# 翻译和阅读都可以用的 120 组高分同义替换词

#### 动词词组&替换词

1.经历: undergo, experience, go through

2.感激: appreciate, be grateful/thankful to

3.认为, 宣称: believe, insist, maintain, hold, argue, assert, declare,

claim

4.容纳: admit, accommodate, contain, hold, seat

5.适合: be suited to, be suitable for, be fit for

6.处理: deal with, do with, cope with, handle

7.记住: bear sth. in mind, learn sth. by heart

8.充当: act as, serve as, work as, function as

9.确保: see to it that, make sure that, ensure that

10.当心: watch out, look out, take care, be careful

11.表明: indicate, suggest, show, imply, make clear

12.依靠: depend on, rely on, be dependent on, count on

13.总计: total to, come to, amount to, add up to, reach

14.熬夜: stay up, sit up, be up late/ far/ deep into the night

15.考虑: take account of, take sth. into account/consideration

16.建立: establish, found, build, create, set up, put up

17.说服: persuade sb. into doing sth., persuade sb. to do sth

18.厌烦: be bored with, be fed up with, be tired of, be sick of

19.发生: happen, occur, come about, take place, go on, break out

20.控制: bring sth .under control, take control of, have power

over

21.替代: replace, stand for, substitute for, take the place of, represent

22.区分: identify, distinguish...from..., distinguish the difference between...and...

23.完成: fulfill, accomplish, finish, complete, get through with sth, go through with sth.

24.重视: pay more attention to, lay emphasis on, attach importance/significance to

25.反对: be against, oppose, object to, be opposed to, argue against, make a stand against

26.参加: take, join in, take part in, get involved in, participate in, go in for

27.赞成: be for, favor, in favor of, approve of, be on one's side, argue for, take a stand for

28.导致: cause, lead to, result in, bring about, contribute to, account for, give birth to, give rise to

29.喜欢: be fond of, enjoy, take pleasure in, be interested in, take interest in, be keen on, be addiction to, be hooked on, have a passion for, have a great enthusiasm for, have a preference for

30.做调查: conduct/carry out a survey/ an investigation

31.有害于: do damage to, be harmful to, be bad for

32.致力于: bend/ devote/apply/commit/offer oneself to doing sth.

33.有益于: do good to, benefit, be of benefit to, be beneficial to

34.开始做: go about doing, set about doing, get down to doing, set out to do

35.尽全力: do one's best, spare no effort, make every effort, do everything that sb. can, go all out, strain every nerve

36.高度评价: speak highly of, sing high praise for

37.解决问题: solve/settle/fix/work out the problem

38.由...组成: consist of, be made up of, be composed of

39.照顾: care for, take care of, look after, attend to, tend on

40.对...有影响: affect, influence, have an impact/effect/influence on/upon

41.提出问题: bring forward/put forward/raise/come up with/bring up a problem

42.有吸引力: attract, appeal to, be appealing to, be attractive to, be attracted to

43.对...负责: be in charge of, take charge of, be responsible for, take responsibility for

44.把…当成: see/view/regard/treat/consider/think of...as...

45.达成协议: make/reach/arrive at/come to/work out an agreement, make terms, come to terms

46.充分利用: make full use of, make the most of, take advantage of, make the best of

47.留下印象: impress sth. on sb., impress sb with, make/leave a deep impression on sb.

48.全神贯注: center/focus/ concentrate on, fix one's attention on, put one's heart into, be absorbed/buried/lost/engaged/occupied in

49.与...有联系: be associated/linked/connected with, be related to, have sth.to do with

50.做事有困难: have difficulty/trouble (in) doing sth., have trouble/difficulty with sth.

51.担心: be worried about, be concerned about, be anxious about

52.耗尽: use sth, up, run out of sth, sth give out, exhaust

53.满足需求: meet/satisfy/suit/fulfill/cater to one's need

54.摆脱…的习惯: kick/break/get out of/fall out of the habit of doing sth.

55.促进…的发展: accelerate/promote/stimulate/advance the development of sth.

56.提高...的意识: raise/increase/sharpen/strengthen/awake/arouse people's awareness of

57.养成…的习惯: form/fall into/ get into/pick up/develop/slide into the habit of doing sth.

58.与...和谐相处: live in harmony with, be at peace with, live in peace with, get on/along well with

59.面临困难: be faced with, face, confront, encounter difficulty

60.坚持: stick, adhere, cling

61.忽视; 忽略: neglect, ignore

62.追求; 寻求: pursue, seek

63.责备;归咎于: blame, condemn

64.侮辱;辱骂: insult, humiliate

65.抱怨: complain, grumble

66.解除;减轻: relieve, alleviate

67.促使;强迫: force, compel

68.避开;避免: avoid, shun, escape

69.毁灭; 毁坏: ruin, devastate

70.使震惊; 使惊奇: surprise, startle, astound, astonish

## 形容词词组&替换词

71.重要的: important, significant, vital, key

72.古代的; 陈旧的: ancient, archaic, antique, aged

73.充足的,丰富的: adequate, abundant, sufficient

74.明显的: obvious, apparent, remarkable

75.消极的: harmful, negative, damaging, detrimental

76.大量的: a host of, a vast number of, a vast amount of, a great

deal of

77.共同的; 通用的: common, universal

78.邻近的: near, adjacent, adjoin

79.精确的: accurate, precise, exact

80.最高的; 最优的: top, peak, summit

81.初级的;基本的:primary, radical, fundamental

82.勤勉的: hard-working, industrious

83.费力的: difficult, arduous

84.贫瘠的: poor, barren, infertile

85.易碎的;易受攻击的: fragile, vulnerable

86.公平的: fair, impartial

87.永久的: forever, perpetual, immutable

88.沉闷的; 乏味的: boring=tedious

89.危险的: dangerous, perilous

90.湿润的; 潮湿的: wet, moist, damp, humid

91.特别的; 具体的: typical, characteristic, distinctive,

representative

92.小心的: careful, cautious

93.奇怪的; 古怪的: strange, eccentric

94.怀疑的: dubious, skeptical, doubtful, questionable

95.吸引人的: attractive, appealing, absorbing

96.常见的,普遍的: usual, common, regular, widespread, typical,

universal, prevalent

## 名词词组&替换词

97.好处: advantages, strengths, merits

98.坏处: disadvantages, weaknesses, the weak points

99.原因: reason, factor, cause

100.发展: development, progress, growth, advancement

101.能力: ability, power, skill, capacity, competence

102.多样性: diversity, difference, variety, range

103.方法;方式: method, means, way, process

104.压力: stress, burden, pressure, tension, strain

105.竞争;比赛: competition, rival, opponent

106.名声;名望: fame, prestige, reputation

107.热情: enthusiasm, zeal, fervency

108.结果;影响: result, consequence

109.领域;区间: field, domain

110.无秩序;混乱: disorder, disarray, chaos

111.职业: job, career, employment, vocation, position, profession, occupation

112.观点: opinion, perspective, standpoint

#### 副词词组&替换词

113.急剧地: dramatically, sharply, hugely, markedly, drastically, significantly

114.平稳地: steadily, smoothly, gradually, moderately

115.大约: about, almost, nearly, roughly, approximately

116.毫无疑问地: doubtlessly, undoubtedly, unquestionably, beyond any shadow of the doubt

117.一直; 总是: always, invariably

118.最近: nowadays, currently

119.只有;仅仅;唯一: only, unique, distinctive

120.相当; 非常: quite, fairly