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Undergraduate Program

BS Sports & Fitness

[Faculty of Management Science](#)

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Introduction

Elevate your passion for sports with our 4-year BS in Sports & Fitness! Dive deep into physical education, nutrition, sports psychology, and management. Gain hands-on experience in everything from athletics to sports marketing, and choose from exciting electives like sports injury prevention and martial arts. Perfect for those looking to build a dynamic career in sports administration, fitness coaching, or sports management.

Curriculum Structure

Area	Code	#
Physical Education	PE	9
Health & Fitness	HF	6
Sports Management	SM	10
Social Sciences	SOC	11
Electives	ELE	4
Project	PRJ	2
Total Courses		42
Total Credit Hours		126

About Program



Internship and Career Prospects

► Details

Scheme of Study (Semester Wise)

► Details

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