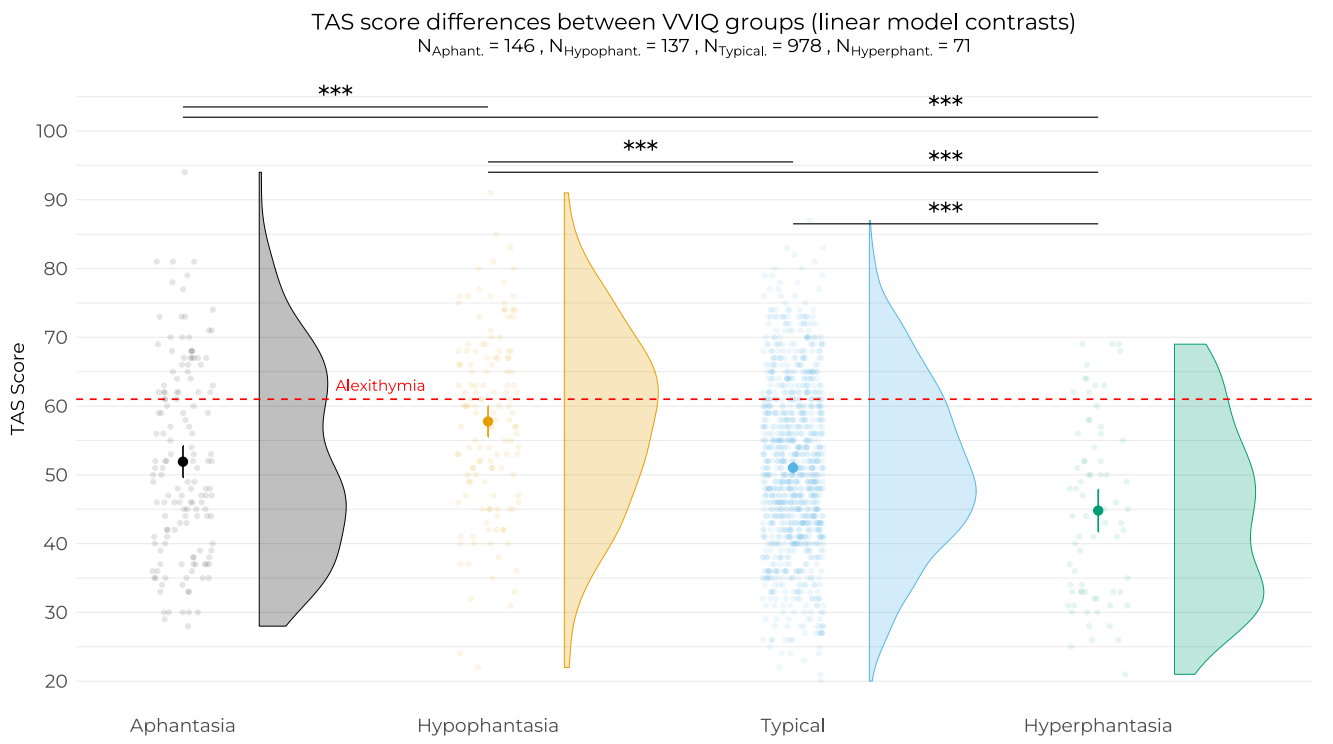
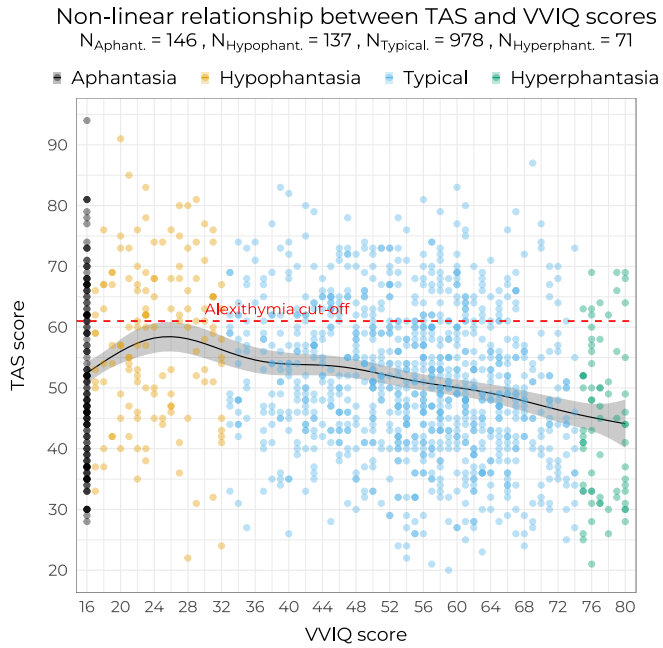
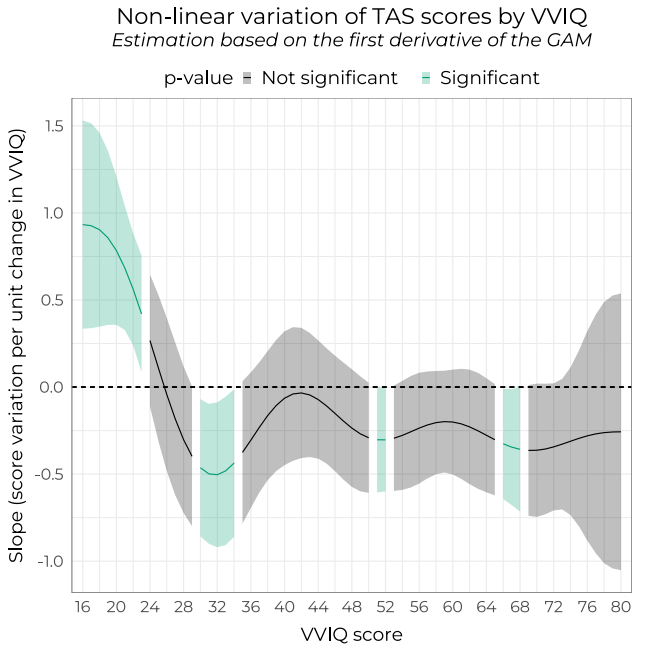


Combined data from Ale & Burns (2024), Monzel et al. (2024), Kvamme et al. (2025) and Ruby (2025). The red line indicates the alexithymia cut-off (TAS > 60).The significance labels are based on a contrast analysis of a linear model predicting TAS scores with VVIQ groups.



The black line represents a generalized additive model (GAM) fitted to the data. The shaded area represents the 95% confidence interval of the GAM.



A slope above 0 indicates that as VVIQ increases, TAS scores also increase. A slope below 0 indicates that as VVIQ increases, TAS scores decrease.