

**<https://shu.edu.pk/FoMS/diploma-program-in-sports-fitness-1-year/>**

## **Undergraduate Program**

### **Diploma Program in Sports & Fitness (1 Year)**

**[Faculty of Management Science](#)**

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The Sports & Fitness Diploma program offers a structured curriculum across two semesters, focusing on the integration of physical education, nutrition, and sports management.

## About Program

► Details



Internship and Career Prospects

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## Scheme of Study (Semester Wise)

### Program Structure

- **Duration:** 1 Year
- **Credit Hours:** 30
- **Semesters:** 2



Sports & Fitness Diploma

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