#### Abstract

This project presents an **Integrated Power Management Unit (PMU)** designed for use in IoT devices and embedded systems. The PMU ensures efficient power regulation and monitoring, contributing to the reliability and longevity of these systems. It consists of three main components:

1. **LDO Regulator**: A Low Dropout (LDO) regulator provides a stable output voltage. It uses an error amplifier for feedback and a PMOS transistor as the pass device, ensuring precise voltage regulation under varying load conditions.

Here, we aim at getting the best-case scenario of the lowest loss in the form of DropOut Voltage in the LDO. In this design, the loss has been minimized to

- 9.3% in positive cycle
- 1.7% in negative cycle
- 2. **VCO** Circuit: A Voltage-Controlled Oscillator (VCO), built using a 555 timer, converts the LDO's output voltage into a square wave signal with a frequency proportional to the voltage level. This allows dynamic monitoring of the regulated voltage. On analysis, we obtained an **inverse** relation between the **Voltage** and **Frequency**. This is a drawback, owing to the usage of the 555 timer. Nevertheless, the PMU logic is unaffected.
- 3. **Frequency Counter**: The frequency of the VCO output is measured using a counter (This is nothing but an Asynchronous 4-bit D-flipflop counter), which converts it into a digital value. This value is compared against predefined thresholds. If the frequency deviates from the acceptable range, the PMU sends a signal to the battery driver to take corrective action, such as adjusting the power supply or triggering system alerts.

This PMU design provides a compact and integrated solution for power regulation and monitoring, making it ideal for modern IoT applications.

# Chapters

1.	Introduction	1
	<ul> <li>Importance of Integrated PMU in IoT Devices</li> </ul>	1
	<ul> <li>Proposed Design</li> </ul>	2
	<ul> <li>Applications of Integrated PMU</li> </ul>	2
2.	Literature Survey	3
<b>3.</b>	Design / Methodology / Architecture	6
	• Brief	6
	<ul> <li>Methodology</li> </ul>	6
	• Architecture	6
4.	Implementation	10
	<ul> <li>LDO design and Integration</li> </ul>	10
	<ul> <li>555 Timer-based VCO Design and Voltage Monitoring</li> </ul>	11
	<ul> <li>Frequency Counter and Power Management Logic</li> </ul>	12
	<ul> <li>System Integration and Testing</li> </ul>	12
	Real-Time Power Management	13
<b>5.</b>	Results and Discussions	14
	<ul> <li>Insights</li> </ul>	15
6.	Conclusions and Future Work	17
	<ul> <li>Conclusion</li> </ul>	17
	Future Works	18
•	References/Bibliography	21

#### Introduction

In recent years, the demand for efficient power management solutions has grown significantly due to the rise of low-power devices such as IoT gadgets, wearable electronics, and portable medical equipment. These devices are an integral part of modern technology and are expected to operate seamlessly, often in challenging environments where power efficiency and reliability are critical. Ensuring a long battery life and stable performance in such applications requires an effective Power Management Unit (PMU).

A PMU is the backbone of any embedded system, responsible for managing and regulating the power supplied to various components. Its design must strike a balance between maintaining a stable output voltage, reducing power losses, and dynamically adjusting to changes in system load or battery conditions. At the core of any PMU lies a Low Dropout (LDO) regulator, a widely used voltage regulator known for its simplicity, low noise output, and high precision.

This project aims to develop an **Integrated Power Management Unit** tailored for applications in IoT and embedded systems. It combines an LDO regulator with advanced monitoring and control systems to create a solution that is not only efficient but also compact and adaptable. The PMU comprises three key components:

- 1. Low Dropout Regulator (LDO): The LDO serves as the primary voltage regulation unit. It uses an op-amp-based error amplifier as feedback to ensure precise control of the output voltage. A PMOS transistor acts as the pass element, providing a stable voltage with minimal power loss. This configuration ensures low noise and high efficiency, which are crucial for sensitive IoT and embedded applications.
- 2. Voltage-Controlled Oscillator (VCO): Monitoring the output voltage of the LDO in real-time is essential for dynamic power management. In this design, a Voltage-Controlled Oscillator (VCO) is used to convert the LDO's output voltage into a frequency. A 555 timer is used to make the VCO, generating a square wave whose frequency is directly proportional to the LDO output voltage. This simple yet effective design ensures accurate voltage-to-frequency conversion while maintaining a compact footprint.
- 3. **Frequency Counter and Control Logic**: The frequency output of the VCO is fed into a frequency counter, which converts the signal into a digital value. This digital representation of the voltage is then compared to predefined thresholds. If the voltage deviates from the acceptable range, the control logic sends signals to the battery driver to take corrective actions. These actions might include adjusting the LDO's reference voltage, optimizing power usage, or even triggering low-power modes in the system.

# **Importance of Integrated PMU in IoT Devices**

IoT devices are often deployed in remote or battery-constrained environments where power efficiency is paramount. They require a robust PMU that not only regulates power but also actively monitors and manages energy consumption. Traditional PMUs often lack the ability to adapt to changing conditions dynamically. The integration of a VCO-based monitoring system with a precise LDO addresses this limitation.

The LDO ensures that the device operates within a stable voltage range, preventing damage to sensitive components. Meanwhile, the VCO-based monitoring and control system enables real-time adjustments, ensuring that power consumption is minimized without compromising performance. This combination enhances the reliability and efficiency of IoT devices, making them more sustainable and capable of longer operation between battery replacements or recharges.

## **Proposed Design**

The Integrated Power Management Unit (PMU) is designed with three key components that work together to ensure efficient power regulation and monitoring:

- 1. **Precision Voltage Regulation:** The PMU uses a Low Dropout Regulator (LDO) for stable voltage output. An op-amp-based error amplifier in the feedback loop ensures that the output voltage remains consistent despite variations in load or input voltage. The PMOS pass transistor minimizes the dropout voltage and enhances efficiency, making it ideal for low-power applications.
- 2. **Voltage-Controlled Oscillator (VCO):** A 555 timer is utilized to build the Voltage-Controlled Oscillator (VCO). The VCO takes the LDO's output voltage as input and converts it into a square wave signal with a frequency proportional to the voltage level. This conversion allows the voltage to be monitored indirectly through its corresponding frequency, enabling simple and effective tracking of the power supply status.
- 3. **Frequency Counter and Control Logic:** The frequency generated by the VCO is fed into a frequency counter (made up of D-flipflops), which translates the signal into a digital value. This digital output is then compared against predefined threshold values. If the frequency deviates from the acceptable range, the control logic takes corrective actions, such as adjusting the reference voltage, optimizing battery usage, or triggering safety mechanisms. This dynamic monitoring and adjustment ensure that the PMU responds effectively to changes in system load or battery conditions.

# **Applications of the Integrated PMU**

The proposed PMU design is particularly suited for:

- **IoT Devices:** Devices like smart sensors, home automation systems, and remote monitoring units can benefit from the efficient and adaptive power management provided by this design.
- **Wearable Electronics:** Smartwatches, fitness trackers, and medical wearables require stable voltage regulation and minimal power consumption to maximize battery life.
- **Portable Medical Devices:** Devices such as portable ECG monitors and insulin pumps demand both reliability and compactness in their power management systems.

# **Literature Survey**

## 1. Distributed LDO Regulators in a 28 nm Power Delivery System

A fully integrated power delivery system with distributed on-chip LDO regulators, fabricated in 28 nm CMOS, is presented. Adaptive biasing allows fast regulation (64ps response) with 99.49% current efficiency, and adaptive compensation ensures stability across temperature and voltage variations without off-chip capacitors. The system handles high load changes with minimal voltage droop and a 0.1 V dropout, representing the first silicon demonstration of stable, integrated LDOs for high performance devices.

## 2. A Frequency Compensation Scheme for LDO Voltage Regulators

This work introduces a stable LDO topology with an internal zero for low ESR capacitive loads, enabling robust frequency compensation without relying on the load capacitor's ESR. This design, tested in AMI 0.5-µm CMOS technology, improves transient response and noise performance, supporting multilayer ceramic capacitors while optimizing key parameters such as ground current, load regulation, and output noise.

## 3. Integrated Shunt-LDO Regulator for Serial Powered Systems

A Shunt-LDO regulator is developed for ASICs in serially powered systems, reducing IR drop and enabling parallel regulation. It combines LDO stability with shunt current regulation, making it suitable for hybrid pixel detectors in high-energy physics. Fabricated in 130 nm CMOS, it achieves 1.2–1.5V output, 200 mV dropout, and supports up to 500 mA with 30 m $\Omega$  output impedance.

# 4. High-Performance Error Amplifier for Fast Transient DC–DC Converters

A new error amplifier with low quiescent current is designed for fast transient response in DC–DC converters. The amplifier uses comparators to activate an extra current source during large signal operations, enhancing transient response while maintaining stability across conditions. Simulations show a significant improvement in response over conventional designs.

# 5. Fast-Transient DC-DC Converter with On-Chip Compensated Error Amplifier

This fast-transient DC–DC converter incorporates an on-chip compensated error amplifier with a current-mode Miller capacitor, eliminating the need for off-chip components. Fabricated in 0.35-µm CMOS, it demonstrates reduced dropout voltage

under load variations and five times faster transient response compared to conventional designs, with only a 3% increase in quiescent current.

# 6. Fully Integrated Digital LDO with Coarse–Fine Tuning and Burst-Mode Operation

Operation This D-LDO regulator features a coarse–fine-tuning technique and burst-mode operation to address current efficiency and transient response trade-offs. Fabricated in 65 nm CMOS, it achieves voltage undershoot/overshoot control, 82 µA quiescent current, and high tracking speed. The D-LDO occupies a 0.01 mm² area and provides efficient regulation under varying loads.

# 7. Highly Digital VCO-Based ADC Architecture for Current Sensing Applications

A VCO-based current-to-digital converter with second-order noise shaping is presented for sensor readout. This architecture uses a digital IIR filter to address VCO non linearity, making the design scaling-friendly. Designed for an ambient light sensor, it achieves 900 pA accuracy over a 4  $\mu A$  range and consumes 77.8  $\mu A$  in 0.18- $\mu m$  CMOS with 0.36 mm² active area.

# 8. Design and Analysis of a Low Power Current Starved VCO for ISM band Application

This research explores the applications of current-starved CMOS VCOs (Ring Oscillators) in the 2.4 GHz ISM band, focusing on 3-stage, 5-stage, and 7-stage designs. These oscillators operate with a low 0.9 V power supply, consuming 0.250 mW, 0.254 mW, and 0.256 mW, respectively. The tuning ranges are 0.534–11.036 GHz, 0.433–6.43 GHz, and 0.353–4.59 GHz, with phase noise at 2.419 GHz measured at -75.91 dBC/Hz, -76.38 dBC/Hz, and -79.934 dBC/Hz for each design. PSS analysis showed -85.946 dBm, -97.314 dBm, and -105.1 dBm performance at 2.4 GHz. These designs combine low power, wide tuning range, and compatibility with wireless technologies.

# 9. Monitoring the Number and Duration of Power Outages and Voltage Deviations at Both Sides of Switching Devices

This article highlights the need to monitor electrical network parameters to improve power supply reliability and quality. It reviews existing sensors and emphasizes monitoring parameters on both sides of switching devices. A functional circuit and operational algorithm are proposed for tracking power outages and voltage deviations. The prototype, based on an Arduino NANO V3 (ATmega328), was successfully tested in the lab to detect emergency modes in internal consumer networks.

# 10.Understanding Low Drop Out (LDO) Regulators - Lecture by Michael Day, Texas Instruments

This paper provides a basic understanding of the dropout performance of a low dropout linear regulator (LDO). It shows how both LDO and system parameters affect an LDO's dropout performance, as well as how operating an LDO in, or near, dropout affects other device parameters. Most importantly, this paper explains how to interpret an LDO's datasheet to determine the dropout voltage under operating conditions not specifically stated in the datasheet.

# 11. Understanding the Terms and Definitions of LDO Voltage Regulators, Application Report by Bang S. Lee, Texas Instruments

This report provides an understanding of the terms and definitions of low dropout (LDO) voltage regulators, and describes fundamental concepts including dropout voltage, quiescent current, standby current, efficiency, transient response, line/load regulation, power supply rejection, output noise voltage, accuracy, and power dissipation. Each section includes an example to increase the understandability.

# **Design methodology and Architecture**

#### **Brief:**

The design of this PMU will proceed in three stages: the LDO design, the 555 timer-based VCO, and the frequency counter with power management logic. The first stage focuses on developing the LDO with an op-amp-based error amplifier and PMOS pass element to ensure precise voltage regulation. The second stage involves designing a 555 timer-based VCO to convert the LDO's output voltage into a frequency-proportional square wave for dynamic voltage monitoring. Finally, the frequency counter processes the VCO output, compares it to predefined thresholds, and integrates with the power management logic for real-time adjustments. All components were developed, simulated, and optimized using LTSpice XVIII.

## Methodology:

This project focuses on designing an Integrated Power Management Unit (PMU) optimized for low-power IoT and embedded systems. The methodology involves a systematic development of the PMU, divided into three key stages: the **Low Dropout (LDO) regulator**, the **555 timer-based Voltage-Controlled Oscillator (VCO)**, and the **frequency counter** with **power management logic**. Each stage is simulated and tested to ensure accuracy and performance using LTSpice software.

#### **Architecture:**

## 1. LDO Regulator Design

The first step involves designing the LDO, which provides a stable output voltage to the load.

#### • Components:

The LDO consists of an op-amp-based error amplifier, a PMOS pass transistor, output load with capacitor and Voltage divider network at the output.

#### • Operation:

The error amplifier compares part of the output voltage to a reference voltage and adjusts the gate voltage of the PMOS pass transistor to regulate the output voltage. This ensures stability and low dropout across a range of load conditions.

#### • Simulation:

Using LTSpice, the LDO circuit is simulated under varying input voltages (Mainly Sine wave signal) and load currents to analyze its voltage regulation, stability, and transient response.

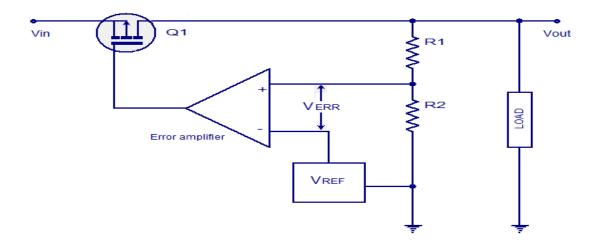


Figure 1: Schematic of a Low DropOut (LDO) Regulator

## 2. 555 Timer-Based Voltage-Controlled Oscillator (VCO)

The second stage focuses on converting the LDO output voltage into a frequency-proportional signal using a 555 timer-based VCO.

#### • Components:

The VCO circuit is built around a 555 timer IC configured in a stable mode. A control voltage, derived from the LDO output, modulates the frequency of the square wave generated.

#### Operation:

As the LDO output voltage varies, the VCO adjusts its oscillation frequency proportionally, providing a reliable means to monitor voltage changes dynamically.

#### • Simulation:

The VCO design is tested in LTSpice to validate its frequency-voltage relationship. The generated square wave is analyzed for frequency range, accuracy, and stability across different control voltages.

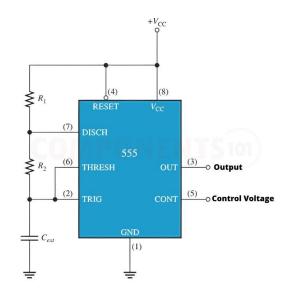


Figure 2: Schematic of VCO using 555 timer

## 3. Frequency Counter

The final stage involves integrating a frequency counter to process the VCO output and implementing power management logic for decision-making.

- **Frequency Counter Design**: This counter is made using D flipflops in asynchronous configuration. It measures the frequency of the VCO's output square wave and converts it into a digital representation of the LDO's output voltage. This digital value is compared against predefined thresholds to detect deviations.
- **Power Management Logic**: Based on the frequency counter's output, the power management logic decides on corrective actions. For example, if the frequency indicates a voltage outside acceptable limits, the logic signals the battery driver to optimize power delivery or switch modes.
- **Simulation**: The frequency counter and logic circuit are simulated in LTSpice to ensure proper detection of frequency variations and correct decision-making. Timing, accuracy, and logic consistency are verified in these tests.

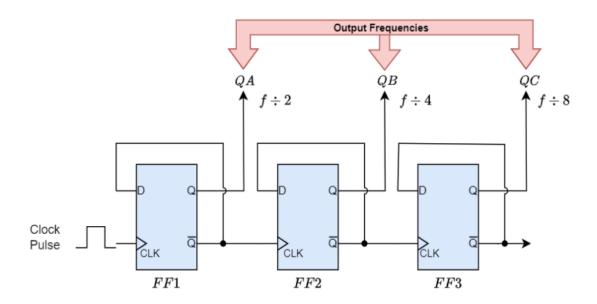


Figure 3: Block diagram of the Frequency counter

# **Implementation**

The Integrated Power Management Unit (PMU) was designed and fully simulated using LTSpice, incorporating three primary functional blocks: the Low Dropout Regulator (LDO), the 555 timer-based Voltage-Controlled Oscillator (VCO), and the frequency counter with integrated power management logic. This design ensures efficient voltage regulation, real-time voltage monitoring, and dynamic power management based on input voltage variations, tailored for applications such as embedded systems and IoT devices.

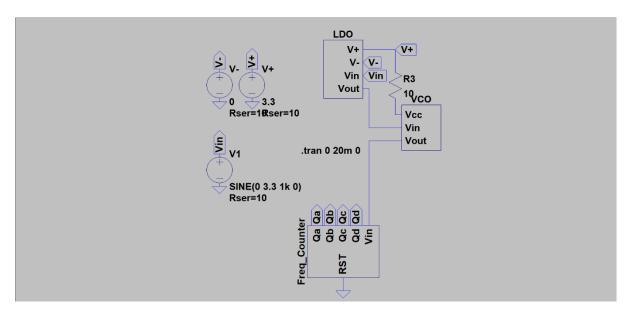


Figure 4: Schematic of the Integrated PMU with the functional blocks of LDO regulator, VCO and Frequency Counter

# LDO Design and Integration:

The LDO is the first crucial component of the PMU, responsible for providing stable output voltage despite variations in input voltage or load conditions. The LDO design incorporates an op-amp-based error amplifier in the feedback loop to maintain voltage regulation. A PMOS pass transistor is used to provide low dropout voltage. The input to the LDO is fed from a variable voltage source, and its output is stabilized by the feedback mechanism of the error amplifier. This component ensures that the PMU delivers a stable voltage to the following stages, ensuring consistent performance in varying conditions. In LTSpice, the LDO's response was tested across various load and input conditions, and its performance was optimized to provide a low dropout voltage with minimal ripple.

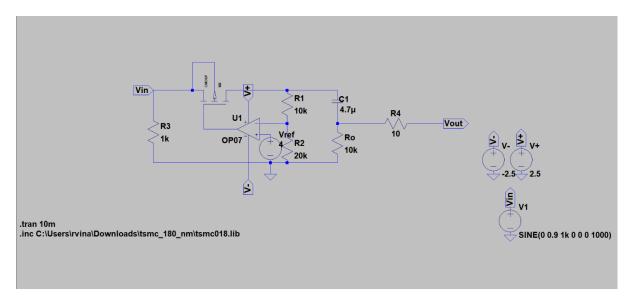


Figure 5: Schematic of LDO regulator done using LTSpice

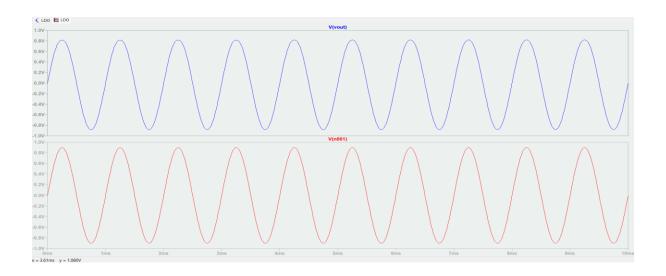


Figure 6: Input and Output vs Time characteristics of the LDO block

# 555 Timer-based VCO Design and Voltage Monitoring:

The second stage of the PMU involves a 555 timer-based Voltage-Controlled Oscillator (VCO). The output of the LDO is fed into the VCO circuit, where it controls the frequency of oscillation. The 555 timer is configured in an astable multivibrator mode, which allows it to generate a square wave. The frequency of this square wave is directly proportional to the voltage input from the LDO. As the LDO's output voltage varies, the frequency of the VCO changes accordingly, providing a dynamic, real-time representation of the output voltage. This VCO mechanism provides an innovative way of monitoring voltage fluctuations without the need for complex analog-to-digital conversion circuits.

The VCO block was implemented and tested in LTSpice to confirm that the oscillation frequency is linearly related to the LDO output voltage. Simulation results showed that the VCO accurately responded to small variations in the LDO output, confirming its functionality in real-time voltage monitoring applications.

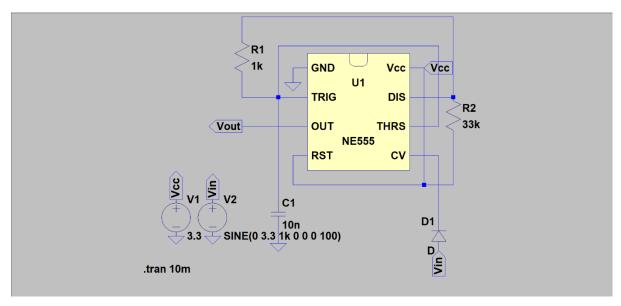


Figure 7: Schematic of VCO done using LTSpice

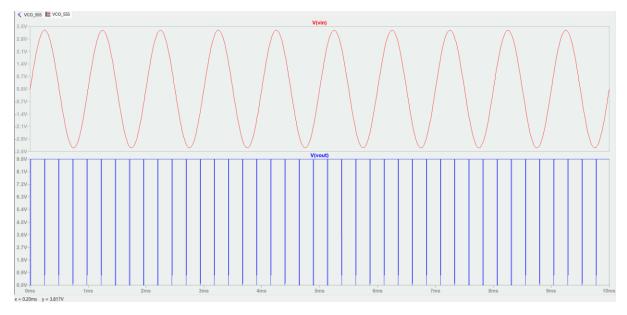


Figure 8: Sine wave to Square wave transformation by VCO

# **Frequency Counter and Power Management Logic:**

The third stage involves the frequency counter and integrated power management logic, which forms the core of the system's dynamic power regulation. The square wave output from the VCO is fed into a frequency counter, which measures the frequency of the signal. The frequency is then converted into a digital value that correlates with the LDO output voltage. This digital representation is compared to predefined threshold values. If the frequency deviates from the expected range, the power management logic is triggered.

The power management logic processes the frequency counter's output to determine whether corrective actions are necessary. For instance, if the frequency indicates that the output voltage is too high or too low, the power management logic sends signals to the battery driver or adjusts the LDO settings to bring the output back to the desired level. This adaptive response ensures that the power supply remains stable and energy-efficient under varying conditions, optimizing battery life and improving the overall reliability of the system.

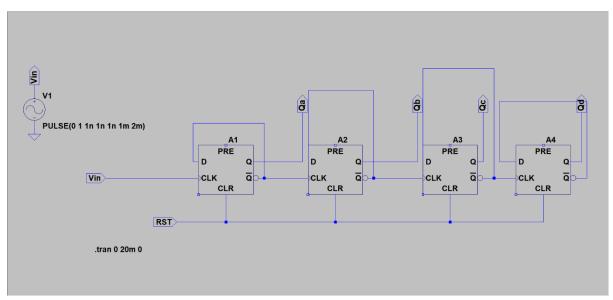


Figure 9: Frequency Counter using D-flipflops made using LTSpice

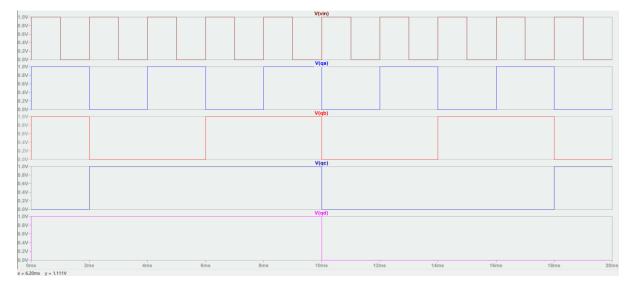


Figure 10: Digital output of VCO converted to binary values, which correspond to the frequency of the output wave of VCO

# **System Integration and Testing:**

After the individual blocks were designed and tested, they were integrated into a single PMU system. The entire system, including the LDO, VCO, frequency counter, and power management logic, was simulated in LTSpice. The schematic diagram of the integrated PMU

was constructed, which demonstrates the seamless operation of the LDO, VCO, and frequency counter. The simulation results showed the input to the LDO, its output, the VCO's frequency output, and the digital output from the frequency counter.

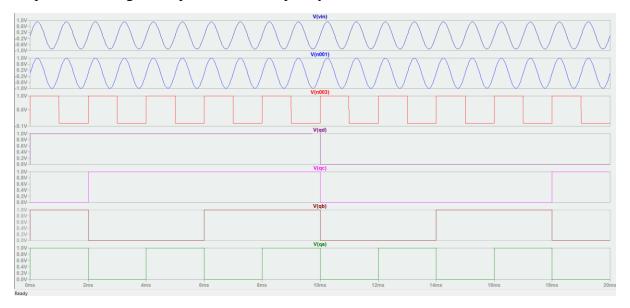


Figure 11: The Stable voltage of LDO converted to Digital frequency and then given to Frequency counter to give stable output.

In the simulation, the waveforms confirmed the dynamic interaction between the components:

- The **input to the LDO** shows the varying input voltage,
- The **output of the LDO** demonstrates stable voltage regulation,
- The VCO output reflects the variation in frequency proportional to the LDO's output,
- The **frequency counter output** shows the digital representation of the frequency, which is used to trigger power management decisions.

# **Real-Time Power Management:**

The final system allows real-time monitoring and control of the power supply. As the frequency counter detects variations in the VCO frequency (which correlates with the LDO's output voltage), the power management logic evaluates whether the voltage is within acceptable limits. If the voltage is outside the predetermined range, the power management logic activates the battery driver to adjust the system's power parameters, such as voltage scaling or switching between power modes. This ensures that the system can adapt to changes in input power conditions and optimize energy usage, which is crucial in applications with limited power resources, such as IoT devices and embedded systems.

The complete schematic, including the LDO, VCO, frequency counter, and power management logic, as well as the waveforms illustrating the system's operation, were successfully simulated and tested in LTSpice. These results confirm the functionality of the PMU and its capability to provide efficient and dynamic power management. The integration of the VCO-based voltage monitoring and frequency counting with the power management logic creates an efficient, low-power solution for real-time voltage regulation and power optimization.

#### **Results and Discussions**

The simulation of the Integrated Power Management Unit (PMU) using LTSpice has provided several important insights into the design and functionality of the system, confirming its potential for real-time voltage regulation and dynamic power management. The following key observations were made from the simulation results:

## 1. Stable Voltage Regulation by LDO:

The LDO successfully regulated the output voltage across a wide range of input voltages, demonstrating the effectiveness of the op-amp-based error amplifier and PMOS pass transistor. The low dropout voltage characteristic of the LDO ensures minimal voltage loss, which is crucial for low-power applications. This result confirms that the PMU can maintain a stable and reliable power supply, even under fluctuating input conditions.

## 2. Real-Time Voltage Monitoring via VCO:

The 555 timer-based VCO proved to be an efficient method for monitoring the output voltage of the LDO. The frequency of the square wave output from the VCO changed proportionally with variations in the LDO's output voltage, providing a direct and real-time representation of voltage fluctuations. This simple yet effective approach allows for continuous voltage monitoring without the need for complex analog-to-digital conversion circuits, making it an ideal solution for power-sensitive applications.

# 3. Frequency Counter for Digital Representation:

The frequency counter successfully measured the frequency of the VCO output and converted it into a digital value. This digital output allowed for precise monitoring of voltage changes, which could then be used by the power management logic to initiate corrective actions. The ability to translate frequency variations into digital signals for real-time analysis enhances the flexibility of the system in adjusting to voltage deviations dynamically.

# 4. Dynamic Power Management:

The integration of the frequency counter with the power management logic provided valuable insights into how the system can respond to variations in voltage. When the frequency deviated from the expected range, the power management logic triggered adjustments to the LDO output, ensuring that the voltage remained within acceptable limits. This adaptive behavior demonstrates the potential for real-time power optimization, crucial for extending battery life in IoT and embedded systems.

## 5. Low Power Consumption and Efficiency:

Throughout the simulations, the PMU demonstrated efficient power usage. The LDO's low dropout voltage minimized energy loss, while the VCO-based voltage monitoring system used minimal power. This feature is especially important in battery-powered applications, where power consumption must be optimized to extend operational lifetime.

## 6. Scalability and Flexibility in Design:

The modular design of the PMU, comprising separate functional blocks for LDO, VCO, and frequency counter, allows for easy scalability and adaptation to different applications. The components can be individually optimized or replaced with more sophisticated versions depending on the specific requirements, such as varying input voltage ranges or power output specifications. This flexibility makes the PMU suitable for a wide range of applications, from low-power IoT devices to more complex embedded systems.

## **Insights:**

## • Enhanced Power Management Efficiency:

The integration of a 555 timer-based VCO with a frequency counter and power management logic offers a novel approach to managing power consumption dynamically. By using frequency as an indirect measure of voltage, the system enables real-time adjustments to power levels, which is crucial for battery-operated devices. This method can lead to significant improvements in energy efficiency, particularly in systems where continuous power optimization is required.

# • Cost-Effective Voltage Monitoring:

The VCO-based voltage monitoring approach provides a cost-effective alternative to traditional ADCs for voltage measurement. By using the frequency of the VCO output to represent voltage changes, the system avoids the complexity and power consumption associated with conventional analog-to-digital conversion, making it ideal for power-constrained environments.

# Real-Time System Adaptability:

The system's ability to adapt to voltage fluctuations in real-time is a key feature that can enhance the reliability of IoT devices and embedded systems. By using the frequency counter's digital output to trigger necessary adjustments, the PMU ensures

that the system can maintain optimal performance, even under varying power conditions.

# • Improved Battery Life:

The dynamic power management capabilities of the PMU help in optimizing battery life by ensuring that the system consumes only as much power as necessary. The frequency counter's output, in combination with the power management logic, allows the system to continuously adjust the LDO's output to maintain stability, thereby minimizing unnecessary power consumption and extending the battery life of portable devices.

The results of this simulation have demonstrated that the PMU provides a viable, energy-efficient solution for voltage regulation and dynamic power management. The integration of a 555 timer-based VCO for real-time voltage monitoring, coupled with a frequency counter and power management logic, offers a simple yet effective way to ensure stable and efficient power delivery in low-power applications.

## **Conclusions and Future Work**

#### **Conclusion**

This project demonstrates the design, simulation, and implementation of an Integrated Power Management Unit (PMU) tailored for low-power applications such as IoT devices and embedded systems. The PMU integrates a Low Dropout Regulator (LDO), a 555 timer-based Voltage-Controlled Oscillator (VCO), and a frequency counter to ensure efficient voltage regulation, real-time power monitoring, and dynamic power management.

#### 1. LDO: Providing Stable Output

- Ensures **precise voltage regulation** with minimal voltage drop.
- Utilizes an **op-amp-based error amplifier** for continuous adjustment to match the reference voltage.
- Maintains stability under varying input voltage and load conditions.
- Extends **battery life** and enhances energy efficiency with its low dropout characteristic.

#### 2. VCO: Converting Voltage to Frequency

- 555 timer-based Voltage-Controlled Oscillator (VCO) monitors voltage in real-time.
- Converts voltage to frequency, simplifying voltage tracking.
- Eliminates the need for **power-intensive ADCs**, prioritizing energy efficiency.
- Provides a **cost-effective** solution for low-power applications.

#### 3. Frequency Counter: Quantifying Frequency into Simpler Form

- Measures VCO output frequency and converts it into a digital value.
- Enables **dynamic monitoring** of voltage fluctuations.
- Critical for relaying real-time voltage data to power management logic.
- Simplifies voltage tracking for adaptive control.

#### 4. Integrated Power Management Logic

- Combines the functionalities of the LDO, VCO, and frequency counter.
- Uses digital frequency data to monitor and correct voltage deviations.
- Adapts the LDO output dynamically to maintain balance.
- Optimizes energy consumption while ensuring performance.
- Demonstrates stability, efficiency, and adaptability, ideal for low-power applications.

#### **Future Work**

The Integrated Power Management Unit (PMU) designed in this project serves as a robust foundation for future improvements, with several potential enhancements that can further optimize its performance, power efficiency, and accuracy. These enhancements focus on various aspects such as minimizing dropout voltage, improving frequency response, and reducing power consumption, all of which are crucial for the growing demand for efficient low-power systems in fields like IoT, wearable electronics, and embedded devices. Below are several key areas where further improvements can be made:

## 1. Transition to a Digital LDO

While the current **LDO** design uses an **op-amp-based error amplifier**, a potential upgrade involves transitioning to a **digital LDO**. Traditional analog LDOs, although efficient in many applications, may not provide the level of precision and dynamic control required for modern **low-voltage**, **low-power systems**. A **digital LDO** can be controlled more precisely and can offer a **programmable output voltage**, which is particularly beneficial in scenarios where voltage needs to be adjusted dynamically based on real-time conditions.

A digital LDO typically utilizes a **feedback loop** with a **digital controller** instead of an analog amplifier. This approach allows for faster **adjustments** to the output voltage, reducing **transient response times** and providing better **stability** under varying load conditions. Furthermore, the **digital nature** of the LDO can reduce **quiescent current** compared to analog designs, thus minimizing the **overall power consumption** of the PMU, which is a critical requirement in battery-powered devices. The integration of a **digital controller** could also open the door for **adaptive voltage regulation** based on factors such as battery level, temperature, or system load, improving overall system **power efficiency**.

# 2. Use of a Successive Approximation Register (SAR) ADC

Currently, the voltage monitoring in the PMU is performed using a **555 timer-based VCO** to produce a frequency proportional to the output voltage, which is then converted into a digital signal by a **frequency counter**. While this method is effective and energy-efficient, it can be enhanced further by implementing a **Successive Approximation Register (SAR) ADC**.

A SAR ADC is widely recognized for its low power consumption, high accuracy, and speed. Compared to traditional flash ADCs, which consume higher power due to the need for multiple comparators, a SAR ADC uses a binary search algorithm that successively approximates the input voltage to determine its digital equivalent. This method consumes far less power, making it ideal for low-power systems where efficiency is critical. By implementing a SAR ADC in place of the VCO-based method, the voltage monitoring would become more precise, offering higher resolution and faster response times, especially beneficial in systems with rapidly changing voltage levels.

Furthermore, SAR ADCs typically require **fewer components**, making them more compact and suited for integration into **system-on-chip** (SoC) designs. The **higher resolution** of the SAR ADC would allow the PMU to **monitor voltage fluctuations** with greater accuracy, thus

enabling better voltage regulation and more refined control of the system's power consumption.

## 3. Optimization of Frequency Response

In the current design, the **frequency response** of the VCO is dependent on the output voltage of the LDO, which is then tracked by the frequency counter. To enhance the system's performance, the **frequency response** of the entire circuit could be further optimized by incorporating a **low-noise oscillator** or employing advanced **clock generation techniques** to achieve a more stable and faster frequency conversion. This would allow the PMU to respond more rapidly to voltage fluctuations, reducing latency in the **voltage regulation loop**.

Another enhancement could be the **integration of a phase-locked loop (PLL)** with the VCO, enabling even more precise frequency tuning. The use of a PLL could stabilize the frequency output of the VCO, ensuring that the **voltage monitoring system** is more consistent and accurate over a wider range of operating conditions. This would particularly benefit systems where **high-frequency stability** is critical, such as in wireless **IoT applications** that require **real-time communication**.

## 4. Minimizing Dropout Voltage

While the current **LDO** design offers efficient voltage regulation, further efforts can be made to **minimize dropout voltage**. The **dropout voltage** is the minimum difference between the input and output voltages for the LDO to function correctly. In low-power devices, especially battery-operated ones, minimizing dropout voltage is crucial to **extend battery life** and ensure that the system can continue to operate effectively as the input voltage drops.

To address this, **low-dropout** (**LDO**) **designs with better pass transistors** could be integrated. Specifically, **P-channel MOSFETs** or **FETs** can be used as pass elements, as they generally have a lower **on-resistance** compared to traditional pass transistors. This modification would reduce the **voltage drop across the pass element**, thereby allowing the LDO to maintain stable output even as the input voltage approaches the output voltage. **Advanced circuit topologies**, such as those that use **current-mode control** or **adaptive biasing**, could also be explored to achieve **ultra-low dropout voltages** while maintaining high efficiency.

# 5. Integration of Adaptive Power Management Logic

A major future enhancement for this PMU design could be the **integration of adaptive power management logic** that adjusts the PMU's behavior based on real-time power consumption patterns. By integrating more sophisticated **energy management algorithms** or incorporating **machine learning** techniques, the PMU could intelligently optimize power distribution, voltage regulation, and **battery charging**.

For example, the PMU could use **predictive algorithms** to forecast the **battery's state of charge** and adjust power settings to maximize battery life without sacrificing performance.

This adaptive power management approach would not only improve efficiency but could also enhance the **overall system lifetime**, making it particularly useful in **IoT** and **wearable** devices where long battery life is a significant concern.

## 6. Real-World Testing and Reliability

Lastly, while the PMU design has been validated through **simulation** in **LTSpice**, the system's **real-world performance** still requires thorough testing. The impact of **temperature variations**, **electromagnetic interference (EMI)**, and other practical factors needs to be evaluated. Real-world testing could help refine the design, identify areas of improvement, and optimize the system's **reliability** and **robustness** in diverse operating environments.

In conclusion, the enhancements proposed for the **PMU** focus on refining its **power efficiency**, **voltage regulation**, and **system responsiveness**. By incorporating a **digital LDO**, a **SAR ADC**, and other improvements such as reducing dropout voltage and optimizing **frequency response**, the PMU can evolve into a highly efficient, **scalable**, and **reliable power management solution**. These future developments will not only improve the performance of the PMU but also contribute to the broader field of **low-power electronics**, ensuring the design is adaptable to a wide range of **modern applications**.

# References and Bibliography

- 1. Inna Vaisband, Burt Price, Selcuk Kose, Yesh Kolla, Eby G. Friedman and Jeff Fischer, "Distributed LDO regulators in a 28 nm power delivery system" in Analog Integr Circ Sig Process (2015) 83:295–309.
- 2. Chaitanya K. Chava and José Silva-Martínez, "A Frequency Compensation Scheme for LDO Voltage Regulators" in IEEE TRANSACTIONS ON CIRCUITS AND SYSTEMS—I: REGULAR PAPERS, VOL. 51, NO. 6, JUNE 2004.
- 3. Michael Karagounis, David Arutinov, Marlon Barbero, Fabian Huegging, Hans Krueger and Norbert Wermes, "An Integrated Shunt-LDO Regulator for Serial Powered Systems", Physics Department, University of Bonn.
- 4. Jeongjin Roh, "**High-Performance Error Amplifier for Fast Transient DC– DC Converters**" in IEEE TRANSACTIONS ON CIRCUITS AND SYSTEMS—II: EXPRESS BRIEFS, VOL. 52, NO. 9, SEPTEMBER 2005.
- 5. Ke-Horng Chen, Hong-Wei Huang, and Sy-Yen Kuo, "Fast-Transient DC–DC Converter With On-Chip Compensated Error Amplifier" in IEEE TRANSACTIONS ON CIRCUITS AND SYSTEMS—II: EXPRESS BRIEFS, VOL.54, NO. 12, DECEMBER2007.
- 6. Praveen Prabha, Seong Joong Kim, Karthikeyan Reddy, Sachin Rao, Nathanael Griesert, Arun Rao, Greg Winter, and Pavan Kumar Hanumolu, "A Highly Digital VCO-Based ADC Architecture for Current Sensing Applications" in IEEE JOURNAL OF SOLID-STATE CIRCUITS, VOL. 50, NO. 8, AUGUST 2015.
- 7. Mo Huang, Yan Lu, Sai-Weng Sin, Seng-Pan U, and Rui P. Martins, "A Fully Integrated Digital LDO With Coarse–Fine-Tuning and Burst-Mode Operation" in IEEE TRANSACTIONS ON CIRCUITSANDSYSTEMS—II: EXPRESS BRIEFS, VOL.63, NO.7, JULY2016.
- 8. Nikhat Anjum, Vimal Kumar Singh Yadav, Vijay Nath, "Design and Analysis of a Low Power Current Starved VCO for ISM band Application" in International Journal of Microsystems and IoT.
- 9. VADIM BOLSHEV, ALEXANDER VINOGRADOV, MICHA JASI SKI ,(Graduate Student Member, IEEE), TOMASZ SIKORSKI, (Member, IEEE), ZBIGNIEW LEONOWICZ AND RADOMIR GONO, (Senior Members, IEEE), "Monitoring the Number and Duration of Power Outages and Voltage Deviations at Both Sides of Switching Devices".
- 10. Lecture by Michael Day, Texas Instruments, "Understanding Low Drop Out (LDO) Regulators", Portable Power Design Seminar.
- 11. Application Report by Bang S. Lee, Texas Instruments (SLVA079 October 1999), "Understanding the Terms and Definitions of LDO Voltage Regulators".
- 12. Textbook by Ramakant A. Gayakwad, "Op-Amps and Linear Integrated Circuits".
- 13. Textbook by Behzad Razavi, "Analog CMOS VLSI Design"