



Prana Health Care

Amrita School of AI,
Amrita Vishwa Vidyapeetham, Coimbatore

Prescription

Name: Neethu Maam

Symptoms :

i have achne , pimples and rashes

Diagnosis :

Based on the symptoms of acne, pimples, and rashes, I would recommend a combination treatment approach. Topical treatments containing benzoyl peroxide or salicylic acid can help to reduce inflammation and unclog pores. Additionally, retinoids can be prescribed to promote skin cell turnover and prevent clogged pores. Oral antibiotics like doxycycline may be necessary to control bacterial infection. It is important to maintain a good skincare routine, including cleansing the affected areas twice a day and using non-comedogenic moisturizers. Avoiding irritants, such as harsh soaps and excessive sun exposure, can also help improve the condition of your skin.