

Nolan Rittenberg Resume

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Summary

High-achieving student-athlete with a strong work ethic, resilience, and a commitment to academic and athletic excellence. Passionate about medicine, research, and leadership, seeking opportunities to further develop skills in scientific research and healthcare.

Education

Macalester College, St. Paul, MN (*Class of 2028*)

- Pre-Med Track, emphasis on Genetics
- NCAA Division III Student-Athlete, **Macalester Men's Soccer**
- **GPA:** 3.85

Bishop O'Dowd High School, Oakland, CA (*Class of 2024*)

- **GPA:** 4.01
 - Honors: California Scholarship Federation, National Honor Society, Honor Roll (every semester)
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Research Experience

Stanford University, Department of Orthopedic Surgery

Volunteer Research Assistant (12/30/2024 – Present)

- Contributed to ongoing research in orthopedic surgery, focusing on shockwave therapy. - Responsible for data analysis and manuscript preparation - Collaborated with research professionals to gain insight into experimental methodologies and medical applications.
 - Sharpened scientific writing, critical thinking, and data analysis skills.
 - **CITI Trained (Collaborative Institutional Training Initiative) Certified** in human subjects research ethics and biomedical research compliance.
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Employment Experience

Self-Employed | Video Editing, Oakland, CA (2022 – Present)

- Created professional sports highlight videos for athletes and coaches.
- Partnered with local trainers to recruit clients and manage project timelines.
- Developed proficiency in video editing software, enhancing digital media skills.

Self-Employed | Youth Soccer Trainer, Oakland, CA (2021 – Present)

- Provided personalized soccer training, focusing on technical skills, tactical awareness, and fitness.
- Mentored young athletes, fostering confidence and discipline in sports.

Hills Swim and Tennis Club, Oakland, CA (May 2024 – August 2024)

- Front desk customer service, assisting members and guests.

24-7 Summer Youth Soccer Camp, Oakland, CA (July 2024)

- Led training sessions and organized competitions for youth soccer players.
 - Managed player engagement, ensuring a supportive and educational environment.
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Volunteer Experience

Oakland Parks and Rec Camp, Franklin Recreation Center (June 2022)

- Dedicated **60 hours** to mentoring and supervising children in summer programs.
- Organized activities, ensuring a fun and educational experience for campers.

Bladium Alameda, 24-7 UK Soccer Academy (July 2021)

- Coached groups of young athletes, facilitating drills, games, and teamwork exercises.
- Developed conflict resolution and leadership skills while managing youth teams.

Athletics

- **Ballistic United MLS Next U17-U19, Bay Area** (2022-2024)
 - **Macalester College Men's Soccer** (2024-Present)
 - **Bishop O'Dowd High School Varsity Soccer** (2020-2024)
 - **Olympic Development Program Cal North (Soccer)** (2019-2022)
 - **Association Football Club (Team Captain)** (2018-2022)
 - **Certified Referee (U.S. Soccer Federation)**
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Skills & Certifications

Technical Skills:

- Video Editing & Digital Media
- Data Analysis & Visualization
- R Programming & Scientific Data Management
- Computer Applications

Certifications:

- **CITI Trained (Collaborative Institutional Training Initiative)** – Biomedical Research Compliance & Human Subjects Research Ethics
- **U.S. Soccer Federation Certified Referee**

Soft Skills:

- Leadership & Teamwork
- Communication & Adaptability
- Time Management & Conscientiousness

Interests:

- Sports Medicine & Orthopedic Research
- Soccer & Athletics
- Entrepreneurship & Technology
- Science & Medicine