

Natural Vision Restoration Progress

Last updated: November 28, 2024

My Eye Prescription History

Whole Number Format

Time	Left Eye Myopia	Left Eye Astigmatism	Right Eye Myopia	Right Eye Astigmatism	Correct Vision
2018.01.27	300	225 525 150	1.0	2022.03.05 350 225 575 175	1.0
2022.11.13	325	200 550 175	0.9	2023.04.20 300 125 500 125	1.0
2024.01.07	300	100 475 125	0.9	2024.11.28 250 100 425 125	0.9

Decimal Format

Time	Left Eye Myopia	Left Eye Astigmatism	Right Eye Myopia	Right Eye Astigmatism	Correct Vision
2018.01.27	-3.00	-2.25 -5.25 -1.50	1.0	2022.03.05 -3.50 -2.25 -5.75 -1.75	1.0
2022.11.13	-3.25	-2.00 -5.50 -1.75	0.9	2023.04.20 -3.00 -1.25 -5.00 -1.25	1.0
2024.01.07	-3.00	-1.00 -4.75 -1.25	0.9	2024.11.28 -2.50 -1.00 -4.25 -1.25	0.9