

Do you think learning styles affect how we learn? (put into repository)

I definitely think learning styles affect how we learn, or better said how we retain information. For me i think i am more of a Visual learner as when i ' m seeing things before me, i tend to understand them more than reading or listening and retaining that information. However, in the article provided, there is a “lack of a match between their learning style and teachers’ instructional methods” same with students who try to study with what their best learning style is. Despite not having a lot of evidence to back it up, I still think they still are helpful when studying. Knowing what i like and what keeps me interested in study material is better than me trying a method that i dont fully like. So overall i think they are still helpful, even if there isnt a lot of evidence to support it, becue it still helps the person have a better and easier time studying for themselves.