Psychodynamic Psychotherapy Research: Practice Based Evidence and Evidence Based Practice

Raymond A. Levy, J. Stuart Ablon, Horst Kaechele

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Outcome Research

- --The Efficacy of Psychodynamic Psychotherapy *Jonathan Shedler*, *PhD*
- --Effectiveness of Long-term Psychodynamic Psychotherapy: First Meta-Analytic Evidence and its Discussion Sven Rabung, PhD & Falk Leichsenring, DSc
- --The Helsinki Psychotherapy Study-Effectiveness, Sufficiency, and Suitability of Short and Long-term Psychotherapy Paul Knekt, P.H.D., MSc; Maarit A. Laaksonen, MSc, MSocSc; Tommi Harkanen, PhD; Timo Maljanen, MSc; Esa Virtala; Erki Heinonen, MPsych; Olavi Lindfors, Lic. Psych.
- --The Munich Psychotherapy Study: Must All Have Prizes? Dorothea Huber, PhD, MD; Gerhard Henrich, PhD; Judith Gastner, PhD; Guenther Klug, MD
- --Psychoanalytic and Psychodynamic Psychotherapies for Depression: The Evidence Base *David Taylor*
- --Evidence-Based Psychodynamic Treatments for Anxiety Disorders: A Review

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--An Update and Overview of the Empirical Evidence for Transference Focused Psychotherapy and Other Psychotherapies for Borderline Personality Disorder

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--What Happens After Treatment? Can Structural Change be a Predictor of Long-term Outcome?

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- --The Neurobiological Foundations of Psychotherapy *George Viamontes*
- --Neural Models of Psychodynamic Concepts and Treatments: Implications for Psychodynamic Psychotherapy— *Josh Roffman, MD; Andrew Gerber, MD, PhD; Debra Glick, MA*
- --Foundations of Psychodynamic Therapy: Implicit Emotional Learning *Philip Wong, PhD; Dana Haywood, PhD*
- --Toward Molecular Psychotherapy of Depression *Johannes Lehtonen, MD et al*
- --Psychotherapy Increases the Amount of Serotonin Receptors in Brains of Patients with Major Depressive Disorder *Hasse Karlsson, MD, PhD*
- --Neural Correlates of Emotion, Cognition and Attachment in Borderline Personality Disorder and its Clinical Implications Anna Buchheim, PhD; Roberto Viviani, PhD; Carol George, PhD; Horst Kaechele, MD, PhD; Henrik Walter, MD, PhD

- --Neurobiologically Informed Psychotherapy for Borderline Personality Disorder

 Glen Gabbard, MD
- --Bridging Technology and Psychotherapy: Towards Investigating Psychological and Neural Correlates of Psychodynamic Psychotherapy Sharmin Ghaznavi, MD, PhD; Janet Witte, MD, MPH; Raymond Levy, PsyD; Joshua Roffman, MD

Commentary for Part II: Neurobiology of Psychotherapy: State of the Art and Future Directions— *Andrew Gerber, MD, PhD*

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- --The Contributions of the Psychotherapy Process Q-set to Psychotherapy Research-

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--Attachment Theory and Research: Implications for Psychodynamic Psychotherapy

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- --Studying Defense Interpretation in Psychodynamic Psychotherapy: Impact on Sessions and Complete Treatment *Chris Perry, PhD*
- --When Is Transference Work Useful in Psychodynamic Psychotherapy: A Review of Empirical Research

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--How to Make Practical Use of Therapeutic Alliance Research in Your Clinical Work

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Commentary on Part III: The Coming of Age of Psychoanalytic Treatment Research—

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--Combining Ideographic and Nomothetic Approaches to Single Case Research

Tai Katzenstein, Nnamdi Pole, J. Stuart Ablon, Carrie Olsen

Assessing Change

--Ten Diverse Outcome Measures for Psychodynamic Psychotherapy Research

Caleb Siefert, PhD; Jared DeFife, PhD

--Empirically-Informed Clinical Interviewing for Personality Disorders Jared DeFife, PhD and Drew Westen, PhD --The Structured Interview of Personality Organization (STIPO): An Instrument to Assess Severity and Change of Personality Pathology Susanne Hoerz, Dr. phil, Dipl-Psych; John Clarkin, PhD; Barry Stern, PhD; Eve Caligor, MD

Appendix I

Psychotherapy Process Q-Set—Revised April, 2009 J. Stuart Ablon, PhD; Raymond A. Levy, PsyD and the Psychotherapy Research Program Massachusetts General Hospital

Child Psychotherapy Process Q-Set *Enrico Jones, PhD Celeste Schneider, PhD*

Appendix II

Manualized Treatments for Psychodynamic Psychotherapy Research Carolina Seybert, MA; Ingrid Erhardt, MA; Raymond Levy, PsyD; Horst Kaechele, MD, PhD

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