

So Flow PRESS NOTE

They encompass several musical styles, such as jazz/ soul/ trip hop. Deriving their strength from tradition, yet unafraid of contentious aspects. The band samples old vinyls, merging them with live instruments. This makes a sound closer to what is going on now in Melbourne than by the Vistula River.

"A phenomenon progressively rare, to which I am acutely sensitive. A true live music experience. Vivid and going beyond any specific genre. With a respect to the past and looking forward."- Piotr Metz.

The last two years were a great success for the band, with invitations to many Polish Festivals like Slot Art Festival (twice), Artloop in Sopot, Idea Fix Fest in Cracow, Mysłowice AlterFest, or a recent Hej Fest in Zakopane.

The group can be heard regularly on-air on National Radio 3 and 4, while the song "The River" made the "Top 40: The best Polish songs of 2011-2015" chart by the Outrage Magazine.