



Collar touch game

This exercise is designed to desensitise your dog to their collar being touched.

When playing this game, you need to view the dog's collar as a clock face.

1 through to 11 o'clock.

When handling the collar use your right hand from 1-6 o'clock and your left hand from 6-11 o'clock. We **never touch the collar at 12 o'clock**.

This is a good game to play with your partner or children. If you are playing the game with children, please make sure they understand they should be calm and not get excited during the game as this will over-excite the dog.

First cut out 11 small squares of paper and number each one 1-11. Fold each piece of paper to conceal the numbers and place them in a pot.

Set up:

- With your dog sitting or standing in front of you.
- Open a random number.
- Whilst offering your dog a treat and allowing them to nibble on it.
- Touch the collar in the position the number indicates.

After several sessions, your dog will start to become desensitised to having their collar touched.

Once your dog is confident with you touching their collar, you are ready to move on to the collar grab exercise.

Notes:

Remember to get the dog nibbling on the treat before you touch the collar.

Touch the collar, do not hold it.

Never touch the collar at 12 o'clock

Patience is the way forward with this exercise.

Happy training