

# Human Freedom Index Project

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## INTRODUCTION

Freedom is one of the most crucial concepts in the modern world, playing a large role in human progress and the dignity of individuals. Freedom is of great value to humanity as it can protect humans against natural disasters, social problems, and economic issues by expanding the set of human choices and offering constructive democratic relations in society (Jafarzadeh 323). Though freedom itself is a rather abstract term that can be difficult to quantify, it can be broken down into various measures encompassing personal, civic, and economic freedom. We are particularly interested in negative liberty, defined as freedom from interference by other people, or the absence of coercive constraint. Positive liberty, on the other hand, has vastly different meanings for different individuals and is more difficult to measure. Moreover, one individual's conception of positive liberty can interfere with others' negative liberty, so it is more worthwhile to measure the latter.

While freedom has always been an essential topic across the globe, it has been especially relevant in recent years, following an alarming rise in authoritarian regimes across the world and a continual struggle between power and liberty. As the world has become ever more globalized, we are beginning to see stark differences between the quality of life of individuals in countries with varying degrees of overall freedom. It appears that the general trajectory of modernization is not evenly distributed across different countries, and modernization itself does not always go hand in hand with greater freedom. As we continue to face ever-present issues of political tensions and uneven distribution of resources, along with emerging issues such as pandemics and the potential dangers of new technologies, freedom must be carefully observed and negotiated to promote the best possible outcome for societies.

We wish to isolate the relationships between freedom and other social and economic phenomena, as well as understand the ways in which different facets of freedom interact with each other. In particular, we will examine whether economic, and personal liberties can stand alone or must necessarily hinge on each other, and what their relationship is. We are also interested in the difference in overall and particular freedoms over time between Post-Soviet and Western/NATO countries, and how government size may affect freedom. Furthermore, we are interested in which attributes of freedom contribute the most to a country or region's overall freedom, as well as which regions rank extremely in particular and overall freedom. Moreover, we would like to map the flux in global or regional freedom over the past few years. As such an appropriate research question is: What are the relationships between freedom and other social and economic factors and how do different facets of freedom interact with each other?

From prevailing research, we hypothesize that economic freedom is essential and positively correlated with all other freedoms and that it is a crucial component of overall freedom. We believe that Post-Soviet countries are less free than NATO countries today, and that smaller government is correlated with greater overall and personal freedom. We also believe that higher scores on women-specific freedoms are positively correlated with all other freedoms and that personal freedom is positively correlated with political freedom. In accordance with the increase of authoritarian regimes around the globe, we hypothesize that overall freedom has decreased over the past few years.

## DATA DESCRIPTION

The observations in this dataset follow 162 countries over several years, for a total of 1620 observations (162 countries, 10 years) and 120 variables. Countries were limited to those represented in the Economic Freedoms of the World report (Gwartney et al). Beginning in 2008, which was the first year enough data could be

found to create a robust index, through 2017, 79 different indicators of personal and economic freedom were measured for the different countries. These specific indicators were used to give each country a freedom index, on a scale of 0 to 10, where 10 represents more freedom. The abstract term of freedom, in this context, was interpreted to be a “social concept that recognizes the dignity of individuals and is defined by the absence of coercive constraint.”

The indicators fell into the following categories: rule of law, security and safety, movement, religion, association, assembly, and civil society, expression and information, identity and relationships, size of government, legal system and property rights, access to sound money, freedom to trade internationally, and regulation of credit, labor, and business. To get the final overall freedom index value, the economic freedom subindex (size of government, legal system and property rights, access to sound money, freedom to trade internationally, and regulation of credit, labor, and business) receives half the weight, while safety and security and other personal freedoms receive the remaining weight. Within each subindex, indicators (37 from the personal freedom subindex and 42 from the economic freedom subindex) within each category were weighted equally (averaged) to get a score between 0 and 10 for each indicator. Categories were weighted equally in the economic freedom subindex and rule of law and safety and security were weighted half of the personal freedom subindex, while the other categories equally made up the other half.

The data contributing to the numerical values for each of the indicators came from the following criteria: credible external sources, not generated by researchers doing the index analysis, transparent on methodology and sources, and covering as large a number of countries over as long a time period as possible. The 0-10 numerical values in each indicator already existed from other indices, such as the Global Peace Index, the Rule of Law Index, or the Economic Freedoms of the World Index (Gwartney et al). For countries not included in any given index, values were determined by regressing said index’s measures with other measures that data was obtainable for within that indicator. For example, countries not in the Rule of Law Index were regressed with rule of law measures from the World Bank’s Worldwide Governance Indicators.

## GLIMPSE OF DATA

```
## Rows: 1,620
## Columns: 120
## $ year          <dbl> 2017, 2017, 2017, 2017, 2017, 20...
## $ ISO_code      <chr> "ALB", "DZA", "AGO", "ARG", "ARM...
## $ countries     <chr> "Albania", "Algeria", "Angola", ...
## $ region        <chr> "Eastern Europe", "Middle East &...
## $ hf_score       <chr> "7.84", "4.99", "5.4", "6.86", "...
## $ hf_rank        <chr> "38", "155", "151", "77", "54", ...
## $ hf_quartile    <chr> "1", "4", "4", "2", "2", "1", "1...
## $ pf_rol_procedural <chr> "6.7", "-", "-", "7.1", "-", "8....
## $ pf_rol_civil   <chr> "4.5", "-", "-", "5.8", "-", "7....
## $ pf_rol_criminal <chr> "4.7", "-", "-", "4.3", "-", "7....
## $ pf_rol         <chr> "5.3", "3.8", "3.4", "5.7", "4.9...
## $ pf_ss_homicide <chr> "9.1", "9.5", "8.1", "8", "9", "...
## $ pf_ss_disappearances_disap <chr> "10", "10", "10", "5", "10", "10...
## $ pf_ss_disappearances_violent <chr> "10", "9.5", "9.7", "10", "10", ...
## $ pf_ss_disappearances_organized <chr> "10", "5", "7.5", "7.5", "7.5", ...
## $ pf_ss_disappearances_fatalities <chr> "10", "9.9", "9.9", "10", "10", ...
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## $ pf_ss_women_fgm <chr> "10", "10", "10", "10", "10", "1...
## $ pf_ss_women_inheritance_widows <chr> "-", "-", "-", "-", "-", "-", "-...
## $ pf_ss_women_inheritance_daughters <chr> "-", "-", "-", "-", "-", "-", "-...
## $ pf_ss_women_inheritance <chr> "7.5", "0", "5", "10", "7.5", "1...
## $ pf_ss_women    <chr> "8.8", "5", "7.5", "10", "8.8", ...
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```

## \$ pf_movement_domestic	<chr> "10", "10", "5", "10", "10", "10...
## \$ pf_movement_foreign	<chr> "10", "5", "5", "10", "5", "10",...
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## \$ pf_religion_estop_operate	<chr> "-", "-", "-", "-", "-", "-", "-...
## \$ pf_religion_estop	<chr> "10", "5", "10", "7.5", "5", "10...
## \$ pf_religion_harassment	<chr> "9.6", "6.9", "8.9", "9", "8.6",...
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## \$ pf_expression_influence	<chr> "5", "2.7", "2.7", "5.7", "3.3",...
## \$ pf_expression_control	<chr> "5.3", "4", "2.5", "5.5", "4.3",...
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## \$ pf_identity_divorce	<chr> "7.5", "0", "5", "10", "7.5", "1...
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## \$ ef_government_transfers	<chr> "7.3", "7.8", "8.9", "6.3", "7.3...
## \$ ef_government_enterprises	<chr> "8", "0", "6", "6", "8", "10", "...
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## \$ ef_legal_courts	<chr> "3.1", "4.3", "1.7", "3", "4.2",...
## \$ ef_legal_protection	<chr> "4.6", "4.8", "3.3", "4.4", "5.8...
## \$ ef_legal_military	<chr> "8.3", "4.2", "3.3", "7.5", "5.8...
## \$ ef_legal_integrity	<chr> "4.2", "5", "4.2", "3.3", "5", "...
## \$ ef_legal_enforcement	<chr> "4.4", "4.4", "2.3", "3.6", "5.2...
## \$ ef_legal_restrictions	<chr> "6.6", "6.6", "5.5", "6.9", "9.8...
## \$ ef_legal_police	<chr> "6.8", "6.1", "3.4", "3.7", "5.8...

```

## $ ef_legal_crime <chr> "6.2", "6.7", "4.3", "4.1", "7",...
## $ ef_legal_gender <chr> "1", "0.8", "0.8", "0.8", "1", "...
## $ ef_legal <chr> "5.1", "4.7", "3", "4", "5.9", "...
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## $ ef_money_inflation <dbl> 9.6, 8.9, 3.7, 4.9, 9.8, 9.6, 9....
## $ ef_money_currency <chr> "10", "5", "5", "10", "10", "10"...
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## $ ef_trade_tariffs_mean <chr> "9.3", "6.2", "7.7", "7.3", "8.8...
## $ ef_trade_tariffs_sd <chr> "8.1", "5.9", "4.3", "5.9", "8.1...
## $ ef_trade_tariffs <chr> "9", "6.9", "7.1", "6.6", "8.6",...
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## $ ef_trade_movement_visit <chr> "8.3", "1.1", "0.1", "8", "10", ...
## $ ef_trade_movement <chr> "6.7", "1.6", "2", "4.7", "6.8",...
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## $ ef_regulation_business_compliance <chr> "7.2", "7", "6.8", "6.5", "7.1",...
## $ ef_regulation_business <chr> "6.7", "5.7", "4.9", "5.7", "6.9...
## $ ef_regulation <chr> "7.8", "5.4", "5.7", "5.6", "7.5...
## $ ef_score <chr> "7.67", "4.77", "4.83", "5.67", ...
## $ ef_rank <chr> "30", "159", "158", "147", "27",...

```

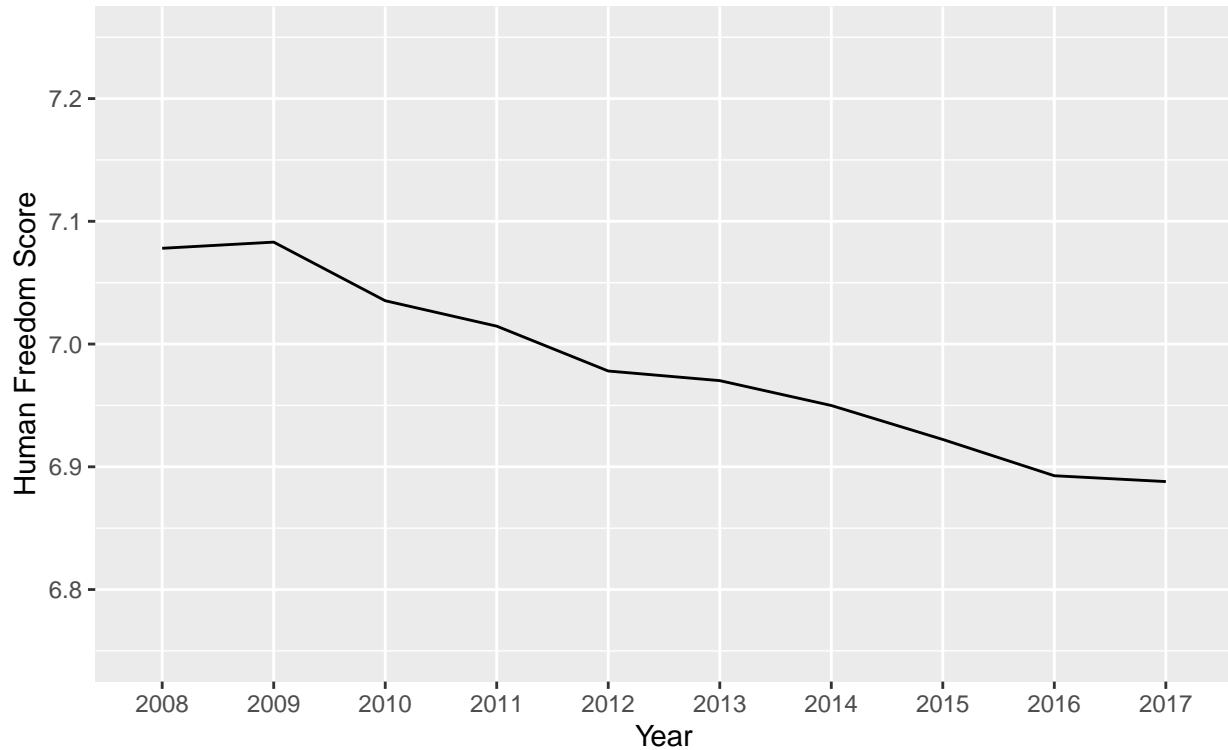
## METHODOLOGY

### Overall Human Freedom

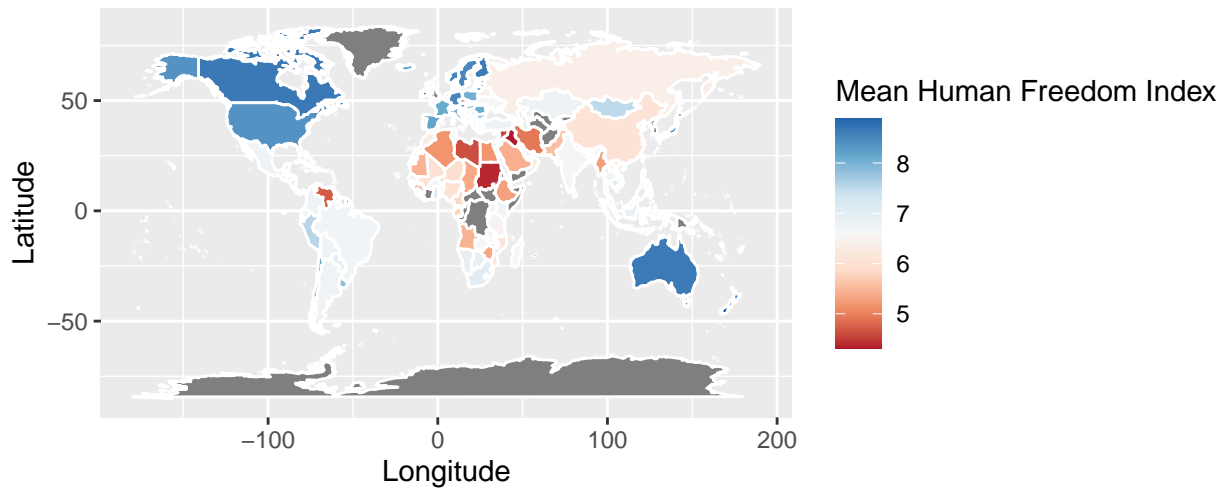
#### *Visualizations*

To visualize the change in human freedom over the years, we plotted the year, as a factor, against our calculation of the mean human freedom score per year on a line graph. To visualize the average human freedom score for each country over the years, we calculated a mean human freedom score for each country and plotted the scores over a world map.

**Graph 1: Overall Human Freedom on the Decline**  
2008 to 2017



**Graph 2: Average Freedom Around the World**



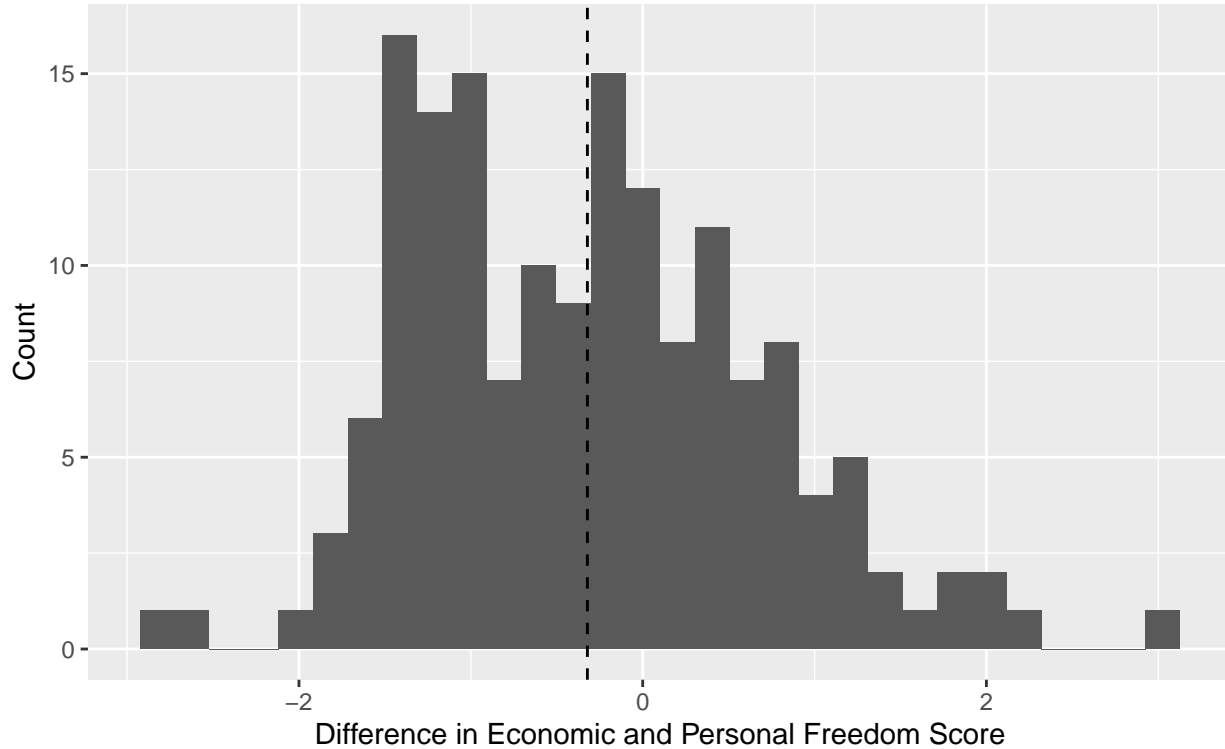
As seen in graph 1, overall freedom has been on a decline from 2008 to 2017 (dropping from an average of ~7.1 to ~6.9), in accordance with our initial hypothesis. Graph 2 shows us that developed countries, particularly those in North America, Western Europe, and Oceania had higher overall freedom scores across the board ( $> 7$ ), shown in dark blue. Meanwhile, developing countries in Africa had significantly lower overall freedom scores across the board ( $< 6$ ), shown in dark red. Countries in South America, Eastern Europe, and Asia fell somewhere near the middle (6-7), shown in light blue or light red.

### **Relationship Between Economic Freedom and Personal Freedom**

*Initial visualization of difference between economic and personal freedom*

We did some exploratory data analysis to examine the difference in economic freedom and personal freedom scores across different countries. We calculated the mean economic freedom score and mean personal freedom score across the years for each country, and took their difference. We plotted these differences on a histogram.

**Graph 3: Mean Difference in Economic and Personal Freedom Score < 0**  
Average Diffs from 2008 to 2017, 162 Countries



As seen in graph 3, the mean difference in economic freedom score and personal freedom score appears to be less than 0, which differs from our initial belief that an increase in economic freedom would always indicate an increase in personal freedom.

#### *Bootstrap simulation based testing*

Next, we assessed whether the difference in economic freedom score and personal freedom score was statistically significant using a bootstrap simulation test. We performed 500 bootstrap simulations on a variable we created to describe the mean difference in economic and personal freedom score over the years for a particular country. We conducted our test at the  $\alpha = 0.05$  significance level, which tests the two hypotheses below:

$H_0$ : the difference between mean economic freedom score and mean personal freedom score is greater than or equal to zero.

$H_A$ : the difference between mean economic freedom score and mean personal freedom score is less than zero.

```
## [1] -0.3217562
```

```
## # A tibble: 1 x 1
```

```
##   p_val
```

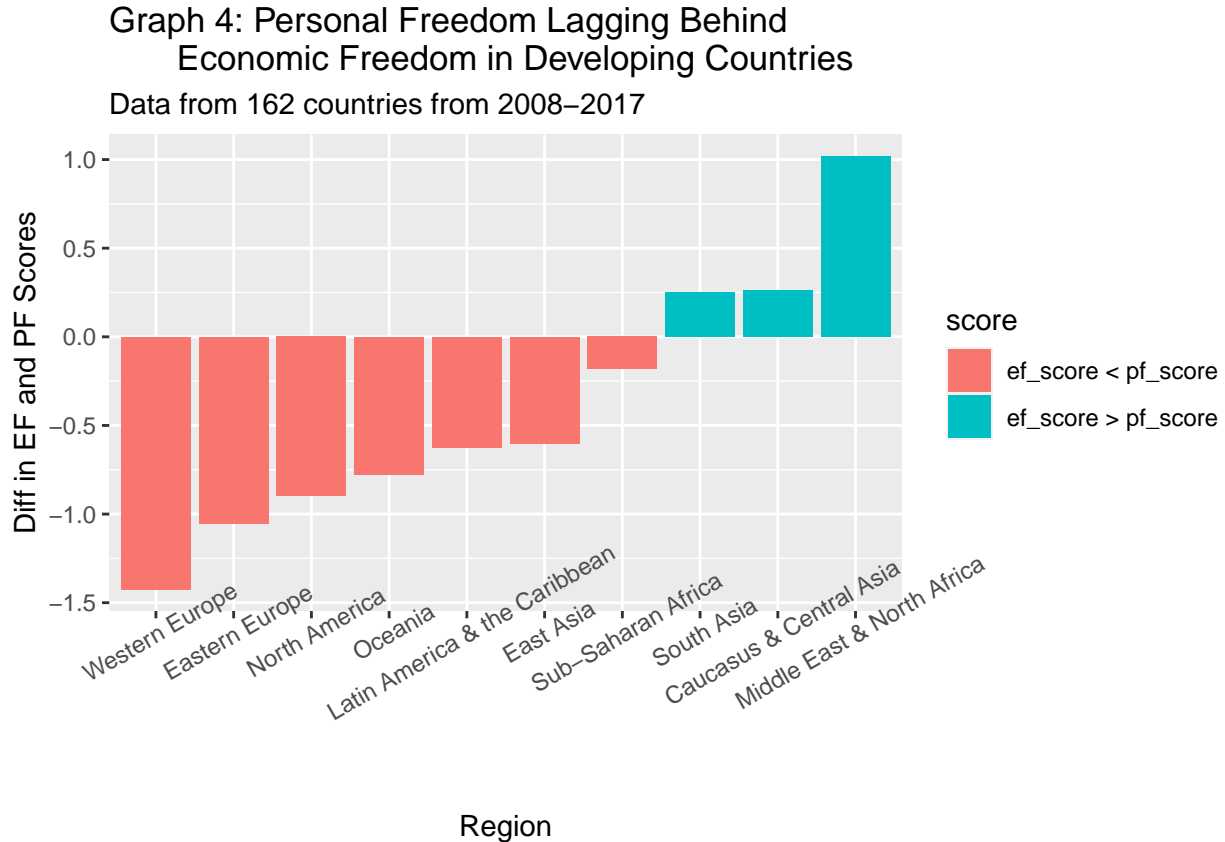
```
##   <dbl>
```

```
## 1     0
```

#### *Visualization of economic and personal freedom difference by region*

Given the significant p-value of our bootstrap test statistic, and our visualization of average human freedom score on a world map, we visualized the difference in economic and personal freedom score by region. We

calculated the difference for each region, sorted the differences from lowest to highest, and graphed them on a bar chart.



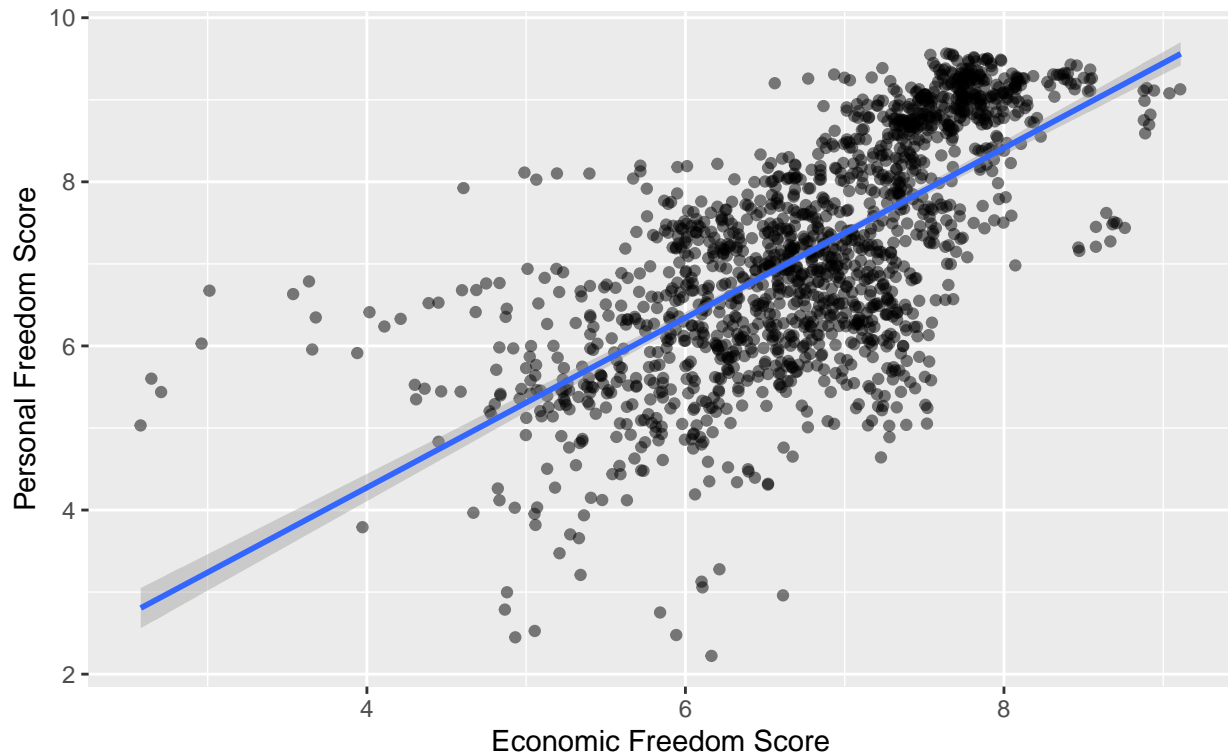
As seen in graph 4, it appears that economic freedom is slightly higher than personal freedom in developing countries, particularly in the Middle East & North Africa. Meanwhile, personal freedom scores appear to be significantly higher than economic freedom scores in developed countries, particularly in Western Europe (and in Western countries overall).

*Pearson correlation coefficient and visualization of relationship between economic and personal freedom*

While it seemed that economic freedom was generally lower than personal freedom in developed countries, and generally higher than personal freedom in developing countries, we were curious whether there was a correlation between economic and personal freedom scores. We calculated the Pearson correlation coefficient between ef\_score and pf\_score and graphed ef\_score against pf\_score for all of our observations in a scatterplot.

```
## # A tibble: 1 x 1
##   cor_ef_pf
##   <dbl>
## 1      0.674
```

**Graph 5: Positive Correlation Between Economic and Personal Freedom**  
Data from 162 countries from 2008–2017



It appears that there is a moderate to strong positive correlation between economic freedom score and personal freedom score. It also appears that there is a greater upper bound to personal freedom score compared to economic freedom score.

### **Relationship Between Cold War Status and Freedom**

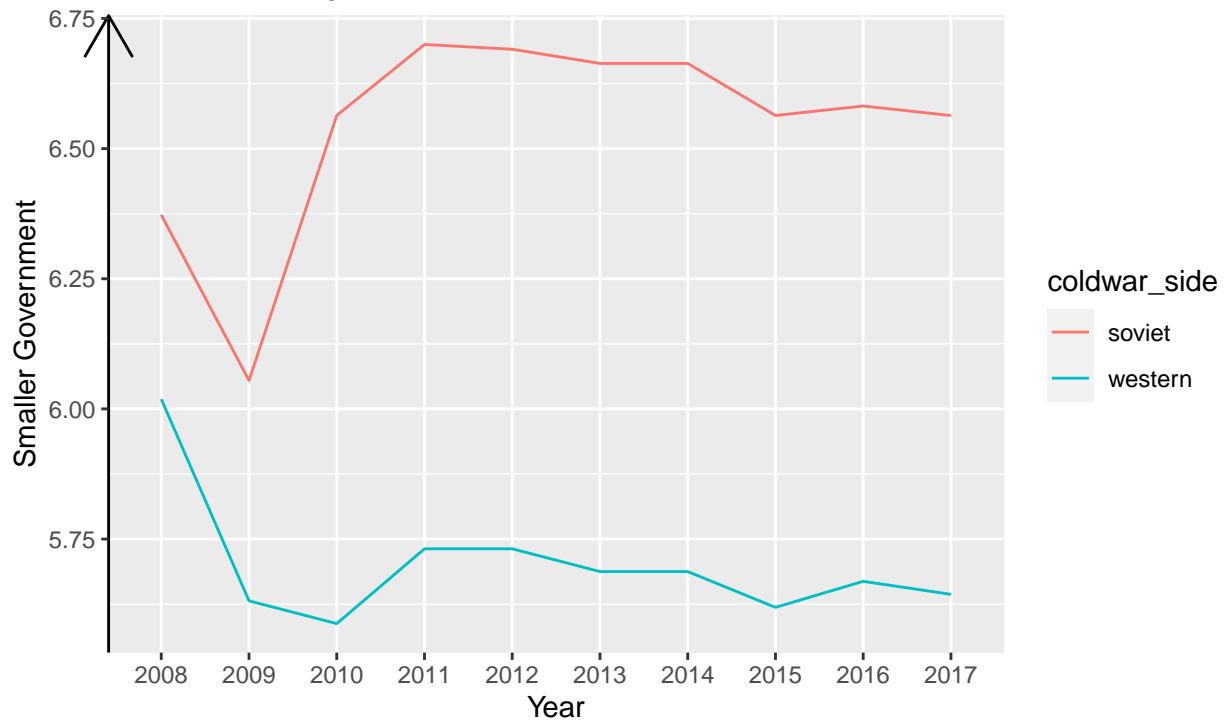
#### *Visualizations*

We decided to examine the difference in overall freedom between Post-Soviet and NATO countries, as well as their difference in mean government size. To visualize the difference in mean government size over the years between Post-Soviet and NATO countries, we first selected the main countries that were involved in the Cold War, and divided them into Post-Soviet and NATO countries. Our Post-Soviet group included Russia, Ukraine, Moldova, Uzbekistan, Kazakhstan, Kyrgyzstan, Tajikistan, Turkmenistan, Georgia, Azerbaijan, Armenia, Lithuania, Latvia, and Estonia. Our NATO/Western group included Belgium, Canada, Denmark, France, Germany, Greece, Iceland, Italy, Luxembourg, The Netherlands, Norway, Portugal, Spain, Turkey, The United Kingdom, and The United States. We first calculated the mean government size (using the `ef_government` variable, where a higher score indicates a smaller government and decreased government control) for each group per year and graphed this over a line graph. We then calculated the mean human freedom score for each group per year and graphed this over a line graph.



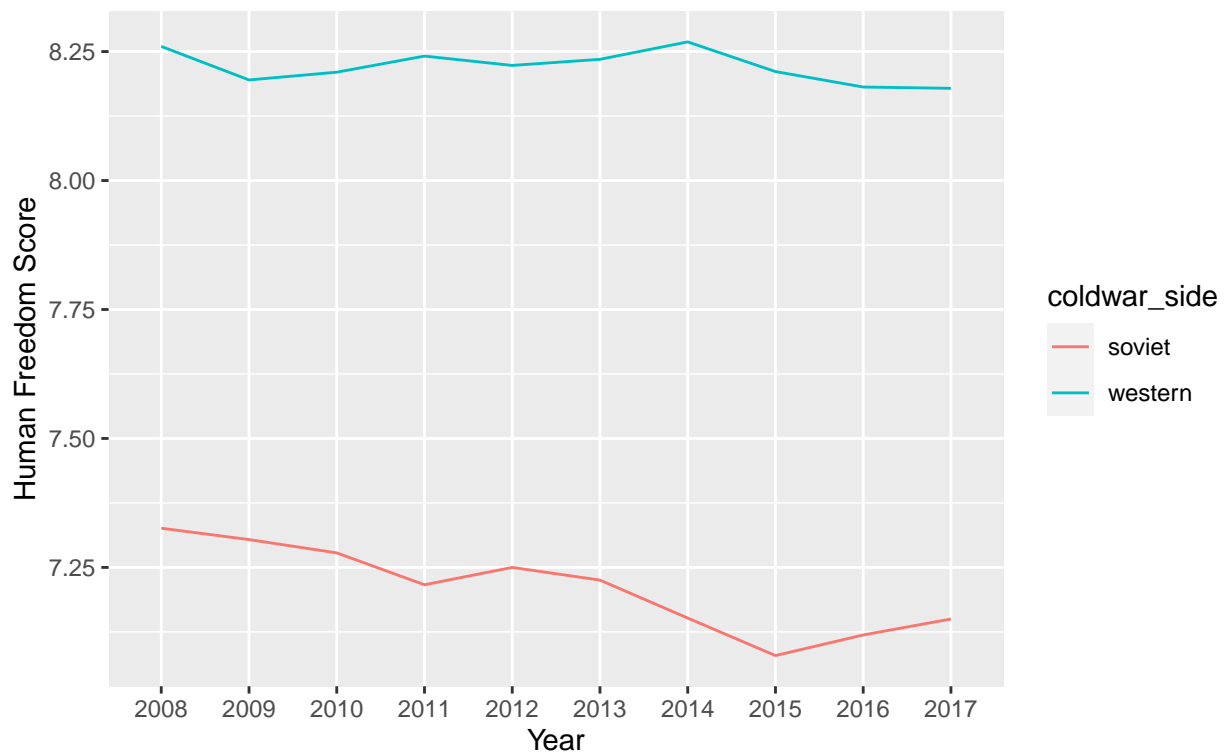
Graph 6: Post-Soviet Countries Have Smaller Governments Than Western Countries

2008 to 2017, Higher Score = Smaller Government



Graph 7: Post-Soviet Countries Less Free Than Western Countries

2008 to 2017



As seen in graphs 6 and 7, it appears that former Soviet countries' governments have been decreasing in size,

while Western countries' governments have been increasing in size. Moreover, Post-Soviet countries appear to have smaller governments on average compared to Western countries, with about a difference of 1 point in ef\_government. It appears that smaller government does not necessarily lead to greater overall human freedom, which differs from our initial hypothesis.

#### *Linear regression of Cold War status and government size, in relation to overall freedom*

In order to parse out a clearer relationship between Cold War status and government size, and overall freedom score, we performed a linear regression of Cold War side, government size (ef\_government), and their interaction, on overall freedom score.

```
## # A tibble: 4 x 5
##   term                                estimate std.error statistic  p.value
##   <chr>                                <dbl>     <dbl>     <dbl>    <dbl>
## 1 as.numeric(ef_government):coldwar_sidew~ -0.552    0.0828     -6.67 1.48e-10
## 2 as.numeric(ef_government)                0.444    0.0624      7.12 1.03e-11
## 3 (Intercept)                             4.26     0.418     10.2 9.36e-21
## 4 coldwar_sidewestern                     4.58     0.522      8.76 2.40e-16
## [1] 0.4872639
```

#### *Linear regression of Cold War status and government size, in relation to personal freedom*

In order to parse out a clearer relationship between Cold War status and government size, and personal freedom score, we performed a linear regression of Cold War side, government size (ef\_government), and their interaction, on personal freedom score.

```
## # A tibble: 4 x 5
##   term                                estimate std.error statistic  p.value
##   <chr>                                <dbl>     <dbl>     <dbl>    <dbl>
## 1 as.numeric(ef_government):coldwar_sidew~ -0.716    0.112     -6.41 6.53e-10
## 2 as.numeric(ef_government)                0.437    0.0842      5.19 4.29e- 7
## 3 (Intercept)                             4.49     0.564      7.95 5.39e-14
## 4 coldwar_sidewestern                     5.99     0.705      8.50 1.44e-15
## [1] 0.5123205
```

## **Women-Specific Freedoms**

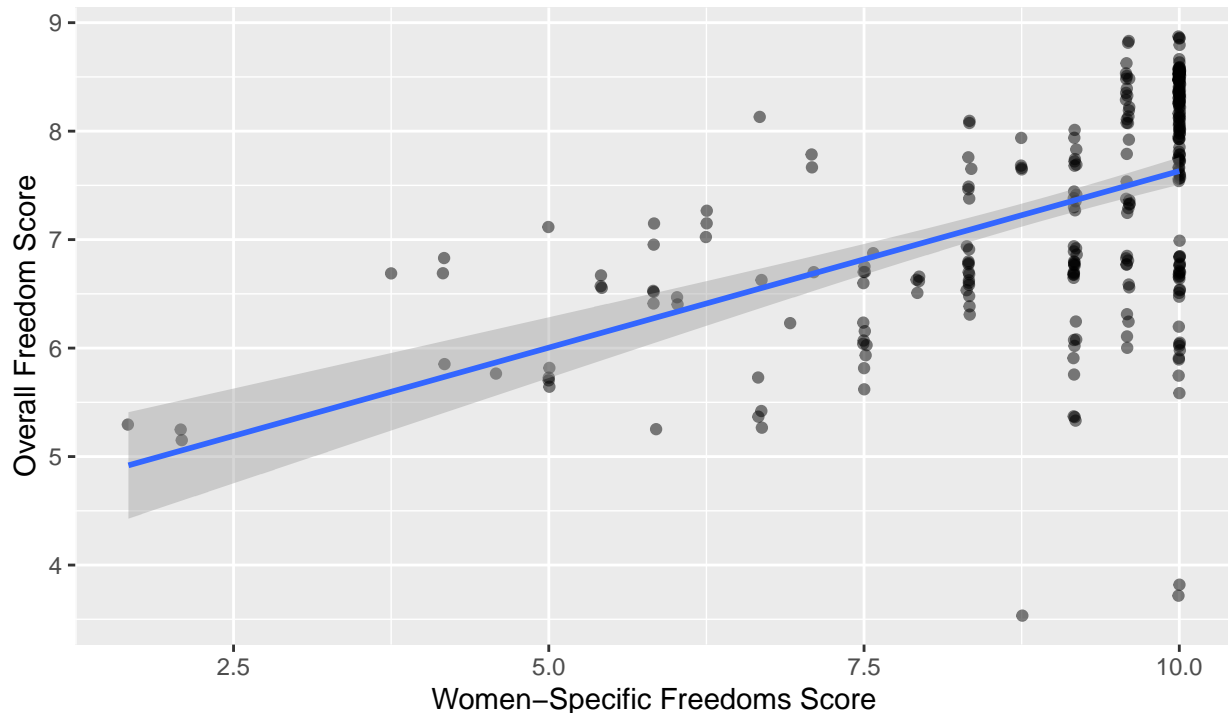
In order to remove the effects of women-specific freedom scores from a country's overall human freedom index, we created new variables for each main freedom subcategory, as well as overall human freedom that did not include women-specific freedoms. We also created a variable that represented overall women-specific freedom score, with the same weight given to each category as in the overall freedom index. Any correlation found between women-specific freedom score and overall freedom score should not be influenced by women's freedom categories that contribute to the overall.

#### *Correlating women-specific freedom to overall freedom*

Now that the contribution of women-specific (W-S) freedoms should have no effect on the correlation with overall freedom, we did some initial visualization of countries' W-S score with their overall human freedom score. There appeared to be an overall linear positive correlation, with a few outliers that had high W-S freedom scores, but relatively low overall freedom scores.

## Graph 8: Positive Correlation Between Women-Specific and Overall Freedom

Data from 162 countries from 2008–2017



After seeing that there was a general positive trend, we calculated the correlation coefficient of W-S score and the unweighted human freedom index.

```
## # A tibble: 1 x 1
##   cor_ws_hfi
##   <dbl>
## 1      0.505
```

A correlation coefficient of 0.505 tells us that there is a moderate, linear, positive correlation between the two variables. This means that countries with higher overall freedom scores are more likely to also have higher women-specific freedom scores, though the two are correlational, not causal.

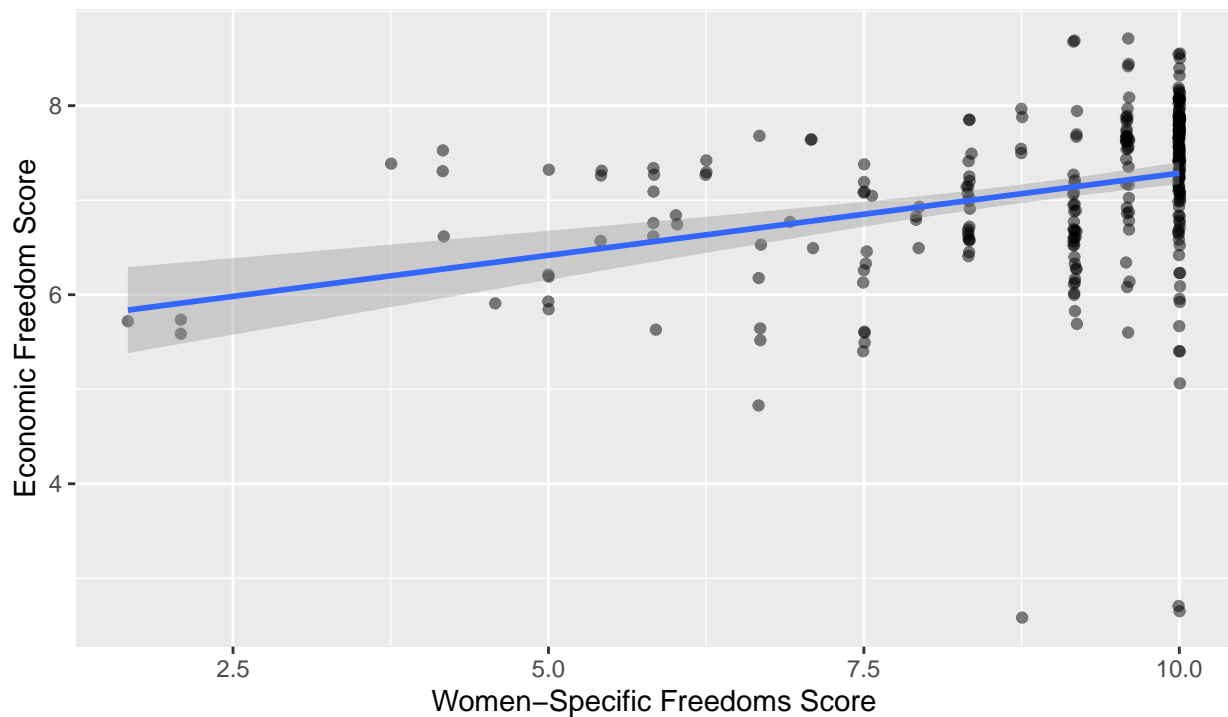
### Women-Specific Freedom to Personal vs Economic Freedom

Through our bootstrapping earlier (see graph 3 and subsequent simulation based testing), we saw that the mean difference between economic and personal freedom was less 0. We wanted to explore the correlations between women-specific freedom and economic freedom, and women-specific freedom and (women-unweighted) personal freedoms, specifically on the difference between the two. Our initial hypothesis was that women-specific freedom would not have the same correlation with economic freedom and personal freedom, since indicators in the personal freedom category were more directly linked to allowing behavior or specific freedoms to be lived out while economic freedom is more related to the acquisition and exchange of property and capital by individuals.

We first did initial visualizations and calculated the correlation of women-specific freedoms, with economic and personal freedom, respectively, removing observations with null values.

### Graph 9a: Positive Correlation Between Women-Specific and Economic Freedom

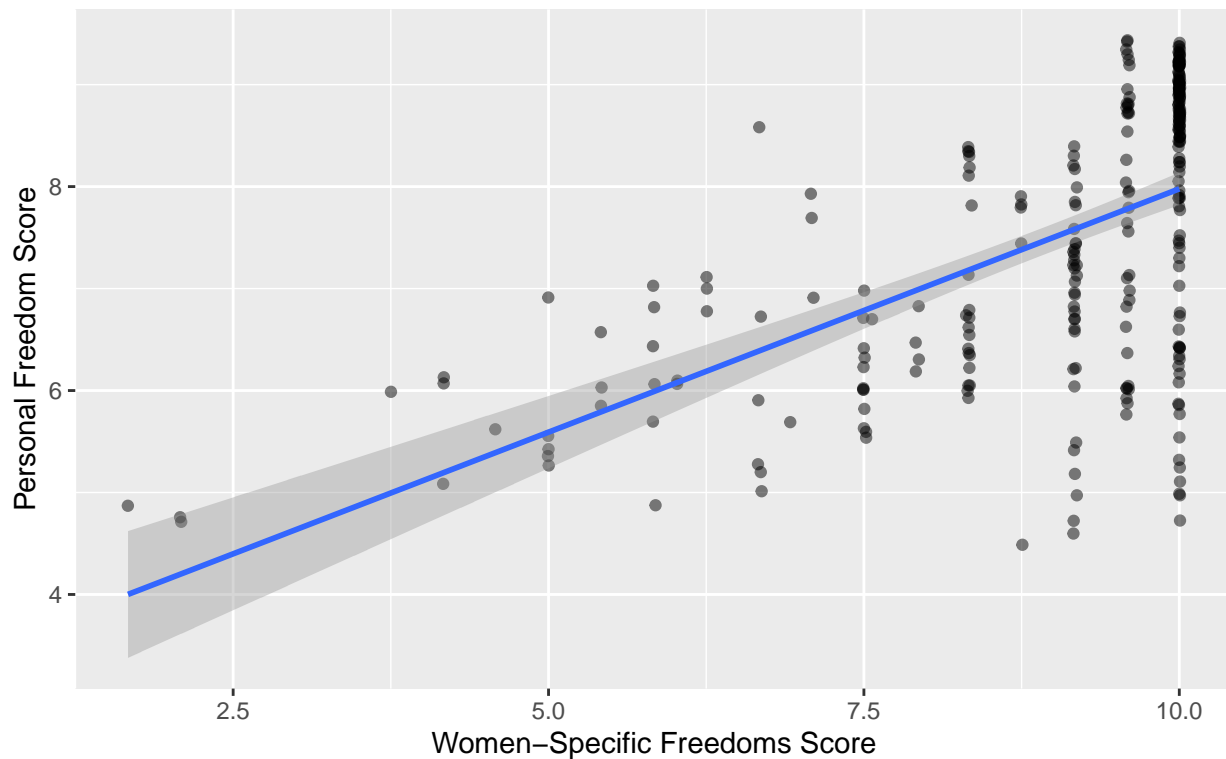
Correlation less strong than overall HFI



```
## # A tibble: 1 x 1
##   cor_ws_hfi
##   <dbl>
## 1      0.320
```

Women-specific and economic freedom had an observed correlation coefficient of 0.32. This weak-to-moderate positive linear correlation is less strong than the correlation between women-specific freedom and overall freedom, but still means that countries with higher economic freedom typically also have higher W-S freedom. There are a few outliers, like before, that had high W-S freedom but low economic freedom.

Graph 9b: Positive Correlation Between Women-Specific and Personal Freedom



```
## # A tibble: 1 x 1
##   cor_ws_hfi
##   <dbl>
## 1     0.561
```

Women-specific and personal freedom had an observed correlation coefficient of 0.56. This moderate positive linear correlation was quite similar to the correlation between women-specific freedom and overall freedom, indicating that countries with higher personal freedom typically also have higher W-S freedom. There are no obvious outliers, but a fairly large range of economic freedom scores that correspond to high women-specific freedom score, indicating that countries could have high or low economic freedom, but still have high women-specific freedom.

```
## # A tibble: 1 x 1
##   obs_diff_corr
##   <dbl>
## 1     0.241
```

We calculated the observed difference between correlation coefficients of the above two visualizations (women-specific vs economic freedom and women-specific vs personal freedom) to be 0.24. On a scale of -1 to 1, this was a large enough difference that we wanted to test if we could truly say the correlations were different.

#### *Bootstrap simulation difference in correlations*

We performed 2000 bootstrap simulations on a variable we created to describe the difference in correlations between women-specific (w-s) freedom to economic and personal freedom score. We conducted our test at the  $\alpha = 0.01$  significance level, which tests the two hypotheses below:

$H_0$ : There is no difference in the average correlation between w-s freedom to personal freedom and w-s freedom to economic freedom

$H_A$ : There is a difference in the average correlation between w-s freedom to personal freedom and w-s freedom to economic freedom

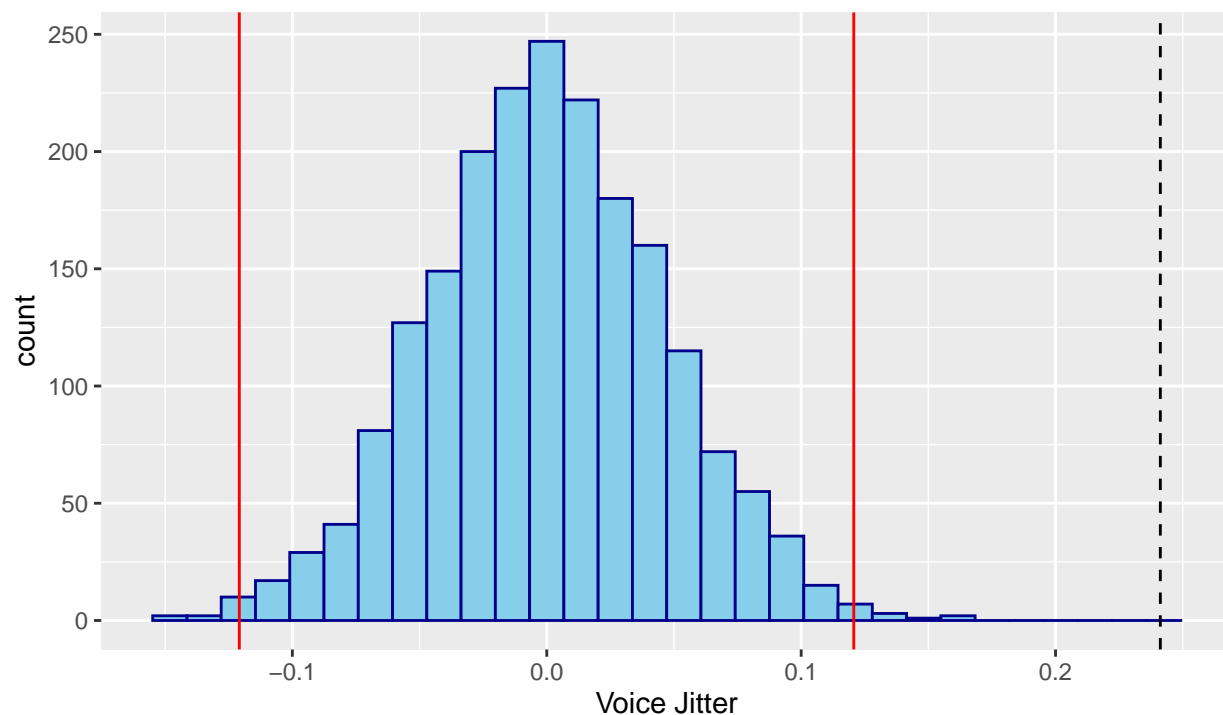
Significance level:  $\alpha = 0.01$

```
## # A tibble: 1 x 2
##   lower upper
##   <dbl> <dbl>
## 1 -0.121 0.121
```

Our initial 99% confidence interval for the hypothesis is -0.12 to 0.12, which does not include the observed value. This means that if we were to reconduct this study over and over, we would expect 99% of those intervals to contain the true difference in correlation, IF the null hypothesis were true. Since our observed value is outside that range, it begins to lead us to conclude to reject the null hypothesis, but we will visualize the distribution and calculate the p-value to make sure.

### Bootstrap Distribution of Difference in Correlations Centered at 0 appears Normal

Observed value outside of 99% confidence interval



```
## # A tibble: 1 x 1
##   p_val2
##   <dbl>
## 1     0
```

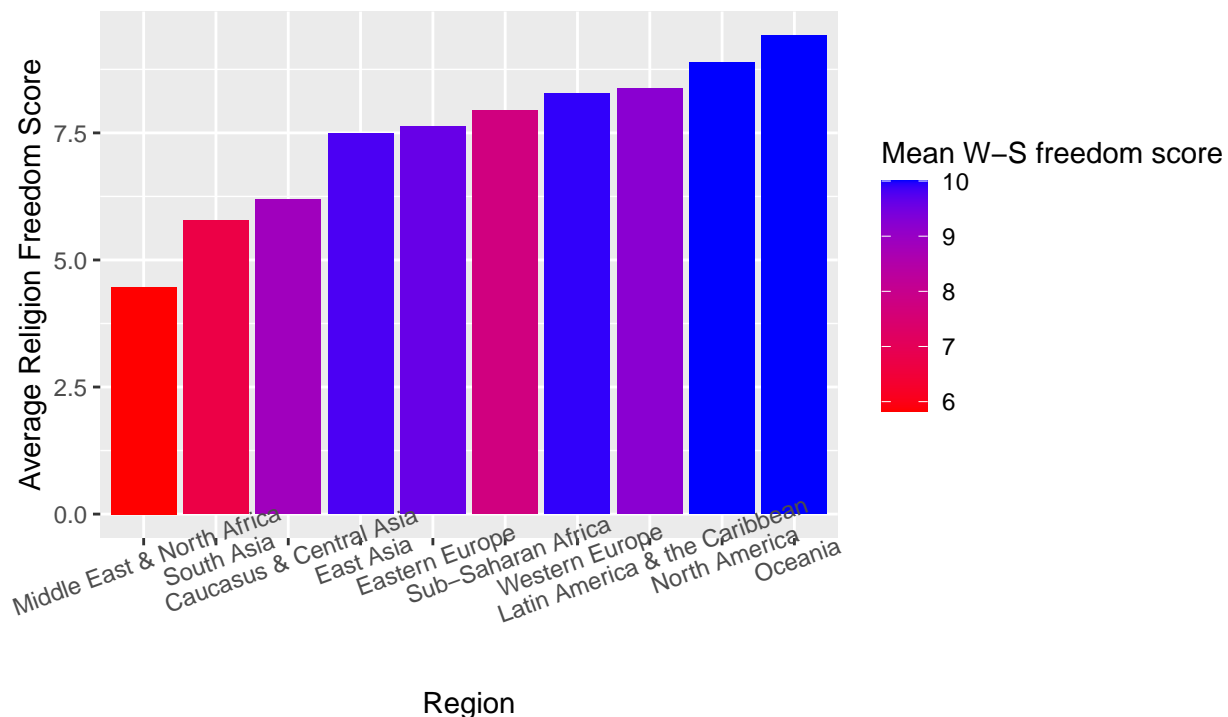
The distribution appears normal, and our observed statistic is well outside of the confidence interval.

### Women-Specific Freedoms and Religious Freedom

Heavy control by governing bodies on religion and women are often related, anecdotally, so we explored this a bit. First we visualized the average personal freedom category of religion for each region. The regions are colored by their mean women-specific freedom score.

Graph 10: General increase in mean W-S score with higher religious freedom score

Sub-Saharan Africa does not fit trend



There appears to be a general trend that regions with higher religious freedom score have higher women-specific freedom score, and vice versa. The Middle East and North Africa, which has the lowest religious freedom score, also has the lowest W-S freedom score. Sub-Saharan Africa does not fit with this pattern as clearly, with its moderate religious freedom score but a W-S score on the lower end.

#### *Chi-squared test for independence*

In order to determine if the above average women-specific freedom score and average religious freedom score are associated, we performed a Chi-Squared test at the  $\alpha = 0.05$  significance level. Our null hypothesis is that there is no relationship between whether a country's women-specific freedom score is above or below average and whether their religious freedom score is above or below average. Our alternative hypothesis is that there is a relationship between the two, and the variables are not independent. We calculated the average freedom scores for each category and created a new variable for each that listed if the observation was above or below average for each criteria.

```
##
## Pearson's Chi-squared test with Yates' continuity correction
##
## data: table(ws_no_na$religion_avg, ws_no_na$ws_average)
## X-squared = 13.408, df = 1, p-value = 0.0002505
```

## RESULTS

### Relationship Between Economic Freedom and Personal Freedom

#### *Bootstrap simulation based testing*

Our p-value is 0, and so we reject the null hypothesis at the  $\alpha = 0.05$  significance level. There is sufficient evidence to suggest that the difference between mean economic freedom score and mean personal freedom score is less than zero. In other words, on average, economic freedom scores tend to be lower than personal

freedom scores around the world.

### Relationship Between Cold War Status and Freedom

*Linear regression of Cold War status and government size, in relation to overall freedom* Our fitted linear regression model on the relationship between Cold War status and government size, and overall human freedom, is as follows:

$$\text{Human Freedom Score} = 4.26 + 4.58(\text{If Western}) + 0.44(\text{ef\_government}) - 0.55(\text{ef\_government} * \text{If Western})$$

$$\text{Human Freedom Score for Western Countries: } 8.84 - 0.11(\text{ef\_government})$$

$$\text{Human Freedom Score for Post-Soviet Countries: } 4.26 + 0.44(\text{ef\_government})$$

For the average country on the Western side in the Cold War, their average human freedom score in the past decade has been 8.84 at an ef\_government score of 0 (large government), and all else held constant, it is 0.11 points lower for every additional point in the ef\_government score (smaller government).

For the average country on the Soviet side in the Cold War, their average human freedom score in the past decade has been 4.26 at an ef\_government score of 0 (large government), and all else held constant, it is 0.44 points higher for every additional point in the ef\_government score (smaller government).

$$H_0: \beta_0 = 0$$

$$H_A: \beta_1 \neq 0$$

Our results are statistically significant, and the relationship between government size and overall human freedom does depend on a country's Cold War status. Our test statistic is -6.67. The p-value ( $1.48\text{e-}10$ ) is less than 0.05 at the  $\alpha = 0.05$  significance level, so we reject the null hypothesis. The data provide strong evidence that the true slope parameter is different from 0, and there is sufficient evidence to suggest that there is a difference in the relationship between government size and overall human freedom depending on a country's Cold War status.

In our particular case, it appears that the effect of government size on human freedom score depends on whether the country was on the Western or Soviet side during the Cold War. Countries that were on the Soviet side experience a higher overall human freedom score when they have smaller governments, while countries that were on the Western side experience a lower overall human freedom score when they have smaller governments.

In terms of the effectiveness of our model, we obtain  $R^2 = 0.49$ . In the context of the problem, 0.49 of the variability in the response variable (overall human freedom) is explained by the model.

*Linear regression of Cold War status and government size, in relation to personal freedom*

Our fitted linear regression model on the relationship between Cold War status and government size, and personal freedom, is as follows:

$$\text{Personal Freedom Score} = 4.49 + 5.99(\text{If Western}) + 0.44(\text{ef\_government}) - 0.72(\text{ef\_government} * \text{If Western})$$

$$\text{Personal Freedom Score for Western Countries: } 10.48 - 0.28(\text{ef\_government})$$

$$\text{Personal Freedom Score for Post-Soviet Countries: } 4.49 + 0.44(\text{ef\_government})$$

For the average country on the Western side in the Cold War, their average personal freedom score in the past decade has been 10.48 at an ef\_government score of 0 (large government), and all else held constant, it is 0.28 points lower for every additional point in the ef\_government score (smaller government).

For the average country on the Soviet side in the Cold War, their average personal freedom score in the past decade has been 4.49 at an ef\_government score of 0 (large government), and all else held constant, it is 0.44 points higher for every additional point in the ef\_government score (smaller government).

$$H_0: \beta_0 = 0$$

$$H_A: \beta_1 \neq 0$$



Our results are statistically significant, and the relationship between government size and personal freedom does depend on a country's Cold War status. Our test statistic is -6.41. The p-value ( $6.53e-10$ ) is less than 0.05 at the  $\alpha = 0.05$  significance level, so we reject the null hypothesis. The data provide strong evidence that the true slope parameter is different from 0, and there is sufficient evidence to suggest that there is a difference in the relationship between government size and personal freedom depending on a country's Cold War status.

In our particular case, it appears that the effect of government size on personal freedom score depends on whether the country was on the Western or Soviet side during the Cold War. Countries that were on the Soviet side experience a higher overall personal freedom score when they have smaller governments, while countries that were on the Western side experience a lower overall personal freedom score when they have smaller governments.

In terms of the effectiveness of our model, we obtain  $R^2 = 0.51$ . In the context of the problem, 0.51 of the variability in the response variable (personal freedom) is explained by the model.

## **Women-Specific Freedoms**

*Bootstrap simulation difference in correlations*

$H_0$ : There is no difference in the average correlation between W-S freedom to personal freedom and w-s freedom to economic freedom

$H_A$ : There is a difference in the average correlation between W-S freedom to personal freedom and w-s freedom to economic freedom

Significance level:  $\alpha = 0.01$

Our p value is 0, which is less than our significance level of  $\alpha = 0.01$ . This means we reject the null hypothesis, and found sufficient evidence to suggest that the difference in correlations between W-S freedom to personal freedom and W-S freedom to economic freedom was not zero.

## **Women-Specific Freedoms and Religious Freedom**

There appears to be a general trend that regions with higher religious freedom score have higher women-specific freedom score, and vice versa. The Middle East and North Africa region, which has the lowest religious freedom score, also has the lowest W-S freedom score. Sub-Saharan Africa does not fit with this pattern as clearly, with its moderate religious freedom score but a W-S score on the lower end.

*Chi-squared test for independence*

Our test statistic was 13.408. If the null hypothesis were true, then the test statistic should have a chi-squared distribution with 1 degree of freedom. The p-value of seeing our observed chi-squared statistic or even larger was 0.0002505. This is less than our  $\alpha = 0.05$  significance level, so we reject the null hypothesis. There is enough evidence for us to suggest that these two variables are not independent, meaning that there is a relationship between a country's women's freedom score being above or below average, and its religious freedom score being above or below average.

## **DISCUSSION**

*Economic and Personal Freedom Discussion*

Through our analysis, we observed that the relationship between economic and personal freedom was not as simple as we'd originally predicted. While we predicted that economic freedom was positively correlated with other freedoms, particularly personal freedom, the minute details showed us a more nuanced relationship. The Pearson correlation coefficient we calculated between economic freedom score and personal freedom score was 0.67, which indicated a moderate to strong positive correlation between the two variables; meanwhile, our bootstrap simulation test of the difference between economic and personal freedom score per country found a statistically significant difference in the average country's economic and personal freedom score (p-value

= 0 at the  $\alpha = 0.05$  significance level). The average economic freedom score was 0.32 points lower than the average personal freedom score. Moreover, our visualization of the average difference in economic and personal freedom score grouped by continent (graph 4) indicated that continents with a greater proportion of developed countries like Western Europe, Eastern Europe, and North America had significantly higher personal freedom scores compared to economic freedom scores, while continents with a greater proportion of developing countries like the Middle East & North Africa had significantly greater economic freedom scores compared to personal freedom scores.

This raises an important question regarding whether unlimited freedom in all areas is necessarily optimal for the general well-being of the citizens of a country. For highly developed countries, it appears that having some restraints on economic freedom and a degree of government oversight, as opposed to a heavily laissez-faire model, can be beneficial to people's personal freedoms. The Scandinavian countries, for instance, were able to uphold high personal freedom despite lower economic freedom. Meanwhile, the U.S. has higher economic freedom but relatively lower personal freedom (compared to many countries in Western Europe). This may be due to the U.S. government providing too much leeway to private companies to make higher profits, rather than guaranteeing individual citizens' access to a stable base level of economic safety that would allow them greater personal freedoms. Perhaps in cases when economic and personal freedoms may come into friction with each other, the government should offer some amount of protection of personal freedoms instead of largely siding in favor with private enterprises. This may improve a country's overall freedom, as well as the quality of life for a greater number of people in society.

Regarding developing countries in the Middle East & North Africa, it appears that the relatively high economic freedom scores are related to the booming oil business in those countries. However, given the markedly lower personal freedom scores, it appears that the benefits of economic freedom are concentrated in the hands of only a few, likely the royal families and close private enterprises. We would dissuade government officials and researchers from viewing high economic freedom as a sign of a country's overall freedom and well-being. We would like to emphasize that high economic freedom scores in and of themselves are not a cause for concern; rather, a developing country should take heed that personal freedom laws and regulations are not lagging too far behind in a period of rapid economic development.

#### *Cold War Status and Freedom Discussion*

Our analysis of the difference in freedom and government size between Post-Soviet and Western/NATO countries also provided some unexpected results. While our initial visualizations (graphs 6 and 7) aligned with our initial hypotheses that NATO countries would have higher overall freedom scores compared to Post-Soviet countries, we also found that Post-Soviet countries have smaller governments, on average, than NATO countries (higher `ef_government` score). Our linear regression analysis on the relationship between Cold War status, government size, and their interaction on overall human freedom score found that while NATO countries had higher baseline human freedom scores compared to Post-Soviet countries, smaller government has a sizeable positive relationship with overall human freedom score in Post-Soviet countries. Meanwhile, smaller government had a slight negative relationship with overall human freedom score in NATO countries. Moreover, our linear regression analysis on the relationship between Cold War status, government size, and their interaction on personal freedom score found that smaller government has a sizable positive relationship with personal freedom score in Post-Soviet countries. Meanwhile, smaller government had a sizable negative relationship with personal freedom score in NATO countries. Our findings are statistically significant because the p-values for the relevant variables we performed the regression on are less than 0 at the  $\alpha = 0.05$  significance level.

This suggests that perhaps there is no one-size-fits-all approach to how much government oversight is most beneficial for the citizens of a country. NATO countries have higher overall freedom scores compared to Post-Soviet countries, so it may be the case that some degree of government oversight on certain freedoms (i.e. economic ones designed mainly to benefit corporations) would allow for less interference to individuals' personal freedoms. On the other hand, Post-Soviet countries have had a history of tighter state control, so relaxing that control would allow individuals less interference on their personal freedoms from strict government regulations. It appears that not enough regulation over private businesses is a greater threat to individuals' personal freedom in NATO countries, while government overregulation over individuals' lives is

a more prominent threat to individuals' personal freedom in Post-Soviet countries. Perhaps this could be extended to other countries as well: officials should carefully consider their governing approach depending on their country's historical experiences with state control. In other words, limiting government presence might be beneficial from a baseline of high government control, while increasing government presence might be beneficial from a baseline of a more laissez-faire approach.

### *Women-Specific Freedom Discussion*

Great strides have been made globally and locally with regards to women's rights in the past century, even the past decade. However, around the world there are places where women's freedom is significantly hindered solely on the basis of their gender. Women may be refused access to political participation or education, die needlessly from childbirth, or just generally be prevented from making deeply personal choices in their private lives [1]. Though child brides and genital mutilation may be the extremes on this scale, exploring women's freedoms and their relationship to other kinds of freedoms remains relevant.

It is not surprising to see that women-specific freedoms and overall human freedom are positively correlated. What is slightly more interesting, though, is the fact that economic freedom and personal freedom have different correlations to women-specific freedom. We investigated earlier that economic freedom scores tend to be lower than personal freedom scores around the world, but that doesn't translate into an expectation that the correlations would be different. As the researchers define it, individuals have economic freedom when "property they acquire without the use of force, fraud, or theft is protected from physical invasions by others and they are free to use, exchange, or give their property as long as their actions do not violate the identical rights of others." At first glance, one might expect that this would strongly correlate with women's freedoms because women might have less property rights or be prohibited from certain economic activities. However, inheritance rights were included in the personal freedoms category. Thus, though all of these measures of freedom (personal, economic, women-specific) are generally positively correlated with each other, they don't have the same strength of correlation.

We also saw in the above discussion that overall freedom is trending downward. If we know that women-specific freedoms and other freedoms are correlated, we might be able to investigate if some types of freedom, economic or personal, are more conducive to the spread and sustenance of other freedoms, a possible future direction that would require continuing to track freedom measurements over time.

When considering countries that have fewer rights for women, it is also interesting to see how it is overall related to religious freedom, since there are examples where the two are (at least seemingly) linked. For example, in some Middle Eastern countries that practice Islam, there are laws that have burdened women in the family, the society, and the state[2]. They are prohibited from holding high political office, abortion, and divorce in some countries[2]. These are the some of the same countries that have low tolerance for other religions[3]. In the Human Freedom Index, this is correlated with lower scores for women's freedoms, and for religious freedom. It is important, however, to be sensitive to the fact that the values assigned in this study came from researchers in developed countries who may have a different perception on what negatively impacts women's freedoms than the women living in those situations.

With this in mind, and the general trend thus far of freedoms being positively correlated with each other, it makes sense that women-specific freedoms and religious freedoms are not independent. When looking at why Sub-Saharan Africa does not follow this trend, and has a lower women-specific freedom score than expected, we identified that, although there are a wide variety of religions and practices people follow, women in Sub-Saharan Africa face significant sexual discrimination and abuse, intimate violence, political marginalization, and economic deprivation[4].

### *Limitations*

In our analysis of the Human Freedom Index dataset, there are clear limitations that need to be recognized. One such limitation is that the data is not randomly selected and does not contain the randomness that is typically desired from a dataset. Another limitation is that though analysis was performed, it was done so in a manner that assumed the individual countries to be independent and absent of regional factors that affected each others score's in one or more categories. This presence of confounding variables somewhat decreases the

validity of the analysis since it is easy to recognize that regional conflicts would affect certain freedom scores rather than solely the policies or type of government present in a given country.

#### *Future Directions*

If this project were to continue in the future there are a few key areas that would require further attention. First, it is necessary to continue tracking changes in freedom over time. Likewise, it is critical that further possible relationships be identified and explored among the assortment of freedoms and other variables. Another key area relates to exploring the different relationships between freedom levels at different levels of economic development. Lastly, it would be greatly beneficial to determine if certain types of freedom (economic or social) are more likely to enable or allow other freedoms to emerge or be sustained.

#### **CITATIONS**

1. <https://blogs.worldbank.org/opendata/where-world-do-women-still-face-legal-barriers-own-and-administer-assets>
2. [https://ips-dc.org/women\\_in\\_the\\_middle\\_east/](https://ips-dc.org/women_in_the_middle_east/)
3. <https://www.wilsoncenter.org/article/us-report-religious-freedom-middle-east-and-north-africa>
4. <https://www.du.edu/korbel/hrhw/researchdigest/africa/WomensRights.pdf>