

# Your Career DNA Report

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*"Your career is a journey of self-discovery, not a destination."*

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# Welcome to Your Journey

Dear Ahmed Hassan - Software Engineer,

Congratulations on completing the CaRhythm Career Assessment! This comprehensive report reveals insights about your interests, personality, and career pathways.

## **Inside this report:**

- RIASEC Career Interest Profile (Holland Code)
- Big Five Personality Analysis
- Behavioral Insights & Development Areas
- Ikigai Career Guidance
- Career Recommendations & Action Plan

Share this report with mentors or counselors. These insights are a starting point for self-discovery. Your career journey is uniquely yours—let's find your rhythm!

— *The CaRhythm Team*



## ■ Understanding RIASEC

**RIASEC** (also known as the **Holland Code**) measures your career interests across six dimensions: **R**ealistic, **I**nvestigative, **A**rtistic, **S**ocial, **E**nterprising, and **C**onventional. Your top three codes reveal career fields where you'll thrive.

*"The future belongs to those who believe in the beauty of their dreams."*

Code	Dimension	Career Examples
R	Realistic	Engineer, Mechanic, Pilot
I	Investigative	Scientist, Analyst, Researcher
A	Artistic	Designer, Writer, Musician
S	Social	Teacher, Counselor, Nurse
E	Enterprising	Manager, Entrepreneur, Lawyer
C	Conventional	Accountant, Administrator, Banker

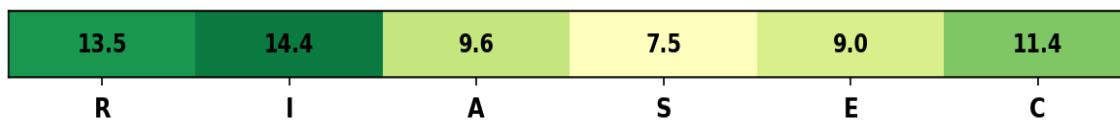
## ■ Your RIASEC Results

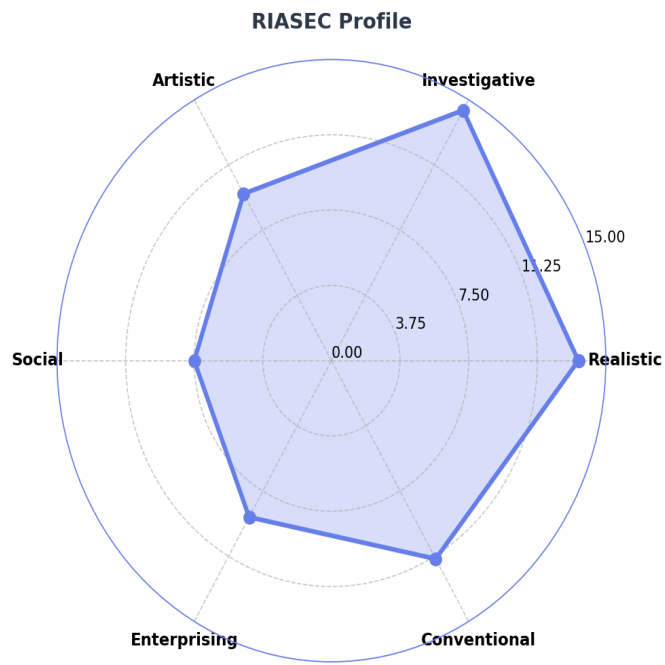
Your Holland Code: **IRC**

Your top three interest areas are **I** (14.4/15), **R** (13.5/15), and **C** (11.4/15). This combination reveals your unique career sweet spot!

Code	Dimension	Your Score	Strength
R	Realistic	13.5/15	Very High
I	Investigative	14.4/15	Very High
A	Artistic	9.6/15	High
S	Social	7.5/15	Medium
E	Enterprising	9.0/15	High
C	Conventional	11.4/15	High

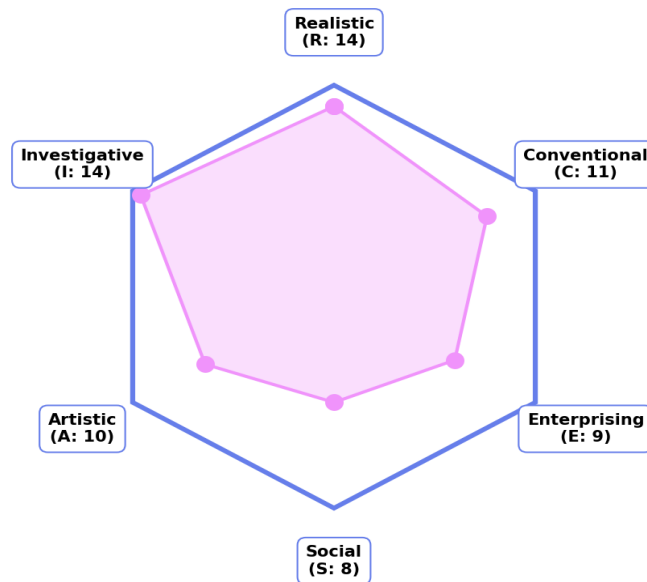
**RIASEC Score Distribution**





## Your Position on the Holland Hexagon

### Holland Hexagon Model Your Career Interest Profile



## ■ Understanding the Big Five

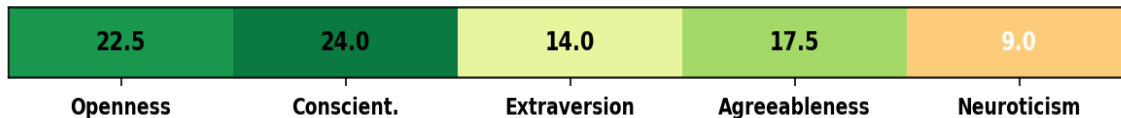
The **Big Five** personality model measures five core traits: **Openness**, **Conscientiousness**, **Extraversion**, **Agreeableness**, and **Neuroticism**. These traits influence how you work, relate to others, and approach challenges.

Trait	High Score Means	Career Fit
Openness (O)	Creative, curious, imaginative	Creative fields, R&D
Conscientiousness (C)	Organized, reliable, disciplined	Management, administration
Extraversion (E)	Outgoing, energetic, sociable	Sales, leadership, teaching
Agreeableness (A)	Cooperative, empathetic, kind	Helping professions, HR
Neuroticism (N)	Emotionally sensitive, vigilant	Detail-oriented, quality control

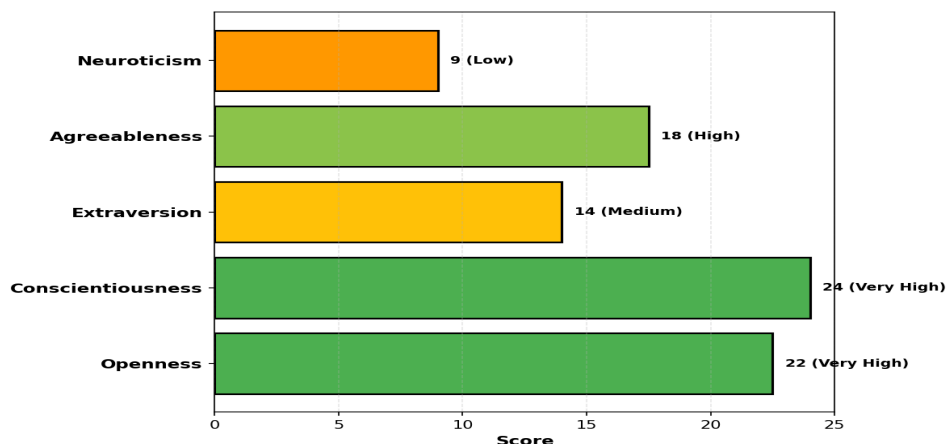
## ■ Your Big Five Personality Profile

Your personality profile shows how you naturally approach work, relationships, and challenges. Each trait exists on a spectrum—there's no "better" or "worse" score!

**Big Five Score Distribution**



**Big Five Profile**



Trait	Your Score	Strength
Openness	22.5/25	Very High



Conscientiousness	24.0/25	Very High
Extraversion	14.0/25	Medium
Agreeableness	17.5/25	High
Neuroticism	9.0/25	Low

## What Your Scores Mean

**Openness to Experience (Very High):** Your curiosity, creativity, and willingness to try new things. High scorers are imaginative and prefer variety. Your score is 22.5/25.

**Conscientiousness (Very High):** Your organization, reliability, and self-discipline. High scorers are methodical and goal-oriented. Your score is 24.0/25.

**Extraversion (Medium):** Your sociability, energy level, and enthusiasm. High scorers are outgoing and thrive in social settings. Your score is 14.0/25.

**Agreeableness (High):** Your cooperativeness, empathy, and consideration for others. High scorers are warm and value harmony. Your score is 17.5/25.

**Neuroticism (Low):** Your emotional stability and stress management. Lower scores indicate greater resilience and calmness. Your score is 9.0/25.

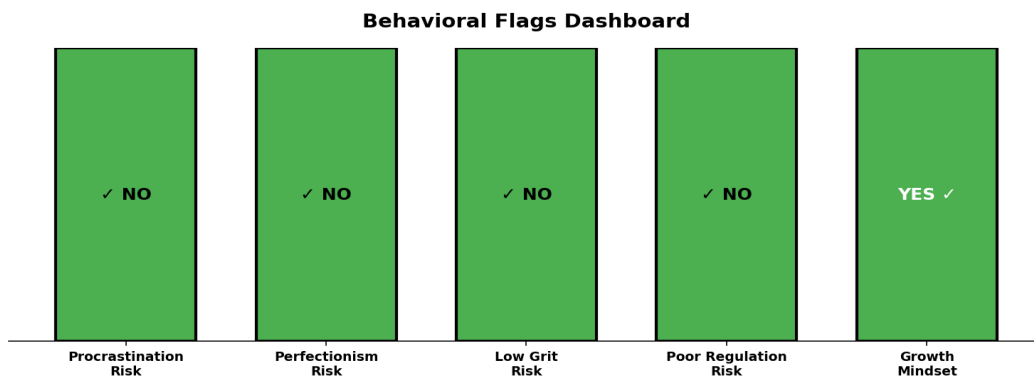
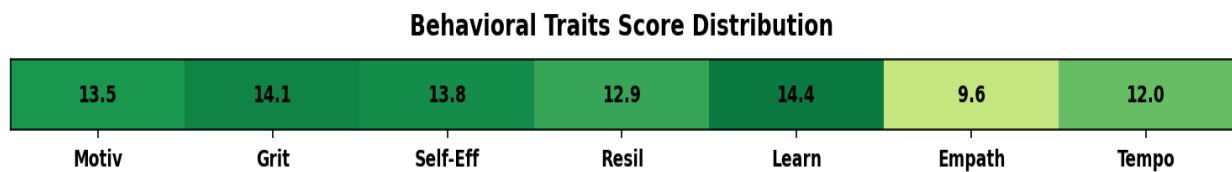


## ■ Understanding Behavioral Traits

**Behavioral traits** measure work habits, mindset, and self-regulation. These are not fixed—they can be developed with practice! Flags highlight areas for growth or celebrate strengths.

## ■ Your Behavioral Traits & Flags

Behavioral traits reveal your work habits and mindset. Flags are not judgments—they're opportunities for growth and self-awareness!



Trait	Strength
Motivation	Medium
Grit	Medium
Self-Regulation	Medium
Time Management	Medium
Growth Mindset	Medium

## Behavioral Insights & Development Tips

**Motivation (Very High):** Your drive to pursue goals and take action. High motivation leads to initiative and persistence.





**Grit & Persistence (Very High):** Your ability to persevere through challenges. Grit predicts long-term success better than talent alone.

**Self-Regulation (Very High):** Your confidence in managing tasks and emotions. Strong self-regulation enables better decision-making.

**Resilience (Low):** Your ability to bounce back from setbacks. Resilient people adapt well to change and stress.

**Growth Mindset (Very High):** Your belief that abilities can be developed. Growth mindset leads to continuous improvement.

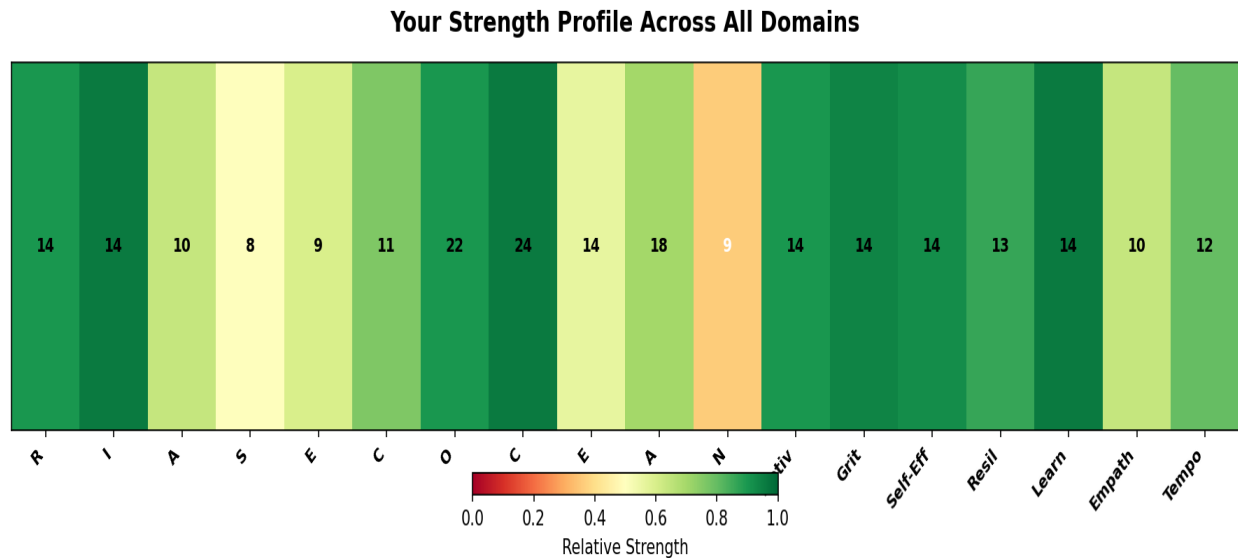
**Empathy (Low):** Your ability to understand and share others' feelings. Empathy strengthens relationships and teamwork.

**Task Initiation (High):** Your tendency to start tasks promptly. Good tempo reduces procrastination and stress.



## ■ Your Complete Strength Profile

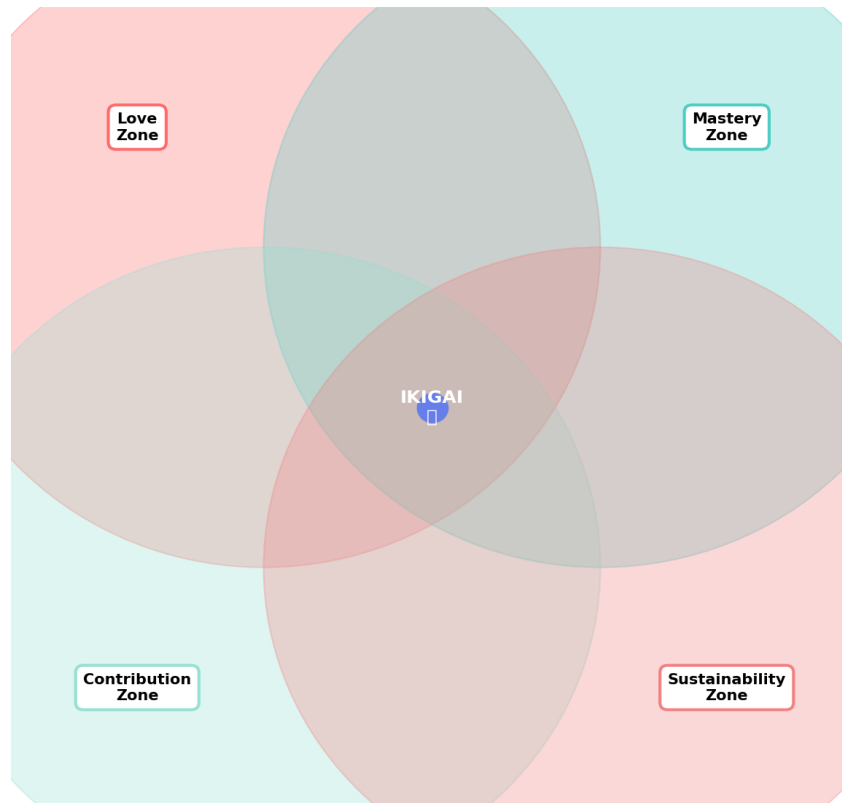
This heatmap shows your strengths across all domains at a glance. Green indicates stronger areas, yellow shows moderate strengths, and red highlights areas for development.



## ■ Your Ikigai: Career Sweet Spot

**Ikigai** (■■■■) is a Japanese concept meaning "reason for being." It's where your passions, talents, values, and market needs intersect. Let's map your career sweet spot!

**Your Ikigai: Where Career Paths Align**



*"The only way to do great work is to love what you do."*



## Your Career Zones

Based on your **IRC** Holland Code, your primary career zones are:

- **Intellectual Exploration:** Research, analysis, scientific discovery
- **Technical Mastery:** Engineering, trades, hands-on problem-solving
- **Organizational Excellence:** Systems, administration, precision

Careers at the intersection of these zones will feel most fulfilling!



## ■ Your Career Pathways

Based on your assessment results, here are career paths that align with your interests, personality, and strengths. These are starting points—explore what resonates!

### **Recommended Career Paths:**

1. **Career Counselor**
2. **Assessment Specialist**
3. **Learning Designer**
4. **Organizational Development**
5. **Talent Acquisition**

### **Next Steps:**

- Research these careers online (O\*NET, LinkedIn, industry blogs)
- Informational interviews with professionals in these fields
- Job shadowing or internships to test the waters
- Skill-building through courses, certifications, or projects



# ■ Your Action Plan

Knowledge without action is just information. Here's your personalized roadmap to turn insights into growth!

## **Immediate Actions (This Week):**

- Research 2-3 careers from your recommendations
- Update your LinkedIn profile with new insights

## **Short-Term Goals (This Month):**

- Connect with 3 professionals in your interest areas
- Enroll in one skill-building course or workshop
- Create a portfolio project showcasing your strengths

## **Long-Term Vision (6-12 Months):**

- Gain experience through internships or volunteer work
- Build a professional network in your target industry
- Retake this assessment to track your growth!



## ■ About CaRhythm

**CaRhythm** is an integrated career assessment platform designed to help students and professionals discover their optimal career pathways through evidence-based psychometric tools.

### **Our Approach:**

- **Holistic:** Combining interests (RIASEC), personality (Big Five), and work habits (Behavioral traits)
- **Evidence-Based:** Using validated assessment frameworks
- **Actionable:** Providing personalized, practical guidance
- **Growth-Oriented:** Supporting development, not just diagnosis

### **Contact Us:**

■ Email: [support@carhythm.com](mailto:support@carhythm.com)

■ Website: [www.carhythm.com](http://www.carhythm.com)

*This report is confidential and intended for your personal development. We hope it illuminates your path forward!*

*"Your career is a journey of self-discovery, not a destination."*

**Thank you for trusting CaRhythm with your career journey.  
Your story is just beginning. Go write it! ■**

