

User Profile

Date:

Name:

Height (ft):

Weight (lbs):

Gender:

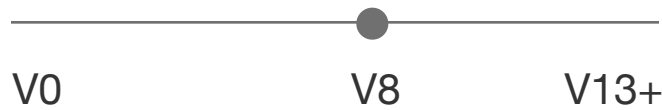
☐ Female

☐ Male

☐ Prefer not to say

Climbing Experience

Max V grade :



Prior hangboarding experience

☐ Yes

☐ No

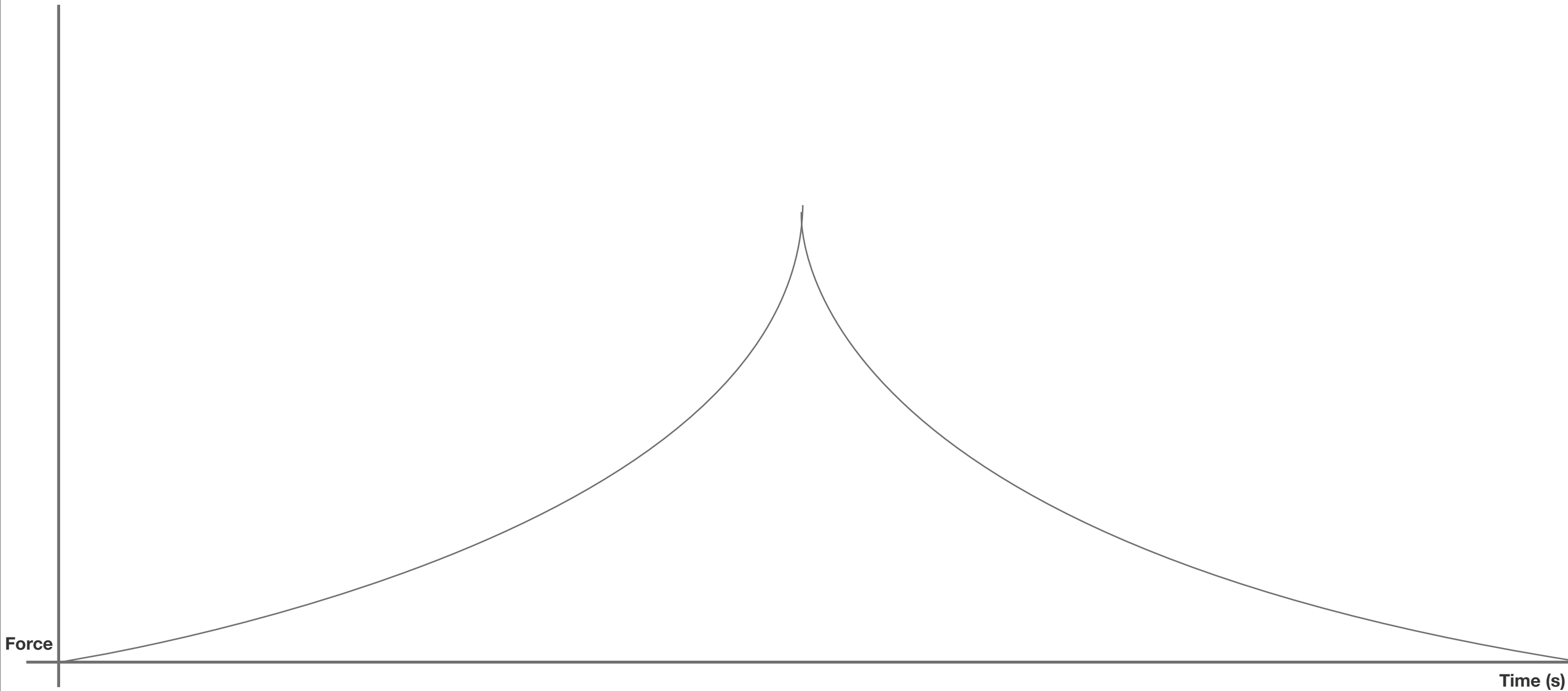
Main type of climbing

☐ Bouldering

☐ Sport

☐ Other

Session results



Set grip?



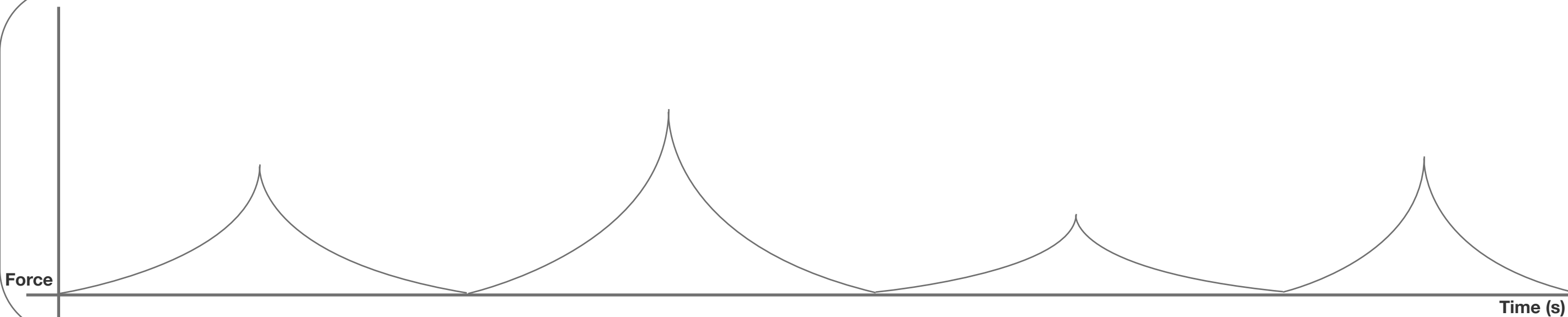
Weighted set?

☐ No

☐ Yes

Add Set

Done



User Profile

Date: 1/2/2345

Name:

Kim Smith

Height (ft):

5'1"

Weight (lbs):

93

Gender:

☒ Female

☐ Male

☐ Prefer not to say

Climbing Experience

Max V grade :

V0

V8

V13+

Prior hangboarding experience

☒ Yes

☐ No

Main type of climbing

☒ Bouldering

☐ Sport

☐ Other

Training results

