







- O Track Your Movement
- O Play With Friends
- O Take a Quiz



Adyar, Chennai, 636003



# MERA HEALTH

#### **GAME RULES**

**Minimum Steps** 

3500

If the player achieves their desired goal

500 coins

If the player doesn't achieve their desired goal

0 coins

If the player exceeds their desired goal by:

1000

50 coins

1500

50 coins

2000

150 coins

2500

200 coins

3000

250 coins

3500

300 coins

5000

450 coins

**NEXT** 









#### **REWARDS**

The player will receive couponsaccording to their collected points

500 coins

**2000 coins** 

**3000 coins** 

**3500 coins** 

4000 coins

**5000 coins** 

1 coupon

2 coupons

3 coupons

4 coupons

5 coupons

6 coupons











## Height



## Weight



#### Age





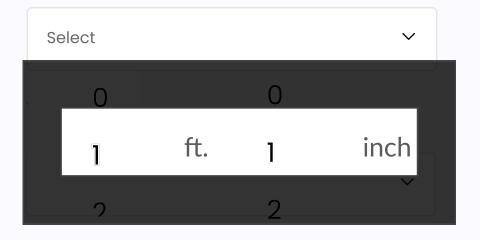








## Height













Weight

Select

kgs 💙

1

Z A B C 3 Def

**4** 6ні

5 JKL 6 mno

7 PQRS 8 TUV

y wxyz

+ \* #

0

 $\langle \times \rangle$ 











Age

Select

yrs 🗸

1

Z ABC 3 Def

**4** вні 5 JKL 6 мио

7 PQRS 8 TUV

WXYZ

+ \* #

0

 $\langle \times \rangle$ 











## Chose your activity

#### Activity/ Sport













## Chose your activity

#### Activity/ Sport

Select

## Walking

Running

Cycling

Skipping

Badminton

Basketball

Football

Swimming













## Set your daily goal

#### Daily Goal



Steps











## Set your daily goal

Daily Goal

Select

Steps

1

2 ABC

3 DEF

**4** вні

5 JKL 6 mno

7 PQRS 8 TUV

WXYZ

+ \* #

0

 $\langle \times \rangle$ 











## **Activity Tracker**



Daily Goal

10,000

**Current Steps** 

10,000

Distance

6.53

Kcal

186











Activity Tracker

Congratulations! You have achieved your move goal for the day.









#### **Basic Details**

Date Of Birth 12th Sep, 2000

Height (Cms)

5"3

Age

22 years

Weight (Kg)

52

**Family Members** 

**Medical History** 

**Health Records** 

**Healthy coins** 









Ba	sic	De	tai	ls

Date Of Birth Age
12th Sep, 2000
22 years

Height (Cms) Weight (Kg)

5"3 52

My coins 2500

Coupons Collected 3

Coupons Available 1













## **Basic Details**

Date Of Birth 12th Sep, 2000

Height (Cms)

5"3

My coins

**Coupons Collected** 

**Coupons Available** 

Age

22 years

Weight (Kg)

52

2500

3

1

**Redeem Coupon** 

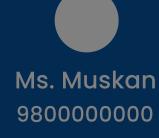
Yes

No









Basic Details		
Date Of Birth  12th Sep, 2000	Age <b>22 years</b>	
Height (Cms) 5"3	Weight (Kg) <b>52</b>	
My coins	2500	
Coupons Collected	3	
Coupons Available	1	

Congratulations!
You've earned one coupon.
You can apply it while
checking out on your next
order.











## **Activity Tracker**



Daily Goal

10,000

**Current Steps** 

9,800

Distance

6.33

Kcal

179











## **Activity Tracker**

Uh oh! You failed to achieve your move goal for today.

Don't worry, try again tomorrow!









#### **Basic Details**

Date Of Birth 12th Sep, 2000

Height (Cms)

5"3

Age

22 years

Weight (Kg)

52

**Family Members** 

**Medical History** 

**Health Records** 

**Healthy coins** 









Basic	Det	tai	S

Date Of Birth Age
12th Sep, 2000
22 years

Height (Cms) Weight (Kg)

5"3 52

My coins 2500

Coupons Collected 3

Coupons Available 0











## O Play with friends:

**Via Contacts** 

Via Facebook

**My Friends** 

SKIP





<

My Friends	+ Add Member(s)
Muskan Gupta  MySelf	2500 coins
John Doe	550 coins
Williams John	3000 coins
Derrik	700 coins
Sam	2500 coins
lan	No coins