

Solo order for 5 Stars - 6/2023 - Lunch

June 2023						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
				01	02	03
				Lunch -Penne Pasta w/ Meat Sauce-8 oz. -Whole Wheat Dinner Roll -Fresh Banana-1 -1% White Milk-6 oz. -1% White Milk-6 oz.	Lunch -W/G Chicken Fingers-3.5 oz. -Green Beans-1/2 c. -Whole Grain Bread -Mixed Fruit Cup-1/2 c. -1% White Milk-6 oz.	Lunch -Whole Wheat 3x5 Cheese Pizza-1 -Romaine Salad w/ Dressing-1 c. -Fresh Apple-1 -Mozzarella Cheese Sticks-1 -1% White Milk-6 oz.
04	05	06	07	08	09	10
Lunch -W/G Chicken Nuggets-4 -Corn-1/2 c. -Diced Pear Cup-1/2 c. -Whole Wheat Dinner Roll -1% White Milk-6 oz.	Lunch -Cheese Manicotti w/ Meat Sauce-4 oz. -Green Beans-1/2 c. -Fresh Apple-1 -Whole Grain Bread -1% White Milk-6 oz.	Lunch -All Beef Hamburger on a Whole Wheat Bun-1 -Diced Carrots-1/2 c. -Fresh Banana-1 -1% White Milk-6 oz. -1% White Milk-6 oz.	Lunch -Grilled Chicken Fillet with Gravy-3 oz. -Mashed Potatoes-1/2 c. -Applesauce Cup-1/2 c. -Whole Grain Bread -1% White Milk-6 oz.	Lunch -Macaroni and Cheese-6 oz. -Broccoli Florets-1/2 c. -Fresh Orange-1 -Whole Grain Bread -1% White Milk-6 oz.	Lunch -Breaded Chicken Patty on a Whole Wheat Bun-1 -Corn-1/2 c. -Mandarin Orange Cup-1/2 c. -1% White Milk-6 oz. -1% White Milk-6 oz.	Lunch -Beef Salisbury Steak with Gravy-3 oz. -Seasoned Diced Potatoes-1/2 c. -Fresh Orange-1 -Whole Grain Bread -1% White Milk-6 oz.
11	12	13	14	15	16	17
Lunch -Turkey and Cheese on a W/G Potato Bun-1 -Fresh Baby Carrots w/ Dip-1/2 c. -Diced Pear Cup-1/2 c. -1% White Milk-6 oz. -1% White Milk-6 oz.	Lunch -W/G Popcorn Chicken-3.8 oz. -Mixed Vegetables-1/2 c. -Whole Wheat Dinner Roll -Fresh Banana-1 -1% White Milk-6 oz.	Lunch -Whole Wheat 3x5 Cheese Pizza-1 -Romaine Salad w/ Dressing-1 c. -Fresh Apple-1 -Mozzarella Cheese Sticks-1 -1% White Milk-6 oz.	Lunch -Grilled BBQ Chicken Fillet on a W/W Bun-1 -Mixed Vegetables-1/2 c. -Mixed Fruit Cup-1/2 c. -1% White Milk-6 oz. -1% White Milk-6 oz.	Lunch -Beef Meatloaf w/ Ketchup-3 oz. -Roasted Potatoes-1/2 c. -Whole Grain Bread -Fresh Apple-1 -1% White Milk-6 oz.	Lunch -Baked Ziti-8 oz. -Diced Carrots-1/2 c. -Whole Grain Bread -Fresh Orange-1 -1% White Milk-6 oz.	Lunch -Beef Meatball Sub on a Whole Grain Mini Sub Roll-1 -Green Beans-1/2 c. -Applesauce Cup-1/2 c. -1% White Milk-6 oz. -1% White Milk-6 oz.
18	19	20	21	22	23	24
Lunch -Macaroni and Cheese-6 oz. -Broccoli Florets-1/2 c. -Fresh Orange-1 -Whole Grain Bread -1% White Milk-6 oz.	Lunch -All Beef Hamburger on a Whole Wheat Bun-1 -Roasted Potatoes-1/2 c. -Fresh Banana-1 -1% White Milk-6 oz. -1% White Milk-6 oz.	Lunch -W/G Chicken Fingers-3.5 oz. -Green Beans-1/2 c. -Whole Grain Bread -Mixed Fruit Cup-1/2 c. -1% White Milk-6 oz.	Lunch -Cheese Manicotti w/ Meat Sauce-4 oz. -Green Beans-1/2 c. -Fresh Apple-1 -Whole Grain Bread -1% White Milk-6 oz.	Lunch -Grilled BBQ Chicken Fillet on a W/W Bun-1 -Mixed Vegetables-1/2 c. -Mixed Fruit Cup-1/2 c. -1% White Milk-6 oz. -1% White Milk-6 oz.	Lunch -All Beef Hamburger on a Whole Wheat Bun-1 -Diced Carrots-1/2 c. -Fresh Banana-1 -1% White Milk-6 oz. -1% White Milk-6 oz.	Lunch -Cheese Manicotti w/ Meat Sauce-4 oz. -Green Beans-1/2 c. -Fresh Apple-1 -Whole Grain Bread -1% White Milk-6 oz.
25	26	27	28	29	30	
Lunch -Grilled BBQ Chicken Fillet on a W/W Bun-1 -Mixed Vegetables-1/2 c. -Mixed Fruit Cup-1/2 c. -1% White Milk-6 oz. -1% White Milk-6 oz.	Lunch -Beef Meatloaf w/ Ketchup-3 oz. -Roasted Potatoes-1/2 c. -Whole Grain Bread -Fresh Apple-1 -1% White Milk-6 oz.	Lunch -All Beef Hamburger on a Whole Wheat Bun-1 -Diced Carrots-1/2 c. -Fresh Banana-1 -1% White Milk-6 oz. -1% White Milk-6 oz.	Lunch -Breaded Chicken Patty on a Whole Wheat Bun-1 -Diced Carrots-1/2 c. -Mandarin Orange Cup-1/2 c. -1% White Milk-6 oz. -1% White Milk-6 oz.			