

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18
1 H 氢 1.008																	2 He 氦 4.0026
3 Li 锂 6.94	4 Be 铍 9.0122																
11 Na 钠 22.99	12 Mg 镁 24.305																
19 K 钾 39.098	20 Ca 钙 40.078	21 Sc 钪 44.956	22 Ti 钛 47.867	23 V 钒 50.942	24 Cr 铬 51.996	25 Mn 锰 54.938	26 Fe 铁 55.845	27 Co 钴 58.933	28 Ni 镍 58.693	29 Cu 铜 63.546	30 Zn 锌 65.38	31 Ga 镓 69.723	32 Ge 锗 72.63	33 As 砷 74.922	34 Se 硒 78.971	35 Br 溴 79.904	36 Kr 氪 83.798
37 Rb 铷 85.468	38 Sr 锶 87.62	39 Y 钇 88.906	40 Zr 锆 91.224	41 Nb 铌 92.906	42 Mo 钼 95.95	43 Tc 锝 [98]	44 Ru 钌 101.07	45 Rh 铑 102.91	46 Pd 钯 106.42	47 Ag 银 107.87	48 Cd 镉 112.41	49 In 铟 114.82	50 Sn 锡 118.71	51 Sb 锑 121.76	52 Te 碲 127.6	53 I 碘 126.9	54 Xe 氙 131.29
55 Cs 铯 132.91	56 Ba 钡 137.33	57-71 镧系元素	72 Hf 铪 178.49	73 Ta 钽 180.95	74 W 钨 183.84	75 Re 铼 186.21	76 Os 锇 190.23	77 Ir 铱 192.22	78 Pt 铂 195.08	79 Au 金 196.97	80 Hg 汞 200.59	81 Tl 铊 204.38	82 Pb 铅 207.2	83 Bi 铋 208.98	84 Po 钋 [209]	85 At 砹 [210]	86 Rn 氡 [222]
87 Fr 钫 [223]	88 Ra 镭 [226]	89-103 镧系元素	104 Rf 钚 [267]	105 Db 铼 [268]	106 Sg 锿 [269]	107 Bh 钷 [270]	108 Hs 镆 [278]	109 Mt 镎 [278]	110 Ds 达 [281]	111 Rg 轮 [282]	112 Cn 鐽 [285]	113 Nh 鉈 [286]	114 Fl 铁 [286]	115 Mc 镆 [290]	116 Lv 钅 [293]	117 Ts 𫟩 [294]	118 Og 𫟹 [294]

57	58	59	60	61	62	63	64	65	66	67	68	69	70	71
La 镧 138.91	Ce 铈 140.12	Pr 镨 140.91	Nd 钕 144.24	Pm 钷 [145]	Sm 钐 150.36	Eu 铕 151.96	Gd 钆 157.25	Tb 铽 158.93	Dy 镝 162.5	Ho 铥 164.93	Er 铒 167.26	Tm 铥 168.93	Yb 镱 173.05	Lu 镥 174.97
89	90	91	92	93	94	95	96	97	98	99	100	101	102	103
Ac 锕 [227]	Th 钍 232.04	Pa 镤 231.04	U 铀 238.03	Np 镎 [237]	Pu 钷 [244]	Am 镅 [243]	Cm 锔 [247]	Bk 锫 [247]	Cf 锿 [251]	Es 镱 [252]	Fm 钔 [257]	Md 镆 [258]	No 锘 [259]	Lr 铹 [266]