

SCOTT MILLER How to become a truly effective and evidence-based therapist

● London, 19 - 20 March 2009

Thanks to a number of recent studies, there is now solid empirical evidence for what distinguishes highly effective therapists. In this workshop, participants will learn in detail the qualities and practices that separate the great from the good. They will also find out about a system of feedback procedures that can be used to develop a profile of their most and least effective moments in therapy – what works and what doesn't.

Attendees will come away with concrete tools that will immediately boost clinical abilities and effectiveness. Specifically they will

- Learn of the four specific practices employed by highly effective therapists;
- Learn a method for determining the overall success rate of their clinical work;
- Learn a method for identifying cases at risk for dropping out of treatment or experiencing a negative or null outcome;
- Learn a method for identifying and improving areas of weakness in their clinical work.

Scott D. Miller, Ph.D. is a co-founder of the Institute for the Study of Therapeutic Change, a private group of clinicians and researchers dedicated to studying "what works" in mental health and substance abuse treatment, based in Chicago. He works as a therapist providing all clinical services pro bono to traditionally under-served clients.

He is the author and co-author of numerous articles and books including groundbreaking works such as *Working with the Problem Drinker: A Solution Focused Approach* (with Insoo Berg), *Handbook of Solution-Focused Brief Therapy: Foundations, Applications, and Research* (with Mark Hubble and Barry Duncan) and *The Heart and Soul of Change: What Works in Therapy* (with Mark Hubble and Barry Duncan).

£225 (£264.38 inc VAT)

PLACES STILL
AVAILABLE

HARRY KORMAN Live

● London, 2 - 3 October 2008

Harry is a psychiatrist and solution focused brief therapist in Sweden. In 1995 he established the internet discussion forum known as the SFT-List which he continues to manage to this day. Consequently he is one of the world's best known solution focused practitioners, a reputation cemented by his co-authorship of the recently published *More than Miracles*, the last book to feature the work of the founders of the approach Steve de Shazer and Insoo Kim Berg. He presents his work throughout the world and is a very popular and thought-provoking presenter.

This will be a unique opportunity to observe Harry working with clients at BRIEF, with those attending working as his 'team'. Places will be limited therefore early application is advisable.

£225 (£264.38 inc VAT)

CERTIFICATE IN Solution Focused Practice

The BRIEF Certificate in Solution Focused Practice is a 'first base' qualification awarded on completion of eight days of skills-based training with BRIEF trainers and the submission of a written assignment demonstrating an ability to work competently in a solution focused manner. The Certificate is an entry qualification to the BRIEF Diploma.

At present there is no additional charge for the certificate over and above the charge for each constituent course.

DIPLOMA IN Solution Focused Practice

The Diploma course offers the most thorough and skills-based solution focused training in the UK and has a world-wide reputation for excellence. It is a vibrant, 'living' event spread over an academic year in which students engage with BRIEF's ever shifting thinking and practice of solution focused brief therapy. This interchange has marked one of the most creative periods in BRIEF's history. Over the 16 days of the course students submit two recordings of actual sessions, a written assignment and a log showing at least 60 hours of solution focused practice. The basic entry requirement is eight days skills training with BRIEF.

£1900 (£2232.50 inc VAT)

“The best training
I've ever been
sent on.”

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solutions@brieftherapy.org.uk

Book online:
www.brieftherapy.org.uk

Britain's leading Brief Therapy Trainers

INTRODUCTORY Course

The Introductory Course is one of the most successful skills-based interviewing courses ever run in Britain: almost every major education, mental health and social care provider in the United Kingdom has commissioned or sent staff on an introductory course run by BRIEF. Attending the course will equip you with all the basic skills of solution focused interviewing, give you new hope and direction in relation to your everyday work and be of measurable benefit to your clients, colleagues and to you.

4 DAY INTRODUCTORY COURSES

London	16 - 19 Sep 08	3 - 6 Feb 09	19 - 22 May 09	Birmingham	21 - 24 Oct 08
	21 - 24 Oct 08	10 - 13 Mar 09	23 - 26 Jun 09	Glasgow	2 - 5 Dec 08
	18 - 21 Nov 08	21 - 24 Apr 09	21 - 24 July 09	Newcastle	23 - 26 Jun 09
	16 - 19 Dec 08			Manchester	7 - 10 July 09

2 DAY INTRODUCTORY COURSES

Brighton	13 - 14 Oct 08	Liverpool	20 - 21 Nov 08	Leeds	12 - 13 Mar 09
Bristol	16 - 17 Oct 08	Oxford	11 - 12 Dec 08	Bristol	16 - 17 Mar 09
Sheffield	16 - 17 Oct 08	Cambridge	5 - 6 Mar 09	Oxford	2 - 3 Apr 09

SOLUTIONS IN Education

INTRODUCTORY COURSE

An alternative to the introductory course above, specifically adapted for education professionals.

London	24 - 25 Nov 08	26 - 27 Jan 09	4 - 5 Jun 09
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STAYING Brief

Following an introductory course, hone and enhance your solution focused skills on one of these hugely practical courses. You will meet and work with similarly committed professionals and with them renew your energy and have the opportunity to develop those solution focused skills that best fit your job. Staying Brief courses are either general or specialised.

ADULTS

London	30 - 31 Oct 08	7 - 8 May 09
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GENERAL

Glasgow	1 Dec 08	Manchester	11 - 12 Dec 08	Newcastle	22 Jun 09
Manchester	29 - 30 Apr 09				

CHILDREN, ADOLESCENTS AND FAMILIES

London	6 - 7 Nov 08	9 - 10 Feb 09	30 Apr - 1 May 09	16 - 17 July 09
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SUPERVISION & Consultation

Helping the practitioner and their team identify and develop skills, build collaborative relationships with clients and define common goals are all part of the supervisory and consultative process that we will be teaching on this course.

London	9 - 10 Oct 08	5 - 6 Mar 09	18 - 19 Jun 09
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10 SKILLS Three fast-paced workouts for busy professionals

These practical workshops are designed to be an introduction for those unfamiliar with solution focused practice and to refresh those already familiar. Each skill will be described, illustrated and practiced so it can be taken back to work the following day.

in MENTAL HEALTH

London	29 Sept 08	21 Jan 09	18 May 09
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in CHILDREN'S SERVICES

London	10 Dec 08	23 Mar 09	26 Jun 09
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in SCHOOLS

London	5 Nov 08
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PRICES (unless otherwise stated)

1-Day: £120 (£141 inc VAT) 2-Day: £225 (£264.38 inc VAT) 4-Day: £450 (£528.75 inc VAT)

BRIEF
Therapy Training
AUTUMN 2008

BOOKING FORM

First name

Surname

Organisation

Occupation

e-mail

Work Address

Work post code

Work phone

Home Address

Home post code

Home phone

Please book me a place on the following course/presentation:

Title

Location

Date

Fee enclosed £

Fee **not** enclosed, send invoice to **work address**

Fee **not** enclosed, send invoice to **the following address**

For the attention of

Organisation

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Invoice post code

Cheques payable to 'BRIEF'. VAT No 587 1024 37

Please send or fax this booking form to:

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London EC1A 7HU

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