

## **Psychodynamic Psychotherapy Research: Practice Based Evidence and Evidence Based Practice**

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### **Outcome Research**

--The Efficacy of Psychodynamic Psychotherapy

*Jonathan Shedler, PhD*

--Effectiveness of Long-term Psychodynamic Psychotherapy: First Meta-Analytic Evidence and its Discussion

*Sven Rabung, PhD & Falk Leichsenring, DSc*

--The Helsinki Psychotherapy Study-Effectiveness, Sufficiency, and Suitability of Short and Long-term Psychotherapy

*Paul Knekt, P.H.D., MSc; Maarit A. Laaksonen, MSc, MSocSc; Tommi Harkanen, PhD; Timo Maljanen, MSc; Esa Virtala; Erki Heinonen, MPsyCh; Olavi Lindfors, Lic. Psych.*

--The Munich Psychotherapy Study: Must All Have Prizes?

*Dorothea Huber, PhD, MD; Gerhard Henrich, PhD; Judith Gastner, PhD; Guenther Klug, MD*

--Psychoanalytic and Psychodynamic Psychotherapies for Depression: The Evidence Base

*David Taylor*

--Evidence-Based Psychodynamic Treatments for Anxiety Disorders: A Review

*Jenelle M. Slavin-Mulford, PhD; Mark Hilsenroth, PhD*

--An Update and Overview of the Empirical Evidence for Transference Focused Psychotherapy and Other Psychotherapies for Borderline Personality Disorder

*Ken Levy, PhD; Kevin Meehan, PhD; Frank Yeomans, PhD*

--What Happens After Treatment? Can Structural Change be a Predictor of Long-term Outcome?

*Tilman Grande, PhD; Wolfram Keller, MD; Gerd Rudolf, MD*

Commentary for Part I: Research on Short and Long-Term Psychoanalytic Treatment-The Current State of the Art

*Jeremy Safran, PhD and Alexandra Shaker, PhD*

## **The Neurobiology of Psychotherapy**

--The Neurobiological Foundations of Psychotherapy

*George Viamontes*

--Neural Models of Psychodynamic Concepts and Treatments: Implications for Psychodynamic Psychotherapy—

*Josh Roffman, MD; Andrew Gerber, MD, PhD; Debra Glick, MA*

--Foundations of Psychodynamic Therapy: Implicit Emotional Learning

*Philip Wong, PhD; Dana Haywood, PhD*

--Toward Molecular Psychotherapy of Depression

*Johannes Lehtonen, MD et al*

--Psychotherapy Increases the Amount of Serotonin Receptors in Brains of Patients with Major Depressive Disorder

*Hasse Karlsson, MD, PhD*

--Neural Correlates of Emotion, Cognition and Attachment in Borderline Personality Disorder and its Clinical Implications

*Anna Buchheim, PhD; Roberto Viviani, PhD; Carol George, PhD; Horst Kächele, MD, PhD; Henrik Walter, MD, PhD*

--Neurobiologically Informed Psychotherapy for Borderline Personality Disorder

*Glen Gabbard, MD*

--Bridging Technology and Psychotherapy: Towards Investigating Psychological and Neural Correlates of Psychodynamic Psychotherapy

*Sharmin Ghaznavi, MD, PhD; Janet Witte, MD, MPH; Raymond Levy, PsyD; Joshua Roffman, MD*

Commentary for Part II: Neurobiology of Psychotherapy: State of the Art and Future Directions—

*Andrew Gerber, MD, PhD*

## **Theory, Technique and Process**

--Process and Outcome in Psychoanalytic Psychotherapy Research: The Need for a (relatively) New Paradigm

*Patrick Luyten, PhD, Sidney Blatt, PhD, Linda Mayes, MD*

--The Contributions of the Psychotherapy Process Q-set to Psychotherapy Research-

*Lotte Smith-Hansen, PhD; Raymond A Levy, PsyD; Carolina Seybert, MA; Ingrid Erhardt, MA; J. Stuart Ablon, PhD*

--Attachment Theory and Research: Implications for Psychodynamic Psychotherapy

*Ken Levy, PhD; Kevin Meehan, PhD; Christina Temes; Frank Yeomans, PhD*

--Studying Defense Interpretation in Psychodynamic Psychotherapy: Impact on Sessions and Complete Treatment

*Chris Perry, PhD*

--When Is Transference Work Useful in Psychodynamic Psychotherapy: A Review of Empirical Research

*Per Hægglend, MD, PhD; Glen Gabbard, MD*

--How to Make Practical Use of Therapeutic Alliance Research in Your Clinical Work

*Mark J. Hilsenroth, PhD; Thomas D. Cromer, PhD; Steven J. Ackerman, PhD*

Commentary on Part III: The Coming of Age of Psychoanalytic Treatment Research—

*Patrick Luyten, PhD*

### **Single Case Studies**

--Single Case Research: The German Specimen Case Amalia X

*Horst Kächele, MD, PhD; Joseph Schachter, MD, PhD; Helmut Thomä, MD*

--A Session of Psychoanalysis as Analyzed by the Psychotherapy Process Q-set: Amalia X, Session 152

*Raymond A. Levy, PsyD; J. Stuart Ablon, PhD; Helmut Thomä, MD; Horst Kächele, MD, PhD; Julie A. Ackerman, MA; Ingrid Erhardt, MA; Carolina Seybert, MA*

--Combining Ideographic and Nomothetic Approaches to Single Case Research

*Tai Katzenstein, Nnamdi Pole, J. Stuart Ablon, Carrie Olsen*

### **Assessing Change**

--Ten Diverse Outcome Measures for Psychodynamic Psychotherapy Research

*Caleb Siefert, PhD; Jared DeFife, PhD*

--Empirically-Informed Clinical Interviewing for Personality Disorders

*Jared DeFife, PhD and Drew Westen, PhD*

--The Structured Interview of Personality Organization (STIPO):

An Instrument to Assess Severity and Change of Personality Pathology  
*Susanne Hoerz, Dr. phil, Dipl-Psych; John Clarkin, PhD; Barry Stern, PhD;  
Eve Caligor, MD*

## **Appendix I**

Psychotherapy Process Q-Set—Revised April, 2009  
*J. Stuart Ablon, PhD; Raymond A. Levy, PsyD and the  
Psychotherapy Research Program  
Massachusetts General Hospital*

Child Psychotherapy Process Q-Set  
*Enrico Jones, PhD  
Celeste Schneider, PhD*

## **Appendix II**

Manualized Treatments for Psychodynamic Psychotherapy Research  
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Kächele, MD, PhD*