

8 天熟记500

口语高频词

ENGLISH
VOCABULARY
IN USE

词汇学习六大误区

1. 词汇量越大越好
2. 背单词只需要背核心三千词
3. 单词背一遍就得记住
4. 阅读的时候每个单词都要认识
5. 单词只背中文意思
6. 背单词用不着查字典

词汇学习四大维度

1. 音 掌握准确发音音，注意特殊语音现象 | pronunciation
2. 形 厘清词性及语法特征 | grammar
3. 义 理解词的基本义、根据实际掌握延伸义 | meaning
4. 用 在搭配、例句中学习 | collocation & sentence

词汇记忆两大因素

1. 重复数量 间隔重复，刻意复习，广泛阅读 | quantity

2. 理解质量 有意识、高质量地进行单词认知 | quality

词汇记忆十六字方针

1. 刻意重复 提高单词复现率
2. 阅读输入 多语境下学单词
3. 清晰认知 主动学习更高效
4. 产生联系 形成词汇记忆网

词汇学习必备工具

1. 朗文英英词典
2. 剑桥英汉词典
3. 柯林斯双解词典
4. 韦氏高阶英汉双解词典
5. 牛津英语搭配词典

实用口语话题

1. 天气

2. 外貌

3. 性格

4. 教育

5. 工作

6. 艺术

7. 电影

8. 音乐

9. 食物

10. 旅行

话题高频词及精选例句

WEATHER

天气

➤ 重点单词

1. muggy adj. 闷热的
2. humid adj. 潮湿的
3. boiling adj. 炎热的

4. Heatwave n. 热浪
5. stifling adj. 闷热的

➤ 精选例句

- In a tropical climate, the weather is often **stifling**, **muggy** and **humid**.
- In other hot climates, there may be **boiling** hot days, and **heatwaves** may be common.

➤ 重点单词

1. shower n. 阵雨

2. extraordinary weather
反常天气

3. pour down 倾盆大雨

4. downpour n. 倾盆大雨

5. torrential rain 暴雨

6. sauna-like weather
闷热天气(桑拿天)

➤ 精选例句

- This rain didn't last long; it's only a **shower**.
- There was **extraordinary weather** in the past few days.
- It was absolutely **pouring down** yesterday.
- In Malaysia there is usually **sauna-like** weather most days

话题高频词及精选例句

APPEARANCE

外貌

➤ 重点单词

- | | |
|---------------------|---------------------------|
| 1. freckle 雀斑 | 6. Charming adj 迷人的 |
| 2. wavy adj. 大波浪卷的 | 7. dimple 酒窝 |
| 3. sunken eye 深陷的眼睛 | 8. wrinkles n. 皱纹 |
| 4. crew-cut n. 平头 | 9. Delicate and pretty 清秀 |
| 5. bald adj. 秃的 | 10. round-faced adj. 圆脸的 |

➤ 精选例句

- Her face was covered with **freckles**.
- She's got long, **wavy** hair and she's **round-faced**.
- He's got a **crew-cut**.
- She had a **dimple** which appeared when she smiled. .

➤ 重点单词

1. plump adj. 丰满的

2. stout adj. 壮的

3. stocky adj. 矮壮的

4. muscular adj. 有肌肉的

5. slim adj. 苗条的

6. skinny adj. 干瘦的

➤ 精选例句

- Fat may sound impolite. Instead we can say that someone is rather **plump** or **stout**.
- If someone is broad and solid, we can say they are **stocky**.
- Someone who is thin can be described as **slim** [positive] or **skinny** [negative].

话题高频词及精选例句

PERSONALITY

性格

➤ 重点单词

- | | |
|-------------------------|-------------------------|
| 1. pessimistic adj. 悲观的 | 3. extroverted adj. 外向的 |
| 2. optimistic adj. 乐观的 | 4. introverted adj. 内向的 |

➤ 精选例句

- Amal is **pessimistic** while Nia is **optimistic** - he always expects the worst to happen while she looks on the bright side.
- Am I more **introverted** or **extroverted**?

➤ 重点单词

- | | |
|-----------------------|--------------------------|
| 1. sensitive adj. 敏感的 | 6. pain in the neck 讨厌的人 |
| 2. reliable adj. 靠谱的 | 7. over the top 戏精, 夸张的 |
| 3. sociable adj. 好交际的 | 8. down-to-earth 接地气 |
| 4. thrifty adj. 节俭的 | 9. frank adj. 坦率的 |
| 5. stingy adj. 小气的 | 10. blunt adj. 嘴直的 |

➤ 精选例句

- My mother taught me to be **thrifty**.
Roberto is very **sensitive**- he gets very upset, if he feels people are criticizing him.

话题高频词及精选例句

EDUCATION

教育

➤ 重点单词

- | | |
|----------------------|--------------------------|
| 1. curve wrecker 学霸 | 4. mid-term 期中测试 |
| 2. prodigy 学神 | 5. end-of-year exam 期末测试 |
| 3. underachiever 后进生 | 6. entrance exam 入学考试 |

➤ 精选例句

- At schools in the UK, students have to take formal **end-of-year** exams.
- At 18, a lot of students **sit** their **university entrance exams**, commonly referred to as 'A levels.'

➤ 重点单词

- | | |
|----------------------|-----------------------|
| 1. sit an exam 参加考试 | 4. fail the exam 挂科 |
| 2. take an exam 参加考试 | 5. flunk the exam 挂科 |
| 3. skip classes 翘课 | 6. pass the exam 通过考试 |

➤ 精选例句

- If you **pass** and do well, you get a high grade.
- If you **skip** classes, you'll probably do badly in the exam.
- Some of them **skip classes** just because they have no interest in certain subjects.

➤ 重点单词

- | | |
|------------------------|------------------------|
| 1. degree n. 学位 | 6. credit n. 学分 |
| 2. bachelor n. 学士 | 7. dissertation n. 论文 |
| 3. postgraduate n. 研究生 | 8. thesis n. 论文 |
| 4. program n. 课程 | 9. graduate n. 毕业生 |
| 5. module n. 学习单元 | 10. specialise v. 专门研究 |

➤ 精选例句

- Students who attend university start with **undergraduate studies**, which are usually the studies towards a **bachelor's degree**.
- They follow a **programme** of different **modules** and have to complete a certain number of **credits**.

话题高频词及精选例句

WORK

工作

➤ 重点单词

1. quit v. 辞职

2. dismiss v. 辞退

3. fire v. 辞职

4. retire v. 退休

5. workaholic n. 工作狂

6. promote v. 升职

➤ 精选例句

- He was so irresponsible that I decided to **dismiss** him.
- I was a **workaholic** and this meant that my health and personal relationships came a distance second to my business.

➤ 重点单词

- | | |
|------------------|-----------------------|
| 1. product n. 产品 | 4. release v/n 释放 |
| 2. mission n. 使命 | 5. announce v. 宣告 |
| 3. update n. 升级 | 6. available adj. 可用的 |

➤ 精选例句

- We launched a new **product** to the market.
- We are pleased to **announce** that all nine candidates were successful.
- She commanded the **release** of the prisoners?

话题高频词及精选例句

ART

艺术

➤ 重点单词

- | | |
|--------------------|------------------------|
| 1. art n. 艺术 | 4. artistic 文艺的 |
| 2. arts n. 文科 | 5. arts and crafts 手工艺 |
| 3. work of art 艺术品 | 6. art lover 艺术爱好者 |

➤ 精选例句

- She's a great **art lover**.
- Ask Sara to help you decorate your room - she's very **artistic**.
- **Arts and crafts** including weaving palm fans will account for one of the many rainforest activities. .

话题高频词及精选例句

MOVIE

电影

➤ 重点单词

- | | |
|------------------|---------------------|
| 1. scene n. 场景 | 5. dialogue n. 对话 |
| 2. set v. 设定 | 6. director n. 导演 |
| 3. capture v. 捕捉 | 7. screenplay n. 编剧 |
| 4. script n. 台词 | 8. score n. 配乐 |

➤ 精选例句

- The James Bond films are always **set** in great locations.
- A lot of work went into the **script** for this, and the **dialogue**'s particularly good.
- The **director** didn't write the **screenplay**.

话题高频词及精选例句

MUSIC

音乐

➤ 重点单词

- | | |
|------------------------|-----------------------|
| 1. taste n. 品味 | 6. rap n. 饶舌 |
| 2. classical music 古典乐 | 7. soundtrack n. 电影原声 |
| 3. folk music 民谣 | 8. canned music 录制音乐 |
| 4. jazz n. 爵士 | 9. fan n. 粉丝 |
| 5. hip-hop n. 嘻哈 | 10. be into 喜欢 |

➤ 精选例句

- My family all have different **tastes** in music.
- My older brother **is into** The Beatles.
- My uncle Ben's a **folk fan** and my father loves **jazz**.
- I even compose a bit of **rap** myself.

话题高频词及精选例句

FOOD

食物

重点单词

- | | |
|---------------------|-------------------------|
| 1. spicy adj. 辣的 | 5. bitter adj. 苦的 |
| 2. sugary adj. 甜的 | 6. sour adj. 酸的 |
| 3. sickly adj. 腻人的 | 7. tasty adj. 好吃的 |
| 4. savoury adj. 好吃的 | 8. tasteless adj. 没有味道的 |

精选例句

- I love **spicy** food, especially curries.
- Those cakes are too **sugary** for me. They have a **sickly** taste.
- They had some delicious **savoury** snacks at the party.

➤ 重点单词

- | | |
|--------------------------|---------------------|
| 1. overcooked adj. 煮得过久的 | 5. heavy adj. 厚实的 |
| 2. undercooked adj. 没煮熟得 | 6. light adj. 清淡的 |
| 3. unripe adj. 没熟的 | 7. organic adj. 有机的 |
| 4. processed food 加工食物 | 8. go off 变质 |

➤ 精选例句

- This meat is **overcooked**.
- I'm afraid this mango is a bit **unripe**.
- Zoe will only buy **organic** fruit and vegetables.
- I don't feel like anything **heavy**. I just want something **light**.

话题高频词及精选例句

TRAVEL

旅行

➤ 重点单词

- | | |
|----------------------|---------------------|
| 1. journey n. (长途)旅行 | 3. travel n./v. 旅行 |
| 2. trip n. (短途)旅行 | 4. voyage n. (正式)旅行 |

➤ 精选例句

- We had a long **journey** by coach.
- We took a business **trip** last week.
- We went on a **trip** to the beach last weekend.
- **Travel** broadens the mind.
- Learning English is a **voyage** of discovery.

➤ 重点单词

- | | |
|---------------------|-----------------------|
| 1. delay n. 延误 | 4. bumpy landing 颠簸降落 |
| 2. cancel v. 取消 | 5. airsick n. 晕机 |
| 3. turbulence n. 气流 | 6. jetlag n. 时差反应 |

➤ 精选例句

- My flight was severely **delayed** and then **cancelled**.
- There was quite a lot of **turbulence** during the flight.
- We had a **bumpy landing**.
- Luckily, I didn't get **airsick** but I had terrible **jetlag** for days afterwards.

➤ 重点单词

- | | |
|-------------------------|-------------------------|
| 1. remote adj. 遥远的 | 4. impressive adj. 惊人的 |
| 2. memorable adj. 难忘的 | 5. delightful adj. 宜人的 |
| 3. fascinating adj. 迷人的 | 6. exceptional adj. 优秀的 |

➤ 精选例句

- The campsite is **remote** and **fascinating**.
- This is turning out to be the most **memorable** holiday I've ever had.
- The town is absolutely **fascinating** with lots of very **impressive** buildings.