

## DESIGN AND DEVELOPMENT OF AUTOMATED SHIRODHARA SYSTEM

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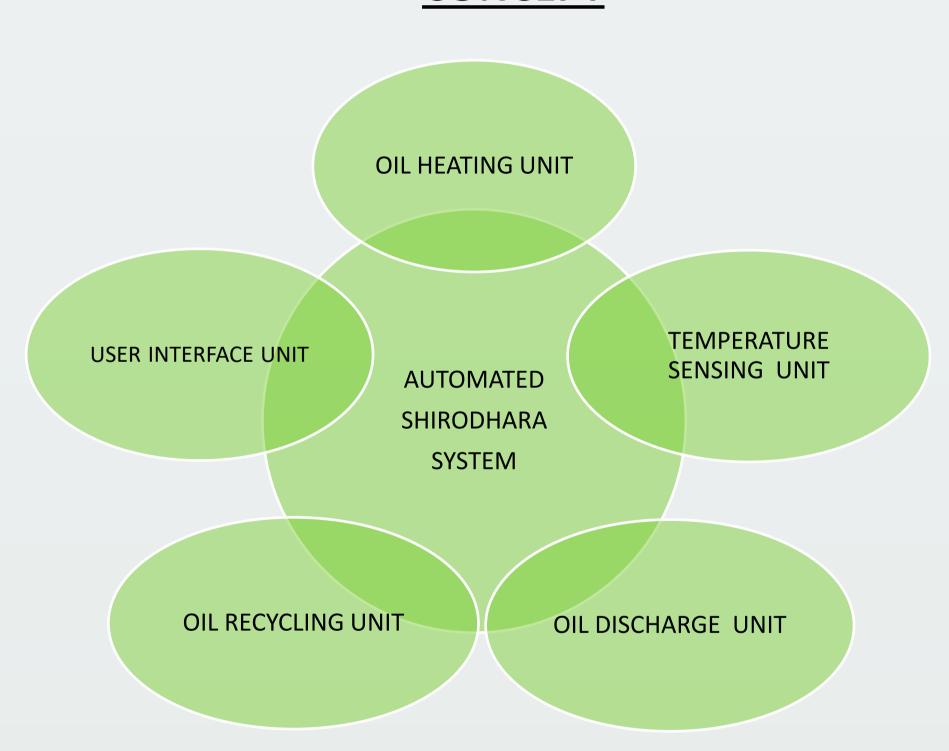
### **OBJECTIVE**

- Design and development of automated portable shirodhara system
- Continuous oil temperature and flow maintenance
- Innovative
- User Friendly
- Abort treatment anytime during Emergency

#### **INTRODUCTION**

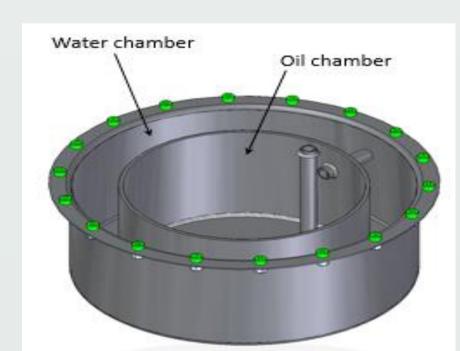
- ❖ What is Shirodhara? Shirodhara is an ancient Ayurvedic therapy part of Panchakarma (Panchakarma is a method of cleansing the body of all the unwanted waste after lubricating it and it comprises of 5 procedures). Warm oil (or other liquid) pours in a continuous stream over the forehead
- ❖ Why is it useful? In India, over 4% of people are suffering from hypertension. It is found to be 45% amongst males and females between the age of 26-45 years. Shirodhara is a great treatment for a compromised nervous system. It helps to relieve symptoms of anxiety, stress, fatigue, psoriasis, and hypertension.
- **What is the need to automate?** The traditional technique requires human intervention throughout making the procedure susceptible to human errors. Further, the consequences of such human failure can be severe.
- How is it Implemented?

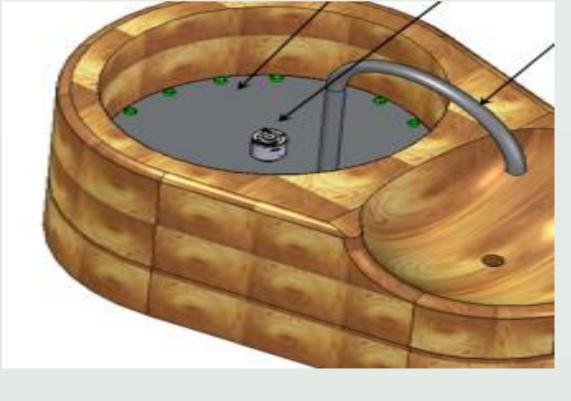
#### **CONCEPT**

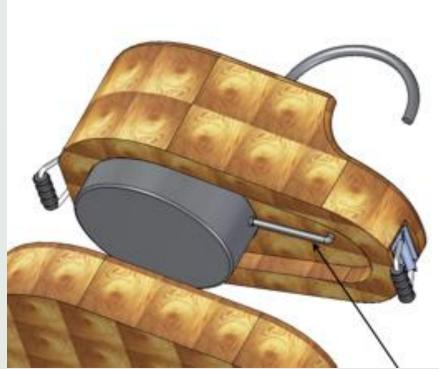


#### **DESIGN**

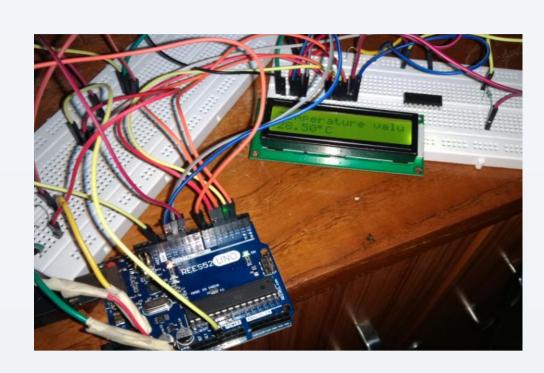
- > Indirect heating technique
- Continuous oil discharge
- Oil recycling system

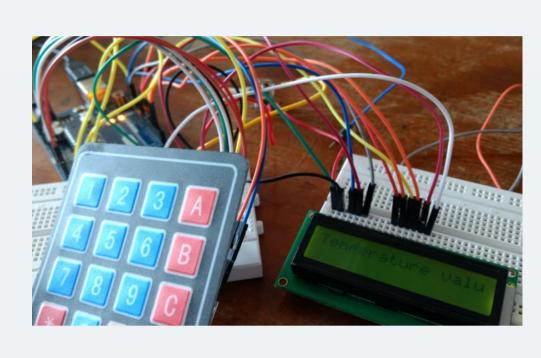


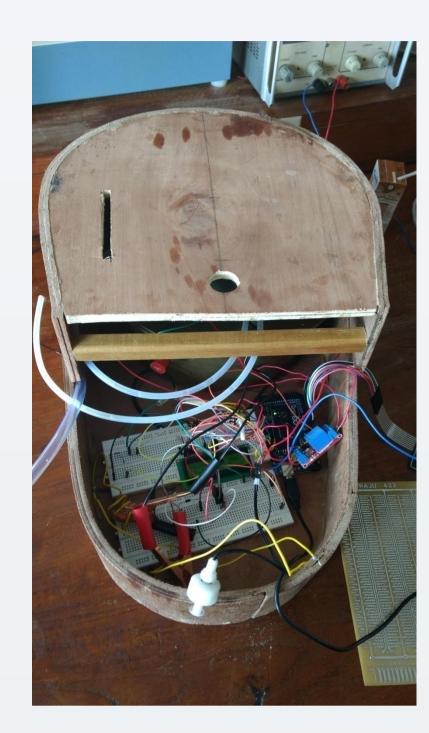




#### **RESULTS**



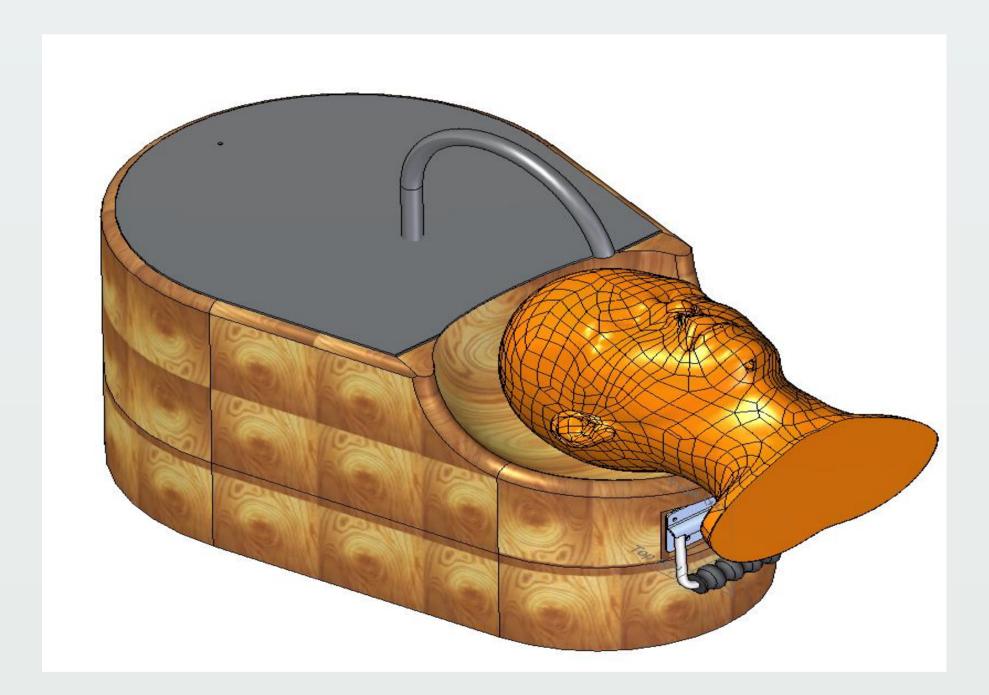




## **BENEFITS**

- > Easy to use
- Portable
- No Wastage
- Aids the AyurvedicClinicians/Doctors
- Cost effective

# EXPECTED PROTOTYPE AUTOMATED SHIRODHARA SYSTEM



#### **REFERENCES**

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- 2. Kazuo Uebaba, M.D., Ph.D.,1,2 Feng-HaoXu, M.D.,1,2 Hiroko Ogawa, M.S.,1,2 Takashi Tatsuse, B.C.,3 Bing-Hong Wang, Ph.D.,4 Tatsuya Hisajima, Ph.D." D. Psychoneuroimmunologic Effects of Ayurvedic Oil-Dripping Treatment".NCBI ,vol1,issued during 27-30 November 2008.[2]
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