

<https://shu.edu.pk/society/sports-society/>

Sports Society

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About Sports Society

The objective of the Sports Society is to promote physical fitness and to inculcate in students qualities such as teamwork and sportsmanship. The society provides opportunities for students to showcase and explore their athletic talents and to hone their sports skills, through the arrangement of various sports events and physical activities. These are intended to enable students to engage in a healthy lifestyle, which is crucial for their overall physical, mental, and psychological well-being. The University puts emphasis on sports because in addition to the above, they also channel students' energies into wholesome and productive activities, foster a healthy competitive spirit, build camaraderie among students, and nurture social relationships.

Our Events

Meet Our Team



Aliyan Noor Khan

President



Muhammad Faraz Sohail

Vice President



Syeda Noorulain

General Secretary



Nimra Asad

Secretary-Planning and Operations

Syed Hani Rizvi

Treasurer