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Research on Transference

The Ulm-Leipzig-Göttingen study group after having developed the German version of the CCRT method by Luborksy & Crits-Cristoph (1990) has been investigating transference patterns in two single cases: the first a short term focal analytic therapy (Albani et al. 1994; Dahlbender et al. 1998); the second a long term high frequency psychoanalytic treatment (Albani et al. 2001). Furthermore we have studied changes of relationship patterns in in-patient psychodynamic group therapy (Albani et al. 2000).

As a contribution to basic research we have analyzed the connection between affective evaluation of recollected relationship experiences and the severity of the psychic impairment by this method (Albani et al. 1994; Cierpka et al. 1998)

This study, carried out at three different university centers contributes to validating the valence dimension of the CCRT-method. Working on the state of the CCRT-research on affective evaluation of relationship narratives, the connection between the valence dimension of the responses from others (RO), responses of the self (RS) and the severity of the psychic disorder has been analyzed investigating a large sample of relationship episodes (N = 8686) taken from 266 female patients.

Both therapists as well as patients themselves evaluate the severity of the impairment similarly. The more the patients are impaired, the more negatively they describe both their own reactions and those of their interaction partners as shown in the relationship episodes.

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