

International Psychotherapy Institute  
**Weekend Conference**  
**October 21, 2011, to October 23, 2011**  
Rockville Hilton Hotel, 1750 Rockville Pike, Rockville, MD 20852 – 301-468-1100

**Facets of Psychoanalytic Treatment and Research:  
Practice-based Evidence and Evidence-based Practice**  
with

**Horst Kächele, MD, PhD**

**Conference Co-Chairs: Caroline M. Schon, MD and Michael Stadter, PhD**

**IPI Director: Geoffrey Anderson, Ph.D.**

**Core Program Co-Chairs: Pat Hedegard, MA, LMHC and Paul Koehler, MSW**

**FACULTY SCHEDULE**

**Friday, October 21, 2011**

7:30 am - 8:45am      Faculty Meeting  
Weekend conference working faculty meet from 7:30 to 8:15 –  
All IPI faculty and Dr. Kächele join from 8:15 – 8:45

8:30 am - 9:00 am      Registration

**Morning Chair:**                      **X**

9:00 – 9:05 a.m.      Welcome  
Conference Co-chairs: Caroline Schon, MD and Michael Stadter, PhD

9:05 – 10:30 am      **The Case Study: Fact or Fiction**  
**Horst Kächele, MD, PhD**

**Wallerstein, R.S., Sampson, H. (1971). Issues in Research in the Psychoanalytic Process.**  
**Int. J. Psycho-Anal., 52:11-50**

10:30 – 11:00 am      Break

11:00 – 12:00 pm      Small Group Discussion

12:00 – 2:15 pm      Lunch Break

12:15 – 1:15 pm      Faculty Meeting

**CCF SESSION CHAIR:**

12:30 – 1:30 Couple Child and Family Case Discussion 1  
(Optional) Open to All

**AFTERNOON CHAIR:**

**X**  
Psychotherapy Case Presentation

2:15 – 3:45 **Presenter: X**  
Discussant **Horst Kächele, MD, PhD**

3:45 – 4:00 pm Break

4:00 – 5:00 pm Small Group Discussion

5:00 – 6:00 pm Reception

6:15 pm Faculty Meeting

7:00 pm IPI Gala Event

**Saturday, October 22, 2011**

**IIPT Case Presentation:** Chair IIPT

7:45 – 8:45 am IIPT Psychoanalytic Case Discussion  
**Presenter: X**  
Discussant: **Horst Kächele, MD, PhD**

**MORNING CHAIR:**

**X**

9:00 – 10:30 am Saturday Morning Workshop Co-sponsored by IPI and the Washington  
School of Psychiatry  
**Key Concepts of All Psychoanalytic Therapies:**  
*What Research Tells Us*  
**Presenter: Horst Kächele, MD, PhD**  
**Discussant: Harry Gill, MD**

**Luborsky, L. & Spence, D. (1978), Quantitative Research on Psychoanalytic Therapy. In:  
Handbook of Psychotherapy and Behavior Change, ed. S. Garfield & A. Bergin. New York:  
Wiley, pp. 331-368.**

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|-----------------|---|
| 10:30 -11:00 am | Break   |
| 11:00 -12:00 pm | IPI Small Group Discussion<br>IPI Small Group Discussion for Saturday only participants |
| 12:00 – 2:15 pm | Lunch Break   |
| 12:15 - 1:15 pm | Faculty Meeting   |

**CCF SESSION CHAIR:**

|              |   |
|--------------|---|
| 12:30 – 1:30 | Couple Child and Family Case Discussion 2<br>(Optional) Open to All |
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**AFTERNOON CHAIR:**

|                |   |
|----------------|---|
| 2:15 – 3:45 pm | <b>Evidence-based Practice and Practice-Based Evidence</b><br><b>Presenter: Horst Kächele, MD, PhD</b><br><b>Discussant: Michael Stadter, PhD</b> |
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1. Shedler J (2010) The efficacy of psychodynamic psychotherapy. Am Psychol 65: 98-109.

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| 3:45 - 4:15 pm | Break  |
| 4:15 – 5:15 pm | Small Group Discussion<br><br>IIPT Plenary for Psychoanalytic Candidates<br>And IIPT Faculty only<br>Chair: IIPT |
| 5:25 – 6:25 pm | Plenary Discussion<br>Chair: Director  |
| 7:00 pm        | Faculty Dinner   |

Sunday, October 23, 2011

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| 7:50 – 8:50 am | Faculty Meeting |
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**MORNING CHAIR:** **X**

|                  |  |
|------------------|--|
| 9:00 – 10:30 am  | <b>The Specific Case Study: When parents die: Amalia's case of unfinished business</b><br><b>Presenter: Horst Kächele, MD, PhD</b> |
| 10:30 – 10:50 am | Break  |
| 10:50-11:50 am   | Small Group Discussion   |
| 12:00 – 1:00 pm  | Closing Dialogue<br><b>Horst Kächele, MD, PhD</b><br>David Scharff, M.D., IPI Board Chair  |
| 1:05 - 2:00 pm   | Lunch and<br>Weekend Closing Faculty Meeting   |
| 2:00 - 5:00 pm   | Full Faculty Meeting   |

### **Monday, October 24, 2011**

|                        |                                |
|------------------------|--------------------------------|
| 7:30 a.m. – 11:30 a.m. | Faculty Meeting                |
|                        | Faculty Suite Rockville Hilton |

### **DRAFT Reading List:**

1. The Case Study: Fact or Fiction ----  
Wallerstein, R.S., Sampson, H. (1971). Issues in Research in the Psychoanalytic Process. *Int. J. Psycho-Anal.*, 52:11-50  
Spence DP (1997) Case reports and the reality they represent: The many faces of Nachträglichkeit. In: Ward I (Ed) *The Presentation of Case Material in Clinical Discourse*. Freud Museum Publications, London, p 7-93
2. Key Concepts of All Psychoanalytic Therapies: What Research Tells Us  
Luborsky, L. & Spence, D. (1978), Quantitative Research on Psychoanalytic Therapy. In: *Handbook of Psychotherapy and Behavior Change*, ed. S. Garfield & A. Bergin. New York: Wiley, pp. 331-368.  
Miller NE, Luborsky L, Barber JP, Docherty JP (eds) (1993) *Psychodynamic treatment research. A handbook for clinical practice*. Basic Books, New York
3. Evidence-based Practice and Practice-Based Evidence  
Levy RA, Ablon JS (eds) (2009) *Handbook of Evidence-Based Psychodynamic Psychotherapy. Bridging the Gap Between Science and Practice*. Humana Press, New York  
Shedler J (2010) The efficacy of psychodynamic psychotherapy. *Am Psychol* 65: 98-109
4. The Specific Case Study: The German Specimen Case a systematic clinical report (see attachment)
5. Buchheim et al. (2011) A neuroimaging study of patients with chronic major depression following psychodynamic psychotherapy after 15 months of treatment
5. Others?
6. Others?
7. Others?