

APPLE CINNAMON

HEALTH WARRIOR®
CHIA BARS™
APPLE CINNAMON

HEALTH WARRIOR®



1 BAR HAS:

- 100 Calories
- 1000mg Omega-3
- 16% Daily Value of Fiber

CHIA BARS
.....
APPLE CINNAMON

1 BAR HAS:

- 100 Calories
- 1000mg Omega-3
- 16% Daily Value of Fiber
- 5g Sugar
- 3g Protein

CONNECT WITH HEALTH WARRIOR

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HEALTH WARRIOR®

Health Warrior taps ancient nutrition to fuel the doer, the achiever, the conqueror inside of you.

For centuries, the Aztecs worshipped the Chia Bar's main ingredient—chia seeds—as a source of strength. Chia nourished their children, fortified their messengers, and powered warriors going into battle.

Small wonder given that ounce-for-ounce chia has more omega-3 than salmon, more fiber than oatmeal, and packs protein, calcium, and antioxidants.

Now, every sunrise sees us facing the busy challenges of modernity. So grab a Chia Bar, find your Warrior, and win today.

100% NATURAL
Made in the USA
healthwarrior.com

INGREDIENTS: White Chia Seeds, Brown Rice Syrup, Organic Cashew Butter, Gluten-Free Oats, Dried Apples, Organic Agave Syrup, Almonds, Organic Brown Rice Crisps (Organic Brown Rice, Organic Brown Rice Syrup, Sea Salt), Arabic Gum, Apple Powder, Organic Sunflower Oil, Natural Flavors, Ground Cinnamon, Sea Salt, Mixed Tocopherols (Natural Vitamin E).

ALLERGENS: Contains Tree Nuts (Cashews, Almonds). Good manufacturing practices are used to segregate ingredients in a facility that processes other products, which may contain peanuts, tree nuts, wheat (gluten), milk, soy and/or eggs.

Manufactured exclusively for Health Warrior
Richmond, Virginia 23230

Nutrition Facts
Serving Size: 1 Bar (25g)
Servings Per Container: 5

Amount Per Serving	Calories	Calories from Fat	% Daily Value*
Total Fat 5g	100	45	8%
Saturated Fat 0.5g			3%
Trans Fat 0g			
Polyunsaturated Fat 2g			
Monounsaturated Fat 1.5g			
Cholesterol 0mg			0%
Sodium 45mg			2%
Total Carbohydrate 14g			5%
Dietary Fiber 4g			16%
Sugars 5g			
Protein 3g			
Vitamin A 0%			Vitamin C 0%
Calcium 4%			Iron 4%
Omega 3 Fatty Acid 1000mg**			
Omega 6 Fatty Acid 680mg**			

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.
Calories: 2,000 - 2,500

Total Fat	Less than 65g	80g
Saturated Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

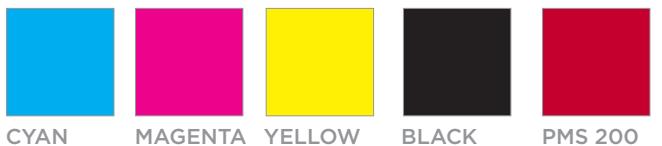
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CHIA BARS
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SUPER FOOD SUPER SNACK

100% NATURAL
GLUTEN FREE
DAIRY FREE
SOY FREE
100% VEGAN

healthwarrior.com



COCONUT

**HEALTH WARRIOR®
CHIA BARS
COCONUT**

1 BAR HAS:

- 110 Calories
- 1000mg Omega-3
- 16% Daily Value of Fiber

**CHIA BARS
COCONUT**

1 BAR HAS:

- 110 Calories
- 1000mg Omega-3
- 16% Daily Value of Fiber
- 4g Sugar
- 3g Protein

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INGREDIENTS: White Chia Seeds, Brown Rice Syrup, Organic Cashew Butter, Unsweetened Coconut, Gluten Free Rolled Oats, Organic Agave Syrup, Organic Brown Rice Crisps (Organic Brown Rice, Organic Brown Rice Syrup, Sea Salt), Almond Meal, Arabic Gum, Vanilla Extract, Organic Flavor, Sea Salt, Organic Sunflower Oil.

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Nutrition Facts

Amount Per Serving		% Daily Value*	
Calories	110	Calories from Fat	50
Total Fat	6g	9%	
Saturated Fat	2g	10%	
Trans Fat	0g		
Polyunsaturated Fat	2g		
Monounsaturated Fat	1.5g		
Cholesterol	0mg	0%	
Sodium	45mg	2%	
Total Carbohydrate	13g	4%	
Dietary Fiber	4g	16%	
Sugars	4g		
Protein	3g		
Vitamin A	0%	• Vitamin C	2%
Calcium	4%	• Iron	6%
Omega 3 Fatty Acid	1000mg**		
Omega 6 Fatty Acid	680mg**		

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Total Fat	Less than 65g	80g
Saturated Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

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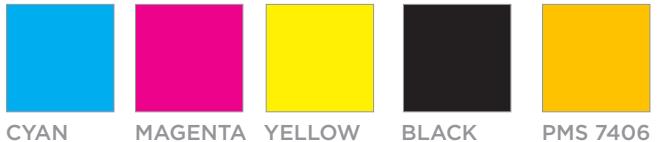
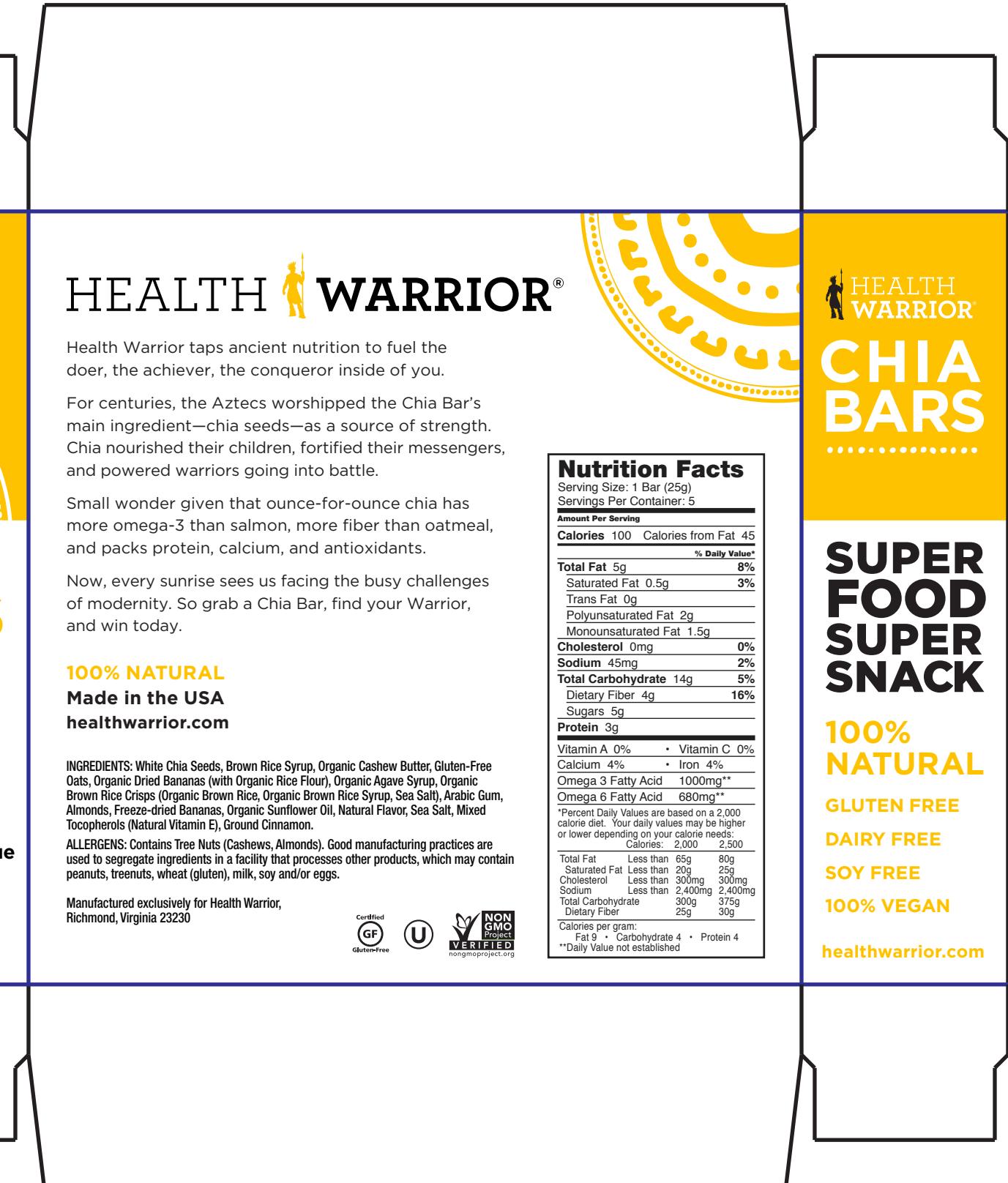
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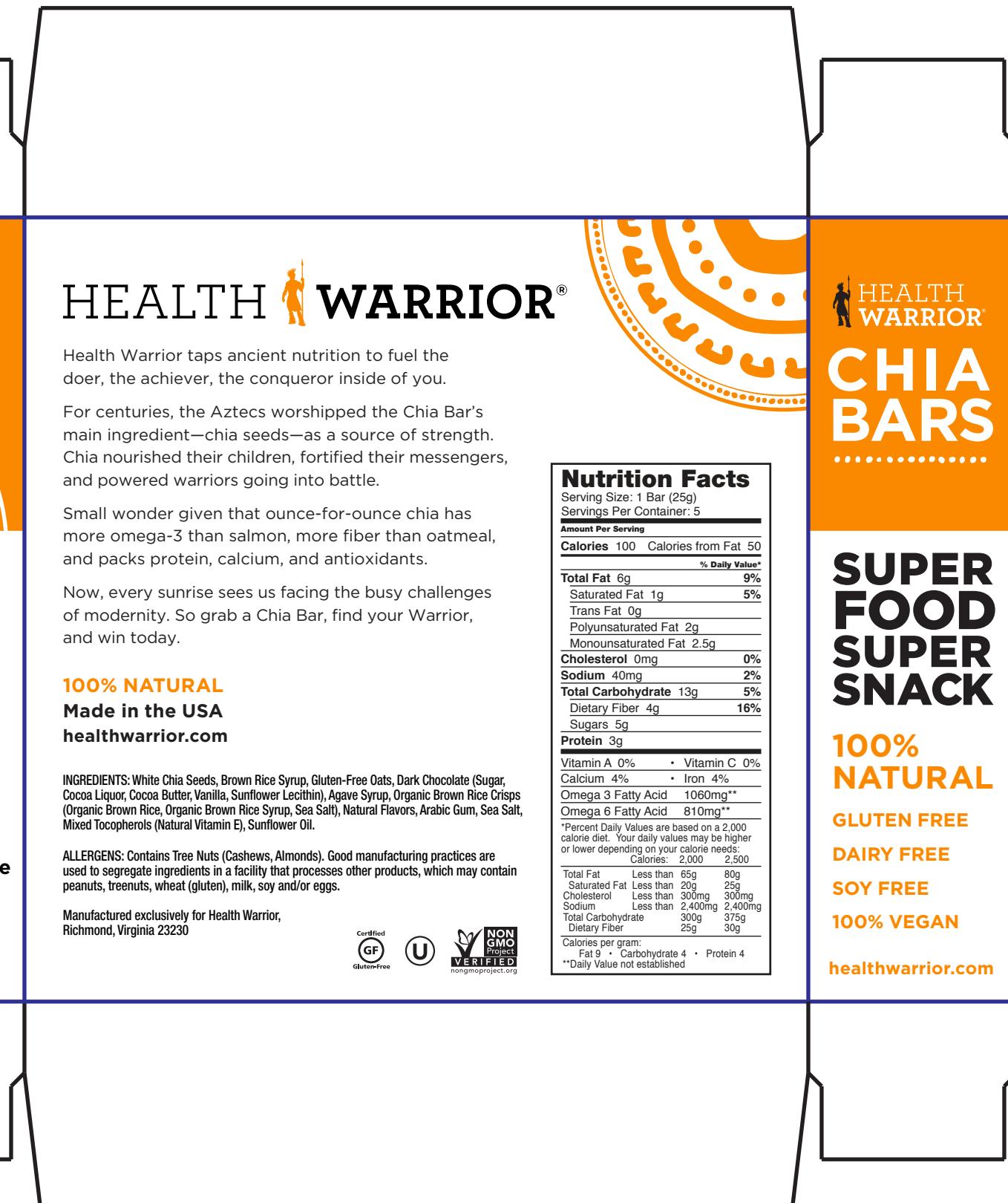
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BANANA NUT



CHOCOLATE PEANUT BUTTER



ACAI BERRY

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CHIA BARS
AÇAI BERRY**

HEALTH WARRIOR®



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- 16% Daily Value of Fiber

1000mg Omega-3
3g Protein • 4g Fiber
16% DV of Fiber

AÇAI BERRY

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Trans Fat	0g		
Polyunsaturated Fat	2g		
Monounsaturated Fat	1.5g		
Cholesterol	0mg	0%	
Sodium	45mg	2%	
Total Carbohydrate	14g	5%	
Dietary Fiber	4g	16%	
Sugars	5g		
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Vitamin A	0%	• Vitamin C	0%
Calcium	4%	• Iron	4%
Omega 3 Fatty Acid	1000mg**		
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