from the bestselling author of A Tale for the Time Being and ZenBuddhist priest Ruth Ozeki about how her face has shaped and been shaped by her life. What did your face look like before your parents were born? In The Face: A Time Code, bestselling author and Zen Buddhist priest Ruth Ozeki recounts, in moment-to-moment detail, a profound encounter with memory and the mirror. According to ancient Zen tradition, your face before your parents were born is your original face. Who are you? What is your true self? What is your identity before or beyond the dualistic distinctions, like father/mother and good/evil, that come to define us? With these questions in mind, Ozeki challenges herself to spend three hours gazing into her own reflection, recording her thoughts, and noticing every possible detail. Those solitary hours open up a lifetime's worth of meditations on race, aging, family, death, the body, self doubt, and, finally, acceptance. In this lyrical short memoir, Ozeki calls on her experience of growing up in the wake of World War II as a half-Japanese, half-Caucasian American; of having a...



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Reviews

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This book will not be effortless to start on reading through but very exciting to learn. It is amongst the most remarkable book i have got go through. Once you begin to read the book, it is extremely difficult to leave it before concluding.

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