





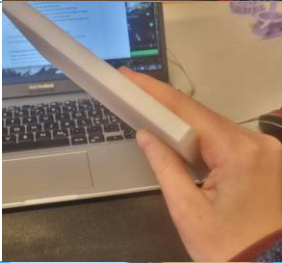
Standardized Grip Performance Evaluation

1. Lateral pinch – object is held between thumb and the radial side of the index finger
2. Transverse volar grip – the object is held with the thumb against the other four fingers, contact with the palm and the objects axis is transverse to that of the hand
3. Tripod pinch – the object is gripped by the thumb, index and middle fingers, it might (but not necessarily) have contact with the web of the thumb.
4. Pulp pinch – the object is held between the thumb and index or middle finger.
5. Extension grip – the object is held between the thumb and the four fingers, the fingers are extended in the interphalangeal joint, no contact with the palm.
6. Spherical volar grip – the object is surrounded by the thumb and the four fingers, has contact with the palm.

Tabell:

Nr	Grip	Success	Failure	Success rate (ex _ / 10)
1	Lateral pinch			
2	Transverse volar grip (power)			
3	Tripod pinch			
4	Pulp pinch (tip)			
5	Extension grip			
6	Spherical volar grip			

Total:

Grip classification	Examples shown with human hand
1 - Lateral pinch - Keycard	
2 - Transverse volar grip (power) - Coffee cup	
3 - Tripod pinch – Whiteboard marker	
4 - Pulp pinch (tip) - keycard	
5 - Extension grip - Smartphone	
6 - Spherical volar grip - Ball	