



Resolve to save money with your Aetna Whole HealthSM plan



Welcome to the new year! Now's a good time to book your annual wellness exam even if it is for later this year. Your exam, including preventive screenings, is covered at no cost to you.*

Then remember to stay in-network all year long to save money and get more coordinated care. You can also save money by using:

- Your health and wellness discounts to get or stay fit
- Urgent care centers rather than emergency rooms (for non-life-threatening emergencies)
- Generic drugs instead of brand name drugs

What screenings do you need?

Just log in to **your secure member website**. Then click on "Health Programs" and "Preventive Health Guidelines" to find out.

[CLICK HERE](#)

For more helpful tips, visit www.myaetnawholehealth.com.
You'll find a member guide and video created just for you.

*Tests and other services performed during the preventive screening that are not covered under the preventive screening benefit may be an additional cost.

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If you have any questions, please [Contact Us](#).

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