

```
-- phpMyAdmin SQL Dump
-- version 4.7.5
-- https://www.phpmyadmin.net/
--
-- Hôte : localhost:3306
-- Généré le : mer. 20 juin 2018 à 12:33
-- Version du serveur : 5.6.38
-- Version de PHP : 7.1.12
```

```
SET SQL_MODE = "NO_AUTO_VALUE_ON_ZERO";
SET time_zone = "+00:00";
```

```
--
-- Base de données : `wordpress`
--
```

```
--
-- Structure de la table `wp_commentmeta`
--
```

```
CREATE TABLE `wp_commentmeta` (
  `meta_id` bigint(20) UNSIGNED NOT NULL,
  `comment_id` bigint(20) UNSIGNED NOT NULL DEFAULT '0',
  `meta_key` varchar(255) COLLATE utf8mb4_unicode_520_ci DEFAULT NULL,
  `meta_value` longtext COLLATE utf8mb4_unicode_520_ci
) ENGINE=InnoDB DEFAULT CHARSET=utf8mb4 COLLATE=utf8mb4_unicode_520_ci;
```

```
--
-- Structure de la table `wp_comments`
--
```

```
CREATE TABLE `wp_comments` (
  `comment_ID` bigint(20) UNSIGNED NOT NULL,
  `comment_post_ID` bigint(20) UNSIGNED NOT NULL DEFAULT '0',
  `comment_author` tinytext COLLATE utf8mb4_unicode_520_ci NOT NULL,
  `comment_author_email` varchar(100) COLLATE utf8mb4_unicode_520_ci NOT NULL DEFAULT '',
  `comment_author_url` varchar(200) COLLATE utf8mb4_unicode_520_ci NOT NULL DEFAULT '',
  `comment_author_IP` varchar(100) COLLATE utf8mb4_unicode_520_ci NOT NULL DEFAULT '',
  `comment_date` datetime NOT NULL DEFAULT '0000-00-00 00:00:00',
  `comment_date_gmt` datetime NOT NULL DEFAULT '0000-00-00 00:00:00',
  `comment_content` text COLLATE utf8mb4_unicode_520_ci NOT NULL,
  `comment_karma` int(11) NOT NULL DEFAULT '0',
  `comment_approved` varchar(20) COLLATE utf8mb4_unicode_520_ci NOT NULL DEFAULT '1',
  `comment_agent` varchar(255) COLLATE utf8mb4_unicode_520_ci NOT NULL DEFAULT '',
  `comment_type` varchar(20) COLLATE utf8mb4_unicode_520_ci NOT NULL DEFAULT '',
  `comment_parent` bigint(20) UNSIGNED NOT NULL DEFAULT '0',
  `user_id` bigint(20) UNSIGNED NOT NULL DEFAULT '0'
) ENGINE=InnoDB DEFAULT CHARSET=utf8mb4 COLLATE=utf8mb4_unicode_520_ci;
```

```
--
-- Déchargement des données de la table `wp_comments`
--
```

```
INSERT INTO `wp_comments` (`comment_ID`, `comment_post_ID`, `comment_author`,
`comment_author_email`, `comment_author_url`, `comment_author_IP`, `comment_date`,
```

```
`comment_date_gmt`, `comment_content`, `comment_karma`, `comment_approved`,
`comment_agent`, `comment_type`, `comment_parent`, `user_id`) VALUES
(1, 1, 'Un commentateur WordPress', 'wapuu@wordpress.example', 'https://wordpress.org/', '',
'2018-06-11 11:28:15', '2018-06-11 09:28:15', 'Bonjour, ceci est un commentaire.\nPour débiter
avec la modération, la modification et la suppression de commentaires, veuillez visiter l'écran des
Commentaires dans le Tableau de bord.\nLes avatars des personnes qui commentent arrivent
depuis <a href=\"https://gravatar.com\">Gravatar</a>.', 0, 'post-trashed', '', '', 0, 0);
```

--

-- Structure de la table `wp_links`

--

```
CREATE TABLE `wp_links` (
  `link_id` bigint(20) UNSIGNED NOT NULL,
  `link_url` varchar(255) COLLATE utf8mb4_unicode_520_ci NOT NULL DEFAULT '',
  `link_name` varchar(255) COLLATE utf8mb4_unicode_520_ci NOT NULL DEFAULT '',
  `link_image` varchar(255) COLLATE utf8mb4_unicode_520_ci NOT NULL DEFAULT '',
  `link_target` varchar(25) COLLATE utf8mb4_unicode_520_ci NOT NULL DEFAULT '',
  `link_description` varchar(255) COLLATE utf8mb4_unicode_520_ci NOT NULL DEFAULT '',
  `link_visible` varchar(20) COLLATE utf8mb4_unicode_520_ci NOT NULL DEFAULT 'Y',
  `link_owner` bigint(20) UNSIGNED NOT NULL DEFAULT '1',
  `link_rating` int(11) NOT NULL DEFAULT '0',
  `link_updated` datetime NOT NULL DEFAULT '0000-00-00 00:00:00',
  `link_rel` varchar(255) COLLATE utf8mb4_unicode_520_ci NOT NULL DEFAULT '',
  `link_notes` mediumtext COLLATE utf8mb4_unicode_520_ci NOT NULL,
  `link_rss` varchar(255) COLLATE utf8mb4_unicode_520_ci NOT NULL DEFAULT ''
) ENGINE=InnoDB DEFAULT CHARSET=utf8mb4 COLLATE=utf8mb4_unicode_520_ci;
```

--

-- Structure de la table `wp_options`

--

```
CREATE TABLE `wp_options` (
  `option_id` bigint(20) UNSIGNED NOT NULL,
  `option_name` varchar(191) COLLATE utf8mb4_unicode_520_ci NOT NULL DEFAULT '',
  `option_value` longtext COLLATE utf8mb4_unicode_520_ci NOT NULL,
  `autoload` varchar(20) COLLATE utf8mb4_unicode_520_ci NOT NULL DEFAULT 'yes'
) ENGINE=InnoDB DEFAULT CHARSET=utf8mb4 COLLATE=utf8mb4_unicode_520_ci;
```

--

-- Déchargement des données de la table `wp_options`

--

```
INSERT INTO `wp_options` (`option_id`, `option_name`, `option_value`, `autoload`) VALUES
(1, 'siteurl', 'http://localhost/wordpress', 'yes'),
(2, 'home', 'http://localhost/wordpress', 'yes'),
(3, 'blogname', 'Move Nepal', 'yes'),
(4, 'blogdescription', 'Un site utilisant WordPress', 'yes'),
(5, 'users_can_register', '0', 'yes'),
(6, 'admin_email', 'madolphe@ensc.fr', 'yes'),
(7, 'start_of_week', '1', 'yes'),
(8, 'use_balanceTags', '0', 'yes'),
(9, 'use_smilies', '1', 'yes'),
(10, 'require_name_email', '1', 'yes'),
(11, 'comments_notify', '1', 'yes'),
(12, 'posts_per_rss', '10', 'yes'),
```

(13, 'rss_use_excerpt', '0', 'yes'),
(14, 'mailserver_url', 'mail.example.com', 'yes'),
(15, 'mailserver_login', 'login@example.com', 'yes'),
(16, 'mailserver_pass', 'password', 'yes'),
(17, 'mailserver_port', '110', 'yes'),
(18, 'default_category', '1', 'yes'),
(19, 'default_comment_status', 'open', 'yes'),
(20, 'default_ping_status', 'open', 'yes'),
(21, 'default_pingback_flag', '1', 'yes'),
(22, 'posts_per_page', '10', 'yes'),
(23, 'date_format', 'j F Y', 'yes'),
(24, 'time_format', 'G \\h i \\m \\i \\n', 'yes'),
(25, 'links_updated_date_format', 'j F Y G \\h i \\m \\i \\n', 'yes'),
(26, 'comment_moderation', '0', 'yes'),
(27, 'moderation_notify', '1', 'yes'),
(28, 'permalink_structure', '/%year%/%monthnum%/%day%/%postname%', 'yes'),
(29, 'rewrite_rules', 'a:90:{s:11:\"^wp-json/?\$\";s:22:\"index.php?rest_route=^\";s:14:\"^wp-json/(.*)?\";s:33:\"index.php?rest_route=\$matches[1]\";s:21:\"^index.php/wp-json/?\$\";s:22:\"index.php?rest_route=^\";s:24:\"^index.php/wp-json/(.*)?\";s:33:\"index.php?rest_route=\$matches[1]\";s:47:\"category/(.+?)/feed/(feed|rdf|rss|rss2|atom)?\$\";s:52:\"index.php?category_name=\$matches[1]&feed=\$matches[2]\";s:42:\"category/(.+?)/(feed|rdf|rss|rss2|atom)?\$\";s:52:\"index.php?category_name=\$matches[1]&feed=\$matches[2]\";s:23:\"category/(.+?)/embed/?\$\";s:46:\"index.php?category_name=\$matches[1]&embed=true\";s:35:\"category/(.+?)/page/?([0-9]{1,})/?\$\";s:53:\"index.php?category_name=\$matches[1]&paged=\$matches[2]\";s:17:\"category/(.+?)/?\$\";s:35:\"index.php?category_name=\$matches[1]\";s:44:\"tag/([^/]+)/feed/(feed|rdf|rss|rss2|atom)?\$\";s:42:\"index.php?tag=\$matches[1]&feed=\$matches[2]\";s:39:\"tag/([^/]+)/feed/(feed|rdf|rss|rss2|atom)?\$\";s:42:\"index.php?tag=\$matches[1]&feed=\$matches[2]\";s:20:\"tag/([^/]+)/embed/?\$\";s:36:\"index.php?tag=\$matches[1]&embed=true\";s:32:\"tag/([^/]+)/page/?([0-9]{1,})/?\$\";s:43:\"index.php?tag=\$matches[1]&paged=\$matches[2]\";s:14:\"tag/([^/]+)/?\$\";s:25:\"index.php?tag=\$matches[1]\";s:45:\"type/([^/]+)/feed/(feed|rdf|rss|rss2|atom)?\$\";s:50:\"index.php?post_format=\$matches[1]&feed=\$matches[2]\";s:40:\"type/([^/]+)/feed/(feed|rdf|rss|rss2|atom)?\$\";s:50:\"index.php?post_format=\$matches[1]&feed=\$matches[2]\";s:21:\"type/([^/]+)/embed/?\$\";s:44:\"index.php?post_format=\$matches[1]&embed=true\";s:33:\"type/([^/]+)/page/?([0-9]{1,})/?\$\";s:51:\"index.php?post_format=\$matches[1]&paged=\$matches[2]\";s:15:\"type/([^/]+)/?\$\";s:33:\"index.php?post_format=\$matches[1]\";s:48:\".wp-(atom|rdf|rss|rss2|feed|commentsrss2)\\.php\$\";s:18:\"index.php?feed=old\";s:20:\".wp-app\\.php/(.*)?\";s:19:\"index.php?error=403\";s:18:\".wp-register.php\$\";s:23:\"index.php?register=true\";s:32:\"feed/(feed|rdf|rss|rss2|atom)?\$\";s:27:\"index.php?&feed=\$matches[1]\";s:27:\"(feed|rdf|rss|rss2|atom)?\$\";s:27:\"index.php?&feed=\$matches[1]\";s:8:\"embed/?\$\";s:21:\"index.php?&embed=true\";s:20:\"page/?([0-9]{1,})/?\$\";s:28:\"index.php?&paged=\$matches[1]\";s:27:\"comment-page-([0-9]{1,})/?\$\";s:40:\"index.php?&page_id=105&cpage=\$matches[1]\";s:41:\"comments/feed/(feed|rdf|rss|rss2|atom)?\$\";s:42:\"index.php?&feed=\$matches[1]&withcomments=1\";s:36:\"comments/(feed|rdf|rss|rss2|atom)?\$\";s:42:\"index.php?&feed=\$matches[1]&withcomments=1\";s:17:\"comments/embed/?\$\";s:21:\"index.php?&embed=true\";s:44:\"search/(.+)/feed/(feed|rdf|rss|rss2|atom)?\$\";s:40:\"index.php?s=\$matches[1]&feed=\$matches[2]\";s:39:\"search/(.+)/(feed|rdf|rss|rss2|atom)?\$\";s:40:\"index.php?s=\$matches[1]&feed=\$matches[2]\";s:20:\"search/(.+)/embed/?\$\";s:34:\"index.php?s=\$matches[1]&embed=true\";s:32:\"search/(.+)/page/?([0-9]{1,})/?\$\";s:41:\"index.php?s=\$matches[1]&paged=\$matches[2]\";s:14:\"search/(.+)?\$\";s:23:\"index.php?s=\$matches[1]\";s:47:\"author/([^/]+)/feed/(feed|rdf|rss|rss2|atom)?\$\";s:50:\"index.php?author_name=\$matches[1]&feed=\$matches[2]\";s:42:\"author/([^/]+)/feed/(feed|rdf|rss|rss2|atom)?\$\";s:50:\"index.php?author_name=\$matches[1]&feed=\$matches[2]\";s:23:\"author/([^/]+)/embed/?\$\";s:44:\"index.php?author_name=\$matches[1]&embed=true\";s:35:\"author/([^/]+)/page/?([0-9]{1,})/?\$\";s:51:\"index.php?author_name=\$matches[1]&paged=\$matches[2]\";s:17:\"author/([^/]+)/?\$\";s:33:\"index.php?author_name=\$matches[1]\";s:69:\"([0-9]{4})/([0-9]{1,2})/([0-9]{1,2})/feed/(feed|rdf|rss|rss2|atom)?\$\";s:80:\"index.php?year=\$matches[1]&monthnum=\$matches[2]&day=\$matches[3]&feed=\$matches[4]\";s:64:\"([0-9]{4})/([0-9]{1,2})/([0-9]{1,2})/feed/(feed|rdf|rss|rss2|atom)?\$\";s:80:\"index.php?year=\$matches[1]&monthnum=\$matches[2]&day=\$matches[3]&feed=\$matches[4]\";s:45:\"([0-9]{4})/([0-9]{1,2})/([0-9]{1,2})/embed/?\$\";s:74:\"index.php?

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([0-9]{1,2})/([0-9]{1,2})/page/?([0-9]{1,})/?\$\";s:81:\"index.php?
year=\$matches[1]&monthnum=\$matches[2]&day=\$matches[3]&paged=\$matches[4]\";s:39:\"([0-9]
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(feed|rdf|rss|rss2|atom)/?\$\";s:64:\"index.php?
year=\$matches[1]&monthnum=\$matches[2]&feed=\$matches[3]\";s:51:\"([0-9]{4})/([0-9]{1,2})/(feed|
rdf|rss|rss2|atom)/?\$\";s:64:\"index.php?
year=\$matches[1]&monthnum=\$matches[2]&feed=\$matches[3]\";s:32:\"([0-9]{4})/([0-9]{1,2})/
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44:\"([0-9]{4})/([0-9]{1,2})/page/?([0-9]{1,})/?\$\";s:65:\"index.php?
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\";s:47:\"index.php?year=\$matches[1]&monthnum=\$matches[2]\";s:43:\"([0-9]{4})/feed/(feed|rdf|
rss|rss2|atom)/?\$\";s:43:\"index.php?year=\$matches[1]&feed=\$matches[2]\";s:38:\"([0-9]{4})/feed|
rdf|rss|rss2|atom)/?\$\";s:43:\"index.php?year=\$matches[1]&feed=\$matches[2]\";s:19:\"([0-9]{4})/
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\";s:32:\"index.php?attachment=\$matches[1]\";s:68:\"[0-9]{4}/[0-9]{1,2}/[0-9]{1,2}/[^+]/
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53:\"([0-9]{4})/([0-9]{1,2})/([0-9]{1,2})/[^+]/embed/?\$\";s:91:\"index.php?
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77:\"([0-9]{4})/([0-9]{1,2})/([0-9]{1,2})/[^+]/feed/(feed|rdf|rss|rss2|atom)/?\$\";s:97:\"index.php?
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year=\$matches[1]&monthnum=\$matches[2]&day=\$matches[3]&name=\$matches[4]&paged=\$mat
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98:\"index.php?
year=\$matches[1]&monthnum=\$matches[2]&day=\$matches[3]&name=\$matches[4]&cpage=\$matc
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year=\$matches[1]&monthnum=\$matches[2]&cpage=\$matches[3]\";s:38:\"([0-9]{4})/comment-
page-([0-9]{1,})/?\$\";s:44:\"index.php?year=\$matches[1]&cpage=\$matches[2]\";s:27:\".?+/?/
attachment/([^+])/?\$\";s:32:\"index.php?attachment=\$matches[1]\";s:37:\".?+/?/attachment/([^+]
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41:\"index.php?pagename=\$matches[1]&embed=true\";s:20:\"(.?+?)/trackback/?\$\";s:
35:\"index.php?pagename=\$matches[1]&tb=1\";s:40:\"(.?+?)/feed/(feed|rdf|rss|rss2|atom)/?\$\";s:
47:\"index.php?pagename=\$matches[1]&feed=\$matches[2]\";s:35:\"(.?+?)/(feed|rdf|rss|rss2|
atom)/?\$\";s:47:\"index.php?pagename=\$matches[1]&feed=\$matches[2]\";s:28:\"(.?+?)/page/?
([0-9]{1,})/?\$\";s:48:\"index.php?pagename=\$matches[1]&paged=\$matches[2]\";s:35:\"(.?+?)/
comment-page-([0-9]{1,})/?\$\";s:48:\"index.php?pagename=\$matches[1]&cpage=\$matches[2]\";s:
24:\"(.?+?)(?:/([0-9]{1,})/?\$\";s:47:\"index.php?pagename=\$matches[1]&page=\$matches[2]\";}',
'yes'),
(30, 'hack_file', '0', 'yes'),
(31, 'blog_charset', 'UTF-8', 'yes'),
(32, 'moderation_keys', '', 'no'),
(33, 'active_plugins', 'a:1:{i:0;s:34:\"video-background/candide-vidbg.php\";}', 'yes'),
(34, 'category_base', '', 'yes'),
(35, 'ping_sites', 'http://rpc.pingomatic.com/', 'yes'),
(36, 'comment_max_links', '2', 'yes'),
(37, 'gmt_offset', '0', 'yes'),
(38, 'default_email_category', '1', 'yes'),
(39, 'recently_edited', 'a:4:{i:0;s:69:\"/Applications/MAMP/htdocs/wordpress/wp-content/themes/
Test/footer.php\";i:1;s:68:\"/Applications/MAMP/htdocs/wordpress/wp-content/themes/Test/
style.css\";i:2;s:74:\"/Applications/MAMP/htdocs/wordpress/wp-content/plugins/akismet/
akismet.php\";i:3;s:0:\"\";}', 'no'),
(40, 'template', 'MoveNepal', 'yes'),
(41, 'stylesheet', 'MoveNepal', 'yes'),
(42, 'comment_whitelist', '1', 'yes'),
(43, 'blacklist_keys', '', 'no'),
(44, 'comment_registration', '0', 'yes'),
(45, 'html_type', 'text/html', 'yes'),
(46, 'use_trackback', '0', 'yes'),
(47, 'default_role', 'subscriber', 'yes'),
(48, 'db_version', '38590', 'yes'),
(49, 'uploads_use_yearmonth_folders', '1', 'yes'),
(50, 'upload_path', '', 'yes'),
(51, 'blog_public', '1', 'yes'),
(52, 'default_link_category', '2', 'yes'),
(53, 'show_on_front', 'page', 'yes'),
(54, 'tag_base', '', 'yes'),
(55, 'show_avatars', '1', 'yes'),
(56, 'avatar_rating', 'G', 'yes'),
(57, 'upload_url_path', '', 'yes'),
(58, 'thumbnail_size_w', '150', 'yes'),
(59, 'thumbnail_size_h', '150', 'yes'),
(60, 'thumbnail_crop', '1', 'yes'),
(61, 'medium_size_w', '300', 'yes'),
(62, 'medium_size_h', '300', 'yes'),
(63, 'avatar_default', 'mystery', 'yes'),
(64, 'large_size_w', '1024', 'yes'),
(65, 'large_size_h', '1024', 'yes'),
(66, 'image_default_link_type', 'none', 'yes'),
(67, 'image_default_size', '', 'yes'),
(68, 'image_default_align', '', 'yes'),
(69, 'close_comments_for_old_posts', '0', 'yes'),
(70, 'close_comments_days_old', '14', 'yes'),
(71, 'thread_comments', '1', 'yes'),
(72, 'thread_comments_depth', '5', 'yes'),
(73, 'page_comments', '0', 'yes'),
(74, 'comments_per_page', '50', 'yes'),

(75, 'default_comments_page', 'newest', 'yes'),
(76, 'comment_order', 'asc', 'yes'),
(77, 'sticky_posts', 'a:0:{}', 'yes'),
(78, 'widget_categories', 'a:2:{i:2;a:4:{s:5:"title";s:0:"";s:5:"count";i:0;s:12:"hierarchical";i:0;s:8:"dropdown";i:0;s:12:"_multiwidget";i:1;}', 'yes'),
(79, 'widget_text', 'a:2:{i:1;a:0:{}s:12:"_multiwidget";i:1;}', 'yes'),
(80, 'widget_rss', 'a:2:{i:1;a:0:{}s:12:"_multiwidget";i:1;}', 'yes'),
(81, 'uninstall_plugins', 'a:0:{}', 'no'),
(82, 'timezone_string', 'Europe/Paris', 'yes'),
(83, 'page_for_posts', '45', 'yes'),
(84, 'page_on_front', '105', 'yes'),
(85, 'default_post_format', '0', 'yes'),
(86, 'link_manager_enabled', '0', 'yes'),
(87, 'finished_splitting_shared_terms', '1', 'yes'),
(88, 'site_icon', '0', 'yes'),
(89, 'medium_large_size_w', '768', 'yes'),
(90, 'medium_large_size_h', '0', 'yes'),
(91, 'wp_page_for_privacy_policy', '3', 'yes'),
(92, 'initial_db_version', '38590', 'yes'),
(93, 'wp_user_roles', 'a:5:{s:13:"administrator";a:2:{s:4:"name";s:13:"Administrator";s:12:"capabilities";a:61:{s:13:"switch_themes";b:1;s:11:"edit_themes";b:1;s:16:"activate_plugins";b:1;s:12:"edit_plugins";b:1;s:10:"edit_users";b:1;s:10:"edit_files";b:1;s:14:"manage_options";b:1;s:17:"moderate_comments";b:1;s:17:"manage_categories";b:1;s:12:"manage_links";b:1;s:12:"upload_files";b:1;s:6:"import";b:1;s:15:"unfiltered_html";b:1;s:10:"edit_posts";b:1;s:17:"edit_others_posts";b:1;s:20:"edit_published_posts";b:1;s:13:"publish_posts";b:1;s:10:"edit_pages";b:1;s:4:"read";b:1;s:8:"level_10";b:1;s:7:"level_9";b:1;s:7:"level_8";b:1;s:7:"level_7";b:1;s:7:"level_6";b:1;s:7:"level_5";b:1;s:7:"level_4";b:1;s:7:"level_3";b:1;s:7:"level_2";b:1;s:7:"level_1";b:1;s:7:"level_0";b:1;s:17:"edit_others_pages";b:1;s:20:"edit_published_pages";b:1;s:13:"publish_pages";b:1;s:12:"delete_pages";b:1;s:19:"delete_others_pages";b:1;s:22:"delete_published_pages";b:1;s:12:"delete_posts";b:1;s:19:"delete_others_posts";b:1;s:22:"delete_published_posts";b:1;s:20:"delete_private_posts";b:1;s:18:"edit_private_posts";b:1;s:18:"read_private_posts";b:1;s:20:"delete_private_pages";b:1;s:18:"edit_private_pages";b:1;s:18:"read_private_pages";b:1;s:12:"delete_users";b:1;s:12:"create_users";b:1;s:17:"unfiltered_upload";b:1;s:14:"edit_dashboard";b:1;s:14:"update_plugins";b:1;s:14:"delete_plugins";b:1;s:15:"install_plugins";b:1;s:13:"update_themes";b:1;s:14:"install_themes";b:1;s:11:"update_core";b:1;s:10:"list_users";b:1;s:12:"remove_users";b:1;s:13:"promote_users";b:1;s:18:"edit_theme_options";b:1;s:13:"delete_themes";b:1;s:6:"export";b:1;}}s:6:"editor";a:2:{s:4:"name";s:6:"Editor";s:12:"capabilities";a:34:{s:17:"moderate_comments";b:1;s:17:"manage_categories";b:1;s:12:"manage_links";b:1;s:12:"upload_files";b:1;s:15:"unfiltered_html";b:1;s:10:"edit_posts";b:1;s:17:"edit_others_posts";b:1;s:20:"edit_published_posts";b:1;s:13:"publish_posts";b:1;s:10:"edit_pages";b:1;s:4:"read";b:1;s:7:"level_7";b:1;s:7:"level_6";b:1;s:7:"level_5";b:1;s:7:"level_4";b:1;s:7:"level_3";b:1;s:7:"level_2";b:1;s:7:"level_1";b:1;s:7:"level_0";b:1;s:17:"edit_others_pages";b:1;s:20:"edit_published_pages";b:1;s:13:"publish_pages";b:1;s:12:"delete_pages";b:1;s:19:"delete_others_pages";b:1;s:22:"delete_published_pages";b:1;s:12:"delete_posts";b:1;s:19:"delete_others_posts";b:1;s:22:"delete_published_posts";b:1;s:20:"delete_private_posts";b:1;s:18:"edit_private_posts";b:1;s:18:"read_private_posts";b:1;s:20:"delete_private_pages";b:1;s:18:"edit_private_pages";b:1;s:18:"read_private_pages";b:1;}}s:6:"author";a:2:{s:4:"name";s:6:"Author";s:12:"capabilities";a:10:{s:12:"upload_files";b:1;s:10:"edit_posts";b:1;s:20:"edit_published_posts";b:1;s:13:"publish_posts";b:1;s:4:"read";b:1;s:7:"level_2";b:1;s:7:"level_1";b:1;s:7:"level_0";b:1;s:12:"delete_posts";b:1;s:22:"delete_published_posts";b:1;}}s:11:"contributor";a:2:{s:4:"name";s:11:"Contributor";s:12:"capabilities";a:5:{s:10:"edit_posts";b:1;s:4:"read";b:1;s:7:"level_1";b:1;s:7:"level_0";b:1;s:12:"delete_posts";b:1;}}s:10:"subscriber";a:2:{s:4:"name";s:10:"Subscriber";s:12:"capabilities";a:2:{s:4:"read";b:1;s:7:"level_0";b:1;}}}', 'yes'),
(94, 'fresh_site', '0', 'yes'),
(95, 'WPLANG', 'fr_FR', 'yes'),
(96, 'widget_search', 'a:2:{i:2;a:1:{s:5:"title";s:0:"";s:12:"_multiwidget";i:1;}', 'yes'),

(97, 'widget_recent-posts', 'a:2:{i:2;a:2:{s:5:"title";s:0:"";s:6:"number";i:5};s:12:"_multiwidget";i:1;}', 'yes'),
(98, 'widget_recent-comments', 'a:2:{i:2;a:2:{s:5:"title";s:0:"";s:6:"number";i:5};s:12:"_multiwidget";i:1;}', 'yes'),
(99, 'widget_archives', 'a:2:{i:2;a:3:{s:5:"title";s:0:"";s:5:"count";i:0;s:8:"dropdown";i:0};s:12:"_multiwidget";i:1;}', 'yes'),
(100, 'widget_meta', 'a:2:{i:2;a:1:{s:5:"title";s:0:"";s:12:"_multiwidget";i:1;}', 'yes'),
(101, 'sidebars_widgets', 'a:2:{s:19:"wp_inactive_widgets";a:6:{i:0;s:8:"search-2";i:1;s:14:"recent-posts-2";i:2;s:17:"recent-comments-2";i:3;s:10:"archives-2";i:4;s:12:"categories-2";i:5;s:6:"meta-2";s:13:"array_version";i:3;}', 'yes'),
(102, 'widget_pages', 'a:1:{s:12:"_multiwidget";i:1;}', 'yes'),
(103, 'widget_calendar', 'a:1:{s:12:"_multiwidget";i:1;}', 'yes'),
(104, 'widget_media_audio', 'a:1:{s:12:"_multiwidget";i:1;}', 'yes'),
(105, 'widget_media_image', 'a:1:{s:12:"_multiwidget";i:1;}', 'yes'),
(106, 'widget_media_gallery', 'a:1:{s:12:"_multiwidget";i:1;}', 'yes'),
(107, 'widget_media_video', 'a:1:{s:12:"_multiwidget";i:1;}', 'yes'),
(108, 'widget_tag_cloud', 'a:1:{s:12:"_multiwidget";i:1;}', 'yes'),
(109, 'widget_nav_menu', 'a:1:{s:12:"_multiwidget";i:1;}', 'yes'),
(110, 'widget_custom_html', 'a:1:{s:12:"_multiwidget";i:1;}', 'yes'),
(111, 'cron', 'a:5:{i:1529494096;a:1:{s:34:"wp_privacy_delete_old_export_files";a:1:{s:32:"40cd750bba9870f18aada2478b24840a";a:3:{s:8:"schedule";s:6:"hourly";s:4:"args";a:0:{s:8:"interval";i:3600;}}};i:1529530096;a:3:{s:16:"wp_version_check";a:1:{s:32:"40cd750bba9870f18aada2478b24840a";a:3:{s:8:"schedule";s:10:"twicedaily";s:4:"args";a:0:{s:8:"interval";i:43200;}}};s:17:"wp_update_plugins";a:1:{s:32:"40cd750bba9870f18aada2478b24840a";a:3:{s:8:"schedule";s:10:"twicedaily";s:4:"args";a:0:{s:8:"interval";i:43200;}}};s:16:"wp_update_themes";a:1:{s:32:"40cd750bba9870f18aada2478b24840a";a:3:{s:8:"schedule";s:10:"twicedaily";s:4:"args";a:0:{s:8:"interval";i:43200;}}};i:1529573324;a:2:{s:19:"wp_scheduled_delete";a:1:{s:32:"40cd750bba9870f18aada2478b24840a";a:3:{s:8:"schedule";s:5:"daily";s:4:"args";a:0:{s:8:"interval";i:86400;}}};s:25:"delete_expired_transients";a:1:{s:32:"40cd750bba9870f18aada2478b24840a";a:3:{s:8:"schedule";s:5:"daily";s:4:"args";a:0:{s:8:"interval";i:86400;}}};i:1529576871;a:1:{s:30:"wp_scheduled_auto_draft_delete";a:1:{s:32:"40cd750bba9870f18aada2478b24840a";a:3:{s:8:"schedule";s:5:"daily";s:4:"args";a:0:{s:8:"interval";i:86400;}}};s:7:"version";i:2;}', 'yes'),
(112, 'theme_mods_twentyseventeen', 'a:3:{s:18:"custom_css_post_id";i:-1;s:16:"sidebars_widgets";a:2:{s:4:"time";i:1528872828;s:4:"data";a:4:{s:19:"wp_inactive_widgets";a:0:{s:9:"sidebar-1";a:6:{i:0;s:8:"search-2";i:1;s:14:"recent-posts-2";i:2;s:17:"recent-comments-2";i:3;s:10:"archives-2";i:4;s:12:"categories-2";i:5;s:6:"meta-2";s:9:"sidebar-2";a:0:{s:9:"sidebar-3";a:0;}}};s:18:"nav_menu_locations";a:0;}}', 'yes'),
(123, '_site_transient_update_core', 'O:8:"stdClass":4:{s:7:"updates";a:1:{i:0;O:8:"stdClass":10:{s:8:"response";s:6:"latest";s:8:"download";s:65:"https://downloads.wordpress.org/release/fr_FR/wordpress-4.9.6.zip";s:6:"locale";s:5:"fr_FR";s:8:"packages";O:8:"stdClass":5:{s:4:"full";s:65:"https://downloads.wordpress.org/release/fr_FR/wordpress-4.9.6.zip";s:10:"no_content";b:0;s:11:"new_bundled";b:0;s:7:"partial";b:0;s:8:"rollback";b:0;s:7:"current";s:5:"4.9.6";s:7:"version";s:5:"4.9.6";s:11:"php_version";s:5:"5.2.4";s:13:"mysql_version";s:3:"5.0";s:11:"new_bundled";s:3:"4.7";s:15:"partial_version";s:0:"";}};s:12:"last_checked";i:1529487834;s:15:"version_checked";s:5:"4.9.6";s:12:"translations";a:0;}}', 'no'),
(124, '_site_transient_update_themes', 'O:8:"stdClass":4:{s:12:"last_checked";i:1529487838;s:7:"checked";a:5:{s:9:"MoveNepal";s:0:"";s:4:"Test";s:3:"0.1";s:13:"twentyfifteen";s:3:"2.0";s:15:"twentyseventeen";s:3:"1.6";s:13:"twentysixteen";s:3:"1.5";s:8:"response";a:0:{s:12:"translations";a:0;}}', 'no'),
(130, 'can_compress_scripts', '1', 'no'),
(142, 'current_theme', '', 'yes'),
(143, 'theme_mods_Test', 'a:4:{i:0;b:0;s:18:"nav_menu_locations";a:2:{s:14:"my-custom-menu";i:2;s:7:"primary";i:2};s:18:"custom_css_post_id";i:-1;s:16:"sidebars_widgets";a:2:{s:4:"time";i:1529380450;s:4:"data";a:2:{s:19:"wp_inactive_widgets";a:0:{s:9:"sidebar-1";a:6:{i:0;s:8:"search-2";i:1;s:14:"recent-posts-2";i:2;s:17:"recent-comments-2";i:3;s:10:"archives-2";i:4;s:12:"categories-2";i:5;s:6:"meta-2";}}}}', 'yes'),

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[a=kVgok7MJrJM:wfMH9NuDwps:V_sGLiPBpWU](http://feeds.feedburner.com/~ff/WordpressFrancophone?i=kVgok7MJrJM:wfMH9NuDwps:V_sGLiPBpWU)

[a=kVgok7MJrJM:wfMH9NuDwps:qj6IDK7rITs](http://feeds.feedburner.com/~ff/WordpressFrancophone?d=yll2AUoC8zA)

[a=kVgok7MJrJM:wfMH9NuDwps:glN9vFwOqvQ](http://feeds.feedburner.com/~ff/WordpressFrancophone?i=kVgok7MJrJM:wfMH9NuDwps:glN9vFwOqvQ)


























[a=KBb85wMEo0g:NZq1YCx1Y5E:V_sGLiPBpWU](http://feeds.feedburner.com/~ff/WordpressFrancophone?i=KBb85wMEo0g:NZq1YCx1Y5E:V_sGLiPBpWU)

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WordpressFrancophone?i=PgJgl5KXQwk:7QgDYesvNPg:V_sGLiPBpWU\" border=\"0\"> </div>";s:7:"attrs";a:0:{s:8:"xml_base";s:0:"";s:17:"xml_base_explicit";b:0;s:8:"xml_lang";s:0:"";}}s:32:"http://purl.org/dc/elements/1.1/";a:1:{s:7:"creator";a:1:{i:0;a:5:{s:4:"data";s:9:"Jb Audras";s:7:"attrs";a:0:{s:8:"xml_base";s:0:"";s:17:"xml_base_explicit";b:0;s:8:"xml_lang";s:0:"";}}s:36:"http://wellformedweb.org/CommentAPI/";a:1:{s:10:"commentRss";a:1:{i:0;a:5:{s:4:"data";s:77:"https://wpfr.net/le-30-septembre-cest-le-wordpress-translation-day-2017/feed/";s:7:"attrs";a:0:{s:8:"xml_base";s:0:"";s:17:"xml_base_explicit";b:0;s:8:"xml_lang";s:0:"";}}s:38:"http://purl.org/rss/1.0/modules/slash/";a:1:{s:8:"comments";a:1:{i:0;a:5:{s:4:"data";s:1:"3";s:7:"attrs";a:0:{s:8:"xml_base";s:0:"";s:17:"xml_base_explicit";b:0;s:8:"xml_lang";s:0:"";}}s:42:"http://rsshnamespace.org/feedburner/ext/1.0/";a:1:{s:8:"origLink";a:1:{i:0;a:5:{s:4:"data";s:72:"https://wpfr.net/le-30-septembre-cest-le-wordpress-translation-day-2017/";s:7:"attrs";a:0:{s:8:"xml_base";s:0:"";s:17:"xml_base_explicit";b:0;s:8:"xml_lang";s:0:"";}}}}s:44:"http://purl.org/rss/1.0/modules/syndication/";a:2:{s:12:"updatePeriod";a:1:{i:0;a:5:{s:4:"data";s:6:"hourly";s:7:"attrs";a:0:{s:8:"xml_base";s:0:"";s:17:"xml_base_explicit";b:0;s:8:"xml_lang";s:0:"";}}s:15:"updateFrequency";a:1:{i:0;a:5:{s:4:"data";s:1:"1";s:7:"attrs";a:0:{s:8:"xml_base";s:0:"";s:17:"xml_base_explicit";b:0;s:8:"xml_lang";s:0:"";}}s:27:"http://www.w3.org/2005/Atom/";a:1:{s:4:"link";a:2:{i:0;a:5:{s:4:"data";s:0:"";s:7:"attrs";a:1:{s:0:"";a:3:{s:3:"rel";s:4:"self";s:4:"type";s:19:"application/rss+xml";s:4:"href";s:48:"http://feeds.feedburner.com/WordpressFrancophone";}}s:8:"xml_base";s:0:"";s:17:"xml_base_explicit";b:0;s:8:"xml_lang";s:0:"";}}i:1;a:5:{s:4:"data";s:0:"";s:7:"attrs";a:1:{s:0:"";a:2:{s:3:"rel";s:3:"hub";s:4:"href";s:32:"http://pubsubhubbub.appspot.com/";}}s:8:"xml_base";s:0:"";s:17:"xml_base_explicit";b:0;s:8:"xml_lang";s:0:"";}}s:42:"http://rsshnamespace.org/feedburner/ext/1.0/";a:4:{s:4:"info";a:1:{i:0;a:5:{s:4:"data";s:0:"";s:7:"attrs";a:1:{s:0:"";a:1:{s:3:"uri";s:20:"wordpressfrancophone";}}s:8:"xml_base";s:0:"";s:17:"xml_base_explicit";b:0;s:8:"xml_lang";s:0:"";}}s:14:"emailServiceId";a:1:{i:0;a:5:{s:4:"data";s:20:"WordpressFrancophone";s:7:"attrs";a:0:{s:8:"xml_base";s:0:"";s:17:"xml_base_explicit";b:0;s:8:"xml_lang";s:0:"";}}s:18:"feedburnerHostname";a:1:{i:0;a:5:{s:4:"data";s:29:"https://feedburner.google.com";s:7:"attrs";a:0:{s:8:"xml_base";s:0:"";s:17:"xml_base_explicit";b:0;s:8:"xml_lang";s:0:"";}}s:9:"feedFlare";a:9:{i:0;a:5:{s:4:"data";s:24:"Subscribe with NewsGator";s:7:"attrs";a:1:{s:0:"";a:2:{s:4:"href";s:112:"http://www.newsgator.com/ngs/subscriber/subext.aspx?url=http%3A%2F%2Ffeeds.feedburner.com%2FWordpressFrancophone";s:3:"src";s:42:"http://www.newsgator.com/images/ngsub1.gif";}}s:8:"xml_base";s:0:"";s:17:"xml_base_explicit";b:0;s:8:"xml_lang";s:0:"";}}i:1;a:5:{s:4:"data";s:24:"Subscribe with Bloglines";s:7:"attrs";a:1:{s:0:"";a:2:{s:4:"href";s:77:"http://www.bloglines.com/sub/http://feeds.feedburner.com/WordpressFrancophone";s:3:"src";s:48:"http://www.bloglines.com/images/sub_modern11.gif";}}s:8:"xml_base";s:0:"";s:17:"xml_base_explicit";b:0;s:8:"xml_lang";s:0:"";}}i:2;a:5:{s:4:"data";s:23:"Subscribe with Netvibes";s:7:"attrs";a:1:{s:0:"";a:2:{s:4:"href";s:98:"http://www.netvibes.com/subscribe.php?url=http%3A%2F%2Ffeeds.feedburner.com%2FWordpressFrancophone";s:3:"src";s:39:"http://www.netvibes.com/img/add2netvibes.gif";}}s:8:"xml_base";s:0:"";s:17:"xml_base_explicit";b:0;s:8:"xml_lang";s:0:"";}}i:3;a:5:{s:4:"data";s:21:"Subscribe with Google";s:7:"attrs";a:1:{s:0:"";a:2:{s:4:"href";s:93:"http://fusion.google.com/add?feedurl=http%3A%2F%2Ffeeds.feedburner.com%2FWordpressFrancophone";s:3:"src";s:51:"http://buttons.googleadsyndication.com/fusion/add.gif";}}s:8:"xml_base";s:0:"";s:17:"xml_base_explicit";b:0;s:8:"xml_lang";s:0:"";}}i:4;a:5:{s:4:"data";s:25:"Subscribe with Pageflakes";s:7:"attrs";a:1:{s:0:"";a:2:{s:4:"href";s:101:"http://www.pageflakes.com/subscribe.aspx?url=http%3A%2F%2Ffeeds.feedburner.com%2FWordpressFrancophone";s:3:"src";s:87:"http://www.pageflakes.com/ImageFile.ashx?instanceId=Static_4&fileName=ATP_blu_91x17.gif";}}s:8:"xml_base";s:0:"";s:17:"xml_base_explicit";b:0;s:8:"xml_lang";s:0:"";}}i:5;a:5:{s:4:"data";s:21:"Subscribe with

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du-domain-mapping-avec-wordpress-multisite^";s:7:"attrs";a:1:{s:0:"";a:1:{s:11:"isPermalink";s:5:"false";}}s:8:"xml_base";s:0:"";s:17:"xml_base_explicit";b:0;s:8:"xml_lang";s:0:"";}}s:7:"pubDate";a:1:{i:0;a:5:{s:4:"data";s:31:"Fri, 15 Jun 2018 17:20:48 +0000";s:7:"attrs";a:0:{s:8:"xml_base";s:0:"";s:17:"xml_base_explicit";b:0;s:8:"xml_lang";s:0:"";}}s:11:"description";a:1:{i:0;a:5:{s:4:"data";s:708:"\n Dans l'épisode précédent, je vous présentais simplement (du moins je l'espère) comment mettre en place un multisite sous WordPress. nous avons vu que nous pouvions donc créer sur la base d'une seule installation WordPress autant de site que nous voulions. Les sites créés avaient alors 2 syntaxes possibles: en sous-domaine ex: site1.example.com en sous-dossier ex: example.com/site1 Avouez que c'est un bon début mais que si en plus on pouvait avoir une URL personnalisée; alors ce serait parfait! Quand je parle d'URL personnalisée, je veux dire une adresse de site comme thivinfo.com pour le 1er site et tartempion.com pour le second....\n";s:7:"attrs";a:0:{s:8:"xml_base";s:0:"";s:17:"xml_base_explicit";b:0;s:8:"xml_lang";s:0:"";}}s:32:"http://purl.org/dc/elements/1.1/";a:1:{s:7:"creator";a:1:{i:0;a:5:{s:4:"data";s:0:"";s:7:"attrs";a:0:{s:8:"xml_base";s:0:"";s:17:"xml_base_explicit";b:0;s:8:"xml_lang";s:0:"";}}s:40:"http://purl.org/rss/1.0/modules/content/";a:1:{s:7:"encoded";a:1:{i:0;a:5:{s:4:"data";s:778:"Dans l'épisode précédent, je vous présentais simplement (du moins je l'espère) comment mettre en place un multisite sous WordPress. nous avons vu que nous pouvions donc créer sur la base d'une seule installation WordPress autant de site que nous voulions. Les sites créés avaient alors 2 syntaxes possibles: en sous-domaine ex: site1.example.com en sous-dossier ex: example.com/site1 Avouez que c'est un bon début mais que si en plus on pouvait avoir une URL personnalisée; alors ce serait parfait! Quand je parle d'URL personnalisée, je veux dire une adresse de site comme thivinfo.com pour le 1er site et tartempion.com pour le second....";s:7:"attrs";a:0:{s:8:"xml_base";s:0:"";s:17:"xml_base_explicit";b:0;s:8:"xml_lang";s:0:"";}}s:42:"http://rssnamespace.org/feedburner/ext/1.0/";a:1:{s:8:"origLink";a:1:{i:0;a:5:{s:4:"data";s:89:"https://www.thivinfo.com/blog/tutoriels/faire-du-domain-mapping-avec-wordpress-multisite^";s:7:"attrs";a:0:{s:8:"xml_base";s:0:"";s:17:"xml_base_explicit";b:0;s:8:"xml_lang";s:0:"";}}}}i:1;a:6:{s:4:"data";s:84:"\n\n\n\n\n\n\n\n";s:7:"attrs";a:0:{s:8:"xml_base";s:0:"";s:17:"xml_base_explicit";b:0;s:8:"xml_lang";s:0:"";s:5:"child";a:4:{s:0:"";a:5:{s:5:"title";a:1:{i:0;a:5:{s:4:"data";s:77:"Quel thème WordPress portfolio choisir pour présenter vos projets en 2018 ?";s:7:"attrs";a:0:{s:8:"xml_base";s:0:"";s:17:"xml_base_explicit";b:0;s:8:"xml_lang";s:0:"";}}s:4:"link";a:1:{i:0;a:5:{s:4:"data";s:51:"http://feedproxy.google.com/~r/wpfr/~3/cZ1rRwsP0pY/";s:7:"attrs";a:0:{s:8:"xml_base";s:0:"";s:17:"xml_base_explicit";b:0;s:8:"xml_lang";s:0:"";}}s:4:"guid";a:1:{i:0;a:5:{s:4:"data";s:129:"https://wpmarmite.com/theme-wordpress-portfolio/?utm_source=rss&utm_medium=rss&utm_campaign=theme-wordpress-portfolio";s:7:"attrs";a:1:{s:0:"";a:1:{s:11:"isPermalink";s:5:"false";}}s:8:"xml_base";s:0:"";s:17:"xml_base_explicit";b:0;s:8:"xml_lang";s:0:"";}}s:7:"pubDate";a:1:{i:0;a:5:{s:4:"data";s:31:"Wed, 13 Jun 2018 06:00:08 +0000";s:7:"attrs";a:0:{s:8:"xml_base";s:0:"";s:17:"xml_base_explicit";b:0;s:8:"xml_lang";s:0:"";}}s:11:"description";a:1:{i:0;a:5:{s:4:"data";s:349:"\n\nQui n'aime pas partager le fruit de son travail ? C'est vrai, après tout. Vous avez passé des dizaines d'heures à étudier, élaborer, transformer, retoucher et signer tous ces projets....L'article Quel thème WordPress portfolio choisir pour présenter vos projets en 2018 ? est apparu en premier sur WP Marmite.\n";s:7:"attrs";a:0:{s:8:"xml_base";s:0:"";s:17:"xml_base_explicit";b:0;s:8:"xml_lang";s:0:"";}}s:32:"http://purl.org/dc/elements/1.1/";a:1:{s:7:"creator";a:1:{i:0;a:5:{s:4:"data";s:10:"WP Marmite";s:7:"attrs";a:0:{s:8:"xml_base";s:0:"";s:17:"xml_base_explicit";b:0;s:8:"xml_lang";s:0:"";}}s:40:"http://purl.org/rss/1.0/modules/content/";a:1:{s:7:"encoded";a:1:{i:0;a:5:{s:4:"data";s:732:"<p></p>\n<p>Qui n'aime pas partager le fruit de son travail ? C'est vrai, après tout. Vous avez passé des dizaines d'heures à étudier, élaborer, transformer, retoucher et signer tous ces projets....</p>\n<p>L'article Quel thème WordPress portfolio choisir pour présenter vos projets en 2018 ? est apparu en premier sur WP Marmite.</p>";s:7:"attrs";a:0:{s:8:"xml_base";s:0:"";s:17:"xml_base_explicit";b:0;s:

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0:\\";a:5:{s:5:\"title\";a:1:{i:0;a:5:{s:4:\"data\";s:37:\"Gérer les crons WordPress en crontab\";s:7:\"attribs\";a:0:{}s:8:\"xml_base\";s:0:\"\";s:17:\"xml_base_explicit\";b:0;s:8:\"xml_lang\";s:0:\"\";}}s:4:\"link\";a:1:{i:0;a:5:{s:4:\"data\";s:74:\"http://feedproxy.google.com/~r/wpfr/~3/k83URjBLm6w/crons-wordpress-crontab\";s:7:\"attribs\";a:0:{}s:8:\"xml_base\";s:0:\"\";s:17:\"xml_base_explicit\";b:0;s:8:\"xml_lang\";s:0:\"\";}}s:4:\"guid\";a:1:{i:0;a:5:{s:4:\"data\";s:45:\"https://blog.beapi.fr/crons-wordpress-crontab\";s:7:\"attribs\";a:1:{s:0:\"\";a:1:{s:11:\"isPermaLink\";s:5:\"false\";}}s:8:\"xml_base\";s:0:\"\";s:17:\"xml_base_explicit\";b:0;s:8:\"xml_lang\";s:0:\"\";}}s:7:\"pubDate\";a:1:{i:0;a:5:{s:4:\"data\";s:31:\"Tue, 05 Jun 2018 15:23:00 +0000\";s:7:\"attribs\";a:0:{}s:8:\"xml_base\";s:0:\"\";s:17:\"xml_base_explicit\";b:0;s:8:\"xml_lang\";s:0:\"\";}}s:11:\"description\";a:1:{i:0;a:5:{s:4:\"data\";s:363:\"\\n Le cron (serveur) est le gestionnaire des tâches devant être exécutées à un moment précis et chaque utilisateur les indique dans un fichier crontab. Mais savez-vous pourquoi il est bénéfique de le faire ? Et comment ? On vous explique tout.\\nCet article Gérer les crons WordPress en crontab est apparu en premier sur Be API Tech blog. \\\";s:7:\"attribs\";a:0:{}s:8:\"xml_base\";s:0:\"\";s:17:\"xml_base_explicit\";b:0;s:8:\"xml_lang\";s:0:\"\";}}s:32:\"http://purl.org/dc/elements/1.1/\";a:1:{s:7:\"creator\";a:1:{i:0;a:5:{s:4:\"data\";s:0:\"\";s:7:\"attribs\";a:0:{}s:8:\"xml_base\";s:0:\"\";s:17:\"xml_base_explicit\";b:0;s:8:\"xml_lang\";s:0:\"\";}}s:40:\"http://purl.org/rss/1.0/modules/content/\";a:1:{s:7:\"encoded\";a:1:{i:0;a:5:{s:4:\"data\";s:6880:\"<p>Le cron (serveur) est le gestionnaire des tâches devant être exécutées à un moment précis et chaque utilisateur les indique dans un fichier crontab. Mais savez-vous pourquoi il est bénéfique de le faire ? Et comment ? On vous explique tout.</p><p></p><h2>Pourquoi le crontab ?</h2><p>Ce qu'il faut avant tout savoir c'est que sur WordPress, nativement, les crons se lancent à un interval de 15 minutes. En réalité, je devrais même plutôt dire qu'ils sont censés se lancer toutes les 15 min.</p><p>Cette nuance porte tout son sens lorsque l'on connaît le mécanisme exacte des crons de WordPress. En effet ces derniers ne se lancent que lorsque quelqu'un visite le site en front, c-à-d que si votre site n'a aucun trafic, les crons ne se lanceront pas.</p><p>En théorie cela n'arrive pas, mais dans la pratique lorsqu'on a besoin de réaliser une/des tâche(s) bien particulière(s) durant la nuit, le manque de trafic va impacter le lancement. De même, en pleine journée, les heures creuses pourraient causer le retardement d'une newsletter ou la publication d'un article programmé.</p><p>C'est donc problématique et il faut trouver une alternative : le crontab.</p><p>Le cron (serveur) est le gestionnaire des tâches devant être exécutées à un moment précis et chaque utilisateur les indique dans un fichier crontab. De cette manière les intervalles et récurrences seront parfaitement respectés. On va donc mettre en place un crontab pour systématiquement lancer sur un intervalle de 15 minutes les crons de WordPress.</p><h2>4 étapes pour mettre en place les crons WordPress en Crontab</h2><h3>Prérequis</h3><p>Vous allez avoir besoin d'un accès SSH et de WP-Cli pour/sur votre serveur.</p><h4>SSH</h4><p>Si vous n'avez d'accès SSH, demandez-le ou alors c'est GAME OVER.</p><h4>WP-Cli</h4><p>Pour WP-Cli, téléchargez-le simplement dans sa version phar :</p><div class=\\\"code-embed-wrapper\\\"><pre class=\\\"language-php code-embed-pre\\\"><code class=\\\"language-php code-embed-code\\\">wget https://raw.githubusercontent.com/wp-cli/builds/gh-pages/phar/wp-cli.phar</code></pre><div class=\\\"code-embed-infos\\\"></div></div><p>Puis rendez-le executable :</p><div class=\\\"code-embed-wrapper\\\"><pre class=\\\"language-php code-embed-pre\\\"><code class=\\\"language-php code-embed-code\\\">chmod +x wp-cli.phar</code></pre><div class=\\\"code-embed-infos\\\"></div></div><h3>1. Désactiver les crons de wordPress</h3><p>Il faut s'assurer que les crons de WordPress sont désactivés, puisqu'on va les lancer d'une méthode alternative directement depuis le serveur. On ajoute dans le wp-config la ligne suivante :</p><div class=\\\"code-embed-wrapper\\\"><pre class=\\\"language-php code-embed-pre\\\"><code class=\\\"language-php code-embed-code\\\">define('DISABLE_WP_CRON', true);</code></pre><div class=\\\"code-embed-infos\\\"></div></div><h3>2. Ajouter un crontab</h3><p>Depuis le terminal de votre serveur, éditez les crontab :</p><div class=\\\"code-embed-wrapper\\\"><pre class=\\\"language-bash code-embed-pre\\\"><code class=\\\"language-bash code-embed-code\\\">crontab -e</code></pre><div class=\\\"code-embed-infos\\\"></div></div><h3>3. Ajouter WordPress dans les crontab</h3><p>En se basant sur le tableau des arguments suivant</p><table style=\\\"height: 335px\\\" width=\\\"908\\\"><tbody><tr><th>Var</th><th>Type</th><th>Description</th></tr><tr><td>{path_to_wp}</td><td>string</td><td>path to the WordPress root folder</td></tr><tr><td>{path_to_php}</td></tr></tbody></table>

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ChatBot ou LiveChat, Quésaco ? Ça fait déjà quelques années que des solutions existent mais on peut dire que depuis plusieurs mois, il y a une recrudescence de cette technologie au sein des sites web et notamment des sites WordPress. Vous avez bien vu ces sites où un petit icône, en bas à droite, fait [8230;]L'article ChatBot et LiveChat pour WordPress : est-ce utile ? est apparu en premier sur WPFormation. Tutoriels WordPress, Formation WordPress, Woocommerce, SEO. Abonnez-vous pour ne rien manquer !

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L'article [ChatBot et LiveChat pour WordPress : est-ce utile ?](https://wpformation.com/chatbot-livechat-wordpress/) est apparu en premier sur [WPFormation](https://wpformation.com/). [Tutoriels WordPress](https://wpformation.com/tutoriels-wordpress/), [Formation WordPress](https://wpformation.com/formation-wordpress/), [Woocommerce](https://wpformation.com/formation-woocommerce-e-commerce/), [SEO](https://wpformation.com/formation-wordpress-pro/). [Abonnez-vous](https://wpformation.com/abonnement-newsletter-wpf/) pour ne rien manquer !



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(330, '_transient_dash_v2_bd94b8f41e74bae2f4dc72e9bd8379af', '<div class=\"rss-widget\">Tout savoir sur l'arrivée de Gutenberg en quelques points essentiels</div><div class=\"rss-widget\">Faire du Domain Mapping avec WordPress multisiteQuel thème WordPress portfolio choisir pour présenter vos projets en 2018 ?Les 12 Meilleurs Plugins WordPress pour YouTube</div>', 'no'),
(331, '_site_transient_timeout_popular_importers_9aa6442663cf813edb27ddacb74a542f', '1529642812', 'no'),
(332, '_site_transient_popular_importers_9aa6442663cf813edb27ddacb74a542f', 'a:2:{s:9:\"importers\";a:8:{s:7:\"blogger\";a:4:{s:4:\"name\";s:7:\"Blogger\";s:11:\"description\";s:54:\"Import posts, comments, and users from a Blogger blog.\";s:11:\"plugin-slug\";s:16:\"blogger-importer\";s:11:\"importer-id\";s:7:\"blogger\";}}s:9:\"wpcat2tag\";a:4:{s:4:\"name\";s:29:\"Categories and Tags Converter\";s:11:\"description\";s:71:\"Convert existing categories to tags or tags to categories, selectively.\";s:11:\"plugin-slug\";s:18:\"wpcat2tag-importer\";s:11:\"importer-id\";s:10:\"wp-cat2tag\";}}s:11:\"livejournal\";a:4:{s:4:\"name\";s:11:\"LiveJournal\";s:11:\"description\";s:46:\"Import posts from LiveJournal using their API.\";s:11:\"plugin-slug\";s:20:\"livejournal-importer\";s:11:\"importer-id\";s:11:\"livejournal\";}}s:11:\"movabletype\";a:4:{s:4:\"name\";s:24:\"Movable Type and TypePad\";s:11:\"description\";s:62:\"Import posts and comments from a Movable Type or TypePad blog.\";s:11:\"plugin-slug\";s:20:\"movabletype-importer\";s:11:\"importer-id\";s:2:\"mt\";}}s:4:\"opml\";a:4:{s:4:\"name\";s:8:\"Blogroll\";s:11:\"description\";s:28:\"Import links in OPML format.\";s:11:\"plugin-slug\";s:13:\"opml-importer\";s:11:\"importer-id\";s:4:\"opml\";}}s:3:\"rss\";a:4:{s:4:\"name\";s:3:\"RSS\";s:11:\"description\";s:30:\"Import posts from an RSS feed.\";s:11:\"plugin-slug\";s:12:\"rss-importer\";s:11:\"importer-id\";s:3:\"rss\";}}s:6:\"tumblr\";a:4:{s:4:\"name\";s:6:\"Tumblr\";s:11:\"description\";s:53:\"Import posts & media from Tumblr using their API.\";s:11:\"plugin-slug\";s:15:\"tumblr-importer\";s:11:\"importer-id\";s:6:\"tumblr\";}}s:9:\"wordpress\";a:4:{s:4:\"name\";s:9:\"WordPress\";s:11:\"description\";s:96:\"Import posts, pages, comments, custom fields, categories, and tags from a WordPress export file.\";s:11:\"plugin-slug\";s:18:\"wordpress-importer\";s:11:\"importer-id\";s:9:\"wordpress\";}}s:10:\"translated\";b:0;}', 'no'),
(339, '_transient_timeout_plugin_slugs', '1529557200', 'no'),
(340, '_transient_plugin_slugs', 'a:4:{i:0;s:19:\"akismet/akismet.php\";i:1;s:9:\"hello.php\";i:2;s:27:\"wpmbypplayer/mbYTPlayer.php\";i:3;s:34:\"video-background/candide-vidbg.php\";}', 'no'),
(345, '_site_transient_timeout_theme_roots', '1529489636', 'no'),
(346, '_site_transient_theme_roots', 'a:5:{s:9:\"MoveNepal\";s:7:\"/themes\";s:4:\"Test\";s:7:\"/themes\";s:13:\"twentyfifteen\";s:7:\"/themes\";s:15:\"twentyseventeen\";s:7:\"/themes\";s:13:\"twentysixteen\";s:7:\"/themes\";}', 'no'),
(347, '_site_transient_update_plugins', 'O:8:\"stdClass\";s:5:{s:12:\"last_checked\";i:1529487841;s:7:\"checked\";a:4:{s:19:\"akismet/akismet.php\";s:5:\"4.0.3\";s:9:\"hello.php\";s:3:\"1.7\";s:27:\"wpmbypplayer/mbYTPlayer.php\";s:5:\"3.2.2\";s:34:\"video-background/candide-vidbg.php\";s:5:\"2.7.0\";}}s:8:\"response\";a:1:{s:19:\"akismet/akismet.php\";O:8:\"stdClass\";s:12:{s:2:\"id\";s:21:\"w.org/plugins/akismet\";s:4:\"slug\";s:7:\"akismet\";s:6:\"plugin\";s:19:\"akismet/akismet.php\";s:11:\"new_version\";s:5:\"4.0.8\";s:3:\"url\";s:38:\"https://wordpress.org/plugins/akismet/\";s:7:\"package\";s:56:\"https://downloads.wordpress.org/plugin/akismet.4.0.8.zip\";s:5:\"icons\";a:2:{s:2:\"2x\";s:59:\"https://ps.w.org/akismet/assets/icon-256x256.png?rev=969272\";s:2:\"1x\";s:59:\"https://ps.w.org/akismet/assets/icon-128x128.png?rev=969272\";}}s:7:\"banners\";a:1:{s:2:\"1x\";s:61:\"https://ps.w.org/akismet/assets/banner-772x250.jpg?rev=479904\";}}s:11:\"banners_rtl\";a:0;}}s:6:\"tested\";s:5:\"4.9.6\";s:12:\"requires_php\";b:0;s:

```

13:\compatibility\";O:8:\stdClass\":0:{}}s:12:\translations\";a:0:{s:9:\no_update\";a:3:{s:
9:\hello.php\";O:8:\stdClass\":9:{s:2:\id\";s:25:\w.org/plugins/hello-dolly\";s:4:\slug\";s:
11:\hello-dolly\";s:6:\plugin\";s:9:\hello.php\";s:11:\new_version\";s:3:\1.6\";s:3:\url\";s:
42:\https://wordpress.org/plugins/hello-dolly/\";s:7:\package\";s:58:\https://
downloads.wordpress.org/plugin/hello-dolly.1.6.zip\";s:5:\icons\";a:2:{s:2:\2x\";s:63:\https://
ps.w.org/hello-dolly/assets/icon-256x256.jpg?rev=969907\";s:2:\1x\";s:63:\https://ps.w.org/
hello-dolly/assets/icon-128x128.jpg?rev=969907\";s:7:\banners\";a:1:{s:2:\1x\";s:65:\https://
ps.w.org/hello-dolly/assets/banner-772x250.png?rev=478342\";s:11:\banners_rtl\";a:0:{}}s:
27:\wpmbytpayer/mbYTPlayer.php\";O:8:\stdClass\":9:{s:2:\id\";s:26:\w.org/plugins/
wpmbytpayer\";s:4:\slug\";s:12:\wpmbytpayer\";s:6:\plugin\";s:27:\wpmbytpayer/
mbYTPlayer.php\";s:11:\new_version\";s:5:\3.2.2\";s:3:\url\";s:43:\https://wordpress.org/
plugins/wpmbytpayer/\";s:7:\package\";s:61:\https://downloads.wordpress.org/plugin/
wpmbytpayer.3.2.2.zip\";s:5:\icons\";a:2:{s:2:\1x\";s:57:\https://ps.w.org/wpmbytpayer/assets/
icon.svg?rev=1544312\";s:3:\svg\";s:57:\https://ps.w.org/wpmbytpayer/assets/icon.svg?
rev=1544312\";s:7:\banners\";a:2:{s:2:\2x\";s:68:\https://ps.w.org/wpmbytpayer/assets/
banner-1544x500.jpg?rev=1775485\";s:2:\1x\";s:67:\https://ps.w.org/wpmbytpayer/assets/
banner-772x250.jpg?rev=1775485\";s:11:\banners_rtl\";a:0:{}}s:34:\video-background/candide-
vidbg.php\";O:8:\stdClass\":9:{s:2:\id\";s:30:\w.org/plugins/video-background\";s:4:\slug\";s:
16:\video-background\";s:6:\plugin\";s:34:\video-background/candide-vidbg.php\";s:
11:\new_version\";s:5:\2.7.0\";s:3:\url\";s:47:\https://wordpress.org/plugins/video-
background/\";s:7:\package\";s:65:\https://downloads.wordpress.org/plugin/video-background.
2.7.0.zip\";s:5:\icons\";a:2:{s:2:\2x\";s:69:\https://ps.w.org/video-background/assets/
icon-256x256.jpg?rev=1243965\";s:2:\1x\";s:69:\https://ps.w.org/video-background/assets/
icon-128x128.jpg?rev=1243965\";s:7:\banners\";a:2:{s:2:\2x\";s:72:\https://ps.w.org/video-
background/assets/banner-1544x500.jpg?rev=1250969\";s:2:\1x\";s:71:\https://ps.w.org/video-
background/assets/banner-772x250.jpg?rev=1250969\";s:11:\banners_rtl\";a:0:{}}}, 'no');

```

--

-- Structure de la table `wp_postmeta`

--

```

CREATE TABLE `wp_postmeta` (
  `meta_id` bigint(20) UNSIGNED NOT NULL,
  `post_id` bigint(20) UNSIGNED NOT NULL DEFAULT '0',
  `meta_key` varchar(255) COLLATE utf8mb4_unicode_520_ci DEFAULT NULL,
  `meta_value` longtext COLLATE utf8mb4_unicode_520_ci
) ENGINE=InnoDB DEFAULT CHARSET=utf8mb4 COLLATE=utf8mb4_unicode_520_ci;

```

--

-- Déchargement des données de la table `wp_postmeta`

--

```

INSERT INTO `wp_postmeta` (`meta_id`, `post_id`, `meta_key`, `meta_value`) VALUES
(1, 2, '_wp_page_template', 'default'),
(2, 3, '_wp_page_template', 'default'),
(3, 5, '_edit_last', '1'),
(4, 5, '_edit_lock', '1528712901:1'),
(7, 7, '_edit_last', '1'),
(10, 7, '_edit_lock', '1528712750:1'),
(11, 9, '_edit_last', '1'),
(12, 9, '_edit_lock', '1528795649:1'),
(13, 2, '_edit_lock', '1528814930:1'),
(14, 3, '_edit_lock', '1528942056:1'),
(15, 3, '_wp_trash_meta_status', 'draft'),
(16, 3, '_wp_trash_meta_time', '1528942202'),
(17, 3, '_wp_desired_post_slug', 'politique-de-confidentialite'),
(18, 9, '_wp_trash_meta_status', 'publish'),
(19, 9, '_wp_trash_meta_time', '1528942206'),

```

(20, 9, '_wp_desired_post_slug', 'pagetest2'),
(21, 2, '_wp_trash_meta_status', 'publish'),
(22, 2, '_wp_trash_meta_time', '1528942207'),
(23, 2, '_wp_desired_post_slug', 'page-d-exemple'),
(24, 13, '_edit_last', '1'),
(25, 13, '_edit_lock', '1528945050:1'),
(26, 15, '_edit_last', '1'),
(27, 15, '_edit_lock', '1528942142:1'),
(28, 17, '_edit_last', '1'),
(29, 17, '_edit_lock', '1528942159:1'),
(30, 19, '_edit_last', '1'),
(31, 19, '_edit_lock', '1529384513:1'),
(32, 21, '_edit_last', '1'),
(33, 21, '_edit_lock', '1528942342:1'),
(34, 1, '_wp_trash_meta_status', 'publish'),
(35, 1, '_wp_trash_meta_time', '1528942492'),
(36, 1, '_wp_desired_post_slug', 'bonjour-tout-le-monde'),
(37, 1, '_wp_trash_meta_comments_status', 'a:1:{i:1;s:1:\"1\";}'),
(38, 7, '_wp_trash_meta_status', 'publish'),
(39, 7, '_wp_trash_meta_time', '1528942493'),
(40, 7, '_wp_desired_post_slug', 'article-2'),
(41, 5, '_wp_trash_meta_status', 'publish'),
(42, 5, '_wp_trash_meta_time', '1528942495'),
(43, 5, '_wp_desired_post_slug', 'article-1'),
(44, 24, '_edit_last', '1'),
(45, 24, '_edit_lock', '1528944103:1'),
(102, 32, '_wp_trash_meta_status', 'publish'),
(103, 32, '_wp_trash_meta_time', '1528944408'),
(104, 33, '_edit_last', '1'),
(105, 33, '_edit_lock', '1528945071:1'),
(106, 35, '_edit_last', '1'),
(107, 35, '_edit_lock', '1528945093:1'),
(108, 37, '_edit_last', '1'),
(109, 37, '_edit_lock', '1528945110:1'),
(110, 39, '_edit_last', '1'),
(111, 39, '_edit_lock', '1528945152:1'),
(112, 41, '_edit_last', '1'),
(113, 41, '_edit_lock', '1528945180:1'),
(114, 43, '_edit_last', '1'),
(115, 43, '_edit_lock', '1528945198:1'),
(116, 45, '_edit_last', '1'),
(117, 45, '_edit_lock', '1528945210:1'),
(280, 66, '_menu_item_type', 'custom'),
(281, 66, '_menu_item_menu_item_parent', '0'),
(282, 66, '_menu_item_object_id', '66'),
(283, 66, '_menu_item_object', 'custom'),
(284, 66, '_menu_item_target', ''),
(285, 66, '_menu_item_classes', 'a:1:{i:0;s:0:\"\";}'),
(286, 66, '_menu_item_xfn', ''),
(287, 66, '_menu_item_url', 'http://localhost/wordpress/'),
(288, 66, '_menu_item_orphaned', '1529381893'),
(289, 67, '_menu_item_type', 'post_type'),
(290, 67, '_menu_item_menu_item_parent', '0'),
(291, 67, '_menu_item_object_id', '19'),
(292, 67, '_menu_item_object', 'page'),
(293, 67, '_menu_item_target', ''),
(294, 67, '_menu_item_classes', 'a:1:{i:0;s:0:\"\";}'),
(295, 67, '_menu_item_xfn', ''),
(296, 67, '_menu_item_url', ''),
(297, 67, '_menu_item_orphaned', '1529381893'),

(298, 68, '_menu_item_type', 'post_type'),
(299, 68, '_menu_item_menu_item_parent', '0'),
(300, 68, '_menu_item_object_id', '21'),
(301, 68, '_menu_item_object', 'page'),
(302, 68, '_menu_item_target', ''),
(303, 68, '_menu_item_classes', 'a:1:{i:0;s:0:\\\"\\\";}'),
(304, 68, '_menu_item_xfn', ''),
(305, 68, '_menu_item_url', ''),
(306, 68, '_menu_item_orphaned', '1529381893'),
(307, 69, '_menu_item_type', 'post_type'),
(308, 69, '_menu_item_menu_item_parent', '0'),
(309, 69, '_menu_item_object_id', '17'),
(310, 69, '_menu_item_object', 'page'),
(311, 69, '_menu_item_target', ''),
(312, 69, '_menu_item_classes', 'a:1:{i:0;s:0:\\\"\\\";}'),
(313, 69, '_menu_item_xfn', ''),
(314, 69, '_menu_item_url', ''),
(315, 69, '_menu_item_orphaned', '1529381894'),
(316, 70, '_menu_item_type', 'post_type'),
(317, 70, '_menu_item_menu_item_parent', '0'),
(318, 70, '_menu_item_object_id', '45'),
(319, 70, '_menu_item_object', 'page'),
(320, 70, '_menu_item_target', ''),
(321, 70, '_menu_item_classes', 'a:1:{i:0;s:0:\\\"\\\";}'),
(322, 70, '_menu_item_xfn', ''),
(323, 70, '_menu_item_url', ''),
(324, 70, '_menu_item_orphaned', '1529381894'),
(325, 71, '_menu_item_type', 'post_type'),
(326, 71, '_menu_item_menu_item_parent', '0'),
(327, 71, '_menu_item_object_id', '15'),
(328, 71, '_menu_item_object', 'page'),
(329, 71, '_menu_item_target', ''),
(330, 71, '_menu_item_classes', 'a:1:{i:0;s:0:\\\"\\\";}'),
(331, 71, '_menu_item_xfn', ''),
(332, 71, '_menu_item_url', ''),
(333, 71, '_menu_item_orphaned', '1529381894'),
(334, 72, '_menu_item_type', 'post_type'),
(335, 72, '_menu_item_menu_item_parent', '0'),
(336, 72, '_menu_item_object_id', '13'),
(337, 72, '_menu_item_object', 'page'),
(338, 72, '_menu_item_target', ''),
(339, 72, '_menu_item_classes', 'a:1:{i:0;s:0:\\\"\\\";}'),
(340, 72, '_menu_item_xfn', ''),
(341, 72, '_menu_item_url', ''),
(342, 72, '_menu_item_orphaned', '1529381894'),
(343, 73, '_menu_item_type', 'post_type'),
(344, 73, '_menu_item_menu_item_parent', '0'),
(345, 73, '_menu_item_object_id', '35'),
(346, 73, '_menu_item_object', 'page'),
(347, 73, '_menu_item_target', ''),
(348, 73, '_menu_item_classes', 'a:1:{i:0;s:0:\\\"\\\";}'),
(349, 73, '_menu_item_xfn', ''),
(350, 73, '_menu_item_url', ''),
(351, 73, '_menu_item_orphaned', '1529381894'),
(352, 74, '_menu_item_type', 'post_type'),
(353, 74, '_menu_item_menu_item_parent', '0'),
(354, 74, '_menu_item_object_id', '37'),
(355, 74, '_menu_item_object', 'page'),
(356, 74, '_menu_item_target', ''),
(357, 74, '_menu_item_classes', 'a:1:{i:0;s:0:\\\"\\\";}'),

(358, 74, '_menu_item_xfn', ''),
(359, 74, '_menu_item_url', ''),
(360, 74, '_menu_item_orphaned', '1529381894'),
(361, 75, '_menu_item_type', 'post_type'),
(362, 75, '_menu_item_menu_item_parent', '0'),
(363, 75, '_menu_item_object_id', '33'),
(364, 75, '_menu_item_object', 'page'),
(365, 75, '_menu_item_target', ''),
(366, 75, '_menu_item_classes', 'a:1:{i:0;s:0:"\"";}',
(367, 75, '_menu_item_xfn', ''),
(368, 75, '_menu_item_url', ''),
(369, 75, '_menu_item_orphaned', '1529381894'),
(370, 76, '_menu_item_type', 'post_type'),
(371, 76, '_menu_item_menu_item_parent', '0'),
(372, 76, '_menu_item_object_id', '39'),
(373, 76, '_menu_item_object', 'page'),
(374, 76, '_menu_item_target', ''),
(375, 76, '_menu_item_classes', 'a:1:{i:0;s:0:"\"";}',
(376, 76, '_menu_item_xfn', ''),
(377, 76, '_menu_item_url', ''),
(378, 76, '_menu_item_orphaned', '1529381894'),
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(380, 77, '_menu_item_menu_item_parent', '0'),
(381, 77, '_menu_item_object_id', '41'),
(382, 77, '_menu_item_object', 'page'),
(383, 77, '_menu_item_target', ''),
(384, 77, '_menu_item_classes', 'a:1:{i:0;s:0:"\"";}',
(385, 77, '_menu_item_xfn', ''),
(386, 77, '_menu_item_url', ''),
(387, 77, '_menu_item_orphaned', '1529381894'),
(388, 78, '_menu_item_type', 'post_type'),
(389, 78, '_menu_item_menu_item_parent', '0'),
(390, 78, '_menu_item_object_id', '43'),
(391, 78, '_menu_item_object', 'page'),
(392, 78, '_menu_item_target', ''),
(393, 78, '_menu_item_classes', 'a:1:{i:0;s:0:"\"";}',
(394, 78, '_menu_item_xfn', ''),
(395, 78, '_menu_item_url', ''),
(396, 78, '_menu_item_orphaned', '1529381894'),
(397, 79, '_menu_item_type', 'custom'),
(398, 79, '_menu_item_menu_item_parent', '0'),
(399, 79, '_menu_item_object_id', '79'),
(400, 79, '_menu_item_object', 'custom'),
(401, 79, '_menu_item_target', ''),
(402, 79, '_menu_item_classes', 'a:1:{i:0;s:0:"\"";}',
(403, 79, '_menu_item_xfn', ''),
(404, 79, '_menu_item_url', 'http://localhost/wordpress/'),
(405, 79, '_menu_item_orphaned', '1529381894'),
(406, 80, '_menu_item_type', 'post_type'),
(407, 80, '_menu_item_menu_item_parent', '0'),
(408, 80, '_menu_item_object_id', '19'),
(409, 80, '_menu_item_object', 'page'),
(410, 80, '_menu_item_target', ''),
(411, 80, '_menu_item_classes', 'a:1:{i:0;s:0:"\"";}',
(412, 80, '_menu_item_xfn', ''),
(413, 80, '_menu_item_url', ''),
(414, 80, '_menu_item_orphaned', '1529381894'),
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(416, 81, '_menu_item_menu_item_parent', '0'),
(417, 81, '_menu_item_object_id', '21'),

(418, 81, '_menu_item_object', 'page'),
(419, 81, '_menu_item_target', ''),
(420, 81, '_menu_item_classes', 'a:1:{i:0;s:0:"\"";})'),
(421, 81, '_menu_item_xfn', ''),
(422, 81, '_menu_item_url', ''),
(423, 81, '_menu_item_orphaned', '1529381894'),
(424, 82, '_menu_item_type', 'post_type'),
(425, 82, '_menu_item_menu_item_parent', '0'),
(426, 82, '_menu_item_object_id', '17'),
(427, 82, '_menu_item_object', 'page'),
(428, 82, '_menu_item_target', ''),
(429, 82, '_menu_item_classes', 'a:1:{i:0;s:0:"\"";})'),
(430, 82, '_menu_item_xfn', ''),
(431, 82, '_menu_item_url', ''),
(432, 82, '_menu_item_orphaned', '1529381894'),
(433, 83, '_menu_item_type', 'post_type'),
(434, 83, '_menu_item_menu_item_parent', '0'),
(435, 83, '_menu_item_object_id', '45'),
(436, 83, '_menu_item_object', 'page'),
(437, 83, '_menu_item_target', ''),
(438, 83, '_menu_item_classes', 'a:1:{i:0;s:0:"\"";})'),
(439, 83, '_menu_item_xfn', ''),
(440, 83, '_menu_item_url', ''),
(441, 83, '_menu_item_orphaned', '1529381894'),
(442, 84, '_menu_item_type', 'post_type'),
(443, 84, '_menu_item_menu_item_parent', '0'),
(444, 84, '_menu_item_object_id', '15'),
(445, 84, '_menu_item_object', 'page'),
(446, 84, '_menu_item_target', ''),
(447, 84, '_menu_item_classes', 'a:1:{i:0;s:0:"\"";})'),
(448, 84, '_menu_item_xfn', ''),
(449, 84, '_menu_item_url', ''),
(450, 84, '_menu_item_orphaned', '1529381894'),
(451, 85, '_menu_item_type', 'post_type'),
(452, 85, '_menu_item_menu_item_parent', '0'),
(453, 85, '_menu_item_object_id', '13'),
(454, 85, '_menu_item_object', 'page'),
(455, 85, '_menu_item_target', ''),
(456, 85, '_menu_item_classes', 'a:1:{i:0;s:0:"\"";})'),
(457, 85, '_menu_item_xfn', ''),
(458, 85, '_menu_item_url', ''),
(459, 85, '_menu_item_orphaned', '1529381894'),
(460, 86, '_menu_item_type', 'post_type'),
(461, 86, '_menu_item_menu_item_parent', '0'),
(462, 86, '_menu_item_object_id', '35'),
(463, 86, '_menu_item_object', 'page'),
(464, 86, '_menu_item_target', ''),
(465, 86, '_menu_item_classes', 'a:1:{i:0;s:0:"\"";})'),
(466, 86, '_menu_item_xfn', ''),
(467, 86, '_menu_item_url', ''),
(468, 86, '_menu_item_orphaned', '1529381894'),
(469, 87, '_menu_item_type', 'post_type'),
(470, 87, '_menu_item_menu_item_parent', '0'),
(471, 87, '_menu_item_object_id', '37'),
(472, 87, '_menu_item_object', 'page'),
(473, 87, '_menu_item_target', ''),
(474, 87, '_menu_item_classes', 'a:1:{i:0;s:0:"\"";})'),
(475, 87, '_menu_item_xfn', ''),
(476, 87, '_menu_item_url', ''),
(477, 87, '_menu_item_orphaned', '1529381894'),

(478, 88, '_menu_item_type', 'post_type'),
(479, 88, '_menu_item_menu_item_parent', '0'),
(480, 88, '_menu_item_object_id', '33'),
(481, 88, '_menu_item_object', 'page'),
(482, 88, '_menu_item_target', ''),
(483, 88, '_menu_item_classes', 'a:1:{i:0;s:0:"\"";}'),
(484, 88, '_menu_item_xfn', ''),
(485, 88, '_menu_item_url', ''),
(486, 88, '_menu_item_orphaned', '1529381894'),
(487, 89, '_menu_item_type', 'post_type'),
(488, 89, '_menu_item_menu_item_parent', '0'),
(489, 89, '_menu_item_object_id', '39'),
(490, 89, '_menu_item_object', 'page'),
(491, 89, '_menu_item_target', ''),
(492, 89, '_menu_item_classes', 'a:1:{i:0;s:0:"\"";}'),
(493, 89, '_menu_item_xfn', ''),
(494, 89, '_menu_item_url', ''),
(495, 89, '_menu_item_orphaned', '1529381894'),
(496, 90, '_menu_item_type', 'post_type'),
(497, 90, '_menu_item_menu_item_parent', '0'),
(498, 90, '_menu_item_object_id', '41'),
(499, 90, '_menu_item_object', 'page'),
(500, 90, '_menu_item_target', ''),
(501, 90, '_menu_item_classes', 'a:1:{i:0;s:0:"\"";}'),
(502, 90, '_menu_item_xfn', ''),
(503, 90, '_menu_item_url', ''),
(504, 90, '_menu_item_orphaned', '1529381894'),
(505, 91, '_menu_item_type', 'post_type'),
(506, 91, '_menu_item_menu_item_parent', '0'),
(507, 91, '_menu_item_object_id', '43'),
(508, 91, '_menu_item_object', 'page'),
(509, 91, '_menu_item_target', ''),
(510, 91, '_menu_item_classes', 'a:1:{i:0;s:0:"\"";}'),
(511, 91, '_menu_item_xfn', ''),
(512, 91, '_menu_item_url', ''),
(513, 91, '_menu_item_orphaned', '1529381894'),
(514, 92, '_menu_item_type', 'custom'),
(515, 92, '_menu_item_menu_item_parent', '0'),
(516, 92, '_menu_item_object_id', '92'),
(517, 92, '_menu_item_object', 'custom'),
(518, 92, '_menu_item_target', ''),
(519, 92, '_menu_item_classes', 'a:1:{i:0;s:0:"\"";}'),
(520, 92, '_menu_item_xfn', ''),
(521, 92, '_menu_item_url', 'http://localhost/wordpress/'),
(522, 92, '_menu_item_orphaned', '1529381981'),
(523, 93, '_menu_item_type', 'post_type'),
(524, 93, '_menu_item_menu_item_parent', '0'),
(525, 93, '_menu_item_object_id', '19'),
(526, 93, '_menu_item_object', 'page'),
(527, 93, '_menu_item_target', ''),
(528, 93, '_menu_item_classes', 'a:1:{i:0;s:0:"\"";}'),
(529, 93, '_menu_item_xfn', ''),
(530, 93, '_menu_item_url', ''),
(531, 93, '_menu_item_orphaned', '1529381981'),
(532, 94, '_menu_item_type', 'post_type'),
(533, 94, '_menu_item_menu_item_parent', '0'),
(534, 94, '_menu_item_object_id', '21'),
(535, 94, '_menu_item_object', 'page'),
(536, 94, '_menu_item_target', ''),
(537, 94, '_menu_item_classes', 'a:1:{i:0;s:0:"\"";}'),

(538, 94, '_menu_item_xfn', ''),
(539, 94, '_menu_item_url', ''),
(540, 94, '_menu_item_orphaned', '1529381981'),
(541, 95, '_menu_item_type', 'post_type'),
(542, 95, '_menu_item_menu_item_parent', '0'),
(543, 95, '_menu_item_object_id', '17'),
(544, 95, '_menu_item_object', 'page'),
(545, 95, '_menu_item_target', ''),
(546, 95, '_menu_item_classes', 'a:1:{i:0;s:0:\\\"\\\";}'),
(547, 95, '_menu_item_xfn', ''),
(548, 95, '_menu_item_url', ''),
(549, 95, '_menu_item_orphaned', '1529381981'),
(550, 96, '_menu_item_type', 'post_type'),
(551, 96, '_menu_item_menu_item_parent', '0'),
(552, 96, '_menu_item_object_id', '45'),
(553, 96, '_menu_item_object', 'page'),
(554, 96, '_menu_item_target', ''),
(555, 96, '_menu_item_classes', 'a:1:{i:0;s:0:\\\"\\\";}'),
(556, 96, '_menu_item_xfn', ''),
(557, 96, '_menu_item_url', ''),
(558, 96, '_menu_item_orphaned', '1529381981'),
(559, 97, '_menu_item_type', 'post_type'),
(560, 97, '_menu_item_menu_item_parent', '0'),
(561, 97, '_menu_item_object_id', '15'),
(562, 97, '_menu_item_object', 'page'),
(563, 97, '_menu_item_target', ''),
(564, 97, '_menu_item_classes', 'a:1:{i:0;s:0:\\\"\\\";}'),
(565, 97, '_menu_item_xfn', ''),
(566, 97, '_menu_item_url', ''),
(567, 97, '_menu_item_orphaned', '1529381981'),
(568, 98, '_menu_item_type', 'post_type'),
(569, 98, '_menu_item_menu_item_parent', '0'),
(570, 98, '_menu_item_object_id', '13'),
(571, 98, '_menu_item_object', 'page'),
(572, 98, '_menu_item_target', ''),
(573, 98, '_menu_item_classes', 'a:1:{i:0;s:0:\\\"\\\";}'),
(574, 98, '_menu_item_xfn', ''),
(575, 98, '_menu_item_url', ''),
(576, 98, '_menu_item_orphaned', '1529381981'),
(577, 99, '_menu_item_type', 'post_type'),
(578, 99, '_menu_item_menu_item_parent', '0'),
(579, 99, '_menu_item_object_id', '35'),
(580, 99, '_menu_item_object', 'page'),
(581, 99, '_menu_item_target', ''),
(582, 99, '_menu_item_classes', 'a:1:{i:0;s:0:\\\"\\\";}'),
(583, 99, '_menu_item_xfn', ''),
(584, 99, '_menu_item_url', ''),
(585, 99, '_menu_item_orphaned', '1529381981'),
(586, 100, '_menu_item_type', 'post_type'),
(587, 100, '_menu_item_menu_item_parent', '0'),
(588, 100, '_menu_item_object_id', '37'),
(589, 100, '_menu_item_object', 'page'),
(590, 100, '_menu_item_target', ''),
(591, 100, '_menu_item_classes', 'a:1:{i:0;s:0:\\\"\\\";}'),
(592, 100, '_menu_item_xfn', ''),
(593, 100, '_menu_item_url', ''),
(594, 100, '_menu_item_orphaned', '1529381981'),
(595, 101, '_menu_item_type', 'post_type'),
(596, 101, '_menu_item_menu_item_parent', '0'),
(597, 101, '_menu_item_object_id', '33'),

(598, 101, '_menu_item_object', 'page'),
(599, 101, '_menu_item_target', ''),
(600, 101, '_menu_item_classes', 'a:1:{i:0;s:0:"\"";}'),
(601, 101, '_menu_item_xfn', ''),
(602, 101, '_menu_item_url', ''),
(603, 101, '_menu_item_orphaned', '1529381981'),
(604, 102, '_menu_item_type', 'post_type'),
(605, 102, '_menu_item_menu_item_parent', '0'),
(606, 102, '_menu_item_object_id', '39'),
(607, 102, '_menu_item_object', 'page'),
(608, 102, '_menu_item_target', ''),
(609, 102, '_menu_item_classes', 'a:1:{i:0;s:0:"\"";}'),
(610, 102, '_menu_item_xfn', ''),
(611, 102, '_menu_item_url', ''),
(612, 102, '_menu_item_orphaned', '1529381981'),
(613, 103, '_menu_item_type', 'post_type'),
(614, 103, '_menu_item_menu_item_parent', '0'),
(615, 103, '_menu_item_object_id', '41'),
(616, 103, '_menu_item_object', 'page'),
(617, 103, '_menu_item_target', ''),
(618, 103, '_menu_item_classes', 'a:1:{i:0;s:0:"\"";}'),
(619, 103, '_menu_item_xfn', ''),
(620, 103, '_menu_item_url', ''),
(621, 103, '_menu_item_orphaned', '1529381981'),
(622, 104, '_menu_item_type', 'post_type'),
(623, 104, '_menu_item_menu_item_parent', '0'),
(624, 104, '_menu_item_object_id', '43'),
(625, 104, '_menu_item_object', 'page'),
(626, 104, '_menu_item_target', ''),
(627, 104, '_menu_item_classes', 'a:1:{i:0;s:0:"\"";}'),
(628, 104, '_menu_item_xfn', ''),
(629, 104, '_menu_item_url', ''),
(630, 104, '_menu_item_orphaned', '1529381981'),
(631, 105, '_edit_last', '1'),
(632, 105, '_edit_lock', '1529470655:1'),
(633, 107, '_menu_item_type', 'custom'),
(634, 107, '_menu_item_menu_item_parent', '0'),
(635, 107, '_menu_item_object_id', '107'),
(636, 107, '_menu_item_object', 'custom'),
(637, 107, '_menu_item_target', ''),
(638, 107, '_menu_item_classes', 'a:1:{i:0;s:0:"\"";}'),
(639, 107, '_menu_item_xfn', ''),
(640, 107, '_menu_item_url', 'http://localhost/wordpress/'),
(641, 107, '_menu_item_orphaned', '1529382011'),
(642, 108, '_menu_item_type', 'post_type'),
(643, 108, '_menu_item_menu_item_parent', '0'),
(644, 108, '_menu_item_object_id', '19'),
(645, 108, '_menu_item_object', 'page'),
(646, 108, '_menu_item_target', ''),
(647, 108, '_menu_item_classes', 'a:1:{i:0;s:0:"\"";}'),
(648, 108, '_menu_item_xfn', ''),
(649, 108, '_menu_item_url', ''),
(651, 109, '_menu_item_type', 'post_type'),
(652, 109, '_menu_item_menu_item_parent', '0'),
(653, 109, '_menu_item_object_id', '21'),
(654, 109, '_menu_item_object', 'page'),
(655, 109, '_menu_item_target', ''),
(656, 109, '_menu_item_classes', 'a:1:{i:0;s:0:"\"";}'),
(657, 109, '_menu_item_xfn', ''),
(658, 109, '_menu_item_url', ''),

(660, 110, '_menu_item_type', 'post_type'),
(661, 110, '_menu_item_menu_item_parent', '0'),
(662, 110, '_menu_item_object_id', '17'),
(663, 110, '_menu_item_object', 'page'),
(664, 110, '_menu_item_target', ''),
(665, 110, '_menu_item_classes', 'a:1:{i:0;s:0:"\"";})'),
(666, 110, '_menu_item_xfn', ''),
(667, 110, '_menu_item_url', ''),
(687, 113, '_menu_item_type', 'post_type'),
(688, 113, '_menu_item_menu_item_parent', '0'),
(689, 113, '_menu_item_object_id', '105'),
(690, 113, '_menu_item_object', 'page'),
(691, 113, '_menu_item_target', ''),
(692, 113, '_menu_item_classes', 'a:1:{i:0;s:0:"\"";})'),
(693, 113, '_menu_item_xfn', ''),
(694, 113, '_menu_item_url', ''),
(696, 114, '_menu_item_type', 'post_type'),
(697, 114, '_menu_item_menu_item_parent', '0'),
(698, 114, '_menu_item_object_id', '13'),
(699, 114, '_menu_item_object', 'page'),
(700, 114, '_menu_item_target', ''),
(701, 114, '_menu_item_classes', 'a:1:{i:0;s:0:"\"";})'),
(702, 114, '_menu_item_xfn', ''),
(703, 114, '_menu_item_url', ''),
(705, 115, '_menu_item_type', 'post_type'),
(706, 115, '_menu_item_menu_item_parent', '114'),
(707, 115, '_menu_item_object_id', '35'),
(708, 115, '_menu_item_object', 'page'),
(709, 115, '_menu_item_target', ''),
(710, 115, '_menu_item_classes', 'a:1:{i:0;s:0:"\"";})'),
(711, 115, '_menu_item_xfn', ''),
(712, 115, '_menu_item_url', ''),
(714, 116, '_menu_item_type', 'post_type'),
(715, 116, '_menu_item_menu_item_parent', '114'),
(716, 116, '_menu_item_object_id', '37'),
(717, 116, '_menu_item_object', 'page'),
(718, 116, '_menu_item_target', ''),
(719, 116, '_menu_item_classes', 'a:1:{i:0;s:0:"\"";})'),
(720, 116, '_menu_item_xfn', ''),
(721, 116, '_menu_item_url', ''),
(723, 117, '_menu_item_type', 'post_type'),
(724, 117, '_menu_item_menu_item_parent', '114'),
(725, 117, '_menu_item_object_id', '33'),
(726, 117, '_menu_item_object', 'page'),
(727, 117, '_menu_item_target', ''),
(728, 117, '_menu_item_classes', 'a:1:{i:0;s:0:"\"";})'),
(729, 117, '_menu_item_xfn', ''),
(730, 117, '_menu_item_url', ''),
(732, 118, '_menu_item_type', 'post_type'),
(733, 118, '_menu_item_menu_item_parent', '0'),
(734, 118, '_menu_item_object_id', '39'),
(735, 118, '_menu_item_object', 'page'),
(736, 118, '_menu_item_target', ''),
(737, 118, '_menu_item_classes', 'a:1:{i:0;s:0:"\"";})'),
(738, 118, '_menu_item_xfn', ''),
(739, 118, '_menu_item_url', ''),
(741, 119, '_menu_item_type', 'post_type'),
(742, 119, '_menu_item_menu_item_parent', '118'),
(743, 119, '_menu_item_object_id', '41'),
(744, 119, '_menu_item_object', 'page'),

(745, 119, '_menu_item_target', ''),
(746, 119, '_menu_item_classes', 'a:1:{i:0;s:0:"\\";}'),
(747, 119, '_menu_item_xfn', ''),
(748, 119, '_menu_item_url', ''),
(750, 120, '_menu_item_type', 'post_type'),
(751, 120, '_menu_item_menu_item_parent', '118'),
(752, 120, '_menu_item_object_id', '43'),
(753, 120, '_menu_item_object', 'page'),
(754, 120, '_menu_item_target', ''),
(755, 120, '_menu_item_classes', 'a:1:{i:0;s:0:"\\";}'),
(756, 120, '_menu_item_xfn', ''),
(757, 120, '_menu_item_url', ''),
(759, 121, '_menu_item_type', 'post_type'),
(760, 121, '_menu_item_menu_item_parent', '0'),
(761, 121, '_menu_item_object_id', '21'),
(762, 121, '_menu_item_object', 'page'),
(763, 121, '_menu_item_target', ''),
(764, 121, '_menu_item_classes', 'a:1:{i:0;s:0:"\\";}'),
(765, 121, '_menu_item_xfn', ''),
(766, 121, '_menu_item_url', ''),
(768, 122, '_menu_item_type', 'post_type'),
(769, 122, '_menu_item_menu_item_parent', '0'),
(770, 122, '_menu_item_object_id', '19'),
(771, 122, '_menu_item_object', 'page'),
(772, 122, '_menu_item_target', ''),
(773, 122, '_menu_item_classes', 'a:1:{i:0;s:0:"\\";}'),
(774, 122, '_menu_item_xfn', ''),
(775, 122, '_menu_item_url', ''),
(777, 123, '_edit_last', '1'),
(780, 123, '_edit_lock', '1529391054:1'),
(783, 132, '_edit_last', '1'),
(784, 132, '_edit_lock', '1529418311:1'),
(787, 134, '_wp_attached_file', '2018/06/Altimètre.jpg'),
(788, 134, '_wp_attachment_metadata', 'a:5:{s:5:"width";i:226;s:6:"height";i:223;s:4:"file";s:23:"2018/06/Altimètre.jpg";s:5:"sizes";a:1:{s:9:"thumbnail";a:4:{s:4:"file";s:23:"Altimètre-150x150.jpg";s:5:"width";i:150;s:6:"height";i:150;s:9:"mime-type";s:10:"image/jpeg";}}s:10:"image_meta";a:12:{s:8:"aperture";s:1:"0";s:6:"credit";s:0:"";s:6:"camera";s:0:"";s:7:"caption";s:0:"";s:17:"created_timestamp";s:1:"0";s:9:"copyright";s:0:"";s:12:"focal_length";s:1:"0";s:3:"iso";s:1:"0";s:13:"shutter_speed";s:1:"0";s:5:"title";s:0:"";s:11:"orientation";s:1:"0";s:8:"keywords";a:0:{}}'),
(789, 134, '_wp_attachment_is_custom_background', 'MoveNepal'),
(790, 135, '_edit_lock', '1529396005:1'),
(791, 136, '_wp_attached_file', '2018/06/avionAUtiliser.jpg'),
(792, 136, '_wp_attachment_metadata', 'a:5:{s:5:"width";i:4592;s:6:"height";i:3448;s:4:"file";s:26:"2018/06/avionAUtiliser.jpg";s:5:"sizes";a:4:{s:9:"thumbnail";a:4:{s:4:"file";s:26:"avionAUtiliser-150x150.jpg";s:5:"width";i:150;s:6:"height";i:150;s:9:"mime-type";s:10:"image/jpeg";}}s:6:"medium";a:4:{s:4:"file";s:26:"avionAUtiliser-300x225.jpg";s:5:"width";i:300;s:6:"height";i:225;s:9:"mime-type";s:10:"image/jpeg";}}s:12:"medium_large";a:4:{s:4:"file";s:26:"avionAUtiliser-768x577.jpg";s:5:"width";i:768;s:6:"height";i:577;s:9:"mime-type";s:10:"image/jpeg";}}s:5:"large";a:4:{s:4:"file";s:27:"avionAUtiliser-1024x769.jpg";s:5:"width";i:1024;s:6:"height";i:769;s:9:"mime-type";s:10:"image/jpeg";}}s:10:"image_meta";a:12:{s:8:"aperture";s:1:"0";s:6:"credit";s:0:"";s:6:"camera";s:0:"";s:7:"caption";s:0:"";s:17:"created_timestamp";s:1:"0";s:9:"copyright";s:0:"";s:12:"focal_length";s:1:"0";s:3:"iso";s:1:"0";s:13:"shutter_speed";s:1:"0";s:5:"title";s:0:"";s:11:"orientation";s:1:"0";s:8:"keywords";a:0:{}}'),
(793, 136, '_wp_attachment_is_custom_background', 'MoveNepal'),
(794, 135, '_customize_restore_dismissed', '1'),
(795, 136, '_wp_attachment_custom_header_last_used_MoveNepal', '1529396080'),
(796, 136, '_wp_attachment_is_custom_header', 'MoveNepal'),
(798, 137, '_customize_restore_dismissed', '1');

```
--  
-- Structure de la table `wp_posts`  
--
```

```
CREATE TABLE `wp_posts` (  
  `ID` bigint(20) UNSIGNED NOT NULL,  
  `post_author` bigint(20) UNSIGNED NOT NULL DEFAULT '0',  
  `post_date` datetime NOT NULL DEFAULT '0000-00-00 00:00:00',  
  `post_date_gmt` datetime NOT NULL DEFAULT '0000-00-00 00:00:00',  
  `post_content` longtext COLLATE utf8mb4_unicode_520_ci NOT NULL,  
  `post_title` text COLLATE utf8mb4_unicode_520_ci NOT NULL,  
  `post_excerpt` text COLLATE utf8mb4_unicode_520_ci NOT NULL,  
  `post_status` varchar(20) COLLATE utf8mb4_unicode_520_ci NOT NULL DEFAULT 'publish',  
  `comment_status` varchar(20) COLLATE utf8mb4_unicode_520_ci NOT NULL DEFAULT 'open',  
  `ping_status` varchar(20) COLLATE utf8mb4_unicode_520_ci NOT NULL DEFAULT 'open',  
  `post_password` varchar(255) COLLATE utf8mb4_unicode_520_ci NOT NULL DEFAULT '',  
  `post_name` varchar(200) COLLATE utf8mb4_unicode_520_ci NOT NULL DEFAULT '',  
  `to_ping` text COLLATE utf8mb4_unicode_520_ci NOT NULL,  
  `pinged` text COLLATE utf8mb4_unicode_520_ci NOT NULL,  
  `post_modified` datetime NOT NULL DEFAULT '0000-00-00 00:00:00',  
  `post_modified_gmt` datetime NOT NULL DEFAULT '0000-00-00 00:00:00',  
  `post_content_filtered` longtext COLLATE utf8mb4_unicode_520_ci NOT NULL,  
  `post_parent` bigint(20) UNSIGNED NOT NULL DEFAULT '0',  
  `guid` varchar(255) COLLATE utf8mb4_unicode_520_ci NOT NULL DEFAULT '',  
  `menu_order` int(11) NOT NULL DEFAULT '0',  
  `post_type` varchar(20) COLLATE utf8mb4_unicode_520_ci NOT NULL DEFAULT 'post',  
  `post_mime_type` varchar(100) COLLATE utf8mb4_unicode_520_ci NOT NULL DEFAULT '',  
  `comment_count` bigint(20) NOT NULL DEFAULT '0'  
) ENGINE=InnoDB DEFAULT CHARSET=utf8mb4 COLLATE=utf8mb4_unicode_520_ci;
```

```
--  
-- Déchargement des données de la table `wp_posts`  
--
```

```
INSERT INTO `wp_posts` (`ID`, `post_author`, `post_date`, `post_date_gmt`, `post_content`,  
  `post_title`, `post_excerpt`, `post_status`, `comment_status`, `ping_status`, `post_password`,  
  `post_name`, `to_ping`, `pinged`, `post_modified`, `post_modified_gmt`, `post_content_filtered`,  
  `post_parent`, `guid`, `menu_order`, `post_type`, `post_mime_type`, `comment_count`) VALUES  
(1, 1, '2018-06-11 11:28:15', '2018-06-11 09:28:15', 'Bienvenue sur WordPress. Ceci est votre  
premier article. Modifiez-le ou supprimez-le, puis lancez-vous !', 'Bonjour tout le monde !', '',  
'trash', 'open', 'open', '', 'bonjour-tout-le-monde__trashed', '', '', '2018-06-14 04:14:52',  
'2018-06-14 02:14:52', '', 0, 'http://localhost/wordpress/?p=1', 0, 'post', '', 1),  
(2, 1, '2018-06-11 11:28:15', '2018-06-11 09:28:15', 'Voici un exemple de page. Elle est différente  
d'un article de blog, en cela qu'elle restera à la même place, et s'affichera dans le menu de  
navigation de votre site (en fonction de votre thème). La plupart des gens commencent par écrire  
une page « À Propos » qui les présente aux visiteurs potentiels du site. Vous pourriez y écrire  
quelque chose de ce tenant :  
<blockquote>Bonjour ! Je suis un mécanicien qui aspire à  
devenir un acteur, et ceci est mon blog. J'habite à Bordeaux, j'ai un super chien qui s'appelle  
Russell, et j'aime la vodka-ananas (ainsi que perdre mon temps à regarder la pluie tomber).</  
blockquote>  
ou bien quelque chose comme cela :  
<blockquote>La société 123 Machin  
Truc a été créée en 1971, et n'a cessé de proposer au public des machins-trucs de qualité depuis  
cette année. Située à Saint-Remy-en-Bouzemont-Saint-Genest-et-Isson, 123 Machin Truc  
emploie 2 000 personnes, et fabrique toutes sortes de bidules super pour la communauté  
bouzemontoise.</blockquote>  
Étant donné que vous êtes un nouvel utilisateur ou une  
nouvelle utilisatrice de WordPress, vous devriez vous rendre sur votre <a href="http://localhost/  
wordpress/wp-admin/">tableau de bord</a> pour effacer la présente page, et créer de nouvelles  
pages avec votre propre contenu. Amusez-vous bien !', 'Page d'exemple', '', 'trash', 'closed',
```

'open', '', 'page-d-exemple__trashed', '', '', '2018-06-14 04:10:07', '2018-06-14 02:10:07', '', 0, 'http://localhost/wordpress/?page_id=2', 0, 'page', '', 0), (3, 1, '2018-06-11 11:28:15', '2018-06-11 09:28:15', '<h2>Qui sommes-nous ?</h2><p>L'adresse de notre site Web est : http://localhost/wordpress.</p><h2>Utilisation des données personnelles collectées</h2><h3>Commentaires</h3><p>Quand vous laissez un commentaire sur notre site web, les données inscrites dans le formulaire de commentaire, mais aussi votre adresse IP et l'agent utilisateur de votre navigateur sont collectés pour nous aider à la détection des commentaires indésirables.</p><p>Une chaîne anonymisée créée à partir de votre adresse de messagerie (également appelée hash) peut être envoyée au service Gravatar pour vérifier si vous utilisez ce dernier. Les clauses de confidentialité du service Gravatar sont disponibles ici : https://automattic.com/privacy/. Après validation de votre commentaire, votre photo de profil sera visible publiquement à côté de votre commentaire.</p><h3>Médias</h3><p>Si vous êtes un utilisateur ou une utilisatrice enregistré-e et que vous téléversez des images sur le site web, nous vous conseillons d'éviter de téléverser des images contenant des données EXIF de coordonnées GPS. Les visiteurs de votre site web peuvent télécharger et extraire des données de localisation depuis ces images.</p><h3>Formulaires de contact</h3><h3>Cookies</h3><p>Si vous déposez un commentaire sur notre site, il vous sera proposé d'enregistrer votre nom, adresse de messagerie et site web dans des cookies. C'est uniquement pour votre confort afin de ne pas avoir à saisir ces informations si vous déposez un autre commentaire plus tard. Ces cookies expirent au bout d'un an.</p><p>Si vous avez un compte et que vous vous connectez sur ce site, un cookie temporaire sera créé afin de déterminer si votre navigateur accepte les cookies. Il ne contient pas de données personnelles et sera supprimé automatiquement à la fermeture de votre navigateur.</p><p>Lorsque vous vous connecterez, nous mettrons en place un certain nombre de cookies pour enregistrer vos informations de connexion et vos préférences d'écran. La durée de vie d'un cookie de connexion est de deux jours, celle d'un cookie d'option d'écran est d'un an. Si vous cochez « Se souvenir de moi », votre cookie de connexion sera conservé pendant deux semaines. Si vous vous déconnectez de votre compte, le cookie de connexion sera effacé.</p><p>En modifiant ou en publiant un article, un cookie supplémentaire sera enregistré dans votre navigateur. Ce cookie ne comprend aucune donnée personnelle. Il indique simplement l'identifiant de l'article que vous venez de modifier. Il expire au bout d'un jour.</p><h3>Contenu embarqué depuis d'autres sites</h3><p>Les articles de ce site peuvent inclure des contenus intégrés (par exemple des vidéos, images, articles...). Le contenu intégré depuis d'autres sites se comporte de la même manière que si le visiteur se rendait sur cet autre site.</p><p>Ces sites web pourraient collecter des données sur vous, utiliser des cookies, embarquer des outils de suivis tiers, suivre vos interactions avec ces contenus embarqués si vous disposez d'un compte connecté sur leur site web.</p><h3>Statistiques et mesures d'audience</h3><h2>Utilisation et transmission de vos données personnelles</h2><h2>Durées de stockage de vos données</h2><p>Si vous laissez un commentaire, le commentaire et ses métadonnées sont conservés indéfiniment. Cela permet de reconnaître et approuver automatiquement les commentaires suivants au lieu de les laisser dans la file de modération.</p><p>Pour les utilisateurs et utilisatrices qui s'enregistrent sur notre site (si cela est possible), nous stockons également les données personnelles indiquées dans leur profil. Tous les utilisateurs et utilisatrices peuvent voir, modifier ou supprimer leurs informations personnelles à tout moment (à l'exception de leur nom d'utilisateur-ice). Les gestionnaires du site peuvent aussi voir et modifier ces informations.</p><h2>Les droits que vous avez sur vos données</h2><p>Si vous avez un compte ou si vous avez laissé des commentaires sur le site, vous pouvez demander à recevoir un fichier contenant toutes les données personnelles que nous possédons à votre sujet, incluant celles que vous nous avez fournies. Vous pouvez également demander la suppression des données personnelles vous concernant. Cela ne prend pas en compte les données stockées à des fins administratives, légales ou pour des raisons de sécurité.</p><h2>Transmission de vos données personnelles</h2><p>Les commentaires des visiteurs peuvent être vérifiés à l'aide d'un service automatisé de détection des commentaires indésirables.</p><h2>Informations de contact</h2><h2>Informations supplémentaires</h2><h3>Comment nous protégeons vos données</h3><h3>Procédures mises en œuvre en cas de fuite de données</h3><h3>Les services tiers qui nous transmettent des données</h3><h3>Opérations de marketing automatisé et/ou de profilage réalisées à l'aide des données personnelles</h3><h3>Affichage des informations liées aux secteurs soumis à des régulations spécifiques</h3>', 'Politique de confidentialité', '', 'trash', 'closed', 'open', '', 'politique-de-confidentialite__trashed', '', '', '2018-06-14 04:10:02', '2018-06-14 02:10:02', '', 0, 'http://localhost/wordpress/?page_id=3', 0, 'page', '', 0),

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(8, 1, '2018-06-11 12:28:12', '2018-06-11 10:28:12', '', 'Article 2', '', 'inherit', 'closed', 'closed', '', '7-revision-v1', '', '', '2018-06-11 12:28:12', '2018-06-11 10:28:12', '', 7, 'http://localhost/wordpress/2018/06/11/7-revision-v1/', 0, 'revision', '', 0),
(9, 1, '2018-06-12 10:58:28', '2018-06-12 08:58:28', '', 'pageTest2', '', 'trash', 'closed', 'closed', '', 'pagetest2__trashed', '', '', '2018-06-14 04:10:06', '2018-06-14 02:10:06', '', 0, 'http://localhost/wordpress/?page_id=9', 0, 'page', '', 0),
(10, 1, '2018-06-12 10:58:28', '2018-06-12 08:58:28', '', 'pageTest2', '', 'inherit', 'closed', 'closed', '', '9-revision-v1', '', '', '2018-06-12 10:58:28', '2018-06-12 08:58:28', '', 9, 'http://localhost/wordpress/2018/06/12/9-revision-v1/', 0, 'revision', '', 0),
(11, 1, '2018-06-14 04:10:02', '2018-06-14 02:10:02', '<h2>Qui sommes-nous ?</h2><p>L'adresse de notre site Web est : <http://localhost/wordpress>.</p><h2>Utilisation des données personnelles collectées</h2><h3>Commentaires</h3><p>Quand vous laissez un commentaire sur notre site web, les données inscrites dans le formulaire de commentaire, mais aussi votre adresse IP et l'agent utilisateur de votre navigateur sont collectés pour nous aider à la détection des commentaires indésirables.</p><p>Une chaîne anonymisée créée à partir de votre adresse de messagerie (également appelée hash) peut être envoyée au service Gravatar pour vérifier si vous utilisez ce dernier. Les clauses de confidentialité du service Gravatar sont disponibles ici : <https://automattic.com/privacy/>. Après validation de votre commentaire, votre photo de profil sera visible publiquement à côté de votre commentaire.</p><h3>Médias</h3><p>Si vous êtes un utilisateur ou une utilisatrice enregistré-e et que vous téléversez des images sur le site web, nous vous conseillons d'éviter de téléverser des images contenant des données EXIF de coordonnées GPS. Les visiteurs de votre site web peuvent télécharger et extraire des données de localisation depuis ces images.</p><h3>Formulaires de contact</h3><h3>Cookies</h3><p>Si vous déposez un commentaire sur notre site, il vous sera proposé d'enregistrer votre nom, adresse de messagerie et site web dans des cookies. C'est uniquement pour votre confort afin de ne pas avoir à saisir ces informations si vous déposez un autre commentaire plus tard. Ces cookies expirent au bout d'un an.</p><p>Si vous avez un compte et que vous vous connectez sur ce site, un cookie temporaire sera créé afin de déterminer si votre navigateur accepte les cookies. Il ne contient pas de données personnelles et sera supprimé automatiquement à la fermeture de votre navigateur.</p><p>Lorsque vous vous connecterez, nous mettrons en place un certain nombre de cookies pour enregistrer vos informations de connexion et vos préférences d'écran. La durée de vie d'un cookie de connexion est de deux jours, celle d'un cookie d'option d'écran est d'un an. Si vous cochez « Se souvenir de moi », votre cookie de connexion sera conservé pendant deux semaines. Si vous vous déconnectez de votre compte, le cookie de connexion sera effacé.</p><p>En modifiant ou en publiant un article, un cookie supplémentaire sera enregistré dans votre navigateur. Ce cookie ne comprend aucune donnée personnelle. Il indique simplement l'identifiant de l'article que vous venez de modifier. Il expire au bout d'un jour.</p><h3>Contenu embarqué depuis d'autres sites</h3><p>Les articles de ce site peuvent inclure des contenus intégrés (par exemple des vidéos, images, articles...). Le contenu intégré depuis d'autres sites se comporte de la même manière que si le visiteur se rendait sur cet autre site.</p><p>Ces sites web pourraient collecter des données sur vous, utiliser des cookies, embarquer des outils de suivis tiers, suivre vos interactions avec ces contenus embarqués si vous disposez d'un compte connecté sur leur site web.</p><h3>Statistiques et mesures d'audience</h3><h2>Utilisation et transmission de vos données personnelles</h2><h2>Durées de stockage de vos données</h2><p>Si vous laissez un commentaire, le commentaire et ses métadonnées sont conservés indéfiniment. Cela permet de reconnaître et approuver automatiquement les commentaires suivants au lieu de les laisser dans la file de modération.</p><p>Pour les utilisateurs et utilisatrices qui s'enregistrent sur notre site (si cela est possible), nous stockons également les données personnelles indiquées dans leur profil. Tous les utilisateurs et utilisatrices peuvent voir, modifier ou supprimer leurs informations personnelles à tout moment (à l'exception de leur nom d'utilisateur-ice). Les questionnaires du site peuvent aussi

voir et modifier ces informations.

Les droits que vous avez sur vos données

Si vous avez un compte ou si vous avez laissé des commentaires sur le site, vous pouvez demander à recevoir un fichier contenant toutes les données personnelles que nous possédons à votre sujet, incluant celles que vous nous avez fournies. Vous pouvez également demander la suppression des données personnelles vous concernant. Cela ne prend pas en compte les données stockées à des fins administratives, légales ou pour des raisons de sécurité.

Transmission de vos données personnelles

Les commentaires des visiteurs peuvent être vérifiés à l'aide d'un service automatisé de détection des commentaires indésirables.

Informations de contact

Informations supplémentaires

Comment nous protégeons vos données

Procédures mises en œuvre en cas de fuite de données

Les services tiers qui nous transmettent des données

Opérations de marketing automatisé et/ou de profilage réalisées à l'aide des données personnelles

Affichage des informations liées aux secteurs soumis à des réglementations spécifiques

'Politique de confidentialité', '', 'inherit', 'closed', 'closed', '', '3-revision-v1', '', '2018-06-14 04:10:02', '2018-06-14 02:10:02', '', 3, 'http://localhost/wordpress/2018/06/14/3-revision-v1/', 0, 'revision', '', 0),

(12, 1, '2018-06-14 04:10:07', '2018-06-14 02:10:07', 'Voici un exemple de page. Elle est différente d'un article de blog, en cela qu'elle restera à la même place, et s'affichera dans le menu de navigation de votre site (en fonction de votre thème). La plupart des gens commencent par écrire une page « À Propos » qui les présente aux visiteurs potentiels du site. Vous pourriez y écrire quelque chose de ce tenant :

Bonjour ! Je suis un mécanicien qui aspire à devenir un acteur, et ceci est mon blog. J'habite à Bordeaux, j'ai un super chien qui s'appelle Russell, et j'aime la vodka-ananas (ainsi que perdre mon temps à regarder la pluie tomber).

ou bien quelque chose comme cela :

La société 123 Machin Truc a été créée en 1971, et n'a cessé de proposer au public des machins-trucs de qualité depuis cette année. Située à Saint-Remy-en-Bouzemont-Saint-Genest-et-Isson, 123 Machin Truc emploie 2 000 personnes, et fabrique toutes sortes de bidules super pour la communauté bouzemontoise.

Étant donné que vous êtes un nouvel utilisateur ou une nouvelle utilisatrice de WordPress, vous devriez vous rendre sur votre [tableau de bord](http://localhost/wordpress/wp-admin/) pour effacer la présente page, et créer de nouvelles pages avec votre propre contenu. Amusez-vous bien !

(21, 1, '2018-06-14 04:12:04', '2018-06-14 02:12:04', '', 'FAQ', '', 'publish', 'closed', 'closed', '', 'faq', '', '', '2018-06-14 04:12:04', '2018-06-14 02:12:04', '', 0, 'http://localhost/wordpress/?page_id=21', 0, 'page', '', 0),
(22, 1, '2018-06-14 04:12:04', '2018-06-14 02:12:04', '', 'FAQ', '', 'inherit', 'closed', 'closed', '', '21-revision-v1', '', '', '2018-06-14 04:12:04', '2018-06-14 02:12:04', '', 21, 'http://localhost/wordpress/2018/06/14/21-revision-v1/', 0, 'revision', '', 0),
(23, 1, '2018-06-14 04:14:52', '2018-06-14 02:14:52', 'Bienvenue sur WordPress. Ceci est votre premier article. Modifiez-le ou supprimez-le, puis lancez-vous !', 'Bonjour tout le monde !', '', 'inherit', 'closed', 'closed', '', '1-revision-v1', '', '', '2018-06-14 04:14:52', '2018-06-14 02:14:52', '', 1, 'http://localhost/wordpress/2018/06/14/1-revision-v1/', 0, 'revision', '', 0),
(24, 1, '2018-06-14 04:15:12', '2018-06-14 02:15:12', '', 'The Founder', '', 'publish', 'open', 'open', '', 'the-founder', '', '', '2018-06-14 04:15:12', '2018-06-14 02:15:12', '', 0, 'http://localhost/wordpress/?p=24', 0, 'post', '', 0),
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(32, 1, '2018-06-14 04:46:47', '2018-06-14 02:46:47', '{\n \"nav_menu_item[26]\": {\n \"value\": {\n \"menu_item_parent\": 0,\n \"object_id\": 26,\n \"object\": {\n \"custom\": {\n \"type\": \"custom\", \n \"type_label\": \"Lien personnaliss\u00e9\", \n \"title\": \"Home\", \n \"url\": \"http://localhost/wordpress/\", \n \"target\": \"\", \n \"attr_title\": \"\", \n \"description\": \"\", \n \"classes\": \"\", \n \"xfn\": \"\", \n \"nav_menu_term_id\": 2, \n \"position\": 1, \n \"status\": \"publish\", \n \"original_title\": \"\", \n \"invalid\": false\n }, \n \"type\": \"nav_menu_item\", \n \"user_id\": 1, \n \"date_modified_gmt\": \"2018-06-14 02:46:47\" \n } \n }, \n \"trash\": \"closed\", \n \"closed\": \"closed\", \n \"8f7fca6b-b06b-4829-8733-a93579f9bf62\": {\n \"2018-06-14 04:46:47\", \n \"2018-06-14 02:46:47\", \n 0, \n \"http://localhost/wordpress/2018/06/14/8f7fca6b-b06b-4829-8733-a93579f9bf62/\", \n 0, \n \"customize_changeset\", \n \"\", \n 0\n }\n }, \n \"33-revision-v1\": {\n \"2018-06-14 05:00:12\", \n \"2018-06-14 03:00:12\", \n \"\", \n \"The Founder\", \n \"\", \n \"publish\", \n \"closed\", \n \"closed\", \n \"\", \n \"the-founder\", \n \"\", \n \"\", \n \"2018-06-14 05:00:12\", \n \"2018-06-14 03:00:12\", \n \"\", \n 13, \n \"http://localhost/wordpress/?page_id=33\", \n 0, \n \"page\", \n \"\", \n 0\n }, \n \"34-revision-v1\": {\n \"2018-06-14 05:00:12\", \n \"2018-06-14 03:00:12\", \n \"\", \n \"The Founder\", \n \"\", \n \"inherit\", \n \"closed\", \n \"closed\", \n \"\", \n \"33-revision-v1\", \n \"\", \n \"\", \n \"2018-06-14 05:00:12\", \n \"2018-06-14 03:00:12\", \n \"\", \n 33, \n \"http://localhost/wordpress/2018/06/14/33-revision-v1/\", \n 0, \n \"revision\", \n \"\", \n 0\n }, \n \"35-revision-v1\": {\n \"2018-06-14 05:00:33\", \n \"2018-06-14 03:00:33\", \n \"\", \n \"Katmandu\", \n \"\", \n \"publish\", \n \"closed\", \n \"closed\", \n \"\", \n \"katmandu\", \n \"\", \n \"\", \n \"2018-06-14 05:00:33\", \n \"2018-06-14 03:00:33\", \n \"\", \n 13, \n \"http://localhost/wordpress/?page_id=35\", \n 0, \n \"page\", \n \"\", \n 0\n }, \n \"36-revision-v1\": {\n \"2018-06-14 05:00:33\", \n \"2018-06-14 03:00:33\", \n \"\", \n \"Katmandu\", \n \"\", \n \"inherit\", \n \"closed\", \n \"closed\", \n \"\", \n \"35-revision-v1\", \n \"\", \n \"\", \n \"2018-06-14 05:00:33\", \n \"2018-06-14 03:00:33\", \n \"\", \n 35, \n \"http://localhost/wordpress/2018/06/14/35-revision-v1/\", \n 0, \n \"revision\", \n \"\", \n 0\n }, \n \"37-revision-v1\": {\n \"2018-06-14 05:00:50\", \n \"2018-06-14 03:00:50\", \n \"\", \n \"Pokhara\", \n \"\", \n \"publish\", \n \"closed\", \n \"closed\", \n \"\", \n \"pokhara\", \n \"\", \n \"\", \n \"2018-06-14 05:00:50\", \n \"2018-06-14 03:00:50\", \n \"\", \n 13, \n \"http://localhost/wordpress/?page_id=37\", \n 0, \n \"page\", \n \"\", \n 0\n }, \n \"38-revision-v1\": {\n \"2018-06-14 05:00:50\", \n \"2018-06-14 03:00:50\", \n \"\", \n \"Pokhara\", \n \"\", \n \"inherit\", \n \"closed\", \n \"closed\", \n \"\", \n \"37-revision-v1\", \n \"\", \n \"\", \n \"2018-06-14 05:00:50\", \n \"2018-06-14 03:00:50\", \n \"\", \n 37, \n \"http://localhost/wordpress/2018/06/14/37-revision-v1/\", \n 0, \n \"revision\", \n \"\", \n 0\n }, \n \"39-revision-v1\": {\n \"2018-06-14 05:01:34\", \n \"2018-06-14 03:01:34\", \n \"\", \n \"The Volunteers\", \n \"\", \n \"publish\", \n \"closed\", \n \"closed\", \n \"\", \n \"the-volunteers\", \n \"\", \n \"\", \n \"2018-06-14 05:01:34\", \n \"2018-06-14 03:01:34\", \n \"\", \n 0, \n \"http://localhost/wordpress/?page_id=39\", \n 0, \n \"page\", \n \"\", \n 0\n }, \n \"40-revision-v1\": {\n \"2018-06-14 05:01:34\", \n \"2018-06-14 03:01:34\", \n \"\", \n \"The Volunteers\", \n \"\", \n \"inherit\", \n \"closed\", \n \"closed\", \n \"\", \n \"39-revision-v1\", \n \"\", \n \"\", \n \"2018-06-14 05:01:34\", \n \"2018-06-14 03:01:34\", \n \"\", \n 39, \n \"http://localhost/wordpress/2018/06/14/39-revision-v1/\", \n 0, \n \"revision\", \n \"\", \n 0\n }, \n \"41-revision-v1\": {\n \"2018-06-14 05:01:48\", \n \"2018-06-14 03:01:48\", \n \"\", \n \"Apply\", \n \"\", \n \"publish\", \n \"closed\", \n \"closed\", \n \"\", \n \"apply\", \n \"\", \n \"\", \n \"2018-06-14 05:01:48\", \n \"2018-06-14 03:01:48\", \n \"\", \n 39, \n \"http://localhost/wordpress/?page_id=41\", \n 0, \n \"page\", \n \"\", \n 0\n }, \n \"42-revision-v1\": {\n \"2018-06-14 05:01:48\", \n \"2018-06-14 03:01:48\", \n \"\", \n \"Apply\", \n \"\", \n \"inherit\", \n \"closed\", \n \"closed\", \n \"\", \n \"41-revision-v1\", \n \"\", \n \"\", \n \"2018-06-14 05:01:48\", \n \"2018-06-14 03:01:48\", \n \"\", \n 41, \n \"http://localhost/wordpress/2018/06/14/41-revision-v1/\", \n 0, \n \"revision\", \n \"\", \n 0\n }, \n \"43-revision-v1\": {\n \"2018-06-14 05:02:18\", \n \"2018-06-14 03:02:18\", \n \"\", \n \"Pricing\", \n \"\", \n \"publish\", \n \"closed\", \n \"closed\", \n \"\", \n \"pricing\", \n \"\", \n \"\", \n \"2018-06-14 05:02:18\", \n \"2018-06-14 03:02:18\", \n \"\", \n 39, \n \"http://localhost/wordpress/?page_id=43\", \n 0, \n \"page\", \n \"\", \n 0\n }\n}

(44, 1, '2018-06-14 05:02:18', '2018-06-14 03:02:18', '', 'Pricing', '', 'inherit', 'closed', 'closed', '', '43-revision-v1', '', '', '2018-06-14 05:02:18', '2018-06-14 03:02:18', '', 43, 'http://localhost/wordpress/2018/06/14/43-revision-v1/', 0, 'revision', '', 0),
(45, 1, '2018-06-14 05:02:33', '2018-06-14 03:02:33', '', 'Article', '', 'publish', 'closed', 'closed', '', 'article', '', '', '2018-06-14 05:02:33', '2018-06-14 03:02:33', '', 17, 'http://localhost/wordpress/?page_id=45', 0, 'page', '', 0),
(46, 1, '2018-06-14 05:02:33', '2018-06-14 03:02:33', '', 'Article', '', 'inherit', 'closed', 'closed', '', '45-revision-v1', '', '', '2018-06-14 05:02:33', '2018-06-14 03:02:33', '', 45, 'http://localhost/wordpress/2018/06/14/45-revision-v1/', 0, 'revision', '', 0),
(65, 1, '2018-06-19 05:53:54', '0000-00-00 00:00:00', '', 'Brouillon auto', '', 'auto-draft', 'open', 'open', '', '', '2018-06-19 05:53:54', '0000-00-00 00:00:00', '', 0, 'http://localhost/wordpress/?p=65', 0, 'post', '', 0),
(66, 1, '2018-06-19 06:18:13', '0000-00-00 00:00:00', '', 'Accueil', '', 'draft', 'closed', 'closed', '', '', '', '2018-06-19 06:18:13', '0000-00-00 00:00:00', '', 0, 'http://localhost/wordpress/?p=66', 1, 'nav_menu_item', '', 0),
(67, 1, '2018-06-19 06:18:13', '0000-00-00 00:00:00', '', '', '', 'draft', 'closed', 'closed', '', '', '', '2018-06-19 06:18:13', '0000-00-00 00:00:00', '', 0, 'http://localhost/wordpress/?p=67', 1, 'nav_menu_item', '', 0),
(68, 1, '2018-06-19 06:18:13', '0000-00-00 00:00:00', '', '', '', 'draft', 'closed', 'closed', '', '', '', '2018-06-19 06:18:13', '0000-00-00 00:00:00', '', 0, 'http://localhost/wordpress/?p=68', 1, 'nav_menu_item', '', 0),
(69, 1, '2018-06-19 06:18:13', '0000-00-00 00:00:00', '', '', '', 'draft', 'closed', 'closed', '', '', '', '2018-06-19 06:18:13', '0000-00-00 00:00:00', '', 0, 'http://localhost/wordpress/?p=69', 1, 'nav_menu_item', '', 0),
(70, 1, '2018-06-19 06:18:14', '0000-00-00 00:00:00', '', '', '', 'draft', 'closed', 'closed', '', '', '', '2018-06-19 06:18:14', '0000-00-00 00:00:00', '', 17, 'http://localhost/wordpress/?p=70', 1, 'nav_menu_item', '', 0),
(71, 1, '2018-06-19 06:18:14', '0000-00-00 00:00:00', '', '', '', 'draft', 'closed', 'closed', '', '', '', '2018-06-19 06:18:14', '0000-00-00 00:00:00', '', 0, 'http://localhost/wordpress/?p=71', 1, 'nav_menu_item', '', 0),
(72, 1, '2018-06-19 06:18:14', '0000-00-00 00:00:00', '', '', '', 'draft', 'closed', 'closed', '', '', '', '2018-06-19 06:18:14', '0000-00-00 00:00:00', '', 0, 'http://localhost/wordpress/?p=72', 1, 'nav_menu_item', '', 0),
(73, 1, '2018-06-19 06:18:14', '0000-00-00 00:00:00', '', '', '', 'draft', 'closed', 'closed', '', '', '', '2018-06-19 06:18:14', '0000-00-00 00:00:00', '', 13, 'http://localhost/wordpress/?p=73', 1, 'nav_menu_item', '', 0),
(74, 1, '2018-06-19 06:18:14', '0000-00-00 00:00:00', '', '', '', 'draft', 'closed', 'closed', '', '', '', '2018-06-19 06:18:14', '0000-00-00 00:00:00', '', 13, 'http://localhost/wordpress/?p=74', 1, 'nav_menu_item', '', 0),
(75, 1, '2018-06-19 06:18:14', '0000-00-00 00:00:00', '', '', '', 'draft', 'closed', 'closed', '', '', '', '2018-06-19 06:18:14', '0000-00-00 00:00:00', '', 13, 'http://localhost/wordpress/?p=75', 1, 'nav_menu_item', '', 0),
(76, 1, '2018-06-19 06:18:14', '0000-00-00 00:00:00', '', '', '', 'draft', 'closed', 'closed', '', '', '', '2018-06-19 06:18:14', '0000-00-00 00:00:00', '', 0, 'http://localhost/wordpress/?p=76', 1, 'nav_menu_item', '', 0),
(77, 1, '2018-06-19 06:18:14', '0000-00-00 00:00:00', '', '', '', 'draft', 'closed', 'closed', '', '', '', '2018-06-19 06:18:14', '0000-00-00 00:00:00', '', 39, 'http://localhost/wordpress/?p=77', 1, 'nav_menu_item', '', 0),
(78, 1, '2018-06-19 06:18:14', '0000-00-00 00:00:00', '', '', '', 'draft', 'closed', 'closed', '', '', '', '2018-06-19 06:18:14', '0000-00-00 00:00:00', '', 39, 'http://localhost/wordpress/?p=78', 1, 'nav_menu_item', '', 0),
(79, 1, '2018-06-19 06:18:14', '0000-00-00 00:00:00', '', 'Accueil', '', 'draft', 'closed', 'closed', '', '', '', '2018-06-19 06:18:14', '0000-00-00 00:00:00', '', 0, 'http://localhost/wordpress/?p=79', 1, 'nav_menu_item', '', 0),
(80, 1, '2018-06-19 06:18:14', '0000-00-00 00:00:00', '', '', '', 'draft', 'closed', 'closed', '', '', '', '2018-06-19 06:18:14', '0000-00-00 00:00:00', '', 0, 'http://localhost/wordpress/?p=80', 1, 'nav_menu_item', '', 0),
(81, 1, '2018-06-19 06:18:14', '0000-00-00 00:00:00', '', '', '', 'draft', 'closed', 'closed', '', '', '', '2018-06-19 06:18:14', '0000-00-00 00:00:00', '', 0, 'http://localhost/wordpress/?p=81', 1, 'nav_menu_item', '', 0),

[illegible]

(102, 1, '2018-06-19 06:19:41', '0000-00-00 00:00:00', '', '', '', 'draft', 'closed', 'closed', '', '', '', '',
'2018-06-19 06:19:41', '0000-00-00 00:00:00', '', 0, 'http://localhost/wordpress/?p=102', 1,
'nav_menu_item', '', 0),
(103, 1, '2018-06-19 06:19:41', '0000-00-00 00:00:00', '', '', '', 'draft', 'closed', 'closed', '', '', '', '',
'2018-06-19 06:19:41', '0000-00-00 00:00:00', '', 39, 'http://localhost/wordpress/?p=103', 1,
'nav_menu_item', '', 0),
(104, 1, '2018-06-19 06:19:41', '0000-00-00 00:00:00', '', '', '', 'draft', 'closed', 'closed', '', '', '', '',
'2018-06-19 06:19:41', '0000-00-00 00:00:00', '', 39, 'http://localhost/wordpress/?p=104', 1,
'nav_menu_item', '', 0),
(105, 1, '2018-06-19 06:20:00', '2018-06-19 04:20:00', '', 'Home', '', 'publish', 'closed', 'closed',
'', 'home', '', '', '2018-06-19 06:20:00', '2018-06-19 04:20:00', '', 0, 'http://localhost/wordpress/?
page_id=105', 0, 'page', '', 0),
(106, 1, '2018-06-19 06:20:00', '2018-06-19 04:20:00', '', 'Home', '', 'inherit', 'closed', 'closed', '',
'105-revision-v1', '', '', '2018-06-19 06:20:00', '2018-06-19 04:20:00', '', 105, 'http://localhost/
wordpress/2018/06/19/105-revision-v1/', 0, 'revision', '', 0),
(107, 1, '2018-06-19 06:20:11', '0000-00-00 00:00:00', '', 'Accueil', '', 'draft', 'closed', 'closed', '',
'', '', '', '2018-06-19 06:20:11', '0000-00-00 00:00:00', '', 0, 'http://localhost/wordpress/?p=107',
1, 'nav_menu_item', '', 0),
(108, 1, '2018-06-19 06:20:41', '2018-06-19 04:20:41', '', '', '', 'publish', 'closed', 'closed', '',
'108', '', '', '2018-06-20 11:45:18', '2018-06-20 09:45:18', '', 0, 'http://localhost/wordpress/?
p=108', 10, 'nav_menu_item', '', 0),
(109, 1, '2018-06-19 06:20:41', '2018-06-19 04:20:41', '', '', '', 'publish', 'closed', 'closed', '',
'109', '', '', '2018-06-20 11:45:18', '2018-06-20 09:45:18', '', 0, 'http://localhost/wordpress/?
p=109', 11, 'nav_menu_item', '', 0),
(110, 1, '2018-06-19 06:20:41', '2018-06-19 04:20:41', '', '', '', 'publish', 'closed', 'closed', '',
'110', '', '', '2018-06-20 11:45:18', '2018-06-20 09:45:18', '', 0, 'http://localhost/wordpress/?
p=110', 9, 'nav_menu_item', '', 0),
(111, 1, '2018-06-19 06:20:41', '2018-06-19 04:20:41', '', '', '', 'publish', 'closed', 'closed', '',
'111', '', '', '2018-06-20 11:45:18', '2018-06-20 09:45:18', '', 0, 'http://localhost/wordpress/?
p=111', 1, 'nav_menu_item', '', 0),
(112, 1, '2018-06-19 06:20:41', '2018-06-19 04:20:41', '', '', '', 'publish', 'closed', 'closed', '',
'112', '', '', '2018-06-20 11:45:18', '2018-06-20 09:45:18', '', 0, 'http://localhost/wordpress/?
p=112', 2, 'nav_menu_item', '', 0),
(113, 1, '2018-06-19 06:20:41', '2018-06-19 04:20:41', '', '', '', 'publish', 'closed', 'closed', '',
'113', '', '', '2018-06-20 11:45:18', '2018-06-20 09:45:18', '', 13, 'http://localhost/wordpress/?
p=113', 4, 'nav_menu_item', '', 0),
(114, 1, '2018-06-19 06:20:41', '2018-06-19 04:20:41', '', '', '', 'publish', 'closed', 'closed', '',
'114', '', '', '2018-06-20 11:45:18', '2018-06-20 09:45:18', '', 13, 'http://localhost/wordpress/?
p=114', 5, 'nav_menu_item', '', 0),
(115, 1, '2018-06-19 06:20:41', '2018-06-19 04:20:41', '', '', '', 'publish', 'closed', 'closed', '',
'115', '', '', '2018-06-20 11:45:18', '2018-06-20 09:45:18', '', 13, 'http://localhost/wordpress/?
p=115', 4, 'nav_menu_item', '', 0),
(116, 1, '2018-06-19 06:20:41', '2018-06-19 04:20:41', '', '', '', 'publish', 'closed', 'closed', '',
'116', '', '', '2018-06-20 11:45:18', '2018-06-20 09:45:18', '', 13, 'http://localhost/wordpress/?
p=116', 5, 'nav_menu_item', '', 0),
(117, 1, '2018-06-19 06:20:41', '2018-06-19 04:20:41', '', '', '', 'publish', 'closed', 'closed', '',
'117', '', '', '2018-06-20 11:45:18', '2018-06-20 09:45:18', '', 13, 'http://localhost/wordpress/?
p=117', 3, 'nav_menu_item', '', 0),
(118, 1, '2018-06-19 06:20:41', '2018-06-19 04:20:41', '', '', '', 'publish', 'closed', 'closed', '',
'118', '', '', '2018-06-20 11:45:18', '2018-06-20 09:45:18', '', 0, 'http://localhost/wordpress/?
p=118', 6, 'nav_menu_item', '', 0),
(119, 1, '2018-06-19 06:20:41', '2018-06-19 04:20:41', '', '', '', 'publish', 'closed', 'closed', '',
'119', '', '', '2018-06-20 11:45:18', '2018-06-20 09:45:18', '', 39, 'http://localhost/wordpress/?
p=119', 7, 'nav_menu_item', '', 0),
(120, 1, '2018-06-19 06:20:41', '2018-06-19 04:20:41', '', '', '', 'publish', 'closed', 'closed', '',
'120', '', '', '2018-06-20 11:45:18', '2018-06-20 09:45:18', '', 39, 'http://localhost/wordpress/?
p=120', 8, 'nav_menu_item', '', 0),
(121, 1, '2018-06-19 06:30:24', '2018-06-19 04:30:24', '', '', '', 'publish', 'closed', 'closed', '',
'121', '', '', '2018-06-19 06:30:24', '2018-06-19 04:30:24', '', 0, 'http://localhost/wordpress/?
p=121', 1, 'nav_menu_item', '', 0),
(122, 1, '2018-06-19 06:30:24', '2018-06-19 04:30:24', '', '', '', 'publish', 'closed', 'closed', '',
'122', '', '', '2018-06-19 06:30:24', '2018-06-19 04:30:24', '', 0, 'http://localhost/wordpress/?
p=122', 2, 'nav_menu_item', '', 0),
(123, 1, '2018-06-19 06:40:15', '2018-06-19 04:40:15', 'zhioazhfiazhifhaz', 'test', '', 'publish',
'open', 'open', '', 'test', '', '', '2018-06-19 06:40:21', '2018-06-19 04:40:21', '', 0, 'http://localhost/
wordpress/?p=123', 0, 'post', '', 0),

(124, 1, '2018-06-19 06:40:15', '2018-06-19 04:40:15', '', 'test', '', 'inherit', 'closed', 'closed', '', '123-revision-v1', '', '', '2018-06-19 06:40:15', '2018-06-19 04:40:15', '', 123, 'http://localhost/wordpress/2018/06/19/123-revision-v1/', 0, 'revision', '', 0),
(125, 1, '2018-06-19 06:40:21', '2018-06-19 04:40:21', 'zhioazhfiazhifhaz', 'test', '', 'inherit', 'closed', 'closed', '', '123-revision-v1', '', '', '2018-06-19 06:40:21', '2018-06-19 04:40:21', '', 123, 'http://localhost/wordpress/2018/06/19/123-revision-v1/', 0, 'revision', '', 0),
(126, 1, '2018-06-19 06:57:29', '2018-06-19 04:57:29', 'liazjpiazjpzek', 'Contact', '', 'inherit', 'closed', 'closed', '', '19-revision-v1', '', '', '2018-06-19 06:57:29', '2018-06-19 04:57:29', '', 19, 'http://localhost/wordpress/2018/06/19/19-revision-v1/', 0, 'revision', '', 0),
(127, 1, '2018-06-19 06:58:05', '2018-06-19 04:58:05', 'liazjpiazjpzek', 'Le Contact', '', 'inherit', 'closed', 'closed', '', '19-revision-v1', '', '', '2018-06-19 06:58:05', '2018-06-19 04:58:05', '', 19, 'http://localhost/wordpress/2018/06/19/19-revision-v1/', 0, 'revision', '', 0),
(128, 1, '2018-06-19 07:00:29', '2018-06-19 05:00:29', 'liazjpiazjpzek', 'Contact', '', 'inherit', 'closed', 'closed', '', '19-revision-v1', '', '', '2018-06-19 07:00:29', '2018-06-19 05:00:29', '', 19, 'http://localhost/wordpress/2018/06/19/19-revision-v1/', 0, 'revision', '', 0),
(129, 1, '2018-06-19 07:00:32', '0000-00-00 00:00:00', '', 'Brouillon auto', '', 'auto-draft', 'closed', 'closed', '', '', '2018-06-19 07:00:32', '0000-00-00 00:00:00', '', 0, 'http://localhost/wordpress/?page_id=129', 0, 'page', '', 0),
(130, 1, '2018-06-19 07:00:35', '0000-00-00 00:00:00', '', 'Brouillon auto', '', 'auto-draft', 'closed', 'closed', '', '', '2018-06-19 07:00:35', '0000-00-00 00:00:00', '', 0, 'http://localhost/wordpress/?page_id=130', 0, 'page', '', 0),
(131, 1, '2018-06-19 07:04:14', '2018-06-19 05:04:14', 'liazjpiazjpzek', 'Contact', '', 'inherit', 'closed', 'closed', '', '19-revision-v1', '', '', '2018-06-19 07:04:14', '2018-06-19 05:04:14', '', 19, 'http://localhost/wordpress/2018/06/19/19-revision-v1/', 0, 'revision', '', 0),
(132, 1, '2018-06-19 08:53:50', '2018-06-19 06:53:50', 'ZEFZEF', 'test 2', '', 'publish', 'open', 'open', '', 'test-2', '', '2018-06-19 08:53:50', '2018-06-19 06:53:50', '', 0, 'http://localhost/wordpress/?p=132', 0, 'post', '', 0),
(133, 1, '2018-06-19 08:53:50', '2018-06-19 06:53:50', 'ZEFZEF', 'test 2', '', 'inherit', 'closed', 'closed', '', '132-revision-v1', '', '', '2018-06-19 08:53:50', '2018-06-19 06:53:50', '', 132, 'http://localhost/wordpress/2018/06/19/132-revision-v1/', 0, 'revision', '', 0),
(134, 1, '2018-06-19 10:10:34', '2018-06-19 08:10:34', '', 'Altimètre', '', 'inherit', 'open', 'closed', '', 'altimetre', '', '2018-06-19 10:10:34', '2018-06-19 08:10:34', '', 0, 'http://localhost/wordpress/wp-content/uploads/2018/06/Altimètre.jpg', 0, 'attachment', 'image/jpeg', 0),
(135, 1, '2018-06-19 10:13:11', '0000-00-00 00:00:00', '{\n \n"MoveNepal::background_image": {\n \n"value": "http://localhost/wordpress/wp-content/uploads/2018/06/avionAUtiliser.jpg",\n \n"type": "theme_mod",\n \n"user_id": 1,\n \n"date_modified_gmt": "2018-06-19 08:12:35"\n },\n \n"MoveNepal::background_position_x": {\n \n"value": "left",\n \n"type": "theme_mod",\n \n"user_id": 1,\n \n"date_modified_gmt": "2018-06-19 08:12:35"\n },\n \n"MoveNepal::background_position_y": {\n \n"value": "top",\n \n"type": "theme_mod",\n \n"user_id": 1,\n \n"date_modified_gmt": "2018-06-19 08:12:35"\n },\n \n"MoveNepal::background_size": {\n \n"value": "contain",\n \n"type": "theme_mod",\n \n"user_id": 1,\n \n"date_modified_gmt": "2018-06-19 08:11:42"\n },\n \n"MoveNepal::background_repeat": {\n \n"value": "no-repeat",\n \n"type": "theme_mod",\n \n"user_id": 1,\n \n"date_modified_gmt": "2018-06-19 08:11:42"\n },\n \n"MoveNepal::background_attachment": {\n \n"value": "fixed",\n \n"type": "theme_mod",\n \n"user_id": 1,\n \n"date_modified_gmt": "2018-06-19 08:12:35"\n },\n \n"MoveNepal::background_preset": {\n \n"value": "fit",\n \n"type": "theme_mod",\n \n"user_id": 1,\n \n"date_modified_gmt": "2018-06-19 08:12:35"\n },\n \n"MoveNepal::background_color": {\n \n"value": "#ff0044",\n \n"type": "theme_mod",\n \n"user_id": 1,\n \n"date_modified_gmt": "2018-06-19 08:13:11"\n }\n}', '', 'auto-draft', 'closed', 'closed', '', 'f71d118e-2c88-43ff-a6f3-bb8fbf1a6864', '', '2018-06-19 10:13:11', '2018-06-19 08:13:11', '', 0, 'http://localhost/wordpress/?p=135', 0, 'customize_changeset', '', 0),
(136, 1, '2018-06-19 10:12:12', '2018-06-19 08:12:12', '', 'avionAUtiliser', '', 'inherit', 'open', 'closed', '', 'avionauttiliser', '', '2018-06-19 10:12:12', '2018-06-19 08:12:12', '', 0, 'http://localhost/wordpress/wp-content/uploads/2018/06/avionAUtiliser.jpg', 0, 'attachment', 'image/jpeg', 0),
(137, 1, '2018-06-19 10:14:48', '0000-00-00 00:00:00', '{\n \n"MoveNepal::header_image": {\n \n"value": "remove-header",\n \n"type": "theme_mod",\n \n"user_id": 1,\n

```
\n    \"date_modified_gmt\": \"2018-06-19 08:14:48\"\\n    },\\n    \"MoveNepal::header_image_data\":  
{\\n        \"value\": \"remove-header\",\\n        \"type\": \"theme_mod\",\\n        \"user_id\": 1,\\n  
    \"date_modified_gmt\": \"2018-06-19 08:14:48\"\\n    }\\n}', \"\", \"\", 'auto-draft', 'closed', 'closed', \"\",  
'306398b7-6edb-4aee-a068-018eed3cdbf5', \"\", \"\", '2018-06-19 10:14:48', '0000-00-00 00:00:00',  
'\", 0, 'http://localhost/wordpress/?p=137', 0, 'customize_changeset', \"\", 0);
```

-- -----

```
--  
-- Structure de la table `wp_termmeta`  
--
```

```
CREATE TABLE `wp_termmeta` (  
  `meta_id` bigint(20) UNSIGNED NOT NULL,  
  `term_id` bigint(20) UNSIGNED NOT NULL DEFAULT '0',  
  `meta_key` varchar(255) COLLATE utf8mb4_unicode_520_ci DEFAULT NULL,  
  `meta_value` longtext COLLATE utf8mb4_unicode_520_ci  
) ENGINE=InnoDB DEFAULT CHARSET=utf8mb4 COLLATE=utf8mb4_unicode_520_ci;
```

-- -----

```
--  
-- Structure de la table `wp_terms`  
--
```

```
CREATE TABLE `wp_terms` (  
  `term_id` bigint(20) UNSIGNED NOT NULL,  
  `name` varchar(200) COLLATE utf8mb4_unicode_520_ci NOT NULL DEFAULT '',  
  `slug` varchar(200) COLLATE utf8mb4_unicode_520_ci NOT NULL DEFAULT '',  
  `term_group` bigint(10) NOT NULL DEFAULT '0'  
) ENGINE=InnoDB DEFAULT CHARSET=utf8mb4 COLLATE=utf8mb4_unicode_520_ci;
```

```
--  
-- Déchargement des données de la table `wp_terms`  
--
```

```
INSERT INTO `wp_terms` (`term_id`, `name`, `slug`, `term_group`) VALUES  
(1, 'Non classé', 'non-classe', 0),  
(3, 'Main Navigation', 'main-navigation', 0),  
(4, 'Footer Navigation', 'footer-navigation', 0);
```

-- -----

```
--  
-- Structure de la table `wp_term_relationships`  
--
```

```
CREATE TABLE `wp_term_relationships` (  
  `object_id` bigint(20) UNSIGNED NOT NULL DEFAULT '0',  
  `term_taxonomy_id` bigint(20) UNSIGNED NOT NULL DEFAULT '0',  
  `term_order` int(11) NOT NULL DEFAULT '0'  
) ENGINE=InnoDB DEFAULT CHARSET=utf8mb4 COLLATE=utf8mb4_unicode_520_ci;
```

```
--  
-- Déchargement des données de la table `wp_term_relationships`  
--
```

```
INSERT INTO `wp_term_relationships` (`object_id`, `term_taxonomy_id`, `term_order`) VALUES  
(1, 1, 0),  
(5, 1, 0),
```

```
(7, 1, 0),
(24, 1, 0),
(108, 3, 0),
(109, 3, 0),
(110, 3, 0),
(113, 3, 0),
(114, 3, 0),
(115, 3, 0),
(116, 3, 0),
(117, 3, 0),
(118, 3, 0),
(119, 3, 0),
(120, 3, 0),
(121, 4, 0),
(122, 4, 0),
(123, 1, 0),
(132, 1, 0);
```

```
-- -----
```

```
--
-- Structure de la table `wp_term_taxonomy`
--
```

```
CREATE TABLE `wp_term_taxonomy` (
  `term_taxonomy_id` bigint(20) UNSIGNED NOT NULL,
  `term_id` bigint(20) UNSIGNED NOT NULL DEFAULT '0',
  `taxonomy` varchar(32) COLLATE utf8mb4_unicode_520_ci NOT NULL DEFAULT '',
  `description` longtext COLLATE utf8mb4_unicode_520_ci NOT NULL,
  `parent` bigint(20) UNSIGNED NOT NULL DEFAULT '0',
  `count` bigint(20) NOT NULL DEFAULT '0'
) ENGINE=InnoDB DEFAULT CHARSET=utf8mb4 COLLATE=utf8mb4_unicode_520_ci;
```

```
--
-- Déchargement des données de la table `wp_term_taxonomy`
--
```

```
INSERT INTO `wp_term_taxonomy` (`term_taxonomy_id`, `term_id`, `taxonomy`, `description`,
`parent`, `count`) VALUES
(1, 1, 'category', '', 0, 3),
(3, 3, 'nav_menu', '', 0, 11),
(4, 4, 'nav_menu', '', 0, 2);
```

```
-- -----
```

```
--
-- Structure de la table `wp_usermeta`
--
```

```
CREATE TABLE `wp_usermeta` (
  `umeta_id` bigint(20) UNSIGNED NOT NULL,
  `user_id` bigint(20) UNSIGNED NOT NULL DEFAULT '0',
  `meta_key` varchar(255) COLLATE utf8mb4_unicode_520_ci DEFAULT NULL,
  `meta_value` longtext COLLATE utf8mb4_unicode_520_ci
) ENGINE=InnoDB DEFAULT CHARSET=utf8mb4 COLLATE=utf8mb4_unicode_520_ci;
```

```
--
-- Déchargement des données de la table `wp_usermeta`
--
```

```

INSERT INTO `wp_usermeta` (`umeta_id`, `user_id`, `meta_key`, `meta_value`) VALUES
(1, 1, 'nickname', 'moveNepaladmin'),
(2, 1, 'first_name', ''),
(3, 1, 'last_name', ''),
(4, 1, 'description', ''),
(5, 1, 'rich_editing', 'true'),
(6, 1, 'syntax_highlighting', 'true'),
(7, 1, 'comment_shortcuts', 'false'),
(8, 1, 'admin_color', 'fresh'),
(9, 1, 'use_ssl', '0'),
(10, 1, 'show_admin_bar_front', 'false'),
(11, 1, 'locale', ''),
(12, 1, 'wp_capabilities', 'a:1:{s:13:\"administrator\";b:1;}'),
(13, 1, 'wp_user_level', '10'),
(14, 1, 'dismissed_wp_pointers', 'wp496_privacy,plugin_editor_notice,theme_editor_notice'),
(15, 1, 'show_welcome_panel', '1'),
(17, 1, 'wp_dashboard_quick_press_last_post_id', '65'),
(19, 1, 'session_tokens', 'a:1:{s:
64:\"5b2ef87492c3061b63fb8fff044d0f9573ff8390c40ab5c420ffc949617a4fb8\";a:4:{s:
10:\"expiration\";i:1529995091;s:2:\"ip\";s:3:\"::1\";s:2:\"ua\";s:121:\"Mozilla/5.0 (Macintosh; Intel
Mac OS X 10_13_2) AppleWebKit/537.36 (KHTML, like Gecko) Chrome/66.0.3359.181 Safari/
537.36\";s:5:\"login\";i:1528785491;}}'),
(20, 1, 'managenav-menuscolumnshidden', 'a:5:{i:0;s:11:\"link-target\";i:1;s:11:\"css-classes\";i:
2;s:3:\"xfn\";i:3;s:11:\"description\";i:4;s:15:\"title-attribute\";}'),
(21, 1, 'metaboxhidden_nav-menus', 'a:1:{i:0;s:12:\"add-post_tag\";}'),
(22, 1, 'nav_menu_recently_edited', '3'),
(23, 1, 'wp_user-settings', 'editor=tinymce&libraryContent=upload'),
(24, 1, 'wp_user-settings-time', '1529470782'),
(25, 1, 'closedpostboxes_dashboard', 'a:1:{i:0;s:21:\"dashboard_quick_press\";}'),
(26, 1, 'metaboxhidden_dashboard', 'a:0:{}');

```

```

--
-- Structure de la table `wp_users`
--

```

```

CREATE TABLE `wp_users` (
  `ID` bigint(20) UNSIGNED NOT NULL,
  `user_login` varchar(60) COLLATE utf8mb4_unicode_520_ci NOT NULL DEFAULT '',
  `user_pass` varchar(255) COLLATE utf8mb4_unicode_520_ci NOT NULL DEFAULT '',
  `user_nicename` varchar(50) COLLATE utf8mb4_unicode_520_ci NOT NULL DEFAULT '',
  `user_email` varchar(100) COLLATE utf8mb4_unicode_520_ci NOT NULL DEFAULT '',
  `user_url` varchar(100) COLLATE utf8mb4_unicode_520_ci NOT NULL DEFAULT '',
  `user_registered` datetime NOT NULL DEFAULT '0000-00-00 00:00:00',
  `user_activation_key` varchar(255) COLLATE utf8mb4_unicode_520_ci NOT NULL DEFAULT '',
  `user_status` int(11) NOT NULL DEFAULT '0',
  `display_name` varchar(250) COLLATE utf8mb4_unicode_520_ci NOT NULL DEFAULT ''
) ENGINE=InnoDB DEFAULT CHARSET=utf8mb4 COLLATE=utf8mb4_unicode_520_ci;

```

```

--
-- Déchargement des données de la table `wp_users`
--

```

```

INSERT INTO `wp_users` (`ID`, `user_login`, `user_pass`, `user_nicename`, `user_email`, `user_url`,
`user_registered`, `user_activation_key`, `user_status`, `display_name`) VALUES
(1, 'moveNepaladmin', '$P$BBGC5AoXMkpAXyPRqoviyGT9d50WTP/', 'movenepaladmin',
'madolph@ensc.fr', '', '2018-06-11 09:28:15', '', 0, 'moveNepaladmin');

```

--

```

-- Index pour les tables déchargées
--

--
-- Index pour la table `wp_commentmeta`
--
ALTER TABLE `wp_commentmeta`
  ADD PRIMARY KEY (`meta_id`),
  ADD KEY `comment_id` (`comment_id`),
  ADD KEY `meta_key` (`meta_key`(191));

--
-- Index pour la table `wp_comments`
--
ALTER TABLE `wp_comments`
  ADD PRIMARY KEY (`comment_ID`),
  ADD KEY `comment_post_ID` (`comment_post_ID`),
  ADD KEY `comment_approved_date_gmt` (`comment_approved`,`comment_date_gmt`),
  ADD KEY `comment_date_gmt` (`comment_date_gmt`),
  ADD KEY `comment_parent` (`comment_parent`),
  ADD KEY `comment_author_email` (`comment_author_email`(10));

--
-- Index pour la table `wp_links`
--
ALTER TABLE `wp_links`
  ADD PRIMARY KEY (`link_id`),
  ADD KEY `link_visible` (`link_visible`);

--
-- Index pour la table `wp_options`
--
ALTER TABLE `wp_options`
  ADD PRIMARY KEY (`option_id`),
  ADD UNIQUE KEY `option_name` (`option_name`);

--
-- Index pour la table `wp_postmeta`
--
ALTER TABLE `wp_postmeta`
  ADD PRIMARY KEY (`meta_id`),
  ADD KEY `post_id` (`post_id`),
  ADD KEY `meta_key` (`meta_key`(191));

--
-- Index pour la table `wp_posts`
--
ALTER TABLE `wp_posts`
  ADD PRIMARY KEY (`ID`),
  ADD KEY `post_name` (`post_name`(191)),
  ADD KEY `type_status_date` (`post_type`,`post_status`,`post_date`,`ID`),
  ADD KEY `post_parent` (`post_parent`),
  ADD KEY `post_author` (`post_author`);

--
-- Index pour la table `wp_termmeta`
--
ALTER TABLE `wp_termmeta`
  ADD PRIMARY KEY (`meta_id`),
  ADD KEY `term_id` (`term_id`),

```



```

ADD KEY `meta_key` (`meta_key`(191));

--
-- Index pour la table `wp_terms`
--
ALTER TABLE `wp_terms`
  ADD PRIMARY KEY (`term_id`),
  ADD KEY `slug` (`slug`(191)),
  ADD KEY `name` (`name`(191));

--
-- Index pour la table `wp_term_relationships`
--
ALTER TABLE `wp_term_relationships`
  ADD PRIMARY KEY (`object_id`,`term_taxonomy_id`),
  ADD KEY `term_taxonomy_id` (`term_taxonomy_id`);

--
-- Index pour la table `wp_term_taxonomy`
--
ALTER TABLE `wp_term_taxonomy`
  ADD PRIMARY KEY (`term_taxonomy_id`),
  ADD UNIQUE KEY `term_id_taxonomy` (`term_id`,`taxonomy`),
  ADD KEY `taxonomy` (`taxonomy`);

--
-- Index pour la table `wp_usermeta`
--
ALTER TABLE `wp_usermeta`
  ADD PRIMARY KEY (`umeta_id`),
  ADD KEY `user_id` (`user_id`),
  ADD KEY `meta_key` (`meta_key`(191));

--
-- Index pour la table `wp_users`
--
ALTER TABLE `wp_users`
  ADD PRIMARY KEY (`ID`),
  ADD KEY `user_login_key` (`user_login`),
  ADD KEY `user_nicename` (`user_nicename`),
  ADD KEY `user_email` (`user_email`);

--
-- AUTO_INCREMENT pour les tables déchargées
--

--
-- AUTO_INCREMENT pour la table `wp_commentmeta`
--
ALTER TABLE `wp_commentmeta`
  MODIFY `meta_id` bigint(20) UNSIGNED NOT NULL AUTO_INCREMENT;

--
-- AUTO_INCREMENT pour la table `wp_comments`
--
ALTER TABLE `wp_comments`
  MODIFY `comment_ID` bigint(20) UNSIGNED NOT NULL AUTO_INCREMENT,
  AUTO_INCREMENT=2;

--

```

```

-- AUTO_INCREMENT pour la table `wp_links`
--
ALTER TABLE `wp_links`
  MODIFY `link_id` bigint(20) UNSIGNED NOT NULL AUTO_INCREMENT;

--
-- AUTO_INCREMENT pour la table `wp_options`
--
ALTER TABLE `wp_options`
  MODIFY `option_id` bigint(20) UNSIGNED NOT NULL AUTO_INCREMENT,
  AUTO_INCREMENT=350;

--
-- AUTO_INCREMENT pour la table `wp_postmeta`
--
ALTER TABLE `wp_postmeta`
  MODIFY `meta_id` bigint(20) UNSIGNED NOT NULL AUTO_INCREMENT,
  AUTO_INCREMENT=799;

--
-- AUTO_INCREMENT pour la table `wp_posts`
--
ALTER TABLE `wp_posts`
  MODIFY `ID` bigint(20) UNSIGNED NOT NULL AUTO_INCREMENT, AUTO_INCREMENT=138;

--
-- AUTO_INCREMENT pour la table `wp_termmeta`
--
ALTER TABLE `wp_termmeta`
  MODIFY `meta_id` bigint(20) UNSIGNED NOT NULL AUTO_INCREMENT;

--
-- AUTO_INCREMENT pour la table `wp_terms`
--
ALTER TABLE `wp_terms`
  MODIFY `term_id` bigint(20) UNSIGNED NOT NULL AUTO_INCREMENT, AUTO_INCREMENT=5;

--
-- AUTO_INCREMENT pour la table `wp_term_taxonomy`
--
ALTER TABLE `wp_term_taxonomy`
  MODIFY `term_taxonomy_id` bigint(20) UNSIGNED NOT NULL AUTO_INCREMENT,
  AUTO_INCREMENT=5;

--
-- AUTO_INCREMENT pour la table `wp_usermeta`
--
ALTER TABLE `wp_usermeta`
  MODIFY `umeta_id` bigint(20) UNSIGNED NOT NULL AUTO_INCREMENT,
  AUTO_INCREMENT=27;

--
-- AUTO_INCREMENT pour la table `wp_users`
--
ALTER TABLE `wp_users`
  MODIFY `ID` bigint(20) UNSIGNED NOT NULL AUTO_INCREMENT, AUTO_INCREMENT=2;

```