0052

M: Hello English learners! Welcome to EnglishPod! My name is Marco.

E: And I' m Erica.

M: We're bringing you a great elementary 基础的;初级的 podcast today.

E: That's right.

M: And we' re gonna be teaching you /how to order pizza.

E: Yeah, you know, pizza is one of my favorite foods /and the favorite food of many people.

M: Exactly, it's one of those common foods /that you're at home and you want to order something to eat.

披萨就是那种你在家,并且想点外卖时,会经常想到的常见食物。

E: Yep.

M: And the typical 典型的;有代表性的 thing is pizza.

E: Yeah, but you know /there's some very special language that you've gotta 必须,不得不 use 点披萨时需要用到一些特别的表达, you've gotta know this language, ah, when you want to order a pizza.

M: Exactly, so, let's listen to this dialogue for the first time as 当.....的时候 a man is ordering pizza.

Header 1

A: Good evening, Pizza House. This is Marty speaking. May I take your order (接受您的订单) 请问您要点餐吗?

B: Um yes... I' d like a medium 中等的;中号的 pizza with pepperoni 意大利辣香肠, olives 橄榄, and extra 额外的;附加的 cheese.

A: We have a two-for-one 买一送一 special 特价; 优惠 on large pizzas. Would you like a large pizza instead?

B: Sure, that sounds good.

A: Great! Would you like your second pizza **to be the same as** the first? 您想要第二个披萨和第一个一样的口味吗?

B: No, make the second one with ham 火腿, pineapple 菠萝 and green peppers 青椒. Oh, and make it thin crust (面包皮; 饼皮) 做薄皮.

A: Okay, thin crust. Your total 总计;总数 is \$21.50 /and *your order* will arrive in thirty minutes /or it's free! 否则就超时免费

B: Perfect. Thank you. Bye..

A: Sir, wait!! I need your address 地址!

M: Okay, so I guess he is not getting his pizza. 看来他这披萨是吃不上了

E: No, he forgot to give his address.

M: That's a bit of a problem. 这可真是个问题

E: Uhu.

M: Okay, let's take a look at some of the vocabulary in "language takeaway".

Voice: Language takeaway.

E: Alright, we' ve got some great pizza words for you today, um, and *our first one* we have is a medium pizza 中号披萨.

M: Medium pizza.

E: Medium pizza.

M: So, that' s the size, right?

E: Yeah.

M: Medium. You can say medium or...

E: Twelve inch 英寸 (长度单位,1 英寸≈2.54 厘米).

M: Twelve inch.

E: Yeah.

M: Usually a medium pizza is twelve inches.

E: Yeah, so you could say "I' d like a twelve inch pizza".

M: Okay, for *those of us* who use (v.) centimeters 厘米(长度单位) /this **would be** *more or less* 大致上,差不多 thirty centimeters.

对于我们这些习惯用厘米 (centimeters)的人来说,12 英寸大概就是30 厘米左右。

E: Okay.

M: Hehe. Alright, let's take a look at the next size. A large pizza 大号披萨.

E: Large pizza.

M: A large pizza.

E: So, it might also be called an eighteen inch...

有时候也会说 "18 英寸 (eighteen inch)披萨"。

M: An eighteen inch pizza.

E: Uhu.

M: Or isn't it sometimes called a family size 家庭装(尺寸)?

E: Maybe.

M: Family size.

E: I guess /it depends 取决于; 依靠 where you' re ordering.

M: Yeah. Okay, so large and medium pizzas 关于大号和中号披萨我们就说这么多. Now, let's take a look at some of the ingredients 原料;食材.

E: Yes.

M: Okay, we have pepperoni 意大利辣香肠.

E: Pepperoni.

M: Pepperoni.

E: Pepperoni.

M: This is the common ingredient (食品的)成分,原料;要素,因素 of pizza.

E: It's my favorite. Um, a pizza is not a pizza /unless 除非;如果不 it has pepperoni.

M: Hehe. Okay, so, pepperoni is like... is a sausage 香肠, right?

E: Yeah, it's a little bit spicy 辛辣的;辣的.

M: A little bit spicy.

E: Yeah.

M: And they look like, ah...

E: Like circles 圆形;圆圈.

M: Red circles.

E: Yep.

M: Okay. Olives 橄榄.

好,接下来是"橄榄(olives)"。 E: Olives.

M: Olives.

E: Olives.

M: Olives are little black or green balls.

E: Yes, little green or black balls /you... you can also find them in a Martini 马提尼酒 (一种鸡尾酒) . [NOTE: Cocktail Martini]

Example 1. title Martini



M: Yeah, exactly.

E: Yep.

M: It's very common /for them to have an olive in a Martini.

E: Yes.

M: Okay. And he also ordered (v.) extra cheese.

对话里男士还点了 "额外的芝士 (extra cheese)"。

E: Extra cheese 干酪,奶酪.

M: So, that means (v.) more cheese.

E: Uhu.

M: Extra.

E: Alright, another ingredient — ham 火腿.

M: Ham.

E: Ham. The meat of a pig 猪.

M: Yeah, ham.

E: Yep.

M: Okay. And he also ordered another strange ingredient for the pizza - pineapple 菠萝.

E: Pineapple.

M: Pineapple.

E: Pineapple.

M: Now, this is a fruit.

E: I know, so weird 奇怪的;怪异的 to put pineapple on a pizza.

M: Hehe. Many people like pineapple on a... on their pizza. It's a tropical 热带的 fruit.

E: Yep, comes from Hawaii 夏威夷 (美国州名).

M: Usually.

E: Uhu.

M: And it kind of looks like a little palm tree 棕榈树 at the top.

而且菠萝顶部,看起来有点像小棕榈树 (palm tree)。

E: Yeah, like a... yeah, the top of a pineapple looks like a tree.

M: Uhu. So, pineapple. 关于菠萝我们就说这些

E: Yep.

M: Alright, now, the last description 描述; 说明 of a pizza. He ordered it with thin crust.

E: Thin crust.

M: Thin crust.

E: Thin crust.

M: Now, we know thin is some...

E: Skinny 瘦的;纤细的(此处指 "薄的").

M: Skinny. But crust. What is crust?

E: It' s the *bread part* of the pizza.

就是披萨的面包部分。

M: The outside part.

E: Yep.

M: Okay, so that' s the crust.

E: That' s my favorite part of the pizza.

M: Really?

E: Yeah, mmm.

M: Thin crust or thick 厚的 crust.

E: Ah, thin crust... yeah, thin crust /and I just... I really love that bread part.

M: Hehe.

E: It's so important to a good pizza.

M: Hehe. Okay, well, you know /they also have, um... they also **have** the crust **filled (v.)** with 填满;装满 cheese.

(笑)对了,你知道有些披萨的饼底,还会填满(filled with)芝士吗?

E: I know, it so wrong 不适当地,不适宜地.

那样太奇怪了

M: That's good too. 觉得也挺好吃的呀。

E: No. 才不好吃呢。

M: Hehe. Alright, let's listen to our dialogue again /and then we'll come back and talk a little bit more.

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•••

...

M: Okay, now we have some really polite 有礼貌的; 客气的 language \that you could **use** possibly **with** customers 顾客 or with clients 客户.

E: Yep.

M: Okay, so let' s take a look at them \in "fluency builder".

Voice: Fluency builder.

E: Okay, my... Alright, the first phrase we have, um, I think is my favorite. This is the way \that Marty answered the phone, right?

M: Uhu.

E: He said this is Marty speaking.

M: This is Marty speaking.

E: This is Marty speaking.

M: Now, why is this so important?

E: Cause a lot of people when they answer the phones say (v.) "I' m Erica..."

因为很多人接电话时会说 "我是埃里卡 (I' m Erica) "

M: Uhu.

E: Like "hello, I' m Erica".

M: Uhu.

E: Which is not what English people say. 但英国人不会这么说。

M: Uhu.

E: We always say "Erica speaking".

M: Uhu, "this is Erica speaking".

E: Exactly. So, guys, remember this, you'll sound (v.) really really great /when you use this on the phone. This is Marty speaking.

M: Exactly. This is Marty... oh, don't use Marty. Use your name.

E: Hehe.

M: Hehe. Alright. Then he also mentioned 提到;提及 a two for one special 买一送一优惠.

E: Two for one special.

M: A two for one special. So, that means /you' re getting two...

E: Pizzas, right?

M: For the price of one.

E: Uhu.

M: And a special is just a special promotion 促销;推广活动.

"Special" 在这里指的就是 "特别的促销活动 (special promotion)"。

E: A special price.

M: Special price.

E: Yes.

M: Two for one special.

E: Right.

M: Alright, now very easy phrase. 接下来是一个很简单的短语。

E: Uhu.

M: Would you like? 您想要..... 吗?

E: Would you like?

M: Would you like? E: Would you like?

M: Now, this is a great way to offer 提供;给予 something.

这是一种很好的主动提供(offer)某物的表达方式。

E: It' s a more polite way of asking (v.) do you want.

M: Do you want.

E: Uhu.

M: Do you want is... is okay.

E: Yeah, it's fine.

M: But I... it's less polite than 比..... (更) 不 would you like.

但它不如 "Would you like" 礼貌。

E: Exactly.

M: So, whenever 无论何时 you offer something /"would you like a cup of coffee".

不管什么时候你想主动给别人东西,都可以说 "您想喝杯咖啡吗 (would you like a cup of coffee)"。

E: "Would you like to sit down". 您想坐下吗

M: Okay.

E: Yep.

M: So, would you like. Let's listen to our dialogue for the last time /and then we'll come back and talk about pizza from a pizza expert 专家.

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M: Alright, we' re back /and we are here with our pizza expert, **who else 还能有谁, but** 除了…还能有谁呢 Marco from ItalianPod.

不是别人,正是来自《ItalianPod》的马可。

Example 2. title
Who else, but...

"除了...还能有谁呢?" 或 "不是别人,正是..."

M1: Hi, everyone.

E: Marco Two, right? 你是 "马可二号", 对吧?

M1: Marco One. 我是 "马可一号"。

M: I' m Marco Zero, he' s Marco One. M1: Yes.

E: Alright.

M: We' ve come to an agreement 协议;共识.

我们都商量好这么称呼了。

M1: So, Zero, wha... what's the deal 事情;情况 about 是怎么回事呢 this pizza thing?

M: We're talking about pizza today /and we want to know what's your opinion 观点;看法 /since 因为,由于,既然 pizza comes from Italy 意大利(欧洲国家), right?

既然披萨起源于意大利(Italy),所以想听听你的看法,对吧?

M1: Well, thanks for the question first 首先感谢你的问题, ah, Marco Zero. Is my mic 麦克风 (microphone 的缩写) working?

M: It should be 应该是,应该没问题.

E: Yes. M1: Okay, so, ah, the problem with pizza is that, ah... yes, it comes from Italy... originate (v.)起源; 发源 it... the story goes... what was then?

披萨这东西,确实起源(originate)于意大利...... 传说中是怎么回事来着?当时是......

M: Right. M1: ??? Regina 女王;女王称号 Margarita, Queen Margarita 玛格丽特女王(此处指与披萨起源相关的玛格丽特女王).

Example 3. title

Regina

a word meaning 'queen', used, for example, in the titles of legal cases 法律案件 which are brought by the state /when there is a queen in Britain 女王 (英国女王在位时, 用于政府诉讼案案 目等) (formal)

→ 来自拉丁语 regina,女王,来自 rex,国王,-ina,表阴性。

M: Alright. M1: But the problem is that /now this confuses (v.)困惑;混淆 people worldwide 全世界地;全球地,/pizza and Pizza Hut 必胜客(知名披萨连锁品牌), American pizza, Italian pizza, that is not the same thing.

但现在的问题是,全世界(worldwide)的人都把披萨搞混了——必胜客(Pizza Hut)的披萨、美式披萨、意式披萨,其实根本不是一回事。

M: It's not the same.

M1: It's not the same.

M: Okay.

M1: Have you...

M: So, Pizza Hut isn' t Italian pizza.

M1: Not... No... ??? So that... th... okay, here it goes 好吧,不管那么多了,我就要说出来了,hm, Italians are little better... Italians make food /but they're not good at branding (v.)品牌打造;品牌推广it.

M: 所以必胜客的披萨不是意式披萨。

M1:不是…… 当然不是…… 这样说吧,嗯,意大利人在做吃的方面确实有一套,但他们不擅长给食物做品牌打造(branding)。

Example 4. title

Here it goes

这是一个非常地道的口语表达!"Here it goes" 在这里表示说话者 "要开始说一件可能令人尴尬、有争议或需要鼓起勇气的事情"。

它传递的是一种 "好吧,不管那么多了,我就要说出来了" 或 "我要开始做了,看看会发生什么吧"的语气。

他可能觉得接下来的观点(批评意大利人不擅长品牌营销)会有些敏感、有争议,或者他需要稍微组织一下语言。

M: Okay.

M1: Americans are very good at branding (v.) their food.

M: Uhu.

M1: So they have Starbucks 星巴克 (知名咖啡连锁品牌) and Pizza Hut and bla-bla... The problem is that /since they have to brand (v.) it /they don't change the name.

问题在于,他们要给这些食物做品牌,却不肯改名字。

M: Uh.

M1: So they... they do this PIZZA Hut... /that is totally 完全地; 彻底地 different from 与...... 不同 Am... Italian pizza. What... How is it different 有什么不同? Have you ever seen the... the... two of them? Have you ever compared 比较; 对比 them?

所以他们搞出了 "必胜客披萨(PIZZA Hut)" …… 但这和意式披萨完全(totally)不一样。它们到底有什么不同呢?你们俩见过这两种披萨吗?有没有对比(compared)过?

M: Yeah, yeah. They are very different. That's true.

E: So, okay, can you put pineapple and ham on a pizza? M1: Aaah, technically 技术上;理论上 you could...

E: Like it's possible. 好像这是可能的。

M1: As long as 只要 you call it Hawaiian 夏威夷风味的(此处指 "夏威夷披萨") /you can put pineapple in everything, I guess 我想;我认为, but the problem... what I'm trying to say that... (但问题......我想说的是......) /Okay, Italian pizza is, you know, you have the... the flour 面粉, the bread, the pasta 意大利面... not pasta 意大利面食;面团??? pizza...

只要你给它贴上一个明确的标签(比如叫它'夏威夷风味'),你就可以在任何食物里加菠萝。但我想说的真正问题是,正宗的意大利披萨有其严格的标准(比如面粉、面包、饼底),而美式披萨(如必胜客)是完全不同的东西。

Example 5. title

Okay, Italian pizza is, you know, you have the... the flour, the bread, the pasta... not pasta ??? pizza...

好吧,意大利披萨是,你知道,它有......面粉、面包、意面......不是意面......披萨...

flour (面粉): 指披萨饼底 (dough) 的质量和配方。

bread (面包): 披萨本质上也是一种发酵面饼,强调其饼底的口感。

pasta (意面): 这是一个口误(他说完就意识到不对,所以说了"not pasta"),因为他脑子里想的是意大利烹饪的整个体系,但披萨和意面是不同的东西。这个口误恰恰说明他想强调意大利美食对原材料和传统的尊重。

他最终想说的词是 crust (饼皮) 或 base (饼底), 主持人Erica帮他说了出来。

E: The crust, the crust.

M1: The crust, the tomato sauce 番茄酱, and then... then...

E: Pepperoni 意大利辣香肠. M1: Mozzarella cheese 马苏里拉奶酪 (一种常用于披萨的奶酪) and that's a basic 基础的;基本的 /and then you can **put** *on top of it...* **with** some variations 变化;变体. My compito (意大利语,意为"任务;职责") is basically take everything /that you have on the table /and put this on it. That's a main difference. But...

I' m not saying that /I' m against 反对;不赞成 the American pizza. I' m saying that /you just should change the name.

还有马苏里拉奶酪(Mozzarella cheese),这是意式披萨的基础(basic)配料,之后可以根据喜好加一点别的配料,有一些变化(variations)。而美式披萨呢,基本上就是把桌上有的东西都往上面堆。这是两者最主要的区别。不过…… 我不是说我反对(against)美式披萨,我只是觉得他们应该给它换个名字。

Example 6. title

Mozzarella cheese and that's a basic and then you can put on top of it... with some variations.

马苏里拉奶酪,这就是一个基础款,然后你可以在上面加.....一些变化(的配料)。

M1在描述正宗意大利披萨的构成原则。最基础的玛格丽特披萨(Pizza Margherita)就是由饼底(crust)+番茄酱(tomato sauce)+马苏里拉奶酪(mozzarella cheese)构成的。这才是披萨的"本体"。在此之上,你可以添加一些其他的配料(如火腿、蘑菇、橄榄等),但这些配料是"一些变化",不能喧宾夺主。

My compito is basically take everything that you have on the table and put this on it.

这里有一个关键口误: "compito" 不是英语单词。这很可能是M1(可能是意大利人)想说 "concept" (概念)或 "point" (观点)时,受到了意大利语单词 "compito" (意思是 "任务"或 "作业")的影响。

修正后的理解: "My point is basically (that they) take everything that you have on the table and put (it) on top of it."

中文:"我的观点基本上是,(美式披萨的)做法是把你桌子上所有的东西都拿来,然后堆到披萨上面。"

含义:M1在这里尖锐地对比了美式披萨的理念。他形容美式披萨像是一个"大杂烩"或"垃圾抽屉",任何食材(如菠萝、各种肉类、蔬菜)都可以无限制地堆在披萨上,追求的是馅料的丰富和夸张,而不是食材的和谐与平衡。

M: To another thing 停下来做另外的事. What do you suggest 建议;提议 we should call it?

那换个什么名字好呢?你有什么建议(suggest)吗?

M1: Zippa.

M: Zippa. M1: It's close enough.

听起来和"披萨"差不多。

M: Close enough, yeah.

E: Yeah. M1: But it's a different thing. 但本质上是两种东西。

E: But... Maybe you need like an A, like Azippa. M1: Azippa.

M: Azippa.

E: **To indicate 表明;暗示 that** it's American, A for America 美国.

用 "A" 代表美国(America),这样就能表明(indicate)它是美式的了。

M: Uh, maybe. M1: A.Zippa.

E: A.Zippa.com. (此处指假设的网站域名) M1: Uh... Can I have a A.Zippa.

M: So, Marco...

E: Dot com. (即 ".com" , 常见的网站域名后缀) M1: A.zippaPod.com. (此处指假设的播客网站域名)

M: So, Marco, I know that, um... that /you are very much against having Pizza Hut pizza.

M1: Um, I like it /as, ah... as an exotic 异国风情的; 奇异的 experience 经历;体验, because I like the fact /that is... it's so much stuff 东西;物品 in it /that you can not even tell the difference between the ingredients.

嗯,不过我觉得偶尔吃一次也挺有异国风情(exotic)的——它上面的配料太多了,你甚至分不清里面到底有什么,这种体验(experience)还挺特别的。

M: Hehe. M1: You know, the... they have this *super mega 极大的,巨大的 supreme* (最高的,至高无上的) 超级至尊的(此处指 "超级至尊披萨",一种配料丰富的披萨类型)...

你知道吗,他们还有那种 "超级至尊披萨(super mega supreme)"

Example 7. title

mega

- (a.)[usually before noun] (informal) very large or impressive 巨大的; 极佳的 SYN huge, great
- •The song was a mega (a.) hit last year.这首歌是去年最热门的歌曲。

supreme

- (a.) 1.highest in rank or position (级别或地位)最高的,至高无上的
- the Supreme Commander 最高统帅 of the armed forces 武装力量的最高统帅
- •the supreme champion 绝对冠军
- •It is an event in which she reigns (v.) supreme . 这个比赛项目她所向无敌。
- 2.very great or the greatest in degree (程度)很大的,最大的
- •to make the supreme sacrifice (= die for what you believe in) 作出最大牺牲 (为信仰牺牲生命)
- •a supreme effort 最大的努力
- •She smiled with supreme confidence. 她充满自信地微微一笑。

M: Super supreme.

M1: Super supreme.

E: With cheese in the crust.

M1: I don't even know what's inside.

E: Yeah.

M1: It's great. It's great, it's like there's a party 派对; 聚会 in my mouth and everybody's invited.

但还挺好吃的。吃美式披萨的感觉,就像 "嘴巴里在开派对(party),所有食材都受邀参加了"。

M: Hehe.

M1: That... that' s for me the feeling of American pizza.

M: Well, \pm another interesting thing /when we were eating wh... pizza with Marco /\$ is that /we noticed the way /that people from different countries eat (v.) pizza.

E: That's right. Italian people fold (v.)折叠;对折 their pizza.

M1: We do fold (v.)... /a... and another thing is that /we have a whole pizza. Like /if I order (v.) one pizza /it's not like I share (v.)分享 it, everybody has a one slice 片;块 of it. We ordered one pizza, you ordered your pizza, she ordered her pizza and so on.

……呃…还有一点是,我们通常是点一整个披萨。比如说,如果我点一个披萨,那并不是用来分享的,而是每个人都有自己的那一整张。我点我的一个披萨,你点你的那个披萨,她点她的那个披萨,以此类推。

M: Pizza is personal 个人的; 私人的.

M1: Pizza's personal (a.)个人的, 私人的. Don't **mess (v.) with** 卷入有害的事;与某人有牵连; 打扰;招惹 my pizza, Marco Zero.

对,披萨是私人的。"零号"马可,可别打我的披萨的主意啊。

M: Hehe. Alright, well, this whole pizza discussion (名词短语作独立成分. **在口语中,用一个名词短语来总结或结束一个话题是非常普遍的。**)这整个披萨话题; 关于披萨我们就聊到这儿. Let's see what our listeners have to say about it. I know that /we have listeners from all over the world /and what do they do with their pizzas.

好,关于披萨我们就聊到这儿。接下来想听听听众朋友们的看法。我们知道听众来自世界各地,想知道大家平时都是怎么吃披萨的。

E: Yes. What do you...

M1: Or their zippas.

M: Or their zippas.

E: What do you like /on your pizza?

大家喜欢在披萨上, 放什么配料呢?

M: Exactly, for example, I...

M1: How height (此处应为 "how thick", 意为 "多厚") you want the crust to be?

E: Thin.

M: How high?

E: Thin.

M: I know that 我知道, for example...

M1: How thin you want your crust to be?

M: I know that, for example, in some countries /they **put** ketchup 番茄酱 **on** their pizza. M1: I know! Once I **was**, ah, **eating** pizza... /look... I had the Japanese 日本的;日本人的 friend /who ordered the pizza from Pizza Hut /and... the pizza had the pineapple and other staff (此处应为"stuff",意为"东西") on it /and then she **took out** 取出、拿出、带出 like ketchup and mayonnaise 蛋黄酱...

我知道!有一次我吃披萨的时候……你听我说,我有个日本(Japanese)朋友,她从必胜客点了一份披萨,披萨上本来就有菠萝之类的东西(此处原词 "staff" 应为 "stuff",意为 "东西"),结果她还掏出了番茄酱和蛋黄酱(mayonnaise)……

Example 8. title mayonnaise

(also informal mayo / meleu/ -) [U] a thick cold white sauce made from eggs, oil and vinegar, used to add flavour to sandwiches, salads, etc. 蛋黄酱 (用作三明治、色拉等的调味品) - •egg mayonnaise (= a dish made with hard-boiled eggs and mayonnaise) 鸡蛋美奶滋(有煮老的鸡蛋和蛋黄酱)

→ 来自法语sauce mayonnaise,可能来自Mahon,地中海西岸梅诺卡岛首府, -ais,法语形容词后缀, -e,表阴性。据说该酱料的配方来自该岛。



E: Oh, no. M1: And she got [it] like wild 疯狂的; 狂热的. Haaah!

然后就疯狂(wild)地往披萨上抹!我的天!

E: Although I must tell you /I like Tabasco 塔巴斯科辣椒酱(一种知名辣椒酱品牌) on my pizza /and I know that's wrong, I know. I'm sorry. M1: Yes... yeah... what... You do what you have to do 你做你该做的, Erica, then, you know, history will judge 评判;判断 you for that.

M: Alright, we better go, we' re out of time /and before Marco has a heart attack 心脏病发作 or an aneurysm 动脉瘤 (一种血管疾病) or something /we' re **making him angry** here. And if you have any questions for us and also for Marco, because I' m sure /he' s gonna be, ah, commenting on 评论;发表意见 this aspect 方面;层面…

好了,我们该结束了,时间差不多了。再聊下去,马可就要气得心脏病发作(heart attack)或者动脉瘤(aneurysm)发作了,我们可别把他惹毛了。如果大家有问题想问我们,或者想问马可——我肯定他之后会在这方面发表评论(commenting on)的……

Example 9. title

aneurysm

(medical 医) an area of extreme swelling 肿块,肿胀处 on the wall of an artery 动脉瘤
→ 前缀ana-, 向上,向后。词根eur,宽的,同 Europe,宽脸美女。指扩大,应用于医学指动脉瘤。

动脉瘤是血管壁上的隆起或膨胀。动脉瘤可能裂开。这种情况被称为破裂。动脉瘤破裂会导致体内出血。这常常会导致死亡。有些动脉瘤没有症状。即使体积很大,您也可能不知道自己有动脉瘤。

动脉是一种负责传送氧份及营养物到身体各部位的血管。如果动脉某部位有不正常的增大,或像气球般向外鼓起,那就是患有"动脉瘤"了。动脉瘤可生在"动脉"任何的部位,但最为常见的地方是"脑内动脉"和"大动脉"(身体的主要血管),尤其在腹部及胸部。

"动脉瘤"亦可生在膝盖後,大腿的主动脉,以及颈动脉内等。

老年人最普遍患动脉瘤的位置是在动脉分叉处,例如腹部动脉与腿动脉的分叉处;或常受压力的地方,例如膝盖背等。



M1: Ah, sure.

M: So, go to our comments section 评论区 at englishpod.com.

E: And Marco and I, ah... Marco Zero and I. M1: Yes.

E: Are always there, ah, to answer your questions.

M: Alright.

E: Alright, everyone.

M: We'll see you there.

E: Good bye. M1: Ciao! (意大利语,意为"你好"或"再见",此处为"再见")

M: Bye! M1: Ciao!