A

	Ale & Burns (2024) N = 192	Monzel et al. (2024) N = 105	Mas & Luminet (2025) N = 123	Ruby (2025) N = 205	Kvamme et al. (2025) N = 833	All studies combined N = 1,458

Legend:
- Aphantasia
- Hypophantasia
- Typical
- Hyperphantasia

Ale & Burns (2024): Aphantasia 60, Hypophantasia 15, Typical 102, Hyperphantasia 15

Monzel et al. (2024): Aphantasia 20, Hypophantasia 10, Typical 68, Hyperphantasia 7

Mas & Luminet (2025): Aphantasia 2, Typical 120, Hyperphantasia 1

Ruby (2025): Aphantasia 12, Hypophantasia 13, Typical 167, Hyperphantasia 13

Kvamme et al. (2025): Aphantasia 54, Hypophantasia 99, Typical 644, Hyperphantasia 36

All studies combined: Aphantasia 146, Hypophantasia 139, Typical 1101, Hyperphantasia 72

B

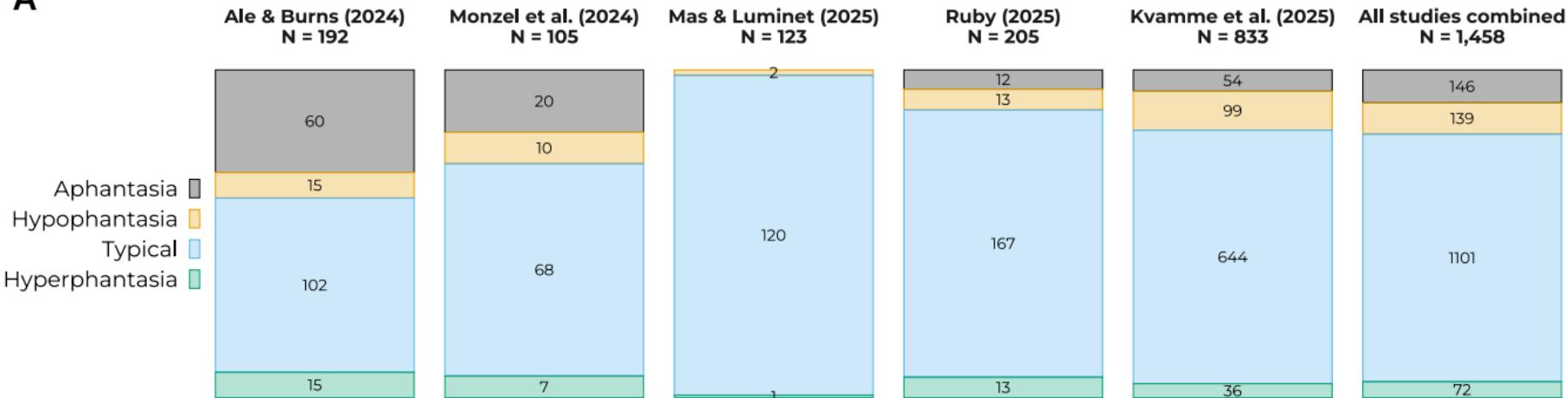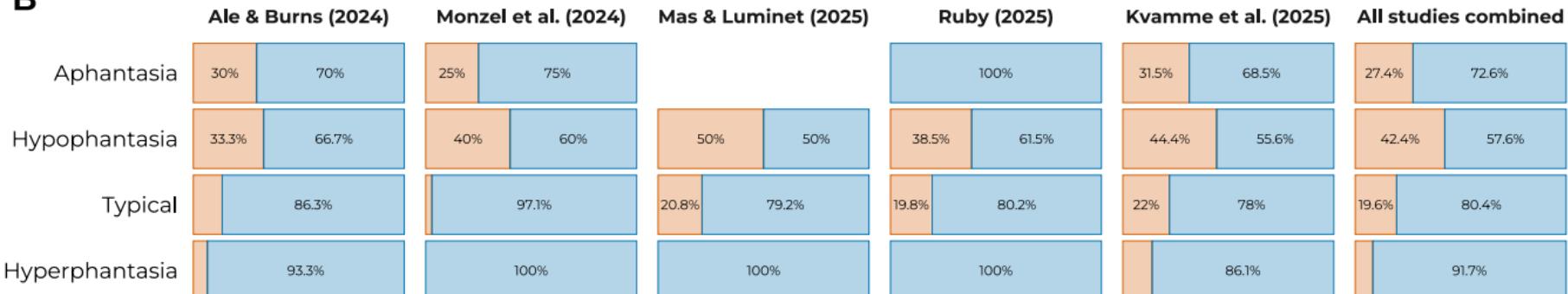|	Ale & Burns (2024)	Monzel et al. (2024)	Mas & Luminet (2025)	Ruby (2025)	Kvamme et al. (2025)	All studies combined
Aphantasia	30% / 70%	25% / 75%		100%	31.5% / 68.5%	27.4% / 72.6%
Hypophantasia	33.3% / 66.7%	40% / 60%	50% / 50%	38.5% / 61.5%	44.4% / 55.6%	42.4% / 57.6%
Typical	86.3%	97.1%	20.8% / 79.2%	19.8% / 80.2%	22% / 78%	19.6% / 80.4%
Hyperphantasia	93.3%	100%	100%	100%	86.1%	91.7%

Proportion within the VVIQ group

- Alexithymia (TAS > 60)
- No Alexithymia