#### Information

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#### Site

University of Ulm, Psychosomatic Medicine and Psychotherapy, Am Hochsträß 8, 89081 Ulm – Germany

#### Fee

200 € (including participation, lunch on Friday and Saturday, dinner party on Friday evening, Coffee and Snacks in breaks)

# Payment:

Registration is only valid by payment to Horst Kächele: Account No.: 526 625 (Sparkasse Ulm, BLZ 630 500 00)

IBAN: DE03 6305 0000 0000 5266 25, BIC: SOLADES1ULM

Please mention your name and the keyword "PPRS III".

#### Accommodation

We recommend:

Hotel Stern, Sterngasse 17, 89073 Ulm Tel.: +49 / 731 / 1552-0; Fax: -99 http://www.hotelstern.de eMail: reception@hotelstern.de

Hotel Neuthor, Neuer Graben 17, 89073 Ulm Tel.: +49 / 731 / 975 279-0; Fax: -399 http://comfor.de/neuthor/englisch/ eMail: hotel-neuthor@comfor.de

Goldenes Rad, Neue Straße 65, 89073 Ulm Tel.: +49 / 731 / 800-184; Fax: -888 http://goldenes-rad.com eMail: info@goldenes-rad.com

Ulmer Spatz, Münsterplatz 27, 89073 Ulm Tel.: +49 / 731 / 68081; Fax: 6021925 http://www.hotel-ulmer-spatz.com ulmerspatz@mnet-mail.de

Roter Löwe, Ulmer Gasse 8, 89073 Ulm Tel.: +49 / 731 / 14089-0; Fax: -200 http://www.akzent.de/hotels/akzent-hotel-roter-lowe.aspx; eMail: Hotel.Roter.Loewe@akzent.de

Further facilities are provided by Tourist-Information Ulm: Tel.: +49 / 731 / 161-2811 or online: http://tourismus.ulm.de/tourismus/de/ulm\_neuulm/touristinfo/zimmervermittlung/

# History

The first conference on this topic took place in 1985: H. Dahl, H. Kächele, H. Thomä (Eds.) (1988): Psychoanalytic Process Research Strategies. Springer Berlin Heidelberg New York

The second took place 12 years later, in 1997:

H. Kächele, E. Mergenthaler, R. Krause (Eds.) (1999): Psychoanalytic Process Research Strategies II. Ulm, Ulm Textbank

Now the third conference is devoted to the evaluation of long term psychoanalytic-psychodynamic therapies in the times of evidence based medicine.

Long term treatments are hard to study in the frame of RCTs; patients and therapists too often are not motivated to accept the tight frames of such studies. So how to generate evidence of "what works for whom" has been a crucial matter in many countries. Does it make sense to maintain the distinction of efficacy and effectiveness for long term treatments as well? Such questions form the core of the conference and the experiences of European researcher will provide the state of the art on these issues.

Welcome to Ulm again!

hal hill

Your Horst

## Symposium



# Psychoanalytic Process Research Strategies III

Ulm Conference on June 4-5-6, 2009 in collaboration with DGPT (Deutsche Gesellschaft für Psychoanalyse, Psychotherapie, Psychosomatik und Tiefenpsychologie)



Faculty of Medicine  $\cdot$  Ulm University Psychosomatic Medicine & Psychotherapy

Am Hochsträß 8, 89081 Ulm – Germany

Supported by the German Research Counsil (DFG – Deutsche Forschungsgemeinschaft)

## **Poster**

- I. Szecsödy (Stockholm) Are attachment measures (AAI & RF) suitable tools for evaluation of change: a single case study?
- S. Taubner (Kassel) & L. Elsäßer (Berlin) Mentalization and Depression – Findings from the Hanse-Neuro-Psychoanalyse-Study
- S. Hörz (Munich) What can the Structured Interview of Personality Organization (STIPO) contribute to differential diagnosis and measure of outcome?
- A. Werbart (Stockholm) Quality assurance of psychotherapy in Sweden
- T. Nolte (New Haven) Neural correlates of attachment and social cognition under idiosyncratic attachment-related stress in adults. An Event-Related Potentials Study
- T. Fischmann (Frankfurt am Main) Dreaming and Psychological Change

# Thursday, June 4, 2009

2 pm - 6.30 pm

Moderation N. N. (Ulm)

- G. Roth (Bremen) Do we need biological measures for evaluating long term treatments?
- D. Wiswede, H. Kessler (Ulm) & M. Cierpka (Heidelberg) Is neuroimaging a way to visualize OPD changes?

#### break

- A. Buchheim (Innsbruck), S. Taubner (Kassel), D. Wiswede & H. Kächele (Ulm) Neural correlates of attachment patterns in depressed patients: First findings of the Hanse-Neuro-Psychoanalysis Study
- J. Lehtonen (Helsinki) Molecular findings on serotonin transporter levels in relation to one-year psychodynamic psychotherapy of drug-naive patients with depression using the SPET brain imaging method.

## Friday, June 5, 2009

9 am - 1.30 pm

Moderation E. Mergenthaler (Ulm)

- P. Fonagy (London) Mentalisation as a common factor in the psychotherapeutic process.
- F. Leichsenring (Gießen) & S. Rabung (Hamburg) The effectiveness of long-term psychodynamic psychotherapy: a meta-analysis.

#### break

- T. Grande, W. Keller, Th. Jakobsen & G. Rudolf (Heidelberg-Berlin) Preconditions and effects of structural change in the Heidelberg-Berlin Study of psychoanalytic long-term psychotherapy
- R. Sandell (Stockholm) An individual differences perspective on treatment outcome.

## 2.30 - 7 pm

Moderation F. Pfäfflin (Ulm)

- O. Lindfors, P. Knekt, C. Renlund, P. Haaramo, M. Laaksonen, T. Härkänen, E. Virtala and the Helsinki Psychotherapy Study Group (Helsinki) The effectiveness of psychoanalysis and long- and shortterm psychotherapy on psychiatric symptoms – a 5year quasi-experimental follow-up study.
- D. Huber & G. Klug (Munich): The longer the better? Psychodynamic long-term psychotherapies and cognitive-behaviour therapy in comparison.

#### break

- P. Luyten (Louvain) Different folks need different strokes: An interpersonal-psychodynamic approach to the treatment of patients with personality disorders
- B. Strauß (Jena) Do interpersonal and attachment characteristics tell us something about desirable treatment lengths?

# Saturday, June 6, 2009

9 am - 1.30 pm

Moderation D. Pokorny (Ulm)

- Th. Jakobsen (Basel) What happens when the symptoms don't change?
- J. Zevalkink (Nederlands Psychoanalytic Institute Dutch Psychoanalytic Society) A study of the effects of long-term psychoanalytic psychotherapy/psychoanalysis

#### break

- M. Leuzinger-Bohleber (Frankfurt) & M. Beutel (Mainz) Psychoanalytic and cognitive-behaviroral treatment: First data on the LARC depression study
- I. Harpaz-Rotem (New Haven) Pathway to therapeutic change: change in self-representation in long-term psychodynamic treatment of adolescents and young adults

# 2.30 - 4 pm

Moderation K. Münch (Bremen)

- R. Krause (Saarbrücken) The German system for the evaluation of public payment of psychotherapeutic treatments. The case of client centered psychotherapy. Experiences of a long term scientific adviser to the Federal Commission to evaluate curative tools.
- R. Richter (Berlin) Psycho-politics comments from the president of the German Chamber of Psychological Psychotherapists

#### break

Moderation A. Sellschopp (München)

H. Kächele (Ulm) Recommendations for future psychoanalytic treatment research.