

0031 恐惧使艺术更迷人

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1. 恐惧使艺术更迷人

Scientists had 85 subjects experience one of five different things. One group watched a brief scary 吓人的 movie, another group watched a happy movie, and two other groups performed执行 either 30 or 15 **jumping jacks** 跳爆竹(一般是双腿跳起,双手在头顶击掌). The control group did nothing.

Then all the subjects looked at four abstract paintings, for 30 seconds each, by a Russian artist, El Lissitsky. And they rated 评价 the art — based on qualities of how inspiring 启发灵感的, stimulating 有刺激性的, rousing 使兴奋的, boring, forgetful or uninteresting /the piece (文章、艺术品、音乐作品等的) 一件 , 一篇 , 一首 , 一支 was for them.

The group that watched the scary movie /rated the art as more sublime 崇高的 and positive 积极正面的 than any other of the groups. In fact /the other four groups **did not significantly differ** (v.)相异 ; 有区别 ; 不同于 in their ratings (n.)评级.

Example 1. 标题

科学家们让85名受试者分别体验了五种事情。一组受试者观看一部简短的恐怖电影。另一组观看一部喜剧片，而其他两组分别练习跳爆竹，最后一组是对照组，什么也不做。

然后让受试者观察由俄罗斯艺术家厄尔利西茨基，创作的四幅抽象画，每幅画观看30秒。然后评价每幅画作的艺术价值——画作如何带给自己灵感，如何使人深受启发，受到激励，或者如何让人感到枯燥，无趣。

相比其他各组，观看恐怖片的那组成员给出了更多高尚，积极的评价。实际上，其他四组之间没有明显的差别。

2. <pure> 恐惧使艺术更迷人

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