Cheat Sheet: Actions and Activities in Pathfinder Second Edition

	•	One action	**	Two actions	***	Three actions
Legend	♦	Free action	2	Reaction	p. XX	Core Rulebook
	Foo ^C	Concentrate	Foo^T	Trained only	Foo ^S	Secret check

BASIC ACTIONS (COMMON)

Stride (move) �	Move up to your Speed. [p. 471]
Strike (attack) 🍫	Attack with a weapon or unarmed attack. [p. 471]
Cast a Spell ** (typically)	Cast a spell you have prepared or in your repertoire. [p. 302]
Step (move) 🍫	Move 5 feet without triggering reactions. [p. 471]
Raise a Shield �	Put up a shield to get its bonus to AC. [p. 472]

BASIC ACTIONS (UNCOMMON)

Activate an Item � (or more)	Call forth the effect of an item by properly activating it. [p. 532]
Aid 💠 + 🔾	DC 20 check to give a +1 circumstance bonus to assisted skill check or attack roll (crit success: +2, +3 if master, +4 if legendary). [p. 470]
Delay �	Select this when your turn begins; take your turn later. [p. 470]
Dismiss ^c �	End one spell effect or magic item effect. [p. 305]
Interact (manipulate) �	Grab an object, open a door, draw an item, or do a similar action. [p. 470]
Mount (move) �	Get on an allied animal bigger than you to ride it. [p. 472]
Ready ^c ���	Prepare to take a single/free action as a reaction with a given trigger. [p. 470]
Release (manipulate) �	Release something you're holding without triggering reactions. [p. 470]
Sustain a Spell/Activation ^c �	Extend a spell or item effect until the end of your next turn. [p. 304/534]
Take Cover 🍫	Gain cover (or get greater cover if you have cover). [p. 471]

BASIC ACTIONS (SITUATIONAL)

Avert Gaze �	Get a +2 circumstance bonus against visual abilities. [p. 472]
Crawl (move) �	Move 5 feet while prone. [p. 470]
Drop Prone (move) �	Fall prone. [p. 470]
Escape (attack) �	Attempt to get free when grabbed, restrained, or immobilized. Use unarmed attack modifier, Acrobatics, or Athletics. [p. 470]
Grab an Edge (manipulate) 2	Try to catch something to stop a fall. [p. 472]
Leap (move) ❖	Jump horizontally 10 feet (15 feet if your Speed is 30 feet or more), or vertically 3 feet and horizontally 5 feet. $[p.470]$
Point Out (manipulate) �	Reveal unobserved creature. [p. 472]
Seek ^{c,s} ❖	Scan an area for signs of creatures/objects using Perception. [p. 471]
Sense Motive ^{C,S} ◆	See if a creature is lying. [p. 471]
Stand (move) �	You stand up from prone. [p. 471]

SKILL **A**CTIONS

Acrobatics	Balance (move) * Tumble Through (move) * Maneuver in Flight ^T (move) *	Move across narrow surface or uneven ground. [p. 240] Move through the space of one enemy. [p. 240] Perform a difficult maneuver while flying. [p. 240]
Arcana	Recall Knowledge ^{c,s} ◆	Remember a bit of knowledge. [p. 239]
Athletics	Climb (move) Force Open (attack) Grapple (attack) High Jump (move) Long Jump (move) Shove (attack) Swim (move) Trip (attack) Disarm ^T (attack)	Move up, down, or across an incline. [p. 241] Forcefully open a door, window, or container. [p. 242] Grab an opponent with your free hand. [p. 242] Stride and then make a vertical Leap. [p. 242] Stride and then make a horizontal Leap. [p. 242] Push an opponent away from you. [p. 243] Propel yourself through water. [p. 243] Knock an opponent to the ground. [p. 243] Knock something out of an opponent's grasp. [p. 243]
Crafting	Recall Knowledge ^{C,S} �	Remember a bit of knowledge. [p. 239]
Deception	Create a Diversion ❖ Lie ^{C,S} ❖❖ + Feint ^T ❖	Draw creatures' attention elsewhere. [p. 245] Fool someone with an untruth. [p. 246] Leave an opponent unprepared for your attack. [p. 246]
Diplomacy	Request ^c ❖	Make a request of a friendly or helpful creature. [p. 247]
Intimidation	Demoralize ^c ❖	Shake an enemy's resolve. [p. 247]
Lore	Recall Knowledge ^{c,s} ◆	Remember a bit of knowledge. [p. 239]
Medicine	Administer First Aid (manipulate) ◆◆◆ Recall Knowledge ^{C,S} ◆ Treat Poison ^T (manipulate) ◆	Perform first aid on a dying/bleeding creature. [p. 248] Remember a bit of knowledge. [p. 239] Treat a patient to prevent the spread of poison. [p. 248]
Nature	Command an Animal ^C ❖ Recall Knowledge ^{C,S} ❖	Issue an order to an animal. [p. 249] Remember a bit of knowledge. [p. 239]
Occultism	Recall Knowledge ^{C,S} �	Remember a bit of knowledge. [p. 239]
Performance	Perform ^c ❖	Make a brief performance (song, dance, joke). [p. 250]
Religion	Recall Knowledge ^{C,S} �	Remember a bit of knowledge. [p. 239]
Society	Recall Knowledge ^{C,S} ❖	Remember a bit of knowledge. [p. 239]
Stealth	Conceal an Object ^S (manipulate) Hide ^S Sneak ^S (move) Manipulate	Hide a small object (light bulk) on your person. [p. 251] Use cover or concealment to become hidden. [p. 251] Move to another place while being undetected. [p. 252]
Thievery	Palm an Object (manipulate) Steal (manipulate) Disable Device ^T (manipulate) Pick a Lock ^T (manipulate)	Palm a small, unattended object. [p. 253] Take a small object from another creature. [p. 253] Disarm a trap or another complex device. [p. 253] Open a lock without a key. [p. 253]

HERO POINTS

Reroll check (fortune)	Spend 1 Hero Point to reroll a check and use the second result. [p. 467]
Heroic Recovery	As soon as you die, spend all Hero Points to lose the dying condition, stabilize with 0 HP, and not increase your wounded condition. [p. 467]

GENERAL EXPLORATION ACTIVITIES

Avoid Notice ^S	Travel stealthily at half speed and use Stealth for initiative. [p. 479]
Defend	Move at half speed with your shield raised. [p. 479]
Detect Magic ^C	Cast detect magic regularly while moving at half speed. [p. 479]
Follow the Expert ^C	Match the tactic of an expert to gain a bonus to a skill check. [p. 479]
Hustle (move)	Move at double speed for Con (min. 1) × 10 minutes. [p. 480]
Investigate ^{C,S}	Seek out information about your surroundings at half speed. [p. 480]
Refocus ^c	Perform deeds to restore 1 focus point to your focus pool. [p. 300]
Repeat a Spell ^C	Cast the same spell (usually a cantrip) repeatedly at half speed. [p. 480]
Scout ^C	Scout ahead and behind to watch for danger at half speed. [p. 480]
<u>Search</u> ^{C,S}	Seek meticulously for hidden features at half speed (or slower). [p. 480]

SKILL EXPLORATION ACTIVITIES

Borrow an Arcane Spell ^{C,T}	Prepare a spell from someone else's spellbook (Arcana). [p. 241]
Coerce ^C	Threaten a creature so it does what you want (Intimidation). [p. 247]
Cover Tracks ^{C,T} (move)	Obscure your passing (Survival). [p. 252]
Decipher Writing ^{T,S}	Understand archaic, esoteric, or obscure texts (Arcana, Occultism, Religion, Society). [p. 234]
Gather Information ^S	Canvass the area to learn about an individual/topic (Diplomacy). [p. 246]
Identify Alchemy ^{C,T,S}	Identify an alchemical item using alchemist's tools (Crafting). [p. 245]
Identify Magic ^{C,T,S}	Learn about a magic item, location, or ongoing effect (Arcana, Nature, Occultism, Religion). [p. 238]
Impersonate ^{C,S} (manipulate)	Create a disguise, usually with a disguise kit (Deception). [p. 245]
Learn a Spell ^{C,T}	Gain access to a new spell (Arcana, Nature, Occultism, Religion). [p. 238]
Make an Impression ^c	Make a good impression on someone (Diplomacy). [p. 246]
Repair (manipulate)	Fix a damaged item using a repair kit (Crafting). [p. 243]
Sense Direction ^S	Get a sense of where you are and where is north (Survival). [p. 252]
Squeeze ^T (move)	Squeeze though very tight spaces (Acrobatics). [p. 241]
Track ^{C,T} (move)	Find and follow creatures' tracks (Survival). [p. 252]
Treat Wounds (manipulate)	Treat a living creature's wounds (Medicine). [p. 249]

DOWNTIME ACTIVITIES

Craft ^T (manipulate)	Create items from raw materials (Crafting). [p. 244]
Create Forgery ^S	Forge a document (Deception). [p. 251]
Earn Income ^T	Earn money (Crafting, Lore, Performance). [p. 236]
Long Term Rest	Spend an entire day resting to recover Con (min. 1) × twice your level. [p. 481]
Retraining	Alter some of your character choices (feats, skills, class features). [p. 481]
Subsist	Find food/shelter in the wilderness (Survival) or a settlement (Society). [p. 240]
Treat Disease (manipulate)	Spend time caring for a diseased creature to cure them (Medicine). [p. 248]