

ukugadatana

horst kexele

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konkia fsiqoanalizSi

- froidma ukugadatana 1910 wels aRmoaCina da maSinve pacientis gadatanas daukavSira . man daaskvna, rom es fenomeni warmoadgens ,, pacientis zegavlenis Sedegs eqimis aracnobier gancdebze”. (froidi 1910, gv. 144).

ukugadatana da sawvrTneli analizi

- froidi xazgasmiT ambobda, rom „verc erTi fsiqoanalitikosi ver gascdeba sakuTar kompleqsebisa da Sinagani winaaRmdegobis limits.“ (1910, gv. 145).
- Aamgvarad, analitikosisaTvis aucilebelia sawvrTneli analizis gavla, raTa ganTavisufldes sakuTari „brma laqebisgan.“

ug-s negatiuri mniSvneloba

- froidis rekomendaciebi mkurnalobis Taobaze gamoixateba iseTi metaforebiT, rogoricaa: „sarkisebri areklva“ da „uemocio qirurgiviT“ moqmedeba. Ees pirdapiri mniSvnelobiT iqna gagebuli, kontrgadatana ki aTwleulebis manZilze SeinarCuna negatiuri mniSvneloba.

pirovnuli gaTanabreba

- samwuxaro gardauvalobad iyo miCneuli „analitikosis pirovnebis faqtoris” (Ffroidi, 1926w, gv220) arseboba mas Semdegac, rac fsiqoanalitikosi ukugadatanas daeufleba (anu idealur SemTxvevaSi, gamoricxavs mas) .

ukugadatanis dadebiTi Rirebuleba

- 1. Tavdapirvelad p.haimani (1950) aRniSnavda, rom ukugadatana moicavs analitikosis yvela grZnobas pacientis mimarT.
- 2haimani sxva avtorebze metad amaxvilebda yuradRebas ukugadatanis dadebiT aspectze.

ug rogorc diagnostikuri mxardaWera

- igi ukugadatanas miiCnevda diagnostirebisaTvis mniSvnelovan damxmare fenomenad da mas fsiqoanalitikuri kvlevis instrumentadac ki Tvli da. garda amisa, igi ukugadatanis warmomnas patients miawerda.

ug-s kompleqsuri koncepcia

- ukugadatanis kompleqsuri koncepcia sabolod imdenad vrceli gaxda, rom moicva yvelaferi; is gaigivebul iqna analitikosis srul fsiqikur realobasTan.

ukugadatanis Sesabamisoba da urTierTSevseba

- **Sesabamisi ug:** *sakuTari Tavis
pacientad gancda*
- **urTierTSemavsebeli ug:** *sakuTari
Tavis patientis sasurvel obieqtad
gancda*

klunikuri SemTxveva

- “ukugadatanis sakiTxebi pirovnebis
Sizoid-narcisistuli darRvevis mqone
patientis analitikur TerapiaSi.”

ukugadatana umniSvnelovanes datvirTvas
gansakuTrebiT maSin iZens, rodesac
patientis pirovnuli struqtura rTulad iZleva
saSualebas, rom pacientma sakuTar TavTan
warmoebuli dialogi gadmoitanos
daxmarebis msurvel analitikosTan dialogSi.

is ukugadatana, romelic daileqa am
patientSi, mWidrod iyo dakavSirebuli
specifiur interaqtiul qcevasTan, romelic
gamoscada orma sxvadasxva Terapevtma
sxvadasxva dros. metaforulad rom vTqvaT,
patients undoda xelSi Caegdo Terapiis
sadaveebi da gamxdariyo mmartveli, an
marionetebiviT aecekvebina Terapevtebi.

jon Y 1957 wels daibada. ojaxSi is ufrosi Svili iyo.
bavSvobaSi mama misTvis xSirad miuwvdomeli,
deda ki qronikulad daukmayofilebeli iyo.

pirvel sesiaze jonis mocemuli dRiuridan gavige,
rom mas ukve didi xania awuxebda
gaukuRmarTeba (perversia).

Svidi wlis asakSi man moipara ori wlis dis rezinis
Sarvali, Seitana sapirfareSoSi, Caicva da Sig
moisagma . Cven SevZeliT aRgvedgina is faqti,
rom j. Zalze ganicdida umcrosi dis dabadebas, ris
gamoc mas yuradReba moaklda. deda xSirad
agdebda biWs sxva oTaxSi da TokiT scemda, raTa
axalSobilis mixedvis saSualeba hqonoda .

mogvianebiT Terapiis dros man gaixsena, rom im
periodSi misma ojaxma sacxovrebeli Seicvala. isini
gadavidnen patara qalaqSi, sadac mas gauWirda
axal skolasTan da TanatolebTan Segueba . man
aRmoaCina, rom martooba Zalze sasiamovnoa.
Tanaklaselebi mas cudad epyrobodnen; martooba
da kiTxviT miRebuli siamovneba misTvis bunebrivi
mdgomareoba gaxda .

“me vkiTxulob yvelafers, razec xeli mimiwvdeba,
kiTxvam Camoayaliba Cemi leqsikoni, Cemi ena,
samyaros Cemeuli aRqma”

mamis samsaxuris gamo ojaxi kvlav axal qalaqSi
gadabargda. aman gazarda misi izolacia , survili-
damaluliyo nacbobi usulo sagnebis samyaroSi. j-s
isev scemdnen Tanatolebi, is Tavs ver icavda.
mozardobis asakSi p-ma daiwyo TavisTvis
plastikuri CanTebisgan rezinis Sarvlebis keTeba.
amave wels man orjer gadaitana virusuli meningiti,
ramac gaumyara arasrulfasovnebis gancda
skolasa da sxva saxis urTierTobebSi.

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gamyarebuli socialuri izolaciiis Sedegad joni aRar
dadioda skolaSi, risTvisac daisaja. mozardobis asakis
dasrulebisas Tavs gamofitulad grZnobda; aman
TviTmkvlelobis ramdenime mcdelobisken ubiZga. adreuli
mozrdilobis periodSi igi gamudmebuli ritualebis
tyveobaSi imyofeboda, ris gamoc ver axerxebda
mwvave ususurobis gancdisa da SfoTvis kontrols.
simptomaturi aqti , SesaZloa, CaiTvalos Zlier kavSirSi
masturbaciulul fantaziebTan, am kavSirma Tavi iCina
Terapiis ganviTarebis fazaSi.

mogvianebiT man werili miswera Tavis Terapevts:
“ am periodSi gamiCnda TanatolebTan kavSiris
Zlieri survili; magram socialuri Cvevebis ukmarisobis
gamo ar vicodi, ra gziT ganmexorcielebina es
survili, me ubralod ar vicodi, es rogor gamekeTebina!
me maqvs undoblobis Zlieri gancda, raTa ar
davmarcxde; amitomac erTi, rac viswavle, aris is,
rom martooba kargi Tanamgzavria” (werili 19.1.94)
skolis Semdeg jarSi msaxurobis periodi mZime
iyo, masze mbrZaneblobdnen da dascinodnen.

jonma universitetSi Caabara da maTematika
airCia. man ramdenjerme scada daemyarebina
zedapiruli kontaqt , magaliTad, is efeqturi iyo im
saxis samuSaoze, romliTac studenturi kavSiridan
gansakuTrebiT aravin interesdeboda. miuxedavad
amisa, misi SesaZleblobebi maTematikuri
davalebebis Sesrulebisas izRudeboda
koncentraciis ukmarisobis gamo; mokle xanSi j.
gadavida eleqtronikis kursze. iq Tavs kargad
grZnobda manam, sanam praqtikuli davalebebiT
iyo dakavebuli .

hobbis saxiT p-ti sistematiurad iwerda radiodan
pop musikas; amgvarad, samyarosTan kavSirs is
axorcielebda musikis uzomo mosmeniT. yovel
SemTxvevaSi, is iyo disk jokei , romelic
uzrunvelyofda yvelaze Tanamedrove musikas.

jonma mas Semdeg gadawyvita TerapiisaTvis
miemarTa, roca sakuTari Tavi metad seriozul
safrTxeSi Caigdo- Tavi daiba eleqtrogayvanilobiT,
Sedegad droebiTi paralizeba miiRo . Aaman masSi
panika gamoiwvia, radgan j-i ramdenime saaTis
ganmavlobaSi ver Tavisufldeboda.

TviTon pacienti Tavis avadmyofobas ukavSirebs
marto yofnasTan dakavSirebul SfoTvasa da
dezintegracias, romelic saTaves iRebs adreuli
bavSvobidan da romelic sagrZnoblad gaZlierda
gardatexis asakis Semdeg; aseve nawilobrivi misi
umcrosi dis mtanjveli fsiqoturi daavadebis Sedegad.

safrTxis miuxedavad, patients ar undoda mkurnalobis dawyeba, sanam ar miscemdnen iseTi pirobebis wayenebis, SesaZleblobas, rogoricaa Sexvedrebis sixSire da Terapiuli CarCoebi (setingi- wola Tu jdoma);

adre sxva TerapevtTan mkurnalobis mcdeloba warumatebeli aRmoCnda, radgan Terapevtma daJinebiT moiTxova standartuli teqniki dacva.

davyevi patientis moTxovnebs da davTanxmdo masTan “moqnil” Sexvedrebze, romelic specifiur mdgomareobaSi mayenebda. me Sevasrule patientis bevri survili.

mkurnalobis dros arsebobda ramdenime kritikuli momentic – gawyvetis momentebi, romelTa gamomwvevi iyo ZiriTadad Cemi daJinebuli moTxovna metad mivaxlovebodiT garkveuli saxis detales.

pacienti samjer iqna hospitalizirebuli, yovel jerze ramdenime kviriT. iq man gaigo, rom “haldol”-is gamoyeneba kargad exmareba Sinagani daZabulobis moxsnaSi. man Semdegac ganagrZo haldolis miReba da mixvda, rom misTvis es neiroleptiki gaxda fari Sinagani daZabulobis winaaRmdeg brZolaSi. mkurnalobis kursis Semdeg misi moTxovnileba am fsiqofarmakologiuri daxmarebis mimarT Semcirda.erT-erTi umniSvnelovanesi aRmoCena misTvis gaxda imis dadgena, rom mZime dartymit musikas abebis Canacvleba SeeZlo.

patientis moTxovnisadmi setingis daqvemdebarebis xarisxi Zalze maRalia; ar aris es gamoZalva? ara, me ar vTvli Tavs gamoZalvis msxverplad imis gamo, rom seriozulad avadmyof patients miveci saSualeba, TviTon ganesazRvra misTvis misaRebi Terapiuli pirobebi. iqidan gamomdinare, rom Secvlili pirobebi maZlevdnen fsiqoanalitikuri codnis miRebis da Terapiuli gavlenis moxdenis saSualebas, es ar iyo calmxrivi aqti, ufro zustad, Cveni es SeTanxmeba gulisxmoba Cems SesaZleblobas memuSava mocemul CarCoSi, miuxedavad imisa, rom myari Terapevtuli kavSiris damyarebis xarisxi minimaluri iyo.

bolos da bolos, Cven mivaRwieT orive mxarisTvis ase
Tu ise damakmayofilebel SeTanxmebas, ris xarjzec
Terapia stabilurad mimdinareobda ramdenime wlis
ganmavlobaSi. amis Semdeg pacienti drodadro modioda
sesiebze ZiriTadad mis rTul karierasTan dakavSirebuli
axali problemebiT; es ZiriTadad exeboda gaTxovil,
qmrebisgan mitovebul dedebs, romelTaTvisac is iyo
gaWirvebisas mzrunveli da damxmare adamiani.
mdedrobiTi sqesis warmomadgenlebTan am saxis
urTierTobas arc erTxel ar miuRwevia sqesobriv
intimurobamde; pacienti damxmare agentis
Tanamdebobaze Tavs sakmaod komfortulad grZnobda
xelmisawvdomi pirovnebis damoukidebel rolSi.

rom gadavxedoT am mkurnalobis msvlelobaSi
arsebul teqnikur gadaxvevebs, gagviCndeba
kiTxva, Tu ratom sWirdeboda patients Tavisi
avtonomiurobis imdenad rogidulad dacva, rom
yovel Carevaze (intervencia) is reagirebda misi
SewyvetiT, qronikuli dadanaSaulebiTa da kritikiT.

pacienti misazRvravda, Tu ra SemeZlo meTqva
da rodīs unda gavCumebuliyavi, Tavi megrZno
ususurd da damonebulad Cems ukugadatanaSi.
iseTi STabeWdileba Seiqmna, rom me sakuTari
saxlSi aRar viyavi patroni,. magram me Cems
Tavs miveci mis mier marTul mdgomareobaSi
moxvedris saSualeba da imedi mqonda, rom
droTa ganmavlobaSi Tavs davaRwevdi amas
Cemi interpretaciuli muSaobiT.

Cemi Zalisxmeva, rom meCvenebina
pacentisTvis, ras mikeTebda, warumatebeli
aRmoCnda. yoveli seansisTvis mas sakuTari
gegma gaaCnda da Tu me amas ver avyvebodi,
es Cemi problema iyo. am mkurnalobis
ganmavlobaSi mivxvdi, Tu ras niSnavs iyo
pacentis TviT-obieqti.

patientis diqtaturiT gamowveul morCilebas upirobod
mivyavarT emociur problemebamde, anu patientis
mier urTierTobis rigiduloba qmnis analogiurad rigidul
“proeqciul ukuidentifikacia”-Si (grinbergis mixedviT
1962, 1979) moxvedris safrTxes.

yovelTvis maxsendeba makdugalis da leboviCis 9
wlis semisSemTxveva (1969, gv 1), romelic
xanrZlivi drois ganmavlobaSi laparakobda mxolod
maSin, rodesac Terapevti TiToeul sityvas werda.
biWi xSirad wamoiZaxebda, “axla dawere is rasac
me gikarnaxeb; me var Seni mbrZanebeli.”

afekturi problema iyo brazis an apaTiis uqonloba
pasiurobisa da ususurobis dros. am pacientTan,
romlis potenciali cvlilebisen Zalzed mcirea,
gansakuTrebiT mniSvnelovani iyo
SemenarCunebina interesi fsiqodinamikuri
kavSirebis “insaitebis” miRebiT, anu codnis
mopovebiT. es iyo CemTvis am rTul fsiqoTerapiaSi
dakmayofilebis wyaro, ris gareSec izolaciis periods
Zalzed rTulad gadavitandi.

Cemi azriT, Zalze mniSvnelovania yoveli
analitikosisTvis imis gageba, Tu rogor unda iqnes
SenarCunebuli dadebiTi damokidebuleba rTul
situaciebSi da rogor iqonion minimaluri
kmayofilebis gancda mainc mniSvnelovani
sirTuleebis dros.

qvenoT aRwerili sesia Catarda Terapiis mesame wlis dasasruls.

Cveulebriv punqtualurma pacientma am sesiaze daagviana. dajda Tu ara savarZelSi, maSinve aRniSna, rom dagvianebe iyo misi Sinagani konfliqtis gamoxatuleba; mas ar gaaCnda ruka da gegma dReisTvis. man ganacxada, rom CemTan muSaobis adreuli manera kargad veRar funqcionirebda.

Tavisi poziciis dasazustebblad jonma gamoiyena eqspresiuli da metaforuli aRwera, romelic misTvis mimarTulebis mimcemi iyo; me ar mqonda nebarTva am metaforebis mniSvnelobebi gameanalizebina.

p: me mgonia, rom unda mogiyveT im azrebis Sesaxeb, romlebic mqonda; imis Sesaxeb, Tu ras vfiqrob Terapiis da, Sesabamisad, Cemi cxovrebis funqcionirebis Sesaxeb. arsebobs ori procesi,-erTi kompensaciis da erTi ganviTarebis. bavSvobaSi mravali rTuli gamocdilebis gamo Cemi ganviTarebis procesi Seferxda da me gaverie kompensatorul procesebSi, romlebSic qalebi asruleben mniSvnelovan rols. wuxel RamiT an sizmarSi, an cxadad, vnaxe CemTvis gaurkveveli suraTi.

es iyo p-sTvis damaxasiaTebeli aRwera, radgan uWirda gare da Sida samyaroeks Soris mkveTri zRvaris gavleba. misTvis did sirTules warmoadgenda ganesazRvra Sinagani xatebi, rogorc aseTi.

p: *mogonebaTa xeobaSi me Semxvda oTxi qalbatoni, romlebmec brali damdes maTi nivTebis moparvaSi da iTxovdnen maT dabrunebas. me ar SemeZlo maTi dabruneba, radgan isini bolomde naxmari iyo. eseTi iyo suraTi; me vfiqrob, es oTxi qali iyo pirveli oTxi gogo mariamde.*

patients jer arasdros hqonia axlo heteroseqsualuri urTierToba, magram mas yovelTvis SeeZlo epova qali, romlisTvisac is yvela saxis Sexebis gareSe iqneboda platonuri megobari. ufro xSirad es iyvnen qalebi, romlebsac sxva urTierTobebSi hqondaT konflikti da nugeSs da daxmarebas poulobdnen jonTan saubarSi. pacienti iRebda dakmayofilebas yoveli am urTierTobis saxeSecvlili fantaziiT, da regularulad ganicdida imedgacruebas, rodesac morigi qali tovebda mas da brundeboda Tavis “namdvil megobarTan”.

nacnoboba mariasTan gansxvavdeboda sxva
yvela urTierTobisgan, radgan is grZeldeboda
ramdenime wlis ganmavlobaSi. is faqti, rom maria
ar iyo misi yoveldRiuri cxovrebis nawili, did rols
asrulebda. is cxovrobda ramdenime aseuli
kilometris daSorebiT, amitom mxolod
SemTxveviTi Sexvedrebi iyo SesaZlebeli. am
distanciaze pacientma SeZlo masTan sakmaod
stabiluri urTierTobis damyareba, romelSic maria
funqcionirebda rogorc xorcSesxmuli ego ideali.

*p: me mgonia, rom marias gamoCeniT axali era daiwyo,
amitom ar SemiZlia jer mogonebebis xeobaSi seirnoba,
ufro kargad unda Seviswavlo; amjerad me isev
udabnoSi var.*

misi gancxadebebis ZiriTadi mizani iyo Sinagani
daZabulobis moxsna; zedapirulad isini ubralod
inteleqtualur TamaSs warmoadgendnen. Tumca es iyo
misTvis wonasworobis SemanarCunebeli xerxi. me
xSirad mqonda sirTuleebi mis gagebasTan
dakavSirebiT, TvalsaCino donezec ki, ar mesmoda Tu
sad undoda Cemi moTavseba Tavisi ideebis rTul qselSi.

patientma axsena mogonebaTa xeobamde
gasavleli faza, rogorc marSi udabnoSi. amitomac
me vcade damekavSirebina misi divanze ar wolis
da amis magivrad savarZelSi usafrTxo adgilis
povnis gadawyvetileba.

*a: savaraudod amitomac orive metad usafrTxo da
misaRebia; ar dawveT divanze, radgan Tqven jer
kidev udabnoSi xarT, udabnoSi ki aravin midis
marSrutis gareSe.*

me aviTvisე patientis ena, Tumca vicodi, rom es
SeanarCunebda amave eniT Seqmnil distancias.

*p: sad var? procesis romel nawilSi? me mgonia,
rom var kompensatorul samyaroSi, magram
mogonebaTa xeoba Tavidan gamiRebs
ganviTarebis samyaros kars. me visurvebdi jer
Tqven gagearaT am gzaze ise, rom me Sori
distanciidan Tvalis devneba SemeZlos.*

*a: Cvens wina eqskursiebs mogonebaTa xeobaSi
yovelTvis Tan axlda mravali mtkivneuli mogoneba,
rac TqvenTvis mZime iyo, da Tu me pirveli waval,
maSin me gadavwyvet Tu sad, da ara Tqven. ai
sad vxedav risks.*

pacientma daadastura es; man Tqva, rom axla
mas unda eswavla adgilis CemTan erTad
daniSnva. es iyo absoluturi simarTle da
amavdroulad es SesZenda mas
darwmunebulobas imaSi, rom mas SeeZlo
muSaobis regulireba. (analisis dawyebisas me
xSirad miwevda pacientisgan Sors sxvadasxva
mcdelobebiT gasvla, raTa mimeRwia masTan mis
Sizoidur izolaciaSi.)

Semdegi sesiaze man momitana dawerili
gancxadeba da moiTxova ubralod wamekiTxa is.
am naweris ar wakiTxva da pacientisTvis pirdapir
imis Txovna, rom TiTon aexsna Sinaarsi, Cemi
winamorbedi gamocdilebis mixedviT, iqneboda mis
mier sesiis gawyvetis maprovocirebeli. amitomac
wavikiTxe werili:

“wina Sexvedraze Cven gadavdgiT gadamwyveti nabiji imis gasarkvevad, Tu risi miRweva minda Tqvengan. vici, rom SemiZlia gendoT da mogawodoT aRwera, rac TqvenTvis raRacas niSnavs.

sakiTxi mdgomareobs imaSi, rom “lursmnebs Tavebi ar aqvT”. rom davazustoT- uTavo lursmnebi aris promlemis mimarT analitikuri midgoma (anu kategorizebis Teoriuli TvalsazrisiT) realuri Sesrulebis gareSe . (Tavi iqneboda nebismier garkveul momentSi SesaZlebeli midgomis momavali ganviTarebis realizebis forma).

Cemi Canafiqria am qcevis paternis Secvla. principSi, arsebobs sami ZiriTadi mizani:

- 1.me marto vakeTeb “uTavo lursmnebs” da amaze ar vsaubrob.
- 2.Sen akeTeb “uTavo lursmnebs” da Semdeg isini ukve Seni lursmnebia da me maT ve gamoviyeneb.
- 3.Sen aq mexmarebi “lursmnebis” povnaSi da “Tavebis” gakeTebas me mandob.

am werilis wakiTxvis Semdeg, me ar amixsnia
misi formaluri buneba magram mivubrun di Temas,
romelsac mTavazobda.

*a: davaleba romelic Sen Cven wagviyene ar aris
martivi, magram albaT Zalzed mniSvnelovani: is,
rom Tqven aq gaqvs lursmnebis keTebis
saSualeba – ideebi, romelic me SemiZlia
mogawodoT – da rom Tqven samagierod gaqvT
dazRveva rom amis realizeba aris mxolod Tqveni
saqme.*

Tavidan pacienti kmayofili iyo da momiyva
sxvadasxva aqtiobis Sesaxeb; bolo ramdenime
Tvis ganmavlobaSi man Seqmna areebi, sadac
SeeZlo SedarebiT usafrTxod emoZrava.

*p: mjera, rom veZeb TviT-gansazRvrebis
Tavisuflebas. Cemi saxis Tavisuflebas. SarSan
Tqveni didi Secdoma mdgomareobda imaSi, rom
Tqven Zalian axlos momyvebodiT Cems pozitiur
aqtiur ganviTarebaSi, da metic, Tqven tempsac
aZlierebdiT. amitomac Sevamcire Sexvedrebis
raodenoba. axla ki Tqven me ubralod Tan
maxlavxarT.*

pacienti ixsenebda epizods, rodesac me vcade interpretaciulad damemsxvria misi akrZalvebi, Sedegad is gadaeSva suicidalur guneba-ganwyobaSi da ramdenime dRiT moxvda fsiqiatrui saavadmyofoSi. im konkretul periodSi gamiCnda mis mier Cemi damonebis, SezRudvis da SeboWvis gancdebi. magram ara “mojadoebuli”, ramac momca imis interpretaciis saSualeba, rom is ar maRebinebda monawileobas Tavis ganviTarebaSi CemTvis sasurveli gziT. Cveni interaqciis interpretaciis mcdelobebma Cveni urTierTobis marTvis perspeqtivis misacemad, savaraudod gauaqtiures is gamocdileba sadac misi deda iyo Careuli.

patientis Relvis Sizoidurma komponentma SeZlo gaekvala gza ukan, bavSvobis travmatuli gamocdilebisen. mogonebebsi pacienti sakuTar Tavs xedavda saaTobiT motiral, dedis mier mitovebul bavSvad. dis dabadebis Semdeg, 5 wlisa, is ufro da ufro garTulda da dedas eSinoda misi marto datoveba dasTan. amitom is fardiT abamda xolme jons sxva oTaxSi. patients Seswevda unari amoetana mexsierebaSi, Tu ramdenad Sercxvenilad grZnobda Tavs SarvalSi ganmeorebiTi defekaciis Semdeg, miuxedavad imisa, rom is adreuli bavSvobisas sufTa iyo.

Cemi interpretaciebis ukan mdgomi strategia mimarTuli iyo uaryofis, tkivilis gancdasa da qalebis cdunebas Soris kavSiris genezisi,sken rasac is SfoTvamde miyavda. yovelive aman warmoSva misTvis narcisuli TavSesafari. am situaciebis gazrdilma marTvam, Sesabamisad, gamoiwvia misi perversiuli qcevebis sixSiris Semcireba.

3 wlis Terapiis Semdeg pacientma Tavis SeboWvis Sesaxeb SeZlo daewera Semdegi:

exla CemTvis ukve gasagebia Cemi simboloTa arsi. Cemi TviT-gancda aris pirveladi mniSvnelobis matarebeli. marTalia, rom me SemiZlia mxolod gaqceva, rodesac masze vamaxvileb yuradRebas, xolo danarCen aspeqtibs, rogoricaa tkivili da SfoTva ukuvagdeb. im SemTxvevaSi, Tu SfoTva dominirebs, me araviTari Sansi ar maqvs. es zustad asaxavs Cems mdgomareobas; Tu SfoTva maRalia, me ki ar mrCeba Tavisuflad fiqrisa da moqmedebis adgili, Cemi avadmyofoba mwvavdeba.

Cemi SeboWva imdenad saSiSia, ramdenadac
safrTxe konkretuli situaciidan. martivi borkilebi
yvelanairi damatebis gareSe mitoveben met dros,
ufro zustad sanam ar movkvdebi gauwylovnebiT ,
daaxloebiT 3 dRes. me arasodes damWirvebia erT
saaTze meti am pirobebSi. rodesac rols asrulebs
eleqtroba an haeris ukmarisoba, an Tundac
gadaxurebuli garemo. Me, Sesabamisad, mrCeba
naklebi dro da Cemi koncentracia izrdeba
proporciuli xarixiT. am gazrdaSi mdgomareobs
“TviT-gancdis” Rirebuleba.

“kombinaciidan gamomdinare, me mWidreboda 3
saaTi, magram mocemuli gamarTlebis xarjze
gasaTavisufleblad myofnida 2 wuTi. amgvarad
dabmulad yofnis mniSvneloba mdgomareobs
avadmyofobis mwvave mdgomareobis
SeferxebaSi, is aris Cemi gamocdilebis da Cemi
identurobis nawili, rac aris saWiro drois garkveuli
periodis ganmavlobaSi, da is ver iqneba
uzrunvelyofili romelime sxva gziT.

is, rac pacientma aRwera, rogorc mwvave
daavadeba, Sedgeba masiuri SfoTvebisgan,
romlebic Cndeba metismetad pirdapiri interaqciis
Sedegad. Tavis dabmis aqtSi is daeufla
warmosaxul safrTxeebs Tavis Segnebulad
damcirebiT da, amave dros, sakuTari
destruqciulobis kontroliT. SfoTviT kontrolis
dakargva defekaciaze, misi TqmiT, iyo kuWis
dagegmili moqmedeba da garkveuli gziT
ukavSirdeboda eakulacias.

es iyo dakavSirebuli mis dedasTan da mas mere
yvela qalTan, vinc mas tkivili miayena
siamovnebis dasasrulis triumfis magivrad. qalis
damcireba – romelic aseve Seicavs mamasTan
identifikacias, aseve SeiZleba ganixilebodes,
rogorc araperversirebuli da, amasTan,
tranformacia kompensaciaSi, aRfrTovanebasa da
idealizerebaSi.

amavdroulad, pacienti iZulebuli iyo SeenarCunebina distancia, raTa daecva qalebi Tavisi Tavdasxmehisgan da Seenaxa dedis warmosaxviTi siyvaruli. (stoleri 1968, gv 4)

perversia aris siZulvilis erotiuli forma; is iTvleba fantaziad, ufro metad gadadis moqmedebaSi, Tumca zogjer Semoifargleba surviliT. . . . is aris Cveuli, pirveladi mtrobiT motivirebuli, sruli dakmayofilebisTvis saWiro, upiratesad normidan gadaxra. . . .mtroba perversiaSi iRebs warmosaxviTi SurisZiebis qceviT gamoxatul formas. es qcevebi Seadgenen perversias da emsaxurebian bavSvobis travmis transformacias mozdilobis triumfad.

aracnobier rolTa gacvlaSi pacienti TviTon iyo sakuTari Tavis deda, kidev ufro metad Zlieri da yvelafris makontrolirebeli, vidre Tavad deda. pacientma daakavSira Tavisi zedapiruli kontrolis motivacia – gansazRvruli analuri avtonomiiT – da im faqtiT, rom is xSirad icvlida sacxovrebelS.es ki ganapirobebda mis uunarobas ganeviTarebina usafrTxoebis gancda saxlSi.