



AUSTRALIAN CUISINE

PANIC! AT THE DISCO

READY

TO

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WAT (GET ME OUT OF MY MIND) WAT



anyonita nibbles
GLUTEN FREE



1. WHAT IS OFTEN REFERRED TO AS
THE NATIONAL CAKE OF AUSTRALIA

A) TASMANIAN APPLE

CAKE

B) DOLLY VARDEN CAKE

C) LAMINGTON

D) PAVLOVA

YYAAYY! YOU GOT THAT RIGHT 😊

C) LAMINGTON

“The cake can be found throughout Australia and New Zealand, in numerous supermarkets, cafés, and bakeries”



The world-famous Australian culinary icon Lamington consists of a sponge cake that is dipped in chocolate and sprinkled with finely desiccated coconut. The cake is believed to have been created by accident when Lord Lamington's maid accidentally dropped his favorite cake in melted chocolate“

BACK

NEXT
QUESTION

OOPSS! TRY AGAIN...

BACK

NEXT QUESTION



2. WHAT IS POPULARLY CALLED AS
SNAGS IN AUSTRALIAN CUISINE?

A) SAUSAGES

B) SNACKS

C) BREAD

D) CHIPS

YYAAYY! YOU GOT THAT RIGHT 😊

IT'S A) SAUSAGES

Although sausages are not unique to Australia, the locals have made it an essential part of their barbecue tradition over the years. They refer to these sausages as snags, which are made of either pork or beef with various herbs and spices to make it tastier. Aside from barbecued snags, another Australian way of eating it is to have it on a slice of bread topped with fried onions and sauce. Sold everywhere in Australia, snags are recommended as a hangover food, often served with a bottle of soda.



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BACK

NEXT
QUESTION

OOPSS! TRY AGAIN...

BACK

NEXT QUESTION

YYAAYY! YOU GOT THAT RIGHT 😊

IT'S C) BEETROOT

What makes the Australian burger different from all the other burgers in the world? One word: beetroot. It is a taproot from the beet plant, which is known in other parts of the world as red beet, golden beet, and garden beet. Simply sliced and put on top of an Australian beef patty, this piece of nutritious vegetable makes all the difference. At a random period of time every year, McDonald's in Australia sell their own version of beetroot burger which they call "McOz."



BACK

NEXT
QUESTION

OOPSS! TRY AGAIN...

BACK

NEXT QUESTION



4. WHICH FAMOUS DESERT WAS
INVENTED BY BOTH AUSTRALIA
AND NEW ZEALAND

A) MERINGUE

B) LAMINGTON

C) PANNA COTTA

D) PAVLOVA



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YYAAYY! YOU GOT THAT RIGHT 😊 D) PAVLOVA

Both Australia and New Zealand lay claim to inventing this famous dessert, created in honor of the Russian ballerina Anna Pavlova's visit to Australasia in the 1920s. As a truly Australian after-dinner sweet, the pavlova's crispy meringue crust, light fruit filling and whipped cream topping ensure it's a family hit.

BACK

NEXT
QUESTION

OOPSS! TRY AGAIN...

BACK

NEXT QUESTION

5. FAMOUS AUSTRALIAN SPREAD?

A) VEGEMITE

B) PARMESAN

C) CHUTNEY

D) APPLE BUTTER



YYAAYY! YOU
GOT THAT
RIGHT 😊

A) VEGEMITE

Vegemite is a notoriously yeasty spread that can be found in nine out of ten pantries in Australia. To make your own Australian delicacy, toast two slices of bread, be liberal with the butter but frugal with the Vegemite. It's not something you want to slap on like peanut butter or chocolate spread. Vegemite, which was created by a Melbournian, is jammed full of vitamin B, which has loads of health benefits, including the belief that it helps keep mozzies at bay.



BACK

END!

OOPSS! TRY AGAIN...

BACK

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