

March 23, 2023

### Lab Photograph

Two figures in a scientific lab are having a discussion while gesturing to lab equipment.

EDI consideration? A Black woman in a labcoat and a white man in street clothes are in a scientific lab and having a discussion while gesturing to lab equipment.

### Daily Routines

(1) The Daily Routines of Famous Creative People. This infographic shows a horizontal stacked bar graph depicting the daily schedules of 26 individuals with an emphasis on writers. The horizontal axis is divided by the hours of the day starting at midnight. Blocks of time are segmented into different colours representing sleep, creative work, day job/admin, food/leisure, exercise and other. The individuals are sorted by the earliest risers to the latest risers.

(2) The vast majority of individuals are already asleep by midnight but 7 individuals are still doing creative work or eating/leisureing. The earliest three risers at 4am are all writers; the latest 3 risers get up past 9am with William Styron (also a writer), sleeping in until noon. An outlier is Franz Kafka who slept in two shifts from 6-8:30am and 3:30-7:30pm. After waking, most either eat or begin creative work immediately. Again, Kafka is an outlier, rolling into his day job immediately after waking. Most individuals appear to do creative work from 11am to 1pm while the longest periods of eating and leisure occur in the evenings.

(3) While there are broad trends (people sleep through the night), there doesn't seem to be anything unique about the daily routines of creatives aside from the fact that 15 individuals do not have day jobs and only Kafka worked a full day (8am to 3pm with no breaks).

(4) Kafka had it rough which explains his writing. Jk, we might comment here on the reliance of creatives on the unrecognized (gendered) domestic labour of others.