

Risk Management Form

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Document Details

Enter the details of the document. The [Risk Management Procedure \(HS329\)](#) should be consulted to assist in the completion of this form.

Document Number	TBA	Current Author	Madeline Younes	Original Author	Madeline Younes
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Approval Status	Submitted	Approval Date
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Title * Thesis 2022 for Madeline Younes

Faculty * Engineering

School * School of Electrical Engineering and Telecommunications

Approver *

Period of time before next review ☒ 6 months ☐ 1 year ☐ 2 years ☐ 3 years ☐ N/A

OR

Next Review Date 24/04/2025

Review Date Reminder ☐ 1 day ☐ 5 days ☐ 10 days ☐ 15 days ☐ 30 days ☐ 45 days ☐ 60 days ☐ 90 days

Risk Management Details

Risk Management Form Description	I (Madeline Younes) am undertaking reaserch for my Engineering Undergraduate Thesis under the supervision of Dr. Beena Ahmed during T1, T2, T3 of 2022. The thesis mostly involve utlising computers and software
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Locations In Australia, Off-Campus;

Persons at Risk *

- ☐ Workers
- ☒ Students
- ☐ Visitors
- ☐ Contractors
- ☐ Members of the public

Consultation Process * Persons must read this form

Related Legislation,
Standards, Codes of
Practice etc. *

Related Safety Documents

Related Equipment

Related Activities

Hazards and Risks

Use this section to list each task/scenario and its associated hazard and risk. You can choose multiple tasks by clicking on 'Add new hazard' at the end of this box

Hazard Task/Scenario *

Uncomfortable working position

Hazard Category *

Ergonomic - Poor workstation set-up

Associated Harm *

- Muscle and joint pain

- Lower back pain

Existing Controls *

- Ergonomic chair

- Ergonomic keyboard

- Wrist support

- Frequent breaks for stretching and walking

Additional Controls

Risk Consequence

1. Insignificant

Risk Likelihood

C. Possible

Risk Rating

Low

Cost of Controls

0

Is this reasonably practicable?

☒ Yes

☐ No

Hazard Task/Scenario *

Long peroids of Screen Time

Hazard Category *

Ergonomic - Poor lab set-up

Associated Harm *

- Eyestrain

- Dry Eyes

- Headaches

- Visual Aura

Existing Controls *

- Breaks following the 20-20-20 rule (focusing on a point 20 metres away for 20 seconds every 20 minutes)

- Blue Light filter glasses

- Well lit work environment

- Warm colour filter on computer screen

- Using eyedrops when needed

Additional Controls

Risk Consequence

1. Insignificant

Risk Likelihood

C. Possible

Risk Rating

Low

Cost of Controls

Is this reasonably practicable?

Yes

No

Hazard Task/Scenario

*

Excessive Workload

Hazard Category

*

Psychological - Excessive workload

Associated Harm

*

- Stress

- Headaches

- Lack of sleep

Existing Controls

*

- Regular breaks

- Regular meetings with supervisor

- Regular self reflection

- Setting reasonable goals and expectations

Additional Controls

Risk Consequence

1. Insignificant

Risk Likelihood

C. Possible

Risk Rating

Low

Cost of Controls

Is this reasonably practicable?

Yes

No

Other Risk Management Details

Date All Controls Implemented

24/04/2022

Emergency Procedures

*

Contact 000, or emergency contacts on mobilephone or those provided to the university. In the case where medical history is needed contact local GP (Dr Buddy Maroun).

Competency and Training Required

Competency Levels

*

1. Read Document

Only add descriptions below for competency levels chosen above

Training Description

Knowledge Test Description

License/Cert Description

Other Competency Description

Additional Documents