



Projected Life Expectancy

23 May, 2043

You are expected to live
27.5 years as a citizen of the
World

+ 182 days

Your life will be approximately
longer than the world's average
for about 182 days

21 Nov, 2043

You are expected to live
28.0 years as a citizen of Poland

Do you want to live longer?

Go to health.population.io

On health.population.io you can get a better and personal expectation.

Keep me posted

Sign up for our newsletter

your@email.com

go

Add your Date of Death
to your calendar

iCalendar



Want to know
more?

Contact
API

Share

Facebook
Twitter
LinkedIn

What is your life expectancy based on your living conditions?

Please enter your date of birth, country of birth and sex at birth:

Day

Month

Year

Country

Female

Male

Please enter your length and weight:

Length (cm)

Weight (kg)

go

What are your living conditions?

Do you exercise thirty minutes a day?

No

n/a

Yes

Do you exercise thirty minutes a day?

No

n/a

Yes

+ 4 months

Nice!

Do you exercise thirty minutes a day?

No

n/a

Yes

If you start exercizing you'll save 4 months

Do you exercise thirty minutes a day?

- 3 months

No

n/a

Yes

If you start exercizing you'll save 7 months

Your life expectancy, adjusted for your living conditions is:

85,2 years

Your life will be approximately longer than average by:

7 months

By improving your lifestyle, you can lengthen your life by:

18 months

share on
Facebook

share on
Twitter