

SCOPE OF PRACTICE

FOR NURSES AND MIDWIVES IN KENYA
Entry Level Cadres

MARCH 2021



THE SCOPE OF PRACTICE FOR ENTRY LEVEL PROGRAMMES



SCOPE OF PRACTICE FOR ENTRY LEVEL NURSES AND MIDWIVES IN KENYA

February 2021.

©Nursing Council of Kenya
All Rights Reserved




Foreword

Nursing and Midwifery are autonomous, self-regulating professions that have a distinct and central role in the multidisciplinary team in health care provision. Pursuant to the dynamic nature of health care environment, nursing and midwifery professions need to adapt to the changing trends in their education and practice.

Nurses' and midwives' education in Kenya is offered at certificate, diploma, degree, higher diploma, masters, and PhD levels. This scope of practice delineates roles and responsibilities of nurses and midwives cognizant of legal boundaries of their practice at various levels of entry. It also emphasizes on individual accountability in making decisions about their roles and responsibilities.

This Fourth Edition has taken into consideration a wide range of factors that influence roles and responsibilities of nurses and midwives. These include global, regional, national trends and World Health Organization framework for health systems. Various stakeholders were involved in the review of the scope of practice to incorporate all the relevant thematic areas.



It is important to note that the Kenya 2010 Constitution has several articles that bear implications on the health sector with regard to accessibility to quality of care and on the rights of clients and /or patients. This require the nurse/midwife to expand her/his mandate to include provision of emergency, reproductive health and comprehensive care services.

The first edition of the scope of practice for nurses and midwives in Kenya was developed in 1997, the second edition in 2007 and the third edition in 2012. The scope of Practice for nurses and midwives shall be reviewed every 5 years to ensure it is in tandem with emerging trends and the best available evidence of practice.

PROF. EUNICE NDIRANGU-MUGO

CHAIRPERSON

Nursing Council of Kenya

Acknowledgement

The Nursing Council of Kenya wishes to thank all individuals and institutions who have in one way or another, contributed to the preparation of this document. We wish to acknowledge the Council for facilitating review of the scope of practice, and in a special way, the DSE committee members for providing leadership during the entire process.

We appreciate the contributions from various stakeholders, who include MOH Director General, MOH Director of Nursing Services, County Nursing officers, Heads of nursing and midwifery training institutions, National Nurses Association of Kenya, Midwifery Association of Kenya, the Kenya Progressive Nurses Association, the Kenya National Union of Nurses, Kenyatta National Hospital, The Aga Khan University Hospital, The Nairobi Hospital, The Aga Khan University, Kenyatta University, Kabarak University, AMREF International University, Liverpool School of Tropical Medicine, The University of Nairobi, Chuka University, and Mount Kenya University for availing their expertise in development of this document.

Special thanks to the International Federation of Gynecology and Obstetrics (FIGO) and the Kenya Obstetrical and Gynecological Society (KOGS) for providing financial support during the initial phase of review of the 4th edition of the scope of practice for Nurses and Midwives.

EDNA C. TALLAM-KIMAIYO

REGISTRAR/CEO
Nursing Council of Kenya

TABLE OF CONTENTS

FORWARD.....	2,3
ACKNOWLEDGEMENT.....	4
LIST OF ABBREVIATIONS	6
 SECTION I: INTRODUCTION	 7
1.1 Background	8
1.2 Purpose of the scope of practice.....	8
1.3 Scope of Nursing/Midwifery Practice Framework	9
 SECTION II:LEVELS OF NURSING & MIDWIFERY PREPARATION IN KENYA	
2.1 certificate in nursing.....	11
2.2. Diploma in Nursing	11
2.3 Bachelor of Science in Nursing (BScN).....	11
2.4 Bachelor of Science in Midwifery (BScM	11
 SECTION III:SPECIFIC SCOPE OF NURSING AND MIDWIFERY PRACTICE	
3.1 Enrolled Nurse(EN).....	12
3.2 Enrolled Midwife (EM).....	13
3.3 Enrolled Community Health Nurse (ECHN)	14
3.4 Registered Nurse(RN).....	15
3.5 Registered Midwife at Diploma Level (RM)	16
3.6 Registered Nurse/ Midwife at Diploma Level (RN/M).....	18
3.7 Registered Community Health Nurse (KRCHN).....	19
3.8 Registered Nurse Mental Health and Psychiatry (RN/MHP)	21
3.9 Registered Nurse Degree Level (BScN)	23
3.10 Registered Midwife at Degree level (BScM).....	25
 GLOSSARY OF TERMS	 27
BIBLIOGRAPHY	37
CONTRIBUTORS	38

LIST OF ABBREVIATIONS

BScM	- Bachelor of Science in Midwifery
BScN	- Bachelor of Science in Nursing
ECHN	- Enrolled Community Health Nurse
EN	- Enrolled Nurse
EM	- Enrolled Community Health Nurse
ECT	- Electroconvulsive Therapy
ICM	- International Confederation of Midwives
ICT	- Information Communication Technology
KOGS	- Kenya Obstetrical and Gynecological Society
NCK	- Nursing Council of Kenya
RCHN	- Registered Community Health Nurse
RDT	- Rapid Diagnostic Tests
RH	- Reproductive Health
RMNCAH	- Reproductive, Maternal, Neonatal, child and Adolescent Health
FIGO	- Federation of International Gynecology and Obstetrics
RN	- Registered Nurse

SECTION I: PRELIMINARIES

1.1 Definition

The scope of nursing and midwifery practice is defined within a legislative and regulatory framework and describes the competencies (knowledge, skills and attitudes), professional roles, functions, responsibilities and activities which a nurse/ midwife is educated, competent and has authority to perform.

1.2 Introduction

Nurses' and midwives' scope of practice is informed by emerging trends in healthcare, evidence and lessons learnt during community and clinical practice. To function effectively, nurses and midwives need an enabling environment equipped with the right resources. This notwithstanding, nurses and midwives must function within the legally recognized scope of practice of nursing/ midwifery and within all relevant legislation.

Nursing and midwifery education and practice are dynamic in nature, and as such, the roles and responsibilities of the nurse and midwife are expected to change with time. This will necessitate review of the scope of practice periodically to encompass the changing roles and responsibilities.

The practice and competence of an individual nurse/midwife within the legal scope of practice is informed by a variety of factors including education, experience, expertise and interests as well as the context of practice. The nurse/midwife must be cognizant of any limitation in competence or other issues that may influence their ability to carry out a procedure/activity as guided by the decision-making framework.

1.2.1 Decision making framework

A nurse/midwife should identify, describe, or clarify the activity, intervention, or role under consideration and should be guided by the following key points in decision-making.

- 1.The role/activity fits in with definitions and values that underpin nursing and midwifery as outlined in the Code of Professional Conduct and Ethics and Scope of Practice.
- 2.The role/activity is supported in the practice setting, by necessary legislation, policies and guidelines.
- 3.The nurse/midwife has the necessary competence and must be fit to carry out the role/activity.

If the nurse/midwife DOES NOT meet the criteria above, s/he should refer to the appropriate health care provider and collaborate for ongoing care to ensure patients' needs are met. In emergency situations, refer to National guidelines.

1.3 Purpose of the Scope of Practice

The purpose of the scope of practice framework is to provide nurses and midwives with professional guidance and support on matters relating to the area of their clinical practice. Secondly, delineates the range of interventions, roles and responsibilities that nurses and midwives initiate and/or execute in their fields of practice subject to their levels of entry licensure in Kenya.

1.4 Principles of Nursing and Midwifery scope of Practice in Kenya.

The Scope of Nursing and Midwifery Practice is based on the following principles that have been adopted from ICN and ICM standards:

- Nursing/Midwifery is an autonomous and self-regulating profession
- Nurses and midwives assess, diagnose, treat and manage acute episodic and chronic illnesses.
- Nursing/Midwifery practice responds to clients' health needs along the continuum of health.
- Nursing /Midwifery practice is based on the application of appropriate nursing care models/frameworks in provision of patient/client care.
- Nursing/Midwifery interventions include promotive, curative, preventive, rehabilitative and palliative care.
- Nursing/Midwifery practice responds to clients' health needs along the continuum of health.
- Every practice applies evidence-based knowledge and skills to ensure that clients/patients receive quality health care.

- A nurse/midwife functions as a member of the multidisciplinary health care team to protect the interests and rights of the client/patient.
- The nurse/midwife advocates for innovative strategies, safe and supportive working environments that facilitate provision of quality care and professional Nursing and Midwifery practice in various settings.
- The nurse/midwife advocates for innovative strategies, safe and supportive working environments that facilitate provision of quality care and professional Nursing and Midwifery practice in various settings.
- The nurse/midwife practice within the existing legal framework to provide ethically sound and quality care for which s/he is accountable.
- The nurse / midwife provide care with appropriate attitude; that respects human dignity, and is sensitive to the values customs and beliefs of the people with emphasis to privacy and confidentiality.
- The Nurse/Midwife provide leadership and co-ordination in Nursing/ midwifery workforce as appropriate.
- The individual nurse or midwife ensure that the patient is provided with respectful, safe, quality care with minimum risk of harm.

SECTION II: ENTRY LEVELS OF NURSE/MIDWIFE PREPARATION IN KENYA

2.1 Certificate in Nursing

This is a training undertaken by an individual at certificate level in a recognized institution. S/he is certified and licensed by the Nursing Council to provide promotive, preventive, curative, rehabilitative and palliative nursing care to the individual, family and community.

2.2 Diploma in Nursing

This is a training undertaken by an individual at diploma level in a recognized institution. S/he is certified and licensed by the Nursing Council to operate in nursing, midwifery and community health set ups as a clinical nurse, nurse educator, manager and counselor.

2.3 Bachelor of Science in Nursing (BScN)

This is a training undertaken by an individual at degree level in a recognized institution. S/he is certified and licensed by the Nursing Council to operate in nursing, midwifery and community health set ups as a clinical nurse, nurse educator, manager, counselor and researcher.

2.4 Bachelor of Science in Midwifery (BScM)

This is a training undertaken by an individual (midwife) at degree level in a recognized institution. S/he is certified and licensed by the Nursing Council to operate in all midwifery set ups as a clinical Midwife, Midwife educator, manager, counselor and researcher.

SECTION III: SPECIFIC SCOPE OF NURSING AND MIDWIFERY PRACTICE

3.1 Enrolled Nurse (EN)

This is a nurse who has undergone a prescribed training in nursing at a certificate level and licensed by the Nursing Council to practice as per nurses Act Cap 257, section 15 a & b.

3.1.1. Applicability

This scope shall be applicable to persons trained in Enrolled Nursing. The Enrolled Nurse shall:

- 1.Participate in the assessment, diagnosis and management of individuals across the lifecycle utilizing relevant standards and protocol.
- 2.Provide emergency care in line with stipulated guidelines.
- 3.Order, perform and utilize laboratory and diagnostic findings to provide health care to patients according to relevant protocols and guidelines, and as prescribed in this scope of practice.
- 4.Administer selected medications as stipulated in this scope of practice.
- 5.Perform selected medical and surgical procedures as stipulated in this scope of practice.
- 6.Provide a link or interface between the community and the appropriate health system.

3.2 Enrolled Midwife (EM)

This is a midwife who has undergone a prescribed training in midwifery at a certificate level and licensed by nursing council to practice as per nurses Act Cap 257, section 15 a & b.

3.2.1 Applicability

This scope shall be applicable to persons trained in Enrolled midwifery. The Enrolled Midwife shall:

- 1.Participate in diagnoses, management and / or referral of clients in pregnancy, labour, childbirth and postpartum as per National health guidelines.
- 2.Provide emergency care in line with stipulated guidelines.
- 3.Order, perform and utilize laboratory and diagnostic findings to provide health care to patients according to relevant protocols and guidelines, and as prescribed in this scope of practice.
- 4.Administer selected medications as stipulated in this scope of practice.
- 5.Perform selected midwifery procedures as stipulated in this scope of practice.
- 6.Provide sexual and reproductive health services as per National health guidelines
- 7.Participate in community midwifery activities as stipulated in this scope of practice.
- 8.Provide a link or interface between the community and the appropriate health system.

3.3 Enrolled Community Health Nurse (ECHN)

This is a nurse who has undergone a prescribed training in nursing, midwifery and community health at a certificate level and is licensed by Nursing Council to practice as per nurses Act Cap 257, section 15 a & b.

3.2.1 Applicability

This scope shall be applicable to persons trained in Enrolled Community Health Nursing. The Enrolled Community Health Nurse shall:

- 1.Participate in the assessment, diagnosis and management of individuals across the life cycle utilizing relevant standards and protocol.
- 2.Provide emergency care in line with stipulated guidelines
- 3.Order, perform and utilize laboratory and diagnostic findings to provide health care to patients according to relevant protocols and guidelines, and as prescribed in this scope of practice.
- 4.Administer selected medications as stipulated in this scope of practice.
- 5.Perform selected medical and surgical procedures as stipulated in this scope of practice.
- 6.Provide sexual and reproductive health services as per National health guidelines
- 7.Participate in community health assessment.
- 8.Provide a link or interface between the community and the appropriate health system.

3.3 Registered Nurse (RN)

This is a nurse who has undergone a prescribed training in Nursing at a diploma level and licensed by Nursing Council to practice as per the Nurses Act section 13 a & b.

3.3.1 Applicability

This scope shall be applicable to persons trained in diploma in nursing. The Registered Nurse (RN) shall:

- 1.Participate in the assessment, diagnosis and management of individuals across the life cycle utilizing relevant standards and protocol.
- 2.Provide emergency care in line with stipulated guidelines.
- 3.Order, perform and utilize laboratory and diagnostic findings to provide health care to patients according to relevant protocols and guidelines, and s prescribed in this scope of practice.
- 4.Prescribe selected drugs and administer any other prescribed medication to clients/patients as stipulated in this scope of practice
- 5.Prescribe and perform selected medical surgical procedures as stipulated in this scope of practice
- 6.Contribute on specification and quality checks to determine suitability of medical health devices and supplies in health care
- 7.Contribute to designing and implementation of community health initiatives/programmes
- 8.Provide a link or interface between the community and the appropriate health system.


3.3 Registered Midwife at Diploma Level (R/M)

This is a midwife who has undergone a prescribed training in midwifery at a diploma level and licensed by nursing council to practice as per the Nurses Act section 13 a & b.

3.3.1 Applicability

This scope shall be applicable to persons trained in diploma in midwifery. The Registered midwife (RM) shall:

1. Diagnose, manage and/or refer clients with pregnancy, labour, childbirth and postpartum as per existing guidelines.
2. Provide emergency care for women and children in line with National health guidelines.
3. Order, perform and utilize selected laboratory and diagnostic findings to make sound midwifery decisions/judgement in patients/clients care according to relevant protocols and guidelines, and as prescribed in this scope of practice.
4. Prescribe selected drugs and administer any other prescribed medication to include vaccines to clients /patients as stipulated in this scope of practice.
5. Prescribe and perform selected medical surgical procedures as stipulated in this scope of practice.

- 
6. Provide sexual and reproductive health services as per National health guidelines.
 7. Coordinate, participate and manage comprehensive care in the continuum of RMNCAH services.
 8. Contribute on specification and quality checks to determine suitability of medical and reproductive health devices and supplies in health care. appropriate health system
 9. Participate and support community midwifery initiatives/programmes as stipulated in this scope of practice
 10. Provide a link or interface between the community and the appropriate health system.
 11. Utilize research findings to improve quality care.

3.3 Registered Nurse/Midwife at Diploma Level (RN/M)

This is a nurse who has undergone a prescribed training in nursing and midwifery programs at diploma level and licensed by nursing council to practice as per the Nurses Act section 13 a & b.

3.3.1 Applicability

This scope shall be applicable to persons trained in diploma in nursing and midwifery. The Registered nurse midwife shall:

1. Diagnose, manage and or refer pregnancy, labour, childbirth and postpartum clients as per National health guidelines
2. Provide emergency care in line with stipulated guidelines
3. Order, perform and utilize laboratory and diagnostic findings to provide health care to patients according to relevant protocols and guidelines, and s prescribed in this scope of practice.
4. Prescribe selected drugs and administer any other prescribed medication to clients /patients as stipulated in this scope of practice
5. Prescribe and perform selected medical surgical procedures as stipulated in this scope of practice
6. Provide comprehensive RH services as stipulated in this scope of practice.

7. Contribute on specification and quality checks to determine suitability of medical health devices and supplies in health care
8. Contribute to designing and implementation of community health and community midwifery initiatives/programmes
9. Provide a link or interface between the community and the appropriate health system.
10. Utilize research findings to improve quality care

3.3 Registered Community Health Nurse (RCHN)

This is a nurse who has undergone a prescribed training in nursing, midwifery, psychiatry and community health programs at diploma level and licensed by the nursing council to practice as per the Nurses Act Cap 257 section 13 a & b.

3.7.1 Applicability

This scope is applicable to an individual who has undergone nursing, midwifery, psychiatry and community health programs
The Registered Community Health Nurse shall:

1. Participate in the assessment, diagnosis and management of individuals across the lifecycle utilizing relevant standards and protocol.
2. Diagnose, manage and or refer pregnancy, labour, childbirth and postpartum clients as per National health guidelines.
3. Provide emergency care in line with stipulated guidelines

4. Order, perform and utilize laboratory and diagnostic findings to provide health care to patients according to relevant protocols and guidelines, and as prescribed in this scope of practice.
5. Prescribe selected drugs and administer any other prescribed medication to clients /patients as stipulated in this scope of practice
6. Prescribe and perform selected medical surgical procedures as stipulated in this scope of practice
7. Contribute on specification and quality checks to determine suitability of medical health devices and supplies in health care
8. Provide comprehensive RH services as stipulated in this scope of practice.
9. Provide mental health services across the life cycle
10. Contribute to designing and implementation of community health and community midwifery initiatives/programmes
11. Provide a link or interface between the community and the appropriate health system.


3.8 Registered Nurse/ Mental Health and Psychiatric Nurse (RN/MHP)

This is a nurse who has undergone a prescribed training in nursing and mental health at a diploma level and licensed by nursing council to practice in a clinical and community setting to provide care in accordance to Mental Health Act and other relevant guidelines as per the Nurses Act section 13 a & b.

3.8.1 Applicability

This scope shall be applicable to persons trained in diploma in nursing and mental health & psychiatry. The Registered Nurse/Mental Health and Psychiatric nurse shall:

- 1.Participate in the assessment, diagnosis and management of individuals across the lifecycle utilizing relevant standards and protocol.
- 2.Provide emergency care in line with stipulated guidelines
- 3.Order, perform and utilize laboratory and diagnostic findings to provide health care to patients according to relevant protocols and guidelines, and s prescribed in this scope of practice.
- 4.Prescribe selected drugs and administer any other prescribed medication to clients /patients as stipulated in this scope of practice

- 
5. Prescribe and perform selected medical, surgical, mental health and psychiatric procedures as stipulated in this scope of practice.
 6. Contribute on specification and quality checks to determine suitability of medical health devices and supplies in health care.
 7. Perform comprehensive psychiatry and mental health diagnostic evaluation to individuals, families, communities and social systems as stipulated in this scope of practice.
 8. Contribute to designing and implementation of community health and mental health initiatives/programmes.
 9. Provide a link or interface between the community and the appropriate health system.
 10. Utilize research findings to improve quality care

3.8 Registered Nurse at Degree Level (BScN)

This is an individual who has undergone a prescribed training in nursing, midwifery, psychiatry and community health at degree level and licensed to practice by Nursing Council as per the Nurses Act section 13 a & b.

3.8.1 Applicability

This scope shall be applicable to persons trained in Bachelor of Science in Nursing (BScN) or its equivalent

The BScN shall:

1. Assess, identify, provide and evaluate health needs of patients in all care settings across the lifecycle utilizing relevant standards and protocol.
2. Diagnose, manage and/or refer pregnancy, labour, childbirth and postpartum clients as per National health guidelines.
3. Assess, plan and implement comprehensive reproductive health services as stipulated in this scope of practice
4. Implement and evaluate nursing care models/ pathways for individual clients, families and communities.
5. Provide emergency care in line with stipulated guidelines
6. Order, perform and utilize laboratory and diagnostic findings to provide health care to patients according to relevant protocols and guidelines, and as prescribed in this scope of practice.

7. Prescribe selected drugs and administer any other prescribed medication to clients /patients as stipulated in this scope of practice
8. Prescribe and perform selected medical surgical procedures as stipulated in this scope of practice
9. Contribute on specification and quality checks to determine suitability of medical health devices and supplies in health care
10. Provide mental health services across the life cycle
11. Develop and implement training programs
12. Participate in development and review of health policies
13. Initiate and support community health and community midwifery initiatives/programmes as stipulated in this scope of practice
14. Provide a link or interface between the community and the appropriate health system.
15. Conduct and utilize research findings and innovations to improve quality of care.


3.8 Registered Midwife at Degree Level (BScN)

This is an individual who has undergone a prescribed training in nursing, midwifery, reproductive, community and public health programme at degree level as per the Nurses Act cap 257, section 13 a & b.

3.8.1 Applicability

This scope shall be applicable to persons trained in Bachelor of Science in Midwifery (BScM) and its equivalent. The BScM shall:

1. Assess, diagnose, evaluate, manage, and/or refer clients with pregnancy, labour, childbirth and postpartum as per existing guidelines.
2. Provide emergency care for women and children in line with National health guidelines.
3. Order, perform and utilize selected laboratory and diagnostic findings to make sound midwifery decisions/judgment in patients/clients care according to relevant protocols and guidelines, and as prescribed in this scope of practice.
4. Prescribe and administer authorized medication to clients /women to include vaccines as per National health guidelines.
5. Perform selected midwifery and reproductive health procedures to address common complications in maternal, newborn and child health as stipulated in this scope of practice
6. Prescribe and perform selected medical surgical procedures as stipulated in this scope of practice

- 
7. Coordinate, participate and manage comprehensive care in the continuum of Reproductive, Maternal, Neonatal, Child and Adolescent Health (RMNCAH) services.
 8. Provide sexual and reproductive health services as per National health guidelines
 9. Contribute on specification and quality checks to determine suitability of medical and reproductive health devices and supplies in health care
 10. Develop and implement training programs
 11. Participate in relevant health policies development and review.
 12. Initiate and support community midwifery initiatives and programmes
 13. Provide a link or interface between the community and the appropriate health system.
 14. Conduct and utilize research findings and innovations to improve quality of care

GLOSSARY OF TERMS

Abnormal

A condition, state, or quality; irregularity; deviation from the average or expected and is undesirable/worrying either physiological or anatomical.

Accountable

The capacity a nurse/midwife to enhance strategies, assuring compliance with the procedures and standards and improving performance or learning in regards to nursing/midwifery profession

Acute

A medical/surgical condition of very rapid onset and increased intensity requiring urgent nursing/ midwifery and medical intervention.

Advanced Nursing/Midwifery Practice

Refers to nursing/midwifery knowledge and skills acquired, beyond basic education and training, and may result in legal authority to perform procedures beyond the basic scope of nursing/midwifery practice.

Advocacy Role

Activities carried out by the nurse/midwife to ensure the health needs of individuals, families, communities, institutions are taken seriously, and their interests promoted with an aim of influencing decisions within political, social and economic systems.

Assessment

Evaluation of the patient/client using selected skills of history-taking; physical examination, laboratory, imaging, and social evaluation, to achieve a specific goal.

Autonomy

The Nurse/Midwife has the authority to use professional knowledge and judgment to make decisions and take action about patient care or related to the practice setting.

Chronic Condition/illness

A state/disease that persists for a long time or constantly recur, requiring continuity of care aimed at an appropriate trajectory through all health sectors and/or limits activities of daily living.

Coaching

The use of a wide variety of behavioral techniques and methods used by an experienced nurse practitioner to help a Nurse trainee learn and acquire skills/competences.

Community

A group of people united by some common feature or shared interest; the social context in which professional services are provided. A community may be united by physical or geographic factors, by one or more common characteristics such as developmental level, culture, or health or disability status, or by a shared perspective.

Community Health Initiative

Community health encompasses non-clinical approaches for improving health, preventing disease and reducing health disparities by addressing social, behavioral, environmental, economic and medical social determinants of health in a geographically defined population

Collaboration

An active and ongoing partnership between nurse/midwives, other health professionals and institutions with diverse backgrounds and mandates who work together to provide services that improve health care.

Competencies

The ability to practice within the context of professional, ethical, regulatory and legal codes, recognizing and responding to moral/ethical dilemmas and issues in day to day nursing practice.

Coordinate

The deliberate organization of patient care activities between two or more participants (including the patient) involved in a patient's care to facilitate the appropriate delivery of healthcare services. the integration of various resources into an orderly hole to achieve the healthcare needs of the patient/client, family and/or community for the purpose of improving their health.

Cultural Diversity

Acknowledgement and appreciation of the existence of differences in attitudes, beliefs, thoughts, and priorities in the health-seeking behaviors of different patient populations

Curative

Treatment and therapies provided to a patient with and intent to improve symptoms and cure the patient's medical problem.

Community survey

Questionnaires that are given to a community in a population to get a range of key demographic and socioeconomic statistics that impact on health.

Community mental health

Activities undertaken at community level with an aim of promoting mental well-being and preventing mental health and psychiatric illnesses.

Enrolled Nurse

A professional who has been trained and regulated to proficiency and Completed, at minimum, their certificate qualification.

Families

Social units of two or more persons related by blood, marriage or adoption and having a shared commitment to the mutual relationship.

Health Needs

Objectively determined deficiencies in health that require health care from promotion to palliation.

Holistic Care

Individualized patient care that considers the physical, emotional, socio- economic and spiritual needs of a person; his or her response and effect to illness on ability to meet self- care needs

Household survey

Questionnaires that are given to a household in a population to get a range of key demographic and socioeconomic statistics that impact on health.

Individual

A tangible human being, which includes patients, relatives and care givers their representatives and support groups.

Leadership

Includes providing direction and support, motivating, coordinating, collaboration, effective communication, and advocating for patients, families and communities to achieve optimal health related outcomes.

Limited restriction Prescription

The nurse may prescribe medication in accordance to training irrespective of the context he/she is operating in a measure to save life.

Limited restriction Prescription

The nurse may prescribe medication in accordance to training irrespective of the context he/she is operating in a measure to save life.

Manage

The process of overseeing health teams and nursing departments to maintain best practices and organization when providing care to patients.

Midwife

A person who has successfully completed a prescribed direct entry or post-basic midwifery education programme and is licensed by the appropriate regulatory authority to practice midwifery in Kenya.

Mentor/preceptor

A nurse or midwife who has demonstrated competence in supervising clinical experience in order to allow students to apply knowledge gained in didactic portion of a programme into technical skills in a clinical environment.

Networking

Reaching out to build alliances with organizations and persons with common interests.

Nurse

A person who has successfully completed a prescribed basic nursing education programme and is licensed by the appropriate regulatory authority to practice nursing in Kenya.

Nursing

It is the protection, promotion, and optimization of health and abilities, prevention of illness and injury; alleviation of suffering through the diagnosis and treatment of human response to actual or potential health problems and advocacy in the care of individuals, families, communities and populations.

Not restricted Prescription

The nurse is authorized to prescribe medication as per the level of training and context of operation.

Palliative Care

Care that improves the quality of life of patients with life threatening illness and their families through the prevention and relief of suffering by means of early identification, assessment and treatment of pain and other problems be it physical, psychosocial and spiritual.

Partnership

A collaborative relationship between nurses and other disciplines or separate organizations/stakeholders based on trust, so that they can benefit from pooled expertise, resources and power sharing, to enhance the efficiency and quality of health service provision.



Preventive

Designed measures undertaken to keep or delay something undesirable such as illness or harm from occurring or reduce further transmission or exposure to disease.

Promotive

Nursing activities designed to help the development of individual, group, institutional, community and systemic strategies to improve health knowledge, attitudes, skills and behavior

Perform

The ability of a nurse to carry out a procedure/test in a formal manner or according to a prescribed standard

Rehabilitation

A set of nursing interventions designed to optimize functioning and reduce disability in individuals with health conditions in interaction with their environment.

Restricted Prescription

A situation in which a nurse has no authority to prescribe medication to a patient either because of the level of training or because of the context the nurse is operating in.



Request

The process by which a nurse communicates to respective disciplines the type of examination required on a patient to confirm the diagnosis.

Registered Nurse/midwife

A professional who has been trained and regulated to proficiency and completed, at minimum, their diploma qualification in general nursing and midwifery.

Utilization

The Nurse is able to understand the test results and make clinical decision in regards to patient care.

BIBLIOGRAPHY

- 1.A.B & Edmonton, (2005). College and Association of Registered Nurses of Alberta Scope of Practice for Registered Nurses. Alberta: Canada
- 2.College of Nursing Ontario. (2002). Practice Standards: professional standards. Toronto: Canada
- 3.NCK, (2012). Scope of Nursing Practice, Nursing Council of Kenya
- 4.Nurses (Amendment) Act, (2011). CAP 257 Laws of Kenya
- 5.Nursing and Midwifery Board of Ireland (NMBI). (2015). Scope of Nursing and Midwifery Practice Framework. Ireland
- 6.International Council of Nurses (ICN). (2020). Guidelines on Advanced Practice Nursing
- 7.The American Association of Nurse Practitioners' (AANP). (2015) Scope of Practice for Nurse Practitioners
- 8.The Constitution of Kenya, (2010). Kenya law: National council of law report. Retrieved from www.Kenya law.org

CONTRIBUTORS

Alfred Obengo	- NCK- DSE Committee
Margaret Muiyuro	- NCK- DSE committee
Joel Gondi (Dr)	- NCK- DSE committee
Michael Nyongesa	- NCK- DSE committee
Anne Mukuna	-Nursing Council of Kenya
Bernard Mweiga	-National Nurse Association of Kenya
Branice Kisali	-Nursing Council of Kenya
Catherine Mwaura	-Kenya Medical Training College
David Kogo	-Moi Teaching and Referral Hospital
Duncan Shikuku	-Liverpool School of Tropical Medicine
Ediah Muruli	-Kenya National Union of Nurses
Edna Tallam	-Nursing Council of Kenya
Eunice Atsali	-Midwifery Association of Kenya
Eunice Kahiga	-The Aga Khan University Hospital
Gladys Machira	-Nursing Council of Kenya
Gladys Mbuthia	-Aga Khan University
Irene Mageto (Dr)	-University of Nairobi
Jacqueline Joshua	-Meru Teaching and Referral Hospital
Jemimah Kibira	- Kenya National Union of Nurses
Joyce Jebet (Dr)	- University of Nairobi

CONTRIBUTORS

Joyce Rotich	- Moi Teaching and Referral Hospital
Judith Kudoyi	-Nursing Council of Kenya
Lister Onsongo	-Kenyatta University
Lucy Gitonga (Prof)	-Chuka University
Micah Matiang'I (Dr)	-AMREF International University
Nancy Chelule	-Nakuru County
Nargis kaka	- Nursing Council of Kenya
Nilufa Shariff (Dr)	-Mount Kenya university-Senior lecturer
Pamela Kimeto(Dr)	-Kabarak University
Raheli Mukhwana	-Kenyatta National Hospital- Clinical Nurse.
Sarah Burje	-Nursing Council of Kenya
Teresa Maina	-Kenya Progressive Nurse Association
Triza Ireri	-Kenya Progressive Nurses Association
William Sudi	-Kakamega County
Winnie Shena	-Kenya Obstetrics and Gynecological Society

Appendix 1

Schedule of community health services

Procedure	BScN	BScM	KRN	KRCHN	KRN/M	KRN/MHP	KRM	KECHN	KEN	KEM
Household and community surveys										
Home visits										
Community mental health services										
Community dialogue										
School health programme										
Community midwifery										
Gender based Violence services										

Key

	Perform
	Support

Appendix 2

REPRODUCTIVE AND MIDWIFERY PROCEDURES

Procedures	BScN	BScM	KRCHN	KRN/ MPH	KRN/M	KRN	KRM	KECHN	EN	EM
Prenatal period										
Pre conception										
Infertility care										
Prevention of STI										
Antenatal care										
Obstetric ultrasound scan	A	A	A		A		A			A
Labour and delivery										
Normal delivery										
Manual Removal of the Placenta										A
Vacuum Extraction (Ventouse)	A	A	A		A		A			
Episiotomy Repair/ perineal tear repair										
Breech Delivery										
Shoulder Dystocia										A
Twin delivery										
Manual vacuum aspiration	A	A	A		A		A			
Speculum Examination										
Vaginal Examination										
Insertion of uterine balloon	A	A	A		A					
Monitoring of Labour										
Postnatal care										
Neonatal care	A	A	A		A		A			
Neonatal resuscitation										
Administration of surfactant										

Procedures	BScN	BScM	KRCHN	KRN/ MPH	KRN/M	KRN	KRM	KECHN	EN	EM
Methods of Family Planning (FP)										
Administration of:										
i. Pills										
ii. Injectable										
iii. Barrier methods										
Implants										
Insertion of Hormonal Implants										
Removal of Hormonal Implants	A		A		A					
iv. Inserting an Intrauterine Contraceptive Device (IUCD)										
v. Removal of Intrauterine Contraceptive Device (IUCD)										
vi. Via villi screening										
Special procedures										
Vaginal irrigation										
EMTCT										
Post abortion care										
Cryotherapy										
Community Midwifery										
Sexual & Gender based Violence										
Adolescent health services										



Perform	Support	Not applicable	A = specialized training required
---------	---------	----------------	-----------------------------------

Appendix 3

SCHEDULE FOR DIAGNOSTIC TESTS

Procedures	BScN	BScM	KRCHN	KRN/ MPH	KRN/M	KRN	KRM	KECHN	ECN	ECM
Haemoglobin (rapid tests eg haemo cue)										
Stool for ova and cyst										
Full heamogram										
Culture (urine, wound, sputum, blood) Based on assessment and clinical environment										
Collect specimen for Pap smear										
Blood gas	A	A	A	A	A	A	A			
Urinalysis (Dip stick)										
Malaria (RDT)										
Pregnancy test										
Serum electrolytes										
Bilirubin										
HIV (Rapid test)										
VDRL (RDT)										
Widal test										
Brucela										
Hepatitis										
H pylori										
Acid fast Bacillus (AFB)										
Lipid profile										
Gene expert										
Liver function										

Procedures	BScN	BScM	KRCHN	KRN/ MPH	KRN/M	KRN	KRM	KECHN	ECN	ECM
test										
Prothrombin time										
Partial thromboplastin time (PTT)										
Activated partial thromboplastin time (APTT)										
Basic metabolic panel										
Prostate specific antigen										
Thyroid stimulating factor.										
Blood sugar										
Sputum										
ECG & CTG	A	A	A	A	A	A	A			
Urea and creatinine										
Uric acid										

Key:

	Request , perform and utilize
A	With additional training needed to perform
	Request and utilize
	Utilize

Appendix 4

SCHEDULE FOR SURGICAL PROCEDURES

Procedure	BScN	BScM	KRN	KRCHN	KRN/ MPH	KRN/M	KRM	KECHN	ECN	ECM
Patent assessment (History, physical examination , specimen collection- blood, urine, sputum, swab specimen)										
Safety and infection prevention (Hand hygiene, surgical scrubbing, gowning and gloving, standard precautions, isolation nursing,										
Patent's hygiene and comfort (bed making, bed bath, pressure area care oral care, patient positioning in bed										
Administration of medicine (oral, IM, IV, enemas, topical, ear drops, eye drops, nebulization)										
Admission, transfer and discharge of patients										

Procedure	BScN	BScM	KRN	KRCHN	KRN/ MPH	KRN/M	KRM	KECHN	ECN	ECM
Conducting ward round										
Handing over of patients										
Nutrition and elimination										
Nasogastric Tube Insertion and removal										
Nasogastric Tube Suctioning										
Nasogastric Tube feeding										
Gastrostomy tube feeding										
Gastric (Stomach) Washout										
Female Urinary Catheterization										
Male urinary catheterization										
Removal of a Urinary Catheter										
Urinary Bladder Irrigation/ Flush Out										
Oxygenation										
Endotracheal and Tracheal Tube Suctioning										
Administration of										

Procedure	BScN	BScM	KRN	KRCHN	KRN/ MPH	KRN/M	KRM	KECHN	ECN	ECM
oxygen										
Insertion of a Tracheostomy tube	A	A	A	A	A	A	A			
Insertion of Endotracheal tube	A	A	A	A	A	A	A			
Endotracheal Extubation										
Circulatory System										
Venipuncture Cannulation										
IV fluid administration										
Administration of blood and blood products										
Measuring Central Venous Pressure (CVP)	A	A	A	A	A	A	A			
Musculoskeletal and Integumentary System										
Suturing										
Wound Dressing										
Removing Stitches/Staples and Clips										
Removal of Drains										
Central Venous Catheter Dressing										
Wound irrigation										
Incision and drainage										

Procedure	BScN	BScM	KRN	KRCHN	KRN/ MPH	KRN/M	KRM	KECHN	ECN	ECM
(Minor)										
Ophthalmic Care										
Measuring Visual Acuity										
Eye Swabbing										
Eye Irrigaton										
Application of eye Compress										
Special procedures										
Voluntary Medical Male Circumcision								A	A	A
Wound debridement (bed side)										
Stoma irrigaton										
Ear irrigation										

Key

	Perform
A	Perform with additonal training
	Support

APPENDIX 5

DRUG SCHEDULING CONSIDERATIONS FRAMEWORKS TO CONSIDER

The nurse shall be guided by the following:

1. Level of training and scope of practice
2. Authority to prescribe medications with different levels oversight.
 - Restricted
 - Limited restrictions
 - No restriction
3. An Individual's proficiency and experience in prescribing the authorized drugs
4. In emergency situations