

M: Hello English learners and welcome to EnglishPod! My name is Marco.

E: And I' m Erica.

M: Hey Erica, how are you today?

E: Marco, I' m doing really well /and I' m really looking forward to today' s lesson.

M: Well, so am I, because here at EnglishPod /we' re giving you real English.

E: Everyday English.

M: Exactly, English that you hear in movies or in TV-shows 电视节目.

E: This is English /people actually use.

M: So, Erica, what is our topic for today?

E: Well, today we' re talking about computer viruses 电脑病毒.

M: Perfect! So, I think it' s time for us to take a look at our preview 预习内容.

Voice: Vocabulary preview.

E: Okay, today we' ve got two words to preview. The first word is virus.

M: Virus.

E: Virus.

M: Virus.

E: So, if your computer has a computer virus, it means your computer is sick, right?

M: Actually, a computer virus is a program that is designed to harm or to damage your computer.

E: Oh, I see, okay...

M: And...

E: Well, thank you for being so technical 技术的 ; 专业的. 谢谢你给出这么专业的解释

M: Hehe. That' s the technical explanation. Okay, let' s take a look at our second word for our preview today /and that would be **froze** 卡住、死机.

E: Froze.

M: Froze.

E: Froze.

M: So, if your computer froze, it means that...

E: Your computer stopped working.

M: Your applications or your programs stop working /and you just can' t do anything.

E: Your computer' s broken 损坏的.

M: Okay, great, so, let' s listen to our dialogue. It' s gonna be a little bit fast, but...

E: Don' t worry if you don' t understand everything. At the end of this podcast /you' ll understand everything.

M: Perfect! Let' s listen.

A: Oh great! This stupid computer froze (v.) again! That' s the third time today! Hey Samuel, can you come take a look at my PC? It' s acting up 功能失常 , 出毛病 again. It must have a virus or something.

B: Just give me a second; I' ll be right up 我马上就上去,立刻就到.

B: I ran a virus scan on your computer, and it turns out that /you have a lot of infected files!

A: But I' m quite careful /when I' m browsing the internet, I have no idea how I could have picked up ( 偶然 ) 得到 , 听到 , 学会;得 ; 感染 a virus.

B: Well, you have to make sure /that your anti-virus software is updated regularly; yours wasn' t up to date, that' s probably what was causing your prob- lems.

A: Ok. Anything else?

B: Yeah, try not to kick or hit the computer!

A: Um yeah... Sorry about that.

M: Well, I completely understand this guy. When my computer freezes /I kick it and punch it and do everything to it.

E: Well, I hope you don' t punch it too hard, Marco.

M: Well, it' s still working, so it' s alright.

E: Okay.

M: Alright, let' s take look at our "language takeaway" .

Voice: Language takeaway.

E: In today' s language takeaway /we have two words. The first word for today is infected file.

M: Infected file.

E: Infected file.

M: Infected file. And what is an infected file?

E: An infected file is a file in your computer /that has a virus in it.

M: Uh, perfect, that' s really clear! What is our second word for the language takeaway today?

E: Our second word is **not up to date** (最新的) 未更新到最新版本、过时的.

M: Not **up to date**.

E: Note up to date.

M: And what is it /when something is **not up to date**?

E: It means it doesn' t have all the most recent information.

M: Okay, perfect! Now, let' s listen to some examples.

Voice: Example one.

A: I need to buy a new computer, because mine isn' t **up to date**.

Voice: Example two.

B: I can' t find this street. Are you sure this map is up to date?

Voice: Example three.

C: Sarah has just finished the report /and all the information is up to date.

E: Okay, that was pretty clear. You know, you can also use this phrase positively. You can say up to date.

M: Okay, for example, we can say "this is a new map, this the most *up to date* map" .

E: Exactly, or if I bought a new computer, I could say "I just got a new computer, all my software is up to date" .

M: Okay, great! So, now let' s take a look at some phrases.

E: And it' s time for "**putting it all together**" . (将所有东西放在一起; 理解, 掌握) 接下来到 "学以致用" 环节啦。

Voice: Putting it together.

E: Okay, so, Samuel said a really great phrase. He said *I' ll be right up*.

塞缪尔 ( Samuel ) 说了个特别好的短语。他说 "I' ll be right up" ( 我马上就上来 )。

M: I' ll be right up.

E: I' ll be right up.

M: I' ll be right up. Now, we can use this phrase in a lot of different situations, so, let' s listen to some examples.

Voice: Example one.

A: Can you help me with my computer?

B: *I' ll be right there*. 我马上就到

Voice: Example two.

C: Come downstairs. Dinner is ready.

D: *I' ll be right down*! 我马上就下来

Voice: Example three.

E: Hurry up! I need to use the bathroom! 我要上厕所

F: *I' ll be right out*! 我马上就出来

M: Okay, really great and clear examples, right?

E: Yeah, you know that phrase "I' ll be right out" ? I used to hear this all the time /when I was young.

M: Really? *How come*? 怎么回事,为什么呀?

E: Well, I have two sisters /and we were always fighting for the bathroom, so, someone was always saying "Just a minute! I' ll be right out!" 等一下! 我马上就出来

M: Uh, yes, that' s common 确实很常见. I had that too /when I was young. Okay, now our second phrase is *it turns out that*.

E: It turns out that.

M: It turns out that.

E: It turns out that. This is a great phrase, you can use it in many different satiations. Marco,

can you give us an example?  
M: Sure! For example, I can say “Frank didn’ t come to work today /and it turns out that he was sick” .  
E: Yep! Or I could say “Oh, I’ ve been feeling really sick recently /and it...”  
M: Why?  
E: “It turns out that /I’ m pregnant” .  
M: Oh, my God! Are you really pregnant?  
E: No, I’ m not, Marco, I’ m just kidding.  
M: Alright, because... Okay, so, it’ s time for us to listen to our dialogue again, but this time it’ ll be...  
E: A little bit slower.  
M: Alright.

Header 1
A: Oh great! This stupid computer froze again! That’ s the third time today! Hey Samuel, can you come take a look at my PC? It’ s acting up again. It must have a virus or something. B: Just give me a second; I’ ll be right up. B: I ran a virus scan on your computer, and it turns out that you have a lot of infected files! A: But I’ m quite careful when I’ m browsing the internet, I have no idea how I could have picked up a virus. B: Well, you have to make sure that your anti-virus software is updated regularly; yours wasn’ t up to date, that’ s probably what was causing your prob- lems. A: Ok. Anything else? B: Yeah, try not to kick or hit the computer! A: Um yeah... Sorry about that.

E: Okay, that was a lot more clear this time.  
M: Definitely, yeah, I understood a lot more. Okay, so, now it’ s time to look at “fluency builder” . Erica, why don’ t you explain what fluency builder is?  
E: In fluency builder /we give you some great useful phrases /to help you express your ideas clearly.  
M: Okay, great, so, let’ s look at fluency builder.  
Voice: Fluency builder.  
E: Okay, so, in this dialogue /we know his computer wasn’ t working.  
M: Right, so, many students would probably say “His computer was acting strangely” .  
E: “His computer isn’ t working properly” .  
M: Exactly, and that’ s perfect /and that’ s fine.  
E: Yeah, but there’ s a really great way to say it /that we heard in the dialogue.

Phrase 1: It’ s **acting up** 功能失常，出毛病;恶化，加重 again. It’ s acting up again.

act 'up

( informal )

(1)to behave badly 表现不好 ; 捣乱

•The kids started acting up. 孩子们开始调皮捣蛋起来。

(2)to not work as it should 出毛病

•How long has your ankle been acting up? 你的脚踝受伤多久了 ?

E: I love this phrase *it' s acting up*. Yeah...

M: It just...

E: It sounds really natural.

M: It sounds really natural. Okay, we' re ready to listen to our dialogue a third time, but this time...

E: It' ll be at the normal speed. Try and see if you can hear these keywords.

### Header 1

A: Oh great! This stupid computer froze again! That' s the third time today! Hey Samuel, can you come take a look at my PC? It' s acting up again. It must have a virus or something.

B: Just give me a second; I' ll be right up.

B: I ran a virus scan on your computer, and it turns out that you have a lot of infected files!

A: But I' m quite careful when I' m browsing the internet, I have no idea how I could have picked up a virus.

B: Well, you have to make sure that your anti-virus software is updated regularly; yours wasn' t up to date, that' s probably what was causing your prob- lems.

A: Ok. Anything else?

B: Yeah, try not to kick or hit the computer!

A: Um yeah... Sorry about that.

E: So, Marco, I really think that /my computer actually has a virus now.

M: Really? How come 怎么回事?

E: Because I have been turning on my computer /and then suddenly it **turns off** 关闭 by itself.

因为我一打开电脑，它就会突然自己关机

M: Uhu.

E: It shuts down by itself.

M: Yeah, that sounds like a virus.

E: But I ran a virus scan /and there was no problem.

M: Hm, well, maybe your antivirus software isn' t up to date.

E: Yeah, I guess /I' d better call Samuel.

M: Yeah! Yeah, you can call Samuel to fix it.

E: Yeah.

M: Alright, folks, we' re out of time now, but be sure to go to our website at englishpod.com /where you can leave all your questions and comments.

E: So, **stay tuned** (调整 , 调节 ( 发动机 ) ; ( 给收音机、电视等 ) 调谐 , 调频道) 请继续关注 ; 别换台 ; 不要走开 for our next great lesson /and until next time... Good bye!

M: Bye!

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Example 2. 案例

Stay tuned

字面意思是 “保持调谐” ( 像调节收音机或电视频率一样 ) , 但它的实际含义是 : “请继续关注 ; 别换台 ; 不要走开”

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