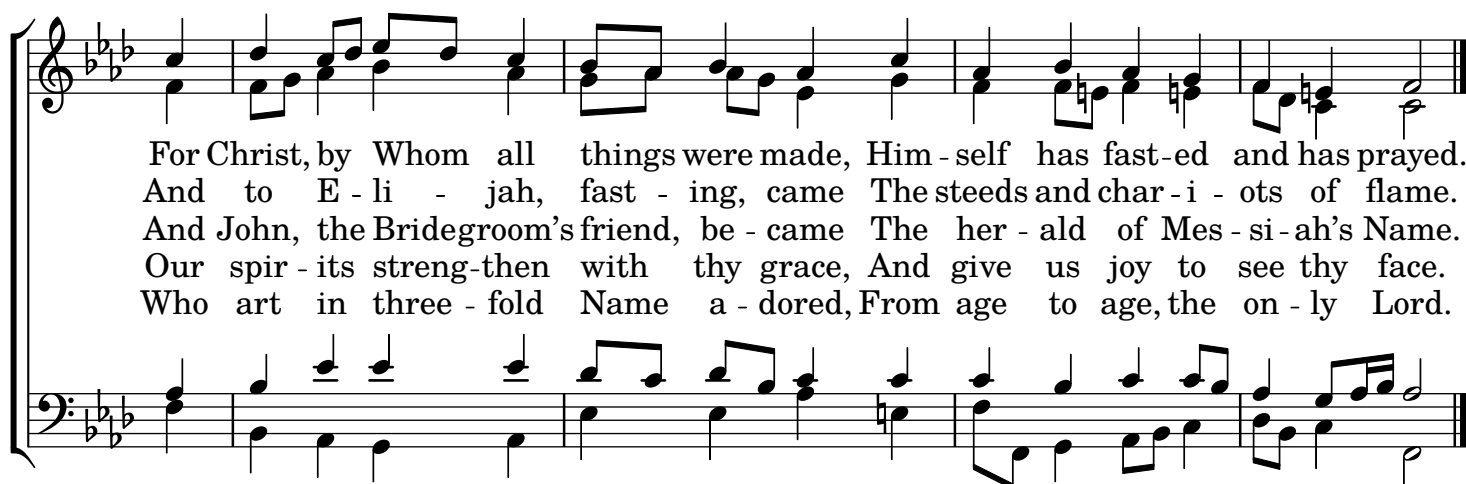


1. The glo - ry of these for - ty days We cel - e - brate with songs of praise;
 2. A - lone and fast - ing Mo - ses saw The lov - ing God Who gave the law;
 3. So Dan - iel trained his mys - tic sight, De - liv - ered from the li - ons' might;
 4. Then grant us, Lord, like them to be Full oft in fast and prayer with thee;
 5. O Fa - ther, Son, and Spir - it blest, To thee be ev - 'ry prayer addressed,



For Christ, by Whom all things were made, Him - self has fast - ed and has prayed.
 And to E - li - jah, fast - ing, came The steeds and char - i - ots of flame.
 And John, the Bridegroom's friend, be - came The her - ald of Mes - si - ah's Name.
 Our spir - its streng - then with thy grace, And give us joy to see thy face.
 Who art in three - fold Name a - dored, From age to age, the on - ly Lord.

Clarum decus jejunii
 Gregory the Great; tr. M.F. Bell