

## GLFB Lansing Roots CSA Application

Space is limited! Please contact Lansing Roots to confirm your spot. Applications will be accepted on a rolling basis.

Please make check payable to GLFB Lansing Roots and mail all payments to:

**Greater Lansing Food Bank | 919 Filley St. | Lansing, MI 48906**

Name \_\_\_\_\_

Mailing Address \_\_\_\_\_

Email Address \_\_\_\_\_

Day Phone \_\_\_\_\_

## Payment Option:

Enclosed:

- ☐ \$150 deposit
- ☐ \$400 deposit + second payment
- ☐ Full \$650 payment

Full payments greatly appreciated!

Preferred Pickup Location: \_\_\_\_\_

## Harvest Guide

	June	July	Aug	Sept	Oct	Nov
Lettuce	X	X	X	X	X	X
Spinach	X	X		X	X	X
Cabbage			X	X	X	X
Chard		X	X	X	X	X
Broccoli		X		X		
Kohlrabi		X		X	X	
Cucumber		X	X			
Green Beans		X	X	X		
Peas	X	X				
Melons			X	X		
Peppers			X	X	X	
Summer Squash		X	X	X		
Tomatoes			X	X	X	
Winter Squash				X	X	X
Beets		X	X	X	X	X
Carrots		X	X	X	X	X
Potatoes				X	X	X
Rutabaga Turnips	X	X			X	X
Corn			X	X		
Assorted Herbs	X	X	X	X	X	



Contact us at:

[csa@greaterlansingfoodbank.org](mailto:csa@greaterlansingfoodbank.org)

(517) 853-7812

[greaterlansingfoodbank.org](http://greaterlansingfoodbank.org)



United States  
Department of  
Agriculture

National Institute  
of Food and  
Agriculture



## Lansing Roots Farm Summer CSA

2014

A weekly share of fresh, healthy, and sustainably grown local produce

## What is a CSA?

CSA, or Community Supported Agriculture, is a direct partnership between farmers and food lovers in the form of a weekly vegetable "subscription". Subscribers are true members of the farm who fill their kitchen with produce of unbeatable quality. Members pay up front and vegetables are distributed weekly for the length of the CSA season.



## What's in a share?

From mid-June through October members receive shares containing 10-13 of the freshest and most flavorful items of the season. Each week's share will feed a family of four or two ambitious vegetarians.

A swap box will be available at each pickup where you can trade in what you don't like and grab what you do!



## The Lansing Roots CSA

Know **WHERE** your food comes from

- + Local proximity
- + Seasonal availability

Know **WHO** your food comes from

- + Direct relationships with farmers
- + Stimulate the local economy

Become a more engaged consumer

- + Weekly Newsletter
- + Opportunity for conversation

Build Community & Culture

- + CSA potlucks and other farm events
- + Support our underserved and limited-resource farmers, many of whom are refugees

Support Sustainable Food Systems

- + Reduce shipment, packaging and transportation of fresh foods
- + Direct marketing

Improve Food Security

- + Proceeds benefit the GLFB
- + Fresh produce is provided to low-income families each week

## Pickup Locations

Lansing Roots CSA is partnering with workplaces and community centers in the Lansing area to arrange convenient pick-up locations. Please see our website or contact us to find out where you can pick up your share!



## Pricing

The total cost of a CSA share is \$650 (\$32.50 for 20 consecutive weeks).

Members receive incredible value for the cost of the share in terms of quality and quantity, including a retail savings of \$65!

**Payment Schedule:**

**Deposit:** \$150 with application due by April 1, 2014 (nonrefundable)

**Second payment:** \$250 due May 1<sup>st</sup>

**Third payment:** \$250 due July 1<sup>st</sup>

Subsidized shares for low-income families are also available. If you feel you may qualify, please contact us.