# Margaret "Maggie" Delaney, PT, DPT, NCS

#### **EDUCATION**

## Doctor of Physical Therapy May 2017

Northern Arizona University (NAU) Biomedical Campus, Phoenix, AZ

## **Bachelor of Science in Public Health, minor in Spanish**

University of Arizona (UA), Tucson, AZ

May 2014

#### **CURRENT EMPLOYMENT**

### Senior Physical Therapist, Shirley Ryan Ability Lab Day Rehab

- Caseload: neurological conditions, vestibular disorders

- Site champion for Parkinson's Disease and Movement Disorders

## Nov 2021-Present

#### PAST EMPLOYMENT

### Physical Therapist, George Washington University Outpatient Rehabilitation Center

Jan 2020-Nov 2021

- Caseload: neurological conditions, concussion & vestibular disorders, and seating & mobility
- Lead concussion committee: physician rounds, organizing meetings and education
- Lead therapist for pre & post LVAD program
- Lead investigator for inter-disciplinary vestibular study: equipment training and management, candidate identification and recruitment
- Clinical instructor for multiple graduate physical therapy students per year, creation of multiple educational and structural materials to facilitate student learning and assist with clinical instruction for other clinicians

## Physical Therapist, George Washington University Hospital

Nov 2018-Nov 2021

- Full-time med-surg 1 year, PRN med-surg and acute rehab 2 years
- Caseload: neurological conditions, orthopedics, trauma & medicine

## POST-PROFESSIONAL TRAINING AND EMPLOYMENT

### **Boston University Neurologic Physical Therapy Residency Program**

Sept 2017-18

1-year clinical mentored residency program for licensed PTs with specialized clinical and didactic training as well as research, teaching, and community service responsibilities. Received Neurological Clinical Specialist (NCS) Certification in June 2019

### Clinical Training

#### Physical Therapist, Beth Israel Deaconess Medical Center (BIDMC)

- Developed skills in evaluation, intervention, and management of neurologic patient case load
- Collaborated with an interdisciplinary team in acute care setting of Level I Trauma Center
- Patient population primarily neurological diagnoses including CVA, TBI, ABI, MS, SCI, seizures, vestibular disorders, CNS neoplasm, and parkinsonism.
- 4+ hours weekly 1:1 mentoring by board certified Neurologic Clinical Specialists in physical therapy
- Participated in monthly journal clubs, patient case conferences, vestibular and ICU special interest groups
- Monthly shadowing in specialty clinics serving ALS and Huntington's Disease populations

### Physical Therapist, Spaulding Outpatient Center Medford

- Developed skills in evaluation, intervention, and management of neurologic patient case load
- Collaborated with an interdisciplinary team in an outpatient neurologic setting
- Patient population primarily neurological diagnoses including CVA, ABI, MS, CP, SCI, PD, concussion, vestibular disorders
- 4+ hours weekly 1:1 mentoring by board certified Neurologic Clinical Specialists in physical therapy

#### Physical Therapist, Center for Neurorehabilitation at Boston University

- Developed skills in evaluation, examination, and treatment of individuals with Parkinson Disease.

#### Didactic Training

## **Neurologic Physical Therapy Professional Education Consortium**

- Enhanced clinical skills through participation in 26 webinar-based series with leading experts on topics related to neurologic physical therapy in preparation for specialty certification in Neurologic PT
- Completed 8 days of on-site coursework focused on examination, intervention, and evidence-based practice
- Completed bi-weekly journal club, including presentation of article appraisal and leading discussion

#### Research Experience

- Assisted with recruitment of 40 participants with Parkinson disease and 30 healthy controls for cross-sectional study
- Assisted with data management using REDCap (Research Electronic Data Capture)
- Assisted with data collection including administering informed consent, self-report surveys (e.g., apathy, depression, physical activity), performance measures (e.g., 6 Minute Walk Test, Unified Parkinson Disease Rating Scale) and a computer-based assessment of motivation
- Assisted with data analysis using SPSS and interpretation of data

### Teaching Experience

#### Teaching Assistant, Doctor of Physical Therapy Program, Boston University

- Mentored teaching experience in a laboratory setting of a Clinical Neurological Examination & Treatment Course consisting of 70 students, grading end of year case-based group projects
- Assisted as a Clinical Instructor at BIDMC: mentored two DPT students in their 2<sup>nd</sup> affiliation

#### **LEADERSHIP & COMMUNITY SERVICE**

#### Research & Design Intern, Move Together Inc., Global Rehabilitation Non-Profit

Mar 2018-Mar 2020

- Ensured compliance with WHO recommendations for global rehabilitative services, managed clinical data collection, and educated volunteers on ethics of global health service

## Clinic Development Projects in Villa Nueva, Guatemala, Move Together Inc.

May 2017 & Jan 2020

- Construction of functional rehabilitation clinic including infrastructure and local government partnership
- Team-based patient care with local students and clinicians, grand rounds, educational in-services

### Volunteer Coordinator, Pro Bono Physical Therapy Clinic, Puerto Peñasco, Mexico

2016-17

- 4 trips annually, physical therapy for amputee prosthetic training and musculoskeletal problems

## Volunteer Coordinator, Student Health Outreach for Wellness Clinic, Arizona

2015-17

- 8 hours monthly, physical therapy care provided in interdisciplinary team, primary care setting
- Recruited and coordinated physical therapy student volunteers
- Designed foot & ankle diabetic neuropathy screening clinic program for PT students

#### PROFESSIONAL ACTIVITIES

#### Academic

#### Guest Lecturer - Universidad Popular Autónoma del Estado de Puebla, MX (UPAEP)

Jul 2019

- Developed and taught a 3-day neurological evaluation course for physiotherapy students and local physiotherapists
- Basic neurological exam, elements of hypothesis-driven examination, movement analysis and evaluation of live patients

#### **APTA Credentialed Clinical Instructor**

Oct 2019

#### Publications:

- Delaney, M., Warren, M., Kinslow, B., De Heer, H., & Ganley, K. Association and Dose-Response Relationship of Self-Reported Physical Activity and Disability Among Adults ≥50 Years: National Health and Nutrition Examination Survey, 2011-2016. *Journal of Aging and Physical Activity*. 2019, Nov 21; 1-8 [Ahead of Print]

#### Posters & Oral Presentations

## **Combined Sections Meeting 2019**

Mar 2019

- Colon-Semenza, C., Delaney, M., Cole, T., & Ellis, T. Anhedonia Influences Physical Activity Levels in People with Parkinson Disease

## Presentation/Poster Physical Therapy Pro Bono Clinic Networking Conference – Western Region

Apr 2017

- "A Foot Screening Clinic for Individuals Experiencing Homelessness: Planning, Implementation, and Future Directions"

## Presentation/Poster Physical Therapy Pro Bono Clinic Networking Conference – Western Region

Apr 2016

- "Student Health Outreach for Wellness Pro Bono Clinic: an Interprofessional Health Delivery Model"

#### **Professional Memberships**

- American Physical Therapy Association (APTA)

2015-Present

Academy of Neurologic Physical Therapy