

# **INFECTIOUS DISEASE MODELING & HIV**

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# SOME QUESTIONS MODELS TRY TO ANSWER

- What is current and future scope of epidemic?
- Under what conditions does an epidemic take off?
- What interventions will reduce transmission and by how much?

# **HISTORY (early 1900s)**

- **SIR RONALD ROSS**  
Malaria
- **LOWELL REED AND WADE HAMPTON FROST**  
The Reed Frost Model  
Susceptible, infected, & immune  
I

# REED FROST EPIDEMIC MODEL



# REPRODUCTIVE NUMBER $R$

Average number of new infections that one infectious person produces

At the beginning of an epidemic when nearly all are susceptible its called  $R_0$

Depends on biological, behavioral, social and environmental factors

# WHEN DOES AN EPIDEMIC OCCUR?

- $R_0 > 1$
- If  $R_0 < 1$ , there could still be (small) cluster of cases, but not generally self-sustaining epidemic

# REPRODUCTIVE NUMBER $R$



Kate Winslet in the movie *CONTAGION*

# WHAT DOES $R_0$ DEPEND ON<sup>1</sup>?

TRANSMISSION PROBABILITY PER CONTACT

X

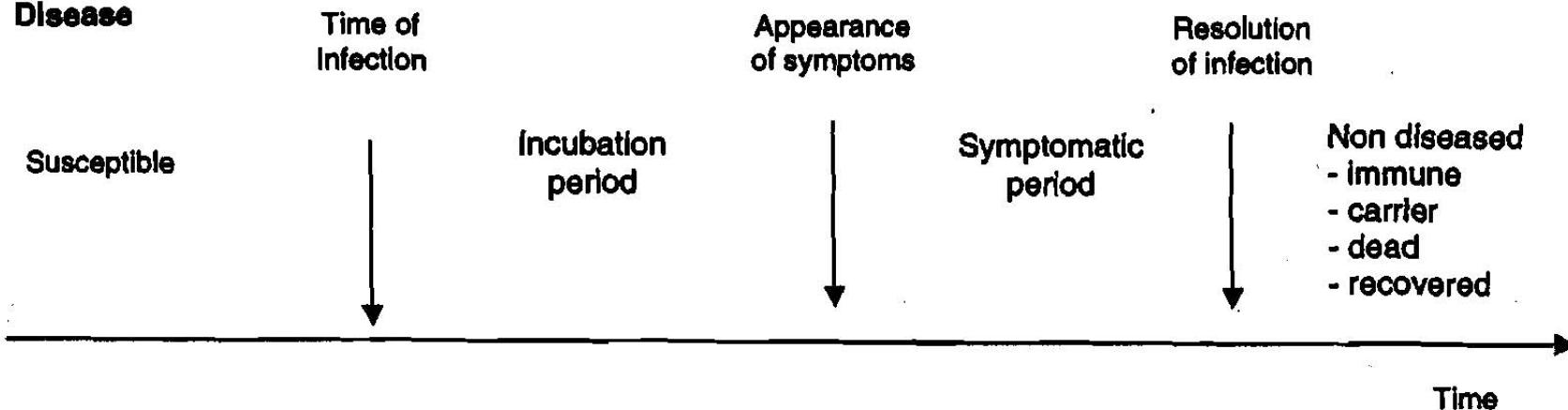
CONTACT RATE

X

DURATION OF INFECTIOUS PERIOD

<sup>1</sup>*basic case: random mixing, no heterogeneity*

## Dynamics of Disease



## Dynamics of Infectiousness

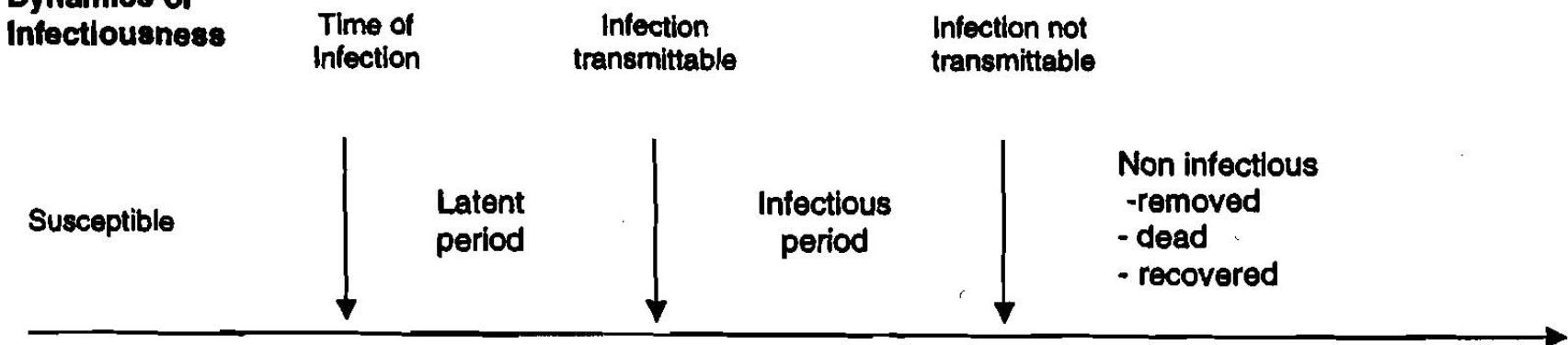


Figure 4–1. Natural history time lines for infection and disease.

# **GOAL: REDUCE $R_0 < 1$**

- GENITAL HERPES  $R_0=3$

Decrease contact rate by factor of 4

$$R_0 = 1/4 \times 3 = 0.75$$

Vaginal foam

Reduce transmission probability by 80%

$$R_0 = 0.2 \times 3 = 0.6$$

- TB  $R_0=5$

Active case detection and treatment

Reduce infectious period from 52 weeks to 6

$$R_0 = 6/52 \times 5 = 0.6$$

# $R$ versus $R_0$

- $R$  changes over the course of an epidemic (in part because the numbers susceptible decreases)
- $R=R_0 \times$  Proportion susceptible in randomly mixing population
- Key to persistence: Continuing supply of susceptibles
- A goal of control measures is to try to reduce  $R<1$

# **What fraction should be vaccinated?**

# What fraction should be vaccinated?

- Suppose  $R_0=5$  (small pox)
- Suppose  $R_0=9$  (measles).
- Suppose the vaccine is not 100% efficacious

## FRACTION TO VACCINATE TO REDUCE $R < 1$

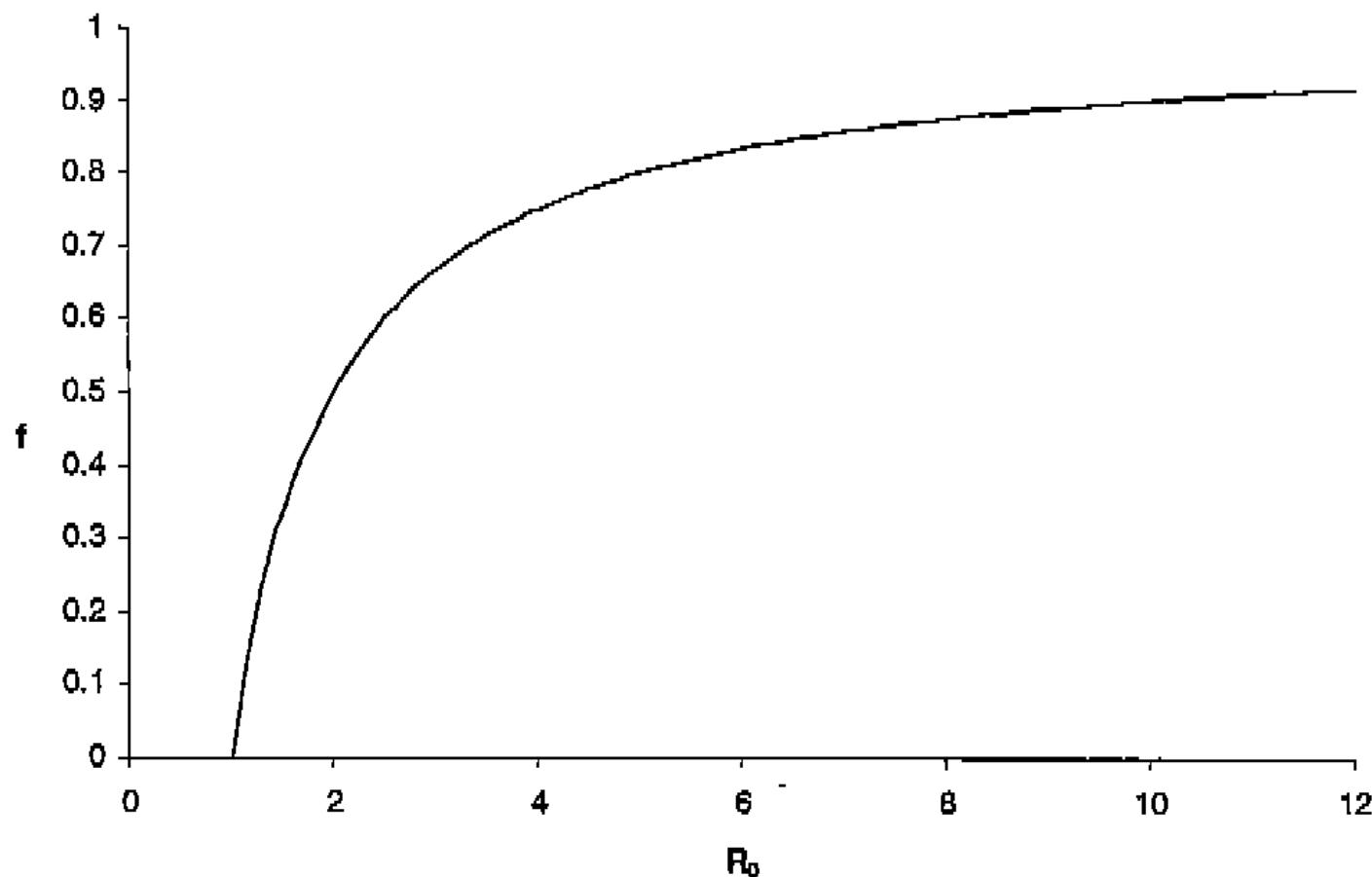


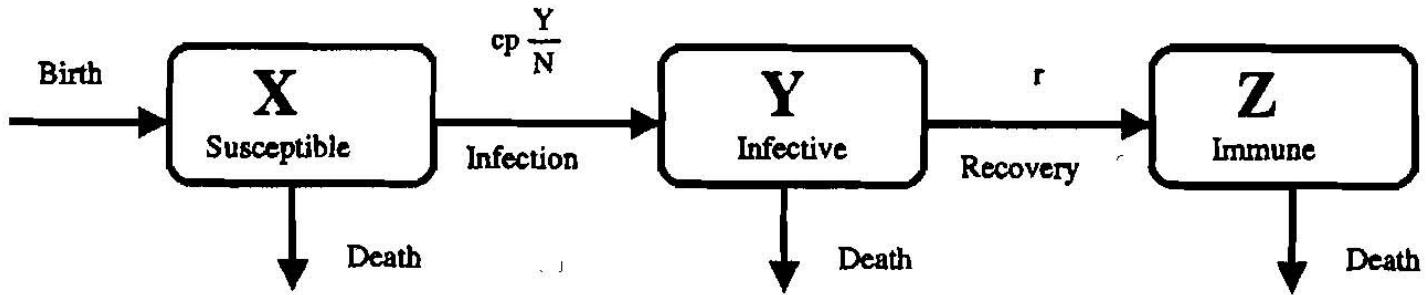
Figure 4–4. The fraction,  $f$ , of a population needed to be vaccinated with a completely protective vaccine to eliminate transmission as a function of  $R_0$ , the basic reproductive number.

# DETERMINISTIC S-I-R MODEL random mixing

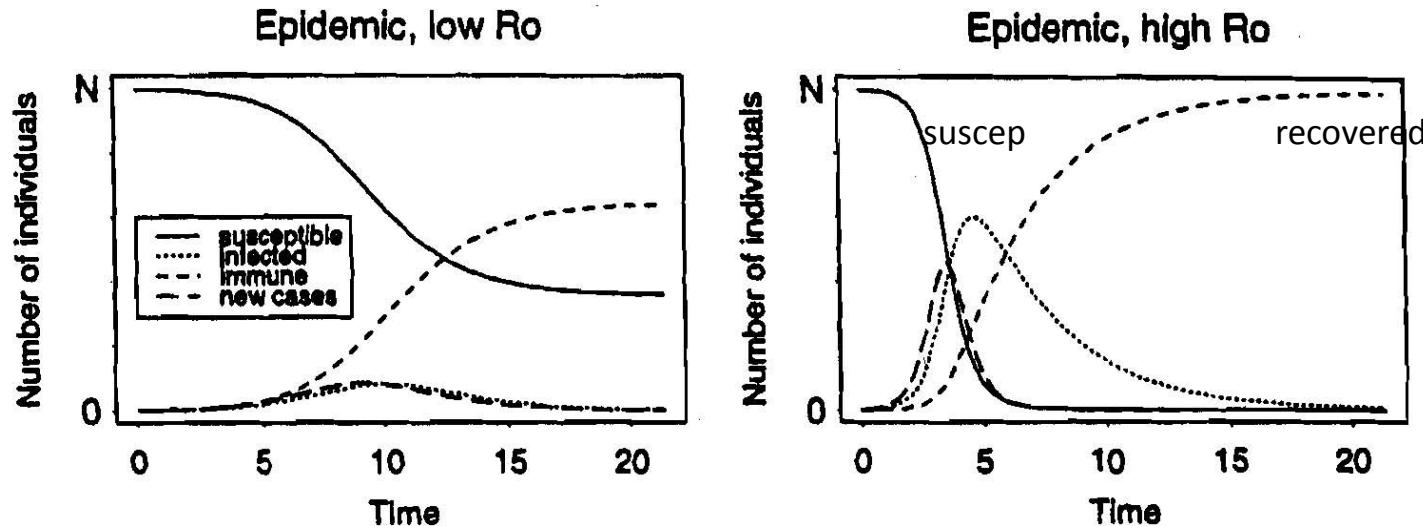
A: Closed population



B: Open population



## Closed population



- Epidemic begins to decrease when prop susceptible  $< 1/R_0$
- Not all susceptibles need to become infected before microbe dies out
- But ultimately epidemics end, one way or another, in closed populations

Halloran, 2001

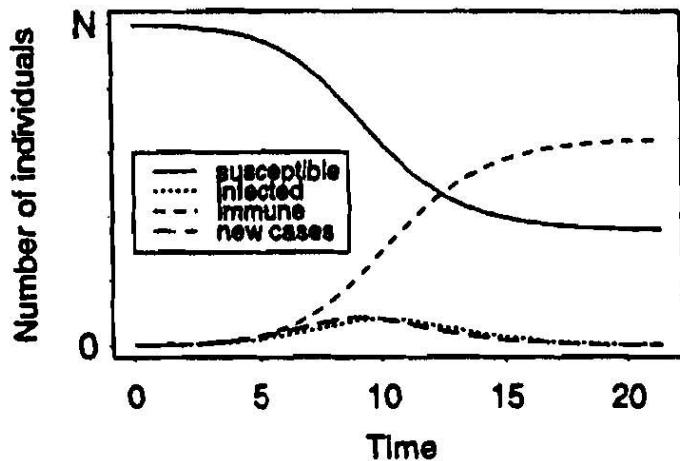
# **KEY TO PERSISTENCE:**

## **Continuing supply of susceptibles**

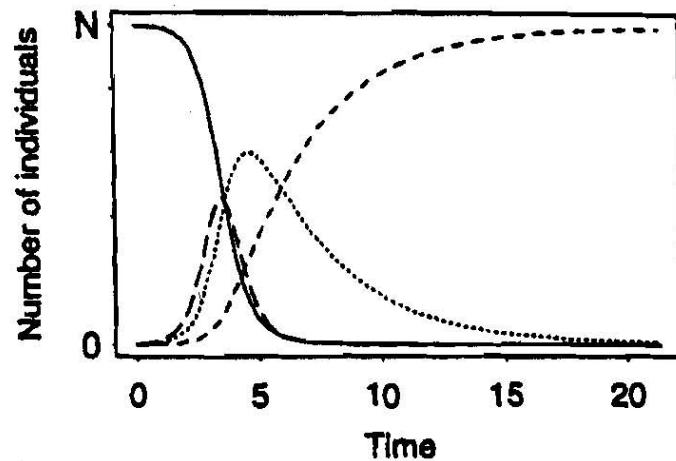
**BIRTH  
IMMIGRATION  
RECOVERY W/O IMMUNITY  
WANING IMMUNITY**

# Closed population

Epidemic, low  $R_0$

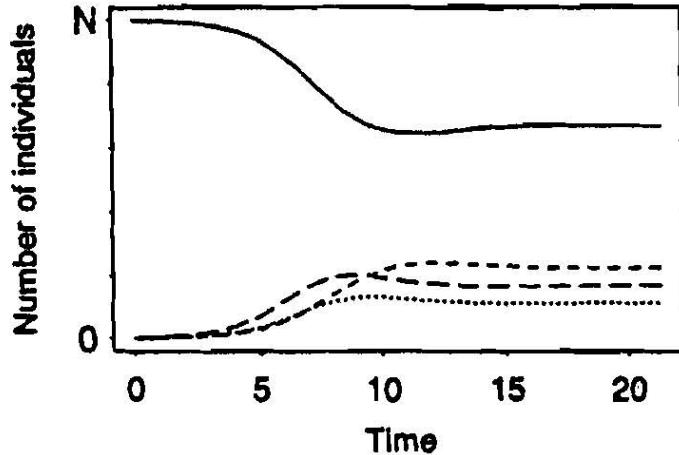


Epidemic, high  $R_0$

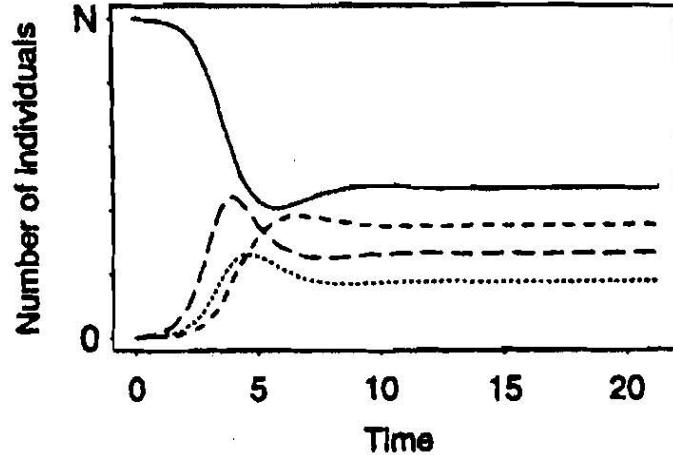


# Open population

Endemic, low  $R_0$



Endemic, high  $R_0$



# **HIV/AIDS COMPLEXITIES**

**TRANSMISSION PROBABILITY**

**CONTACT RATE**

**DURATION OF INFECTIOUSNESS**

## HIV TRANSMISSION PROBABILITY PER ACT

- Asymmetric transmission rates have different dynamics; lowers rate of spread<sup>1</sup> ( $F \rightarrow M$ ,  $M \rightarrow F$ )
- Sexual roles among MSM: dual/versatile roles increases spread<sup>2</sup>
- Stage of disease
  - Infectivity varies by stage of disease (e.g. Viral load)
- Co-infection with other pathogens may increase infectivity; e.g. Herpes simplex; genital ulcers

references:

<sup>1</sup>Cassels(2008)

<sup>2</sup> Goodreau (2005)

# **TRANSMISSION PROBABILITY PER ACT**

## **PREVENTION STRATEGIES:**

**Circumcision- 40% reduction**

**Topical microbicide gel (tenofovir)-39% reduction**

**ART for HIV pos “treat to prevent” -92% reduction**

**PREP for HIV neg- 44% reduction  
(depends on adherence)**

# DURATION OF INFECTIOUSNESS

## Anti-retroviral treatment

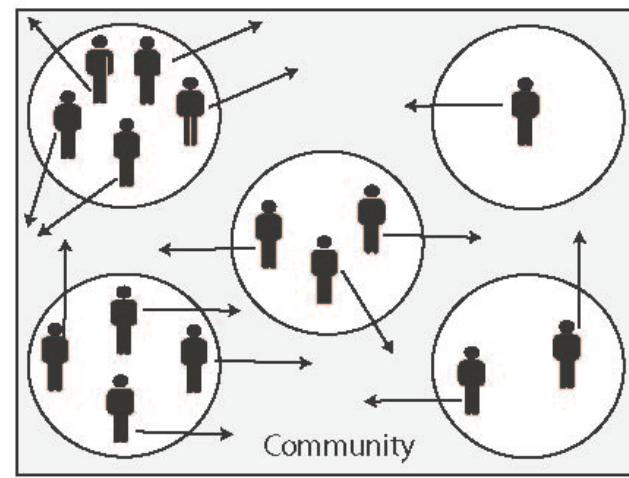
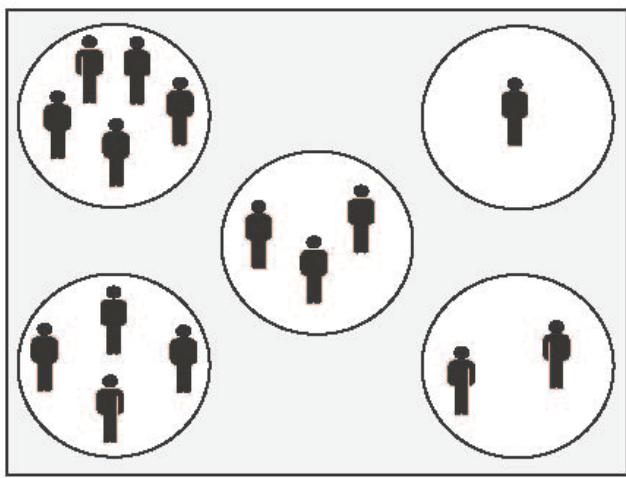
- decreases infectiousness (lower viral load)
- extending the duration of infectiousness  
( life expectancy)

# **CONTACT RATE**

**Oversimplification: random mixing with constant contact rate**

## **(HIV) COMPLEXITIES**

- Core groups; bridging groups
- Networks
- Migration
- Selective/assortive mixing
  - e.g., mixing by age; Serosorting



# **APPROACH: AGENT BASED MODEL**

**$N$  persons**

**Interconnected**

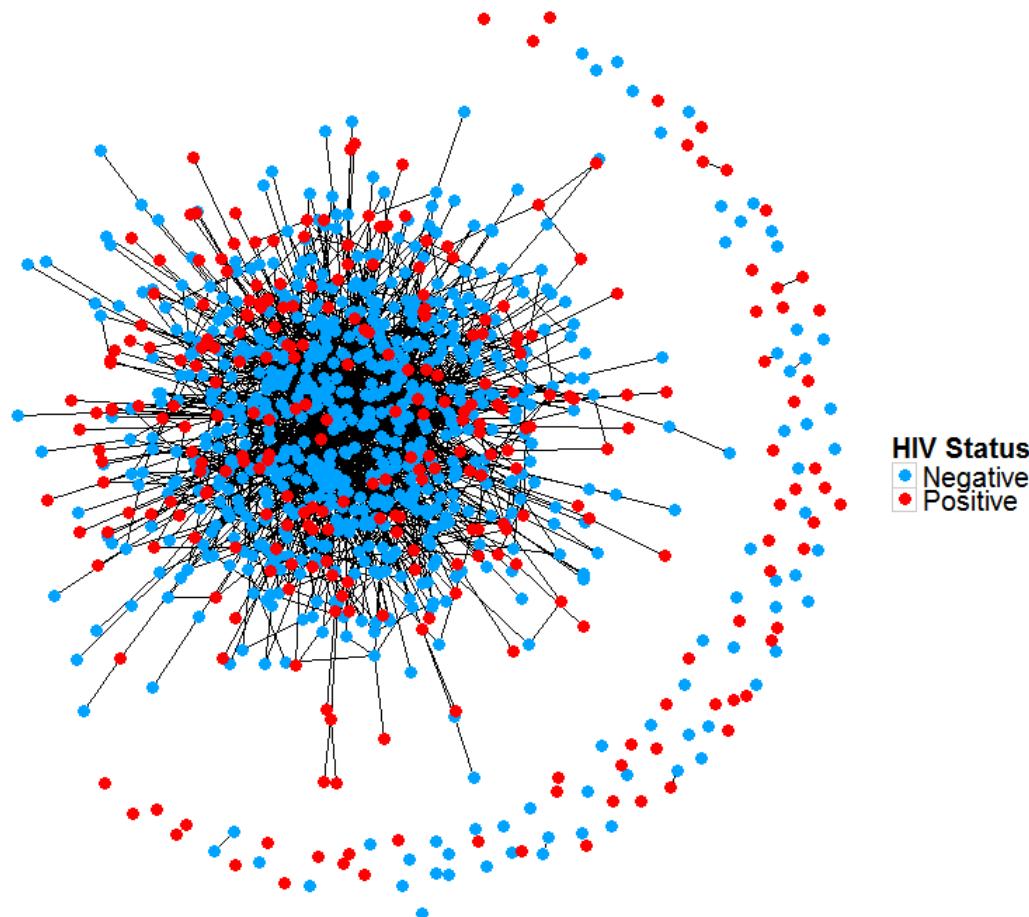
**Social/sexual networks**

**Stochastic simulation**

**Computer Intensive**

**Daily update**

# NETWORKS OF SEXUAL CONTACTS



# **COMBINATION HIV PREVENTION MSM IN SOUTH AFRICA**

**AGENT BASED MODELING**

# GOALS

- Potential effects of combination prevention?  
interactions?
- Help design prevention trials

# **COMBINATION HIV PREVENTION INTERVENTIONS**

**ART\***

**PREP\***

**UAI reduction**

**HIV testing**

**\*eligible for ART: HIV test and <350CD4**

**\*eligible for PREP:HIV test; >12 UAI in 6 months or main partner who's infected**

# **INPUTS**

**Peri-urban South Africa  
literature review  
sensitivity**

**Table 1.** Main characteristics of agent based model for combination HIV prevention among MSM in peri-urban South Africa (additional information and specific parameter values are in the Supporting Information)

**Attributes assigned to each person at start**

Frequency of sexual activity  
HIV status at start  
CD4 count at start if HIV +  
Knowledge of HIV status at start (yes, no)  
Sexual role preference (insertive, receptive, versatile)  
HIV testing frequency (3 levels: moderate, low, never)  
Some assigned a main partner  
Proportion of sexual contacts that are UAI (2 levels)  
Sexual networks of regular partners (allowance for sero-sorting)

**Daily updates**

Daily sexual contacts depends on type of partnership  
Likelihood of contact (in decreasing order): main, regular, casual, have other main partners

HIV testing possible  
UAI rate adjusted if learns knowledge of HIV status  
CD4 levels updated for HIV positive

Infection status updated

**Prevention Interventions**

ART for eligible HIV positives  
Eligible: HIV test within 6 months and CD4<350  
Considered varying levels of coverage  
PREP for eligible HIV negatives  
Eligible: in last 6 months had both HIV test and >12 UAs or in sero-discordant main partnership.  
Considered varying levels of PREP acceptance with two levels of adherence (low and high)

Reduction in UAI frequency (considered varying levels)  
Increase in HIV testing: convert 50% of the never testers to low frequency testers

# INFECTIONS AVERTED OVER 5 YEARS

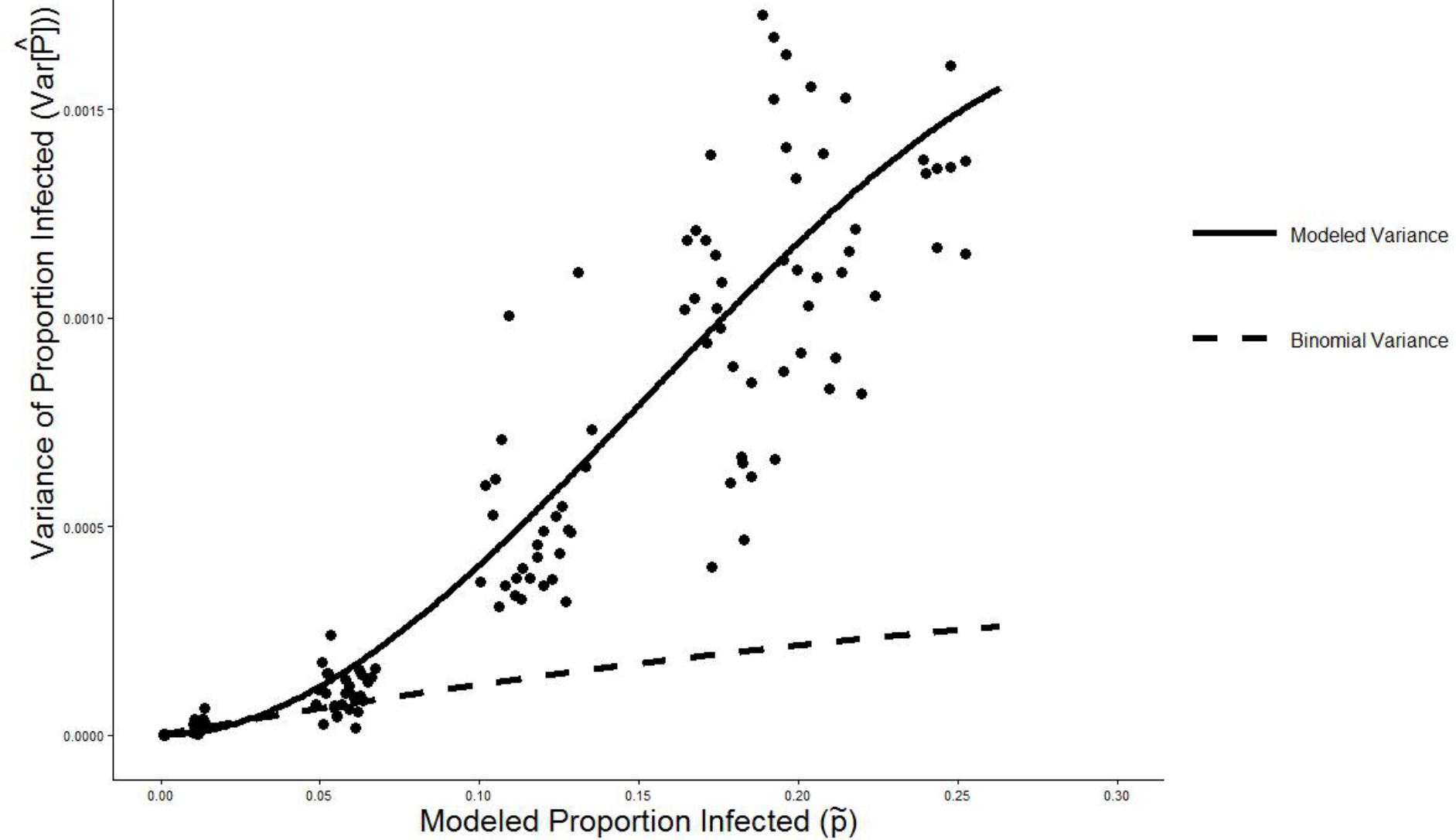
## Agent based model results

Prevention package component	percent infections prevented due to addition of component
ART (50% coverage of newly eligible) [incremental]	3.4
PREP (50% acceptance)	11.7
UAI reduction of 15%	21.0
HIV testing increase	4.9
<b>TOTAL</b>	<b>33.9</b>

# **HOW CAN MODELING HELP IN DESIGNING PREVENTION TRIALS?**

- EFFECT SIZE
- VARIABILITY

162 data points each refers to a different combination HIV prevention;  
with replicates there were 2157 runs of the agent based model



# RECAP

- EPIDEMIC MODELS HAVE A LONG HISTORY
- $R_0$  GOAL: REDUCE  $R < 1$
- KEY TO PERSISTENCE: CONTINUING SUPPLY OF SUSCEPTIBLES
- COMPLEXITIES:  
HETEROGENEITIES, NETWORKS, ASYMMETRICAL TRANSMISSION  
PROBABILITY, SELECTIVE MIXING (SEROSORTING)
- AGENT BASED MODELS  
MASSIVE COMPUTER SIMULATIONS
- EVALUATING COMBINATION PREVENTION; DESIGN

# REFERENCES

- Halloran ME, Concepts of Transmission Dynamics, In *Epidemiological Methods for the Study of Infectious Diseases*, eds Thomas and Weber, Oxford Press, 2001
- Halloran ME, chapter 27 in *Modern Epidemiology*, Greenland and Rothman
- Cassels, Clark, Morris Mathematical Models of HIV Transmission , *JAIDS*, 2008
- Cassels, Goodreau, Interaction of math modeling and social/behavioral HIV research, *Current Opinion in HIV*, 2011
- Goodreau S, Sexual Role and Transmission among MSM in Peru, *JID*, 2005