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# HEALTH IS SIMPLE, IT S DISEASE THAT S COMPLICATED

## Health Is Simple, Disease Is Complicated

A Systems Approach to Vibrant Health



North Atlantic Books, U.S., United States, 2008. Paperback. Book Condition: New. 234 x 178 mm. Language: English. Brand New Book. \*\*\*WINNER, 2009 Living Now Book Award, Gold MetalIn this breakthrough book, Dr. James Forleo proposes a return to the body as the site of self-healing. The problem, he says, is that we don t understand the language of signs and symptoms it uses to communicate its healing messages. Health Is Simple helps readers decipher that language and access the great...

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- · Authored by James Forleo
- Released at 2008



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