



Escaping Big Tech with Traefik 2.0



Slides and files:
<http://wieg.co/traefik-meetup>

About Me

- Senior Software Engineer | WP Engine
- Plugin Developer
- Teacher
- Speaker
- Pilot
- Focus on:
- Privacy
- Development workflows
- Open web

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Why Escape Big Tech?

- Privacy
- Better control
- Own your own data
- Escape “walled garden”
- For fun



Services We Can Replace

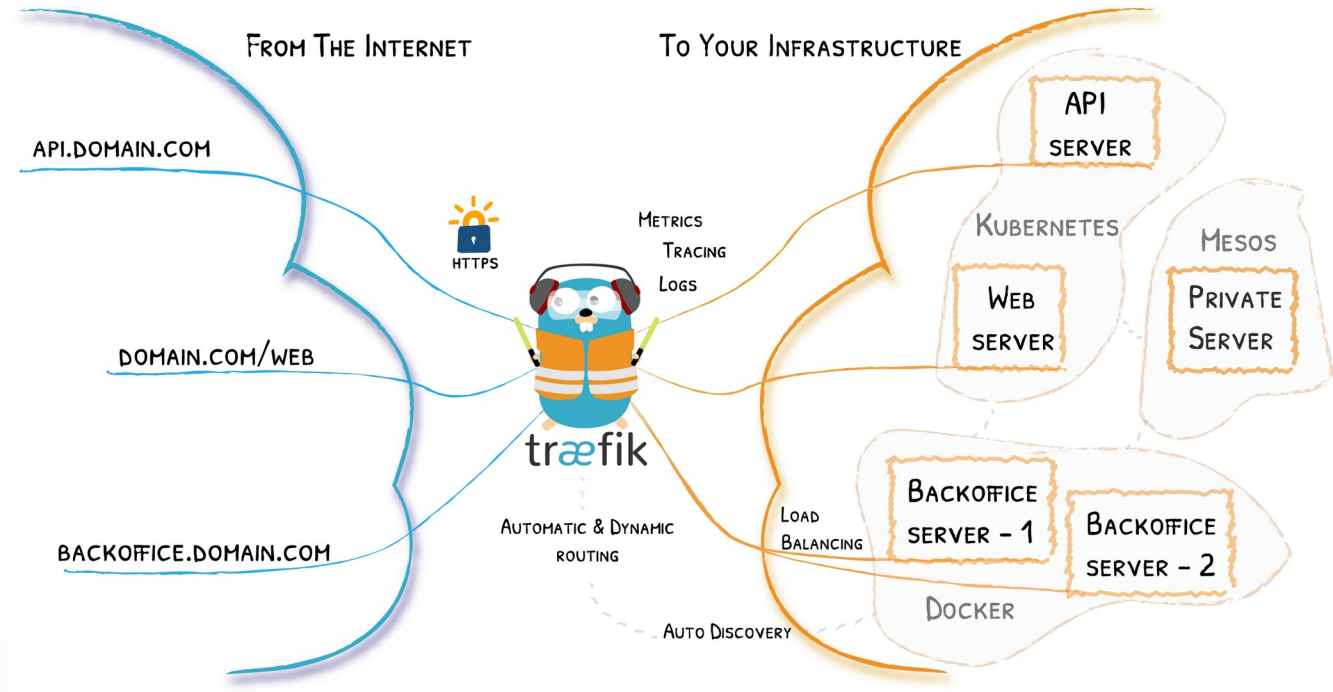
- File storage (Google Drive/iCloud/etc)
- Notes (Google Keep/Notes/etc)
- Photos
- News Reader
- Chat (Google Duo/Facetime/etc)
- Calendar/Contacts/Tasks
- *So much more...*



Why Traefik?

- 1) Reduce hosting costs
- 2) Simple implementation
- 3) Containerize all the things

Traefik Architecture





Traefik Configs

- **Static configuration:** The startup configuration
- **Dynamic configuration:** Fully dynamic routing configuration
- Most of this tutorial is dynamic configuration
- Dynamic configuration can be specified in many ways, in your traefik config or docker-compose



Traefik Concepts

- **Routers:** A router is in charge of connecting incoming requests to the services that can handle them. In the process, routers may use pieces of middleware to update the request, or act before forwarding the request to the service.
- **Middlewares:** Pieces of middleware are a means of tweaking the requests before they are sent to your service
- **Providers:** The backend provider of your application (ie, Docker)



Example Middleware

- **Enable SSL**
 - "traefik.http.routers.service.entrypoints=web-secure"
 - "traefik.http.routers.service.rule=Host(`service.url`)"
 - "traefik.http.routers.service.tls=true"
 - "traefik.http.routers.service.tls.certresolver=default"



Example Middleware

- **Redirect to ssl:**
 - "traefik.http.middlewares.service-https.redirectscheme.scheme=https"
 - "traefik.http.routers.service-http.entrypoints=web"
 - "traefik.http.routers.service-http.rule=Host(`http.url`)"
 - "traefik.http.routers.service-http.middlewares=service-https@docker"



Example Middleware

- **Regex Redirect**

- "traefik.http.middlewares.nextcloud-caldav.redirectregex.permanent=true"
- "traefik.http.middlewares.nextcloud-caldav.redirectregex.regex=^https://(.*)/.well-known/(card|cal)dav"
- "traefik.http.middlewares.nextcloud-caldav.redirectregex.replacement=https://\${1}/remote.php/dav/"



Attaching Middleware to Router

- "traefik.http.routers.my-router.middlewares=my-middleware@docker"



Middleware Gotchas

- Middleware can't do multiple things (can't set a header and handle a redirect in a single middleware)
- Only one middleware per router (<https://github.com/containous/traefik/issues/5538>)



Where to Host?

- Any VPS provider will do
- \$5 DigitalOcean instance is “good enough” for today’s demo
- ***Make sure you use a service that offers backups!***



Getting Started

traefik:

image: traefik:2.1

ports:

- 80:80

- 443:443

restart: always

volumes:

- ./data/conf/traefik/acme.json:/acme.json

- ./data/conf/traefik/traefik.toml:/traefik.toml

- ./data/volumes/traefik/tmp:/tmp



Keeping It Updated

watchtower:

command: --label-enable --cleanup --interval 300

image: containrrr/watchtower

labels:

- "com.centurylinklabs.watchtower.enable=true"

network_mode: none

restart: always

volumes:

- /var/run/docker.sock:/var/run/docker.sock



Keeping It Updated

traefik:

depends_on:

- watchtower

labels:

- "com.centurylinklabs.watchtower.enable=true"



Keeping It Secure

networks:

default:

driver: bridge

traefik:

internal: true



Keeping It Secure

dockerproxy:

depends_on:

- watchtower

environment:

CONTAINERS: 1

image: tecnativa/docker-socket-proxy

labels:

- "com.centurylinklabs.watchtower.enable=true"

networks:

- traefik

ports:

- 2375

volumes:

- "/var/run/docker.sock:/var/run/docker.sock"



Keeping It Secure

traefik:

depends_on:

- dockerproxy

networks:

- default
- traefik



Keeping It Secure

```
[providers.docker]
```

```
  exposedByDefault = false
```

```
  endpoint = "tcp://dockerproxy:2375"
```

```
  network = "traefik"
```



Finishing Traefik Config

```
[log]
  level = "ERROR"

[entryPoints]
  [entryPoints.web]
    address = ":80"
  [entryPoints.web-secure]
    address = ":443"

[certificatesResolvers]
  [certificatesResolvers.default.acme]
    email = "your@email.address"
    storage = "acme.json"
  [certificatesResolvers.default.acme.tlsChallenge]
```



Adding Services

- File Storage, Calendar, Contacts, etc → Nextcloud
 - <https://nextcloud.com>
- Read it later → Wallabag
 - <https://wallabag.org>
- RSS/News → FreshRSS
 - <https://www.freshrss.org>
- ShortURLs - > YOURLS
 - <https://yourls.org/>



Add Supporting Services

```
mariadb:
  depends_on:
    - watchtower
  env_file: .mariadb.env
  image: mariadb:10
  labels:
    - "com.centurylinklabs.watchtower.enable=true"
  networks:
    - default
  ports:
    - 3306:3306
  restart: always
  volumes:
    - ./data/volumes/mariadb:/var/lib/mysql
```



Mariadb config file

`MYSQL_ROOT_PASSWORD=`



redis:

depends_on:

- watchtower

image: redis:5

labels:

- "com.centurylinklabs.watchtower.enable=true"

networks:

- default

restart: always

volumes:

- ./data/volumes/redis:/data



Labels We Will Need

- **Enable Traefik**
 - "traefik.enable=true"



FreshRSS

```
freshrss:
  depends_on:
    - mariadb
    - traefik
    - watchtower
  env_file: .freshrss.env
  image: freshrss/freshrss
  labels:
    - "traefik.enable=true"
    - "traefik.http.middlewares.freshrss-https.redirectscheme.scheme=https"
    - "traefik.http.routers.freshrss-http.entrypoints=web"
    - "traefik.http.routers.freshrss-http.rule=Host(`my.freshrss.url`)"
    - "traefik.http.routers.freshrss-http.middlewares=freshrss-https@docker"
    - "traefik.http.routers.freshrss.entrypoints=web-secure"
    - "traefik.http.routers.freshrss.rule=Host(`my.wallabag.url`)"
    - "traefik.http.routers.freshrss.tls=true"
    - "traefik.http.routers.freshrss.tls.certresolver=default"
    - "com.centurylinklabs.watchtower.enable=true"
  networks:
    - default
  restart: always
  volumes:
    - ./data/volumes/freshrss:/var/www/FreshRSS/data
```



FreshRSS Config

CRON_MIN=*/10
TZ=America/Chicago



Wallabag

```
wallabag:
  depends_on:
    - mariadb
    - redis
    - traefik
    - watchtower
  env_file: .wallabag.env
  image: wallabag/wallabag:2.3.8
  labels:
    - "traefik.enable=true"
    - "traefik.http.middlewares.wallabag-https.redirectscheme.scheme=https"
    - "traefik.http.routers.wallabag-http.entrypoints=web"
    - "traefik.http.routers.wallabag-http.rule=Host(`my.wallabag.url`)"
    - "traefik.http.routers.wallabag-http.middlewares=wallabag-https@docker"
    - "traefik.http.routers.wallabag.entrypoints=web-secure"
    - "traefik.http.routers.wallabag.rule=Host(`my.wallabag.url`)"
    - "traefik.http.routers.wallabag.tls=true"
    - "traefik.http.routers.wallabag.tls.certresolver=default"
    - "com.centurylinklabs.watchtower.enable=true"
  networks:
    - default
  restart: always
  volumes:
    - ./data/volumes/wallabag/images:/var/www/wallabag/web/assets/images
    - ./data/volumes/wallabag/data:/var/www/wallabag/data
```



Wallabag Config

```
MYSQL_ROOT_PASSWORD=  
SYMFONY__ENV__DATABASE_DRIVER=pdo_mysql  
SYMFONY__ENV__DATABASE_HOST=mariadb  
SYMFONY__ENV__DATABASE_PORT=3306  
SYMFONY__ENV__DATABASE_NAME=  
SYMFONY__ENV__DATABASE_USER=  
SYMFONY__ENV__SECRET=  
SYMFONY__ENV__DATABASE_PASSWORD=  
SYMFONY__ENV__DATABASE_CHARSET=utf8mb4  
SYMFONY__ENV__FOSUSER_REGISTRATION=false  
SYMFONY__ENV__FOSUSER_CONFIRMATION=false  
SYMFONY__ENV__DOMAIN_NAME=https://[your site here]
```




YOURLs

```
yourls:
depends_on:
  - mariadb
  - traefik
  - watchtower
env_file: .yourls.env
image: yourls:1.7
labels:
  - "traefik.enable=true"
  - "traefik.http.middlewares.yourls-https.redirectscheme.scheme=https"
  - "traefik.http.routers.yourls-http.entrypoints=web"
  - "traefik.http.routers.yourls-http.rule=Host(`my.yourls.url`)"
  - "traefik.http.routers.yourls-http.middlewares=yourls-https@docker"
  - "traefik.http.routers.yourls.entrypoints=web-secure"
  - "traefik.http.routers.yourls.rule=Host(`my.yourls.url`)"
  - "traefik.http.routers.yourls.tls=true"
  - "traefik.http.routers.yourls.tls.certresolver=default"
  - "com.centurylinklabs.watchtower.enable=true"
networks:
  - default
restart: always
volumes:
  - ./data/conf/yourls/plugins:/var/www/html/user/plugins
  - ./data/volumes/yourls/html:/var/www/html
```



YOURLS Config

YOURLS_DB_HOST=mariadb

YOURLS_DB_USER=

YOURLS_DB_PASS=

YOURLS_DB_NAME=

YOURLS_SITE=https://[your site here]

YOURLS_USER=

YOURLS_PASS=

Nextcloud



```
nextcloud:
  depends_on:
    - mariadb
    - redis
    - traefik
    - watchtower
  env_file: .nextcloud.env
  image: nextcloud:18
  labels:
    - "traefik.enable=true"
    - "traefik.http.middlewares.nextcloud-caldav.redirectregex.permanent=true"
    - "traefik.http.middlewares.nextcloud-caldav.redirectregex.regex=~https://(.*)/.well-known/(card|cal)dav"
    - "traefik.http.middlewares.nextcloud-caldav.redirectregex.replacement=https://${1}/remote.php/dav"
    - "traefik.http.middlewares.nextcloud-https.redirectscheme.scheme=https"
    - "traefik.http.routers.nextcloud-http.entrypoints=web"
    - "traefik.http.routers.nextcloud-http.rule=Host(my.nextcloud.url)"
    - "traefik.http.routers.nextcloud-http.middlewares=nextcloud-https@docker"
    - "traefik.http.routers.nextcloud.entrypoints=web-secure"
    - "traefik.http.routers.nextcloud.rule=Host(`my.nextcloud.url`)"
    - "traefik.http.routers.nextcloud.middlewares=nextcloud-caldav@docker"
    - "traefik.http.routers.nextcloud.tls=true"
    - "traefik.http.routers.nextcloud.tls.certresolver=default"
    - "com.centurylinklabs.watchtower.enable=true"
  networks:
    - default
  restart: always
  volumes:
    - ./data/volumes/nextcloud/html:/var/www/html
```



Security & setup warnings ⓘ

It's important for the security and performance of your instance that everything is configured correctly. To help you with that we are doing some automatic checks. Please see the linked documentation for more information.

✓ All checks passed.

Check the security of your Nextcloud over [our security scan ↗](#).



Nextcloud Labels

- "traefik.enable=true"
- "traefik.http.middlewares.nextcloud-caldav.redirectregex.permanent=true"
- "traefik.http.middlewares.nextcloud-caldav.redirectregex.regex=^https://(.*)/.well-known/(card|cal)dav"
- "traefik.http.middlewares.nextcloud-caldav.redirectregex.replacement=https://\${1}/remote.php/dav/"
- "traefik.http.middlewares.nextcloud-https.redirectscheme.scheme=https"
- "traefik.http.routers.nextcloud-http.entrypoints=web"
- "traefik.http.routers.nextcloud-http.rule=Host(`my.nextcloud.url`)"
- "traefik.http.routers.nextcloud-http.middlewares=nextcloud-https@docker"
- "traefik.http.routers.nextcloud.entrypoints=web-secure"
- "traefik.http.routers.nextcloud.rule=Host(`my.nextcloud.url`)"
- "traefik.http.routers.nextcloud.middlewares=nextcloud-caldav@docker"
- "traefik.http.routers.nextcloud.tls=true"
- "traefik.http.routers.nextcloud.tls.certresolver=default"
- "com.centurylinklabs.watchtower.enable=true"



The Nextcloud Config

REDIS_HOST=

MYSQL_ROOT_PASSWORD=

MYSQL_PASSWORD=

MYSQL_DATABASE=

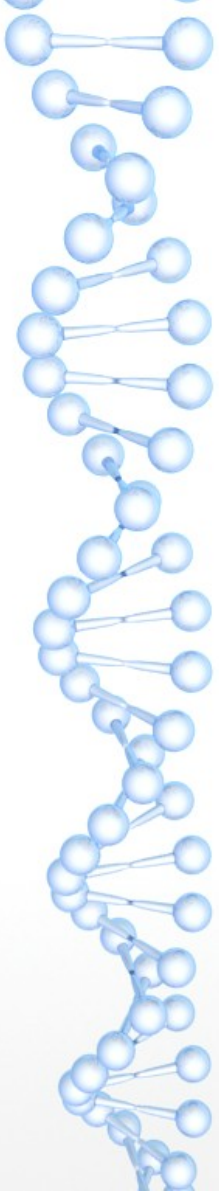
MYSQL_USER=

MYSQL_HOST=



Nextcloud Middlewares

- Ideal would handle HSTS expiration AND caldav/carddav redirect
- Setup for caldav, use https://github.com/sualko/cloud_hsts for hsts header



Questions?



Slides and files:
<http://wieg.co/traefik-meetup>