

# **2025 HIGH SCHOOL GAMES-TIMING PROCEDURES**

## **TIMING FACTORS FOR ALL GAMES: JV and Varsity**

- Clock stops on every whistle in the last minute of each quarter **ONLY FOR A FOUL IN THE CSA.**
- If the goal differential is 10 or more goals, the clock will continue to run in the last minute for each quarter.
- If the score becomes less than 10 goals, the clock stops on every whistle in the last minute of each quarter **only for a foul in the CSA.** If time runs out prior to the complete administration of a free position, **then it shall not be administered.**

## **VARSITY TIMING - ALL PLAY STOPPED CLOCK AFTER GOALS**

- Four 12-minute quarters. 2-minute quarter breaks. Halftime NOT TO EXCEED 10 minutes
- Stop clock after goals **EXCEPTION:** if there is a 10 or more goal differential, clock will run after goals (review above)

## **JV TIMING – REVIEW LIST OF SCHOOLS**

- Four 12-minute quarters. 2-minute quarter breaks. 5-minute halftime
- 7 v 7 – some JV teams will play reduced numbers. They are allowed to reduce playing time to 15 minutes halves running clock, or four, 10-min quarters if they would like. This will allow them a few more breaks.

## **SCHOOLS THAT PLAY **RUNNING CLOCK** FOR JV:**

- |                    |                |                  |                 |
|--------------------|----------------|------------------|-----------------|
| • Battlefield      | • Freedom-SR   | • John Champe    | • JP the Great  |
| • Bishop Ireton    | • Forest Park  | • Kipp           | • Potomac Falls |
| • Bishop McNamara  | • Garfield     | • Loudoun County | • Riverside     |
| • Bishop O'Connell | • Gainesville  | • Loudoun Valley | • Rock Ridge    |
| • Briar Woods      | • Good Counsel | • Lightridge     | • Stone Bridge  |
| • Broad Run        | • Heritage     | • Meridian       | • Tuscaroura    |
| • Colgan           | • Holy Cross   | • Osbourn        | • Woodgrove     |
| • Dominion         | • Hylton       | • Osbourn Park   | • Unity Reed    |
| • Elizabeth Seton  | • Independence | • Park View      |                 |

## **SCHOOLS THAT PLAY **STOPPED CLOCK** AFTER GOALS FOR JV: (review timing factors above)**

- |                   |                 |                     |                    |
|-------------------|-----------------|---------------------|--------------------|
| • Annandale       | • Hayfield      | • Marshall          | • Stone Ridge      |
| • Bullis          | • Herndon       | • McLean            | • Stuart           |
| • Centerville     | • Holton Arms   | • Mount Vernon      | • T.C. Williams    |
| • Chantilly       | • Holy Child    | • Nat. Cathedral    | • Thomas Jefferson |
| • Edison          | • Jefferson     | • Oakton            | • Wakefield        |
| • Episcopal       | • Langley       | • Potomac           | • Washington-Lib   |
| • Fairfax         | • Lake Braddock | • Robinson          | • Westfield        |
| • Falls Church    | • Lewis         | • South County      | • West Potomac     |
| • Flint Hill      | • Madeira       | • South Lakes       | • West Springfield |
| • Georgetown Day  | • Madison       | • St. Andrews       | • Woodson          |
| • Georgetown Visi | • Maret         | • St Steph St Agnes | • Yorktown         |