MARC Session Planning Form

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| Leader Name: Jacob Green | Course: Informal Debrief |
| Date created:12/3/2020 | Date implemented: 12/4/2020 |
| Week in course: 15 | Resources:MARC eval survey (<https://drive.google.com/file/d/1WZo5t1pICvMzOWpMTGC9T6ixwsxgNOik/view?usp=sharing>) |

## Step 1: Meet with coordinators and discuss the following:

Useful resource: **“Identifying the Difficulties with Difficult Ideas”**

1. List the most important concepts and skill introduced in this topic
   1. Concepts
      * Reflection
      * Reflexivity
      * Praxis
   2. Skills
      * Reflecting on your experiences
      * Articulating your triumphs and pitfalls
      * How to move forward with a plan
2. Which concepts and skills can be the most challenging for researchers this week? Why?

The most difficult concept is that of reflection. To start reflection that is meaningful you have to come from an honest place. Once you build that honest space you begin to fill it with the good and the bad experiences. Those experiences can then guide your reflexivity and praxis. It is difficult to transition from reflection to these other two concepts, but I believe starting is the most difficult.

The most difficult skill is articulating your pitfalls. We are very rarely attuned with what weent wrong. We may fear that something has gone wrong but to see all angles and know how our actions or reactions shape an outcome is difficult to pin down.

## Step 2: Plan your session based on who is attending in the lecture and meeting with the instructor

When planning your sessions remember to stay flexible with the actual implementation of your session plan. Trainees may come prepared with their own questions and agenda. Stay open to their requests. Useful handouts; **Bloom’s Taxonomy, Learning Outcome ABC’s, S.M.A.R.T, Strategy Du Jour.**

1. **Session Learning Objectives** Describe what you would like to see your trainees be able to do by the end of your sessions? Use the list of concepts and skills you identified in Step #1.

I would like the trainees to communicate how this semester has impacted them, what changes we need to make, and how they paln to move forward.

1. **Check-in** Allow for a 10-20 minute period where trainees are able to communicate with coordinators and each other about the weeks goals, trials, and tribulations.

Initial check-in will be the same. Once everyone is in the zoom room we will go through updates.

1. Please welcome Meagan Pepper as our new MARC coordinator. Meagan will be giving us an introduction to her and how she got here after our updates.
2. Thank you all for responding to the call for presentations for the SURF conference. It is perfectly fine to use your abstract and poster from ABRCMS. We will be working with those who do not have data but wish to present. Many of the SURF scholars are in the same position as well, so do not feel like you are on your own.
3. We will be meeting 12/18 as a whole group to celebrate the end of the semester. It is an informal get together and is meant to bookend our semester.
4. Winter can be as productive as you want it to be. It is a great time to get started on deliverables and applications as there is a lot of time for thought. Please do not hesistate to contact me or the other coordinators if there is something you need to discuss

Meagan’s Introduction (how ever long you need)

1. **Warm-up** Describe a 10-15 minute opportunity that will help trainees to organize, prioritize, define, identify, label, list, record, or review, ideas.

Part 1: List 5 accomplishments from this semester.

Part 2: What do these accomplishments say about you?

1. **Most of the session time** Describe how you will utilize the meeting activity (50-60 minutes) to help trainees achieve the learning objectives you have developed.

Open floor for pertinant questions

We are going to start with some question from our last end of smemester survey

1. What can the MARC U-STAR Program do to improve its services to fellows in the upcoming year?
2. What do you believe to be the most useful part of the MARC U-STAR Program?
3. What could be done to improve your relationship/research experience?
4. How has this semester influenced you?
5. **Wrap-up** Describe a 10-15 minute closing opportunity that will help trainees summarize their work in today’s session.

What is your take away from this semester?

How do you see yourself now as a scholar, researcher, and person?

## Step 3: Reflect on this week’s session

Once you have hosted the session and completed the reflection share your completed session plan with your coordinators and review all of the activites from that week.

**1. What worked in the session? What was successful?**

**2. What did trainees learn? How do you know?**

**3. What would you change about your session today?**

**4. What specific content areas and study strategies did you recommend that trainees pursue before next week’s sessions?**

**5. What are you considering as good use of next week’s session?**