# A model to study the impact of government-imposed social distancing on COVID-19 epidemic in Portugal

## Clearing memory

O estado de emergência: 18/03/2020, 17th day after 02/03/2020

```
In[905]:= Emergencia = 17 / 365;
Hoje = 23 / 365;
```

## Model equations

# Numer of variables in the model (including deceased individuals)

```
In[915]:= numvar = 8
             eqs[Reduction] := Table[eq[Reduction][i], {i, 1, numvar}]
             lhs[Reduction] := eqs[Reduction] [All, 1];
             rhs[Reduction] := eqs[Reduction][All, 2];
             TableForm[eqs[Reduction]]
 Out[915]= 8
Out[919]//TableForm=
             \mathbf{S'}\left[\mathtt{t}\right] \; = \; -\; \frac{\beta \; \mathrm{If}\left[\mathtt{t} \leq \frac{17}{365}, \mathtt{1, If}\left[\mathtt{t} \leq \mathtt{Hoje}, \mathtt{0.45, Reduction}\right]\right] \; (\sigma \; \mathrm{IM}\left[\mathtt{t}\right] + \mathrm{IS}\left[\mathtt{t}\right]) \; \mathbf{S}\left[\mathtt{t}\right]}{\mathsf{s}}
                                                                  -IQ[t]+NN[t]
             \mathbf{EE'[t]} \ = \ -\alpha \ \mathbf{EE[t]} \ + \ \frac{\beta \ \mathsf{If} \left[\mathsf{t} \leq \frac{17}{365}, \mathsf{1,If[t} \leq \mathsf{Hoje,0.45,Reduction]}\right] \ (\sigma \ \mathsf{IM[t]} + \mathsf{IS[t]}) \ \mathsf{S[t]}
                                                                                       -IQ[t]+NN[t]
             IM'[t] = p \alpha EE[t] - IM[t] \gamma_1
             IS'[t] = (1-p) \alpha EE[t] - v IS[t]
             IQ'[t] = -\eta IQ[t] + v IS[t] - IQ[t] \gamma_2
             RM'[t] = IM[t] \gamma_1
             RS'[t] = IQ[t] \gamma_2
             DD'[t] = \eta IQ[t]
```

## Model variables

```
ln[920]:= vars = \{S[t], EE[t], IM[t], IS[t], IQ[t], RM[t], RS[t], DD[t]\}
\label{eq:outprob} \text{Outproblement} \text{Outproblement} = \{ \texttt{S[t], EE[t], IM[t], IS[t], IQ[t], RM[t], RS[t], DD[t]} \}
```

# Total population size N(t) is not constant due to disease-related mortality

```
ln[921] = NN[t] = S[t] + EE[t] + IM[t] + IS[t] + IQ[t] + RM[t] + RS[t]
Out[921] = EE[t] + IM[t] + IQ[t] + IS[t] + RM[t] + RS[t] + S[t]
```

## Epidemiological parameters of the model

Average contact rate (unique persons), I/year

```
In[922]:= AverageContactRate = c → 13.74 × 365
Out[922]= c \rightarrow 5015.1
```

#### Relative infectivity of mildly infected

```
In[923]:= RelativeInfectivity = \sigma \rightarrow 0.5
Out[923]= \sigma \rightarrow 0.5
```

#### I/latent period, I/year

ln[924]:= RateInfectiousnessOnset =  $\alpha \rightarrow 365 / 4$ 

Out[924]= 
$$\alpha \rightarrow \frac{365}{4}$$

## Proportion of mildly infected

In[925]:= ProportionMildSymptoms = p  $\rightarrow$  0.8

Out[925]=  $p \, \rightarrow \, 0 \, \centerdot \, 8$ 

## I/recovery period of mildly infected, I/year

ln[926]:= RecoveryRateMildSymptoms =  $\gamma_1 \rightarrow 365 / 7$ 

Out[926]= 
$$\gamma_1 \rightarrow \frac{365}{7}$$

I/delay from onset of infectiousness to diagnosis for individuals with severe symptoms, I/year

ln[927]:= DiagnosisRate =  $\gamma \rightarrow 365 / 5$ 

Out[927]=  $V \rightarrow 73$ 

#### I/delay from diagnosis to recovery for diagnosed unaware, I/year

ln[928]:= RecoveryRateSevereSymptoms =  $\gamma_2 \rightarrow 365 / 14$ 

Out[928]= 
$$\gamma_2 \rightarrow \frac{365}{14}$$

#### Case fatality rate of unaware diagnosed

In[929]:= FatalityRate = f → 0.013

Out[929]=  $f \rightarrow 0.013$ 

#### Disease-associated death rate of unaware diagnosed, I/year

 $_{\text{ln}[930]:=} \ \, \textbf{DeathRateDiagnosed} = \eta \rightarrow \ \, \textbf{$\gamma_2$ f / $(1-f)$ /. {RecoveryRateSevereSymptoms, FatalityRate}}$ 

Out[930]=  $\eta 
ightarrow 0.343393$ 

#### Basic reproduction number

In[931]:= BasicReproductionNumber =  $R_0 \rightarrow 6.45$ 

 $\text{Out} [\text{931}] \text{=} \ R_0 \, \rightarrow \, 6 \, \textbf{.} \, 45$ 

#### Probability of transmission per contact with infectious with severe symptoms

In [932]:= TransmissionProbability = Solve  $\left[R_0 = \frac{p \beta \sigma}{Y_1} + \frac{(1-p) \beta}{Y_2} / . \beta \rightarrow c \epsilon, \epsilon\right] \left[1, 1\right] / .$ 

 $\{ {\tt ProportionMildSymptoms, AverageContactRate, RelativeInfectivity, } \\$ RecoveryRateMildSymptoms, DiagnosisRate, BasicReproductionNumber}

Out[932]=  $\epsilon \rightarrow 0.123535$ 

#### Transmission rate of infection via contact with infectious with severe symptoms, I/year

 $_{\ln[933]:=}$  TransmissionRate =  $\beta$   $\rightarrow$  c  $\epsilon$  /. {AverageContactRate, TransmissionProbability} Out[933]=  $\beta \rightarrow 619.539$ 

## Parameters of the model

In[934]:= Parameters := {AverageContactRate, RelativeInfectivity, RateInfectiousnessOnset, ProportionMildSymptoms, RecoveryRateMildSymptoms, DiagnosisRate, RecoveryRateSevereSymptoms, FatalityRate, DeathRateDiagnosed, BasicReproductionNumber, TransmissionProbability, TransmissionRate}

## Critical value for contact rate reduction where Reff < I

$$ln[935]:= \left(1 - 1 / \left(\frac{p \beta \sigma}{\gamma_1} + \frac{(1 - p) \beta}{\gamma}\right) / . Parameters\right) 100$$

$$Out[935]= 84.4961$$

# Solving differential equations

Start time, year

The first day of the simulation (initial condition) corresponds to 02/03/2020, when 2 COVID-19 cases were confirmed

In[936]:= 
$$t_{start} = 1 / 365$$
Out[936]:=  $\frac{1}{365}$ 

#### End time, year

The simulation runs for 365 days

 $ln[937] = t_{end} = 365 / 365;$ 

#### Total population size at the beginning of an outbreak

In[938]:= **Ntot** = 
$$10.2 \times 10^6$$
Out[938]=  $1.02 \times 10^7$ 

#### Initial number of infected individuals

```
In[939]:= InfInit = 12
Out[939]= 12
```

#### Initial conditions

```
In[940]:= ics = Table[ic[i], {i, 1, numvar}];
          ic[1] = (Ntot - 13.74 InfInit - InfInit - 2) = vars[1] /. {t \rightarrow t_{start}}
          ic[2] = 13.74 InfInit = vars[2] /. {t \rightarrow t_{start}}
          ic[3] = 0.8 InfInit = vars[3] /. {t \rightarrow t_{start}}
          ic[4] = 0.2 InfInit = vars[4] /. \{t \rightarrow t_{start}\}
          ic[5] = 2 = vars[5] /. \{t \rightarrow t_{start}\}
          ic[6] = 0 = vars[6] /. \{t \rightarrow t_{start}\}
          ic[7] = 0 = vars[7] /. {t \rightarrow t<sub>start</sub>}
          ic[8] = 0 = vars[8] /. \{t \rightarrow t_{start}\}
Out[941]= 1.01998 \times 10^7 = S\left[\frac{1}{365}\right]
Out[942]= 164.88 = EE \left[ \frac{1}{365} \right]
Out[943]= 9.6 == IM \left[ \frac{1}{365} \right]
Out[944]= 2.4 = IS\left[\frac{1}{26E}\right]
Out[945]= 2 = IQ \left[ \frac{1}{365} \right]
Out[946] = 0 = RM \left[ \frac{1}{365} \right]
Out[947] = 0 = RS \left[ \frac{1}{365} \right]
Out[948]= 0 = DD \left[ \frac{1}{365} \right]
```

#### Solution

```
In[949]:= solution[Reduction_, Parameters_] :=
         NDSolve[Join[eqs[Reduction], ics] /. Parameters, vars, {t, t<sub>start</sub>, t<sub>end</sub>}];
```

# Computing peak number of confirmed cases

```
In[950]:= Peak[Reduction_, Parameters_] :=
       Max[Flatten[Table[Evaluate[IQ[t] /. First@solution[Reduction, Parameters]],
           \{t, t_{start}, t_{end}, 1/365\}]]]
      PeakBaseline = Peak[1, Parameters]
      Peak75 = Peak[0.25, Parameters]
      Peak90 = Peak[0.1, Parameters]
      Peak90 0.3
Out[951]= 894160.
```

```
Out[952]= 220209.
Out[953]= 5842.14
Out[954]= 1752.64
```

## Computing time until the peak number of confirmed cases since 02/03/2020 (days)

```
In[955]:= PeakTiming[Reduction_, Parameters_] := Ordering[
          Flatten[Table[Evaluate[IQ[t] /. First@solution[Reduction, Parameters]],
            \{t, t_{start}, t_{end}, 1/365\}]], -1][1]
      PeakTimingBaseline = PeakTiming[1, Parameters]
      PeakTiming75 = PeakTiming[0.25, Parameters]
      PeakTiming90 = PeakTiming[0.1, Parameters]
Out[956]= 55
Out[957]= 124
Out[958]= 38
```

Data for confirmed cases - deaths - recoveries Data is split in 02/03/2020-18/03/2020 and 19/03/2020-now Source https://covid19.min-saude.pt/ponto-de-situacao-atual-emportugal/

```
ln[959] = DataBefore = \{\{1/365, (2-0)\}, \{2/365, (4-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/365, (6-0)\}, \{3/3
                                              \{4/365, (9-0)\}, \{5/365, (13-0)\}, \{6/365, (21-0)\}, \{7/365, (30-0)\},
                                              \{8/365, (39-0)\}, \{9/365, (41-0)\}, \{10/365, (59-0)\}, \{11/365, (78-0)\},
                                              \{12/365, (112-0)\}, \{13/365, (169-1)\}, \{14/365, (245-2)\},
                                              \{15/365, (331-3)\}, \{16/365, (448-3-1)\}, \{17/365, (642-3-2)\}\};
                            DataAfter = \{\{18 / 365, (785 - 3 - 3)\}, \{19 / 365, (1020 - 5 - 6)\},
                                               \{20/365, (1280-5-12)\}, \{21/365, (1600-5-14)\},
                                               \{22/365, (2060-14-23)\}, \{23/365, (2362-30-22)\}\};
```

## Plotting numero de casos confirmados

```
ln[1042] = ymax = 2500;
      ymin = -60;
      tmax = 24 / 365;
      tmin = t_{start} - 1 / 365;
      LabelBaseline = "26/04";
      Label75 = "04/07";
      Label90 = "09/04";
      fig1 =
       Table [Show] Plot [Evaluate[IQ[t] /. solution[1, Parameters]]], <math>\{t, t_{start}, t_{end}\},
            AspectRatio → 0.4, ImageSize → 800, PlotRangePadding → None, Filling → Axis,
            PlotRange → {\{tmin, tmax\}, \{ymin, ymax\}\}, AxesOrigin → \{0, 0\}, Frame →
              {{True, False}, {True, False}}, FrameStyle → Directive[Black, 17, Bold],
            PlotStyle \rightarrow {Thickness[0.01], RGBColor[217 / 255, 0, 0]},
```

```
FillingStyle -> Directive[Opacity[0.125]],
      FrameLabel \rightarrow {{"Número de casos", None}, {None, None}},
      PlotLabel → Style["Evolução diária do número de casos confirmados ativos",
        17, Black, Bold],
      FrameTicks \rightarrow {{Automatic, None}, {{{1 / 365, "02/03"}, {5 / 365, "06/03"},
           \{10/365, "11/03"\}, \{15/365, "16/03"\}, \{20/365, "21/03"\}\}, None\}\}],
    ListPlot[{DataBefore, DataAfter}],
    Graphics [{Black, Dashed, Thick,
       Line[{{Emergencia, ymin}, {Emergencia, ymax}}]}],
    Graphics [{Red, Line [{{PeakTimingBaseline / 365, ymin},
         {PeakTimingBaseline / 365, PeakBaseline}}]}], Graphics[{Red,
       Line[{{tmin, PeakBaseline}, {PeakTimingBaseline/365, PeakBaseline}}]}],
    Graphics [Text[StyleForm ["O estado\nde emergência", FontSize → 17,
        Bold, FontColor \rightarrow Black], \{20 / 365, 400\}]], \{i, 1, Length[vars]\}[[1]
ymax = 3000;
ymin = 1;
tmax = 24 / 365;
tmin = t_{start} - 1 / 365;
fig2 =
 \label{logPlot[Evaluate[IQ[t] /. solution[1, Parameters]]}, \{t, t_{start}, t_{end}\}, \\
      AspectRatio → 0.4, ImageSize → 800, PlotRangePadding → None, Filling → Axis,
      {{True, False}, {True, False}}, FrameStyle → Directive[Black, 17, Bold],
      PlotStyle \rightarrow {Thickness[0.01], RGBColor[217 / 255, 0, 0]},
      FillingStyle -> Directive[Opacity[0.125]],
      FrameLabel → {{"Número de casos", None}, {None, None}},
      PlotLabel → Style["Evolução diária do número de casos confirmados ativos",
        17, Black, Bold],
      FrameTicks \rightarrow {{Automatic, None}, {{{1/365, "02/03"}, {5/365, "06/03"},
           \{10/365, "11/03"\}, \{15/365, "16/03"\}, \{20/365, "21/03"\}\}, None\}\}],
    ListLogPlot[{DataBefore, DataAfter}],
    Graphics[{Black, Dashed, Thick,
       Line[{{Emergencia, 0}, {Emergencia, ymax}}]}],
    Graphics [{Red, Line[{{PeakTimingBaseline/365, ymin},
          \{PeakTimingBaseline/365, PeakBaseline\}\}]\}], Graphics[\{Red,
       Line [{tmin, PeakBaseline}, {PeakTimingBaseline / 365, PeakBaseline}}]}],
    Graphics[Text[StyleForm["O estado\nde emergência", FontSize → 17,
        Bold, FontColor \rightarrow Black], \{20/365, 400\}], \{i, 1, Length[vars]\}[1]
ymax = 950000;
ymin = -25000;
tmax = 240 / 365;
tmin = t_{start} - 7 / 365;
fig3 = Table Show Plot {Evaluate[IQ[t] /. solution[1, Parameters]],
       Evaluate[IQ[t] /. solution[0.25, Parameters]]}, {t, t<sub>start</sub>, t<sub>end</sub>},
      AspectRatio → 0.4, ImageSize → 800, PlotRangePadding → None,
      Filling \rightarrow Axis, PlotRange \rightarrow {{tmin, tmax}, {ymin, ymax}},
      AxesOrigin \rightarrow \{0, 0\}, Frame \rightarrow \{\{True, False\}\}, \{True, False\}\},
      FrameStyle → Directive[Black, 17, Bold],
      PlotStyle \rightarrow {{Thickness[0.01], RGBColor[217 / 255, 0, 0]},
        {Thickness[0.01], RGBColor[26 / 255, 94 / 255, 214 / 255]}},
      FillingStyle -> Directive[Opacity[0.125]],
      FrameLabel \rightarrow {{"Número de casos", None}, {None, None}}, PlotLegends \rightarrow
       Placed[{Table[Style[Row[{label}], Black, 17, "Text", Bold], {label,
            {"Sem distanciamento social", "Redução de contactos em 75%"}}]},
        \{Scaled[\{0, 0.75\}], \{-1.25, 0.6\}\}], PlotLabel \rightarrow
```

```
Style["Evolução diária do número de casos confirmados ativos",
         17, Black, Bold],
      FrameTicks \rightarrow {{Automatic, None}, {{{1 / 365, "02/03"},
           {PeakTimingBaseline / 365, LabelBaseline},
           {Emergencia, "18/03"}, {PeakTiming75 / 365, Label75}}, None}}],
     ListPlot[{DataBefore, DataAfter}],
     Graphics [{Black, Dashed, Thick,
       Line[{{Emergencia, ymin}, {Emergencia, ymax}}]}],
     Graphics [RGBColor[217 / 255, 0, 0], Line[{PeakTimingBaseline / 365, ymin},
          {PeakTimingBaseline / 365, PeakBaseline}}]]],
     Graphics[{RGBColor[217 / 255, 0, 0], Line[{tmin, PeakBaseline},}
          {PeakTimingBaseline / 365, PeakBaseline}}]}],
     Graphics [ {RGBColor[26 / 255, 94 / 255, 214 / 255],
       Line[{{PeakTiming75/365, ymin}, {PeakTiming75/365, Peak75}}]}],
     Graphics[{RGBColor[26 / 255, 94 / 255, 214 / 255], Line[{tmin, Peak75}, 
          {PeakTiming75 / 365, Peak75}}]]]], {i, 1, Length[vars]}][[1]
ymax = 6500;
ymin = -150;
tmax = 140 / 365;
tmin = t_{start} - 4 / 365;
fig4 =
 Table \left[Show \left[Plot \left[\left\{Evaluate[IQ[t] /. solution[0.1, Parameters]\right\}\right\}, \left\{t, t_{start}, t_{end}\right\}, \right]\right]
      AspectRatio → 0.4, ImageSize → 800, PlotRangePadding → None, Filling → Axis,
      PlotRange \rightarrow {{tmin, tmax}, {ymin, ymax}}, AxesOrigin \rightarrow {0, 0}, Frame \rightarrow
       {{True, False}, {True, False}}, FrameStyle → Directive[Black, 17, Bold],
      PlotStyle \rightarrow { Thickness [0.01], RGBColor [28 / 255, 162 / 255, 0] } },
      FillingStyle -> Directive[Opacity[0.125]],
      FrameLabel → {{"Número de casos", None}, {None, None}},
      PlotLegends → Placed[{Table[Style[Row[{label}], Black, 17, "Text", Bold],
           {label, {"Redução de contactos em 90%"}}]},
         \{Scaled[\{0, 0.75\}], \{-1.25, 0.6\}\}\}, PlotLabel \rightarrow
       Style["Evolução diária do número de casos confirmados ativos",
         17, Black, Bold],
      FrameTicks \rightarrow {{Automatic, None}, {{{1 / 365, "02/03"},
           {PeakTiming90 / 365, Label90}, {PeakTimingBaseline / 365, LabelBaseline},
           {Emergencia, "18/03"}, {PeakTiming75 / 365, Label75}}, None}}],
     ListPlot[{DataBefore, DataAfter}],
     Graphics[{Black, Dashed, Thick,
       Line[{{Emergencia, ymin}, {Emergencia, ymax}}]}],
     Graphics [ {RGBColor[28 / 255, 162 / 255, 0],
       Line \left[\left\{\left\{\text{PeakTiming90}/365, \text{ymin}\right\}, \left\{\text{PeakTiming90}/365, \text{Peak90}\right\}\right]\right]\right]
     Graphics [\{RGBColor[28 / 255, 162 / 255, 0], Line[\{tmin, Peak90\}, table \}] \} 
          {PeakTiming90 / 365, Peak90}}]]]], {i, 1, Length[vars]}][[1]
Export[StringJoin[
    "//Users//LynxGAV//Documents//Work//CoronaPortugal//Figures//Figure1",
   ".pdf"], fig1];
Export[StringJoin[
    "//Users//LynxGAV//Documents//Work//CoronaPortugal//Figures//Figure2",
   ".pdf"], fig2];
Export[StringJoin[
    "//Users//LynxGAV//Documents//Work//CoronaPortugal//Figures//Figure3",
   ".pdf"], fig3];
Export[StringJoin[
    "//Users//LynxGAV//Documents//Work//CoronaPortugal//Figures//Figure4",
    ".pdf"], fiq4];
```



