

THEOREM:

f : β -smooth, convex, GD works for $\eta \leq 1/\beta$

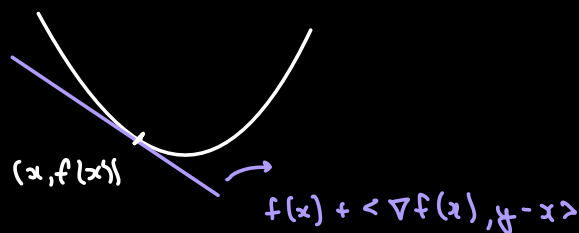
$$f(x_k) \leq f(x_0) + \frac{\beta \|x_0 - x^*\|^2}{2k} \quad \left(\eta = \frac{1}{\beta}\right)$$

PROOF:

Recall:

CONVEXITY:

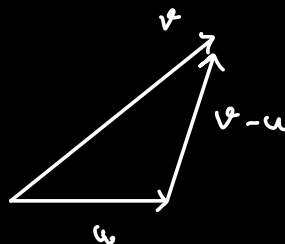
$$\forall x, y \quad f(y) \geq f(x) + \langle \nabla f(x), y - x \rangle$$

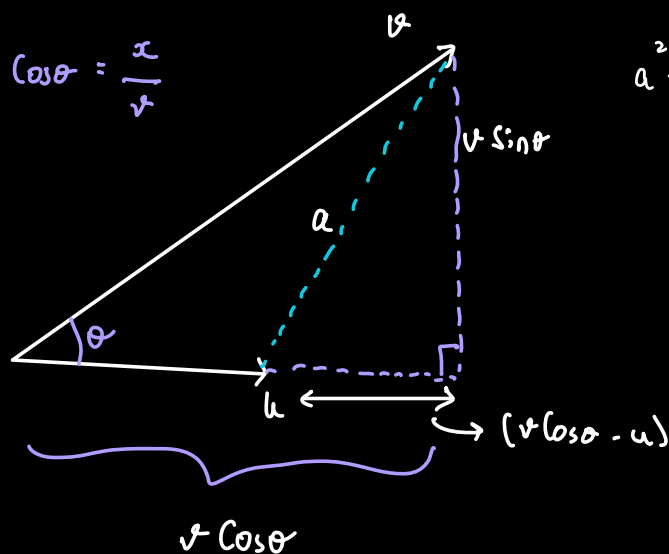


PROPERTIES OF VECTORS:

$$(a) \quad \|u - v\|^2 = \|u\|^2 + \|v\|^2 - 2\langle u, v \rangle$$

$$(a') \quad 2\langle u, v \rangle = \|u\|^2 + \|v\|^2 - \|u - v\|^2$$





$$\begin{aligned}
 a^2 &= v^2 \sin^2 \theta + (v \cos \theta - u)^2 \\
 &= v^2 \sin^2 \theta + v^2 \cos^2 \theta + u^2 - 2uv \cos \theta \\
 &= u^2 + v^2 - 2uv \cos \theta \\
 &\quad \langle u, v \rangle
 \end{aligned}$$

(b) $|\langle u, v \rangle| \leq \|u\| \cdot \|v\|$ (CAUCHY - SCHWARZ)

So ALL THE NEEDED EQUATIONS:

Convexity: $\forall x, y \quad f(y) \geq f(x) + \langle \nabla f(x), y - x \rangle$

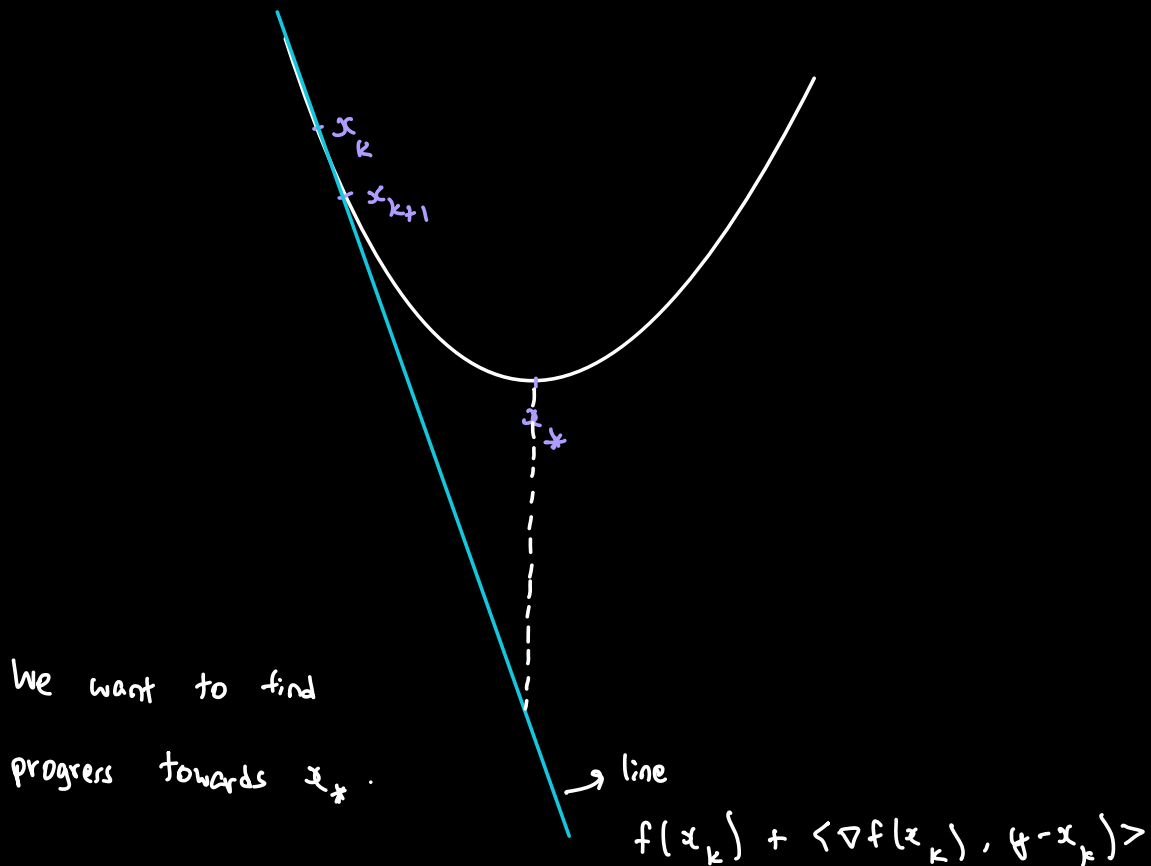
β -Smooth: $f(x_{k+1}) \leq f(x_k) - \frac{1}{2\beta} \|\nabla f(x_k)\|_2^2$

GD: $x_{k+1} = x_k - \eta \nabla f(x_k)$

VECTOR: $\|u - v\|^2 = \|u\|^2 + \|v\|^2 - 2\langle u, v \rangle$
 $|\langle u, v \rangle| \leq \|u\| \cdot \|v\|$

β -SMOOTH IMPLIES:

$$f(x_{k+1}) \leq f(x_k) - \frac{1}{2\beta} \|\nabla f(x_k)\|_2^2 \quad - (1)$$



From convexity:

$$f(x_*) \geq f(x_k) + \langle \nabla f(x_k), x_* - x_k \rangle$$

$$f(x_k) \leq f(x_*) - \langle \nabla f(x_k), x_* - x_k \rangle \quad - (2)$$

Combine ① and ②

$$f(x_{k+1}) \leq f(x_*) - \langle \nabla f(x_k), x_* - x_k \rangle - \frac{1}{2\beta} \|\nabla f(x_k)\|^2$$

$$f(x_{k+1}) - f(x_*) \leq \frac{1}{2\beta} \left[2\beta \langle \nabla f(x_k), x_k - x_* \rangle - \|\nabla f(x_k)\|^2 \right]$$

b.o:

$$x_{k+1} = x_k - \eta \nabla f(x_k)$$

$$\eta = \frac{1}{\beta}$$

$$x_{k+1} = x_k - \frac{1}{\beta} \nabla f(x_k)$$

$$\nabla f(x_k) = \beta \cdot (x_k - x_{k+1})$$

$$f(x_{k+1}) - f(x_*) \leq \frac{1}{2\beta} \left[2\beta \langle \beta \cdot (x_k - x_{k+1}), x_k - x_* \rangle - \beta^2 \|x_k - x_{k+1}\|^2 \right]$$

$$= \frac{\beta}{2} \left[2 \cdot \langle x_k - x_{k+1}, x_k - x_* \rangle - \|x_k - x_{k+1}\|^2 \right]$$

Apply ①

$$2 \langle u, v \rangle = \|u\|^2 + \|v\|^2 - \|u - v\|^2$$

$$= \frac{\beta}{2} \left[\|x_k - x_{k+1}\|^2 + \|x_k - x_#\|^2 - \|x_{k+1} - x_#\|^2 - \|x_k - x_{k+1}\|^2 \right]$$

Therefore,

$$f(x_{k+1}) - f(x_*) \leq \frac{\beta}{2} \left(\|x_k - x_#\|^2 - \|x_{k+1} - x_#\|^2 \right)$$

(for $k=0$)

$$f(x_1) - f(x_*) \leq \frac{\beta}{2} \left(\|x_0 - x_#\|^2 - \|x_1 - x_#\|^2 \right)$$

(for $k=1$)

$$f(x_2) - f(x_*) \leq \frac{\beta}{2} \left(\|x_1 - x_#\|^2 - \|x_2 - x_#\|^2 \right)$$

\vdots

$$f(x_{k+1}) - f(x_*) \leq \frac{\beta}{2} \left(\|x_k - x_#\|^2 - \|x_{k+1} - x_#\|^2 \right)$$

ADD UP ALL k INEQUALITIES

$$\sum_{i=1}^{k+1} \left(f(x_i) - f(x_*) \right) \leq \frac{\beta}{2} \left[\|x_0 - x_#\|^2 - \|x_{k+1} - x_#\|^2 \right]$$

Now by the monotonicity of GD,

$$f(x_{k+1}) \leq f(x_i) \quad \forall i \leq k+1$$

$$f(x_{k+1}) - f(x_*) \leq f(x_i) - f(x_*)$$

$$\text{So } \sum_{i=1}^{k+1} (f(x_i) - f(x_*)) \geq (k+1) (f(x_{k+1}) - f(x_*))$$

$$(k+1) \cdot (f(x_{k+1}) - f(x_*)) \leq \frac{\beta}{2} [\|x_0 - x_*\|^2 - \|x_{k+1} - x_*\|^2]$$

$$\leq \frac{\beta}{2} \|x_0 - x_*\|^2$$

$$f(x_{k+1}) - f(x_*) \leq \frac{\beta}{2(k+1)} \|x_0 - x_*\|^2.$$

SUMMARY:

If f is β -smooth, then

$$f(x_{k+1}) \leq f(x_*) + \frac{\beta}{2(k+1)} \|x_0 - x_*\|^2$$

1. What do you really need to run GD?

→ The only ability required is to compute gradients.

FIRST-ORDER METHODS OF OPTIMIZATION:

We have a subroutine that computes $\nabla f(x)$

at any point x .

2. What is the best you can do with First-Order method?

NESTEROV'S ACCELERATED GRADIENT DESCENT (NAGD) 1983:

$$f(x_k) \leq f(x_*) + \frac{\|x_0 - x_*\|^2}{\beta \cdot k^2}$$

↑ $(k^2 \text{ not } k)!$

Remark: To get within ε of the optimum

GD takes $\rightarrow 1/\varepsilon$ iterations

NAGD takes $\rightarrow 1/\sqrt{\varepsilon}$ iterations.

NAHD:

Start with $x_0 = y_0 = z_0$

MOMENTUM UPDATE

For $i = 0, \dots$:

$$x_{i+1} = y_i - \eta \nabla f(y_i)$$

$$y_{i+1} = y_i - \eta_i \nabla f(y_i)$$

$$y_{i+1} = \alpha_i y_i + (1 - \alpha_i) x_i$$

THEOREM:

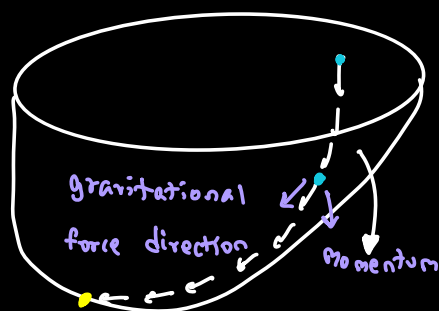
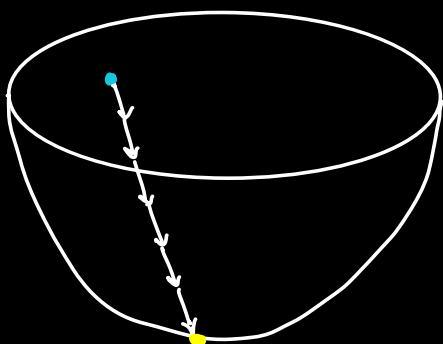
f is convex and smooth

$$\eta \leq 1/\beta$$

$$\eta_i = \frac{(i+1)\eta}{2}$$

$$\alpha_i = \frac{2}{i+3}$$

$$f(x_k) \leq f(x_*) + \frac{2\beta \|x_0 - x_*\|^2}{k^2}$$



→ At every point
gravitational pull $\hat{=}$ along
gradient.

New velocity is a combination of
current velocity and Force!

Intuitively: velocity $\hat{=}$ change in position

" $x_{k+1} - x_k$ " $\hat{=}$ Some combination of
" $x_k - x_{k-1}$ " and " $-\nabla f(x_k)$ ".

THEOREM:

NAGD is the best you can do among all First-Order
Methods!

[NAGD is not compulsorily monotone]

Demo:

Least Squares Regression: $(x_1, y_1), \dots, (x_n, y_n)$

Parameter family: $h_w(x) = \langle w, x \rangle$

$$\text{ERM: } L(w) = \frac{1}{n} \sum_{i=1}^n (\langle w, x_i \rangle - y_i)^2$$

$$\nabla L(w) = \frac{1}{n} \sum_{i=1}^n 2(\langle w, x_i \rangle - y_i) x_i$$

In matrix notation:

$$L(w) =$$

$$\frac{1}{n} \left\| \begin{array}{c} x_1 \\ x_2 \\ \vdots \\ x_n \end{array} \right\|_2^2 - \left\| \begin{array}{c} y_1 \\ y_2 \\ \vdots \\ y_n \end{array} \right\|_2^2$$

x y

$$= \frac{1}{n} \|Xw - y\|^2$$

$$\nabla L(w) = \frac{2}{n} X^T (Xw - y)$$