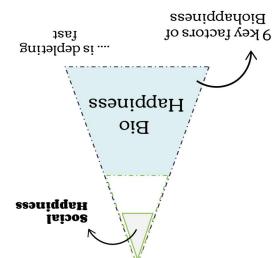
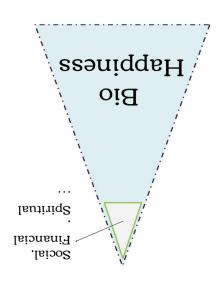




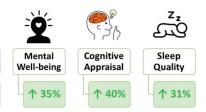
Moodforest is a lab for emotional health and longevity focused on the science of bio-happiness.





Human happiness is also biological

## **Programs**



Green Mind Study – Preliminary Outcome

Mental

**Distress** 

Study under guidance from Dr. Geertjaan Overbeek, Research Director at University of Amsterdam Bio-Happiness Workshop for Organisations

Biohappiness Camp and Forest Fasting Camp

Internship Program/Projects

Wellness Game Lab

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Scan to know more and receive our details

Instagram







Mood is like an inner forest