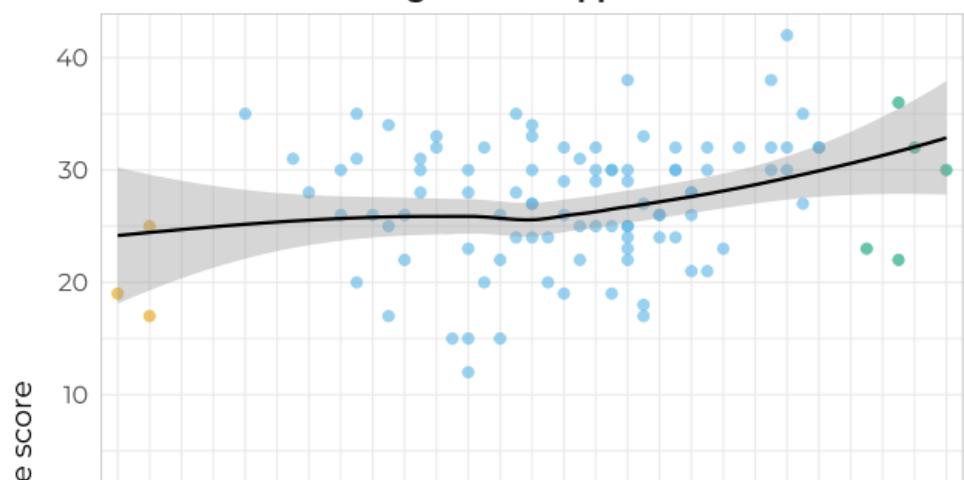


Relationship between VVIQ and ERQ sub-scale scores

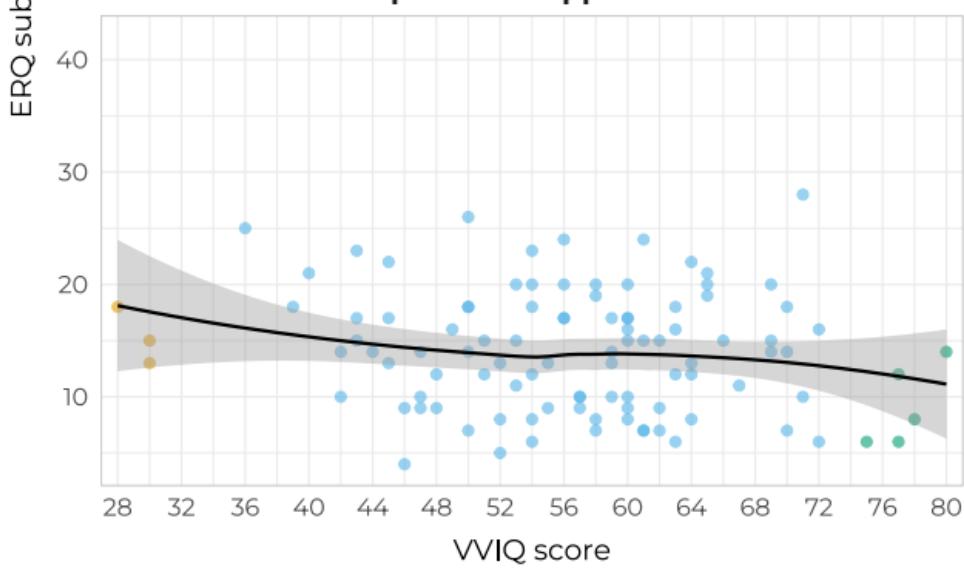
$N_{\text{Aphant.}} = 0$, $N_{\text{Hypophant.}} = 3$, $N_{\text{Typical.}} = 94$, $N_{\text{Hyperphant.}} = 5$

● Hypophantasia ● Typical ● Hyperphantasia

Cognitive Reappraisal



Expressive Suppression

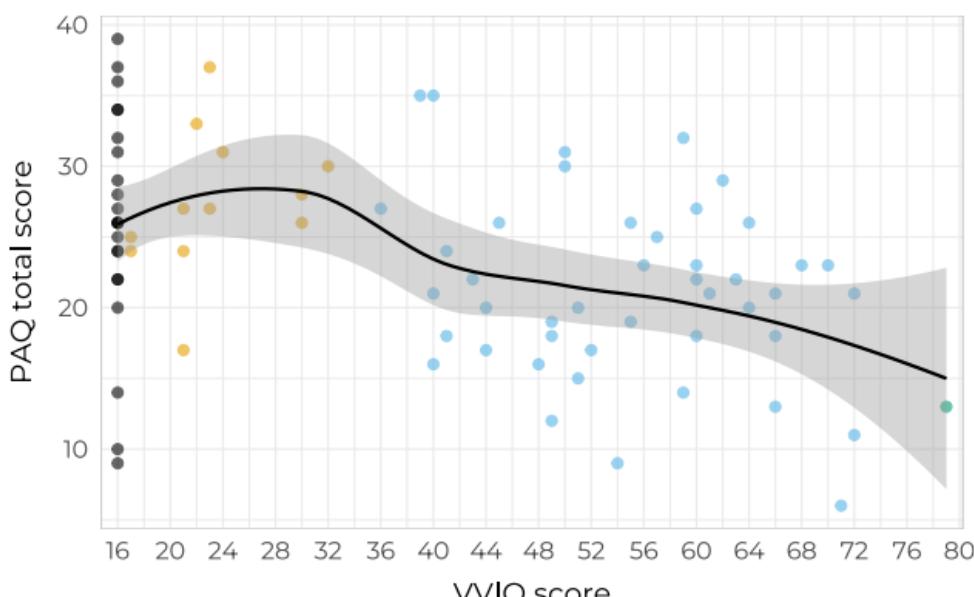


Data from D'Argembeau & Van der Linden (2006)

Relationship between VVIQ and PAQ scores

$N_{\text{Aphant.}} = 22$, $N_{\text{Hypophant.}} = 12$, $N_{\text{Typical.}} = 44$, $N_{\text{Hyperphant.}} = 1$

● Aphantasia ● Hypophantasia ● Typical ● Hyperphantasia



Data from Ji et al. (2025), unpublished