

# AST3220 - Project 3: Inflation without approximation

Candidate nr. 14  
(Dated: June 13, 2023)

## 1. PROBLEM A)

Using the convention of represent As  $H_i$  neccesarily has the same dimensions as  $H$  it is clear that  $h$  must be dimensionless:

$$[h] = [H][H_i]^{-1} = 1 \quad (1.1)$$

The hubble parameter has dimension velocity per distance, which can be written

$$[H] = (\text{LT}^{-1})\text{L}^{-1} = \text{T}^{-1} \quad (1.2)$$

so that  $\tau$  is dimensionless as well:

$$[\tau] = [H][t] = \text{T}^{-1}\text{T} = 1 \quad (1.3)$$

Both  $\phi$  and the Planck energy has units of energy, making  $\psi$  dimensionless as well:

$$[\psi] = [\phi][E_p]^{-1} = \text{ML}^2\text{T}^{-2}(\text{ML}^2\text{T}^{-2})^{-1} = 1 \quad (1.4)$$

Lastly, we rewrite the potential  $v$  using the definiton  $E_p^2 = \hbar c^5/G$ , so that

$$v = \frac{\hbar c^3}{H_i^2 E_p^2} = \frac{1}{H_i^2} \frac{G}{c^2} V \quad (1.5)$$

Using the definiton of  $H_i$ , we then see that

$$[v] = [H_i]^{-1}[Gc^{-2}V] = [H_i]^{-1}[H_i] = 1 \quad (1.6)$$

so  $v$  is dimensionless as well

## 2. PROBLEM B)

### A. Hubble parameter and scale factor

Using the definitions of the dimensionless variables and applying the chain rule, we see that

$$\frac{d}{d\tau} \left( \ln \frac{a}{a_i} \right) = \frac{dt}{d\tau} \frac{d}{dt} \left( \ln \frac{a}{a_i} \right) \quad (2.1)$$

$$= \frac{1}{H_i} \frac{\dot{a}}{a} \quad (2.2)$$

$$= \frac{H}{H_i} \quad (2.3)$$

$$= h \quad (2.4)$$

### B. Continuity equation (name???)

Similarly we continue using the chain rule to rewrite  $\dot{\phi}$ ,  $\ddot{\phi}$  and  $V'$  in terms of  $\tau$  and  $\psi$ :

$$\frac{d\phi}{dt} = \frac{d\tau}{dt} \frac{d\phi}{d\psi} \frac{d\psi}{d\tau} = H_i E_p \frac{d\psi}{d\tau} \quad (2.5)$$

$$\frac{d^2\phi}{dt^2} = \frac{d\tau}{dt} \frac{d}{d\tau} \frac{d\phi}{d\psi} \frac{d\psi}{d\tau} = H_i^2 E_p \frac{d^2\psi}{d\tau^2} \quad (2.6)$$

$$\frac{dV}{d\phi} = \frac{d\psi}{d\phi} \frac{dV}{dv} \frac{dv}{d\psi} = \frac{1}{E_p} \frac{H_i^2 E_p^2}{\hbar c^3} \frac{dv}{d\psi} \quad (2.7)$$

Which can be inserted to the (???) equation, giving

$$H_i^2 E_p \frac{d^2\psi}{d\tau^2} + 3H H_i E_p \frac{d\psi}{d\tau} + H_i^2 E_p \frac{dv}{d\psi} = 0 \quad (2.8)$$

Dividing both sides by  $H_i^2 E_p$  and using the definition  $h = H/H_i$ , this reduces to

$$\frac{d^2\psi}{d\tau^2} + 3h \frac{d\psi}{d\tau} + \frac{dv}{d\psi} = 0 \quad (2.9)$$

#### 1. Hubble parameter

Lastly, we rewrite the Hubble parameter in terms of the dimensionless quantities. We have

$$H^2 = \frac{8\pi G}{3c^2} \left[ \frac{1}{2\hbar c^3} \dot{\phi} + V(\phi) \right] \quad (2.10)$$

$$= \frac{8\pi G}{3c^2} \left[ \frac{H_i^2 E_p^2}{2\hbar c^3} \left( \frac{d\psi}{d\tau} \right)^2 + V(\phi) \right] \quad (2.11)$$

$$= \frac{8\pi G}{3c^2} \frac{H_i^2 E_p^2}{\hbar c^3} \left[ \frac{1}{2} \left( \frac{d\psi}{d\tau} \right)^2 + v(\psi) \right] \quad (2.12)$$

Where we used equation (2.5) and the definition of  $v$ . Next, inserting the definition of the planck energy

$$E_p^2 = \frac{\hbar c^5}{G} \quad (2.13)$$

and dividing both sides by  $H_i$ , we finally get:

$$h^2 = \frac{8\pi}{3} \left[ \frac{1}{2} \left( \frac{d\psi}{d\tau} \right)^2 + v(\psi) \right] \quad (2.14)$$

## 3. PROBLEM C)

Read up on this shit

#### 4. PROBLEM D)

During slow-roll, the number of remaining e-folds until inflation ends can be calculated as

$$N(t) = \frac{8\pi}{E_p^2} \int_{\phi_{\text{end}}}^{\phi} \frac{V}{V'} d\phi \quad (4.1)$$

$$(4.2)$$

Where we easily find

$$\frac{V}{V'} = \frac{1}{2}\phi \quad (4.3)$$

and  $\psi_{\text{end}}$  is given by requiring  $\epsilon(\phi_{\text{end}}) = 1$ :

$$\epsilon(\phi_{\text{end}}) = \frac{E_p^2}{16\pi} \left( \frac{V'}{V} \right)^2 \quad (4.4)$$

$$= \frac{E_p^2}{4\pi\phi_{\text{end}}^2} \quad (4.5)$$

$$= 1 \quad (4.6)$$

$$\Rightarrow \phi_{\text{end}} = \frac{E_p}{\sqrt{4\pi}} \quad (4.7)$$

We can then calculate the integral:

$$N(t) = \frac{8\pi}{E_p^2} \int_{\phi_{\text{end}}}^{\phi} \frac{1}{2}\phi d\phi \quad (4.8)$$

$$= \frac{2\pi}{E_p^2} \left( \phi^2 - \frac{E_p^2}{4\pi} \right) \quad (4.9)$$

$$= \frac{2\pi}{E_p^2} \phi^2 - \frac{1}{2} \quad (4.10)$$

By definition, the number of remaining e-folds at the initial time  $t = t_i$  is the total number of e-folds  $N_{\text{tot}}$ . Evaluating  $N(t)$  at  $t_i$  and solving for the initial field value  $\phi_i$  we then get:

$$\phi_i = \frac{E_p}{\sqrt{2\pi}} \sqrt{N_{\text{tot}} + \frac{1}{2}} \quad (4.11)$$

or in terms of the dimensionless field:

$$\psi_i = \sqrt{\frac{1}{2\pi} \left( N_{\text{tot}} + \frac{1}{2} \right)} \quad (4.12)$$

Which evaluates to  $\psi_i \approx 8.925$  for 500 e-folds of inflation.

#### 5. PROBLEM E) & F)

To solve the equations of motion of the field, we rename  $\xi = \frac{d\psi}{d\tau}$  so equation 2.9 can instead be written as a set of two first order equations:

$$\frac{d\psi}{d\tau} = \xi \quad (5.1)$$

$$\frac{d\xi}{d\tau} = -3h(\xi, \psi)\xi - \frac{d}{d\psi}v(\psi) \quad (5.2)$$

where  $h$  is then given by

$$h^2 = \frac{8\pi}{3} \left[ \frac{1}{2}\xi^2 + v(\psi) \right] \quad (5.3)$$

and  $v(\psi)$  is given by our choice of potential. Equations 5.1 and 5.2 are then easily solved using a numerical integrator. A plot of the resulting field  $\psi$  plotted against  $\tau$  is attached in Figure (1), along with the slow-roll solution.

With the solutions  $\xi$  and  $\psi$  we can easily find  $\ln\left(\frac{a}{a_i}\right)$  by numerically evaluating the integral

$$\ln\left(\frac{a}{a_i}\right) = \int_0^t H dt \quad (5.4)$$

$$= \int_0^\tau h(\xi, \psi) d\tau \quad (5.5)$$

The results are plotted in Figure (2), along with the slow-roll solution

Based on the lectures, we expect the field to decay until it reaches  $\psi_{\text{end}}$ . When it reaches  $\psi_{\text{end}}$  it should then start behaving like a damped oscillator centered around  $\psi = 0$ . This is in agreement with the numerical solution (Figure 1), which starts oscillating at  $\tau \approx 1000$ . This is also when the slow-roll approximation starts deviating significantly from the exact solution, as it instead continues decaying at a constant rate.

This is around the same time the slow-roll approximation for the scale factor deviates from the exact solution (Figure 2), as one might expect. BLABLABLABLA

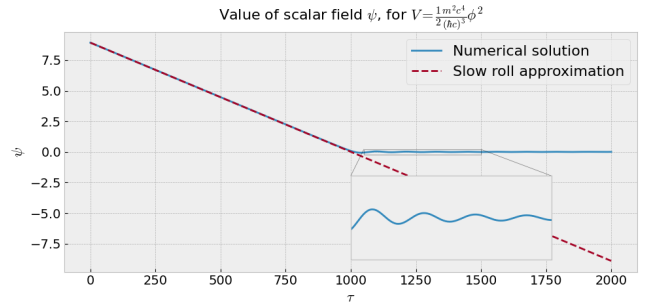


Figure 1.

#### 6. PROBLEM G)

SLOW ROLL PARAMETERS AGAINST TAU

#### 7. PROBLEM H)

We now want to express the equation of state parameter in terms of the dimensionless variables. The equation

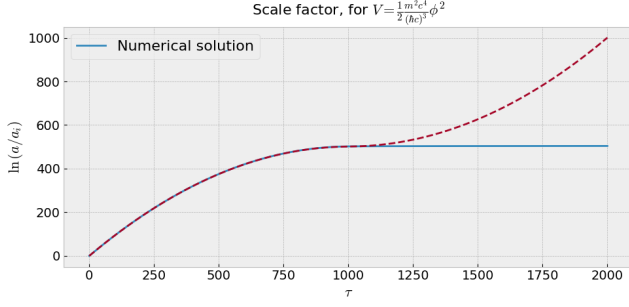


Figure 2.

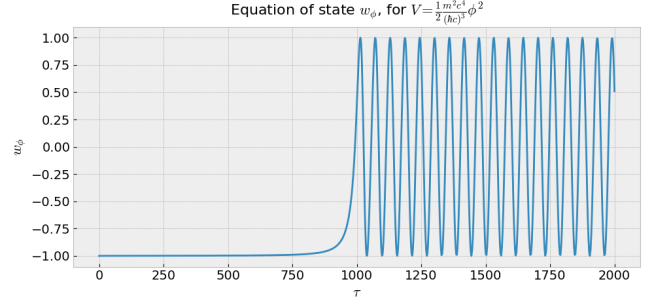


Figure 4.

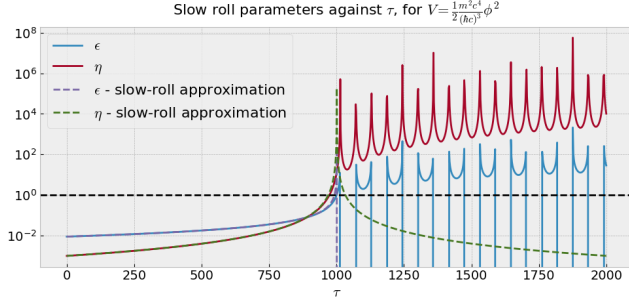


Figure 3.

of state of the scalar field is given by

$$w_\phi = \frac{p_\phi}{\rho_\phi c^2} = \frac{\frac{1}{2\hbar c^3} \left(\frac{d\phi}{dt}\right)^2 - V}{\frac{1}{2\hbar c^3} \left(\frac{d\phi}{dt}\right)^2 + V} \quad (7.1)$$

From before, we know that

$$\frac{d\phi}{dt} = H_i E_p \frac{d\psi}{d\tau} \quad (7.2)$$

and by definition we have

$$V = \frac{H_i^2 E_p^2}{\hbar c^3} v \quad (7.3)$$

Inserting these into the equation of state, we then get

$$w_\phi = \frac{\frac{H_i^2 E_p^2}{2\hbar c^3} \frac{1}{2} \left(\frac{d\psi}{d\tau}\right)^2 - v}{\frac{H_i^2 E_p^2}{2\hbar c^3} \frac{1}{2} \left(\frac{d\psi}{d\tau}\right)^2 + v} = \frac{\frac{1}{2} \left(\frac{d\psi}{d\tau}\right)^2 - v}{\frac{1}{2} \left(\frac{d\psi}{d\tau}\right)^2 + v} \quad (7.4)$$

## 8. PROBLEM I)

In the slow-roll regime we expect a small  $\frac{d\psi}{d\tau}$ , giving  $\left(\frac{d\psi}{d\tau}\right)^2 \approx 0$ . The equation of state then becomes

$$w_\phi \approx \frac{-v}{v} = -1 \quad (8.1)$$

## 9. PROBLEM J)

Plotting the slowroll parameters against  $N$  we get the plot shown in Figure (5).

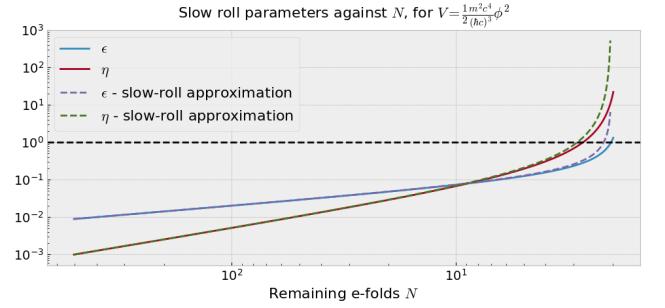


Figure 5.

## 10. PROBLEM K)

The predicted curve in the  $n$ - $r$  plane for  $N \in [50, 60]$  can be seen in Figure (6)

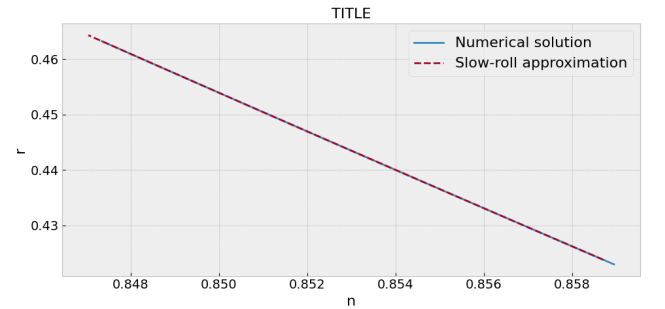


Figure 6.

### 11. PROBLEM L)

Substituting  $y = -\sqrt{\frac{2}{3}} \frac{\phi}{M_p}$ , we can write

$$V(\phi) = \frac{3M^2 M_p^2}{4} (1 - e^y)^2 \quad (11.1)$$

We also have

$$y' = -\sqrt{\frac{2}{3}} \frac{1}{M_p}, \quad y'' = 0 \quad (11.2)$$

We then get

$$V' = -\frac{3M^2 M_p^2}{2} (1 - e^y) \cdot e^y \cdot y' \quad (11.3)$$

$$= \sqrt{\frac{2}{3}} \frac{2}{M_p} \frac{e^y}{1 - e^y} V \quad (11.4)$$

And, differentiating equation (11.3), we find

$$V'' = y' \frac{3M^2 M_p^2}{2} \frac{d}{d\phi} (e^{2y} - e^y) \quad (11.5)$$

$$= y'^2 \frac{3M^2 M_p^2}{2} (2e^{2y} - e^y) \quad (11.6)$$

$$= \frac{2}{3} \frac{3M^2}{2} (2e^{2y} - e^y) \quad (11.7)$$

$$= \frac{4}{3} \frac{1}{M_p^2} \frac{(2e^{2y} - e^y)}{(1 - e^y)^2} V \quad (11.8)$$

We can then find the slow roll parameters. Using  $M_p = \frac{E_p^2}{8\pi}$ , these can be written

$$\epsilon = \frac{M_p^2}{2} \left( \frac{V'}{V} \right)^2 \quad (11.9)$$

$$\eta = M_p^2 \frac{V''}{V} \quad (11.10)$$

By insertion, we then get

$$\epsilon = \frac{4}{3} \frac{e^{2y}}{(1 - e^y)^2} \quad (11.11)$$

$$\eta = \frac{4}{3} \frac{(2e^{2y} - e^y)}{(1 - e^y)^2} \quad (11.12)$$

### 12. PROBLEM M)

The governing equations are then solved just like before, only exchanging the quadratic potential with the Starobinsky potential. The resulting dimensionless field  $\psi$  is then shown in Figure (7), and the scale factor can be seen in Figure (8).

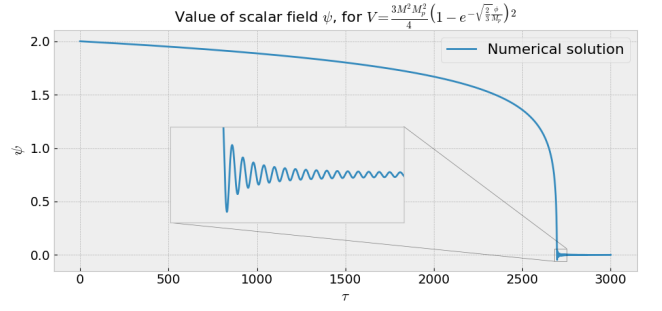


Figure 7.

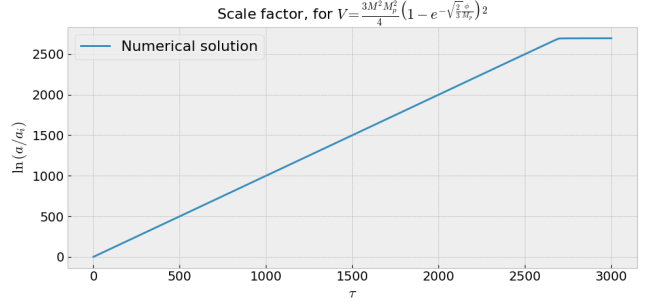


Figure 8.

### 13. PROBLEM N)

Plotting the slowroll parameters against  $N$  we get the plot shown in Figure (9). The predicted curve in the  $n$ - $r$  plane for  $N \in [50, 60]$  can be seen in Figure (10)

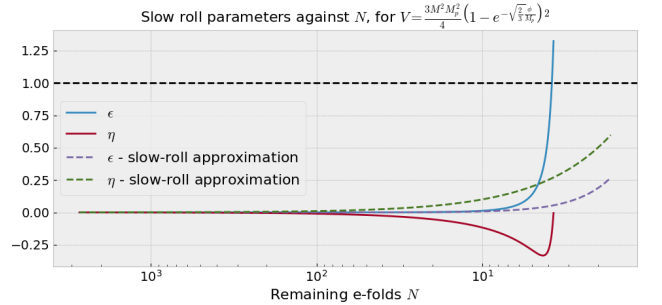


Figure 9.

### 14. PROBLEM O)

SHOW CALCULATION

### 15. PROBLEM P)

READ STUFF

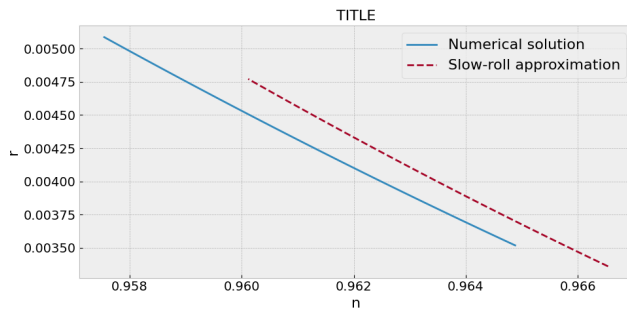


Figure 10.

## ACKNOWLEDGMENTS

I would like thank myself for writing this beautiful document.