Supplementary Material for

"Diversity begets stability: sublinear growth scaling and competitive coexistence across ecosystems"

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A Conditions for stable coexistence in competitive communities

Here we provide more details on the analytical results discussed in the main text.

A.1 Homogeneous communities: stability criteria

Let us model the competition of S species with abundances x_i (either numerical density N_i or biomass density B_i) in terms of per capita growth rates, as follows

$$\frac{1}{x_i}\frac{dx_i}{dt} = \text{inter}_i(x_i) + \text{intra}_i(\mathbf{x}_{-i}) \equiv f_i(\mathbf{x}), \quad 1 \le i \le S.$$
(A.1)

Here inter_i represents intra-specific effects which only depend on the abundance of population i, and intra_i represents inter-specific effects which only depend on the abundances of its competitors, collectively denoted $\mathbf{x}_{-i} \equiv (x_j)_{j\neq i}$. Because competition can only reduce the growth rate of a population, we assume that both terms are monotonically decreasing functions of their arguments.

Following standard terminology, the system may be called *feasible* if it admits an equilibrium point \mathbf{x}^* whose components x_i are all positive. Further, an equilibrium point \mathbf{x}^* is (locally) stable if all eigenvalues of the Jacobian of f evaluated at \mathbf{x}^* (also known as the 'community matrix' C^* of the system) have negative real parts. The community matrix has diagonal and off-diagonal elements, respectively

$$C_{ii}^* = x_i^* \frac{\partial \text{intra}_i}{\partial x_i}(x_i^*), \quad C_{ij}^* = x_i^* \frac{\partial \text{inter}_i}{\partial x_j}(\mathbf{x}_{-i}^*).$$
 (A.2)

Consider the case species are indistinguishable and interactions are uniform $(A_{ij} = A > 0 \text{ for } i \neq j)$. In that case all species have equal abundance x^* at equilibrium, and

moreover the eigenvalue λ of the Jacobian J^* with largest real part is given by

$$\lambda = x^* \left(\frac{\partial \text{intra}}{\partial x_i} (x^*) - \frac{\partial \text{inter}}{\partial x_j} (\mathbf{x}^*) \right). \tag{A.3}$$

From this expression derives a general rule of thumb concerning the stability of competitive communities: a multi-species equilibrium can only be stable if *intra-specific* regulation is more strongly density-dependent than inter-specific competition.

In the model introduced in the main text, we have $\operatorname{intra}(x_i) = rg(x_i) - z$ and $\operatorname{inter}(x_{-i}) = -\sum_{j \neq i} A_{ij} x_j$. We can therefore write the local stability condition as

$$rg'(x^*) < -A. (A.4)$$

In the logistic case we have $g'(x^*) = -1/K$, hence stability requires A < r/K: interspecific interactions must be weaker than intra-specific interactions. In the sublinear model, on the other hand, we have $g'(x^*) = (k-1)g(x^*)/x^*$, and using the equilibrium condition $rg(x^*) - z = (S-1)Ax^*$, we arrive at $(1-k)[(S-1)A + z/x^*] > A$. This condition is fulfilled whenever

$$S > 1 + \frac{1}{1 - k}. (A.5)$$

(When z > 0 this condition is sufficient but not necessary for local stability.) Eq. (A.5) shows that, at least in homogeneous communities, increasing diversity enhances the local stability of multi-species equilibria.

A.2 Homogeneous communities: May vs. anti-May behavior

In this section we show that the GLV model lies on the boundary between two phases: one with May behavior (diversity begets instability), and one with anti-May behavior (diversity begets stability). To this aim we consider a variant of the competition model of the form

$$\frac{1}{x_i}\frac{dx_i}{dt} = x_i^k - \sum_{j=1}^S a_{ij}x_i^a x_j^b = x_i^k - A_{ii}x_i^{a+b} - \sum_{j\neq i} a_{ij}x_i^a x_j^b.$$
 (A.6)

In this formulation the GLV model corresponds to k = a = b = 1 and the sublinear model to k < 1 and a = b = 1. We compute the Jacobian matrix elements:

$$C_{ii} = kx_i^{k-1} - A_{ii}(a+b)x^{a+b-1} - a\sum_{j\neq i} A_{ij}x_i^{a-1}x_j^b,$$
(A.7)

$$C_{ij} = -b \sum_{j \neq i} A_{ij} x_i^a x_j^{b-1}. \tag{A.8}$$

If we assume as before a homogeneous community with identical interaction strengths (denoted $A_{ii} = A_s$, $A_{ij} = A_c$), the equilibrium abundance reads

$$x^* = [A_s + (S-1)A_c]^{1/(k-a-b)}$$
(A.9)

and the corresponding community matrix

$$C_{ii} = k(x^*)^{k-1} - [(a+b)A_s + a(S-1)A_c](x^*)^{a+b-1},$$

 $C_{ij} = -bA(x^*)^{a+b-1} \quad \text{for } i \neq j.$

The largest eigenvalue of C^* is given by

$$\lambda = C_{ii}^* - C_{ij}^*$$

$$= k(x^*)^{k-1} - [(a+b)A_s + (a(S-1)-b)A_c](x^*)^{a+b-1}$$

$$= \left(k - \frac{(a+b)A_s + (a(S-1)-b)A_c}{A_s + (S-1)A_c}\right)(x^*)^{k-1}.$$

The local stability condition is, therefore,

$$(S-1)(k-a) > (a+b-k)\alpha - b \quad \text{with} \quad \alpha \equiv A_s/A_c. \tag{A.10}$$

We have three possibilities:

$$S > 1 + \frac{(a+b-k)\alpha - b}{k-a}$$
 if $k < a$,
$$S < 1 + \frac{(a+b-k)\alpha - b}{k-a}$$
 if $k > a$,
$$\alpha > 1$$
 if $k = a$.

A series of comments are in order:

- Depending on k and a we have two regimes: one in which increasing S hinders stability (k > a, a 'May' phase), and one in which increasing S enhances stability (k < a, an 'anti-May' phase). Notably this transition is independent from b, indicating that only the relative density dependence of self- and cross-regulation in the $per\ capita$ growth of a population is relevant, and not the form of the dependence on other species' abundance in this $per\ capita$ growth.
- The critical case (k = a) recovers the usual stability condition for the homogeneous GLV model (b = 1) and generalizes it for general interactions $(b \neq 1)$.
- For a = b = 1 and $A_s = 0$ we recover the result (A.5) obtained in the previous section.

These results are obtained in the special case where interactions are homogenous (standard deviation $\sigma = 0$). When $\sigma > 0$, the GLV model falls squarely into the May phase, as illustrated e.g. by Fig. 3A of the main text.

A.3 Random communities: DMFT and cavity solution

Dynamical mean field theory (DMFT) and the cavity method have been used to study the GLV model in the large diversity limit $(S \to \infty)$ by several authors [REFS]. Here we show how to derive the derive analytical results in the sublinear model using these techniques.

A.3.1 Equilibrium distribution

A.3.2 Stability condition

In Ref. [Ahmadian] it is shown that the spectrum of matrices of the form M + LJR, where M, L and R are $S \times S$ deterministic matrices and J is a $S \times S$ random matrix with i.i.d. coefficients (with mean zero and variance σ^2) is contained in the region of the complex plane defined by

$$\text{Tr}[(M_z M_z^{\dagger})^{-1}] \ge 1/\sigma^2 \quad \text{where } M_z = L^{-1}(zI - M)R^{-1},$$
 (A.11)

where Tr denotes the trace, dagger the Hermitian conjugate, and $z \in \mathbb{C}$. In the special case where L, R and M are diagonal, this gives

$$\sum_{i=1}^{S} \frac{(L_i R_i)^2}{|z - M_i|^2} \ge 1/\sigma^2. \tag{A.12}$$

We can apply these results to generalize the results in Sec. (A.1) to the case of random interactions A. From (A.2) we can write the community matrix as

$$C^* = -D(\mathbf{x}^*)A - D(\mathbf{x}^*\mathbf{r}g'(\mathbf{x}^*)), \qquad (A.13)$$

where $D(\mathbf{y}) \equiv \operatorname{diag}(\mathbf{y})$ and the product of vectors is taken element-wise. Now, writing $A = \mu \mathbf{1} - \mu I + J$, and identifying $L = -D(\mathbf{x}^*)$, R = I and $M = \mu I - D(\mathbf{x}^*g'(\mathbf{x}^*))$ we can say that the eigenvalues of the community matrix C^* lie within the domain

$$\sum_{i} \frac{(x_i^*)^2}{|z - \mu + x_i^* g'(x_i^*)|^2} \ge 1/\sigma^2. \tag{A.14}$$

This domain first touches the right half-plane at z = 0 (triggering an instability) when

$$\sum_{i} \frac{(x_i^*)^2}{(\mu - x_i^* g'(x_i^*))^2} \ge 1/\sigma^2.$$
 (A.15)

A.4 Random communities: replica solution

B Linking dynamical theory with macroecological laws

This section expands on the way we parametrize the sublinear model using individuallevel allometries to recover various macroecological patterns.

- **B.1** Production-biomass scaling
- **B.2** Species abundance distribution
- B.3 Mean-variance scaling
- B.4 Size-density scaling
- B.5 Size spectra