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Thoughts on Learning Styles

The concept of learning styles categorizes learners as visual, auditory, kinesthetic, or reading/ writing types has gained popularity. One part of the article that I found interesting was that there was evidence of outcomes being significantly better when instruction techniques aligned with an individual's learning style. I do think that learning styles affect how we learn although the study showed otherwise. I think that testing how well someone learned based on the teaching technique will not get an accurate response because many students do not test well. I think that if teachers chose to use their teaching techniques that align with the students' learning techniques to 'test' their knowledge, they would have a much more successful outcome. With many people having many different learning preferences, it is hard to accommodate to all, but I think by understanding one's own learning preferences they can excel with studying at home.