

# **Peter Fonagy: Curriculum Vitae**

Peter Fonagy, PhD, FBA

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# Peter Fonagy: Curriculum Vitae

## 1. Personal Details

**Name:** Peter Fonagy, PhD  
**Department:** Research Department of Clinical, Educational and Health Psychology  
**Present appointment:** Freud Memorial Professor of Psychoanalysis, Head of Research Department  
**Date of appointment:** 1992

## 2. Education/Qualifications

| Dates     | Detail of degree                         | Institution                    |
|-----------|--|--------------------------------|
| 1971-1974 | B.Sc. Psychology, First Class Honours    | University College London      |
| 1980      | PhD, Medical Research Council Fellowship | University College London,     |
| 1976-1980 | Diploma in Clinical Psychology           | British Psychological Society  |
| 1980-1985 | Training in Adult Psychoanalysis         | British Psychoanalytic Society |
| 1989-1995 | Training in Child Psychoanalysis         | Anna Freud Centre              |

## 3. Professional History (in chronological order)

| Dates        | Detail of position held   | Institution  |
|--------------|---|--|
| 1977-1980    | Trainee Clinical Psychologist   | North East Thames Regional Health Authority  |
| 1977-1987    | Lecturer in Psychology  | University College, London   |
| 1986-1989    | Consultant to Research  | Anna Freud Centre, London  |
| 1988-1992    | Senior Lecturer in Clinical Psychology  | University College London  |
| 1989-2003    | Director of Research  | Anna Freud Centre, London  |
| 1992-present | Freud Memorial Professor of Psychoanalysis  | University of London, London   |
| 1995-2003    | Coordinator, Child and Family Center  | Menninger Clinic, Topeka, Kansas   |
| 1995-2007    | Director, Sub-Department of Clinical Health Psychology  | University College London  |
| 1995-present | Training and Supervising Psychoanalyst  | British Psychoanalytic Society   |
| 2003-present | Consultant, Child and Family Program  | Menninger Department of Psychiatry, Baylor College of Medicine, Houston, Anna Freud Centre, London |
| 2003-present | Chief Executive Officer   | Research Department of Clinical, Educational and Health Psychology, University College London      |
| 2008-present | Head of Department  | UCL Partners   |
| 2010-present | Interim Program Director, Mental Health and Wellbeing Theme                                   | Department of Health   |
| 2011-present | Interim Clinical Lead, Improved Access to Psychological Therapies for Children & Young People |  |

## 4. Other Appointments and Affiliations

### Honorary Professorships and Clinical Posts

| Dates     | Detail of position held                  | Institution                  |
|-----------|--|------------------------------|
| 1980-1985 | Honorary Senior Clinical Psychologist    | Royal Free Hospital, London  |
| 1995-2002 | Adjunct Professor of Clinical Psychology | Kansas University            |
| 1999-2003 | Marie & Scott S. Smith Chair in Child    | The Karl Menninger School of |

|              |                                  |  |
|--------------|----------------------------------|--|
|              | Development                      | Psychiatry and Mental Health<br>Sciences |
| 2003-present | Adjunct Professor of Psychiatry  | Baylor College of Medicine               |
| 2005-present | Clinical Professor of Psychiatry | Yale University, School of Medicine      |

## 5. Prizes, Awards and Other Honours

- 1972      *McDougall Prize in Psychology*, University College London.
- 1992      *The Emmanuel Miller Memorial Lecturer*, Association of Child Psychology, Psychiatry and Allied Professions
- 1993      *Visiting Professor, Sigmund Freud Centre, Hebrew University*, Jerusalem, Israel.  
*Visiting Professor, Department of Psychology, University of Haifa*, Israel.  
*Lawrence K. Frank Memorial Lecturer*, SRCD, New Orleans  
Journal prize for best paper, *Journal of the American Psychoanalytic Association*.
- 1994      *Visiting Professorship in Child Psychiatry, Cornell Medical College*, New York.  
*Beata Rank Lecturer*, Boston Psychoanalytic Society  
*Anna Freud Lecturer*, the Vienna Psychoanalytic Society, Austria
- 1995      *Voorhees Distinguished Professor*, The Menninger Clinic, Topeka, Kansas.  
*Anna Freud Lecturer*, Vienna Psychoanalytic Society.  
*Visiting Professorship, Department of Psychology, University of Haifa*, Israel.
- 1996      *David M. Levy & William Goldfarb Memorial Lecturer*, Columbia University.  
Journal prize for best paper, *Journal of the American Psychoanalytic Association*.  
Keynote Address to the *Canadian Academy of Child and Adolescent Psychiatry*,  
Keynote Address to the 6<sup>th</sup> *World Congress of the World Association of Infant Mental Health*, Helsinki Finland
- 1997      *Fellowship of the British Academy*.  
*Marianne Kris Memorial Lecturer*, Association of Child Psychoanalysis.  
*Stanton Lecturer in Social Psychiatry*, Harvard Medical School.  
*Spitz Lecturer*, Denver Institute of Psychoanalysis and the University of Colorado Health Sciences Center  
*Inclusion in 'Who's Who'*
- 1998      *Millenium Prize for Contributions to Child Psychiatry*, Trondheim University, Norway.

*Elliott Sokoloff Lecturer McGill University, Montreal, Canada*

*Margaret S. Mahler Child Psychotherapy Lecturer, Philadelphia, USA*

First place *Professional Writing Award* in the Scientific Article category of the Menninger Alumni Association, Topeka, Kansas, for the article ‘What do adult attachment scales measure?’

1999      *20<sup>th</sup> Zeitlyn Memorial Lecturer, Cambridge, England*

*Henry Staples Memorial Lecturer, Philadelphia Psychoanalytic Association, Philadelphia, USA*

*Annual Economic and Social Research Council Lecturer* at the British Association for the Advancement of Science “Festival of Science”, Sheffield, England

*Sophia Mirviss Memorial Lecturer, San Francisco Psychoanalytic Institute, San Francisco*

*The 6<sup>th</sup> John Bowlby Memorial Lecturer, The Centre for Attachment-based Psychoanalytic Psychotherapy, London, England*

Keynote address to the *Spring Meeting of Division 39* of the American Psychological Association, New York

2000      *Centenary Lecturer, University of Valencia, Spain*

*14<sup>th</sup> Visiting Professor of Psychoanalysis, Michigan Psychoanalytic Association*

*S.L.M. Luxman Lecturer, Washington Psychoanalytic Foundation, Washington, DC*

2001      *Honorary member, Vienna Psychoanalytic Ambulatorium*

*32nd Franz Alexander Visiting Professor, Cedars Sinai Hospital, Los Angeles, Ca*

*Winnicott Lecturer, World Association of Infant Mental Health Conference, Perth, Australia*

2002      *Sylvia J Schneller Lecture, New Orleans Psychoanalytic Society, New Orleans, LA*

*Elected Honorary Member, International Attachment Network*

2003      Winner of the *Grady Prize* of the National Association for the Advancement of Psychoanalysis, for Best Clinical and Theoretical Book of 2002 (for Fonagy, Gergely, Jurist, & Target, 2002. Affect Regulation, Mentalisation and the Development of the Self)

2004      *47th Sandor Rado Lecturer, American Association for Psychoanalytic Medicine*

*Invited Faculty, American Psychoanalytic Association, Research Training Program, hosted at the Child Study Centre, Yale University School of Medicine*

*Inaugural Annual Muriel Gardiner Lecturer, Yale University School of Medicine*

*17th Annual Stanton Lecturer, McLean’s Hospital, Cambridge, Ma*

- 2005 Recipient of the first *Otto Weininger Memorial Award* for Psychoanalytic Achievement, awarded by the Canadian Psychological Association's Section on Psychoanalysis.
- The 3<sup>rd</sup> Annual Kolvin Lecture*, Royal College of Psychiatrists
- Winner of the *Goethe Award for Psychoanalytic Scholarship*, awarded by the Canadian Psychological Association's Section on Psychoanalysis. (for Fonagy, Gergely, Jurist, & Target, 2002. Affect Regulation, Mentalisation and the Development of the Self)
- 7th annual Sydney Pulver Lecturer*, Psychoanalytic Centre of Philadelphia
- Winner of the *Lancet Paper of the Year* award (for Whittington, C. J., Kendall, T., Fonagy, P., Cottrell, D., Cotgrove, A., & Boddington, E. (2004). Selective serotonin reuptake inhibitors in childhood depression: systematic review of published versus unpublished data. *Lancet*, 363(9418), 1341-1345.)
- Keynote lecture to the *44th Congress of the International Psychoanalytic Association*, Rio de Janeiro, Brazil
- 2006 Plenary lecturer at the *Annual Midwinter Meeting of the American Psychoanalytic Association*, New York, USA
- 3<sup>rd</sup> annual Muriel Gardiner Lecture*, Yale University School of Medicine.
- 4<sup>th</sup> annual Collier Lecture*, University of Rochester Department of Psychiatry
- 2007 *Sigmund Freud Prize of the City of Vienna* for outstanding contributions to psychoanalysis.
- Invited contributor to 2<sup>nd</sup> *Annual Global Creative Leadership Summit*, New York
- Keynote lecture to the 13<sup>th</sup> International Congress of the *European Society of Child and Adolescent Psychiatry*, Florence, Italy
- Annual Jelgersma Lecture*, Department of Psychiatry, Leiden University
- 2008 *The 4<sup>th</sup> Kodera Lecture*, Japanese Psychoanalytic Association, Tokyo
- Keynote lecture, 8<sup>th</sup> *Biannual World Congress of the World Association of Infant Mental Health*, Yokohama, Japan
- Independently authored entry in *Wikipedia* in English and German versions,
- Invited contributor to 3<sup>rd</sup> *Annual Creative Global Leadership Summit*, New York
- Keynote address to the Annual Conference of the *National Society for the Prevention of Cruelty to Children*, London
- Keynote address to the 5<sup>th</sup> *World Congress of Psychotherapy*, Beijing, China
- 2009 *The 4<sup>th</sup> Annual Award for Distinguished Achievement in the Field of Severe Personality Disorders* by the BPD Resource Center

Winner of the *Best Scientific Paper of 2008 Prize* of the American Psychoanalytic Association, with Anthony Bateman, for 8-Year Follow-Up of Patients Treated for Borderline Personality Disorder: Mentalization-Based Treatment versus Treatment as Usual, *American Journal of Psychiatry* 165 (5): 631-638.

The 3<sup>rd</sup> *Annual Robert Wallerstein Lecture*, University of California at San Francisco, 11<sup>th</sup> February 2009

Keynote Address to the 2009 *Annual Meeting of the German Psychosomatic Medicine and Psychotherapy Association*, Mainz, Germany 19<sup>th</sup> March 2009

*Raphling Memorial Lecture*, Washington Psychoanalytic Center, University of Washington, 20<sup>th</sup> March 2009

Keynote Address to the *International Society for Interpersonal Psychotherapy* (ISIPT), New York City, 27<sup>th</sup> March 2009

Opening Keynote Lecture to the *World Psychiatric Association Biannual Congress*, Florence, Italy, 1<sup>st</sup> April 2009

Keynote Lecture, Annual Meeting of the *British Association for Counselling and Psychotherapy*, Portsmouth, England, 25<sup>th</sup> May 2009

Keynote Lecture, 3<sup>rd</sup> *Biannual International Conference of Video Interaction Guidance*, University of Dundee, Scotland, 4<sup>th</sup> September 2009

*Honorary Member*, Swedish Psychoanalytic Society, Elected 24<sup>th</sup> November 2009

*Fellow of the Association for Psychological Science*, Elected December 2009

2010 Keynote Lecture, *Annual Meeting of the British Association of Art Therapist*, 12<sup>th</sup> February 2010

Keynote Lecture, *Annual Meeting of the British Association of Art Therapist*, 12<sup>th</sup> February 2010

*The William Hasenbush Memorial Lecture*, Department of Psychiatry, Harvard University, 7<sup>th</sup> April 2010

Plenary Keynote Lecture, *1<sup>st</sup> World Congress of Borderline Personality Disorder*, Berlin, Germany, July 3<sup>rd</sup> 2010

Plenary Keynote Lecture, *United Kingdom Council for Psychotherapy Research Conference*, London, 10<sup>th</sup> July 2010

Plenary Address, *Biennial Conference of the International Association for the Study of Attachment*, 31<sup>st</sup> August 2010

Major Lecture, *1<sup>st</sup> Asian Conference of the International Psychoanalytic Association*, Beijing, China 2<sup>nd</sup> October 2010

2011 *Mary S. Sigourney Award for Distinguished Contributions to Psychoanalysis*, January 2011

Keynote Lecture, *Annual Meeting of the Hungarian Psychiatric Association*, 28<sup>th</sup> January 2011

## 6. Grants

### A. Currently active

|            |  |                  |
|------------|--|------------------|
| £22,000    | Department of Health, Improved Access to Psychological Therapies Programme: <i>Tender for defining competencies for brief dynamic therapy – Dynamic Interpersonal Therapy (DIT)</i> (PI: Alessandra Lemma, co-PIs Mary Target, Malcolm Allen, Jeremy Clark and Peter Fonagy)   | <b>2010-2011</b> |
| £67,570    | Central and East London CLRN Programme support for <i>START (Systemic Therapy for At Risk Teens): A National Randomized Controlled Trial to Evaluate Multisystemic Therapy in the UK Context</i> through Camden & Islington NHS Foundation Trust (PI: Peter Fonagy, with Steve Pilling, Stephen Butler & Peter Fuggle)   | <b>2010-2011</b> |
| £249,669   | NIHR Research for Patient Benefit (RfPB) Programme <i>A Randomized Controlled Trial of Mentalization Based Therapy against Specialist Supportive Clinical Management in patients with both Eating Disorders and symptoms of Borderline Personality Disorder</i> , (with Dr Paul Robinson, PI)  | <b>2009-2012</b> |
| £802,267   | from National Institute for Clinical Excellence to British Psychological Society for <i>Extension of CORE Clinical Effectiveness and Guidance Programme</i> (with Dr Steve Pilling (PI) and Prof Susan Michie)   | <b>2009-2012</b> |
| \$110,000  | from the Hope for Depression Foundation for <i>Understanding Abnormal Cortical Activation in Infants of Depressed Mothers – A Randomized Controlled Study</i> (with Pasco Fearon (PI), Peter Fonagy, Michelle Slead and Tessa Baradon as co-PI's)  | <b>2009-2011</b> |
| £1,030,241 | from Department for Children, Schools and Families for <i>A National Randomized Controlled Trial to Evaluate Multisystemic Therapy in the UK Context</i> (Peter Fonagy (PI) and 9 other senior collaborators) (£998,741 from the DCSF plus £31,500 NHS Support Costs and approximately £10,000,000 clinical support cost)  | <b>2008-2012</b> |
| £5,450,000 | from NHS Health Technology Assessment (HTA) programme for <i>A Randomised Controlled Trial of Brief Psychodynamic Psychotherapy (BPP), Cognitive Behaviour Therapy (CBT) and Treatment as Usual (TAU)</i> in adolescents with moderate to severe depression attending routine child and adolescent mental health clinics (with Ian Goodyer (PI), Peter Fonagy is lead co-PI) (£2,490,000 from HTA plus £2,960,000 NHS support costs) | <b>2008-2013</b> |
| £1,495,493 | from Department for Children, Schools and Families for <i>An Evaluation of the Targeted Mental Health in Schools (TMHS) Programme</i> (with Dr Miranda Wolpert (PI) and 9 other senior collaborators)  | <b>2008-2011</b> |
| £5,434,000 | from National Institute for Clinical Excellence to British Psychological Society for <i>Extension of CORE Clinical Effectiveness and Guidance Programme</i> (with Dr Steve Pilling (PI) and Prof Susan Michie)   | <b>2001-2010</b> |



|                          |   |                  |
|--------------------------|---|------------------|
| £330,721                 | from Economic and Social Research Council (ESRC) for <i>Domain specific systems in infant processing of emotion expressions: Testing novel predictions from pedagogy theory</i> (with Dr Pasco Fearon (PI) and Professor George Gergely).   | <b>2007-2009</b> |
| £325,000                 | from Department of Education and Skills for <i>Implementing a coherent Framework for Recognition, Assessment and Management of Emotional Abuse (FRAMEA)</i> (with Dr Danya Glaser (PI) and Dr Robert Senior).   | <b>2006-2009</b> |
| €3,100,000               | from EU Marie Curie Research Training Award for <i>European-wide interdisciplinary project on Disorders &amp; Coherence of the Embodied Self (DISCOS)</i> involving nine sites across Europe (distributed across 9 sites, €344,000 London site total) (with Prof Thomas Fuchs (PI) and 7 other senior collaborators). | <b>2006-2009</b> |
| £206,000                 | from Big Lottery Fund Award for <i>Randomised controlled trial of Parent-Infant Psychotherapy (PIP)</i> .(PI) (extended 1 year)   | <b>2005-2008</b> |
| £344,000                 | from Department for Education and Skills for <i>Mellow Parenting Programme to Support the Parenting of Mothers with Personality Disorder</i> (with Dr Janet Feigenbaum (PI)). (extended 1 year)   | <b>2006-2008</b> |
| <b><i>B. Expired</i></b> |   |                  |
| £344,000                 | from Service Delivery Organisation for <i>Learning the lessons: An evaluation of pilot community services for adults with personality disorder</i> (with Dr Mike Crawford (PI) and 4 other senior collaborators).   | <b>2005-2008</b> |
| \$366,340                | from the Borderline Personality Disorder Research Foundation for a <i>Randomised controlled trial of manualised out-patient individual and group therapy for BPD</i> (with Anthony Bateman (PI)).   | <b>2003-2005</b> |
| €4,000                   | from the Heigl Foundation for a <i>Randomised controlled trial of manualised out-patient individual and group therapy for BPD</i> (with Anthony Bateman (PI)).  | <b>2004</b>      |
| £300,000                 | from the National Institute for Clinical Excellence: British Psychological Society: <i>Extension of CORE Unit Grant for Clinical Guidelines Development</i> (with Steve Pilling (PI)).  | <b>2001-2004</b> |
| £215,000                 | from the National Institute for Clinical Excellence: British Psychological Society <i>CORE Unit funding to run Collaborating Centre with remit too develop three national mental health guidelines</i> (PI with Steve Pilling and John Cape).   | <b>2001-2003</b> |
| £70,000                  | from the Lord Ashdown Trust for the <i>Evaluation of three family interventions in cases of sexual and physical abuse</i> (with Marco Chiesa (PI)).   | <b>2001-2002</b> |
| \$225,000                | from the International Psychoanalytic Association for <i>Funding for visiting research professorships in psychoanalysis (RTP)</i> (PI).   |                  |

|           |  |                  |
|-----------|--|------------------|
|           |  | <b>1994-2002</b> |
| \$100,000 | from Hill's Pet Nutrition for Peaceful Schools Project: <i>An RCT of school-based violence prevention</i> (PI).  |                  |
|           |  | <b>1999-2001</b> |
| £30,000   | from the British Psychoanalytic Society for <i>Improving psychoanalytic communication</i> (PI).  |                  |
|           |  | <b>1999-2001</b> |
| \$25,000  | from the Kansas Health Foundation Peaceful Schools Project: <i>An RCT of school-based violence prevention</i> (PI).                                      |                  |
|           |  | <b>1998-2001</b> |
| \$50,000  | from Western Resources for the Peaceful Schools Project: <i>An RCT of school-based violence prevention</i> (PI).   |                  |
|           |  | <b>1998-2001</b> |
| \$200,000 | from the Latimer Foundation for the Peaceful Schools Project: <i>An RCT of school-based violence prevention</i> (PI).                                    |                  |
|           |  | <b>1997-2001</b> |
| £53,374   | from The Wellcome Trust for <i>Social sensitization to interoceptive stimulus cues in infant learning</i> (with George Gergely (PI)).                    |                  |
|           |  | <b>1999-2000</b> |
| \$292,000 | from the Jessie Ball DuPont Fund for the <i>Early Childhood Intervention Project</i> (with Martine Maldonado, PI).                                       |                  |
|           |  | <b>1997-1999</b> |
| \$35,000  | award from the Mary S. Sigourney Foundation to the <i>I.P.A. Research Committee</i> .  |                  |
|           |  | <b>1998</b>      |
| \$10,000  | from The Conboy-Duke Foundation for <i>Research in Child Psychiatry</i> (PI).  |                  |
|           |  | <b>1998</b>      |
| \$50,000  | from Hallmark Cards, Inc. for <i>Research in Child Psychiatry</i> (PI)   |                  |
|           |  | <b>1998</b>      |
| £68,440   | from the Leverhulme Trust for the <i>Investigation of causal versus teleological interpretations of behaviour in infancy</i> (with George Gergely (PI)). |                  |
|           |  | <b>1997</b>      |
| £118,000  | from the British Psychological Society for <i>Outcomes evaluation of the care programme</i> (PI with Paul Clifford and John Cape)                        |                  |
|           |  | <b>1997-1999</b> |
| £53,000   | from the British Psychological Society for <i>The development of a clinical guideline for psychotherapy</i> (PI with Paul Clifford and John Cape)        |                  |
|           |  | <b>1997-1998</b> |
| £10,000   | from the Erich Simenauer Foundation for research into the <i>Long term outcome of child analysis</i> (PI)  |                  |
|           |  | <b>1996</b>      |
| £24,497   | from the Edith Ludowyk-Gyomroi Charitable Trust for <i>Dyadic interaction</i> (PI with Mary Target)  |                  |

|           |  |                  |
|-----------|--|------------------|
|           |  | <b>1996-1997</b> |
| £40,000   | from the Economic and Social Research Council for the <i>Development and understanding in infancy</i> (with George Gergely (PI))                                       |                  |
|           |  | <b>1997-1999</b> |
| \$60,000  | from the Five-O Foundation Long term outcome of early childhood trauma: <i>Genetic and psychosocial factors in depression</i> (PI)                                     |                  |
|           |  | <b>1996-1998</b> |
| \$715,836 | from the Margaret T. de Neufville Fund for the <i>Research in Child Psychiatry</i>   |                  |
|           |  | <b>1996-1999</b> |
| £68,750   | from the Leverhulme Foundation for <i>The development of the teleological stance in infancy</i> (with George Gergely (PI))   |                  |
|           |  | <b>1996-1998</b> |
| \$152,000 | from the Jessie Ball duPont Foundation for <i>Behavioral and emotional symptoms in infants and preschool children</i> (with Martin Maldonado: (PI))                    |                  |
|           |  | <b>1996-1998</b> |
| \$370,000 | from the Jack Taylor Family Foundation <i>Research in Child Psychiatry</i>   |                  |
|           |  | <b>1996-1997</b> |
| \$60,000  | from the Kenworthy-Swift Foundation for <i>Attachment characteristics and their internal representation in behavior disordered preschoolers</i> (with Dan Hoover (PI)) |                  |
|           |  | <b>1996-1998</b> |
| \$10,000  | from the Danziger Trust for <i>Transgenerational transmission of trauma in Holocaust survivors</i> (with Avi Sagi (PI))  |                  |
|           |  | <b>1996</b>      |
| \$175,000 | from the Good Samaritan, Inc. for <i>Youth Homes evaluation</i> (with Carrie Barber (PI))  |                  |
|           |  | <b>1996-1998</b> |
| \$30,000  | from the Peacock Foundation: <i>Research in Child Psychiatry</i>   |                  |
|           |  | <b>1996</b>      |
| £105,000  | from the Ludowyk Trust for <i>Investigations of the use of psychoanalytical concepts</i> (PI)  |                  |
|           |  | <b>1993-1996</b> |
| £109,000  | from the Gatsby Foundation for <i>The follow-up of child psychotherapy into adulthood</i> (PI)   |                  |
|           |  | <b>1995-1997</b> |
| £275,000  | from the National Health Service Executive, Department of Health Psychology <i>Audit Development Research Unit</i> (PI with John Cape)                                 |                  |
|           |  | <b>1995-1998</b> |
| \$50,000  | from The New-Land Foundation for <i>Preparatory work necessary for major prospective study at Anna Freud Centre</i> (PI)   |                  |
|           |  | <b>1994-1995</b> |
| £7,000    | from the Van Leer Foundation to <i>Develop a package of measures to evaluate child therapy.</i> (PI)   |                  |
|           |  | <b>1994</b>      |

|            |  |                  |
|------------|--|------------------|
| £25,000    | from the North West Thames Regional Authority for <i>Developing a system for auditing departments of psychology</i> (PI)   | <b>1993-1994</b> |
| 100,000 DM | from the Kohler Stiftung for a <i>Five year follow-up of Anna Freud Centre/UCL parent-child project</i> . (PI with Miriam Steele, and Howard Steele)                               | <b>1993-1994</b> |
| £60,000    | from the Economic and Social Research Council for <i>Predicting the quality of parent-child relationships: links across generations</i> (PI with Miriam Steele, and Howard Steele) | <b>1992-1994</b> |

## 7. Academic supervision

### A. *MSc and D.Clin.Psych. Research Supervision*

Supervision of 2-3 MSc and 2-3 professional doctorate students graduating per year.

### B. *PhD Student Supervision*

Currently supervisor of 2 full-time and 4 part-time Ph.D. students. Completed supervision as principal supervisor of *36 awarded research PhDs* since 1986 (no failures, only one major revision).

- 1987      **Moran**, George Strich. Empirical investigations and psychoanalytic approaches to the management of psychological aspects of juvenile onset diabetes mellitus
- Shamsavari**, Farzad Amai. Social cognition, self-esteem and popularity in preadolescent children
- 1988      **Richardson**, Philip Hughes. The placebo effect: an empirical examination of affective and cognitive factors in psychological responses to medical treatments
- Vincent**, Charles Anthony. The treatment of headache by acupuncture
- 1990      **Amirzadeh-Shams**, Abdul-Majid. Psychophysiological aspects of anxiety and depression
- Ivanochko**, Elizabeth Anne. The development of a self-report measure of Minuchin's concepts of enmeshment and disengagement
- 1991      **Hamilton**, Victoria Edith. Patterns of transference: an empirical study
- Steele**, Howard. Adult personality characteristics and family relationships: the development and validation of an interview-based assessment technique
- Steele**, Miriam Nurit. Intergenerational patterns of attachment
- 1993      **Arundale**, Carol Jean. Psychotherapy supervision: impacts, practices and expectations
- Miller**, Jill Marie. The development and validation of a manual of child psychoanalysis
- Sobreira Lopes**, Rita De Cassia. The relationship of moral development to parent-child conflict in adolescence
- 1994      **Parr**, Maureen Avis. A retrospective study of the outcome of psychotherapy and psychoanalysis for children with and without chronic medical conditions
- Target**, Helen Mary Anne. The outcome of child psychoanalysis: a retrospective investigation
- 1996      **China**, Jacques Lefebvre. Attachment and object-relations theory
- Fletcher**, Amira. A psychodynamic investigation of a premature babies unit (the implementation of an action research strategy)
- Holder**, Juliet Elizabeth. The influence of parent and parent-child patterns of attachment on the development of children's understanding of minds

- 1997 **Woolgar**, Matthew Jonathan. Parental, infant and early childhood attachment classification and its relationship to sociomoral development
- 1998 **Diamant**, Iian. The theory of mind in borderline personality disorder: evidence from the representation of deception.
- Orbach**, Susie. The construction and expression of a gendered mind and body: contributions of a psychoanalytic approach.
- 1999 **Fearon**, Richard Michael Pasco. Shared and non-shared influences on the development and attachment in twins
- Rathbone**, June Alice. Anatomy of Masochism
- 2000 **Schneider**, Tiffany. Measuring adaptation in middle childhood: the development of the Hampstead Child Adaptation Measure (HCAM)
- Yabsley**, Susan Anne. The reflection of patterns of attachment in infancy in the narratives of pre-school children
- 2001 **Knox**, Jean Margaret. The effect of emotion on memory and perception: an information-processing investigation of certain psychodynamic concepts using the Headed Records Model.
- Spensley**, Sheila Ross. A comparative study of maternal attachment in three groups of mothers having a child with learning impairment
- 2002 **Shmueli**, Aviya. The role of personality factors and attachment status in the selection and training of psychological therapists: A psychoanalytic approach
- 2003 **Clifford**, Paul. An infometric approach to mental health outcome measurement
- 2004 **Sochos**, Antigonos. The assessment of representational change in individuals undergoing cognitive analytic therapy: Developing an attachment theory based methodology
- Gerber**, Andrew. Psychodynamic psychotherapy for severe personality disorders: A quantitative study of treatment process and outcome
- 2005 **Schachter**, Abby. Long-term follow-up of children treated in psychoanalysis at the Anna Freud Centre
- 2006 **Younger**, David Batkin. The development of a dyadic reflective functioning questionnaire (DRFQ)
- 2007 **Glowacki Colton**, Antonia. The Anna Freud Centre Narrative Coding System: A Study of the Reliability and Validity of a New Coding System for the MacArthur Narrative Story Stem Battery.
- 2008 **Pilling**, Steven. Challenges for Evidence Based Medicine in the Evaluation of Complex Health Care Interventions
- 2009 **Vrouva**, Ioanna. Self-harming and borderline personality disorder traits in adolescence: The role of attachment relationships and mentalising
- Kumar**, Manasi. Impact of disasters on children in adversities: Attachment interviews with child survivors of Gujarat earthquake-and-riots
- 2010 **Marin-Avellan**, Luisa. Systematising Clinician Judgement of Personality and Risk:

- 2011 **McGauley, Gill**, Adult attachment status and psychological disorder: The predictive validity of the Adult Attachment Interview in violent, personality-disordered patients

## 8. Research

### A. Overview

My research work has largely focused on the integration of psychodynamic theoretical and clinical work with empirical research strategies primarily in the areas of early emotional development and psychosocial treatment research specifically with severe personality pathology. A major contribution has been an innovative research-based dynamic therapeutic approach developed by the Psychoanalysis Unit in collaboration with a number of clinical sites both in this country (the Anna Freud Centre, the Halliwick Psychotherapy Service, the Marlborough Family Service, the Brandon Centre, Islington CAMHS) and in the US (the Menninger Clinic and the Yale Child Study Center). This has come to be known as “mentalization based treatment” or MBT and has been the subject of a number of recent books by our team (*Mentalization Based Treatment for Borderline Personality Disorder: A Practical Guide* – Oxford; *Mentalizing in Clinical Practice*- American Psychiatric Press) and collections of papers (*Handbook of Mentalization Based Treatment* – Wiley), as well as increasingly others who have adopted our approach (Busch (ed) *Mentalization: Theoretical considerations, research findings, and clinical implications*.; Slade & Jurist, (eds), *Mind to Mind: Infant Research, Neuroscience and Psychoanalysis*). It is based on a developmental research relevant to a theory of personality disorder reported in a frequently cited 1991 paper (*Maternal representations of attachment during pregnancy predict the organization of infant-mother attachment at one year of age*) and a number of books from our group (*Attachment Theory and Psychoanalysis* – Other Press; *Affect Regulation, Mentalization and the Development of the Self* – Other Press). The books have been translated into most major languages and some not so major ones (Korean, Danish, Norwegian, Czech, Japanese, Hungarian).

I am engaged in a major collaborative programmes exploring developmental psychopathology from an attachment-mentalization perspective. A longstanding collaboration with the Child and Family Program of the *Menninger Clinic* (consistently rated in the top three of US psychiatric hospitals) has been successfully extended to include the *Yale Child Study Center* (top rated Department of Child Psychiatry in the US based in the 2<sup>nd</sup> highest ranked university by world league tables such as the THES). This international collaboration has yielded a number of cutting-edge research programs funded from the *Menninger Child and Family Center endowment* and other extra-mural sources. The most recent of these include a study of infant-mother attachment classification and brain imaging (Strahearn), the hyper-scanning (fMRI) of an economic exchange (trust) task with individuals with borderline personality disorder (King-Casas, Montague) and the neural correlates of attachment and borderline personality disorder (Sharp). The first of these collaborative programmes has succeeded in identifying differences in brain responses to infant affect expressions in normal mothers (published in *Pediatrics*) and a moderation of this neural response by mother’s attachment classification. The hyperscanning study of BPD is the biggest imaging study of the disorder so far (we have imaged 55 BPD patients) and a report was published in *Science*. The Yale connection has led to an exciting new development at the Anna Freud Centre where we have received funds to build a £250,000 dense array EEG laboratory (*EGI*), modeled on Dr Mayes’ infant laboratory at Yale. Here, with UK collaborators (with Fearon - *Reading*, McCrory - *UCL*), we are investigating the neural correlates of emotional development and maltreatment-associated attachment disorganization in very young children.

A second thread of my research involves UK research collaborations including several multi-site psychosocial treatment trials. A randomized controlled trial of manualised out-patient therapy for borderline personality disorder, in collaboration with Anthony Bateman, which was funded by the *Borderline Personality Disorder Research Foundation* is now completed having randomized the largest group of patients with a diagnosis of BPD (n=134) so far reported. This is also at the core of

our contribution to the Europe-wide interdisciplinary Marie Curie Programme on Disorders & Coherence of the Embodied Self (DISCOS) involving nine sites across Europe where I am the Project leader for UK site (€3,100,000 total, distributed across 9 sites). Another completed trial is the *Peaceful Schools Project* (a cluster randomized study of a highly economical mentalization based violence prevention programme for schools) a major report is under final revision for the major child psychiatry journal (*JCPP*). We have completed an SDO funded Evaluation of pilot community services for adults with personality disorder (PI: Mike Crawford, £286,076) with a report recently accepted by the *British Journal of Psychiatry*. A randomized controlled trial of parent-infant psychotherapy, with support from the Community Fund (£206,000 for 2004-8) is also under way. We have also won a grant from the Ministry of Justice to support clinical work in a unique prison-based project working with mothers incarcerated with infants in mother and baby units to help them develop the skills necessary for establishing strong early relationships with their child. With two child psychiatrists (Bevington, Asen), Mary Target and I are working to develop an integrative multimodal treatment for severe acute psychiatric disturbance in adolescents and young adults, part-funded by the John Lyons Charity (£90,000). We were recently awarded from Department of Children, Schools and Families £1,014,000 for *A National Randomized Controlled Trial of Multisystemic Therapy in England* for which I am PI with 9 other senior collaborators. The NHS Health Technology Assessment (HTA) programme has also awarded us £2.46m to conduct a *Randomised Controlled Trial of Brief Psychodynamic Psychotherapy (BPP), Cognitive Behaviour Therapy (CBT) and Treatment as Usual (TAU) in adolescents with moderate to severe depression*, led by Ian Goodyer from Cambridge, where I am principal co-applicant and in charge of the North London site (the project comes with an additional £2,960,000 NHS support costs). I have assisted Dr Wolpert in setting up the CAMHS *Evidence Based Practice Unit* based at the Anna Freud Centre and am co-PI (with Norah Frederickson) on her recently awarded grant from the Department of Children, Schools and Families *An Evaluation of the Targeted Mental Health in Schools (TMHS) Programme* (£1,495,493).

I have been fortunate in receiving significant recognition for my research contributions. I was honoured to be elected to the *British Academy* eleven years ago, at the age of 45, and have contributed actively to the psychology section, reviewing funding applications and proposing and assessing proposals for new members. The following year I received the Gradiva Prize of the US National Association for the Advancement of Psychoanalysis. In 2005 I was fortunate to be presented with the *Otto Weininger Memorial Award for Achievement* by the Psychoanalytic Section of the Canadian Psychological Association and in 2007 I received the *Sigmund Freud Prize of the City of Vienna*. This year I was awarded the *4th Annual Award for Distinguished Achievement in the Field of Severe Personality Disorders* by the BPD Resource Center.

## **B. Publications**

### ***i. Summary and selected citation statistics and most cited works***

|  |     |
|--|-----|
| Number of peer reviewed original papers (inc. papers in press):  | 342 |
| Number of authored and co-authored books:                        | 15  |
| Number of foreign translations:                                  | 25  |
| Number of edited books:  | 13  |
| Number of book chapters (inc. in press chapters):                | 192 |
| Average annual (2005-2010) citations of papers (Web of Science): | 521 |
| Number of papers cited more than 100 times                       | 12  |
| H-index (Web of Science):  | 39  |
| H-index (Google Scholar, incl. chapters):                        | 64  |



| Papers (in order of total ISI citations since publication)  | Total citations (ISI) | Total citations (Google Scholar) | Mean (per year) since publication |
|---|-----------------------|----------------------------------|-----------------------------------|
| Whittington, C. J., Kendall, T., <b>Fonagy</b> , P., Cottrell, D., Cotgrove, A., & Boddington, E. (2004). Selective serotonin reuptake inhibitors in childhood depression: systematic review of published versus unpublished data. <i>The Lancet</i> , 363(9418), 1341-1345   | 354                   | 588                              | 44.25                             |
| <b>Fonagy</b> , P., Steele, H., & Steele, M. (1991). Maternal representations of attachment during pregnancy predict the organization of infant-mother attachment at one year of age. <i>Child Development</i> , 62, 891-905.   | 354                   | 649                              | 16.9                              |
| Bateman, A., & <b>Fonagy</b> , P. (1999). The effectiveness of partial hospitalization in the treatment of borderline personality disorder - A randomized controlled trial. <i>American Journal of Psychiatry</i> , 156(1), 1563-1569   | 314                   | 643                              | 24.15                             |
| <b>Fonagy</b> , P., Leigh, T., Steele, M., Steele, H., Kennedy, R., Mattoon, G., Target, M., and Gerber, A. (1996). The relation of attachment status, psychiatric classification, and response to psychotherapy. <i>Journal of Consulting and Clinical Psychology</i> , 64, 22-31.   | 301                   | 515                              | 18.8                              |
| <b>Fonagy</b> , P., & Target, M. (1997). Attachment and reflective function: Their role in self-organization. <i>Development and Psychopathology</i> , 9, 679-700   | 201                   | 539                              | 14.4                              |
| Bateman, A., & <b>Fonagy</b> , P. (2001). Treatment of borderline personality disorder with psychoanalytically oriented partial hospitalization: an 18-month follow-up. <i>American Journal of Psychiatry</i> , 158(1), 36-42   | 193                   | 443                              | 17.6                              |
| <b>Fonagy</b> , P., & Target, M. (1996). Playing with reality: I. Theory of mind and the normal development of psychic reality. <i>International Journal of Psycho-Analysis</i> , 77, 217-233   | 177                   | 162                              | 11.1                              |
| <b>Fonagy</b> , P. (1991). Thinking about thinking: Some clinical and theoretical considerations in the treatment of a borderline patient. <i>International Journal of Psycho-Analysis</i> , 72, 1-18   | 160                   | 397                              | 8.0                               |
| <b>Fonagy</b> , P., Steele, M., Steele, H., Leigh, T., Kennedy, R., Mattoon, G., et al. (1995). Attachment, the reflective self, and borderline states: The predictive specificity of the Adult Attachment Interview and pathological emotional development. In S. Goldberg, R. Muir & J. Kerr (Eds.), <i>Attachment theory: Social, developmental and clinical perspectives</i> (pp. 233-278). New York: Analytic Press. | 142                   | 769                              | 8.88                              |
| <b>Fonagy</b> , P., Steele, M., Steele, H., Higgitt, A., & Target, M. (1994). The Emmanuel Miller Memorial Lecture 1992. The theory and practice of resilience. <i>Journal of Child Psychology and Psychiatry and Allied Disciplines</i> , 35, 231-257.   | 135                   | 197                              | 7.5                               |
| Steele, H., & Steele, M., & <b>Fonagy</b> , P. (1996). Associations among attachment classifications of mothers, fathers, and their infants: Evidence for a relationship-specific perspective. <i>Child Development</i> , 67, 541-555.  | 127                   | 280                              | 7.9                               |
| <b>Fonagy</b> , P. (1999). Memory and therapeutic action. <i>International Journal of Psycho-Analysis</i> , 80, 215-223.  | 95                    | 238                              | 7.31                              |
| Bateman, A. W., & <b>Fonagy</b> , P. (2008). 8-year follow-up of  | 59                    | 121                              | 14.75                             |

patients treated for borderline personality disorder - mentalization based treatment versus treatment as usual. *American Journal of Psychiatry*, 165, 631–638.

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|---|----|-----|------|
| Bokhorst, C. L., Bakermans-Kranenburg, M. J., Fearon, R. M., van IJzendoorn, M. H., Fonagy, P., & Schuengel, C. (2003). The importance of shared environment in mother-infant attachment security: a behavioral genetic study. <i>Child Development</i> , 74(6), 1769-1782. | 55 | 150 | 6.11 |
| King-Casas, B., Sharp, C., Lomax, L., Lohrenz1, T., Fonagy, P., & Montague, P. R. (2008). The rupture and repair of cooperation in borderline personality disorder (with). <i>Science</i> , 8;321(5890), 806-810.   | 45 | 60  | 11.3 |

## ii. Peer reviewed original papers

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- Calloway, S. P., Fonagy, P., & Pounder, R. F. (1982). Frequency of swallowing in duodenal ulceration and hiatus hernia. *British Medical Journal (Clinical Research Ed.)*, 285(6334), 23-24.
- Fonagy, P. (1982). The integration of psychoanalysis and empirical science: A review. *International Review of Psychoanalysis*, 9, 125-145.
- Fonagy, P., & Slade, P. (1982). Punishment vs negative reinforcement in the aversive conditioning of auditory hallucinations. *Behaviour Research And Therapy*, 20(5), 483-492.
- Kogeorgos, J., Fonagy, P., & Scott, D. F. (1982). Psychiatric symptom patterns of chronic epileptics attending a neurological clinic: a controlled investigation. *British Journal of Psychiatry*, 140, 236-243.

### 1983

- Calloway, P., Fonagy, P., & Wakeling, A. (1983). Autonomic arousal in eating disorders: further evidence for the clinical subdivision of anorexia nervosa. *British Journal of Psychiatry*, 142, 38-42.
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- Fonagy, P., & Higgitt, A. C. (1983). A note on statistical inference in meta-analysis. *Behaviour Research And Therapy*, 21(1), 87-88.
- Golding, E., Fonagy, P., Pearce, S., & Pugh, R. (1983). Learning ability in dementia. Automated assessment: A pilot study. *The International Neuropsychology Society Bulletin*, 10, 120-122.
- Higgitt, A. C., & Fonagy, P. (1983). Psychotherapy and neurotics (Calloway & Fonagy). *Archives of General Psychiatry*, 40(4), 470-471.
- Kpgeorgos, J., Fonagy, P., & Scott, D., F. (1983). Psychiatric-Symptoms in Chronic Epileptics. *Brit J Psychiat*, 142, 103.

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- Calloway, S. P., Dolan, R. J., Fonagy, P., De Souza, V. F., & Wakeling, A. (1984). Endocrine changes and clinical profiles in depression: I. The dexamethasone suppression test. *Psychological Medicine*, 14(4), 749-758.
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- Fonagy, P., & Higgitt, A. C. (1984). Hemispheric asymmetry and sleep. *Sleep Topics*, 4, 3-4.
- Moran, G. S., Fonagy, P., & Kurtz, A. (1984). Diabetic control and psychological status (Abstract). *Diabetologia*, 27, 312.

### 1985

- Calloway, S. P., & Fonagy, P. (1985). Aerophagia and irritable bowel syndrome (letter). *The Lancet*, 2(8468), 1368.
- Calloway, S., P., & Fonagy, P. (1985). On Learning from the Patient Review. *International Journal of Psychoanalysis* 66, 507-508.
- Dolan, R. J., Calloway, S. P., Fonagy, P., De Souza, F. V., & Wakeling, A. (1985). Life events, depression and hypothalamic-pituitary-adrenal axis function. *British Journal of Psychiatry*, 147, 429-433.
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- Fonagy, P. (1986). Mini-survey of psychoanalytic practice. *Bulletin of the British Psycho-Analytical Society*, 58, 41-50.
- Fonagy, P., & Calloway, S. P. (1986). The effect of emotional arousal on spontaneous swallowing rates. *Journal of Psychosomatic Research*, 30(2), 183-188.
- Higgitt, A., Lader, M., & Fonagy, P. (1986). The effects of the benzodiazepine antagonist Ro 15-1788 on psychophysiological performance and subjective measures in normal subjects. *Psychopharmacology*, 89(4), 395-403.
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- Fonagy, P., Moran, G. S., Lindsay, M. K. M., Kurtz, A. B., & Brown, R. (1987). Psychological adjustment and diabetic control. *Archives of Disease in Childhood*, 62, 10009-11013.
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- Fonagy, P. (1989). The redefining of theory in clinical practice: Discussion of Dr Michael Parsons paper. *Bulletin of the British Psycho-Analytical Society*, 25, 37-42.
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## vi. Reports

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- Fonagy, P., Matthews, R. & Pilling, S. (2004) The Mental Health Outcomes Measurement Initiative: Report from the Chair of the Outcomes Reference Group. National Collaborating Centre for Mental Health.
- Wolpert, M., Fonagy, P., Frederickson, N., Day, C., Rutter, M., Humphrey, N., et al. (2008). Review and recommendations for national policy for England for the use of mental health outcome measures with children and young people. London: Report for Department of Children Schools and Families and Department of Health.



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***vii. Available manuals and unpublished monographs:***

Fonagy, P., Edgumbe, R., Target, M., Miller, J., & Moran, G. (1996) Psychodynamic Child Therapy: Theory and Technique. The Anna Freud Centre and University College London, London, United Kingdom.

Hammond, L., Fonagy, P. & Steele, M. (1997). Manual for Rating Children's Narrative Based on the McArthur Story Stems. The Anna Freud Centre and University College London, UK.

Fonagy, P, Steele, M., Steele, H., Target, M. (1998) Reflective Functioning Manual, Version 5.0: for application to Adult Attachment Interviews. University College London, London, United Kingdom.

Asen, E., Fonagy, P., Target, M., Bevington, D., Malik, R. & Dawson, N. (2005). Integrative, Multimodal Treatment Project for Severe, Acute Psychiatric Disturbance in Adolescents and Young Adults: Training Programme 2005-2006. London: UCL.

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## 9. Knowledge Transfer: Details of significant appointments

|              |  |
|--------------|--|
| 2010-present | Interim clinical lead, IAPT for Children and Young People  |
| 2009         | Chair, Working Group on Mental Health Themes for the <i>UCL Partners Academic Health Sciences Centre</i>   |
| 2008-2011    | Member, Psychotherapists and Counselors Professional Liaison Group, <i>Health Professions Council for England</i> .  |
| 2008-2009    | Co-Chair, New Ways of Working for Psychological Therapists, Work Stream I, Evidence Based Therapies, <i>Department of Health, England and Wales</i>  |
| 2007-2009    | Member, National Guideline Development Group for the Treatment and Management of Antisocial Personality Disorder in England and Wales, Commissioned by the <i>National Institute of Clinical Excellence</i>    |
| 2007-2009    | Chair, Strategy Group, <i>Development of National Occupational Standards for Psychological Therapies</i> ,   |
| 2007-2009    | Member, Expert Psychology Panel, UK representative on Journal Impact Rating, <i>European Science Foundation ERIH Programme</i> .   |
| 2004-        | Member, Mental Health Research Network in Child Psychiatry, <i>National Institute of Mental Health for England</i> .   |
| 2004-        | Chair, Ad hoc panel review board, <i>National Institute of Mental Health, USA</i>  |
| 2003-2004    | Chair, Reference Group on Routine Measurement of Mental Health Service Outcomes advising the <i>National Institute of Mental Health for England (NIMHE)</i> , Department of Health, UK.                        |
| 2003         | Advisor on evaluation of prevention and early intervention initiative, <i>French Ministry of Health</i>  |
| 2002-2005    | Chair, National Guideline Development Group for the Treatment and Management of Childhood Depression in England and Wales, Commissioned by the <i>National Institute of Clinical Excellence</i>                |
| 2002-2005    | Senior Advisor on Outcomes, <i>Adult Mental Health Branch, Department of Health</i>  |
| 2002-2004    | Child and Adolescent Mental Health Service-National Service Framework External Work Group Outcomes Subgroup, <i>Department of Health</i>   |
| 2002-2003    | Member of the CORE group overseeing Phase 1 of the rollout of the routine outcome measures in NHS secondary and tertiary adult mental health services, <i>Adult Mental Health Branch, Department of Health</i> |
| 2001-2002    | Member of the Expert Group on Outcomes Measurement, <i>Department of Health (Mental Health branch)</i>   |
| 2000-2001    | Academic Advisory Board, <i>Presidential Commission on Violence Prevention, Washington, DC</i>   |
| 1999         | Consultant, National action plan to prevent children's exposure to violence. <i>US Department of Justice</i>   |

|                |  |
|----------------|--|
| 1998 – present | Expert Panel, <i>National Health Service Executive, R &amp; D</i>  |
| 1998           | N.H.S. Review of Psychotherapies, <i>North Thames Regional Office Implementation Group</i>   |
| 1998           | Consultant to Chief Medical Officer's (Sir Donald Acheson) Inquiry into Social Inequalities in Health (Early Developmental Influences), <i>Department of Health</i>          |
| 1996 – present | Founding member and currently Honorary Director of Finance, <i>Psychoanalytic Electronic Publishing</i> .  |
| 1994           | Member of scientific programme committee on 'Parental vulnerability and infant psychopathology (epidemiologic approach, prediction and prevention)', <i>INSERM, France</i> . |
| 1994           | Commissioned scientific review on effectiveness of psychotherapy, <i>Department of Health</i> (with A. Roth).  |
| 1993           | Department of Health Working Party on the audit of psychotherapy in the NHS, <i>Department of Health</i> .   |
| 1993-1996      | Member, Chief Medical Officer's Working Group on Variations in Health, <i>Department of Health</i> .   |

## 10. Teaching

### A. Overview

I have a leadership role in the development and ongoing growth of *clinical psychology within UCL and the teaching of psychoanalysis*. There was no clinical psychology at UCL when I joined the staff in 1977. In 2007 we celebrated the 20th Anniversary of the Clinical Psychology Professional training programme which I established at UCL and which I am still proud to co-Direct. It took 10 years (1977 to 1986) for us to be able to establish a programme by first developing undergraduate clinical courses, then a diploma course and finally a Masters programme accredited by the Professional body (the BPS). The course has ultimately become the most popular and respected doctoral programme in the UK. When cuts were imposed on almost all other UK based courses in 2007, UCL retained all its 42 new commissions (126 in total), which indicates the esteem in which this course is held by the Strategic Health Authority. In 2010, with many courses experiencing substantial cuts, UCL had only a 5% cut in its contracted 2011 intake which it will make up from training psychologists intending to practice overseas. It remains the most popular program in the country in terms of number of applications. I have overseen a successful major expansion of the programme (from 5 to 42 intake) associated with staff expansion (from 4 to 24), change of degree status (MSc to Doctoral degree), pay scale and workload reallocation negotiations, introduction of new examination procedures and new team-based internal administrative structure. We have successfully negotiated several major QAA reviews, an HPC review and 5 BPS quinquennial reviews, the last of which identified UCL as housing a 'beacon programme'. While these developments represent an extraordinary team effort I feel proud of the robust health of the Clinical programme and its capacity to retain its leadership position through massive changes in the NHS, the profession and the University.

The new collaborative venture with Educational Psychology colleagues, to establish a new certificate, diploma or MSc course in *Cognitive Behavior Therapy and Other Evidence Based Interventions for Children and Working Age Adults* is a further creative development in professional training of psychologists at UCL. The programme was established in anticipation of the training needs that will be created by the roll-out of the *Improved Access to Psychological Therapies* (IAPT) initiative (a budget last 3-years was £175m p.a. and £400 allocated to current funding round). We have successfully bid, in collaboration with the Institute of Psychiatry, to be providers of training for 52

‘Low Intensity CBT therapists’ per year. (The Institute of Psychiatry trains the ‘High Intensity’ workers.) and in 2008-2009 established the *Increasing Access to Psychological Therapies Postgraduate Diploma* which is continuing full strength despite cuts in 2010-2011.

In addition to developing clinical psychology teaching I have worked hard to fulfill the mission of my endowed Chair: the promotion of the teaching of psychoanalysis at a world class university. The cumulative effort over fifteen years provide evidence for the success of these efforts. In 1993 I established the *MSc in Psychoanalytic Developmental Psychology* in collaboration with the Anna Freud Centre and in 1996 the *MSc in Theoretical Psychoanalytic Studies* with major contributions from the Institute of Psychoanalysis. In 2000 we set up a *Doctorate in Child Psychotherapy*. In 2006, I initiated and contributed to the successful establishment of a joint Masters programme with Yale University covering a psychodynamic approach to developmental psychopathology from a neuroscience perspective (*MSc in Psychodynamic Developmental Neuroscience*). This is an exciting collaboration which has strong support from the Yale Medical School and may well lead to a degree awarded jointly by the two universities. A further initiative in 2009-2010 was the establishment of a psychoanalytic research school to provide doctoral level research supervision for those interested in pursuing a doctoral research degree in psychoanalysis. Taken together, UCL, with the most respected psychoanalytic scholars on its Faculty (Mitchell, Target & Tuckett) is internationally acknowledged as the foremost psychoanalytic academic centre and has the strongest body of psychoanalytic teaching anywhere in the world. This is reflected in the large number of overseas applicants who have completed these highly successful programmes.

## ***B. Details of current responsibilities***

### ***i. Courses taught at UCL***

*Doctorate in Clinical Psychology* lectures on: Developmental Psychopathology, Attachment, Borderline Personality Disorder, and Psychoanalytic approaches to health psychology (12-15 hours per year) . Some public case supervision (9 hours per year).

*Undergraduate teaching:* Final year psychopathology, (Borderline personality disorder)

*MSc in Theoretical Psychoanalytic Studies* lectures on: American theories, Anxiety and Separation, Overview of post Freudian schools of analysis (12 hours per year)

*MSc in Psychodynamic Developmental Neuroscience* lectures on development and psychoanalysis (3 hours per year)

*MSc in Psychoanalytic Developmental Psychology* lectures on the work of Joseph Sandler, mentalization based treatments (3 hours per year)

### ***ii. MSc and D.Clin.Psych. Research Supervision***

Supervision of 2-3 MSc and 6 professional doctorate students per year.

### ***iii. Examining Responsibilities***

Chair, Exam Board *Doctorate in Clinical Psychology* (total FTE= 126) Duties include second marking scripts of all new examiners, dealing with deferments, medical certification, and external examiner appointments.

Chair, Exam Board *MSc in Theoretical Psychoanalytic Studies* (total FTE=14) Duties include second/third marking all unseen examinations, and marking and examining (viva voce) all students, liaising with external examiners.

Chair, Exam Board *MSc in Psychoanalytic Developmental Psychology* (total FTE=42) Duties include marking and examining (viva voce) 8 students.

Chair, Exam Board *MSc in Psychodynamic Developmental Neuroscience* (total FTE=8) Duties include those routinely associated with Chair of Exam Board, including liaison with Yale University where students spend their second year

Chair, Exam Board *Increasing Access to Psychological Therapies Postgraduate Diploma* (total FTE=58) Duties include only those routinely associated with Chair of Exam Board

Chair, Exam Board *MSc in Cognitive Behaviour Therapy and Outcome Based Interventions* (total FTE=18) Duties include only those routinely associated with Chair of Exam Board

Chair, Exam Board *Doctorate in Child Psychotherapy* (total FTE=12). Duties include only those routinely associated with Chair of Exam Board.

*PhD Examinations:* Viva voce examinations for various UK and overseas universities – approximately 2-5 per year

## 11. Past and current major professional and scholarly responsibilities

### *i. Past and Current Offices in Professional Organisations and Learned Societies*

|              |   |
|--------------|---|
| 2009-2011    | Chair, International Research Board, International Psychoanalytic Association   |
| 2005-2009    | Chair, Postgraduate Centre, International Psychoanalytic Association  |
| 2003–2007    | Chair, Student Progress Committee, British Psychoanalytical Society   |
| 2001-present | Joint co-ordinator (with Drs Canestri, Denis and Bohleber) of the European Psychoanalytic Association’s Working Party on ‘The Practice of Psychoanalytic Theory’. |
| 2001-2005    | Co-Chair (Empirical), Standing Committee for Research, International Psychoanalytic Association.  |
| 2000-present | Member of the Professional Advisory Board of the Center for Social and Emotional Education, Columbia University.  |
| 1999-2001    | Member Standing Committee of the Psychology Section of the British Academy  |
| 1999-2001    | Member, Board and Council, British Psycho-Analytical Society.   |
| 1999-2001    | Honorary Treasurer, British Psycho-Analytical Society   |
| 1997-2001    | Elected Vice-President and Member of Executive Council, International Psychoanalytic Association (elected for two consecutive terms).                             |
| 1996-present | Director of Finance, Board of Directors, Psychoanalytic Electronic Publishing.  |
| 1995-present | Member of the Governing Board and Joint Grant Holder, The British Psychological Society’s Centre for Outcomes Research and Effectiveness.                         |
| 1993-2001    | Chairman, Standing Committee for Research, International Psychoanalytic Association.  |
| 1992-1996    | Member, Executive Council, World Association of Infant Mental Health.   |
| 1997         | Advisory Board, New England Personality Disorder Association (NEPDA), USA.  |
| 1992-1997    | Member, Board and Council, British Psycho-Analytical Society.   |
| 1991-1997    | Chairman, Publications Committee, British Psycho-Analytical Society.  |

|           |  |
|-----------|--|
| 1991-1995 | Treasurer and Member, Executive Council, International Psychoanalytic Association.           |
| 1989-1997 | Co-chairman, Publications Committee, International Psychoanalytic Association.               |
| 1989-1995 | Chairman, Finance Committee, International Psychoanalytic Association.                       |
| 1989-1991 | Associate Secretary and Member, Executive Council, International Psychoanalytic Association. |

## ***ii. Past and Current Editorial Duties***

Series Editor: Psychoanalysis Unit & Anna Freud Centre Joint Monograph series, Karnac Books (with A. M. Sandler, 1994-2000)

Series Editor: Whurr Publications Psychoanalytic Psychotherapy series (with Mary Target, 1997-2005)

Series Editor: Karnac Developments in Psychoanalysis Series (with Mary Target & Liz Allison, 2006 - present)

Series Editor: Yale Series on Developmental Science and Psychoanalysis (Mayes, Fonagy and Target, 2006 - present)

Internet Editor: International Journal of Psycho-Analysis (1999-present)

Associate Editor: Attachment and Human Development (1999-present).

Editorial Advisory Board: Contemporary Psychoanalytic Studies Book Series (2003 – present)

| <i>Journal editorial boards (English Language):</i>           | <i>Dates</i>   |
|---|----------------|
| British Journal of Medical Psychology                         | 1991 - 2001    |
| British Journal of Psychotherapy                              | 1994 - present |
| Bulletin of the Menninger Clinic                              | 1995 - present |
| Changes   | 1996 - present |
| Clinical Psychology and Psychotherapy                         | 1994 - present |
| Development and Psychopathology                               | 1999 - present |
| International Journal of Psycho-Analysis                      | 1993 - 1998    |
| Journal of Applied Psychoanalytic Studies                     | 1999 - present |
| Journal of Child Psychotherapy                                | 1994 - present |
| Journal of Infant, Child and Adolescent Psychotherapy         | 2000 - present |
| Psychoanalytic Books  | 1992 - 1996    |
| Psychoanalytic Psychotherapy                                  | 1999 - present |
| Psychological Issues  | 1998 - present |
| Psychoanalytic Studies  | 1999 - present |
| Journal of Critical Psychology, Counselling and Psychotherapy | 2001 - present |
| Child and Adolescent Mental Health                            | 2001 - present |
| Neuro-Psychoanalysis  | 2001 - present |
| Psychology and Psychotherapy: Theory, Research and Practice   | 2001 - present |
| Israel Psychoanalytic Journal                                 | 2003 - present |
| Psychoanalytic Psychology                                     | 2007 - present |
| Personality Disorders: Theory, Research, and Treatment        | 2008 - present |
| Journal of European Psychology Students                       | 2009 - present |

*Journal editorial boards (non-English):*

|   |                |
|---|----------------|
| Brazilian Journal of Psychotherapy                        | 1999 - present |
| Devenir   | 1994 - present |
| Kinderanalyse   | 1993 - present |
| Psichiatria dell'Infanzia e dell'Adolescenza              | 1999 - present |
| Revue Internationale de Psychopathologie                  | 1999 - present |
| Psicoterapia e Istituzioni (Psychotherapy & Institutions) | 1999 - present |
| Portuguese Journal of Psychoanalysis                      | 2003 - present |
| Revue Française de Psychanalyse                           | 2004 - present |
| Rivista di Psichiatria                                    | 2008 - present |
| Janelas Abertas (Open Windows)                            | 2009 - present |

**iii. Government Committees and Research Councils**

|              |   |
|--------------|---|
| 2009         | Invited Expert, Medical Research Council Review of Neurodevelopmental Disorders Workshop. (July 2009). London   |
| 2009         | Invited expert, Consensus Meeting: Measuring What Matters, National Personality Disorder Development Programme, Dept of Health, London.   |
| 2006-2008    | UK Representative, Expert Psychology Panel, European Science Foundation, Scientific Communication Project (Ranking Psychology journals for scientific merit)  |
| 2004-2008    | Member, Research Trials Review Board. Deutsche Forschungsgemeinschaft (DFG), German Research Foundation.  |
| 2004         | Member of the International Scientific Committee of the Revue Française de Psychanalyse de la Société Psychanalytique de Paris.   |
| 2003-2008    | Member of Faculty, American Psychoanalytic Association Research Training Program at Yale University   |
| 2003         | One of four international advisors to the German Ministry of Education and Technology on preparing the German Collaborative Psychotherapy Research program: Specific efficacy and process research in terms of nosological fields of indication |
| 2003         | Member of the International Scientific Committee of the Revue de l'Ecole Doctorale de Recherches en Psychanalyse de l'Université de Paris VII   |
| 2002-present | Scientific Consultant for the Line 6 of Research (Psicoterapia e Riabilitazione Psichiatrica in Età Evolutiva), Fondazione Stella Maris, Calambrone, Italy  |
| 2002-present | Member of the Expert Advisory Group, Tavistock Clinic Treatment Resistant Depression Outcome Study.   |
| 2002-present | Member of the Expert Advisory Group, Brandon Centre Randomised Control Trial of Mustisystemic Therapy for Repeat Offenders  |
| 2002-present | Member of the Committee on Research Education of the American Psychoanalytic Association.   |
| 2001-present | Member of the International Advisory Board of the Master's Programme in Psychoanalytical Clinical Psychology at the New Bulgarian University in Sofia.  |

|               |   |
|---------------|---|
| 2001-present  | Member of the Professional Advisory Committee of the American Psychotherapy Seminar Center                                    |
| 2001-present  | International Advisory Committee for the 6th Delphi International Psychoanalytic Symposium, 2004                              |
| 2000 -present | Advisory Board, Parent-infant Psychotherapy Program at Columbia Psychoanalytic Institute.                                     |
| 1998 – 2001   | Psychology and Fellowship Sections, British Academy   |
| 1998          | Consultant to Neurodevelopmental Program, Children's Mental Health Alliance Foundation (a Soros Foundation), USA              |
| 1996-present  | Consultant to AHMOS European multi-site study of the process and outcome of psychoanalysis                                    |
| 1995-present  | Trustee and Member of the Board of Directors, PIPPIN, London, UK  |
| 1993-ongoing  | Founder and Co-Chair, International Psychoanalytic Association Annual Summer Research Methods Training Program                |
| 1993          | Consultant to Economic Social Research Council program proposal on variations in health.                                      |
| 1990-1991     | Representing the discipline of psychology, in the ESRC Working Group into Health Research.                                    |
| 1988-1990     | Convenor of Interdisciplinary Research Centre Proposal to ESRC on Health and Behaviour.                                       |
| 1988          | Member of Committee for the Study of Research on Child and Adolescent Mental Disorders, Institute of Medicine, Washington DC. |

## 12. Selected invited talks (2000-2009)

### 2000

The validity of the psychoanalytic model in the light of the scientific paradigms in the coming century. The Fifth Centenary lectures at the University of Valencia, (January, 2000) Italy

Attachment in infancy and the problem of conduct disorders in adolescence: the role of reflective function. Plenary address to the annual meeting of the International Association of Adolescent Psychiatry. (January, 2000) San Francisco

The Treatment of Disturbance of Conduct. Invited paper to the American Academy of Child and Adolescent Psychiatry's Mid-Year Institute on 'Integrating Psychotherapy and Psychopharmacology in the Treatment of Children & Adolescents: A Practical Approach' (March, 2000) Puerto Vallarta, Mexico.

'Playing with Reality: The Persistence of Dual Psychic Reality in Borderline Patients', and 'A Psychoanalytic Approach to the Treatment of Adults with a History of Sexual Abuse: An Unusual Case Report' Invited presentation to the Borderline Symposium: Debate Between Drs Kernberg and Fonagy, the Munich Institute of the German Psychoanalytical Association (March, 2000) Munich.



The Intolerant Profession. Panel participant at the Eighth Annual Massachusetts Institute for Psychoanalysis Symposium (March, 2000) Boston.

‘The Development of Representation’ and ‘The Future of Psychoanalysis’. Keynote Address presented at the Lindauer Psychotherapiewochen (April 2000) Germany.

Michigan 14<sup>th</sup> Visiting Professor of Psychoanalysis, speaking at the University of Michigan, Wayne State University, Michigan State University, University of Detroit, and the Medical College of Ohio. Main papers presented: ‘Attachment, Reflective Function and Borderline Personality Disorder’, ‘The Current Status of Outcome Research in Psychoanalysis’, ‘Playing with Reality: The Persistence of Dual Psychic Reality in Borderline Patients’ ‘Attachment and Psychoanalytic Theory’, ‘The Study of Conduct Disorders and Violence in Adolescence’ ‘The validity of the psychoanalytic model in the light of the scientific paradigms in the coming century’ and ‘The Psychoanalysis of Violence’ (April, 2000) Michigan, USA

A Developmental View of Rage Murder. Plenary Address to the Ninth Annual Meeting of the International Association for Forensic Psychotherapy – “Learning from Violence” (April, 2000) Boston.

‘Evidence-Based Child Mental Health: The Findings of a Comprehensive Review’ and ‘Linking Theory and Evaluation to Outcome: A New Approach to Outcomes Research in Child Psychiatry’. Invited addresses presented to the Annual Meeting of the European Association of Child and Adolescent Psychiatry (May, 2000) Oslo, Norway.

The Development of Psychopathology from Infancy to Adulthood: the Mysterious Unfolding of Disturbance in Time. Keynote address at the Biannual Congress of the World Association of Infant Mental Health Congress. (July, 2000) Montreal.

The Psychoanalysis of Violence. Keynote address to the conference marking the 10<sup>th</sup> anniversary of the Leeds Psychoanalytic Observational Studies Course (November, 2000), Leeds.

Helping a patient to achieve an understanding of failing to understand understanding. Invited paper presented at the Washington Psychoanalytic Foundation New Directions in Psychoanalysis Weekend. (November, 2000) Arlington, Virginia.

Prevention: the appropriate target of support for parents of infants. Keynote address presented at the 1<sup>st</sup> PIPPIN Conference at the Royal College of Physicians. (November, 2000) London.

The internal working model or the interpersonal interpretive mechanism? Plenary paper presented at the Adelphi University conference on Attachment: Current developments in Research, Theory and Application. (December, 2000) New York.

## 2001

The future of psychoanalysis and the psychoanalysis of the future. Invited paper given as part of the Franz Alexander Memorial Lectureship? (March, 2001) Los Angeles.

The mutual impact of psychoanalysis and other academic disciplines in the university. Invited paper presented at the IPA Conference on Psychoanalysis and the University. (March, 2001) Columbia University, New York.

Social violence and the fragile self: a psychoanalytic perspective on interpersonal violence. Invited paper presented at the European Psychoanalytic Federation’s conference on Idols and Ideals: The Super-Ego and the Ego Ideal in a World in Turmoil. (April, 2001) Madrid.

Evidence-based practice or practice-based evidence: The controversies that surround the empirically informed selection of psychological treatments or 'Nobody has won and all their prizes are going to be taken away!' Keynote address presented at the National Health Service Forum's London conference on Psychotherapy and Evidence-Based Practice for the NHS. (July, 2001).

The early social and emotional determinants of inequalities in health. Keynote and invited papers presented at the Perth Meeting of the Australian Association for Infant Mental Health. (August 2001)

Neurophysiology of infancy and the way children are brought up. Paper presented at the Royal Society of Medicine's London Forum for General Practitioners. (September 2001)

Attachment, reflective function and the disorganization of the self (A developmental perspective on the impact of neglect, maltreatment and the disorganization of attachment relationships, and Some simple principles of clinical work with children whose attachment system is disorganized. Keynote papers presented at the BASPSCAN and Clermont CPU Attachment Project's conference on Attachment Theory in Practice. (October, 2001).

The evolution of the interpersonal interpretive mechanism: Clues for effective preventive intervention in early childhood. Invited paper to the conference 'When the Bough Broke: Perspectives on trauma from psychoanalysis, attachment theory and developmental psychobiology' at the Sackler Institute for Developmental Psychobiology, Department of Psychiatry. Columbia University, New York (November, 2001)

Terror and Trauma: Victims and Effects. Invited paper presented at the UCL Psychoanalysis Unit conference on Terror, Trauma, Revenge and Repair: Reactions to 11<sup>th</sup> September 2001 and its aftermath. (December, 2001) London.

## 2002

Playing With Reality IV: A theory of external reality. Plenary paper presented at the First New Style Annual Congress of the European Psychoanalytic Federation. (April, 2002) Prague

Why do young people's problems increase in adolescence? A perspective from modern attachment theory. Keynote address to the Annual Congress of the International Society for Adolescent Psychiatry. (June, 2002) Göttingen.

Secure and insecure organisations. Invited paper presented at the Annual Meeting of the Royal College of Psychiatrists. (July 2002) Cardiff.

Attachment Theory and its Influence on the Development of Normal and Pathological Personality and Treatment of Suicidal Enactment in Severe Personality Disorders. Keynote address to the 5th ISSPD European Congress on Personality Disorders. (July 2002) Munich.

Mentalisation Focused Psychotherapy for Severe Personality Disorder: The Achievements of the Last Decade. Plenary paper at the 3rd World Congress of Psychotherapy. Vienna (July 2002).

Development of Physical Aggression During Infancy. Keynote address to the 10th World Association of Infant Mental Health Congress. Amsterdam (July 2002).

How can Psychotherapy Practice be Informed by Research Findings: The Pros & Cons of Evidence-Based Psychotherapy. Keynote address to the 3rd World Congress of Psychotherapy. Trondheim (August 2002).

Controlled trials of mentalization focused interventions. Grand Rounds at Cornell University Department of Psychiatry and Payne Whitney Psychiatric Clinic. (October, 2002) New York.

Terror and Trauma: An Attachment Theory Perspective. Invited paper presented at the William Alanson White Institute (October, 2002) New York.

Terror, attachment and mentalization: The infantile roots of traumatic reaction. Keynote lecture at the one day conference 'A Decade of Emergency Centers for Children at Risk and their Families: The Future of Emergency Centers.' (October, 2002) Jerusalem.

Can there be a scientific psychoanalytic study of the mind? Invited paper at the Spanish Society of Psychiatry's conference on Psychoanalysis and Scientific Method. (November, 2002) Barcelona.

Affect regulation, mentalization and the development of the self. Invited paper to the Research Institute for Psychology of the Hungarian Academy of Sciences. (November, 2002) Budapest.

On mentalization: psychoanalytic and experimental perspectives. Invited paper presented at the Symposium on "Psychoanalysis as an Empirical, Interdisciplinary Science of the Austrian Academy of Sciences. (November, 2002) Vienna.

The loose couple: The relationship of psychoanalytic theory to practice or what psychoanalysis might look like 50 years from now. Invited paper presented at the Dutch Psychoanalytical Society 85th/55th Jubilee Congress on "Psychoanalytic Movements - three generations, three associations, one education." (November, 2002) Amsterdam.

Affect regulation, mentalization and the self: what happens to our minds in the face of trauma? Invited paper presented at the Harvard Medical School Annual Conference on the Treatment of Psychological Trauma. (December, 2002) Boston.

## 2003

'Affect regulation, mentalization and the self: what attachment theory tells us about the early roots of trauma related disorders?', 'On Mentalization as Therapy' and 'Evidence for Mentalization Focused Psychotherapy: Controlled Investigations'. Presentations at the Continuing Education Conference on the Clinical Applications of Attachment, (February, 2003) Salt Lake City.

An evidence based treatment technique for BPD: An attachment theory based approach. Invited paper presented at the Annual Conference of the Institute of Contemporary Psychotherapy and Psychoanalysis ICP&P. (April, 2003) Washington.

An attachment theory based mentalization focused psychotherapy for BPD: theory and practice. Paper presented at a symposium (with J. Gunderson chairing) on the treatment of borderline patients at the American Psychiatric Association Annual Meeting, (May, 2003) San Francisco.

The roots of attachment difficulties and a new model of their impact on development (with M. Target). Invited presentation to a Special Symposium on Infant Mental Health at the University of Washington, (May, 2003) Seattle.

The failure of mentalization and the work of the negative. Plenary address to the Deutsche Psychoanalytische Gesellschaft Congress. (May 2003) Frankfurt am Main.

Research in psychotherapy with adolescents. Keynote address at the 6th International Congress of the International Society for Adolescent Psychiatry (ISAP) on Treatment in Adolescence: Developments in Clinical Work. (June, 2003) Rome.

A review of outcomes research according to nosological indications. Invited address to the Symposium for the Advancement of Psychotherapy Research. (June, 2003) Mainz.

What is the place of psychodynamic psychotherapy in child and adolescent psychiatry? Plenary lecture: European Society for Child and Adolescent Psychiatry European Congress. (October, 2003) Paris.

What evidence for evidence-based prevention? Presentation to the French Ministry of Health conference on "Prévention et promotion de la santé mentale de la petite enfance : quelle évaluation?" (October, 2003) Paris.

Some speculations about the interactions of genes and environment: could attachment moderate genetic influences? Plenary lecture at the 8th Congress of the International Society for the Study of Personality Disorders (ISSPD): Controversial Issues in Personality Disorders. (October, 2003) Florence.

The future of psychodynamic psychotherapy with children. One-day Institute on Integrated Treatment: Advances in Psychopharmacology and Psychotherapy at the 50th Anniversary Meeting of the American Academy of Child and Adolescent Psychiatry. (October, 2003) Miami.

The possible contribution of research on psychological treatment in the next 15 years. Invited presentation at the Newham Centre for Mental Health Symposium on 'Psychiatry in 15 years' time - the prognosis and the vision, London (October, 2003).

An attachment theory based approach to the treatment of borderline personality disorder. Two-day seminar at the Institute of Personality Theory and Psychopathology, (October, 2003) Denmark.

Psychological therapies: yesterday, today and tomorrow. Invited address at the Royal Society of Medicine Section of Psychiatry conference on Current Approaches to Personality Disorder. (October, 2003) London.

## 2004

A complex model of the relationship of attachment to cluster B personality disorder. Invited address to the Howard Morton Trust Symposium. (January, 2004) Sheffield.

Do analysts do what they say they do? Invited presentation at the Winter 2004 meeting of the American Psychoanalytic Association. (January, 2004) New York.

Emerging themes in affect theory from attachment research and clinical work with borderline personality disorder: Understanding affect that is truly negative. Invited address at the 4<sup>th</sup> James S. Grotstein Conference. (March, 2004) Los Angeles.

(1) Psychosexuality: the uses and abuses of excitement and its objects; (2) Representation and object relations; (3) Spotlights on the private thinking of the analyst at work. Panel presentations at the 43<sup>rd</sup> International Congress of the International Psychoanalytic Association: Working at the Frontiers. (March, 2004) New Orleans.

The past unconscious or the present unconscious: where is the appropriate focus for psychoanalytic work? Invited presentation at the European Psychoanalytical Federation Annual Conference. (April, 2004) Helsinki.

Early life trauma and the psychogenesis of violence. Invited presentation at the New York Academy of Sciences conference on Scientific Approaches to Youth Violence Prevention. (April, 2004) New York.

Mentalization focused psychotherapy: Old wine in new bottles or renewed hope for psychoanalysis. Muriel Gardner Lecture, Western New England Psychoanalytic Association. (April, 2004) New Haven.

Playing with Reality IV: A Developmental Theory of External Reality. The 47th Sándor Rádo Lecture, Columbia University. (June, 2004) New York.

Attachment and the brain. Invited presentation at the Royal Society of Medicine symposium on Unhappy Families. (June, 2004) London.

The evidence base for the treatment of personality disorders. Keynote presentation to a Department of Health Expert Conference on the Place of Tertiary Personality Disorder Services as part of a Comprehensive Range of Provision. (June, 2004) London.

Psychotherapy, attachment and the brain. Plenary address to the 35th Annual Meeting of the Society for Psychotherapy Research, (June, 2004) Rome.

Reaching the hard to reach: Evidence based funding priorities for intervention and research. Invited presentation at the John Lyons Foundation conference Reaching the Hard To Reach: Supporting Mental Health Services for Children and Young People. (October, 2004) London.

Mentalization Based Therapy for borderline personality disorder. Invited address at the National Education Alliance for Borderline Personality Disorder conference Family Perspectives: Current Issues in Borderline Personality Disorder. (October, 2004) Los Angeles.

Mentalization-focused Brief Psychotherapy for Children with Emotional Disorders. Presentation at a one-day Institute on 'Psychotherapeutic modalities for treating anxiety disorders: current state of knowledge' at the 51st Annual Meeting of the American Academy of Child and Adolescent Psychiatry, Washington (October, 2004).

Attachment, the brain, psychotherapy and BPD. The Annual Stanton Lecture in Social Psychiatry at presented at the McLean Hospital. (October, 2004) Cambridge, Mass.

Psychodynamic psychotherapies: evidence-based and clinical wisdom. Invited Special Lecture at the 29<sup>th</sup> World Psychiatric Association International Congress, (November, 2004) Florence

A brief review of depression in young people. Presentation to a seminar on Setting priorities for research on the mental health of children and adolescents, Nuffield Foundation. (December, 2004) London.

## 2005

Attachment, Affect Regulation, Mentalisation and the Development of the Self: The Theoretical Basis of MBT. Presentation at an Oxford Cognitive Therapy Centre Workshop. (January, 2005) Oxford.

Attachment, Borderline Personality Disorder, Psychotherapy and the Brain. Keynote lecture at the Annual Conference of the British and Irish Group for the Study of Personality Disorders. (February, 2005) Glasgow.

The past or the present unconscious: Which should be the focus for effective psychoanalytic work? 7th annual Sydney E. Pulver lecture, The Psychoanalytic Center of Philadelphia (April 2005) Philadelphia.

Eating Disorders and Dysfunctional Attachment. Keynote Lecture at the 7th Biannual London International Conference on Eating Disorders (April 2005) Imperial College London.

Attachment and borderline personality disorder. Invited presentation at a conference entitled 'Attachment and Related Disorders', organised by the Department of Psychiatry at Cambridge Hospital and Harvard Medical School (May 2005) Boston.

Common mechanisms in psychological therapies for BPD: Attachment and mentalization. Invited presentation at a symposium on the treatment of borderline personality disorder at the Annual Meeting of the American Psychological Association (May 2005) Atlanta.

A Developmental Theory of External Reality. Otto Weininger Memorial Keynote Address, presented at the Annual Convention of the Canadian Psychological Association Section on Psychoanalysis (June 2005), Montreal.

The growth and development of personality from childhood to adult years: psychology and psychopathology. The Kolvin Lecture at the Annual Meeting of the Royal College of Psychiatrists (June 2005), Edinburgh.

Attachment, trauma and psychoanalysis: Where psychoanalysis meets neuroscience. Keynote lecture at the IPA 44th Congress on Trauma: New Developments in Psychoanalysis (July 2005) Rio De Janeiro.

Mentalization and split psychic reality: An attachment theory approach to trauma and the distortion of personality. City College of New York conference Reflecting on the Future of Psychoanalysis: Mentalization, Internalization and Representation (September 2005), New York.

The Status of Attachment Theory in Psychoanalytic Thought and Mentalization-focused therapy for borderline adolescents. Presentations at one-day Institutes during the 52<sup>nd</sup> AACAP Annual Meeting (October 2005), Toronto.

The growth and development of personality from childhood to adult years: psychology and psychopathology. Presentation at a conference entitled Incontro con Peter Fonagy: La psicoterapia nel disturbo borderline: Promuovere la mentalizzazione (November 2005), Milan.

The past unconscious or the present unconscious: where is the appropriate focus for psychoanalytic work? Keynote lecture at the celebration of the 50th anniversary of the Mexican Psychoanalytic Association (November 2005), Mexico City.

## 2006

A genuinely developmental theory of sexual enjoyment and its implications for psychoanalytic technique. Invited plenary lecture at the Winter Meeting of the American Psychoanalytic Association (January 2006), New York.

Psychotherapy for Borderline Personality Disorder: New advances in mentalization based treatment. Presentation to The Swedish National Association for Psychotherapy (January 2006), Stockholm.

Mentalization Based Treatment of Borderline Personality Disorder. Presentation at a conference on the treatment and management of severe personality disorder, Institut Philippe Pinel de Montréal (January 2006), Montreal.

A psychodynamic neuroscientific model. Invited presentation to Psychotrauma: Psychoanalytical and Neuroscientific Perspectives, a conference organised by the Sigmund Freud Institute (February 2006), Frankfurt.

An attachment theory based model of severe personality disorder. 4th Annual Collier Lecture in the Department of Psychiatry, University of Rochester (March 2006), Rochester, NY.

The rooting of the mind in the body: New links between attachment theory and psychoanalytic thought. The 3<sup>rd</sup> Muriel Gardner Lecture, Western New England Psychoanalytic Association. (March, 2004) New Haven.

Harming body or mind: suicide and the failure of mentalization. Plenary presentation to 2nd International Suicidality and Psychoanalysis Congress Relating to Self-harm and Suicide: Psychoanalytic Perspectives on Theory, Practice & Prevention (April 2006), Imperial College, London.

The growth and development of personality from childhood to adult years: Psychology and psychopathology. Baylor College of Medicine Child Psychiatry Grand Rounds (May 2006), Houston.

Mentalization based therapy for BPD. Invited presentation to the American Psychiatric Association 2006 Annual Meeting (May 2006), Toronto.

Violent attachments. Presentation at the Satellite Symposium to the FENS Forum Meeting in Honour of the 150th Birthday of Sigmund Freud (July 2006), Vienna.

'The growth and development of personality from childhood to adult years: psychology and psychopathology', 'Can we understand eating disorders as disorders of mentalization?' and 'Psychotherapy, attachment and the brain'. Keynote lectures at The Gathering annual conference on borderline personality disorder (September 2006), Christchurch, New Zealand.

Research on social cognition and the widening scope of mentalization based treatments. Keynote lecture at the 17th World Congress of the International Association for Child and Adolescent Psychiatry and Allied Professionals (IACAPAP) (September 2006), Melbourne, Australia.

The growth and development of personality from childhood to adult years: psychology and psychopathology. One-day seminar presentation to the Danish Psychotherapeutic Society for Psychologists (October 2006), Copenhagen.

A theoretical framework linking some typical psychiatric problems of adolescence via attachment theory and social neuroscience: The example of eating disorder. Presentation during a one-day Institute entitled Adolescents: Mentalizing Capabilities Fact or Fiction? at the Annual Meeting of the American Academy of Child and Adolescent Psychiatry (October 2006), San Diego.

Mentalization-based therapy for borderline personality disorder. Invited presentation at the University of California at Los Angeles's Eleventh Annual Review of Psychiatry and Psychopharmacology Update (October 2006), Los Angeles.

Debate on 'Attachment - is it a magic bullet?' at the National Family and Parenting Institute's Parent Child 2006 Happy Families? conference (November 2006), London.

Building A Parent-Child Bond - How to Create a Secure Relationship With Your Child. Presentation to the staff of Goldman Sachs (November 2006), London.

The state of the art in the treatment of patients with personality disorders: overarching concepts and differentiating elements. Plenary lecture to the GGZ Foundation for Mental Health Care 'Rivierduinen' (November 2006), Leiden, Holland.

Short-term mentalization and relational therapy. Presentation to Brent Child and Adolescent Mental Health Services (December 2006), London.

## 2007

The danger of poorly organized psychotherapy. Presentation to the Department of Health supported National Personality Disorder Conference (January 2007), London.

The development of social cognition and the widening scope of mentalisation based treatments. Presentation to the Donald Cohen International Symposium on Mother-Infant Relationships (January 2007), Jerusalem.

Early life trauma and the psychogenesis and prevention of violence. Presentation at an international conference on 'Violence and Adolescence. Psychoanalysis and Educational Sciences in Dialogue' (February 2007), Kassel University, Germany.

'Treating Borderline Personality Disorder: New Therapeutic Strategies Grounded in Attachment Research' (workshop for professionals) and 'Keeping the Child's Mind in Mind: Helping Children Develop Secure Relationships' (NCPF 6th Annual Public Lecture). Presentations at the North Carolina Psychoanalytic Foundation (February 2007), North Carolina.

'Using Reflective Function as a Measure of Mentalizing to Predict Mother-Infant Behavior' and 'Changes in Mothers' Narratives About Their Child as a Function of Parent-Infant Psychotherapy'. Presentations given as part of two symposia at the Society for Research in Child Development Biennial Meeting (March 2007), Boston.

Bowlby's Legacy: The biology of attachment and the process of psychotherapeutic change. Plenary talk at a Conference in honour of the 100th anniversary of John Bowlby's birth (May 2007), London.

Infancy and borderline personality disorder. Keynote address at the European Conference of the World Association for Infant Mental Health on Promoting Healthy Development in Infants and Children (July 2007), Riga.

Aligning evidence and practice: A key challenge for 21<sup>st</sup> century child psychiatry. Plenary lecture at the 13<sup>th</sup> International Congress of the European Society for Child and Adolescent Psychiatry (August 2007), Florence.

Inside the brain of the terrorist. Panel presentation at the Global Creative Leadership Summit (September 2007), New York.

The process of therapeutic change in mentalization based psychotherapy: Is attachment always a help? and Can we understand eating disorders as disorders of mentalization? Invited presentations at Seattle Psychoanalytic Society and Institute Conference on Attachment, Mentalization and Psychoanalytic and Psychodynamic Therapies (October 2007), Seattle.

Infancy and borderline personality disorder. Invited presentation at the Schneider Children's Medical Center of Israel (October 2007), University of Haifa, Israel.

Current aspects of the concept of mentalization: Is it a psychoanalytic theory? Invited lecture at a conference on Mentalization – Playing with Reality organized by the Munich Association for Psychoanalysis (November 2007), Munich.

Attachment theory, mentalization and the prevention of mental health problems in children. Invited lecture at the 20th Anniversary Conference of the Michael Sieff Foundation (November 2007), London.



2008

Current Psychoanalytic Perspectives on the Borderline Patient. Joint presentation with Otto Kernberg in the APsA Fellows Program at the Winter Meeting of the American Psychoanalytic Association (January 2008), New York.

A theoretical framework linking some typical psychiatric problems of adolescence via attachment theory and social neuroscience. Presentation at the Sapienza Università di Roma conference on New Frontiers of Clinical Research in Adolescence, (January 2008), Rome.

Attachment and early affect regulation. Presentation at the Joseph Sandler Research Conference, (February 2008), Frankfurt.

Studying usual care with care: The example of MBT. Keynote address at the UK Council for Psychotherapy conference From research-based practice to practice-based research (February 2008), King's College, London.

Attachment and the borderline brain. Presentation at the 7th Annual Attachment Conference of UCLA Extension and Lifespan Learning Institute on 'Adult Attachment in Clinical Context: Applications of the Adult Attachment Interview' (March 2008) Los Angeles.

Attachment and the development of the subjective self. Presentation at a conference on Using the Attachment Style Interview in Childcare Practice, organised by the Lifespan Research Group of Royal Holloway College in collaboration with Child and Family Training, (March 2008) London.

An international perspective on the interplay between clinic and research in psychoanalytic treatment. Presentation at The couch in general: On the effectiveness of psychoanalytic treatments, a conference on psychoanalytic research organised by the Netherlands Psychoanalytic Institute (March 2008) Amsterdam.

Internal Worlds – External systems: Mentalization-Based Individual and Family Therapy. 2-day workshop with Dr. Eia Asen (March 2008) Elsinore, Denmark.

Working with the borderline brain: Mentalization-based treatment and the therapist's stance. Presentation at the 7th Annual Attachment Conference of UCLA Extension and Lifespan Learning Institute on 'Adult Attachment in Clinical Context: Applications of the Adult Attachment Interview' (March 2008) Los Angeles.

Organisation and development of the mentalization concept. Presentation at the Kodera International Seminar on mentalization organized by the Japan Psychoanalytic Society (March 2008), Tokyo, Japan.

Integrative treatment of personality disorders. Core symposium, 16<sup>th</sup> European Congress of Psychiatry. (April, 2008). Nice, France.

'Affect regulation, attachment and borderline personality disorder: some recent findings and future directions' and 'Progress in mentalization based treatments: some recent findings and future directions'. Presentations at a study day on Mentalization-Based Treatment (April, 2008). University of Leuven, Belgium.

Trauma in childhood and personality disorder Presentation to the Congress of the Italian Association of Infant Mental Health on From Stress to Trauma in Infancy (May 2008). Grado, Italy.

Mentalization Based Treatment of Borderline Personality Disorder: A Neuroscience Research Informed Psychotherapeutic Clinical Approach. Guest lecture at a Professorial Unit meeting

in the Department of Psychiatry, Oxford University (May 2008). Oxford.

The mentalization based approach to psychotherapy with borderline personality disorder: New evidence from the laboratory and the clinic. Presentation to a conference on the Psychoanalytic Therapy of Severe Disturbance (June 2008). Belfast, Northern Ireland.

Consciousness, mentalization and attachment: The uniqueness of the psychoanalytic unconscious or rediscovering Freud or déjà vu all over again. Keynote address to the Annual Congress of the Canadian Psychoanalytic Society on Consciousness, Mentalization and Development (June 2008). Vancouver, Canada.

Attachment and borderline personality disorder research. Outreach presentation to the Annual Congress of the Canadian Psychoanalytic Society on Consciousness, Mentalization and Development (June 2008). Vancouver, Canada.

‘Affect regulation, mentalization and the development of the self’ and ‘Creating a Peaceful School Environment for Learning: An Anti-Violence Intervention for Schools’. Presentations at a symposium on violence in Brazil, organized by Federal São Paulo Medical School (June 2008). São Paulo, Brazil.

Infancy and Borderline Personality Disorder. Plenary address at the 11<sup>th</sup> World Congress of the World Association for Infant Mental Health (August 2008). Yokohama, Japan.

Trauma and the neuroscience of attachment. Keynote address to an NSPCC/RCM conference on Holding the Baby in Mind: A Public Health Approach to Safeguarding (September 2008). London.

Treatment outcome of mentalization-based interventions for self-pathology. Invited presentation at the conference Disorders and Coherence of the Embodied Self (DISCOS) (November 2008). Heidelberg, Germany.

The biology of attachment and the development of a self-regulating mind. Presentation to an interdisciplinary seminar From Cognitive Psychology and Neuroscience to the Couch: Is There a Common Language? (November 2008). Institute of Psychiatry, London.

Attachment and social cognition. Presentation at the Royal College of Psychiatry Section of Perinatal Psychiatry Annual Scientific Meeting (November 2008). London.

Are all evidence-based therapists created equal? Some complexities. Presentation at a conference on Psychological Therapies in the NHS: Science, Practice and Policy (November 2008). London.

## 2009

Keeping a Child's Mind in Mind: Prevention and Treatment of Psychological Problems Based in Early Childhood. Guest speaker, giving several presentations for the Infant-Parent Mental Health Post-Graduate Certificate Program, (January 2009). Parent-Infant & Child Institute, Napa, California.

Where id was there shall ego be: The importance of consciousness in psychoanalytic work. Presentation at conference Symbolization and Mentalisation - Congruences and divergences. Presentation at the Department for Psychosomatic Medicine, Robert Bosch Hospital. (January 2009). Stuttgart, Germany.

The Nature of Mentalization and Its Role in the Psychological Therapies and The Technique of Mentalization-Based Therapy with Borderline Personality Disorders. Presentations as a Department of Psychiatry Educational Conference, 6<sup>th</sup> Robert S. Wallerstein, M.D. Annual Lecture in Psychotherapy and Psychoanalysis. (February 2009). University of California San Francisco Medical School, San Francisco.

Young guns: Approached extremely violent and prejudiced children in Jamaica. Plenary presentation to the Joseph Sandler Research Conference, Religion and Fanaticism (February 2008), Frankfurt.

Discussion and Summary: The Nature of Depressive Disorders at Points in the Life-Cycle: Biology, External Environments & Internal Worlds, Royal College of Psychiatrists London Division's Spring Academic Meeting (March 2009). London.

The Limitations of RCTs in Psychotherapy, Keynote address to the German Congress of Psychotherapeutic Research and Psychosomatic Practice on the Process and Outcome in Psychotherapy (March 2009). Mainz, Germany.

Mirroring and consciousness: A clinical illustration of the limitations of a mentalization enhancing technique. Honoured Guest Speaker, David Rappling Memorial Lecture, Washington Psychoanalytic Center. (March 2009). Washington, D.C.

Attachment theory, mentalization, and their relationship to Interpersonal Psychotherapy. Keynote address at the 3<sup>rd</sup> International Society for Interpersonal Psychotherapy Conference (March 2009). New York.

Psychotherapies: what works for whom? Keynote Lecture at World Psychiatric Association's International Congress on Treatments in Psychiatry. (April 2009). Florence, Italy.

Invited discussant of Dr Susan Sherkow's paper, 'Stock Still Behavior: A Potential Development Marker' at the New York Psychoanalytic Society and Institute Scientific Meeting. (April 2009). New York.

Attachment, the development of interpersonal understanding and borderline personality disorder. Invited Presentation at University of Canterbury Department of Psychology. (April 2009). Christchurch, New Zealand.

Can mentalization provide a common framework for the psychotherapies? Keynote address to the 15<sup>th</sup> Annual British Association for Counselling and Psychotherapy Research Conference. (May 2009). Portsmouth.

'Mentalization Based Treatment for Borderline Personality Disorder', Presented to Advances in Personality Disorders Symposium, American Psychiatric Association Annual Meeting. (May 2009). San Francisco.

Mentalization-Based Family Therapy Training workshops (with Eia Asen), Björgvin Family Agency (June 2009). Bergen, Norway.

Mentalisation as a common factor in the psychotherapeutic process. Plenary presentation to the German Research Council and Ulm University 3<sup>rd</sup> Psychoanalytic Process Research Strategies Conference (June 2009). Ulm, Germany.

Psychoanalytic Psychotherapy as an Evidence-Based Practice. Keynote presentation to the British Psychoanalytic Council Spring Conference, Psychoanalytic Psychotherapy Now. (June 2009). London.

Invited graduation address to the Qualification Ceremony of Psychoanalytic Psychotherapist Trainees at The Bowlby Centre. (July 2009). London.

Mentalization-Based Therapy training session (with Anthony Bateman), State of Connecticut Department of Mental Health and Addiction Services. (July 2009). Hartford, Connecticut.

Unconscious theories in the analyst's mind at work; Panel Presentation at the 46<sup>th</sup> International Psychoanalytical Association Congress. (July-August 2009). Chicago.

Trauma and the neuroscience of attachment: Intersubjectivity via contingent marked mirroring. Keynote lecture to 3<sup>rd</sup> International Research Conference in Video Interaction Guidance, University of Dundee. (September 2009). Dundee, Scotland.

The changing shape of clinical practice: driven by science or by pragmatics? Keynote address to the Annual Congress of the DGPT (German Psychoanalytic Federation) (October 2009). Berlin.

‘What works? For whom? Current questions about effects of psychotherapy.’; ‘Why does psychotherapy work?’ and ‘Attachment, mentalization and understanding how interpersonal aspects of psychotherapy works?’ Presentations at a Norwegian Psychoanalytic Society seminar on Why does psychotherapy work? (October 2009). Oslo.

Attachment theory and violence: A mentalizing approach to a frightening social problem. Presentation at a one day Institute of Psychoanalysis conference Institute of Psychoanalysis Psychoanalytic Explorations In Forensic Psychiatry (October 2009). London.

Recent results of MBT treatment with BPD and a speculative model for how some psychotherapy might have helpful and unhelpful effects. Grand Rounds presentation at the Payne Whitney Clinic, New York Presbyterian Hospital (October 2009). New York.

Attachment, oxytocin and social cognition. Presentation at a NSPCC-Yale-UCL conference on Maltreatment, Neuroscience and Innovative Intervention (October 2009). London.

Thinking one’s body: Self-harm as an alternative to mentalizing. Presentation at a conference on self-harm & the interface of psychological treatments & psychiatry for East London NHS Foundation Trust (October 2009). London.

Mentalization and violence: The unthinking social system. Presentation at the North Carolina Psychoanalytic Foundation conference Back Off Bully: Why we are all bullies and why we don’t have to be (October 2009). North Carolina.

The neuroscience of Kids Company interventions with conduct disorder. Presentation at a Kids Company symposium on ‘Transforming the lives of vulnerable children through science’ (November 2009). London.

Continuity of care for patients with personality disorders. Presentation at the Riverduinen Center for Specialist Psychotherapies (November 2009). Leiden, The Netherlands.

The development of mentalizing and how it links to attachment and trauma. Presentation at a symposium ‘Can Mentalisation help CBT thinking about how children think?’ at the Association for Child and Adolescent Mental Health’s conference on Cognitive Behaviour Therapy with Children and Families: making CBT work for individuals, families, practitioners and services (December 2009). Croydon, London.