Meeting 2 Notes 2/19/19 - 10-10:50AM

<mark>All members except Wyatt present.</mark>

Meeting Goal: Write Milestone 1 Document

Thinking through the purpose/vision of our app:

- Why our app?
    - Stick to their workout and get rewarded, other fitness apps give you their 7min workout, "this is our thing" then "here's how to do it", more user-centric, allows the user to set their own workouts, rather than say this is the prescribed workout that you should do let them do their own, the audience is more experienced gym users
- So what categories do we provide?
    - Cardio, weight training, hiit, and allow them to create their own
- Structure to provide a reward system?
    - Make a set goal of like 3X a week or 9X a month and then achieve those goals as they complete workouts.
    - Workout logging - so the user logs their workouts afterwards.
    - Reminder system to help them remember to enter their workouts.
- Pre-workout use of the app is to set goals and then as the user enters their workouts they achieve their goals
- Structure (hierarchy)
    - User
        - Categories - of workouts
            - Exercises - the actual workouts
- UI
    - When user logs in they are sent to a calendar interface - allow the user to enter their workouts
    - Past/upcoming/progress

Naming our fitness tracker app app: (ideas - bold is the chosen idea)

Fit Track

Fitness FAM (Fighting Against My-Own-Laziness)

Fighting Against my own Laziness

My Fit

Your Fit

Fit Me

Track My Fit

End of meeting weekly tasks:

Before deadline all members will review sections of the milestone 1 doc that they did not author and suggest edits, section author will approve/reject edits. All reviewing to be done before lab Thursday so members can discuss the changes if necessary prior to the milestone 1 deadline.