



Save with health and wellness discounts



With no claim forms or referrals, your **Aetna Whole HealthSM** plan discounts are easy to use. Plus, you can use them as much as you'd like for:

- Low rates at select gyms
- Elliptical trainers, treadmills and strength equipment
- One-on-one motivational health coaching
- Weight-loss programs or meal plans
- Hearing aids and exams
- Eye exams, contact lenses, eyeglasses and LASIK eye surgery
- Massage therapy, acupuncture, chiropractic, nutrition services, over-the-counter vitamins, yoga equipment and homeopathic remedies

Start saving today

Just log in to **your secure member website** and choose "Health Programs." Then click on "See the discounts" and follow the steps for each discount you'd like to use.

CLICK HERE

For more helpful tips, visit **www.myaetnawholehealth.com**. You'll find a member guide and video created just for you.

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If you have any questions, please **[Contact Us](#)**.

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