# CHAPTER 7

#### **OBJECTIVES**

You should study the chapter to know

- the importance of face-toface presentations
- how to be clear with your purpose in your presentation
- how to plan, structure, begin, develop, end, and use effective body language, voice, and visual aids in your presentation
- how to handle questions and criticism
- how to control nervousness and stage fright while making a presentation
- how to use MS PowerPoint to create impressive presentations

# Formal Presentations

#### INTRODUCTION

Successful and inspiring speakers are remembered not only because they were eloquent, humorous, or had a good style, but primarily and principally because their messages and ideas caused a change in their audience's actions, attitudes, lives, or made the purpose clear to them. This is true for all types of presentations—professional presentations, business speeches, classroom lectures, and so on, especially in an age of instantaneous communication via telephone, computer, and fax. Face-to-face business presentations are enormous time consumers—from scheduling a date when everyone can attend, to making every arrangement necessary for the presentation, it takes much more time and effort than it would have taken to send the same message as an attachment in an email, in the form of a memorandum, circular, or notice. Nevertheless, presentations still play an important role in business for obvious and good reasons.

Throughout our career, we are bound to encounter innumerable situations that require professional presentations to be made. To mention a few, a team leader may have to present before the corporate body about a product that his/her team has brought out; a top administrator of an institution may have to present the goals, activities, and achievements of the institution to an important visitor; a project manager may have to present before a committee the results of a project recently undertaken by the company; a college student may have to attend seminars or may have to present project reports to fellow students and

'Half the world is composed of people who have something to say and can't, and the other half who have nothing to say and keep on saying it.'

-Robert Frost

faculty members. These situations call for effective, memorable presentations. Although these circumstances differ in purpose, the strategies in making good presentations do not differ much.

The more successful our career, the more often will we be called upon to make presentations for a variety of situations and audiences. Constant practice is the key to acquiring this skill. The following points are to be attended to when preparing for a professional presentation.

- Planning: Occasion, audience, purpose, thesis, and material
- Outlining and structuring: Introduction, main body, and conclusion
- Choosing the mode of delivery
- Guidelines for effective delivery
- Body language and voice
- Visual aids

#### **PLANNING**

Preparing and delivering the first business presentation or public speech in our life can be daunting. We may find it difficult to decide what we want to say and how to say it, or perhaps the thought of speaking before an audience scares us. It is true that some people are naturally talented at public speaking. However, with some helpful guidance, anyone can prepare and deliver a successful speech that will be remembered for all the right reasons.

When preparing a presentation, the first instinct may be to sit down with a pen and paper and charge ahead into the first line of the speech. However, devoting some time to careful planning of the speech will save a lot of time and effort later on. Effective preparation enables us to answer all the questions and doubts about our speech before they arise. The contents of our speech, and how we deliver it, are based on five important factors:

- Occasion
- Audience
- Purpose

- Thesis
- Material

#### Occasion

Occasion refers to the factors such as the facilities available for our presentation, time, and context of our presentation. Facilities include the venue or locale along with the projection equipment, lighting, seating, ventilation, etc. Every location has its unique physical environment. We may present in magnificently large auditoriums or oppressively small conference rooms. We need to know the physical setting; find out whether we will have a podium or a table, whether we will have a public address system, and so on. Also, attention should be paid to the physical conditions prevalent in the venue such as seating, room temperature, and lighting. We should try to understand whether the audience will be seated on hard metal chairs for an hour in a freezing room, whether the lighting will be too powerful to render our slide presentation ineffective, etc. If we identify such problems in advance, we can either ask for alternative arrangements or modify our materials, visual aids, and style to suit the environment.

Time refers to both the time of the day of presentation and the duration of the talk. Straightforward and factual presentations may work well during the morning hours, but in case of an after-dinner speech, we may need to adapt our remarks to the occasion. Remembering the fact that most professional presentations are brief, we should present the important points in the first few minutes.

Context refers to the events surrounding our presentation. When we are presenting in a team, for example, we need to consider the team members. They might have left a positive or negative impression in the minds of the audience and, hence, we would need to adapt ourselves to the existing situation just before presenting our part. Besides these immediate events, the recent happenings in our company can also affect the presentation. For example, if you are about to present a new proposal on budget just after your company has suffered a financial loss, you should emphasize on those features of your budget that focus on reducing the costs.

The occasion dictates not only the content of our speech, but also the duration, the tone, and the expectations of the audience. For example, humour may be inappropriate during a serious sales presentation, while it may be welcome during a wedding speech, or a sports event. We should also be aware of our role and any observations that we might make during our speech. For example, if you are presenting the final report of your project to a group of professors or senior colleagues, you need to take care of the short duration, firm but polite tone, and also their expectations.

#### Audience

All audiences have one thing in common. They are at the receiving end of our communication. They may be our friends, clients, colleagues, sometimes unfamiliar faces, or a combination of all these. The nature of our audience has a direct impact on the strategy we devise for our presentation. Hence, it is necessary to have some prior knowledge of the audience.

- What are their interests, likes, and dislikes?
- Are they familiar with the topic?
- Is their attitude hostile or friendly?
- What is the size of the group?
- Age range? Gender distribution?



Adapt your speech to your audience.

For instance, people from a particular culture may feel uncomfortable asking questions or may not reveal their feelings through facial expressions. If we know in advance how our audience is likely to react, we can structure our presentation and adapt our style to help them feel comfortable. We are also less likely to feel distressed by their reactions.

'It is a remarkable observation that the more learned and respected the researcher, the simpler their talks often seem to be.'

-Mike Grimble

If we are going to speak before an unknown group, we can ask our host or the organizer for help in analysing the audience and supplement their estimates with some intelligent guesstimates of our own. Whether we present locally or in a foreign country, we can expect at least some members to have linguistic or cultural backgrounds different from our own. Those who are not very conversant with English or with our accent will appreciate

# Tips for Creating an Impact on the Audience



- Before beginning your presentation, look at all the sections of the audience.
- · Always begin with a smile and greet them in pleasant tone.
- Give the impression that you are not lecturing but sharing your views with them.
- Modify your tone/material according to the reaction of your audience. For instance, if you find them bored or not understanding your point, soften your tone, ask them if they have any difficulty and give one more clearer example.
- Choose examples that are familiar to the major section of the audience (e.g., if you are presenting on 'Meditation' you can give example of a student who has found a significant improvement in his power to concentrate by regularly practising meditation).
- Choose words as per your audience's background (e.g., if you are giving a technical presentation to your professors or classmates, you can use specialized terms. When you are presenting to non-technical audience, simplify or define terms such as 'lean manufacturing', 'mach 2', etc.).
- Do not get annoyed if there is a slight disturbance among the audience (say, two people at the back are whispering something).
- Concentrate on your ideas and be with the topic rather than thinking on what impression you are making in the audience's minds.
- Inform the audience at the start of your presentation whether you would prefer to answer their queries at the end or you would not mind being interrupted.

relatively slow speech and visual aids designed to aid their understanding. We should also adjust our style to accommodate cultural differences.

While speaking on a controversial topic, we ought to keep aside some time to tackle any opposition from audience. For example, if your topic is on 'Criteria for selection of projects' you may face a lot of opposition from those teams which do not conform to certain criteria. So, you need to be patient in listening to them and then only should react. Give the impression to your audience that you want to share your views with them.

The structure of a presentation can further be skilfully emphasized by pauses, through interactions with the audience, and through changes in delivery techniques.

If we are going to speak about something controversial or if we have to break some bad news perhaps, we can set aside some time before our presentation to chat with those who will be affected. This will help to:

- Build support
- Anticipate problems

Consider strategies

Testing the waters beforehand, so to speak, will help to fine-tune the approach. Speak with confidence and conviction. Make your points crystal clear and easy to understand. Maintain an attitude of alertness and confidence. Encourage questions from the audience. Audience participation gives the opportunity to clear up any misunderstanding.

# Purpose

There can be three different purposes of a presentation: to inform, to analyse, or to persuade. The purpose of a presentation not only decides the content and style but also affects the amount of audience interaction. For instance, when our purpose is to provide information or to analyse a situation, we generally interact with the audience in a limited manner. Examples of typical

presentation forms with an informative purpose can be a presentation at the new employeeorientation programme or an explanation of our project status.

On the other hand, when our purpose is to persuade people to take a particular action, collaborate with them in solving a problem, or making a decision, the interaction would be more. We generally begin by providing facts and figures that increase our audiences' understanding of the subject; we may also offer arguments in defence of certain conclusions and recommendations. In addition, we invite them to participate by expressing their needs, suggesting solutions, and formulating conclusions and recommendations. However, this would need a lot of 'on-the-spot' thinking skills and in-depth knowledge of the subject. Sales presentations, speeches by political leaders during election, etc., come under the category of persuasive presentations.

At times, our goal may be to help the audience have a good time. When we welcome the gathering at a conference, we are cheering and gearing them up for the coming sessions. Likewise, when we give an after-dinner speech at a company gathering or an awards dinner, our purpose is to leave the group in a jovial mood. Depending on the purpose, we should be flexible enough to adjust to new inputs and unexpected audience reactions.

#### Thesis Statement

The thesis statement is very important in a presentation because it spells out the subject and establishes its impact among the audience. It is also the central idea of a presentation. Using a question or a sentence fragment should be avoided. Simple language should be used to frame a complete, declarative statement. Let us look at the following versions of thesis statement written by a student for a presentation on *Choosing a reputed university for higher education*. We can observe that the first two are ineffective for the reasons mentioned in parentheses, while the third is an effective thesis statement.

- Why should we be careful in choosing a reputed university? (question: does not reflect the content)
- Choosing a reputed university for higher education (fragment: does not tell anything specific; repetition of the topic of presentation)
- Choosing a reputed university for higher education has five significant advantages (tells the audience that they will know these benefits after listening to the presentation)

Begin to formulate your thesis statement as soon as you select your topic and decide on your purpose. Then allow yourself enough time to explore and develop your ideas. Shown below are the steps to arrive at your thesis statement:

*Topic*: Choosing a reputed university for higher education

*Topic area*: Advantages of a reputed university

General purpose: To inform

Specific purpose: I wish to tell my audience about the benefits they will reap by choosing a reputed university

Thesis statement: Choosing a reputed university for higher education has five significant advantages.

#### Material

Once we complete formulating our thesis, we need to develop the information that elaborates it. Collecting material requires some research. For example, when we are explaining a process or procedure, the main text of our presentation will include a series of steps involved. Similarly, when we are giving a product presentation, besides the complete information about the product, we may have to collect information pertaining to the competing products and their features. For most of the professional presentations, we may have to consult the library, Internet, magazines, newspapers, organizational records, statistics, and publications. Sometimes, we may even have to collect information through surveys or interviews. We may also have to contact external organizations to procure information for some of our presentations. Once we finish collecting material and ideas for our presentation, we should assemble them at one place. We may list all the ideas on a piece of paper and then organize them.

#### **OUTLINING AND STRUCTURING**

An outline is a framework in which bits and pieces of the presentation material are fitted. It serves as a guide to show us the right path for our presentation. Hence, spending time in developing an outline never goes waste. In fact, we can use an outline as our 'script', but should be prepared to deviate in response to audience feedback.

Suppose we are planning to deliver a presentation on 'Graduate study in the USA' to the graduating students of a college. This may be a thirty-minute presentation about the steps and requirements to pursue an MS or PhD programme in the US universities. The outline can be in the form of words, phrases, or sentences:

- Introduction
- Decision-making
- Basics of US higher education
- Graduate study programmes
  - MS
  - PhD
- Application forms
- Admission procedure

- Requirements
  - Statement of purpose
  - Academic aptitude
  - Professional development
  - Personal qualities
  - Presentation skills
  - Recommendation letters
- Conclusion

We may have to revise the subheadings under each or some of these main topics. But, as already said, we should be ready to skip or add some topics if the audience wants us to do so. We will learn more about outlining in Chapter 13 on reports.

Structuring or organizing the material clearly is vital for an effective presentation. A wellorganized presentation can make our messages more comprehensible, create the desired effect on our audience, and boost our image as a speaker. On the other hand, rambling or taking too long to get to the point, including irrelevant material in the speech, omitting necessary information, or messing up the ideas can lead to a chaotic structure. Even experienced speakers get into trouble if their material is not organized appropriately and end up confusing their audience.

The key to all these problems is to organize our ideas into a well-known pattern. First, we need to tell our audience what we want to tell them; then, we should tell them the ideas; and finally, we should repeat what we have already said. In other words, a presentation should have the following format:

- Introduction should grab attention, introduce topic, contain a strategy for establishing credibility, preview the speech, establish rules for questions, and have a smooth transition to the main text.
- Main body should contain all the main points and supporting material; the entire matter should be organized into a logical sequence.
- Conclusion should contain signal, highlight/summary, closing statement/re-emphasis, a vote of thanks, and invitation to questions.

#### Introduction

Look at the following introduction to a presentation on 'Effective use of DDT-based Insecticides'.

# Sample introduction

Good morning friends and wish you all a happy World Environment Day! (Greeting and reference to the day)

Before starting my presentation, let me ask you a few questions: How often do you use DDT-based insecticide in your homes or offices? Do you find them effective? Have you heard of their misuse? Are you aware of their harmful effects and how to control them? (Attention grabber)

Well, I am glad that you find them useful and you use them in your homes and offices. But today I am here to talk about the measures you need to take in order to optimize the benefits of such insecticides. Yes, my topic is 'Effective use of DDT-based insecticides'. DDT, a chemical compound present in insecticides is dangerous when misused, but you can prevent serious health problems by carefully following directions. (Revealing topic and thesis statement)

I would like to tell you that I have been doing research on various kinds of insecticides—their production, distribution, effects, hazards, remedies, etc., for the last several years and have come up with a number of recommendations for their effective use. (Credibility statement)

We will first define and discuss the effects of DDT, then the types of DDT-based insecticides and their effects, the inappropriate way in which people use them and finally suggestions to use them effectively. (Preview)

If you want to ask any questions or give any comments please do so when the presentation gets over. I'll complete my presentation in twenty minutes and you will have the next ten minutes for the question and answer session. (OR) Please feel free to interrupt me by raising your hands if you have any query. (Rules for Q&A)

So let me begin with the first point, what is DDT? (Transition from introduction to main body)

Compare this with an introduction that starts like:

Good morning ladies and gentlemen, today I am going to talk on effective use of DDT-based insecticides...

and then straight away goes to the first main point. Think over, which one, according to you, may catch the attention of your audience so as to persuade them to listen to the rest of your speech?

The introduction to a presentation does the job of the preface to a book. It catches the attention (attention grabber) of the audience, tells them the topic and purpose (topic and thesis), develops in them a trust for the presenter and the presentation (credibility), kindles their interest in what the presenter is going to speak in the minutes to come (preview), and takes them slowly into the main body of the speech (transition). Having gone through the sample introduction, let us look into its components in a little more detail:

#### Greeting

We can start with good morning/good afternoon, etc., or can begin by (a) extending a compliment to our audience—I feel good to present before an intelligent/august gathering like yours/It is refreshing to look at your bright faces this morning; (b) referring to the location or occasion—I hope you all had a good time at the river cruise last evening; On the occasion of World Education Day, let me wish all of you to have lifelong learning.

# Attention grabber

This catches the attention of our audience and prepares them to listen to the rest of our presentation. Depending on the topic, we can use a question, a quotation, a startling statement, an anecdote, or even a video or audio clip to grab the attention of the audience. For example, as in the introduction to 'Effective use of DDT-based insecticides' given above, you can begin your presentation with a series of questions: 'How often do you use insecticides? Are you aware of their harmful effects?' or with the statement, 'You would be shocked to know that thousands of people die every day by the careless use of insecticides'.

Imagine that you are giving a presentation on the topic 'The Role of Emotional Intelligence in Developing Leadership Skills'. You can start your presentation with an anecdote similar to the one given below:

On Friday, when I was attending a meeting, I could barely control my open appreciation of Ms Veena, the Chairperson. You may wonder why. I will tell you now. She was able to resolve the conflict between two participants amicably simply by using intelligence to understand their emotions. Yes, friends, in today's business world, emotional intelligence plays a very important role in cultivating various skills—leadership skill is one of them.

After catching the attention, state clearly and precisely the purpose of your presentation. For instance, it can be as pointed as this—'One reason brings me here today—to inform you about our new performance appraisal system'.

# Topic and thesis statement

As the topic is very important, we need to include it in our visual aid (PowerPoint slide or overhead transparency) and project the same. Then our specific purpose can be stated in the form of a thesis statement as previously discussed under the heading 'Thesis'.

# Credibility

Many factors may help us develop trust in the audience's minds for us and our presentation matter. While the audience may believe us because of our power/status/experience, we may need to speak out explicit statements in order to establish credibility in their minds if we are young or inexperienced. We can achieve this goal by stating our interest in the topic, by quoting some relevant statement from a recent newspaper or magazine, or by informing them how much research we have done on the topic.

#### Preview

We can tell our audience what is coming ahead in our presentation. We can also give a brief idea about the issues we are going to cover in the given time. This can be done by showing the slide containing the main topics and subtopics in the presentation outline.

# Rules for question and answer session

Good presenters always anticipate questions and prepare their answers as well during the preparation stage. It is better to inform the audience in the beginning itself whether they can ask questions during or after the presentation.

#### **Transition**

Before going to the slide containing the first main point, we can speak out a phrase or ask a question to provide a link between the introduction and the main body of the presentation— 'now that you know what are the issues I am going to discuss today, let me begin with the first point, that is, ....'; 'So, what are the characteristics of a reputed university?'—It is better to adopt a uniform style to state the main points of a presentation; that is, all the points are in the form of phrases, questions, etc. Do not mix different formats.

A good introduction creates interest and leads the audience effectively into the main body of the speech.

# Main Body

The main body, the discussion, or the text part follows the introduction and supports the aim or specific purpose of a presentation. The major points we highlight in our opening section will be expanded here. Depending on the topic, and the introduction part, we can choose from any of the following patterns to organize the main body of a presentation.

**Chronological** This pattern can be used for organizing points that can be arranged sequentially (in the order in which the events occurred or appeared before us). The entire presentation can be arranged chronologically. This method is useful for topics such as 'the profile of our institute', 'the changing face of the earth', and 'history of sports'.

**Categorical** This is one of the easiest and most commonly adopted patterns for many topics. The entire presentation can be divided into various topics and subtopics arranged on the basis of subordination and coordination. This can be used for topics such as 'the role of advertising', 'environmental protection', 'importance of professional presentation', etc.

Cause and effect This method can be adopted whenever a 'cause and effect' relationship exists. Here, we have to illustrate and explain the causes of the situation and then focus on the effects. It is relevant for topics such as 'impact of cinema on children', 'Internet—boon or bane', 'global warming', etc.

**Problem-solution** Here, we divide the presentation into two parts. In the first part, we describe and analyse the problem. After the analysis we move on to the main objective of the presentation to suggest or propose a solution to the problem. It is a very helpful and effective way for persuasive presentation. For topics such as 'population explosion', 'addiction to gaming', etc., this method can be used.

We can strengthen our argument or ideas by providing examples, illustrations, statistics, testimonies, analogies, or definitions.

**Supporting material** Solid ideas do not always impress our audience. We need to back up our well-organized points in a way that makes the audience notice, understand, and accept our message. In other words, we need to use plenty of supporting material or develop our core points adequately.

As demonstrated by the examples given in Table 7.1, supporting material not only clarifies the main ideas, but also makes them more vivid and meaningful to the audience. In addition, they help establish and prove our main statement. Let us now discuss the various categories of supporting material (Table 7.2).

**Definitions** When we deliver a presentation on a topic that we feel that the audience is not too familiar with, we can use a definition to develop our idea.

**TABLE 7.1** Examples of supporting material

| Main statement  | Supporting statement   |
|---|--|
| • Replacing the lens in the laser projector is not as complicated as it seems       | Let me show a diagram that demonstrates how to do it   |
| We could increase sales by extending the store timings<br>until late in the evening | <ul> <li>An article in Business Today cites statistics showing that<br/>shops that extended their working hours to 10 p.m.<br/>boost profits by more than 20% of the direct overheads<br/>involved with longer business day</li> </ul> |
| A reputed university always has an excellent placement record                       | <ul> <li>In an interview with ABC channel, the VC of XYZ<br/>university said, '99 per cent of our students have got<br/>offers from IT, manufacturing, consultancy, healthcare,<br/>and other industries'</li> </ul>                   |

**TABLE 7.2** Kinds of supporting material

| Туре       | Definition  | Function                            | Speech occasions  | Tips  |
|------------|---|-------------------------------------|---|---|
| Definition | Explaining difficult<br>term(s) with the<br>help of simple<br>terms | To clarify                          | Used in informative/<br>technical presentations   | Use easy and known terms  |
| Example    | A brief reference that illustrates a point                          | To clarify and add interest         | Used in all types of presentations  | Use situations with which your audience may be familiar   |
| Statistics | Quantification of the main point                                    | To clarify, prove, and add interest | Used widely in presentations where sales figures, survey results, etc., are to be explained | Round off the numbers,<br>support with visuals, and<br>explain adequately   |
| Analogy    | Process that<br>shows how one idea<br>resembles another             | To clarify, add interest, and prove | Make the comparisons vivid: select familiar analogies                                       | Used in business presentations involving products, processes, and procedures  |
| Testimony  | Opinion of experts,<br>peers, or<br>celebrities                     | To clarify, add interest, and prove | Used in sales<br>presentations  | Memorize/paraphrase/<br>read verbatim, cite source,<br>use sources credible to<br>your audience, and follow<br>up with re-statement of<br>explanation |

For example, we can start the main body of a presentation on 'Artificial Intelligence' with the definition:

Artificial intelligence (AI) is the intelligence of machines and the branch of computer science that aims to create it. John McCarthy at MIT coined this term in 1956.

**Examples** Examples are the most commonly used supporting material in presentations. They give life to our ideas and make them immediately comprehensible to the audience. Almost all effective speakers use examples in their presentations.

Artificial intelligence (AI) has a wide range of applications such as computer games, neural networks, robotics, and many other areas of technology. For instance, by using AI, you can study the human behaviour. You can assign human characteristics to several characters, program them, allow them to behave in various situations, and then study them.

Statistics Engineers, scientists, and business professionals use statistics that represent numerical data relating to groups of individuals or experiments to substantiate their ideas and strengthen the understanding of their audience. Statistics help to make certain arguments more convincing. They are used in presentations related to sales trends, trends in epidemic, experimental results, size of market segments, and the like. Most statistics are collections of examples reduced to numerical form for clarity and easy comprehension of a complex idea. When handled well, statistics are an especially strong proof, because they are firmly based on facts and because they show that the speaker is well informed. Consider the excerpt from the speech of Aditya Vikram Birla, 'Let the Competition be Afraid of Us', delivered at a conference organized by *Euromoney* in New Delhi.

We also have a vast bank of talent, with over 3.5 million scientific and technical personnel, trained in the English language, of a guality and at a cost unmatched. India has a well-developed capital market. We have 21 stock exchanges with over 2,000 actively traded scripts, compared with 220 in Indonesia, 354 in Thailand, 423 in Malaysia, 235 in Singapore, and 181 in the Philippines.

Statistics are best presented using visual aids. When presenting statistics, the statistics should be explained completely. Unless we are presenting statistics developed or collected by ourselves, we need to cite the source in the slide and also to mention it while presenting.

**Analogy** An analogy can make a point by showing how one idea resembles another. Analogies compare items from an unfamiliar area with items from a familiar area.

When we want to talk about the basics of electronics, we can compare the components with the elements of hydraulics. We can say, 'current is measured in amperes and is equivalent to the volumetric quantity of flowing water over time'. As 'flowing of water' is understood by everybody, this analogy may be understood by all.

Whenever we propose adopting a policy or using an idea because it works well somewhere else, we can use comparisons. Presenters mostly use literal comparisons that link similar items from two categories. Look at how N. R. Narayanmurthy, the founder and former Chairman and CEO, Infosys Technologies Ltd, uses comparison as a device to explain his idea pertaining to professionalism in India and the western countries:

'Yet another lesson to be learnt from the West is about their professionalism in dealings. The common good being more important than personal equations, people do not let personal relations interfere with their professional dealings. For instance, they don't hesitate to chastise a colleague, even if he is a personal friend, for incompetent work. In India, I have seen that we tend to view even work interactions from a personal perspective. Further, we are the most 'thin-skinned' society in the world—we see insults where none are meant. This may be because we were not free for most of the last thousand years.'

(Excerpt from a lecture delivered at the Lal Bahadur Shastri Institute of Management, New Delhi, on 1 October 2002.)

The strength of an analogy lies in the choice of the points of comparison and the effectiveness with which we deliver it to our audience. An analogy should always be short and simple, and use of a wrong analogy that may confuse the audience should be avoided.

**Testimony** Testimonies are remarks made by others who are authoritative or articulate and could make a point more effectively than we could, on our own. For instance, when the chairman of Steel Authority of India Limited says something about the production technology of steel, people will accept it without a question because he is an authority in the field of steel production. Same is the case with Sachin Tendulkar quoting something on cricket. Therefore, to add punch to our talk on team effectiveness in cricket, we can quote Sachin Tendulkar:

'Isn't cricket supposed to be a team sport? I feel people should decide first whether cricket is a team game or an individual sport.'

(Source: http://www.brainyquote.com/quotes/authors/s/sachin\_tendulkar\_2.html)

Other testimonies include: remarks made by a celebrity who may be a non-expert in the field, an article written by a relatively unknown person in a journal or newspaper, some good arguments put forth by our colleagues/relatives/professors, etc. Testimonies also help build a persuasive case. Whenever we use a testimony in a presentation, we should cite the source and quote verbatim if it is short. If it is lengthy or confusing, we should try to paraphrase.

The temptation to include too many points in the body of a speech should be resisted. We should restrict ourselves to four or five main points. We can help the audience follow our presentation by summarizing the points as we go along. Every main point is a unit of thought and an essential part of the speech. Each point should be clearly stated, independent of the other main points. Hence, we need to balance the time devoted to each point accordingly. We should plan on bridging the main points so that we can move smoothly from one part of our presentation to the next. We can make use of transitional expressions such as 'therefore', 'because', 'in addition to', 'apart from that', 'on the contrary', 'next', etc.

#### Conclusion

The conclusion of a presentation provides yet another opportunity for us to impress the audience. Hence, the conclusion should be prepared and presented with the same interest as we take for the introduction. We can conclude our presentation by reviewing the main points. A signal such as to sum up, to conclude, to review, in the end, etc. to indicate the end of the presentation must be used. As we conclude, we should remind the audience briefly about the purpose of our presentation, which could be either to persuade them or to inform them. We should tell them what we want them to do, think, or remember based on the presentation. The temptation to wrap up in haste or add something new in this part of the speech should be avoided.

We can also conclude with a quotation or can recall the earlier story, joke, anecdote with which we commenced our presentation to bring it to a full circle. Some presenters bring in a change in the pace or pitch of their voice. They slow the rate and speak in a lower pitch so as to mark the difference between the main body and conclusion of their presentation.

#### NUANCES OF DELIVERY

All of us have listened to more than our share of bad presentations. We have sat through presentations that were delivered so haltingly that we could not care what was being said. We would also have come across presentations that were delivered smoothly but had practically put us to sleep, as the presenter droned on endlessly. However, if delivered effectively and efficiently, presentations can capture the audience's attention without the risk of being shuffled aside. We can reveal our enthusiasm to the audience better than any other means of communication and can address their questions or objections directly.

# **Modes of Delivery**

What is it that makes our presentation hold the attention and interest of the audience? Our manner of presentation, our vocal inflections, our perfectly timed pauses, our facial expressions, and our gestures—all these are part of an expert delivery. Even a dull and drab topic will turn out to be more interesting if presented well, whereas a really interesting topic may appear to be dull because of poor delivery. So one thing becomes clear—having something to say is not enough; you must also know how to say it. Good delivery does not call attention to itself. It conveys our ideas clearly, interestingly, and without distracting the audience. Most audiences prefer delivery that combines a certain degree of formality with the best attributes of good conversation—directness, spontaneity, animation, vocal and facial expressiveness—and a lively sense of communication. The following discussion provides some suggestions so as to enable one to select the best mode of delivery for a presentation. There are four modes of delivery that can be used for making presentations:

Extemporaneous

Manuscript

• Impromptu

Memorization

# Extemporaneous mode

Extemporaneous presentation is by far the most popular and effective method when carefully prepared. When speaking extempore we must prepare the notes beforehand and rehearse our presentation. There is no need to learn every word and line by rote. Our presentation will sound quite spontaneous to the audience, as after thorough preparation, we are speaking while thinking. Careful planning and rigorous practice enable one to collect the material and organize it meticulously. Let us look at some of the positive and negative aspects of this mode of presentation.

# Advantages

- As we have enough time to prepare for the presentation, we work hard on the theme/ central idea. We can present the theme in the best possible structured way.
- Thorough preparation on our part makes us feel secure and we carry out our responsibility with self-confidence and assurance. Adaptation is also possible if the need arises. In other words, the language of any written text does not bind us. We can be flexible in our use of language.
- Supporting material helps to present our points clearly and also adds weight to our agreement. Appropriate selection of quotations, illustrations, statistics, etc., helps us to substantiate our point.
- Our delivery sounds natural and spontaneous to the audience as it allows us to establish a rapport with the audience through more eye contact.
- It enables us to move freely, with ease.

# Disadvantages

- If preparation is inadequate, we can get lost and find ourselves uncomfortable.
- If we rely too much on note cards and start reading out from them instead of just consulting them for reference, then the speech will lose its spontaneity.

# Manuscript mode

In manuscript presentation, material is written out and we are supposed to read it out aloud verbatim. We are not supposed to memorize the speech and then recollect it. It is there in front of us to read. But, we should be wise enough not to attempt to read a speech until we have become a proficient reader. Unfortunately most speakers are not good readers. They make it uninteresting by reading in a dull and monotonous way. However, we can overcome this problem with consistent efforts. We could maybe rehearse with a friend or colleague.

For effective use of this mode, we should go through the material several times beforehand until we become absolutely familiar with the text. We should strive to choose material designed to achieve understanding. We should know what is written where.

# Advantages

- It is a permanent and accurate record of whatever we have to say.
- There is no chance of tampering with the facts and figures.
- The material is organized systematically. We just have to keep in mind the step-by-step development of main points.
- · Language gets polished because we can write and rewrite our material until we feel satisfied on all counts.

#### Disadvantages

- Since we will be reading from the manuscript, we get less time for making proper eye contact, which is essential to feel the pulse of our audience.
- Since we will be reading to the audience, we cannot talk to them. There is not much scope either for non-verbal communication.
- Adaptation is rather difficult, if the need arises, to give a different twist to our material.
- In the absence of effective reading skill, we fumble over words, lose our pace, and miss punctuation marks, etc. This adds up to an uninteresting speech and loss of audience
- Conversational flavour along with vocal inflection takes a back seat here, which is a great asset for a speaker.



Mr Naidu was called upon after dinner to give an impromptu speech.

#### Impromptu mode

The impromptu mode, as the word suggests, is what we use when we have to deliver an informal speech without preparation. For example, at a formal dinner party you may be invited to deliver a vote of thanks. Do not panic and babble something in an unmethodical way. Instead, calmly state your topic and then preview the points you are to make. Support your points with whatever examples, quotes, and anecdotes you recall at that time. Then briefly summarize or restate your points and end with a smile. Remember, it is not difficult for you to anticipate certain occasions where you may be asked to speak a few words. Be as brief as possible during your impromptu presentations.

# Advantages

- We sound very natural because we do not get enough time to make any elaborate preparation.
- We get a chance to express our thoughts irrespective of what others think or say about that particular topic.
- We are spontaneous as we say what we feel, not what we ought to say.

# Disadvantages

- The presentation lacks organized development of ideas because of the shortage of time.
- There is no supplementary material (no data, no statistics, no illustrations, no figures) to substantiate the speech.
- Chances of rambling are very high. Various points may hang loose.
- There is frequent use of vocalized pauses.
- The presentation may turn out to be a failure if the speaker has inadequate proficiency in the language he/she uses.

Gaining a reputation for being a good impromptu speaker can do a great deal for our career aspirations. It has been shown that there is a positive correlation between communication effectiveness and upward mobility.

#### Memorization mode

This method of presentation is very difficult for most of us. Probably only a handful of us can actually memorize an entire speech. Usually we memorize only the main parts and are in the habit of writing key words on cards to help us out through the actual presentation. In some cases, if we wish to quote somebody or narrate an anecdote or a joke, it is better to memorize these for our presentations.

This type of delivery stands somewhere between extemporaneous and manuscript presentation. Speech is written out beforehand, then committed to memory, and finally delivered from memory.

# Advantages

- It is very easy for such speakers to maintain an eye contact with the audience throughout the presentation.
- The speaker can easily move and make use of appropriate non-verbal communication to add extra value to the speech.
- It is possible to finish the speech in allotted time.

# Disadvantages

- Memorization requires too much of time.
- There are chances of making it a dull and monotonous presentation because we go exactly by whatever we have memorized.
- Even our memory skills may fail us if we have not rehearsed adequately.
- No flexibility or adaptation is possible during the speech.
- The speaker gets flustered if he/she forgets a word, sentence, or a whole paragraph.

Among all the four modes of delivery, extemporaneous is the best because of its flexible nature and its effectiveness. Hence, it is always better to use this mode to make presentations more lively, effective, and memorable.

# **Guidelines for Effective Delivery**

Success of any presentation also depends on the various elements—verbal, non-verbal (body language), vocal, and visual—used during a presentation.

#### Verbal elements

Word pictures We may give our speech a graphic quality by painting word pictures that allow the audience's imagination to take over. Specific details allow an audience to see the scenes we are describing. Our major job as a speaker is to tell somebody something. We should present our point clearly and just enough so that the listener clearly understands the intended message. The task is not merely to get words out of our mouth, but to transfer ideas into the listeners' minds.

Warm words Cold words leave us uneasy and unsure while warm words make us feel secure and comfortable. Words are powerful. They conjure images, evoke emotions, and trigger responses deep within us and we react, often without knowing the reason. In the early days of instant coffee, advertisers got off to a bad start by stressing words such as 'quick', 'time-saving', and 'efficient'. All these words are without warmth and feeling. Makers of fresh coffee fought back with warm, happy, and appetizing words such as 'aroma', 'fresh', and 'tasty'. The instant coffee industry learnt the lesson and its product became 'delicious', 'rich', and 'satisfying'. Sales soon boomed.

Words also suggest whether something is good or bad. We should use those words that strengthen our arguments and weaken those of our opponents. For example, look at the following words:

Good Bad Independent Unaccountable

 Well-regulated Red tape Free-thinking Wishy-washy

 Appropriately rewarded · Fat cat

**Similes and metaphors** Although technical presentations do not require the use of similes and metaphors, we cannot deny that they not only add flavour to a speech but also make abstract ideas imaginable. Reach for vivid comparisons your listeners can understand and remember. Try the following metaphors in your speeches:

- · As inflexible as an epitaph
- As cold as outer space
- · Building a business is like building an empire
- · As profitable as a gold mine
- Delay is the deadliest form of denial

**Impact words** 'We' and 'you' are the most important words of all. We cannot stir the audience up if we do not address them directly and relate them to us and our topic. Remember the fiveto-one rule: Every time you use the singular T, try to follow it with five plurals. Given below are some words that you may use in your presentations or speeches to get desired results:

discovery, guarantee, love, proven, safely, easy, health, vigour, money, results, save, protect, interest, challenge, opportunity, excitement, enthusiasm, flourish, progress, favourable, adaptation, circumstances

Smooth flow We can also make our speech flow smoothly and gracefully from beginning to end by using some transitional devices. They promote clarity, emphasize important ideas, and sustain our listeners' interest. Some transitional devices are discussed below:

- Bridge: A bridge is a word that alerts the audience that we are changing direction or moving to a new thought. Some examples are:
  - (a) We completed the project in January. *Meanwhile* other developments were taking place.
  - (b) That was bad enough. *However*, there was even worse to come.
- Number item: A number item keeps the listeners informed about where we are in a presentation, which covers several points such as:

The first advantage of the new plan is ...

The second benefit of the plan is ...

• Trigger: A trigger is a repetition of the same word or phrase to link one topic with another, such as:

That was what the financial situation was *like* in March. Now I will tell you what it is *like* today.

• Interjection: An interjection is a word or phrase inserted in a commentary to highlight the importance or placement of an idea, such as:

So what we have learned—and this is important—is that, it is impossible to control personal use of office telephones.

Now here is another feature—perhaps the best of all—that makes this such a terrific plan.

 Internal summary: Internal summary helps our audience stay oriented by providing a one-sentence summary during the course of delivering the main text of our presentation, such as:

Now, you can see that the problem grew from several causes: a shortage of parts, inexperienced maintenance people, and the overload of opening a new warehouse.

 Internal preview: An internal preview, like an internal summary, orients the audience by alerting them to the upcoming points, such as:

You are probably wondering how all these changes will affect you. Well, some of them will make life much easier, and others will present some challenges. Let us look at three advantages first, and then we will look at a couple of those challenges I mentioned.

- Signpost: Signposts tell our audience where we are in our presentation. When we say, "There are four advantages, as I had already said. Having discussed the first two of them, let me move on to the third advantage', the statement would serve as a *signpost* to tell the audience that we have completed two and there are two more to go.
- Rhetorical question: A rhetorical question can subtly change the direction of the discussion, such as:

That is what a change of image can do to a company. So how can we improve our image?

 Flashback: A flashback is a sudden shift/reference to the past, and breaks what seems to be a predictable narrative. For example:

Today, we are the market leader. However, three years ago, this was not the case.

- List: A list is a very simple way of combining apparently unrelated elements, such as: We made *four* attempts to solve the problem.
- Pause: A pause is a non-verbal method of showing our audience that we have finished a section of our speech and we are about to move on to another.

- Physical movements: Physical movements towards a visual aid, such as a black/white board, flip chart, or screen, suggest that we are moving on to something new.
- Quotations, anecdotes, and jokes: A quotation, anecdote, or joke can serve as an excellent link. We may see a joke like the one given below as a good link to the idea that one may wish to take up next:

The Chairman told me a story of a job applicant who said, 'I like the job, sounds fine, but the last place I worked at, paid more, gave more overtime, more bonuses, subsidies, travel allowances, holidays with pay, and generous pension schemes.'

The Chairman said, 'Why did you leave?' The applicant answered, 'The firm went broke.'

#### Non-verbal elements

Our appearance, facial expressions, eye contact, postures, gestures, and the space we share with our audience, all communicate our interest, enthusiasm, dynamism, intention, and confidence to our audience. Whatever the occasion, the following tips will help you to use body language effectively during your presentation.

- Wear a formal dress and use simple accessories; take care of your personal hygiene
- Use facial expressions to exhibit your enthusiasm and interest; do not show your irritation or anger even when someone interrupts you or asks a question that appears to be silly to you; be polite in answering them
- Make eye contact with all sections of the audience (avoid staring at somebody) to observe their reactions and also to show your sincerity and interest
- Use well-timed gestures; avoid monotonous gestures
- Stand tall and straight with shoulders upright; walk/move swiftly; avoid too many and monotonous movements



- Do not come very close to the audience; maintain a distance of at least 4-12 feet
- While using blackboard, raise your voice and look at the audience in between
- Avoid fiddling with key ring or tie while presenting
- Avoid looking outside even if there is some external noise. Try to concentrate on your ideas and audience

#### Vocal elements

Our voice can serve as an important tool to support our verbal message. How we sound is as important as how we look or what we say. Our vocal elements, namely the tone, pitch, rate, and volume, reflect our attitude about

# **Ways to Improve Body Language**

Try and videotape a part of your presentation. Play it back and identify one aspect of your body language you want to improve. After making conscious efforts for improvement, record this part again and see if there is any improvement. You can also practise in front of a mirror to improve on facial expressions. When you have worked through your entire presentation, and feel sufficiently confident, invite a friend to watch your performance. Ask your friend for comments on aspects of your body language that are good or that need improvement. ourselves, our message, and our audience. Try the following tips to help you use your vocal elements to enhance the impact of your presentation:

- Speak with enthusiasm and sincerity
- Adjust the volume of your voice
- Avoid monotones or vocalized pauses
- Use your optimal pitch

- Avoid fast delivery
- Use silence and pauses effectively
- Articulate each word clearly

#### Visual elements

Our audience will remember facts easily if the ideas are connected to the right-brain stimulation. The way to stimulate the right side of the brain is to show pictures. Visual stimuli are more effective than verbal stimuli. We often recall the colour of the cover of a book rather than its title and subtitle.

#### Advantages

People find our message more interesting, grasp it more easily, and retain it longer when we use visual support along with our words. Besides increasing the clarity of the message, visuals make presentations more interesting. For example, investment brokers often use an array of well-prepared charts, tables, models, and so on, to add variety to information that would be dull without them.

Graphics can also boost our image in ways that extend beyond the presentation. They add a professional flavour to our presentation. Finally, our audience remembers a visual message longer than the verbal message.

# Tips for Effective Presentations and Speeches



- Be clear with your purpose.
- Know your audience.
- Keep enough time for preparation.
- Develop interest in the topic; know more about it by reading books, newspapers, etc., listening to and discussing with people.
- Collect adequate material and then select what to present according to the purpose and time given.
- Organize and make an outline with the main points and sub-points.
- Structure your presentation into three parts: beginning, middle, and end.
- Prepare the PowerPoint slides with care keeping in mind the one minute, one slide rule.
- Keep animations to minimum.
- Prepare illustrations, such as graphs, maps, drawings, tables, etc., accurately. Ensure that they are visible to everybody in the audience.
- Familiarize yourself with the venue and the available equipment.

- Arrive early and check the arrangements and your PowerPoint slides.
- Be excited about your presentation. Think all positive qualities in you and feel confident.
- On reaching the stage, look at the audience for a few seconds before you start speaking.
- See to it that your introduction goes smooth. You have won half the battle if this is done.
- Use transitions effectively so as to provide a smooth flow to your speech.
- Give a feeling to your audience that you are not dictating but sharing information.
- Explain each slide adequately. Do not just flip slides. Give time for the audience to grasp its
- Maintain eye contact with all sections of your audience.
- Exhibit your enthusiasm, excitement, sincerity, and interest through appropriate facial expressions.
- Use well-timed gestures to substantiate your points.

#### (Contd)

- · Adopt postures that reveal your confidence. Avoid monotonous postures. Do not move excessively.
- If necessary you sit and present in front of a small group.
- · If necessary distribute handouts (copy of your slides or any other material) at the right time.
- If you sit and present in front of a small group, adopt a straight posture on your chair and lean forward while presenting. Do not sit in a relaxed posture as it will reflect a casual attitude.
- Listen to questions carefully and answer them completely.



Refer to the Students' Resource to learn how to handle questions and criticisms on your presentation.

#### **CONTROLLING NERVOUSNESS AND STAGE FRIGHT**

Does the thought of speaking in front of an audience make you nervous? The symptoms of stage fright are racing heart, sweating, dry mouth, shaky hands and legs, knocking knees, blinking eyes, paining back, queasy stomach, and loss of memory. If your answer is 'no', you may be an experienced speaker. If it is 'yes' then you should feel happy to know that you have thousands and thousands of companions to share the same answer with you. You would also be glad to know that even many seasoned speakers feel nervous when they need to present a complex topic, to present before their superiors, etc. Hence, anxiety or nervousness is not a sin or a

'All the great speakers were bad speakers at first.'

-Ralph Waldo Emerson

bad quality. It is common for almost everybody. However, as nervousness leads to stage fright, which in turn may affect the presentation, we need to know how to control them. The following discussion may be useful in this regard.

# Strategies for Reducing Stage Fright

#### Strategies in advance of presentation

- Develop an interest in the topic of your presentation.
- Reserve adequate time for preparation.
- Anticipate easy as well as hard questions and try to work out your answers.
- Practise your opening statement several times.
- Rehearse your entire presentation at least twice.

# Strategies just before the presentation

- Arrive early; check the arrangements, equipment, and your PowerPoint slides.
- If you see some participants, look at them, greet them, and talk to them so as to ensure that you are not nervous while speaking and your voice is flowing freely.
- Take a few sips of tepid water.
- If you have time walk around or outside the venue.
- Concentrate on your ideas.
- Relax yourself by taking deep, even, and slow breaths.

# Strategies when the presentation begins

- Feel good about your presentation and walk up to the dais taking a few deep breaths.
- Do not begin immediately or in a hurry. First look at the friendliest faces among your audience and smile.
- If your legs are shaky, lean on the lectern or table on the dais and hold it.
- Remember that the audience may not realize your nervousness as much as you feel it.

'The best way to conquer stage fright is know what you are talking about.' -Michael Mescon

- Never comment on your nervousness during your presentation (some speakers say 'I feel nervous, let me have some water please').
- Do not show explicit signals, such as clearing throat, drinking full glass of water, wiping forehead, etc., which display your nervousness to the audience.

# **Visualization Strategies**

Positive visualization is a proven technique to reduce nervousness or stage fright on any occasion such as a presentation, an interview, a group discussion, etc. Try this: Visualize (you need to imagine and see things or people in front of you; not just think) that you have prepared very well and you are now standing in front of your audience. All the eyes are on you. Here you can imagine your friends or other known people sitting in front of you. Visualize their smile, clapping, etc. See in your mental image that many among them are appreciating and shaking hands with you after the presentation is over; you are very happy and enjoy that day with your friends in your favourite restaurant.

While practicing this technique, initially you may only think and not visualize. But after a few attempts, you will be able to visualize people and activities in front of you. The concept behind this technique is 'positive thinking'. Rather than thinking 'My presentation is going to be a failure as I do not have experience. All are going to mock at me ..., you should visualize positive things such as success, commendations, happiness, etc.

# On-camera Techniques

When your presentation is captured in a video format, you may have to follow certain guidelines:

- If it is a presentation in front of an audience that is being video recorded, forget that there is a camera in front of you.
- Do not be conscious of the camera and behave naturally as you would do in front of your audience with all the guidelines you have learnt.
- Do not look into the camera, but you may not be able to avoid it if some people in the audience are sitting in its vicinity.
- If you know that your presentation is being video recorded, dress yourself in suitable colours.
- If you are delivering an impromptu speech for a television coverage (you must have seen the reporters asking viewers to speak on certain occasions, such as cricket matches, elections, etc.), do not look to be surprised. Listen to the reporter carefully and present your views very briefly.

#### VISUAL AIDS IN PRESENTATIONS

Spoken words are temporary; as soon as they come out of our mouth they evaporate into the air. Because of this limitation, speeches often need strong visual support—handouts, chalk boards,

# **Importance of Visual Aids**

- Increase audience interest
- Illustrate key points
- Signal transition from one part of the presentation to the next
- · Increase impact of message

- Help listeners retain information
- Help present ideas without depending on notes
- For those not familiar with our language or accent, turn the incomprehensible into something understandable

flip chart, overheads, slides, computers, charts, tables, film, etc. If a picture is simple, clear, and appropriate to its purpose and audience, it will deliver its message more accurately and quickly than a verbal explanation. Ours is a visually-oriented society and an audience likes to hear as well as see information.

We should choose only those visual aids that suit the style and content of our presentations. We should use visual aids for any point that sounds vague and requires discussion in detail. However, they must be well designed and professionally generated. We should not use visual aids as a verbal crutch for the speaker!

Table 7.3 provides some tips pertaining to the types of visual aids one may commonly use in one's presentations.

**TABLE 7.3** Types of visual aids used in presentations

| Туре                     | Tips  |
|--------------------------|---|
| Overhead transparencies  | <ul> <li>Use larger fonts. Avoid decorative fonts.</li> <li>Separate the transparencies using sheets of paper.</li> <li>Keep transparencies uncluttered.</li> <li>Show only the required information.</li> <li>Do not add multiple colours or exciting backdrops to your slides.</li> <li>Use pointer on the screen, or your pencil or pen on the transparency to draw audience's attention to a specific item.</li> <li>Familiarize yourself with the operation of the overhead projector.</li> <li>Be ready with your notes in case of power failures.</li> </ul> |
| PowerPoint presentations | <ul> <li>Be ready with your notes in case of power failures.</li> <li>Check the computer system/equipment before loading.</li> <li>Familiarize yourself with the operation of the slides.</li> <li>Transfer your file to the hard disk.</li> <li>Be familiar with the operation of slide show.</li> <li>Rehearse your presentation.</li> <li>Keep a printed copy of the slides (6 slides on a sheet of paper) for use in case of computer malfunction.</li> </ul>   |
| Blackboard or whiteboard | <ul> <li>Clean the board well before starting and check the condition of markers.</li> <li>Write in large letters.</li> <li>Stand to the side as you write.</li> <li>Do not face the board while talking to the audience.</li> <li>Divide the board into columns and write legibly.</li> <li>Keep contents which you may want to refer to again.</li> </ul>   |

| Type        | Tips  |
|-------------|---|
| Flip charts | <ul> <li>Use different coloured markers.</li> <li>Keep two pads of paper.</li> <li>Write in large letters.</li> <li>Use only one side of the chart.</li> <li>Wait for the audience to grasp the contents before turning pages.</li> </ul> |

We should be judicious in our choice of aids. If we are going to deliver a lecture to illiterate people, we should not use tables or complex graphs; instead we can use aids that they can understand. For instance, if we are talking about the function of the heart, we need to show them

'When speakers use a lot of numbers, the audience almost always slumbers.' -Charles Osgood some pictures, name all the parts, use a pointer to make it clear to them about which part of heart we are discussing. If we wish to use visual aids of other organizations rather than our own, we should confirm beforehand the availability of those aids that we need. Refer to Chapter 1 for details on the various kinds of visual aids that can be used with presentations.

#### Guidelines to Make Effective Use of Visual Aids

- If you feel that the audience needs explanation for your aids explain to them lest they should misunderstand it.
- Organize the visual aids as a part of the presentation. Fit them into the plan.
- · Emphasize the visual aids. Point to them with bodily action and with words.
- Talk to the audience, not to the visual aids. Look at the visual aids only when the audience should look at them.
- Avoid blocking the listener's view of the visual aids. Make sure that lecterns, pillars, charts, and such things do not block anyone's view.
- · Refrain from removing the aid before the audience has an opportunity to absorb the material.
- Do not talk about the visual aid after you have put it aside.

- Use enough visual aids to make your points clear, but donot overdo it.
- Do not use too many lines or figures on one aid; make sure that it is visible to one and all from all the corners of room.
- It should not be very light that the audience finds it hard to see. Too small an illustration will not be visible to those sitting at the back.
- Keep them at an inconspicuous place if aids are too many, or else they may distract the attention of the audience.
- Be familiar with the basic operations of the electronic devices that would be in use for presentations.

#### APPLICATION OF MS POWERPOINT

Microsoft PowerPoint (PP) slides have become the standard for visuals in almost all professional presentations. Although we can use note cards (15 cm × 8 cm) or (overhead projector) (OHP) transparencies for our presentations, MS PowerPoint is the most widely used presentation software across the globe, as the slides are easy to prepare, animate, and add effects to. The result is eye catching and impressive presentations fit for any occasion. However, in addition to creating PP slides, it is also essential that we spend adequate time in rehearsing the presentation.

'I hear, I forget I see, I remember Ido, Hearn:

-Benjamin Franklin

In order to make our PowerPoint presentations effective, we should follow certain guidelines. Applying the guidelines given in the following section carefully will help us prepare and practise for an effective presentation.

# Slide Preparation

Preparing the PowerPoint slides comes just before rehearsal. We should be ready with our material for the introduction, main body, and conclusion as well as the outline of our presentation.

# Design, layout, and colour



The design and layout should be selected keeping in mind the occasion and purpose of the presentation. There are several designs and layouts that we can choose from (see sample slides given in the CD). While choosing the colour scheme in the design, we should keep in mind the lighting in the presentation venue. If we are going to keep the lights on (or a venue with plenty of light), then we should choose light background and dark fonts as shown in Slide 4 (see CD). On the contrary, if we are presenting in a dark setting, a dark background with light colour fonts as in Slide 1 or 2 (see CD) should be used. The important point is to keep the font colour that contrasts the background colour.

For layout, the topic slide can be prepared like Slide 1. When organizing the main content, the layout depends on the format of the content itself. If it has to be presented in columns, we can select one as in Slide 2. If we have to show a diagram or chart, we can choose a layout as in Slide 3 (see CD). If the text is in the form of points, we can go with the layout of Slide 4. When we want to instert a picture or photograph, we could choose a layout as shown in Slide 5 (see CD). We should always select a design template that is clear and that does not detract from our presentation.

#### **Font**

The same set of fonts should be used for all the slides of a presentation. For instance, if you use complementary fonts Arial Black (for headings) and Arial (for text), use them for your entire presentation. Although serif fonts (having small hooks at the edges), such as Times New Roman, Garamond, Cambria, New York, etc., are said to be easily readable even from a distance, you can choose sans serif fonts (without hooks at the edges) such as Arial, Gill Sans, etc.

Serif fonts: Communication (Times), Communication (Cambria) Sans serif fonts: Communication (Arial), Communication (Calibri)

Irrespective of the font we are using, the text must be readable even by the last row of our audience. A font size of 24 and above should be used. The size should be chosen keeping in mind the amount of text we have to accommodate on a slide. If the title of the presentation is in font size 32, then font size 30 or 28 should be used for the headings and main text in other slides.

#### Number of slides

Remember the rule 'one minute one slide', but do not be rigid. While this rule will help us in deciding the approximate number of slides we need to prepare, we may vary as per the expected interaction from our audience. We may also adjust our time by explaining one slide for 30 seconds while explaining another for 90 seconds. The only thing we need to ensure is that we

will be able to explain all the slides clearly. There is no point in including a slide just to flip it without discussing the contents.

#### Illustrations

If we use graphs, maps, drawings, diagrams, photographs, pictures, etc., their clarity should be ensured while using them in our slide show. Instead of using pictures only from the Clip Arts inbuilt with PowerPoint, we can use photographs taken by us so as to bring in some freshness. Look at the two slides given below. Slide 6 (see CD) contains a clip art which many people might have seen, whereas Slide 7 (see CD) contains a photograph clicked at a programme, which may be new and interesting for the audience.

# Video or audio clips

Many a time we may want to start our presentation with a video clipping. For instance, if you wish to present on 'Animations' you may like to begin with a short video clip from an animation film. We can do this without using a video or DVD player. However, it should be ensured that the computer or the laptop we use for our presentation contains the hardware such as the sound card, speakers, etc., so that the sound is audible. Likewise, we can use only an audio file as well. Refer to the following link for further details:

http://office.microsoft.com/en-us/powerpoint/HA011593121033.aspx

# Spacing in the slides

The slides should never look cluttered. Enough white/empty space should be left in the slides so as to enable easy reading and also to avoid straining the audience's eyes. Seven or eight lines of text containing six or seven words each in font size 28 should be readable. But at least 1 cm space should be left on all slides within the frame. You may find the following links useful in preparing your PowerPoint slides:

http://www.garrreynolds.com/Presentation/slides.html#Top

http://trainingpd.suite101.com/article.cfm/how-to-create-and-present-a-great-powerpoint-presentation

http://www.iasted.org/conferences/formatting/presentations-tips.ppt

http://presentationsoft.about.com/od/classrooms/tp/student\_tips.htm

#### Slide Show Animations

Animation in PowerPoint is a set of effects applied to the text or objects to animate them during the 'slide show' of our presentation. These include making the text or objects fly in, fade out, bounce, zoom out, etc. The animation also includes slide transitions, which refers to the manner in which a slide gives way to the next. For example, the first slide fades or dissolved into the second.

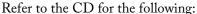
Most young presenters love to use animations and transitions in their slide show. But these should be kept to a minimum so that they are not the centre of attraction of the presentation, sidelining the speaker or the content. We can use various animation effects such as flip, fade, wipe, dissolve, fly, etc. We can make our text lines appear one by one, all at once, fading one line as soon as the other line appears, etc. Likewise, we can use transition to select the speed of our slide show—slow, medium, fast; sounds can also be used. However, the effects should be subtle and elegant, not irritating or distracting.

Use the following links to learn and practise the animation schemes and use them judiciously in your presentations:

http://office.microsoft.com/en-us/powerpoint/CH100673441033.aspx (animation effects) http://office.microsoft.com/en-us/powerpoint/HA101077711033.aspx (transition effects) http://office.microsoft.com/en-us/powerpoint/ha010451151033.aspx (timing animation sequences) Also refer to the PowerPoint presentations given in the CD.



Refer to Rehearsing Presentations in the Students' Resource.





Sample 1: Detailed outline for a speech on computer-mediated communication

Sample 2: A professional presentation on Internet search engines demystified

#### **Practice 1**

Prepare the text of your speech with the outline given in Sample 1 in the CD.

#### **Practice 2**

Practise and deliver the presentation in Sample 2 in the CD to your friends. Seek their comments.

#### **SUMMARY**

Professional presentations and speeches enable us to inform, persuade, or entertain our audience, and thus form an integral part of our academic or professional career. Hence, we need to understand the fundamentals of such forms of communication and aim for their effectiveness.

Planning and preparation, structuring, delivery, use of language, body language, voice, visual aids, and rehearsals are the key drivers for the success of a presentation. While planning, we must be aware of the occasion, audience, and purpose for the presentation. Thereafter, we need to work on the thesis statement, which is the central idea of the presentation. After this we start collecting appropriate main and supporting material to prepare the presentation.

Any communication consists of an introduction, a main body, and a conclusion. Likewise, when outlining presentations, we must ensure that these three elements are in place, and are performing their functions effectively.

Once, the presentation material is in place, we have to understand the nuances of effective delivery, which includes the mode and manner of presentation. These would involve paying attention to verbal, non-verbal, vocal, and visual elements during the presentation. Our aim should be to keep all these threads intact, neither too loose nor too tight. An important aspect to take care of is selfconfidence while presenting publicly. We should strive to overcome stage fright and nervousness while presenting. Oral presentation is an art that requires careful planning, preparation, and a great deal of practice. This tool is both valuable and relevant. With care and practice, we can achieve wonders with our oral presentations.

#### **EXERCISES**

- 1. How important is it to have good presentation skills?
- 2. What are the five important aspects to be considered while planning for your presentation?