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Chapter 1

Theory of Convex Functions

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This chapter develops the basic theory of convex functions that we will need later. Much of the material is also covered in other courses, so we will refer to the literature for standard material and focus more on material that we feel is less standard (but important in our context).

1.1 Notation

For vectors in \mathbb{R}^d , we use bold font, and for their coordinates normal font, e.g. $\mathbf{x} = (x_1, \dots, x_d) \in \mathbb{R}^d$. $\mathbf{x}_1, \mathbf{x}_2, \dots$ denotes a sequence of vectors. Vectors are considered as column vectors, unless they are explicitly transposed. $\|\mathbf{x}\|$ denotes the Euclidean norm (ℓ_2 -norm or 2-norm) of vector \mathbf{x} ,

$$\|\mathbf{x}\|^2 = \mathbf{x}^\top \mathbf{x} = \sum_{i=1}^d x_i^2.$$

We also use

$$\mathbb{N} = \{1, 2, \dots\} \text{ and } \mathbb{R}_+ := \{x \in \mathbb{R} : x \geq 0\}$$

to denote the natural and non-negative real numbers, respectively. We are freely using basic notions and material such as open and closed sets, vector spaces, continuity, convergence, limits, triangle inequality, among others.

1.2 Convex sets

Definition 1.1. A set $C \subseteq \mathbb{R}^d$ is convex if for any two points $\mathbf{x}, \mathbf{y} \in C$, the connecting line segment is contained in C . In formulas, if for all $\lambda \in [0, 1]$, $\lambda \mathbf{x} + (1 - \lambda) \mathbf{y} \in C$; see Figure [1.1](#).

Observation 1.2. Let $C_i, i \in I$ be convex sets, where I is a (possibly infinite) index set. Then $C = \bigcap_{i \in I} C_i$ is a convex set.

1.3 Convex functions

We are considering real-valued functions $f : \text{dom}(f) \rightarrow \mathbb{R}$, where $\text{dom}(f) \subseteq \mathbb{R}^d$ denotes the domain of f . The graph of f is the set $\{(\mathbf{x}, f(\mathbf{x})) \in \mathbb{R}^{d+1} :$

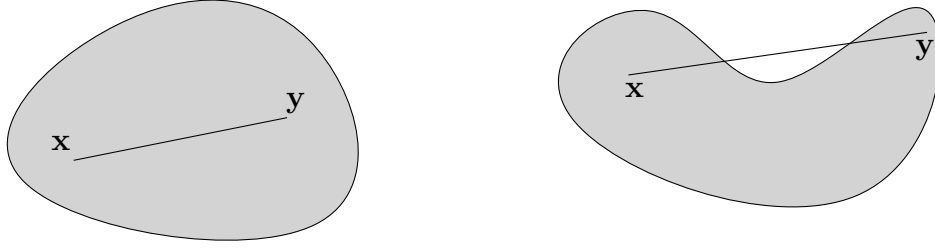


Figure 1.1: A convex set (left) and a non-convex set (right)

$\mathbf{x} \in \text{dom}(f)\}$. The *epigraph* (Figure 1.2) is the set of points above the graph,

$$\text{epi}(f) := \{(\mathbf{x}, \alpha) \in \mathbb{R}^{d+1} : \mathbf{x} \in \text{dom}(f), \alpha \geq f(\mathbf{x})\}.$$

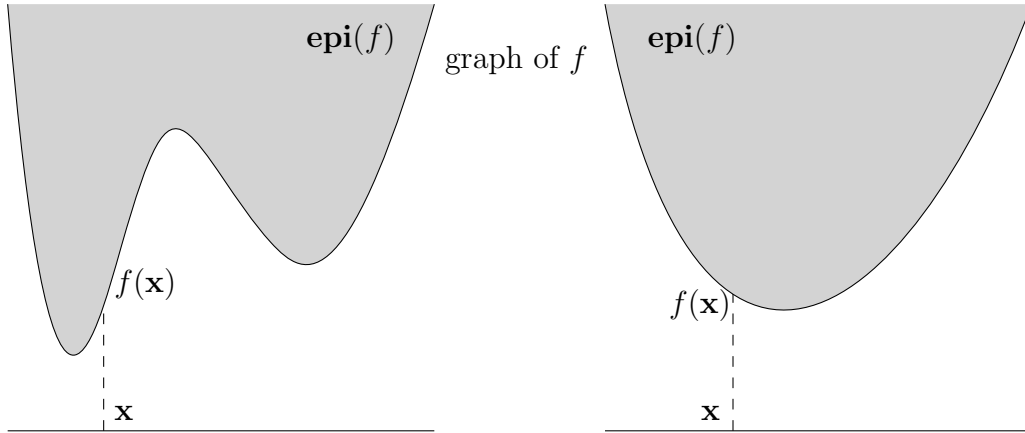


Figure 1.2: Graph and epigraph of a non-convex function (left) and a convex function (right)

Definition 1.3 ([BV04, 3.1.1]). A function $f : \text{dom}(f) \rightarrow \mathbb{R}$ is convex if (i) $\text{dom}(f)$ is convex and (ii) for all $\mathbf{x}, \mathbf{y} \in \text{dom}(f)$ and all $\lambda \in [0, 1]$, we have

$$f(\lambda \mathbf{x} + (1 - \lambda) \mathbf{y}) \leq \lambda f(\mathbf{x}) + (1 - \lambda) f(\mathbf{y}). \quad (1.1)$$

Geometrically, the condition means that the line segment connecting the two points $(\mathbf{x}, f(\mathbf{x})), (\mathbf{y}, f(\mathbf{y})) \in \mathbb{R}^{d+1}$ lies pointwise above the graph

of f ; see Figure 1.3. (Whenever we say “above”, we mean “above or on”.) An important special case arises when $f : \mathbb{R}^d \rightarrow \mathbb{R}$ is an affine function, i.e. $f(\mathbf{x}) = \mathbf{c}^\top \mathbf{x} + c_0$ for some vector $\mathbf{c} \in \mathbb{R}^d$ and scalar $c_0 \in \mathbb{R}$. In this case, (1.1) is always satisfied with equality, and line segments connecting points on the graph lie pointwise on the graph.

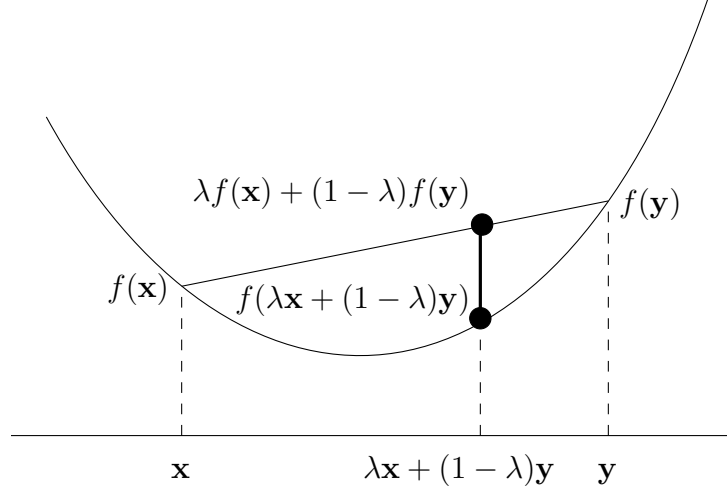


Figure 1.3: A convex function

Observation 1.4. f is a convex function if and only if $\text{epi}(f)$ is a convex set.

Proof. This is easy but let us still do it to illustrate the concepts. Let f be a convex function and consider two points $(\mathbf{x}, \alpha), (\mathbf{y}, \beta) \in \text{epi}(f)$, $\lambda \in [0, 1]$. This means, $f(\mathbf{x}) \leq \alpha, f(\mathbf{y}) \leq \beta$, hence by convexity of f ,

$$f(\lambda\mathbf{x} + (1 - \lambda)\mathbf{y}) \leq \lambda f(\mathbf{x}) + (1 - \lambda)f(\mathbf{y}) \leq \lambda\alpha + (1 - \lambda)\beta.$$

Therefore, by definition of the epigraph,

$$\lambda(\mathbf{x}, \alpha) + (1 - \lambda)(\mathbf{y}, \beta) = (\lambda\mathbf{x} + (1 - \lambda)\mathbf{y}, \lambda\alpha + (1 - \lambda)\beta) \in \text{epi}(f),$$

so $\text{epi}(f)$ is a convex set. In the other direction, let $\text{epi}(f)$ be a convex set and consider two points $\mathbf{x}, \mathbf{y} \in \text{dom}(f)$, $\lambda \in [0, 1]$. By convexity of $\text{epi}(f)$, we have

$$\text{epi}(f) \ni \lambda(\mathbf{x}, f(\mathbf{x})) + (1 - \lambda)(\mathbf{y}, f(\mathbf{y})) = (\lambda\mathbf{x} + (1 - \lambda)\mathbf{y}, \lambda f(\mathbf{x}) + (1 - \lambda)f(\mathbf{y})),$$

and this is just a different way of writing (1.1). \square

Lemma 1.5 (Jensen's inequality). Let $f : \mathbb{R}^d \rightarrow \mathbb{R}$ be a convex function, $\mathbf{x}_1, \dots, \mathbf{x}_m \in \text{dom}(f)$, and $\lambda_1, \dots, \lambda_m \in \mathbb{R}_+$ such that $\sum_{i=1}^m \lambda_i = 1$. Then

$$f\left(\sum_{i=1}^m \lambda_i \mathbf{x}_i\right) \leq \sum_{i=1}^m \lambda_i f(\mathbf{x}_i).$$

For $m = 2$, this is (1.1). The proof of the general case is Exercise 1.

Lemma 1.6. Let f be convex and suppose that $\text{dom}(f)$ is open. Then f is continuous.

This is not entirely obvious (see Exercise 2), and it becomes false if we consider convex functions over general vector spaces. What saves us is that \mathbb{R}^d has finite dimension.

As an example, let us consider $f(x_1, x_2) = x_1^2 + x_2^2$. The graph of f is the unit paraboloid in \mathbb{R}^3 which looks convex. However, to verify (1.1) directly is somewhat cumbersome. Next, we develop better ways to do this if the function under consideration is differentiable.

1.3.1 Differentiable functions

The following is standard material taught in multivariate calculus. As we frequently need it, we include a refresher here.

Definition 1.7. Let $f : \text{dom}(f) \rightarrow \mathbb{R}^m$ where $\text{dom}(f) \subseteq \mathbb{R}^d$ is open. Function f is called differentiable at $\mathbf{x} \in \text{dom}(f)$ if there exists an $(m \times d)$ -matrix A and an error function $r : \mathbb{R}^d \rightarrow \mathbb{R}^m$ defined around $\mathbf{0} \in \mathbb{R}^d$ such that for all \mathbf{y} in some neighborhood of \mathbf{x} ,

$$f(\mathbf{y}) = f(\mathbf{x}) + A(\mathbf{y} - \mathbf{x}) + r(\mathbf{y} - \mathbf{x}),$$

where

$$\lim_{\mathbf{v} \rightarrow \mathbf{0}} \frac{\|r(\mathbf{v})\|}{\|\mathbf{v}\|} = \mathbf{0}.$$

It then also follows that the matrix A is unique, and it is called the differential or Jacobian matrix of f at \mathbf{x} . We will denote it by $Df(\mathbf{x})$. More precisely, $Df(\mathbf{x})$ is the matrix of partial derivatives at the point \mathbf{x} ,

$$Df(\mathbf{x})_{ij} = \frac{\partial f_i}{\partial x_j}(\mathbf{x}).$$

f is called differentiable if f is differentiable at all $\mathbf{x} \in \text{dom}(f)$.

Differentiability at \mathbf{x} means that in some neighborhood of \mathbf{x} , f is approximated by a (unique) affine function $f(\mathbf{x}) + Df(\mathbf{x})(\mathbf{y} - \mathbf{x})$, up to a sublinear error term. If $m = 1$, $Df(\mathbf{x})$ is a row vector typically denoted by $\nabla f(\mathbf{x})^\top$, where the (column) vector $\nabla f(\mathbf{x})$ is called the *gradient* of f at \mathbf{x} . Geometrically, this means that the graph of the affine function $f(\mathbf{x}) + \nabla f(\mathbf{x})^\top(\mathbf{y} - \mathbf{x})$ is a *tangent hyperplane* to the graph of f at $(\mathbf{x}, f(\mathbf{x}))$; see Figure 1.4.

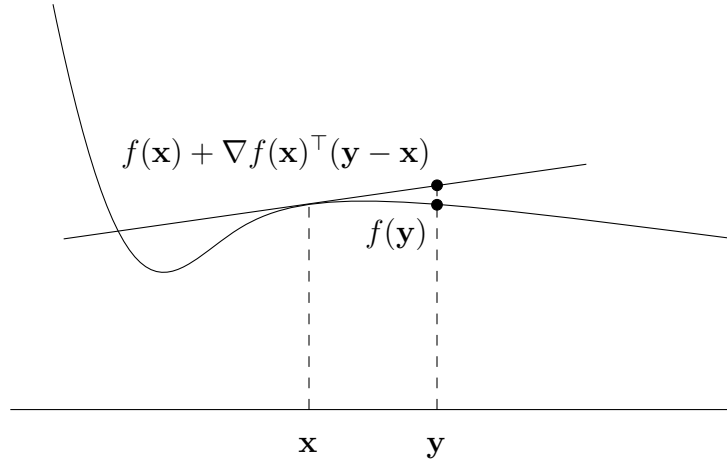


Figure 1.4: If f is differentiable at \mathbf{x} , the graph of f is locally (around \mathbf{x}) approximated by a tangent hyperplane

Let us do a simple example to illustrate the concept of differentiability. Consider the function $f(x) = x^2$. We know that its derivative is $f'(x) = 2x$. But why? For $y = x + v$, we compute

$$\begin{aligned} f(y) = (x + v)^2 &= x^2 + 2vx + v^2 \\ &= f(x) + 2x \cdot v + v^2 \\ &= f(x) + A(y - x) + r(y - x), \end{aligned}$$

where $A := 2x$, $r(y - x) = r(v) := v^2$. We have $\lim_{v \rightarrow 0} \frac{|r(v)|}{|v|} = \lim_{v \rightarrow 0} |v| = 0$. Hence, $A = 2x$ is indeed the differential (a.k.a. derivative) of f at x .

In computing differentials, the *chain rule* is particularly useful.

Lemma 1.8 (Chain rule). *Let $f : \text{dom}(f) \rightarrow \mathbb{R}^m$, $\text{dom}(f) \subseteq \mathbb{R}^d$ and $g : \text{dom}(g) \rightarrow \mathbb{R}^d$. Suppose that g is differentiable at $\mathbf{x} \in \text{dom}(g)$ and that f*

differentiable at $g(\mathbf{x}) \in \text{dom}(f)$. Then $f \circ g$ (the composition of f and g) is differentiable at \mathbf{x} , with the differential given by the matrix equation

$$D(f \circ g)(\mathbf{x}) = Df(g(\mathbf{x}))Dg(\mathbf{x}).$$

Let us do an example. Let $f : \mathbb{R}^d \rightarrow \mathbb{R}^m$ be a differentiable function, and fix $\mathbf{x}, \mathbf{y} \in \mathbb{R}^d$. Now define $g : \mathbb{R} \rightarrow \mathbb{R}^d$ by $g(t) = \mathbf{x} + t(\mathbf{y} - \mathbf{x})$ and set $h = f \circ g$. Thus, $h(t) = f(\mathbf{x} + t(\mathbf{y} - \mathbf{x}))$, and we have

$$h'(t) = Dh(t) = Df(\mathbf{x} + t(\mathbf{y} - \mathbf{x}))Dg(t) = Df(\mathbf{x} + t(\mathbf{y} - \mathbf{x}))(\mathbf{y} - \mathbf{x}). \quad (1.2)$$

The following is a general result that we will later use in specific settings. As its proof also highlights some important notions and techniques, we will give it here. As a preparation, we need the concept of the *spectral norm* of a matrix.

Definition 1.9. Let A be an $(m \times d)$ -matrix. Then

$$\|A\| := \max_{\mathbf{v} \in \mathbb{R}^d, \mathbf{v} \neq 0} \frac{\|A\mathbf{v}\|}{\|\mathbf{v}\|} = \max_{\|\mathbf{v}\|=1} \|A\mathbf{v}\|$$

is the 2-norm (or spectral norm) of A .

In words, the spectral norm is the largest factor by which a unit vector can be stretched in length under the mapping $\mathbf{v} \rightarrow A\mathbf{v}$.

Also recall that a function $f : \text{dom}(f) \rightarrow \mathbb{R}^m$ is *B-Lipschitz* (or simply Lipschitz if there is a suitable B) if $\|f(\mathbf{x}) - f(\mathbf{y})\| \leq B \|\mathbf{x} - \mathbf{y}\|$ for all $\mathbf{x}, \mathbf{y} \in \text{dom}(f)$. In particular, Lipschitz functions are continuous.

Theorem 1.10. Let $f : \text{dom}(f) \rightarrow \mathbb{R}^m$ be differentiable, $X \subseteq \text{dom}(f)$ a convex set, $B \in \mathbb{R}^+$. If $X \subseteq \text{dom}(f)$ is open, the following two statements are equivalent. For any convex $X \subseteq \text{dom}(f)$, (ii) implies (i).

(i) f is *B-Lipschitz*, meaning that

$$\|f(\mathbf{x}) - f(\mathbf{y})\| \leq B \|\mathbf{x} - \mathbf{y}\|, \quad \forall \mathbf{x}, \mathbf{y} \in X$$

(ii) f has differentials bounded by B , meaning that

$$\|Df(\mathbf{x})\| \leq B, \quad \forall \mathbf{x} \in X.$$

Indeed, (i) might not imply (ii) if X is closed. As a trivial example, the Lipschitz condition is always satisfied over $X = \{0\}$ but does not say anything about $\|Df(\mathbf{x})\|$.

Proof. Suppose that f is B -Lipschitz over an open set X . For $\mathbf{v} \in \mathbb{R}^d$, $\mathbf{v} \rightarrow 0$, differentiability at $\mathbf{x} \in X$ yields for small $\mathbf{v} \in \mathbb{R}^d$ that $\mathbf{x} + \mathbf{v} \in X$ and therefore

$$B \|\mathbf{v}\| \geq \|f(\mathbf{x} + \mathbf{v}) - f(\mathbf{x})\| = \|Df(\mathbf{x})\mathbf{v} + r(\mathbf{v})\| \geq \|Df(\mathbf{x})\mathbf{v}\| - \|r(\mathbf{v})\|,$$

where $\|r(\mathbf{v})\| / \|\mathbf{v}\| \rightarrow 0$, the first inequality uses (i), and the last is the reverse triangle inequality. Rearranging and dividing by $\|\mathbf{v}\|$, we get

$$\frac{\|Df(\mathbf{x})\mathbf{v}\|}{\|\mathbf{v}\|} \leq B + \frac{\|r(\mathbf{v})\|}{\|\mathbf{v}\|}.$$

Let \mathbf{v}^* be a unit vector such that $\|Df(\mathbf{x})\| = \|Df(\mathbf{x})\mathbf{v}^*\| / \|\mathbf{v}^*\|$ and let $\mathbf{v} = t\mathbf{v}^*$ for $t \rightarrow 0$. Then we further get

$$\|Df(\mathbf{x})\| \leq B + \frac{\|r(\mathbf{v})\|}{\|\mathbf{v}\|} \rightarrow B,$$

and $\|Df(\mathbf{x})\| \leq B$ follows, so differentials are bounded by B .

For the other direction, suppose that differentials are bounded by B over X (not necessarily open); we apply the *fundamental theorem of calculus*:

$$\int_a^b h'(t)dt = h(b) - h(a), \quad (1.3)$$

where $h : \text{dom}(h) \rightarrow \mathbb{R}^m$ is a univariate differentiable function, h' its componentwise derivative, $[a, b] \subseteq \text{dom}(h)$ and \int the componentwise integral. For fixed $\mathbf{x}, \mathbf{y} \in X$, $\mathbf{x} \neq \mathbf{y}$, we apply this with

$$h(t) = f(\mathbf{x} + t(\mathbf{y} - \mathbf{x})),$$

in which case the chain rule yields

$$h'(t) = Df(\mathbf{x} + t(\mathbf{y} - \mathbf{x}))(\mathbf{y} - \mathbf{x}),$$

see (1.2). Note that h is well-defined since X was assumed to be convex. Then we compute

$$\begin{aligned}
\|f(\mathbf{y}) - f(\mathbf{x})\| &= \|h(1) - h(0)\| \\
&= \left\| \int_0^1 h'(t) dt \right\| \leq \int_0^1 \|h'(t)\| dt \quad (\text{Exercise 46}) \\
&= \int_0^1 \|Df(x + t(\mathbf{y} - \mathbf{x}))(\mathbf{y} - \mathbf{x})\| dt \\
&\leq \int_0^1 \|Df(x + t(\mathbf{y} - \mathbf{x}))\| \|\mathbf{y} - \mathbf{x}\| dt \quad (\text{spectral norm}) \\
&\leq \int_0^1 B \|\mathbf{y} - \mathbf{x}\| dt \quad (\text{bounded differentials}) \\
&= B \|\mathbf{y} - \mathbf{x}\|.
\end{aligned}$$

Hence, f is B -Lipschitz over X . □

1.3.2 First-order characterization of convexity

Now we come back to convex functions with image in \mathbb{R} . If function $f : \text{dom}(f) \rightarrow \mathbb{R}$ is differentiable, convexity can be characterized by an inequality involving the gradient.

Lemma 1.11 ([BV04] 3.1.3). *Suppose that $\text{dom}(f)$ is open and that f is differentiable; in particular, the gradient (vector of partial derivatives)*

$$\nabla f(\mathbf{x}) := \left(\frac{\partial f}{\partial x_1}(\mathbf{x}), \dots, \frac{\partial f}{\partial x_d}(\mathbf{x}) \right)$$

exists at every point $\mathbf{x} \in \text{dom}(f)$. Then f is convex if and only if $\text{dom}(f)$ is convex and

$$f(\mathbf{y}) \geq f(\mathbf{x}) + \nabla f(\mathbf{x})^\top (\mathbf{y} - \mathbf{x}) \tag{1.4}$$

holds for all $\mathbf{x}, \mathbf{y} \in \text{dom}(f)$.

Geometrically, this means that for all $\mathbf{x} \in \text{dom}(f)$, the graph of f lies above its tangent hyperplane at the point $(\mathbf{x}, f(\mathbf{x}))$; see Figure 1.5.

Proof. Suppose that f is convex, meaning that for $t \in (0, 1)$,

$$f(\mathbf{x} + t(\mathbf{y} - \mathbf{x})) = f((1-t)\mathbf{x} + t\mathbf{y}) \leq (1-t)f(\mathbf{x}) + tf(\mathbf{y}) = f(\mathbf{x}) + t(f(\mathbf{y}) - f(\mathbf{x})).$$

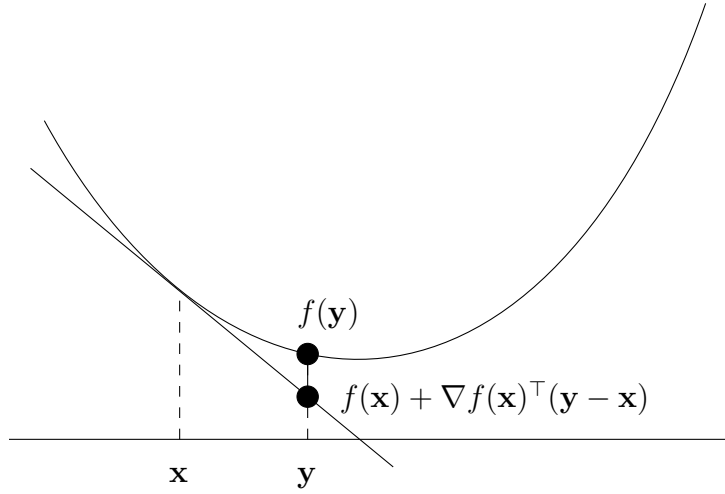


Figure 1.5: First-order characterization of convexity

Dividing by t and using differentiability at \mathbf{x} , we get

$$\begin{aligned} f(\mathbf{y}) &\geq f(\mathbf{x}) + \frac{f(\mathbf{x} + t(\mathbf{y} - \mathbf{x})) - f(\mathbf{x})}{t} = f(\mathbf{x}) + \frac{\nabla f(\mathbf{x})^T t(\mathbf{y} - \mathbf{x}) + r(t(\mathbf{y} - \mathbf{x}))}{t} \\ &= f(\mathbf{x}) + \nabla f(\mathbf{x})^T (\mathbf{y} - \mathbf{x}) + \frac{r(t(\mathbf{y} - \mathbf{x}))}{t}, \end{aligned}$$

where the error term $r(t(\mathbf{y} - \mathbf{x}))/t$ goes to 0 as $t \rightarrow 0$. The inequality $f(\mathbf{y}) \geq f(\mathbf{x}) + \nabla f(\mathbf{x})^T (\mathbf{y} - \mathbf{x})$ follows.

Now suppose this inequality holds for all $\mathbf{x}, \mathbf{y} \in \text{dom}(f)$ and define $\mathbf{z} := \lambda\mathbf{x} + (1 - \lambda)\mathbf{y} \in \text{dom}(f)$ (by convexity of $\text{dom}(f)$). Then we have

$$\begin{aligned} f(\mathbf{x}) &\geq f(\mathbf{z}) + \nabla f(\mathbf{z})^T (\mathbf{x} - \mathbf{z}), \\ f(\mathbf{y}) &\geq f(\mathbf{z}) + \nabla f(\mathbf{z})^T (\mathbf{y} - \mathbf{z}). \end{aligned}$$

After multiplying the first inequality by λ and the second one by $(1 - \lambda)$, the gradient terms cancel in the sum of the two inequalities, and we get

$$\lambda f(\mathbf{x}) + (1 - \lambda)f(\mathbf{y}) \geq f(\mathbf{z}) = f(\lambda\mathbf{x} + (1 - \lambda)\mathbf{y}).$$

This is convexity. □

For $f(x_1, x_2) = x_1^2 + x_2^2$, we have $\nabla f(\mathbf{x}) = (2x_1, 2x_2)$, hence (1.4) boils down to

$$y_1^2 + y_2^2 \geq x_1^2 + x_2^2 + 2x_1(y_1 - x_1) + 2x_2(y_2 - x_2),$$

which after some rearranging of terms is equivalent to

$$(y_1 - x_1)^2 + (y_2 - x_2)^2 \geq 0,$$

hence true. There are relevant convex functions that are not differentiable, see Figure 1.6 for an example. More generally, Exercise 7 asks you to prove that the ℓ_1 -norm (or 1-norm) $f(\mathbf{x}) = \|\mathbf{x}\|_1$ is convex.

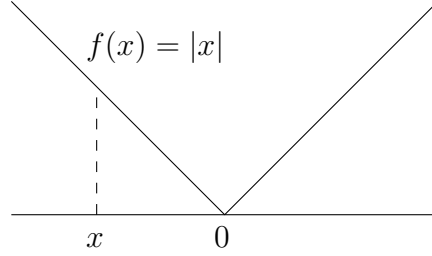


Figure 1.6: A non-differentiable convex function

1.3.3 Second-order characterization of convexity

If $f : \text{dom}(f) \rightarrow \mathbb{R}$ is twice differentiable (meaning that the function ∇f is differentiable), convexity can be characterized as follows.

Lemma 1.12 ([BV04, 3.1.4]). *Suppose that $\text{dom}(f)$ is open and that f is twice differentiable; in particular, the Hessian (matrix of second partial derivatives)*

$$\nabla^2 f(\mathbf{x}) = \begin{pmatrix} \frac{\partial^2 f}{\partial x_1 \partial x_1}(\mathbf{x}) & \frac{\partial^2 f}{\partial x_1 \partial x_2}(\mathbf{x}) & \cdots & \frac{\partial^2 f}{\partial x_1 \partial x_d}(\mathbf{x}) \\ \frac{\partial^2 f}{\partial x_2 \partial x_1}(\mathbf{x}) & \frac{\partial^2 f}{\partial x_2 \partial x_2}(\mathbf{x}) & \cdots & \frac{\partial^2 f}{\partial x_2 \partial x_d}(\mathbf{x}) \\ \vdots & \vdots & \cdots & \vdots \\ \frac{\partial^2 f}{\partial x_d \partial x_1}(\mathbf{x}) & \frac{\partial^2 f}{\partial x_d \partial x_2}(\mathbf{x}) & \cdots & \frac{\partial^2 f}{\partial x_d \partial x_d}(\mathbf{x}) \end{pmatrix}$$

exists at every point $\mathbf{x} \in \text{dom}(f)$ and is symmetric. Then f is convex if and only if $\text{dom}(f)$ is convex, and for all $\mathbf{x} \in \text{dom}(f)$, we have

$$\nabla^2 f(\mathbf{x}) \succeq 0 \quad (\text{i.e. } \nabla^2 f(\mathbf{x}) \text{ is positive semidefinite}). \quad (1.5)$$

(A symmetric matrix M is positive semidefinite, denoted by $M \succeq \mathbf{0}$, if $\mathbf{x}^\top M \mathbf{x} \geq 0$ for all \mathbf{x} , and positive definite, denoted by $M \succ \mathbf{0}$, if $\mathbf{x}^\top M \mathbf{x} > 0$ for all $\mathbf{x} \neq \mathbf{0}$.)

Geometrically, this means that the graph of f has non-negative curvature everywhere and hence “looks like a bowl”. For $f(x_1, x_2) = x_1^2 + x_2^2$, we have

$$\nabla^2 f(\mathbf{x}) = \begin{pmatrix} 2 & 0 \\ 0 & 2 \end{pmatrix},$$

which is a positive definite matrix. In higher dimensions, the same argument can be used to show that the squared distance $d_{\mathbf{y}}(\mathbf{x}) = \|\mathbf{x} - \mathbf{y}\|^2$ to a fixed point \mathbf{y} is a convex function; see Exercise 3. The non-squared Euclidean distance $\|\mathbf{x} - \mathbf{y}\|$ is also convex in \mathbf{x} , as a consequence of Lemma 1.13(ii) below and the fact that every seminorm (in particular the Euclidean norm $\|x\|$) is convex (Exercise 8). The squared Euclidean distance has the advantage that it is differentiable, while the Euclidean distance itself (whose graph is an “ice cream cone” for $d = 2$) is not.

1.3.4 Operations that preserve convexity

There are two important operations that preserve convexity.

Lemma 1.13 (Exercise 4).

- (i) Let f_1, f_2, \dots, f_m be convex functions, $\lambda_1, \lambda_2, \dots, \lambda_m \in \mathbb{R}_+$. Then $f := \sum_{i=1}^m \lambda_i f_i$ is convex on $\text{dom}(f) := \bigcap_{i=1}^m \text{dom}(f_i)$.
- (ii) Let f be a convex function with $\text{dom}(f) \subseteq \mathbb{R}^d$, $g : \mathbb{R}^m \rightarrow \mathbb{R}^d$ an affine function, meaning that $g(\mathbf{x}) = A\mathbf{x} + \mathbf{b}$, for some matrix $A \in \mathbb{R}^{d \times m}$ and some vector $\mathbf{b} \in \mathbb{R}^d$. Then the function $f \circ g$ (that maps \mathbf{x} to $f(A\mathbf{x} + \mathbf{b})$) is convex on $\text{dom}(f \circ g) := \{\mathbf{x} \in \mathbb{R}^m : g(\mathbf{x}) \in \text{dom}(f)\}$.

1.4 Minimizing convex functions

The main feature that makes convex functions attractive in optimization is that every local minimum is a global one, so we cannot “get stuck” in local optima. This is quite intuitive if we think of the graph of a convex function as being bowl-shaped.

Definition 1.14. A local minimum of $f : \text{dom}(f) \rightarrow \mathbb{R}$ is a point \mathbf{x} such that there exists $\varepsilon > 0$ with

$$f(\mathbf{x}) \leq f(\mathbf{y}) \quad \forall \mathbf{y} \in \text{dom}(f) \text{ satisfying } \|\mathbf{y} - \mathbf{x}\| < \varepsilon.$$

Lemma 1.15. Let \mathbf{x}^* be a local minimum of a convex function $f : \text{dom}(f) \rightarrow \mathbb{R}$. Then \mathbf{x}^* is a global minimum, meaning that

$$f(\mathbf{x}^*) \leq f(\mathbf{y}) \quad \forall \mathbf{y} \in \text{dom}(f).$$

Proof. Suppose there exists $\mathbf{y} \in \text{dom}(f)$ such that $f(\mathbf{y}) < f(\mathbf{x}^*)$ and define $\mathbf{y}' := \lambda \mathbf{x}^* + (1 - \lambda)\mathbf{y}$ for $\lambda \in (0, 1)$. From convexity (1.1), we get that $f(\mathbf{y}') < f(\mathbf{x}^*)$. Choosing λ so close to 1 that $\|\mathbf{y}' - \mathbf{x}^*\| < \varepsilon$ yields a contradiction to \mathbf{x}^* being a local minimum. \square

This does not mean that a convex function always has a global minimum. Think of $f(x) = x$ as a trivial example. But also if f is bounded from below over $\text{dom}(f)$, it may fail to have a global minimum ($f(x) = e^x$). To ensure the existence of a global minimum, we need additional conditions. For example, it suffices if outside some ball B , all function values are larger than some value $f(\mathbf{x})$, $\mathbf{x} \in B$. In this case, we can restrict f to B , without changing the smallest attainable value. And on B (which is compact), f attains a minimum by continuity (Lemma 1.6). An easy example: for $f(x_1, x_2) = x_1^2 + x_2^2$, we know that outside any ball containing $\mathbf{0}$, $f(\mathbf{x}) > f(\mathbf{0}) = 0$.

Another easy condition in the differentiable case is given by the following result.

Lemma 1.16. Suppose that $f : \text{dom}(f) \rightarrow \mathbb{R}$ is convex and differentiable over an open domain $\text{dom}(f) \subseteq \mathbb{R}^d$. Let $\mathbf{x} \in \text{dom}(f)$. If $\nabla f(\mathbf{x}) = \mathbf{0}$, then \mathbf{x} is a global minimum.

Proof. Suppose that $\nabla f(\mathbf{x}) = \mathbf{0}$. According to Lemma 1.11, we have

$$f(\mathbf{y}) \geq f(\mathbf{x}) + \nabla f(\mathbf{x})^\top (\mathbf{y} - \mathbf{x}) = f(\mathbf{x})$$

for all $\mathbf{y} \in \text{dom}(f)$, so \mathbf{x} is a global minimum. \square

The converse is also true and is a corollary of Lemma 1.22 [BV04, 4.2.3].

Lemma 1.17. Suppose that $f : \text{dom}(f) \rightarrow \mathbb{R}$ is convex and differentiable over an open domain $\text{dom}(f) \subseteq \mathbb{R}^d$. Let $\mathbf{x} \in \text{dom}(f)$. If \mathbf{x} is a global minimum then $\nabla f(\mathbf{x}) = \mathbf{0}$.

1.4.1 Strictly convex functions

In general, a global minimum of a convex function is not unique (think of $f(x) = 0$ as a trivial example). However, if we forbid “flat” parts of the graph of f , a global minimum becomes unique (if it exists at all).

Definition 1.18 ([BV04, 3.1.1]). A function $f : \text{dom}(f) \rightarrow \mathbb{R}$ is strictly convex if (i) $\text{dom}(f)$ is convex and (ii) for all $\mathbf{x} \neq \mathbf{y} \in \text{dom}(f)$ and all $\lambda \in (0, 1)$, we have

$$f(\lambda \mathbf{x} + (1 - \lambda)\mathbf{y}) < \lambda f(\mathbf{x}) + (1 - \lambda)f(\mathbf{y}). \quad (1.6)$$

This means that the open line segment connecting $(\mathbf{x}, f(\mathbf{x}))$ and $(\mathbf{y}, f(\mathbf{y}))$ is pointwise strictly above the graph of f . For example, $f(x) = x^2$ is strictly convex.

Lemma 1.19 ([BV04, 3.1.4]). Suppose that $\text{dom}(f)$ is open and that f is twice differentiable. If the Hessian $\nabla^2 f(\mathbf{x}) \succ \mathbf{0}$ for every $\mathbf{x} \in \text{dom}(f)$ (i.e., $\mathbf{z}^\top \nabla^2 f(\mathbf{x}) \mathbf{z} > 0$ for any $\mathbf{z} \neq \mathbf{0}$), then f is strictly convex.

The converse is false, though: $f(x) = x^4$ is strictly convex but has vanishing second derivative at $x = 0$.

Lemma 1.20. Let $f : \text{dom}(f) \rightarrow \mathbb{R}$ be strictly convex. Then f has at most one global minimum.

Proof. Suppose $\mathbf{x}^* \neq \mathbf{y}^*$ are two global minima with $f_{\min} = f(\mathbf{x}^*) = f(\mathbf{y}^*)$, and let $\mathbf{z} = \frac{1}{2}\mathbf{x}^* + \frac{1}{2}\mathbf{y}^*$. By (1.6),

$$f(\mathbf{z}) < \frac{1}{2}f_{\min} + \frac{1}{2}f_{\min} = f_{\min},$$

a contradiction to \mathbf{x}^* and \mathbf{y}^* being global minima. □

1.4.2 Example: Least squares

Suppose we want to fit a hyperplane to a set of data points $\mathbf{x}_1, \dots, \mathbf{x}_m$ in \mathbb{R}^d , based on the hypothesis that the points actually come (approximately) from a hyperplane. A classical method for this is *least squares*. For concreteness, let us do this in \mathbb{R}^2 . Suppose that the data points are

$$(1, 10), (2, 11), (3, 11), (4, 10), (5, 9), (6, 10), (7, 9), (8, 10),$$

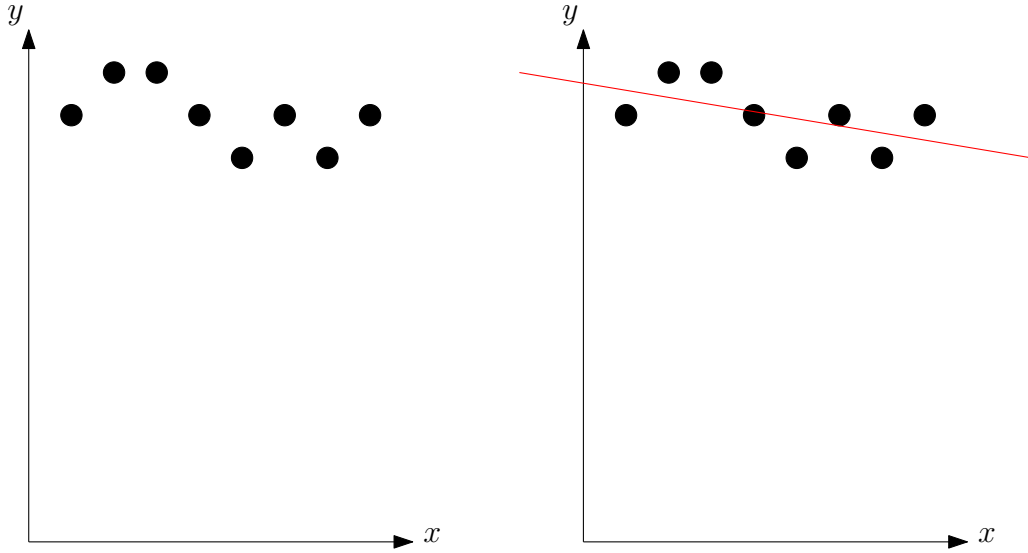


Figure 1.7: Data points in \mathbb{R}^2 (left) and least-squares fit (right)

Figure 1.7 (left).

Also, for simplicity (and quite appropriately in this case), let us restrict to fitting a linear model, of more formally to fit non-vertical lines of the form $y = w_0 + w_1x$. If (x_i, y_i) is the i -th data point, the least squares fit chooses w_0, w_1 such that the *least squares objective*

$$f(w_0, w_1) = \sum_{i=1}^8 (w_1x_i + w_0 - y_i)^2$$

is minimized. It easily follows from Lemma 1.13 that f is convex. In fact,

$$f(w_0, w_1) = 204w_1^2 + 72w_1w_0 - 706w_1 + 8w_0^2 - 160w_0 + 804, \quad (1.7)$$

so we can check convexity directly using the second order condition. We have gradient

$$\nabla f(w_0, w_1) = (72w_1 + 16w_0 - 160, 408w_1 + 72w_0 - 706)$$

and Hessian

$$\nabla^2(w_0, w_1) = \begin{pmatrix} 16 & 72 \\ 72 & 408 \end{pmatrix}.$$

A 2×2 matrix is positive semidefinite if the diagonal elements and the determinant are positive, which is the case here, so f is actually strictly convex and has a unique global minimum. To find it, we solve the linear system $\nabla f(w_0, w_1) = (0, 0)$ of two equations in two unknowns and obtain the global minimum

$$(w_0^*, w_1^*) = \left(\frac{43}{4}, -\frac{1}{6} \right).$$

Hence, the “optimal” line is

$$y = -\frac{1}{6}x + \frac{43}{4},$$

see Figure 1.7 (right).

1.4.3 Constrained Minimization

Frequently, we are interested in minimizing a convex function only over a subset X of its domain.

Definition 1.21. Let $f : \text{dom}(f) \rightarrow \mathbb{R}$ be convex and let $X \subseteq \text{dom}(f)$ be a convex set. A point $\mathbf{x} \in X$ is a minimizer of f over X if

$$f(\mathbf{x}) \leq f(\mathbf{y}) \quad \forall \mathbf{y} \in X.$$

If f is differentiable, minimizers of f over X have a very useful characterization.

Lemma 1.22 ([BV04, 4.2.3]). Suppose that $f : \text{dom}(f) \rightarrow \mathbb{R}$ is convex and differentiable over an open domain $\text{dom}(f) \subseteq \mathbb{R}^d$, and let $X \subseteq \text{dom}(f)$ be a convex set. Point $\mathbf{x}^* \in X$ is a minimizer of f over X if and only if

$$\nabla f(\mathbf{x}^*)^\top (\mathbf{x} - \mathbf{x}^*) \geq 0 \quad \forall \mathbf{x} \in X.$$

Applying this result with $X = \text{dom}(f)$, we recover Lemma 1.16, and because $\text{dom}(f)$ is open, its converse Lemma 1.17 follows [BV04, 4.2.3]. If X does not contain the global minimum, then Lemma 1.22 has a nice geometric interpretation. Namely, it means that X is contained in the halfspace $\{\mathbf{x} \in \mathbb{R}^d : \nabla f(\mathbf{x}^*)^\top (\mathbf{x} - \mathbf{x}^*) \geq 0\}$ (normal vector $\nabla f(\mathbf{x}^*)$ pointing into the halfspace); see Figure 1.8. In still other words, $\mathbf{x} - \mathbf{x}^*$ forms a non-obtuse angle with $\nabla f(\mathbf{x}^*)$ for all $\mathbf{x} \in X$.

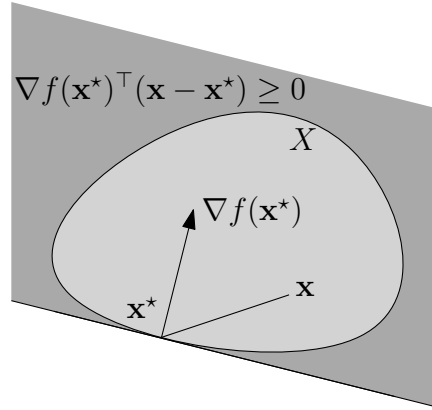


Figure 1.8: Optimality condition for constrained optimization

We typically write constrained minimization problems in the form

$$\operatorname{argmin}\{f(\mathbf{x}) : \mathbf{x} \in X\} \quad (1.8)$$

or

$$\begin{array}{ll} \text{minimize} & f(\mathbf{x}) \\ \text{subject to} & \mathbf{x} \in X. \end{array} \quad (1.9)$$

1.5 Existence of a minimizer

The existence of a minimizer (or a global minimum if $X = \operatorname{dom}(f)$) will be an assumption made by most minimization algorithms that we discuss later. In practice, such algorithms are being used (and often also work) if there is no minimizer. By “work”, we mean in this case that they compute a point \mathbf{x} such that $f(\mathbf{x})$ is close to $\inf_{\mathbf{y} \in X} f(\mathbf{y})$, assuming that the infimum is finite (as in $f(x) = e^x$). But a sound theoretical analysis usually requires the existence of a minimizer. Therefore, this section develops tools that may help us in analyzing whether this is the case for a given convex function. To avoid technicalities, we restrict ourselves to the case $\operatorname{dom}(f) = \mathbb{R}^d$.

1.5.1 Sublevel sets and the Weierstrass Theorem

Definition 1.23. Let $f : \mathbb{R}^d \rightarrow \mathbb{R}$, $\alpha \in \mathbb{R}$. The set

$$f^{\leq \alpha} := \{\mathbf{x} \in \mathbb{R}^d : f(\mathbf{x}) \leq \alpha\}$$

is the α -sublevel set of f ; see Figure [1.9](#)

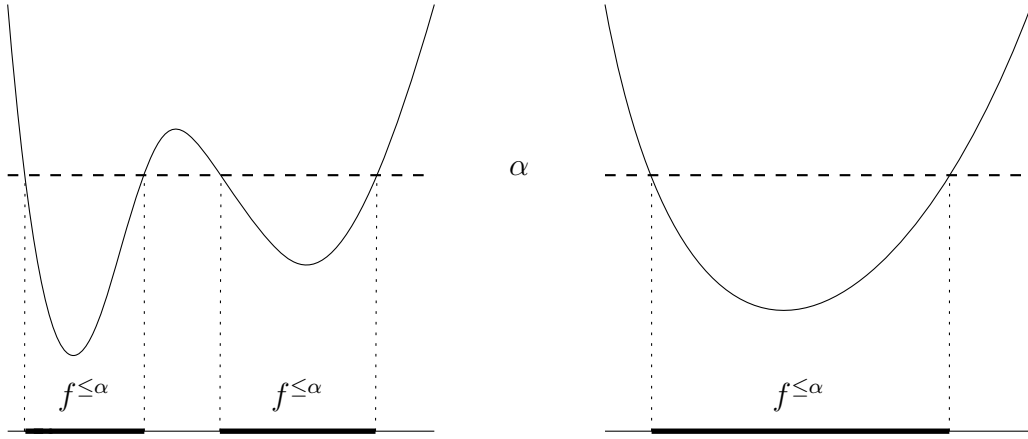


Figure 1.9: Sublevel set of a non-convex function (left) and a convex function (right)

It is easy to see from the definition that every sublevel set of a convex function is convex. Moreover, as a consequence of continuity of f , sublevel sets are closed. The following (known as the Weierstrass Theorem) just formalizes an argument that we have made earlier.

Theorem 1.24. Let $f : \mathbb{R}^d \rightarrow \mathbb{R}$ be a convex function, and suppose there is a nonempty and bounded sublevel set $f^{\leq \alpha}$. Then f has a global minimum.

Proof. We know that f —as a continuous function—attains a minimum over the closed and bounded (= compact) set $f^{\leq \alpha}$ at some \mathbf{x}^* . This \mathbf{x}^* is also a global minimum as it has value $f(\mathbf{x}^*) \leq \alpha$, while any $\mathbf{x} \notin f^{\leq \alpha}$ has value $f(\mathbf{x}) > \alpha \geq f(\mathbf{x}^*)$. \square

1.6 Examples

In the following two sections, we give two examples of convex function minimization tasks that arise from machine learning applications.

1.6.1 Handwritten digit recognition

Suppose you want to write a program that recognizes handwritten decimal digits $0, 1, \dots, 9$. You have a set P of grayscale images (28×28 pixels, say) that represent handwritten decimal digits, and for each image $\mathbf{x} \in P$, you know the digit $d(\mathbf{x}) \in \{0, \dots, 9\}$ that it represents, see Figure 1.10. You want to train your program with the set P , and after that, use it to recognize handwritten digits in arbitrary 28×28 images.

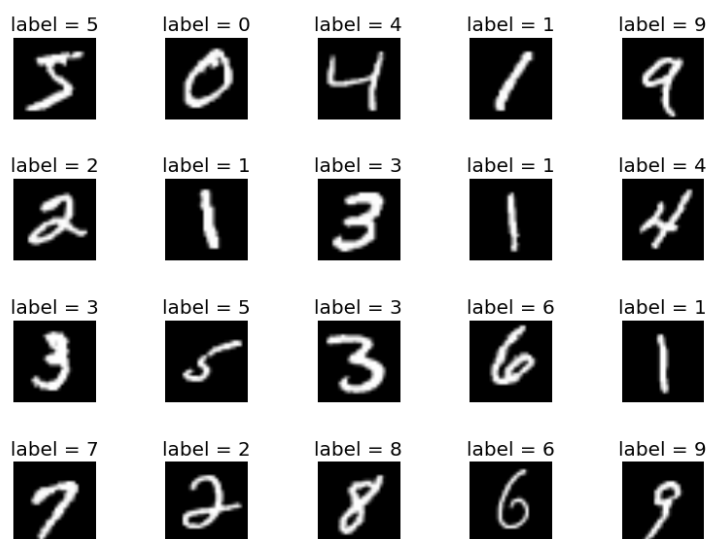


Figure 1.10: Some training images from the MNIST data set (picture from <http://corochann.com/mnist-dataset-introduction-1138.html>).

The classical approach is the following. We represent an image as a *feature vector* $\mathbf{x} \in \mathbb{R}^{784}$, where x_i is the gray value of the i -th pixel (in some order). During the training phase, we compute a matrix $W \in \mathbb{R}^{10 \times 784}$ and

then use the vector $\mathbf{y} = W\mathbf{x} \in \mathbb{R}^{10}$ to predict the digit seen in an arbitrary image \mathbf{x} . The idea is that $y_j, j = 0, \dots, 9$ corresponds to the probability of the digit being j . This does not work directly, since the entries of \mathbf{y} may be negative and generally do not sum up to 1. But we can convert \mathbf{y} to a vector \mathbf{z} of actual probabilities, such that a small y_j leads to a small probability z_j and a large y_j to a large probability z_j . How to do this is not canonical, but here is a well-known formula that works:

$$z_j = z_j(\mathbf{y}) = \frac{e^{y_j}}{\sum_{k=0}^9 e^{y_k}}. \quad (1.10)$$

The classification then simply outputs digit j with probability z_j . The matrix W is chosen such that it (approximately) minimizes the classification error on the training set P . Again, it is not canonical how we measure classification error; here we use the following *loss function* to evaluate the error induced by a given matrix W .

$$\ell(W) = - \sum_{\mathbf{x} \in P} \ln(z_{d(\mathbf{x})}(W\mathbf{x})) = \sum_{\mathbf{x} \in P} \left(\ln \left(\sum_{k=0}^9 e^{(W\mathbf{x})_k} \right) - (W\mathbf{x})_{d(\mathbf{x})} \right). \quad (1.11)$$

This function “punishes” images for which the correct digit j has low probability z_j (corresponding to a significantly negative value of $\log z_j$). In an ideal world, the correct digit would always have probability 1, resulting in $\ell(W) = 0$. But under (1.10), probabilities are always strictly between 0 and 1, so we have $\ell(W) > 0$ for all W .

Exercise 5 asks you to prove that ℓ is convex. In Exercise 6, you will characterize the situations in which ℓ has a global minimum.

1.6.2 Master’s Admission

The computer science department of a well known Swiss university is admitting top international students to its MSc program, in a competitive application process. Applicants are submitting various documents (GPA, TOEFL test score, GRE test scores, reference letters,...). During the evaluation of an application, the admission committee would like to compute a (rough) forecast of the applicant’s performance in the MSc program, based on the submitted documents.¹

¹Any resemblance to real departments is purely coincidental. Also, no serious department will base performance forecasts on data from 10 students, as we will do it here.

Data on the actual performance of students admitted in the past is available. To keep things simple in the following example, Let us base the forecast on GPA (grade point average) and TOEFL (Test of English as a Foreign Language) only. GPA scores are normalized to a scale with a minimum of 0.0 and a maximum of 4.0, where admission starts from 3.5. TOEFL scores are on an integer scale between 0 and 120, where admission starts from 100.

Table 1.1 contains the known data. GGPA (graduation grade point average on a Swiss grading scale) is the average grade obtained by an admitted student over all courses in the MSc program. The Swiss scale goes from 1 to 6 where 1 is the lowest grade, 6 is the highest, and 4 is the lowest passing grade.

GPA	TOEFL	GGPA
3.52	100	3.92
3.66	109	4.34
3.76	113	4.80
3.74	100	4.67
3.93	100	5.52
3.88	115	5.44
3.77	115	5.04
3.66	107	4.73
3.87	106	5.03
3.84	107	5.06

Table 1.1: Data for 10 admitted students: GPA and TOEFL scores (at time of application), GGPA (at time of graduation)

As in Section 1.4.2, we are attempting a linear regression with least squares fit, i.e. we are making the hypothesis that

$$\text{GGPA} \approx w_0 + w_1 \cdot \text{GPA} + w_2 \cdot \text{TOEFL}. \quad (1.12)$$

However, in our scenario, the relevant GPA scores span a range of only 0.5 while the relevant TOEFL scores span a range of 20. The resulting least squares objective would be somewhat ugly; we already saw this in our previous example (1.7), where the data points had large second coordinate, resulting in the w_1 -scale being very different from the w_2 -scale. This time,

we normalize first, so that w_1 and w_2 become comparable and allow us to understand the relative influences of GPA and TOEFL.

The general setting is this: we have n *inputs* $\mathbf{x}_1, \dots, \mathbf{x}_n$, where each vector $\mathbf{x}_i \in \mathbb{R}^d$ consists of d input variables; then we have n *outputs* $y_1, \dots, y_n \in \mathbb{R}$. Each pair (\mathbf{x}_i, y_i) is an *observation*. In our case, $d = 2, n = 10$, and for example, $((3.93, 100), 5.52)$ is an observation (of a student doing very well).

With variable *weights* $w_0, \mathbf{w} = (w_1, \dots, w_d) \in \mathbb{R}^d$, we plan to minimize the least squares objective

$$f(w_0, \mathbf{w}) = \sum_{i=1}^n (w_0 + \mathbf{w}^T \mathbf{x}_i - y_i)^2.$$

We first want to assume that the inputs and outputs are *centered*, meaning that

$$\frac{1}{n} \sum_{i=1}^n \mathbf{x}_i = \mathbf{0}, \quad \frac{1}{n} \sum_{i=1}^n y_i = 0.$$

This can be achieved by simply subtracting the mean $\bar{\mathbf{x}} = \frac{1}{n} \sum_{i=1}^n \mathbf{x}_i$ from every input and the mean $\bar{y} = \frac{1}{n} \sum_{i=1}^n y_i$ from every output. In our example, this yields the numbers in Table 1.2 (left).

GPA	TOEFL	GGPA	GPA	TOEFL	GGPA
-0.24	-7.2	-0.94	-2.04	-1.28	-0.94
-0.10	1.8	-0.52	-0.88	0.32	-0.52
-0.01	5.8	-0.05	-0.05	1.03	-0.05
-0.02	-7.2	-0.18	-0.16	-1.28	-0.18
0.17	-7.2	0.67	1.42	-1.28	0.67
0.12	7.8	0.59	1.02	1.39	0.59
0.01	7.8	0.19	0.06	1.39	0.19
-0.10	-0.2	-0.12	-0.88	-0.04	-0.12
0.11	-1.2	0.17	0.89	-0.21	0.17
0.07	-0.2	0.21	0.62	-0.04	0.21

Table 1.2: Centered observations (left); normalized inputs (right)

After centering, the global minimum (w_0^*, \mathbf{w}^*) of the least squares objective satisfies $w_0^* = 0$ while \mathbf{w}^* is unaffected by centering (Exercise 9), so that we can simply omit the variable w_0 in the sequel.

Finally, we assume that all d input variables are on the same scale, meaning that

$$\frac{1}{n} \sum_{i=1}^n x_{ij}^2 = 1, \quad j = 1, \dots, d.$$

To achieve this for fixed j (assuming that no variable is 0 in all inputs), we multiply all x_{ij} by $s(j) = \sqrt{n / \sum_{i=1}^n x_{ij}^2}$ (which, in the optimal solution \mathbf{w}^* , just multiplies w_j^* by $1/s(j)$, an argument very similar to the one in Exercise 9). For our data set, the resulting normalized data are shown in Table 1.2 (right). Now the least squares objective (after omitting w_0) is

$$\begin{aligned} f(w_1, w_2) &= \sum_{i=1}^{10} (w_1 x_{i1} + w_2 x_{i2} - y_i)^2 \\ &\approx 10w_1^2 + 10w_2^2 + 1.99w_1w_2 - 8.7w_1 - 2.79w_2 + 2.09. \end{aligned}$$

This is minimized at

$$\mathbf{w}^* = (w_1^*, w_2^*) \approx (0.43, 0.097),$$

so if our initial hypothesis (1.12) is true, we should have

$$y_i \approx y_i^* = 0.43x_{i1} + 0.097x_{i2} \tag{1.13}$$

in the normalized data. This can quickly be checked, and the results are not perfect, but not too bad, either; see Table 1.3 (ignore the last column for now).

What we also see from (1.13) is that the first input variable (GPA) has a much higher influence on the output (GGPA) than the second one (TOEFL). In fact, if we drop the second one altogether, we obtain outputs z_i^* (last column in Table 1.3) that seem equivalent to the predicted outputs y_i^* within the level of noise that we have anyway.

We conclude that TOEFL scores are probably not indicative for the performance of admitted students, so the admission committee should not care too much about them. Requiring a minimum score of 100 might make sense, but whenever an applicant reaches at least this score, the actual value does not matter.

x_{i1}	x_{i2}	y_i	y_i^*	z_i^*
-2.04	-1.28	-0.94	-1.00	-0.87
-0.88	0.32	-0.52	-0.35	-0.37
-0.05	1.03	-0.05	0.08	-0.02
-0.16	-1.28	-0.18	-0.19	-0.07
1.42	-1.28	0.67	0.49	0.61
1.02	1.39	0.59	0.57	0.44
0.06	1.39	0.19	0.16	0.03
-0.88	-0.04	-0.12	-0.38	-0.37
0.89	-0.21	0.17	0.36	0.38
0.62	-0.04	0.21	0.26	0.27

Table 1.3: Outputs y_i^* predicted by the linear model (1.13) and by the model $z_i^* = 0.43x_{i1}$ that simply ignores the second input variable

The LASSO. So far, we have computed linear functions $y = 0.43x_1 + 0.097x_2$ and $z = 0.43x_1$ that “explain” the historical data from Table 1.1. However, they are optimized to fit the historical data, not the future. We may have *overfitting*. This typically leads to unreliable predictions of high variance in the future. Also, ideally, we would like non-indicative variables (such as the TOEFL in our example) to actually have weight 0, so that the model “knows” the important variables and is therefore better to interpret.

The question is: how can we in general improve the quality of our forecast? There are various heuristics to identify the “important” variables’ (subset selection). A very simple one is just to forget about weights close to 0 in the least squares solution. However, for this, we need to define what it means to be close to 0; and it may happen that small changes in the data lead to different variables being dropped if their weights are around the threshold. On the other end of the spectrum, there is *best subset selection* where we compute the least squares solution subject to the constraint that there are at most k nonzero weights, for some k that we believe is the right number of important variables. This is NP-hard, though.

A popular approach that in many cases improves forecasts and at the same time identifies important variables has been suggested by Tibshirani in 1996 [Tib96]. Instead of minimizing the least squares objective globally, it is minimized over a suitable ℓ_1 -ball (ball in the 1-norm $\|\mathbf{w}\|_1 =$

$$\begin{aligned}
& \sum_{j=1}^d |w_j|): \\
& \begin{aligned}
& \text{minimize} && \sum_{i=1}^n \|\mathbf{w}^\top \mathbf{x}_i - y_i\|^2 \\
& \text{subject to} && \|\mathbf{w}\|_1 \leq R,
\end{aligned}
\end{aligned} \tag{1.14}$$

where $R \in \mathbb{R}_+$ is some parameter. In our case, if we for example

$$\begin{aligned}
& \text{minimize} && f(w_1, w_2) = 10w_1^2 + 10w_2^2 + 1.99w_1w_2 - 8.7w_1 - 2.79w_2 + 2.09 \\
& \text{subject to} && |w_1| + |w_2| \leq 0.2,
\end{aligned} \tag{1.15}$$

we obtain weights $\mathbf{w}^* = (w_1^*, w_2^*) = (0.2, 0)$: the non-indicative TOEFL score has disappeared automatically! For $R = 0.3$, the same happens (with $w_1^* = 0.3$, respectively). For $R = 0.4$, the TOEFL score starts creeping back in: we get $(w_1^*, w_2^*) \approx (0.36, 0.036)$. For $R = 0.5$, we have $(w_1^*, w_2^*) \approx (0.41, 0.086)$, while for $R = 0.6$ (and all larger values of R), we recover the original solution $(w_1^*, w_2^*) = (0.43, 0.097)$.

It is important to understand that using the “fixed” weights (which may be significantly shrunk), we make predictions *worse* on the historical data (this must be so, since least squares was optimal for the historical data). But future predictions may benefit (a lot). To quantify this benefit, we need to make statistical assumptions about future observations; this is beyond the scope of our treatment here.

The phenomenon that adding a constraint on $\|\mathbf{w}\|_1$ tends to set weights to 0 is not restricted to $d = 2$. The constrained minimization problem (1.14) is called the *LASSO* (least absolute shrinkage and selection operator) and has the tendency to assign weights of 0 and thus to select a subset of input variables, where R controls how aggressive the selection is.

In our example, it is easy to get an intuition why this works. Let us look at the case $R = 0.2$. The smallest value attainable in (1.15) is the smallest α such that the (elliptical) sublevel set $f^{\leq \alpha}$ of the least squares objective f still intersects the ℓ_1 -ball $\{(w_1, w_2) : |w_1| + |w_2| \leq 0.2\}$. This smallest value turns out to be $\alpha = 0.75$, see Figure 1.11. For this value of α , the sublevel set intersects the ℓ_1 -ball exactly in one point, namely $(0.2, 0)$.

At $(0.2, 0)$, the ellipse $\{(w_1, w_2) : f(w_1, w_2) = \alpha\}$ is “vertical enough” to just intersect the corner of the ℓ_1 -ball. The reason is that the center of the ellipse is relatively close to the w_1 -axis, when compared to its size. As R increases, the relevant value of α decreases, the ellipse gets smaller and less vertical around the w_1 -axis; until it eventually stops intersecting the ℓ_1 -ball $\{(w_1, w_2) : |w_1| + |w_2| \leq R\}$ in a corner (dashed situation in Figure 1.11).

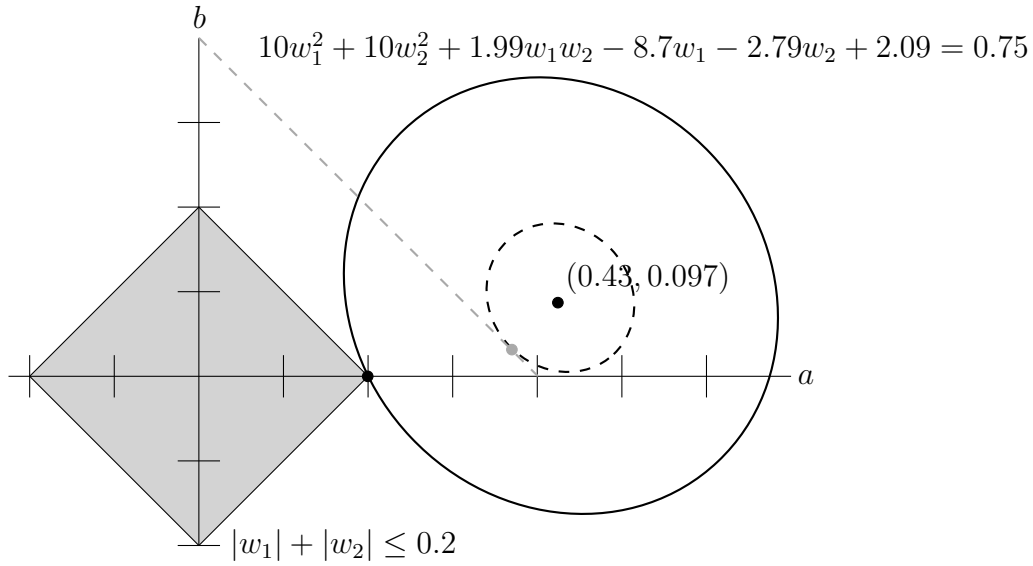


Figure 1.11: Lasso

for $R = 0.4$).

Even though we have presented a toy example in this section, the background is real. The theory of admission and in particular performance forecasts has been developed in a recent PhD thesis by Zimmermann [Zim16].

1.7 Exercises

Exercise 1. Prove Jensen's inequality (Lemma 1.5)!

Exercise 2. Prove that a convex function (with $\text{dom}(f)$ open) is continuous (Lemma 1.6)!

Hint: First prove that a convex function f is bounded on any cube $C = [l_1, u_1] \times [l_2, u_2] \times \cdots \times [l_d, u_d] \subseteq \text{dom}(f)$, with the maximum value occurring on some corner of the cube (a point \mathbf{z} such that $z_i \in \{l_i, u_i\}$ for all i). Then use this fact to show that—given $\mathbf{x} \in \text{dom}(f)$ and $\varepsilon > 0$ —all \mathbf{y} in a sufficiently small ball around \mathbf{x} satisfy $|f(\mathbf{y}) - f(\mathbf{x})| < \varepsilon$.

Exercise 3. Prove that the function $d_{\mathbf{y}} : \mathbb{R}^d \rightarrow \mathbb{R}, \mathbf{x} \mapsto \|\mathbf{x} - \mathbf{y}\|^2$ is strictly convex for any $\mathbf{y} \in \mathbb{R}^d$. (Use Lemma 1.19)

Exercise 4. Prove Lemma 1.13! Can (ii) be generalized to show that for two convex functions f, g , the function $f \circ g$ is convex as well?

Exercise 5. Consider the function ℓ defined in (1.11). Prove that ℓ is convex!

Exercise 6. Consider the logistic regression problem with two classes. Given a training set P consisting of datapoint and label pairs (\mathbf{x}, y) where $\mathbf{x} \in \mathbb{R}^d$ and $y \in \{-1, +1\}$, we define our loss ℓ for weight vector $\mathbf{w} \in \mathbb{R}^d$ to be

$$\ell(\mathbf{w}) = \sum_{(\mathbf{x}, y) \in P} -\ln(z(y\mathbf{w}^\top \mathbf{x})) ,$$

where $z(s) = 1/(1 + \exp(-s))$. This loss function is in fact a simplification of (1.11) when we only have two classes.

We say that the weight vector \mathbf{w} is a separator for P if for all $(\mathbf{x}, y) \in P$,

$$y(\mathbf{w}^\top \mathbf{x}) \geq 0 .$$

A separator is said to be trivial if for all $(\mathbf{x}, y) \in P$,

$$y(\mathbf{w}^\top \mathbf{x}) = 0 .$$

For example $\mathbf{w} = 0$ is a trivial separator. Depending on the data P , there may be other trivial separators.

Prove the following statement: the function ℓ has a global minimum if and only if all separators are trivial.

Exercise 7. Prove that the function $f(\mathbf{x}) = \|\mathbf{x}\|_1 = \sum_{i=1}^d |x_i|$ (ℓ_1 -norm) is convex!

Exercise 8. A seminorm is a function $f : \mathbb{R}^d \rightarrow \mathbb{R}$ satisfying the following two properties for all $\mathbf{x}, \mathbf{y} \in \mathbb{R}^d$ and all $\lambda \in \mathbb{R}$.

$$(i) \quad f(\lambda \mathbf{x}) = |\lambda| f(\mathbf{x}),$$

$$(ii) \quad f(\mathbf{x} + \mathbf{y}) \leq f(\mathbf{x}) + f(\mathbf{y}) \text{ (triangle inequality).}$$

Prove that every seminorm is convex!

Exercise 9. Suppose that we have centered observations (\mathbf{x}_i, y_i) such that $\sum_{i=1}^n \mathbf{x}_i = \mathbf{0}$, $\sum_{i=1}^n y_i = 0$. Let w_0^*, \mathbf{w}^* be the global minimum of the least squares objective

$$f(w_0, \mathbf{w}) = \sum_{i=1}^n (w_0 + \mathbf{w}^T \mathbf{x}_i - y_i)^2.$$

Prove that $w_0^* = 0$. Also, suppose \mathbf{x}'_i and y'_i are such that for all i , $\mathbf{x}'_i = \mathbf{x}_i + \mathbf{q}$, $y'_i = y_i + r$. Show that (w_0, \mathbf{w}) minimizes f if and only if $(w_0 - \mathbf{w}^T \mathbf{q} + r, \mathbf{w})$ minimizes

$$f'(w_0, \mathbf{w}) = \sum_{i=1}^n (w_0 + \mathbf{w}^T \mathbf{x}'_i - y'_i)^2.$$

Chapter 2

Gradient Descent

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2.1 Overview

The gradient descent algorithm (including variants such as projected or stochastic gradient descent) is the most useful workhorse for minimizing loss functions in practice. The algorithm is extremely simple and surprisingly robust in the sense that it also works well for many loss functions that are not convex. While it is easy to construct (artificial) non-convex functions on which gradient descent goes completely astray, such functions do not seem to be typical in practice; however, understanding this on a theoretical level is an open problem, and only few results exist in this direction.

The vast majority of theoretical results concerning the performance of gradient descent hold for convex functions only. In this and the following chapters, we will present some of these results, but maybe more importantly, the main ideas behind them. As it turns out, the number of ideas that we need is rather small, and typically, they are shared between different results. Our approach is therefore to fully develop each idea once, in the context of a concrete result. If the idea reappears, we will typically only discuss the changes that are necessary in order to establish a new result from this idea. In order to avoid boredom from ideas that reappear too often, we omit other results and variants that one could also get along the lines of what we discuss.

Let $f : \mathbb{R}^d \rightarrow \mathbb{R}$ be a convex and differentiable function. We also assume that f has a global minimum \mathbf{x}^* , and the goal is to find (an approximation of) \mathbf{x}^* . This usually means that for a given $\varepsilon > 0$, we want to find $\mathbf{x} \in \mathbb{R}^d$ such that

$$f(\mathbf{x}) - f(\mathbf{x}^*) < \varepsilon.$$

Notice that we are not making an attempt to get near to \mathbf{x}^* itself — there can be several minima $\mathbf{x}_1^* \neq \mathbf{x}^* \neq \mathbf{x}_2^*$ with $f(\mathbf{x}_1^*) = f(\mathbf{x}_2^*) = f(\mathbf{x}^*)$.

Table 2.1 gives an overview of the results that we will prove. They concern several variants of gradient descent as well as several classes of functions. The significance of each algorithm and function class will briefly be discussed when it first appears.

In Chapter 6, we will also look at gradient descent on functions that are not convex. In this case, provably small approximation error can still be obtained for some particularly well-behaved functions (we will give an example). For smooth (but not necessarily convex) functions, we gener-

	Lipschitz convex functions	smooth convex functions	strongly convex functions	smooth & strongly convex functions
gradient descent	Thm. 2.1 $\mathcal{O}(1/\varepsilon^2)$	Thm. 2.7 $\mathcal{O}(1/\varepsilon)$		Thm. 2.11 $\mathcal{O}(\log(1/\varepsilon))$
projected gradient descent	Thm. 3.2 $\mathcal{O}(1/\varepsilon^2)$	Thm. 3.4 $\mathcal{O}(1/\varepsilon)$		Thm. 3.5 $\mathcal{O}(\log(1/\varepsilon))$
proximal gradient descent		Thm. 3.14 $\mathcal{O}(1/\varepsilon)$		
subgradient descent	Thm. 4.7 $\mathcal{O}(1/\varepsilon^2)$		Thm. 4.11 $\mathcal{O}(1/\varepsilon)$	
stochastic gradient descent	Thm. 5.1 $\mathcal{O}(1/\varepsilon^2)$		Thm. 5.2 $\mathcal{O}(1/\varepsilon)$	

Table 2.1: Results on gradient descent. Below each theorem, the number of steps is given which the respective variant needs on the respective function class to achieve additive approximation error at most ε .

ally cannot show convergence in error, but a (much) weaker convergence property still holds.

2.2 The algorithm

Gradient descent is a very simple iterative algorithm for finding the desired approximation \mathbf{x} , under suitable conditions that we will get to. It computes a sequence $\mathbf{x}_0, \mathbf{x}_1, \dots$ of vectors such that \mathbf{x}_0 is arbitrary, and for each $t \geq 0$, \mathbf{x}_{t+1} is obtained from \mathbf{x}_t by making a step of $\mathbf{v}_t \in \mathbb{R}^d$:

$$\mathbf{x}_{t+1} = \mathbf{x}_t + \mathbf{v}_t.$$

How do we choose \mathbf{v}_t in order to get closer to optimality, meaning that $f(\mathbf{x}_{t+1}) < f(\mathbf{x}_t)$?

From differentiability of f at \mathbf{x}_t (Definition [1.7](#)), we know that for $\|\mathbf{v}_t\|$

tending to 0,

$$f(\mathbf{x}_t + \mathbf{v}_t) = f(\mathbf{x}_t) + \nabla f(\mathbf{x}_t)^\top \mathbf{v}_t + \underbrace{r(\mathbf{v}_t)}_{o(\|\mathbf{v}_t\|)} \approx f(\mathbf{x}_t) + \nabla f(\mathbf{x}_t)^\top \mathbf{v}_t.$$

To get any decrease in function value at all, we have to choose \mathbf{v}_t such that $\nabla f(\mathbf{x}_t)^\top \mathbf{v}_t < 0$. But among all steps \mathbf{v}_t of the same length, we should in fact choose the one with the most negative value of $\nabla f(\mathbf{x}_t)^\top \mathbf{v}_t$, so that we maximize our decrease in function value. This is achieved when \mathbf{v}_t points into the direction of the negative gradient $-\nabla f(\mathbf{x}_t)$. But as differentiability guarantees decrease only for small steps, we also want to control how far we go along the direction of the negative gradient.

Therefore, the step of gradient descent is defined by

$$\mathbf{x}_{t+1} := \mathbf{x}_t - \gamma \nabla f(\mathbf{x}_t). \quad (2.1)$$

Here, γ is a fixed *stepsize*, but it may also make sense to have γ depend on t . For now, γ is fixed. We hope that for some reasonably small integer t , in the t -th iteration we get that $f(\mathbf{x}_t) - f(\mathbf{x}^*) < \varepsilon$; see Figure 2.1 for an example.

Now it becomes clear why we are assuming that $\text{dom}(f) = \mathbb{R}^d$: The update step (2.1) may in principle take us “anywhere”, so in order to get a well-defined algorithm, we want to make sure that f is defined and differentiable everywhere.

The choice of γ is critical for the performance. If γ is too small, the process might take too long, and if γ is too large, we are in danger of overshooting. It is not clear at this point whether there is a “right” stepsize.

2.3 Vanilla analysis

Let \mathbf{x}_t be some iterate in the sequence (2.1). We abbreviate $\mathbf{g}_t := \nabla f(\mathbf{x}_t)$, and will relate this vector to our current direction from an optimum $\mathbf{x}_t - \mathbf{x}^*$. By definition of gradient descent (2.1), $\mathbf{g}_t = (\mathbf{x}_t - \mathbf{x}_{t+1})/\gamma$, hence

$$\mathbf{g}_t^\top (\mathbf{x}_t - \mathbf{x}^*) = \frac{1}{\gamma} (\mathbf{x}_t - \mathbf{x}_{t+1})^\top (\mathbf{x}_t - \mathbf{x}^*). \quad (2.2)$$

Now we apply (somewhat out of the blue, but this will clear up in the next step) the basic vector equation $2\mathbf{v}^\top \mathbf{w} = \|\mathbf{v}\|^2 + \|\mathbf{w}\|^2 - \|\mathbf{v} - \mathbf{w}\|^2$ (a.k.a. the

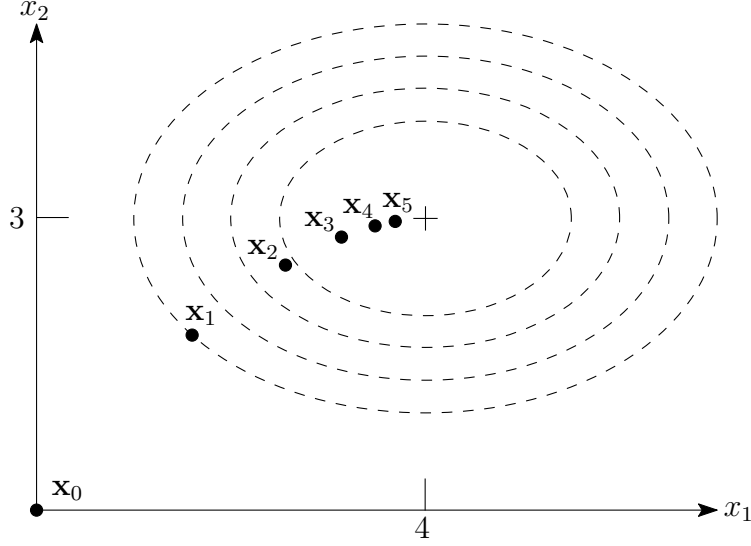


Figure 2.1: Example run of gradient descent on the quadratic function $f(x_1, x_2) = 2(x_1 - 4)^2 + 3(x_2 - 3)^2$ with global minimum $(4, 3)$; we have chosen $\mathbf{x}_0 = (0, 0)$, $\gamma = 0.1$; dashed lines represent level sets of f (points of constant f -value)

cosine theorem) to rewrite the same expression as

$$\begin{aligned}
 \mathbf{g}_t^\top (\mathbf{x}_t - \mathbf{x}^*) &= \frac{1}{2\gamma} (\|\mathbf{x}_t - \mathbf{x}_{t+1}\|^2 + \|\mathbf{x}_t - \mathbf{x}^*\|^2 - \|\mathbf{x}_{t+1} - \mathbf{x}^*\|^2) \\
 &= \frac{1}{2\gamma} (\gamma^2 \|\mathbf{g}_t\|^2 + \|\mathbf{x}_t - \mathbf{x}^*\|^2 - \|\mathbf{x}_{t+1} - \mathbf{x}^*\|^2) \\
 &= \frac{\gamma}{2} \|\mathbf{g}_t\|^2 + \frac{1}{2\gamma} (\|\mathbf{x}_t - \mathbf{x}^*\|^2 - \|\mathbf{x}_{t+1} - \mathbf{x}^*\|^2) \quad (2.3)
 \end{aligned}$$

Next we sum this up over the iterations t , so that the latter two terms in the bracket cancel in a telescoping sum.

$$\begin{aligned}
 \sum_{t=0}^{T-1} \mathbf{g}_t^\top (\mathbf{x}_t - \mathbf{x}^*) &= \frac{\gamma}{2} \sum_{t=0}^{T-1} \|\mathbf{g}_t\|^2 + \frac{1}{2\gamma} (\|\mathbf{x}_0 - \mathbf{x}^*\|^2 - \|\mathbf{x}_T - \mathbf{x}^*\|^2) \\
 &\leq \frac{\gamma}{2} \sum_{t=0}^{T-1} \|\mathbf{g}_t\|^2 + \frac{1}{2\gamma} \|\mathbf{x}_0 - \mathbf{x}^*\|^2 \quad (2.4)
 \end{aligned}$$

So far, we have not used any properties of the function f or its gradient \mathbf{g}_t , except the definition of the update step $\mathbf{x}_{t+1} = \mathbf{x}_t - \gamma \mathbf{g}_t$. Now we invoke convexity of f , or more precisely the first-order characterization of convexity (1.4) with $\mathbf{x} = \mathbf{x}_t, \mathbf{y} = \mathbf{x}^*$:

$$f(\mathbf{x}_t) - f(\mathbf{x}^*) \leq \mathbf{g}_t^\top (\mathbf{x}_t - \mathbf{x}^*). \quad (2.5)$$

Hence we further obtain

$$\sum_{t=0}^{T-1} (f(\mathbf{x}_t) - f(\mathbf{x}^*)) \leq \frac{\gamma}{2} \sum_{t=0}^{T-1} \|\mathbf{g}_t\|^2 + \frac{1}{2\gamma} \|\mathbf{x}_0 - \mathbf{x}^*\|^2. \quad (2.6)$$

This gives us an upper bound for the *average* error $f(\mathbf{x}_t) - f(\mathbf{x}^*)$, $t = 0, \dots, T-1$, hence in particular for the error incurred by the iterate with the smallest function value. The last iterate is not necessarily the best one: gradient descent with fixed stepsize γ will in general also make steps that overshoot and actually increase the function value; see Exercise 12(i).

The question is of course: is this result any good? In general, the answer is no. A dependence on $\|\mathbf{x}_0 - \mathbf{x}^*\|$ is to be expected (the further we start from \mathbf{x}^* , the longer we will take); the dependence on the squared gradients $\|\mathbf{g}_t\|^2$ is more of an issue, and if we cannot control them, we cannot say much.

2.4 Lipschitz convex functions: $\mathcal{O}(1/\varepsilon^2)$ steps

Here is the cheapest “solution” to squeeze something out of the vanilla analysis (2.4): let us simply assume that all gradients of f are bounded in norm. Equivalently, such functions are Lipschitz continuous over \mathbb{R}^d by Theorem 1.10. (A small subtlety here is that in the situation of real-valued functions, Theorem 1.10 is talking about the spectral norm of the $(1 \times d)$ -matrix (or row vector) $\nabla f(\mathbf{x})^\top$, while below, we are talking about the Euclidean norm of the (column) vector $\nabla f(\mathbf{x})$; but these two norms are the same; see Exercise 10.)

Assuming bounded gradients rules out many interesting functions, though. For example, $f(x) = x^2$ (a supermodel in the world of convex functions) already doesn’t qualify, as $\nabla f(x) = 2x$ —and this is unbounded as x tends to infinity. But let’s care about supermodels later.

Theorem 2.1. Let $f : \mathbb{R}^d \rightarrow \mathbb{R}$ be convex and differentiable with a global minimum \mathbf{x}^* ; furthermore, suppose that $\|\mathbf{x}_0 - \mathbf{x}^*\| \leq R$ and $\|\nabla f(\mathbf{x})\| \leq B$ for all \mathbf{x} . Choosing the stepsize

$$\gamma := \frac{R}{B\sqrt{T}},$$

gradient descent (2.1) yields

$$\frac{1}{T} \sum_{t=0}^{T-1} (f(\mathbf{x}_t) - f(\mathbf{x}^*)) \leq \frac{RB}{\sqrt{T}}.$$

Proof. This is a simple calculation on top of (2.6): after plugging in the bounds $\|\mathbf{x}_0 - \mathbf{x}^*\| \leq R$ and $\|\mathbf{g}_t\| \leq B$, we get

$$\sum_{t=0}^{T-1} (f(\mathbf{x}_t) - f(\mathbf{x}^*)) \leq \frac{\gamma}{2} B^2 T + \frac{1}{2\gamma} R^2,$$

so want to choose γ such that

$$q(\gamma) = \frac{\gamma}{2} B^2 T + \frac{R^2}{2\gamma}$$

is minimized. Setting the derivative to zero yields the above value of γ , and $q(R/(B\sqrt{T})) = RB\sqrt{T}$. Dividing by T , the result follows. \square

This means that in order to achieve $\min_{t=0}^{T-1} (f(\mathbf{x}_t) - f(\mathbf{x}^*)) \leq \varepsilon$, we need

$$T \geq \frac{R^2 B^2}{\varepsilon^2}$$

many iterations. This is not particularly good when it comes to concrete numbers (think of desired error $\varepsilon = 10^{-6}$ when R, B are somewhat larger). On the other hand, the number of steps does not depend on d , the dimension of the space. This is very important since we often optimize in high-dimensional spaces. Of course, R and B may depend on d , but in many relevant cases, this dependence is mild.

What happens if we don't know R and/or B ? An idea is to “guess” R and B , run gradient descent with T and γ resulting from the guess, check whether the result has absolute error at most ε , and repeat with a different guess otherwise. This fails, however, since in order to compute the absolute error, we need to know $f(\mathbf{x}^*)$ which we typically don't. But Exercise 13 asks you to show that knowing R is sufficient.

2.5 Smooth convex functions: $\mathcal{O}(1/\varepsilon)$ steps

Our workhorse in the vanilla analysis was the first-order characterization of convexity: for all $\mathbf{x}, \mathbf{y} \in \text{dom}(f)$, we have

$$f(\mathbf{y}) \geq f(\mathbf{x}) + \nabla f(\mathbf{x})^\top (\mathbf{y} - \mathbf{x}). \quad (2.7)$$

Next we want to look at functions for which $f(\mathbf{y})$ can be bounded *from above* by $f(\mathbf{x}) + \nabla f(\mathbf{x})^\top (\mathbf{y} - \mathbf{x})$, up to at most quadratic error. The following definition applies to all differentiable functions, convexity is not required.

Definition 2.2. Let $f : \text{dom}(f) \rightarrow \mathbb{R}$ be a differentiable function, $X \subseteq \text{dom}(f)$ convex and $L \in \mathbb{R}_+$. Function f is called *smooth* (with parameter L) over X if

$$f(\mathbf{y}) \leq f(\mathbf{x}) + \nabla f(\mathbf{x})^\top (\mathbf{y} - \mathbf{x}) + \frac{L}{2} \|\mathbf{x} - \mathbf{y}\|^2, \quad \forall \mathbf{x}, \mathbf{y} \in X. \quad (2.8)$$

If $X = \text{dom}(f)$, f is simply called *smooth*.

Recall that (2.7) says that for any \mathbf{x} , the graph of f is above its tangential hyperplane at $(\mathbf{x}, f(\mathbf{x}))$. In contrast, (2.8) says that for any $\mathbf{x} \in X$, the graph of f is below a not-too-steep tangential paraboloid at $(\mathbf{x}, f(\mathbf{x}))$; see Figure 2.2.

This notion of smoothness has become standard in convex optimization, but the naming is somewhat unfortunate, since there is an (older) definition of a smooth function in mathematical analysis where it means a function that is infinitely often differentiable.

Let us discuss some cases. If $L = 0$, (2.7) and (2.8) together require that

$$f(\mathbf{y}) = f(\mathbf{x}) + \nabla f(\mathbf{x})^\top (\mathbf{y} - \mathbf{x}), \quad \forall \mathbf{x}, \mathbf{y} \in \text{dom}(f),$$

meaning that f is an affine function. A simple calculation shows that our supermodel function $f(x) = x^2$ is smooth with parameter $L = 2$:

$$\begin{aligned} f(y) = y^2 &= x^2 + 2x(y - x) + (x - y)^2 \\ &= f(x) + f'(x)(y - x) + \frac{L}{2}(x - y)^2. \end{aligned}$$

More generally, we also claim that all quadratic functions of the form $f(\mathbf{x}) = \mathbf{x}^\top Q \mathbf{x} + \mathbf{b}^\top \mathbf{x} + c$ are smooth, where Q is a $(d \times d)$ matrix, $\mathbf{b} \in \mathbb{R}^d$ and $c \in \mathbb{R}$. Because $\mathbf{x}^\top Q \mathbf{x} = \mathbf{x}^\top Q^\top \mathbf{x}$, we get that $f(\mathbf{x}) = \mathbf{x}^\top Q \mathbf{x} = \frac{1}{2} \mathbf{x}^\top (Q + Q^\top) \mathbf{x}$, where $\frac{1}{2}(Q + Q^\top)$ is symmetric. Therefore, we can assume without loss of generality that Q is symmetric, i.e., it suffices to show that quadratic functions defined by symmetric functions are smooth.

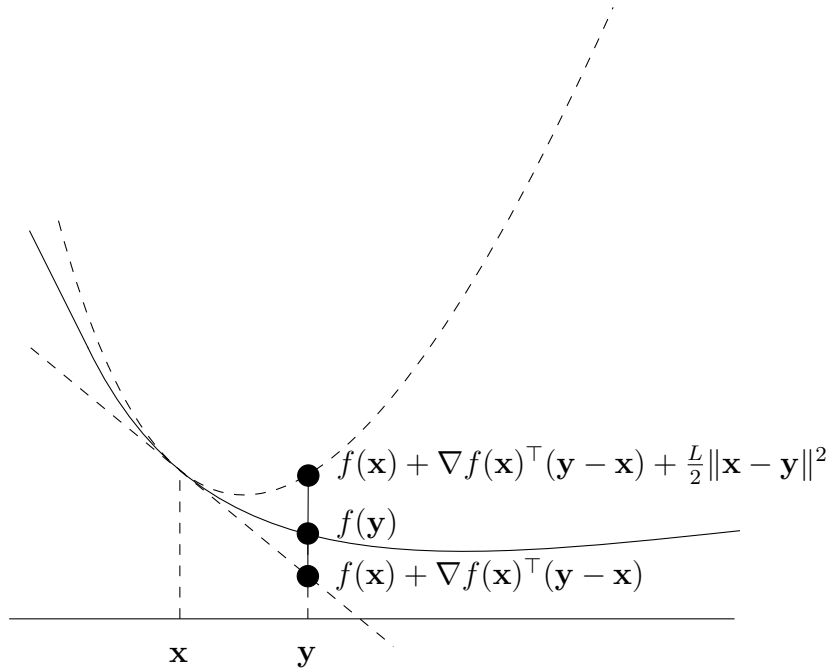


Figure 2.2: A smooth convex function

Lemma 2.3 (Exercise 11). Let $f(\mathbf{x}) = \mathbf{x}^\top Q \mathbf{x} + \mathbf{b}^\top \mathbf{x} + c$, where Q is a symmetric $(d \times d)$ matrix, $\mathbf{b} \in \mathbb{R}^d$, $c \in \mathbb{R}$. Then f is smooth with parameter $2 \|Q\|$, where $\|Q\|$ is the spectral norm of Q (Definition 1.9).

The (univariate) convex function $f(x) = x^4$ is not smooth (over \mathbb{R}): at $x = 0$, condition (2.8) reads as

$$y^4 \leq \frac{L}{2} y^2,$$

and there is obviously no L that works for all y . The function is smooth, however, over any bounded set X (Exercise 16).

In general—and this is the important message here—only functions of asymptotically at most quadratic growth can be smooth. It is tempting to believe that any such “subquadratic” function is actually smooth, but this is not true. Exercise 12(iii) provides a counterexample.

While bounded gradients are equivalent to Lipschitz continuity of f (Theorem 1.10), smoothness turns out to be equivalent to Lipschitz con-

tinuity of ∇f —if f is convex over the whole space. In general, Lipschitz continuity of ∇f implies smoothness, but not the other way around.

Lemma 2.4. *Let $f : \mathbb{R}^d \rightarrow \mathbb{R}$ be convex and differentiable. The following two statements are equivalent.*

- (i) f is smooth with parameter L .
- (ii) $\|\nabla f(\mathbf{x}) - \nabla f(\mathbf{y})\| \leq L\|\mathbf{x} - \mathbf{y}\|$ for all $\mathbf{x}, \mathbf{y} \in \mathbb{R}^d$.

We will derive the direction (ii) \Rightarrow (i) as Lemma 6.1 in Chapter 6 (which neither requires convexity nor domain \mathbb{R}^d). The other direction is a bit more involved. A proof of the equivalence can be found in the lecture slides of L. Vandenberghe, <http://www.seas.ucla.edu/~vandenbe/236C/lectures/gradient.pdf>.

The operations that we have shown to preserve convexity (Lemma 1.13) also preserve smoothness. This immediately gives us a rich collection of smooth functions.

Lemma 2.5 (Exercise 14).

- (i) Let f_1, f_2, \dots, f_m be smooth with parameters L_1, L_2, \dots, L_m , and let $\lambda_1, \lambda_2, \dots, \lambda_m \in \mathbb{R}_+$. Then the function $f := \sum_{i=1}^m \lambda_i f_i$ is smooth with parameter $\sum_{i=1}^m \lambda_i L_i$ over $\text{dom}(f) := \bigcap_{i=1}^m \text{dom}(f_i)$.
- (ii) Let $f : \text{dom}(f) \rightarrow \mathbb{R}$ with $\text{dom}(f) \subseteq \mathbb{R}^d$ be smooth with parameter L , and let $g : \mathbb{R}^m \rightarrow \mathbb{R}^d$ be an affine function, meaning that $g(\mathbf{x}) = A\mathbf{x} + \mathbf{b}$, for some matrix $A \in \mathbb{R}^{d \times m}$ and some vector $\mathbf{b} \in \mathbb{R}^d$. Then the function $f \circ g$ (that maps \mathbf{x} to $f(A\mathbf{x} + \mathbf{b})$) is smooth with parameter $L\|A\|^2$ on $\text{dom}(f \circ g) := \{\mathbf{x} \in \mathbb{R}^m : g(\mathbf{x}) \in \text{dom}(f)\}$, where $\|A\|$ is the spectral norm of A (Definition 1.9).

We next show that for smooth convex functions, the vanilla analysis provides a better bound than it does under bounded gradients. In particular, we are now able to serve the supermodel $f(x) = x^2$.

We start with a preparatory lemma showing that gradient descent (with suitable stepsize γ) makes progress in function value on smooth functions in every step. We call this *sufficient decrease*, and maybe suprisingly, it does not require convexity.

Lemma 2.6. Let $f : \mathbb{R}^d \rightarrow \mathbb{R}$ be differentiable and smooth with parameter L according to (2.8). With

$$\gamma := \frac{1}{L},$$

gradient descent (2.1) satisfies

$$f(\mathbf{x}_{t+1}) \leq f(\mathbf{x}_t) - \frac{1}{2L} \|\nabla f(\mathbf{x}_t)\|^2, \quad t \geq 0.$$

More specifically, this already holds if f is smooth with parameter L over the line segment connecting \mathbf{x}_t and \mathbf{x}_{t+1} .

Proof. We apply the smoothness condition (2.8) and the definition of gradient descent that yields $\mathbf{x}_{t+1} - \mathbf{x}_t = -\nabla f(\mathbf{x}_t)/L$. We compute

$$\begin{aligned} f(\mathbf{x}_{t+1}) &\leq f(\mathbf{x}_t) + \nabla f(\mathbf{x}_t)^\top (\mathbf{x}_{t+1} - \mathbf{x}_t) + \frac{L}{2} \|\mathbf{x}_t - \mathbf{x}_{t+1}\|^2 \\ &= f(\mathbf{x}_t) - \frac{1}{L} \|\nabla f(\mathbf{x}_t)\|^2 + \frac{1}{2L} \|\nabla f(\mathbf{x}_t)\|^2 \\ &= f(\mathbf{x}_t) - \frac{1}{2L} \|\nabla f(\mathbf{x}_t)\|^2. \end{aligned}$$

□

Theorem 2.7. Let $f : \mathbb{R}^d \rightarrow \mathbb{R}$ be convex and differentiable with a global minimum \mathbf{x}^* ; furthermore, suppose that f is smooth with parameter L according to (2.8). Choosing stepsize

$$\gamma := \frac{1}{L},$$

gradient descent (2.1) yields

$$f(\mathbf{x}_T) - f(\mathbf{x}^*) \leq \frac{L}{2T} \|\mathbf{x}_0 - \mathbf{x}^*\|^2, \quad T > 0.$$

Proof. We apply sufficient decrease (Lemma 2.6) to bound the sum of the $\|\mathbf{g}_t\|^2 = \|\nabla f(\mathbf{x}_t)\|^2$ after step (2.6) of the vanilla analysis as follows:

$$\frac{1}{2L} \sum_{t=0}^{T-1} \|\nabla f(\mathbf{x}_t)\|^2 \leq \sum_{t=0}^{T-1} (f(\mathbf{x}_t) - f(\mathbf{x}_{t+1})) = f(\mathbf{x}_0) - f(\mathbf{x}_T). \quad (2.9)$$

With $\gamma = 1/L$, (2.6) then yields

$$\begin{aligned} \sum_{t=0}^{T-1} (f(\mathbf{x}_t) - f(\mathbf{x}^*)) &\leq \frac{1}{2L} \sum_{t=0}^{T-1} \|\nabla f(\mathbf{x}_t)\|^2 + \frac{L}{2} \|\mathbf{x}_0 - \mathbf{x}^*\|^2 \\ &\leq f(\mathbf{x}_0) - f(\mathbf{x}_T) + \frac{L}{2} \|\mathbf{x}_0 - \mathbf{x}^*\|^2, \end{aligned}$$

equivalently

$$\sum_{t=1}^T (f(\mathbf{x}_t) - f(\mathbf{x}^*)) \leq \frac{L}{2} \|\mathbf{x}_0 - \mathbf{x}^*\|^2. \quad (2.10)$$

Because $f(\mathbf{x}_{t+1}) \leq f(\mathbf{x}_t)$ for each $0 \leq t \leq T$ by Lemma 2.6, by taking the average we get that

$$f(\mathbf{x}_T) - f(\mathbf{x}^*) \leq \frac{1}{T} \sum_{t=1}^T (f(\mathbf{x}_t) - f(\mathbf{x}^*)) \leq \frac{L}{2T} \|\mathbf{x}_0 - \mathbf{x}^*\|^2.$$

□

This improves over the bounds of Theorem 2.1. With $R^2 := \|\mathbf{x}_0 - \mathbf{x}^*\|^2$, we now only need

$$T \geq \frac{R^2 L}{2\varepsilon}$$

iterations instead of $R^2 B^2 / \varepsilon^2$ to achieve absolute error at most ε .

Exercise 15 shows that we do not need to know L to obtain the same asymptotic runtime.

2.6 Interlude

Let us get back to the supermodel $f(x) = x^2$ (that is smooth with parameter $L = 2$, as we observed before). According to Theorem 2.7, gradient descent (2.1) with stepsize $\gamma = 1/2$ satisfies

$$f(x_T) \leq \frac{1}{T} x_0^2. \quad (2.11)$$

Here we used that the minimizer is $x^* = 0$. Let us check how good this bound really is. For our concrete function and concrete stepsize, (2.1) reads as

$$x_{t+1} = x_t - \frac{1}{2} \nabla f(x_t) = x_t - x_t = 0,$$

so we are always done after one step! But we will see in the next section that this is only because the function is particularly beautiful, and on top of that, we have picked the best possible smoothness parameter. To simulate a more realistic situation here, let us assume that we have not looked at the supermodel too closely and found it to be smooth with parameter $L = 4$ only (which is a suboptimal but still valid parameter). In this case, $\gamma = 1/4$ and (2.1) becomes

$$x_{t+1} = x_t - \frac{1}{4} \nabla f(x_t) = x_t - \frac{x_t}{2} = \frac{x_t}{2}.$$

So, we in fact have

$$f(x_T) = f\left(\frac{x_0}{2^T}\right) = \frac{1}{2^{2T}} x_0^2. \quad (2.12)$$

This is still vastly better than the bound of (2.11)! While (2.11) requires $T \approx x_0^2/\varepsilon$ to achieve $f(x_T) \leq \varepsilon$, (2.12) requires only

$$T \approx \frac{1}{2} \log \left(\frac{x_0^2}{\varepsilon} \right),$$

which is an exponential improvement in the number of steps.

2.7 Smooth and strongly convex functions: $\mathcal{O}(\log(1/\varepsilon))$ steps

The supermodel function $f(x) = x^2$ is not only smooth (“not too curved”) but also *strongly convex* (“not too flat”). It will turn out that this is the crucial ingredient that makes gradient descent fast.

Definition 2.8. Let $f : \text{dom}(f) \rightarrow \mathbb{R}$ be a convex and differentiable function, $X \subseteq \text{dom}(f)$ convex and $\mu \in \mathbb{R}_+, \mu > 0$. Function f is called *strongly convex* (with parameter μ) over X if

$$f(\mathbf{y}) \geq f(\mathbf{x}) + \nabla f(\mathbf{x})^\top (\mathbf{y} - \mathbf{x}) + \frac{\mu}{2} \|\mathbf{x} - \mathbf{y}\|^2, \quad \forall \mathbf{x}, \mathbf{y} \in X. \quad (2.13)$$

If $X = \text{dom}(f)$, f is simply called *strongly convex*.

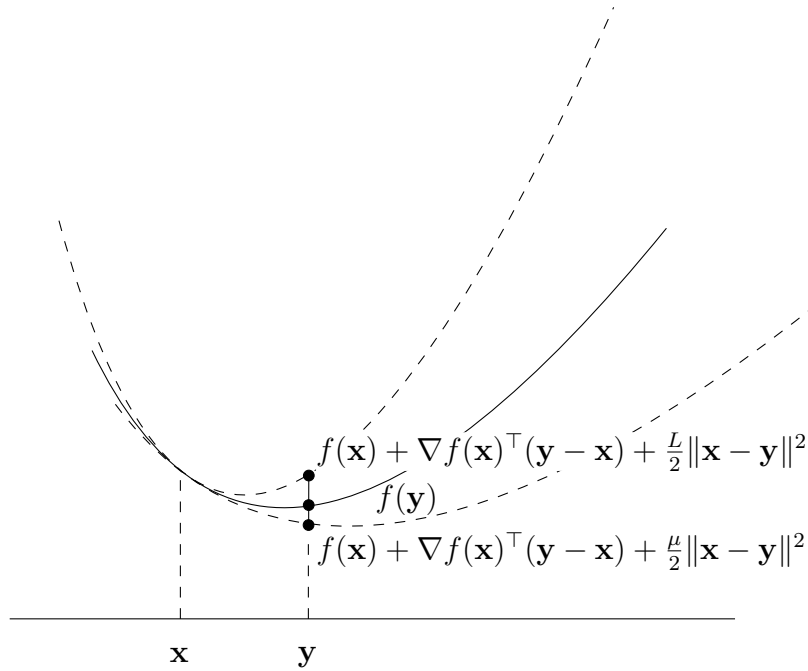


Figure 2.3: A smooth and strongly convex function

While smoothness according to (2.8) says that for any $\mathbf{x} \in X$, the graph of f is *below* a *not-too-steep* tangential paraboloid at $(\mathbf{x}, f(\mathbf{x}))$, strong convexity means that the graph of f is *above* a *not-too-flat* tangential paraboloid at $(\mathbf{x}, f(\mathbf{x}))$. The graph of a smooth *and* strongly convex function is therefore at every point wedged between two paraboloids; see Figure 2.3.

We can also interpret (2.13) as a strengthening of convexity. In the form of (2.7), convexity reads as

$$f(\mathbf{y}) \geq f(\mathbf{x}) + \nabla f(\mathbf{x})^\top (\mathbf{y} - \mathbf{x}), \quad \forall \mathbf{x}, \mathbf{y} \in \text{dom}(f),$$

and therefore says that every convex function satisfies (2.13) with $\mu = 0$.

Lemma 2.9 (Exercise 17). *If $f : \mathbb{R}^d \rightarrow \mathbb{R}$ is strongly convex with parameter $\mu > 0$, then f is strictly convex and has a unique global minimum.*

The supermodel $f(x) = x^2$ is particularly beautiful since it is both smooth and strongly convex with the same parameter $L = \mu = 2$ (going through the calculations in Exercise 11 will reveal this). We can easily

characterize the class of particularly beautiful functions. These are exactly the ones whose sublevel sets are ℓ_2 -balls.

Lemma 2.10 (Exercise 18). *Let $f : \mathbb{R}^d \rightarrow \mathbb{R}$ be strongly convex with parameter $\mu > 0$ and smooth with parameter μ . Prove that f is of the form*

$$f(\mathbf{x}) = \frac{\mu}{2} \|\mathbf{x} - \mathbf{b}\|^2 + c,$$

where $\mathbf{b} \in \mathbb{R}^d, c \in \mathbb{R}$.

Once we have a unique global minimum \mathbf{x}^* , we can attempt to prove that $\lim_{t \rightarrow \infty} \mathbf{x}_t = \mathbf{x}^*$ in gradient descent. We start from the vanilla analysis (2.3) and plug in the lower bound $\mathbf{g}_t^\top (\mathbf{x}_t - \mathbf{x}^*) = \nabla f(\mathbf{x}_t)^\top (\mathbf{x}_t - \mathbf{x}^*) \geq f(\mathbf{x}_t) - f(\mathbf{x}^*) + \frac{\mu}{2} \|\mathbf{x}_t - \mathbf{x}^*\|^2$ resulting from strong convexity. We get

$$f(\mathbf{x}_t) - f(\mathbf{x}^*) \leq \frac{1}{2\gamma} (\gamma^2 \|\nabla f(\mathbf{x}_t)\|^2 + \|\mathbf{x}_t - \mathbf{x}^*\|^2 - \|\mathbf{x}_{t+1} - \mathbf{x}^*\|^2) - \frac{\mu}{2} \|\mathbf{x}_t - \mathbf{x}^*\|^2. \quad (2.14)$$

Rewriting this yields a bound on $\|\mathbf{x}_{t+1} - \mathbf{x}^*\|^2$ in terms of $\|\mathbf{x}_t - \mathbf{x}^*\|^2$, along with some “noise” that we still need to take care of:

$$\|\mathbf{x}_{t+1} - \mathbf{x}^*\|^2 \leq 2\gamma(f(\mathbf{x}^*) - f(\mathbf{x}_t)) + \gamma^2 \|\nabla f(\mathbf{x}_t)\|^2 + (1 - \mu\gamma) \|\mathbf{x}_t - \mathbf{x}^*\|^2. \quad (2.15)$$

Theorem 2.11. *Let $f : \mathbb{R}^d \rightarrow \mathbb{R}$ be convex and differentiable. Suppose that f is smooth with parameter L according to (3.5) and strongly convex with parameter $\mu > 0$ according to (3.9). Exercise 20 asks you to prove that there is a unique global minimum \mathbf{x}^* of f . Choosing*

$$\gamma := \frac{1}{L},$$

gradient descent (2.1) with arbitrary \mathbf{x}_0 satisfies the following two properties.

(i) *Squared distances to \mathbf{x}^* are geometrically decreasing:*

$$\|\mathbf{x}_{t+1} - \mathbf{x}^*\|^2 \leq \left(1 - \frac{\mu}{L}\right) \|\mathbf{x}_t - \mathbf{x}^*\|^2, \quad t \geq 0.$$

(ii) *The absolute error after T iterations is exponentially small in T :*

$$f(\mathbf{x}_T) - f(\mathbf{x}^*) \leq \frac{L}{2} \left(1 - \frac{\mu}{L}\right)^T \|\mathbf{x}_0 - \mathbf{x}^*\|^2, \quad T > 0.$$

Proof. For (i), we show that the noise in (2.15) disappears. By sufficient decrease (Lemma 2.6), we know that

$$f(\mathbf{x}^*) - f(\mathbf{x}_t) \leq f(\mathbf{x}_{t+1}) - f(\mathbf{x}_t) \leq -\frac{1}{2L} \|\nabla f(\mathbf{x}_t)\|^2,$$

and hence the noise can be bounded as follows, using $\gamma = 1/L$, multiplying by 2γ and rearranging the terms, we get:

$$2\gamma (f(\mathbf{x}^*) - f(\mathbf{x}_t)) + \gamma^2 \|\nabla f(\mathbf{x}_t)\|^2 \leq 0,$$

Hence, (2.15) actually yields

$$\|\mathbf{x}_{t+1} - \mathbf{x}^*\|^2 \leq (1 - \mu\gamma) \|\mathbf{x}_t - \mathbf{x}^*\|^2 = \left(1 - \frac{\mu}{L}\right) \|\mathbf{x}_t - \mathbf{x}^*\|^2$$

and

$$\|\mathbf{x}_T - \mathbf{x}^*\|^2 \leq \left(1 - \frac{\mu}{L}\right)^T \|\mathbf{x}_0 - \mathbf{x}^*\|^2.$$

The bound in (ii) follows from smoothness (2.8), using $\nabla f(\mathbf{x}^*) = \mathbf{0}$ (Lemma 1.17):

$$f(\mathbf{x}_T) - f(\mathbf{x}^*) \leq \nabla f(\mathbf{x}^*)^\top (\mathbf{x}_T - \mathbf{x}^*) + \frac{L}{2} \|\mathbf{x}_T - \mathbf{x}^*\|^2 = \frac{L}{2} \|\mathbf{x}_T - \mathbf{x}^*\|^2.$$

□

This implies that after

$$T \geq \frac{L}{\mu} \ln \left(\frac{R^2 L}{2\varepsilon} \right),$$

iterations, we reach absolute error at most ε .

2.8 Exercises

Exercise 10. Let $\mathbf{c} \in \mathbb{R}^d$. Prove that the spectral norm of \mathbf{c}^\top equals the Euclidean norm of \mathbf{c} , meaning that

$$\max_{\mathbf{x} \neq \mathbf{0}} \frac{|\mathbf{c}^\top \mathbf{x}|}{\|\mathbf{x}\|} = \|\mathbf{c}\|.$$

Exercise 11. Prove Lemma 2.3: The quadratic function $f(\mathbf{x}) = \mathbf{x}^\top Q \mathbf{x} + \mathbf{b}^\top \mathbf{x} + c$ is smooth with parameter $2\|Q\|$.

Exercise 12. Consider the function $f(x) = |x|^{3/2}$ for $x \in \mathbb{R}$.

- (i) Prove that f is strictly convex and differentiable, with a unique global minimum $x^* = 0$.
- (ii) Prove that for every fixed stepsize γ in gradient descent (2.1) applied to f , there exists x_0 for which $f(x_1) > f(x_0)$.
- (iii) Prove that f is not smooth.
- (iv) Let $X \subseteq \mathbb{R}$ be a closed convex set such that $0 \in X$ and $X \neq \{0\}$. Prove that f is not smooth over X .

Exercise 13. In order to obtain average error at most ε in Theorem 2.1, we need to choose iteration number and step size as

$$T \geq \left(\frac{RB}{\varepsilon} \right)^2, \quad \gamma := \frac{R}{B\sqrt{T}}.$$

If R or B are unknown, we cannot do this.

But suppose that we know R . Develop an algorithm that—not knowing B —finds a vector \mathbf{x} such that $f(\mathbf{x}) - f(\mathbf{x}^*) < \varepsilon$, using at most

$$\mathcal{O} \left(\left(\frac{RB}{\varepsilon} \right)^2 \right)$$

many gradient descent steps!

Exercise 14. Prove Lemma 2.5! (Operations which preserve smoothness)

Exercise 15. In order to obtain average error at most ε in Theorem 2.7, we need to choose

$$\gamma := \frac{1}{L}, \quad T \geq \frac{R^2 L}{2\varepsilon},$$

if $\|\mathbf{x}_0 - \mathbf{x}^*\| \leq R$. If L is unknown, we cannot do this.

But suppose that we know R . Develop an algorithm that—not knowing L —finds a vector \mathbf{x} such that $f(\mathbf{x}) - f(\mathbf{x}^*) < \varepsilon$, using at most

$$\mathcal{O} \left(\frac{R^2 L}{2\varepsilon} \right)$$

many gradient descent steps!

Exercise 16. Let $a \in \mathbb{R}$. Prove that $f(x) = x^4$ is smooth over $X = (-a, a)$ and determine a concrete smoothness parameter L .

Exercise 17. Prove Lemma 2.9! (Strongly convex functions have unique global minimum)

Exercise 18. Prove Lemma 2.10! (Strongly convex and smooth functions)

Chapter 3

Projected and Proximal Gradient Descent

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3.1 The Algorithm

Another way to control gradients in (2.4) is to minimize f over a closed convex subset $X \subseteq \mathbb{R}^d$. For example, we may have a constrained optimization problem to begin with (for example the LASSO in Section 1.6.2), or we happen to know some region X containing a global minimum \mathbf{x}^* , so that we can restrict our search to that region. In this case, gradient descent also works, but we need an additional *projection step*. After all, it can happen that some iteration of (2.1) takes us “into the wild” (out of X) where we have no business to do. *Projected* gradient descent is the following modification. We choose $\mathbf{x}_0 \in X$ arbitrary and for $t \geq 0$ define

$$\mathbf{y}_{t+1} := \mathbf{x}_t - \gamma \nabla f(\mathbf{x}_t), \quad (3.1)$$

$$\mathbf{x}_{t+1} := \Pi_X(\mathbf{y}_{t+1}) := \operatorname{argmin}_{\mathbf{x} \in X} \|\mathbf{x} - \mathbf{y}_{t+1}\|^2. \quad (3.2)$$

This means, after each iteration, we project the obtained iterate \mathbf{y}_{t+1} back to X . This may be very easy (think of X as the unit ball in which case we just have to scale \mathbf{y}_{t+1} down to length 1 if it is longer). But it may also be very difficult. In general, computing $\Pi_X(\mathbf{y}_{t+1})$ means to solve an auxiliary convex constrained minimization problem in each step! Here, we are just assuming that we can do this. The projection is well-defined since $d_{\mathbf{y}} := \|\mathbf{x} - \mathbf{y}\|^2$ has bounded sublevel sets. Moreover, $d_{\mathbf{y}}(\mathbf{x})$ is strictly convex, so the minimum over X (that exists by continuity of $d_{\mathbf{y}}$ and compactness of X intersected with any nonempty sublevel set) is unique by Lemma 1.20. We note that finding an initial $\mathbf{x}_0 \in X$ also reduces to projection (of $\mathbf{0}$, for example) onto X .

3.2 Bounded gradients: $\mathcal{O}(1/\varepsilon^2)$ steps

As in the unconstrained case, let us first assume that gradients are bounded by a constant B —this time over X . This implies that f is B -Lipschitz over X (see Theorem 1.10), but the converse may not hold.

To show that the vanilla analysis still goes through, we need the following

Fact 3.1. *Let $X \subseteq \mathbb{R}^d$ be closed and convex, $\mathbf{x} \in X, \mathbf{y} \in \mathbb{R}^d$. Then*

$$(i) \quad (\mathbf{x} - \Pi_X(\mathbf{y}))^\top (\mathbf{y} - \Pi_X(\mathbf{y})) \leq 0.$$

$$(ii) \quad \|\mathbf{x} - \Pi_X(\mathbf{y})\|^2 + \|\mathbf{y} - \Pi_X(\mathbf{y})\|^2 \leq \|\mathbf{x} - \mathbf{y}\|^2.$$

Part (i) says that the vectors $\mathbf{x} - \Pi_X(\mathbf{y})$ and $\mathbf{y} - \Pi_X(\mathbf{y})$ form an obtuse angle, and (ii) equivalently says that the square of the long side $\mathbf{x} - \mathbf{y}$ in the triangle formed by the three points is at least the sum of squares of the two short sides; see Figure 3.1.

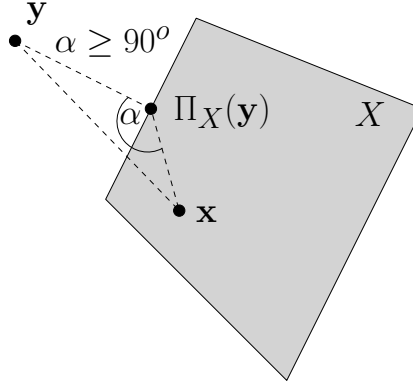


Figure 3.1: Illustration of Fact 3.1

Proof. $\Pi_X(\mathbf{y})$ is by definition a minimizer of the (differentiable) convex function $d_{\mathbf{y}}(\mathbf{x}) = \|\mathbf{x} - \mathbf{y}\|^2$ over X , and (i) is just the equivalent optimality condition of Lemma 1.22. We need X to be closed in the first place in order to ensure that we can project onto X (see Exercise 20 applied with $d_{\mathbf{y}}(\mathbf{x})$). Indeed, for example, 1 has no closest point in the set $[-\infty, 0) \in \mathbb{R}^1$.

Part (ii) follows from (i) via the (by now well-known) equation $2\mathbf{v}^\top \mathbf{w} = \|\mathbf{v}\|^2 + \|\mathbf{w}\|^2 - \|\mathbf{v} - \mathbf{w}\|^2$. \square

If we minimize f over a closed and *bounded* (= compact) convex set X , we get the existence of a minimizer and a bound R for the initial distance to it for free; assuming that f is *continuously* differentiable, we also have a bound B for the gradient norms over X . This is because then $\mathbf{x} \mapsto \|\nabla f(\mathbf{x})\|$ is a continuous function that attains a maximum over X . In this case, our vanilla analysis yields a much more useful result than the one in Theorem 2.1, with the same stepsize and the same number of steps.

Theorem 3.2. Let $f : \mathbb{R}^d \rightarrow \mathbb{R}$ be a convex and differentiable, $X \subseteq \mathbb{R}^d$ closed and convex, \mathbf{x}^* a minimizer of f over X ; furthermore, suppose that $\|\mathbf{x}_0 - \mathbf{x}^*\| \leq R$, and that $\|\nabla f(\mathbf{x})\| \leq B$ for all $\mathbf{x} \in X$. Choosing the constant stepsize

$$\gamma := \frac{R}{B\sqrt{T}},$$

projected gradient descent (3.1) with $\mathbf{x}_0 \in X$ yields

$$\frac{1}{T} \sum_{t=0}^{T-1} (f(\mathbf{x}_t) - f(\mathbf{x}^*)) \leq \frac{RB}{\sqrt{T}}.$$

Proof. The only required changes to the vanilla analysis are that in steps (2.2) and (2.3), \mathbf{x}_{t+1} needs to be replaced by \mathbf{y}_{t+1} as this is the real next (non-projected) gradient descent iterate after these steps; we therefore get

$$\mathbf{g}_t^\top (\mathbf{x}_t - \mathbf{x}^*) = \frac{1}{2\gamma} (\gamma^2 \|\mathbf{g}_t\|^2 + \|\mathbf{x}_t - \mathbf{x}^*\|^2 - \|\mathbf{y}_{t+1} - \mathbf{x}^*\|^2). \quad (3.3)$$

From Fact 3.1(ii) (with $\mathbf{x} = \mathbf{x}^*$, $\mathbf{y} = \mathbf{y}_{t+1}$), we obtain $\|\mathbf{x}_{t+1} - \mathbf{x}^*\|^2 \leq \|\mathbf{y}_{t+1} - \mathbf{x}^*\|^2$, hence we get

$$\mathbf{g}_t^\top (\mathbf{x}_t - \mathbf{x}^*) \leq \frac{1}{2\gamma} (\gamma^2 \|\mathbf{g}_t\|^2 + \|\mathbf{x}_t - \mathbf{x}^*\|^2 - \|\mathbf{x}_{t+1} - \mathbf{x}^*\|^2) \quad (3.4)$$

and return to the previous vanilla analysis for the remainder of the proof. \square

3.3 Smooth convex functions: $\mathcal{O}(1/\varepsilon)$ steps

We recall from Definition 2.2 that f that is smooth over X if

$$f(\mathbf{y}) \leq f(\mathbf{x}) + \nabla f(\mathbf{x})^\top (\mathbf{y} - \mathbf{x}) + \frac{L}{2} \|\mathbf{x} - \mathbf{y}\|^2, \quad \forall \mathbf{x}, \mathbf{y} \in X. \quad (3.5)$$

To minimize f over X , we use projected gradient descent again. The runtime turns out to be the same as in the unconstrained case. Again, we have sufficient decrease. This is not obvious from the following lemma, but you are asked to prove it in Exercise 19.

Lemma 3.3. Let $f : \mathbb{R}^d \rightarrow \mathbb{R}$ be differentiable and smooth with parameter L over X according to (3.5). Choosing stepsize

$$\gamma := \frac{1}{L},$$

projected gradient descent (3.1) with arbitrary $\mathbf{x}_0 \in X$ satisfies

$$f(\mathbf{x}_{t+1}) \leq f(\mathbf{x}_t) - \frac{1}{2L} \|\nabla f(\mathbf{x}_t)\|^2 + \frac{L}{2} \|\mathbf{y}_{t+1} - \mathbf{x}_{t+1}\|^2, \quad t \geq 0.$$

More specifically, this already holds if f is smooth with parameter L over the line segment connecting \mathbf{x}_t and \mathbf{x}_{t+1} .

Proof. We proceed similar to the proof of the “unconstrained” sufficient decrease Lemma 2.6, except that we now need to deal with projected gradient descent. We again start from smoothness but then use $\mathbf{y}_{t+1} = \mathbf{x}_t - \nabla f(\mathbf{x}_t)/L$, followed by the usual equation $2\mathbf{v}^\top \mathbf{w} = \|\mathbf{v}\|^2 + \|\mathbf{w}\|^2 - \|\mathbf{v} - \mathbf{w}\|^2$:

$$\begin{aligned} f(\mathbf{x}_{t+1}) &\leq f(\mathbf{x}_t) + \nabla f(\mathbf{x}_t)^\top (\mathbf{x}_{t+1} - \mathbf{x}_t) + \frac{L}{2} \|\mathbf{x}_t - \mathbf{x}_{t+1}\|^2 \\ &= f(\mathbf{x}_t) - L(\mathbf{y}_{t+1} - \mathbf{x}_t)^\top (\mathbf{x}_{t+1} - \mathbf{x}_t) + \frac{L}{2} \|\mathbf{x}_t - \mathbf{x}_{t+1}\|^2 \\ &= f(\mathbf{x}_t) - \frac{L}{2} (\|\mathbf{y}_{t+1} - \mathbf{x}_t\|^2 + \|\mathbf{x}_{t+1} - \mathbf{x}_t\|^2 - \|\mathbf{y}_{t+1} - \mathbf{x}_{t+1}\|^2) \\ &\quad + \frac{L}{2} \|\mathbf{x}_t - \mathbf{x}_{t+1}\|^2 \\ &= f(\mathbf{x}_t) - \frac{L}{2} \|\mathbf{y}_{t+1} - \mathbf{x}_t\|^2 + \frac{L}{2} \|\mathbf{y}_{t+1} - \mathbf{x}_{t+1}\|^2 \\ &= f(\mathbf{x}_t) - \frac{1}{2L} \|\nabla f(\mathbf{x}_t)\|^2 + \frac{L}{2} \|\mathbf{y}_{t+1} - \mathbf{x}_{t+1}\|^2. \end{aligned}$$

□

Theorem 3.4. Let $f : \mathbb{R}^d \rightarrow \mathbb{R}$ be convex and differentiable. Let $X \subseteq \mathbb{R}^d$ be a closed convex set, and assume that there is a minimizer \mathbf{x}^* of f over X ; furthermore, suppose that f is smooth over X with parameter L according to (3.5). Choosing stepsize

$$\gamma := \frac{1}{L},$$

projected gradient descent (3.1) with $\mathbf{x}_0 \in X$ satisfies

$$f(\mathbf{x}_T) - f(\mathbf{x}^*) \leq \frac{L}{2T} \|\mathbf{x}_0 - \mathbf{x}^*\|^2, \quad T > 0.$$

Proof. The plan is as in the proof of Theorem 2.7 to use the inequality

$$\frac{1}{2L} \|\nabla f(\mathbf{x}_t)\|^2 \leq f(\mathbf{x}_t) - f(\mathbf{x}_{t+1}) + \frac{L}{2} \|\mathbf{y}_{t+1} - \mathbf{x}_{t+1}\|^2 \quad (3.6)$$

resulting from sufficient decrease (Lemma 3.3) to bound the squared gradient $\|\mathbf{g}_t\|^2 = \|\nabla f(\mathbf{x}_t)\|^2$ in the vanilla analysis. Unfortunately, (3.6) has an extra term compared to what we got in the unconstrained case. But we can compensate for this in the vanilla analysis itself. Let us go back to its “constrained” version (3.3), featuring \mathbf{y}_{t+1} instead of \mathbf{x}_{t+1} :

$$\mathbf{g}_t^\top (\mathbf{x}_t - \mathbf{x}^*) = \frac{1}{2\gamma} (\gamma^2 \|\mathbf{g}_t\|^2 + \|\mathbf{x}_t - \mathbf{x}^*\|^2 - \|\mathbf{y}_{t+1} - \mathbf{x}^*\|^2).$$

Previously, we applied $\|\mathbf{x}_{t+1} - \mathbf{x}^*\|^2 \leq \|\mathbf{y}_{t+1} - \mathbf{x}^*\|^2$ (Fact 3.1(ii)) to get back on the unconstrained vanilla track. But in doing so, we dropped a term that now becomes useful. Indeed, Fact 3.1(ii) actually yields $\|\mathbf{x}_{t+1} - \mathbf{x}^*\|^2 + \|\mathbf{y}_{t+1} - \mathbf{x}_{t+1}\|^2 \leq \|\mathbf{y}_{t+1} - \mathbf{x}^*\|^2$, so that we get the following upper bound for $\mathbf{g}_t^\top (\mathbf{x}_t - \mathbf{x}^*)$:

$$\frac{1}{2\gamma} (\gamma^2 \|\mathbf{g}_t\|^2 + \|\mathbf{x}_t - \mathbf{x}^*\|^2 - \|\mathbf{x}_{t+1} - \mathbf{x}^*\|^2 - \|\mathbf{y}_{t+1} - \mathbf{x}_{t+1}\|^2). \quad (3.7)$$

Using $f(\mathbf{x}_t) - f(\mathbf{x}^*) \leq \mathbf{g}_t^\top (\mathbf{x}_t - \mathbf{x}^*)$ from convexity, we have (with $\gamma = 1/L$) that

$$\begin{aligned} \sum_{t=0}^{T-1} (f(\mathbf{x}_t) - f(\mathbf{x}^*)) &\leq \sum_{t=0}^{T-1} \mathbf{g}_t^\top (\mathbf{x}_t - \mathbf{x}^*) \\ &\leq \frac{1}{2L} \sum_{t=0}^{T-1} \|\mathbf{g}_t\|^2 + \frac{L}{2} \|\mathbf{x}_0 - \mathbf{x}^*\|^2 - \frac{L}{2} \sum_{t=0}^{T-1} \|\mathbf{y}_{t+1} - \mathbf{x}_{t+1}\|^2. \end{aligned} \quad (3.8)$$

To bound the sum of the squared gradients, we use (3.6):

$$\begin{aligned} \frac{1}{2L} \sum_{t=0}^{T-1} \|\mathbf{g}_t\|^2 &\leq \sum_{t=0}^{T-1} \left(f(\mathbf{x}_t) - f(\mathbf{x}_{t+1}) + \frac{L}{2} \|\mathbf{y}_{t+1} - \mathbf{x}_{t+1}\|^2 \right) \\ &= f(\mathbf{x}_0) - f(\mathbf{x}_T) + \frac{L}{2} \sum_{t=0}^{T-1} \|\mathbf{y}_{t+1} - \mathbf{x}_{t+1}\|^2. \end{aligned}$$

Plugging this into (3.8), the extra terms cancel, and we arrive—as in the unconstrained case—at

$$\sum_{t=1}^T (f(\mathbf{x}_t) - f(\mathbf{x}^*)) \leq \frac{L}{2} \|\mathbf{x}_0 - \mathbf{x}^*\|^2.$$

The statement follows as in the proof of Theorem 2.7 from the fact that due to sufficient decrease (Exercise 19), the last iterate is the best one. \square

3.4 Smooth and strongly convex functions: $\mathcal{O}(\log(1/\varepsilon))$ steps

Assuming that f is smooth *and* strongly convex over a set X , we can also prove fast convergence of projected gradient descent. This does not require any new ideas, we have seen all the ingredients before.

We recall from Definition 2.8 that f is strongly convex with parameter $\mu > 0$ over X if

$$f(\mathbf{y}) \geq f(\mathbf{x}) + \nabla f(\mathbf{x})^\top (\mathbf{y} - \mathbf{x}) + \frac{\mu}{2} \|\mathbf{x} - \mathbf{y}\|^2, \quad \forall \mathbf{x}, \mathbf{y} \in X. \quad (3.9)$$

Theorem 3.5. *Let $f : \mathbb{R}^d \rightarrow \mathbb{R}$ be convex and differentiable. Let $X \subseteq \mathbb{R}^d$ be a nonempty closed and convex set and suppose that f is smooth over X with parameter L according to (3.5) and strongly convex over X with parameter $\mu > 0$ according to (3.9). Exercise 20 asks you to prove that there is a unique minimizer \mathbf{x}^* of f over X . Choosing*

$$\gamma := \frac{1}{L},$$

projected gradient descent (3.1) with arbitrary \mathbf{x}_0 satisfies the following two properties.

(i) *Squared distances to \mathbf{x}^* are geometrically decreasing:*

$$\|\mathbf{x}_{t+1} - \mathbf{x}^*\|^2 \leq \left(1 - \frac{\mu}{L}\right) \|\mathbf{x}_t - \mathbf{x}^*\|^2, \quad t \geq 0.$$

(ii) *The absolute error after T iterations is exponentially small in T :*

$$\begin{aligned} f(\mathbf{x}_T) - f(\mathbf{x}^*) &\leq \|\nabla f(\mathbf{x}^*)\| \left(1 - \frac{\mu}{L}\right)^{T/2} \|\mathbf{x}_0 - \mathbf{x}^*\| \\ &\quad + \frac{L}{2} \left(1 - \frac{\mu}{L}\right)^T \|\mathbf{x}_0 - \mathbf{x}^*\|^2, \quad T > 0. \end{aligned}$$

We note that this is *almost* the same result as in Theorem 2.11 for the unconstrained case; in fact, the result in part (i) is identical, but in part (ii), we get an additional term. This is due to the fact that in the constrained case, we cannot argue that $\nabla f(\mathbf{x}^*) = \mathbf{0}$. In fact, this additional term is the dominating one, once the error becomes small. It has the effect that the required number of steps to reach error at most ε will roughly double, in comparison to the bound of Theorem 2.11.

Proof. In the strongly convex case, the “constrained” vanilla bound (3.7)

$$\frac{1}{2\gamma} (\gamma^2 \|\nabla f(\mathbf{x}_t)\|^2 + \|\mathbf{x}_t - \mathbf{x}^*\|^2 - \|\mathbf{x}_{t+1} - \mathbf{x}^*\|^2 - \|\mathbf{y}_{t+1} - \mathbf{x}_{t+1}\|^2)$$

on $f(\mathbf{x}_t) - f(\mathbf{x}^*)$ can be strengthened to

$$\frac{1}{2\gamma} (\gamma^2 \|\nabla f(\mathbf{x}_t)\|^2 + \|\mathbf{x}_t - \mathbf{x}^*\|^2 - \|\mathbf{x}_{t+1} - \mathbf{x}^*\|^2 - \|\mathbf{y}_{t+1} - \mathbf{x}_{t+1}\|^2) - \frac{\mu}{2} \|\mathbf{x}_t - \mathbf{x}^*\|^2 \quad (3.10)$$

Now we proceed as in the proof of Theorem 2.11 and rewrite the latter bound into a bound on $\|\mathbf{x}_{t+1} - \mathbf{x}^*\|^2$ that is

$$2\gamma(f(\mathbf{x}^*) - f(\mathbf{x}_t)) + \gamma^2 \|\nabla f(\mathbf{x}_t)\|^2 - \|\mathbf{y}_{t+1} - \mathbf{x}_{t+1}\|^2 + (1 - \mu\gamma) \|\mathbf{x}_t - \mathbf{x}^*\|^2,$$

so we have geometric decrease in squared distance to \mathbf{x}^* , up to some noise. Again, we show that by sufficient decrease, the noise in this bound disappears. From Lemma 3.3, we know that

$$f(\mathbf{x}^*) - f(\mathbf{x}_t) \leq f(\mathbf{x}_{t+1}) - f(\mathbf{x}_t) \leq -\frac{1}{2L} \|\nabla f(\mathbf{x}_t)\|^2 + \frac{L}{2} \|\mathbf{y}_{t+1} - \mathbf{x}_{t+1}\|^2,$$

and using this, the noise can be bounded. Multiplying the previous inequality by $2/L$, and rearranging the terms we get:

$$\frac{2}{L} (f(\mathbf{x}^*) - f(\mathbf{x}_t)) + \frac{1}{L^2} \|\nabla f(\mathbf{x}_t)\|^2 - \|\mathbf{y}_{t+1} - \mathbf{x}_{t+1}\|^2 \leq 0.$$

With $\gamma = 1/L$, this exactly shows that the noise is nonpositive. This yields (i). The bound in (ii) follows from smoothness (2.8):

$$\begin{aligned} f(\mathbf{x}_T) - f(\mathbf{x}^*) &\leq \nabla f(\mathbf{x}^*)^\top (\mathbf{x}_T - \mathbf{x}^*) + \frac{L}{2} \|\mathbf{x}^* - \mathbf{x}_T\|^2 \\ &\leq \|\nabla f(\mathbf{x}^*)\| \|\mathbf{x}_T - \mathbf{x}^*\| + \frac{L}{2} \|\mathbf{x}^* - \mathbf{x}_T\|^2 \text{ (Cauchy-Schwarz)} \\ &\leq \|\nabla f(\mathbf{x}^*)\| \left(1 - \frac{\mu}{L}\right)^{T/2} \|\mathbf{x}_0 - \mathbf{x}^*\| + \frac{L}{2} \left(1 - \frac{\mu}{L}\right)^T \|\mathbf{x}_0 - \mathbf{x}^*\|^2. \end{aligned}$$

□

3.5 Projecting onto ℓ_1 -balls

Problems that are ℓ_1 -regularized appear among the most commonly used models in machine learning and signal processing, and we have already discussed the Lasso as an important example of that class. We will now address how to perform projected gradient as an efficient optimization for ℓ_1 -constrained problems. Let

$$X = B_1(R) := \left\{ \mathbf{x} \in \mathbb{R}^d : \|\mathbf{x}\|_1 = \sum_{i=1}^d |x_i| \leq R \right\}$$

be the ℓ_1 -ball of radius $R > 0$ around $\mathbf{0}$, i.e., the set of all points with 1-norm at most R . Our goal is to compute $\Pi_X(\mathbf{v})$ for a given vector \mathbf{v} , i.e. the projection of \mathbf{v} onto X ; see Figure 3.2

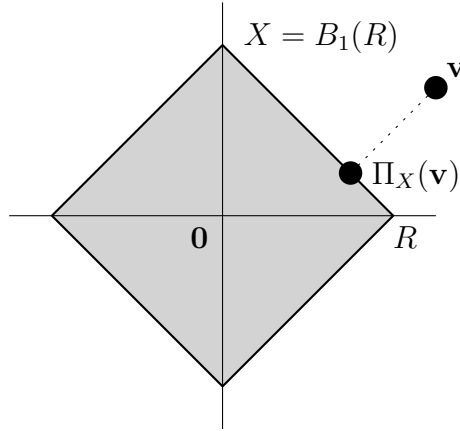


Figure 3.2: Projecting onto an ℓ_1 -ball

At first sight, this may look like a rather complicated task. Geometrically, X is a *cross polytope* (square for $d = 2$, octahedron for $d = 3$), and as such it has 2^d many facets. But we can start with some basic simplifying observations.

Fact 3.6. *We may assume without loss of generality that (i) $R = 1$, (ii) $v_i \geq 0$ for all i , and (iii) $\sum_{i=1}^d v_i > 1$.*

Proof. If we project \mathbf{v}/R onto $B_1(1)$, we obtain $\Pi_X(\mathbf{v})/R$ (just scale Figure 3.2), so we can restrict to the case $R = 1$. For (ii), we observe that simultaneously flipping the signs of a fixed subset of coordinates in both \mathbf{v} and $\mathbf{x} \in X$ yields vectors \mathbf{v}' and $\mathbf{x}' \in X$ such that $\|\mathbf{x} - \mathbf{v}\| = \|\mathbf{x}' - \mathbf{v}'\|$; thus, \mathbf{x} minimizes the distance to \mathbf{v} if and only if \mathbf{x}' minimizes the distance to \mathbf{v}' . Hence, it suffices to compute $\Pi_X(\mathbf{v})$ for vectors with nonnegative entries. If $\sum_{i=1}^d v_i \leq 1$, we have $\Pi_X(\mathbf{v}) = \mathbf{v}$ and are done, so the interesting case is (iii). \square

Fact 3.7. *Under the assumptions of Fact 3.6, $\mathbf{x} = \Pi_X(\mathbf{v})$ satisfies $x_i \geq 0$ for all i and $\sum_{i=1}^d x_i = 1$.*

Proof. If $x_i < 0$ for some i , then $(-x_i - v_i)^2 \leq (x_i - v_i)^2$ (since $v_i \geq 0$), so flipping the i -th sign in \mathbf{x} would yield another vector in X at least as close to \mathbf{v} as \mathbf{x} , but such a vector cannot exist by strict convexity of the squared distance. And if $\sum_{i=1}^d x_i < 1$, then $\mathbf{x}' = \mathbf{x} + \lambda(\mathbf{v} - \mathbf{x}) \in X$ for some small positive λ , with $\|\mathbf{x}' - \mathbf{v}\| = (1 - \lambda)\|\mathbf{x} - \mathbf{v}\|$, again contradicting the optimality of \mathbf{x} . \square

Corollary 3.8. *Under the assumptions of Fact 3.6,*

$$\Pi_X(\mathbf{v}) = \operatorname{argmin}_{\mathbf{x} \in \Delta_d} \|\mathbf{x} - \mathbf{v}\|^2,$$

where

$$\Delta_d := \left\{ \mathbf{x} \in \mathbb{R}^d : \sum_{i=1}^d x_i = 1, x_i \geq 0 \forall i \right\}$$

is the standard simplex.

This means, we have reduced the projection onto an ℓ_1 -ball to the projection onto the standard simplex; see Figure 3.3.

To address the latter task, we make another assumption that can be established by suitably permuting the entries of \mathbf{v} (which just permutes the entries of its projection onto Δ_d in the same way).

Fact 3.9. *We may assume without loss of generality that $v_1 \geq v_2 \geq \dots \geq v_d$.*

Lemma 3.10. *Let $\mathbf{x}^* := \operatorname{argmin}_{\mathbf{x} \in \Delta_d} \|\mathbf{x} - \mathbf{v}\|^2$. Under the assumption of Fact 3.9, there exists (a unique) $p \in \{1, \dots, d\}$ such that*

$$\begin{aligned} x_i^* &> 0, & i \leq p, \\ x_i^* &= 0, & i > p. \end{aligned}$$

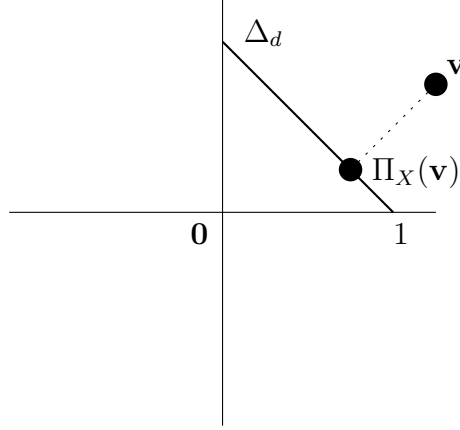


Figure 3.3: Projecting onto the standard simplex

Proof. We are using the optimality criterion of Lemma 1.22:

$$\nabla d_{\mathbf{v}}(\mathbf{x}^*)^\top (\mathbf{x} - \mathbf{x}^*) = 2(\mathbf{x}^* - \mathbf{v})^\top (\mathbf{x} - \mathbf{x}^*) \geq 0, \quad \mathbf{x} \in \Delta_d, \quad (3.11)$$

where $d_{\mathbf{v}}(\mathbf{z}) := \|\mathbf{z} - \mathbf{v}\|^2$ is the squared distance to \mathbf{v} .

Because $\sum_{i=1}^d x_i^* = 1$, there is at least one positive entry in \mathbf{x}^* . It remains to show that we cannot have $x_i^* = 0$ and $x_{i+1}^* > 0$. Indeed, in this situation, we could decrease x_{i+1}^* by some small positive ε and simultaneously increase x_i^* to ε to obtain a vector $\mathbf{x} \in \Delta_d$ such that

$$(\mathbf{x}^* - \mathbf{v})^\top (\mathbf{x} - \mathbf{x}^*) = (0 - v_i)\varepsilon - (x_{i+1}^* - v_{i+1})\varepsilon = \varepsilon \underbrace{(v_{i+1} - v_i)}_{\leq 0} - \underbrace{x_{i+1}^*}_{> 0} < 0,$$

contradicting the optimality (3.11). \square

But we can say even more about \mathbf{x}^* .

Lemma 3.11. *Under the assumption of Fact 3.9, and with p as in Lemma 3.10,*

$$x_i^* = v_i - \Theta_p, \quad i \leq p,$$

where

$$\Theta_p = \frac{1}{p} \left(\sum_{i=1}^p v_i - 1 \right).$$

Proof. Suppose $x_i^* - v_i < x_j^* - v_j$ for some $i, j \leq p$. As before, we could then decrease $x_j^* > 0$ by some small positive ε and simultaneously increase x_i^* by ε to obtain $\mathbf{x} \in \Delta_d$ such that

$$(\mathbf{x}^* - \mathbf{v})^\top (\mathbf{x} - \mathbf{x}^*) = (x_i^* - v_i)\varepsilon - (x_j^* - v_j)\varepsilon = \varepsilon \underbrace{((x_i^* - v_i) - (x_j^* - v_j))}_{<0} < 0,$$

again contradicting (3.11). The expression for Θ_p is then obtained from

$$1 = \sum_{i=1}^p x_i^* = \sum_{i=1}^p (v_i - \Theta_p) = \sum_{i=1}^p v_i - p\Theta_p.$$

□

Let us summarize the situation: we now have d candidates for \mathbf{x}^* , namely the vectors

$$\mathbf{x}^*(p) := (v_1 - \Theta_p, \dots, v_p - \Theta_p, 0, \dots, 0), \quad p \in \{1, \dots, d\}, \quad (3.12)$$

and we just need to find the right one. In order for candidate $\mathbf{x}^*(p)$ to comply with Lemma 3.10, we must have

$$v_p - \Theta_p > 0, \quad (3.13)$$

and this actually ensures $\mathbf{x}^*(p)_i > 0$ for all $i \leq p$ by the assumption of Fact 3.9 and therefore $\mathbf{x}^*(p) \in \Delta_d$. But there could still be several values of p satisfying (3.13). Among them, we simply pick the one for which $\mathbf{x}^*(p)$ minimizes the distance to \mathbf{v} . It is not hard to see that this can be done in time $\mathcal{O}(d \log d)$, by first sorting v and then carefully updating the values Θ_p and $\|\mathbf{x}^*(p) - \mathbf{v}\|^2$ as we vary p to check all candidates.

But actually, there is an even simpler criterion that saves us from comparing distances.

Lemma 3.12. *Under the assumption of Fact 3.9, with $\mathbf{x}^*(p)$ as in (3.12), and with*

$$p^* := \max \left\{ p \in \{1, \dots, d\} : v_p - \frac{1}{p} \left(\sum_{i=1}^p v_i - 1 \right) > 0 \right\},$$

it holds that

$$\operatorname{argmin}_{\mathbf{x} \in \Delta_d} \|\mathbf{x} - \mathbf{v}\|^2 = \mathbf{x}^*(p^*).$$

The proof is Exercise 21. Together with our previous reductions, we obtain the following result.

Theorem 3.13. *Let $\mathbf{v} \in \mathbb{R}^d$, $R \in \mathbb{R}_+$, $X = B_1(R)$ the ℓ_1 -ball around $\mathbf{0}$ of radius R . The projection*

$$\Pi_X(\mathbf{v}) = \operatorname{argmin}_{\mathbf{x} \in X} \|\mathbf{x} - \mathbf{v}\|^2$$

of \mathbf{v} onto $B_1(R)$ can be computed in time $\mathcal{O}(d \log d)$.

This can be improved to time $\mathcal{O}(d)$, based on the observation that a given p can be compared to the value p^* in Lemma 3.12 in linear time, without the need to presort \mathbf{v} [DSSSC08].

3.6 Proximal gradient descent

Many optimization problems in applications come with additional structure. An important class of objective functions is composed as

$$f(\mathbf{x}) := g(\mathbf{x}) + h(\mathbf{x}) \tag{3.14}$$

where g is a “nice” function, where as h is a “simple” additional term, which however doesn’t satisfy the assumptions of niceness which we used in the convergence analysis so far. In particular, an important case is when h is not differentiable.

The classical gradient step for unconstrained minimization of a function g can be equivalently written as

$$\mathbf{x}_{t+1} = \operatorname{argmin}_{\mathbf{y} \in \mathbb{R}^d} g(\mathbf{x}_t) + \nabla g(\mathbf{x}_t)^\top (\mathbf{y} - \mathbf{x}_t) + \frac{1}{2\gamma} \|\mathbf{y} - \mathbf{x}_t\|^2 \tag{3.15}$$

$$= \operatorname{argmin}_{\mathbf{y} \in \mathbb{R}^d} \frac{1}{2\gamma} \|\mathbf{y} - (\mathbf{x}_t - \gamma \nabla g(\mathbf{x}_t))\|^2. \tag{3.16}$$

To obtain the last equality, we have just completed the quadratic $\|\mathbf{v}\|^2 + 2\mathbf{v}^\top \mathbf{w} + \|\mathbf{w}\|^2 = \|\mathbf{v} + \mathbf{w}\|^2$ for $\mathbf{v} := \gamma \nabla g(\mathbf{x}_t)$ and $\mathbf{w} := \mathbf{y} - \mathbf{x}_t$. Here it is crucial that \mathbf{v} is independent of the optimization variable \mathbf{y} , so therefore the term can be ignored when taking the argmin . The scaling by $\frac{1}{2\gamma}$ is also irrelevant but we keep it for better illustrating the next step.

The interpretation of the above equivalent reformulation of the classic gradient step is important for us, and is what has enabled the previous convergence analysis in Section 2.5 for smooth unconstrained optimization: For the particular choice of stepsize $\gamma := \frac{1}{L}$ which we have used, the above formulation shows that the gradient descent step exactly minimizes the local quadratic model of g at our current iterate \mathbf{x}_t , formed by the smoothness property with parameter L as defined in (2.8).

Our goal in this section is to minimize $f = g + h$, instead of only the smooth part g alone. The idea of the proximal gradient method is to modify the simple quadratic model (3.15) above, so as to make it a valid model for f , that is a model which upper bounds f at all points. The simplest way to do this is to just treat the h function separately by adding it unmodified. We obtain the update equation for *proximal gradient descent*

$$\mathbf{x}_{t+1} := \operatorname{argmin}_{\mathbf{y} \in \mathbb{R}^d} g(\mathbf{x}_t) + \nabla g(\mathbf{x}_t)^\top (\mathbf{y} - \mathbf{x}_t) + \frac{1}{2\gamma} \|\mathbf{y} - \mathbf{x}_t\|^2 + h(\mathbf{y}) \quad (3.17)$$

$$= \operatorname{argmin}_{\mathbf{y}} \frac{1}{2\gamma} \|\mathbf{y} - (\mathbf{x}_t - \gamma \nabla g(\mathbf{x}_t))\|^2 + h(\mathbf{y}) . \quad (3.18)$$

The last formulation makes clear that the resulting update tries to combine the two goals, staying close to the classic gradient update, as well as also to minimize h .

3.6.1 The proximal gradient algorithm

We define the *proximal mapping* for a given function h , and parameter $\gamma > 0$:

$$\operatorname{prox}_{h,\gamma}(\mathbf{z}) := \operatorname{argmin}_{\mathbf{y}} \left\{ \frac{1}{2\gamma} \|\mathbf{y} - \mathbf{z}\|^2 + h(\mathbf{y}) \right\}$$

An iteration of *proximal gradient descent* is defined as

$$\mathbf{x}_{t+1} := \operatorname{prox}_{h,\gamma}(\mathbf{x}_t - \gamma \nabla g(\mathbf{x}_t)) . \quad (3.19)$$

This same update step can also be written in different form as

$$\mathbf{x}_{t+1} = \mathbf{x}_t - \gamma G_\gamma(\mathbf{x}_t) \quad (3.20)$$

for $G_{h,\gamma}(\mathbf{x}) := \frac{1}{\gamma} \left(\mathbf{x} - \operatorname{prox}_{h,\gamma}(\mathbf{x} - \gamma \nabla g(\mathbf{x})) \right)$ being the so called generalized gradient of f .

A generalization of gradient descent. The proximal gradient descent method (3.19) is also known as generalized gradient descent. In the special case $h \equiv 0$, we of course recover classic gradient descent.

More interestingly, it is also a generalization of projected gradient descent as we have discussed in the previous sections. Given a closed convex set X , the *indicator function* of the set X is given as the convex function

$$\begin{aligned} \iota_X : \mathbb{R}^d &\rightarrow \mathbb{R} \cup +\infty \\ \mathbf{x} &\mapsto \iota_X(\mathbf{x}) := \begin{cases} 0 & \text{if } \mathbf{x} \in X, \\ +\infty & \text{otherwise.} \end{cases} \end{aligned} \quad (3.21)$$

When using the indicator function of our constraint set X as $h \equiv \iota_X$, it is easy to see that the proximal mapping simply becomes

$$\begin{aligned} \text{prox}_{h,\gamma}(\mathbf{z}) &:= \underset{\mathbf{y}}{\operatorname{argmin}} \left\{ \frac{1}{2\gamma} \|\mathbf{y} - \mathbf{z}\|^2 + \iota_X(\mathbf{y}) \right\} \\ &= \underset{\mathbf{y} \in X}{\operatorname{argmin}} \|\mathbf{y} - \mathbf{z}\|^2 = \Pi_X(\mathbf{z}), \end{aligned}$$

which is the projection of \mathbf{z} onto X .

As we will see, the convergence of proximal gradient will be as fast as classic gradient descent. However, this still comes not entirely for free. In every iteration, we now have to additionally compute the proximal mapping. This can be very expensive if h is complex. Nevertheless, for some important examples of h the proximal mapping is efficient to compute, such as for the ℓ_1 -norm.

3.6.2 Convergence in $\mathcal{O}(1/\varepsilon)$ steps

Interestingly, the vanilla convergence analysis for smooth functions as in Theorem 2.7 directly applies for the more general case of proximal gradient descent. Intuitively, this means that proximal method only “sees” the nice smooth part g of the objective, and is not impacted by the additional h which it treats separately in each step.

Theorem 3.14. *Let $g : \mathbb{R}^d \rightarrow \mathbb{R}$ be convex and smooth with parameter L , and also h convex and $\text{prox}_{h,\gamma}(\mathbf{x}) := \underset{\mathbf{z}}{\operatorname{argmin}} \{ \|\mathbf{x} - \mathbf{z}\|^2 / (2\gamma) + h(\mathbf{z}) \}$ can be computed. Choosing the fixed stepsize*

$$\gamma := \frac{1}{L},$$

proximal gradient descent (3.19) with arbitrary \mathbf{x}_0 satisfies

$$f(\mathbf{x}_T) - f(\mathbf{x}^*) \leq \frac{L}{2T} \|\mathbf{x}_0 - \mathbf{x}^*\|^2, \quad T > 0.$$

Proof. The proof follows the vanilla analysis for the smooth case, applying it only to g , while always keeping h separate, as in (3.17). We leave the details as Exercise 22 for the reader. \square

3.7 Exercises

Exercise 19. Prove that in Theorem 3.4 (i),

$$f(\mathbf{x}_{t+1}) \leq f(\mathbf{x}_t).$$

Exercise 20. Prove that under the assumptions of Theorem 3.5, f has a unique minimizer \mathbf{x}^* over any nonempty closed and convex set $X \subseteq \mathbb{R}^d$! In particular, for $X = \mathbb{R}^d$, we obtain the existence of a unique global minimum.

Exercise 21. Prove Lemma 3.12!

Hint: It is useful to prove that with $\mathbf{x}^*(p)$ as in (3.12) and satisfying (3.13),

$$\mathbf{x}^*(p) = \operatorname{argmin}\left\{\|\mathbf{x} - \mathbf{v}\| : \sum_{i=1}^d x_i = 1, x_{p+1} = \cdots = x_d = 0\right\}.$$

Exercise 22. Prove Theorem 3.14!

Chapter 4

Subgradient Descent

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4.1 Subgradients

Definition 4.1. Let $f : \text{dom}(f) \rightarrow \mathbb{R}$. Then $\mathbf{g} \in \mathbb{R}^d$ is a subgradient of f at $\mathbf{x} \in \text{dom}(f)$ if

$$f(\mathbf{y}) \geq f(\mathbf{x}) + \mathbf{g}^\top(\mathbf{y} - \mathbf{x}) \quad \forall \mathbf{y} \in \text{dom}(f). \quad (4.1)$$

The set of subgradients of f at \mathbf{x} is called the subdifferential at \mathbf{x} and is denoted by $\partial f(\mathbf{x})$.

The notion of a subgradient can be seen as a generalization of the gradient, for functions which are not necessarily differentiable. A prominent example is the ℓ_1 -norm, which we have discussed in Exercise 7. Figure 4.1 shows that this function has several subgradients at $x = 0$ (one-dimensional case).

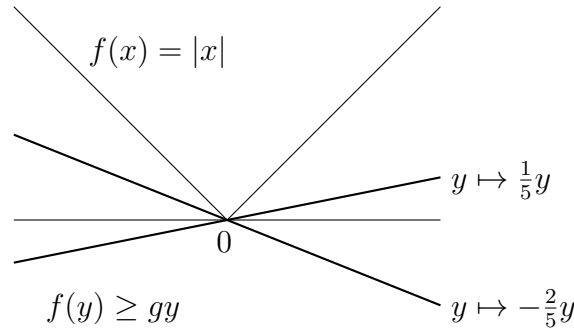


Figure 4.1: The function $f(x) = |x|$ has subgradients $g \in [-1, 1]$ at 0, since $f(y) \geq gy$ for exactly $g \in [-1, 1]$.

Lemma 4.2 (Exercise 23). If $f : \text{dom}(f) \rightarrow \mathbb{R}$ is differentiable at $\mathbf{x} \in \text{dom}(f)$, then $\partial f(\mathbf{x}) \subseteq \{\nabla f(\mathbf{x})\}$.

This means that in the differentiable case, there is either exactly one subgradient $\nabla f(\mathbf{x})$, or no subgradient at all (if f is not above its tangent hyperplane at \mathbf{x} ; see Figure 1.4).

Definition 4.1 above looks suspiciously similar to the first-order characterization of convexity (1.4) that we discussed earlier. Indeed, the only difference is that here we have replaced $\nabla f(\mathbf{x})$ by \mathbf{g} . It turns out that convexity is equivalent to the existence of subgradients everywhere. So we

get a “first order characterization” of convexity that also covers the non-differentiable case.

Lemma 4.3 (Exercise 24). *A function $f : \text{dom}(f) \rightarrow \mathbb{R}$ is convex if and only if $\text{dom}(f)$ is convex and $\partial f(\mathbf{x}) \neq \emptyset$ for all $\mathbf{x} \in \text{dom}(f)$.*

It turns out that Lipschitz continuity can be characterized by bounded subgradients. For real-valued convex functions, this is a generalization of Lemma 1.10 to the non-differentiable case.

Lemma 4.4 (Exercise 25). *Let $f : \text{dom}(f) \rightarrow \mathbb{R}$ be convex, $\text{dom}(f)$ open, $B \in \mathbb{R}_+$. Then the following two statements are equivalent.*

- (i) $\|\mathbf{g}\| \leq B$ for all $\mathbf{x} \in \text{dom}(f)$ and all $\mathbf{g} \in \partial f(\mathbf{x})$.
- (ii) $|f(\mathbf{x}) - f(\mathbf{y})| \leq B\|\mathbf{x} - \mathbf{y}\|$ for all $\mathbf{x}, \mathbf{y} \in \text{dom}(f)$.

Subgradient optimality condition. Subgradients also allow us to describe cases of optimality for functions which are not necessarily differentiable (and not necessarily convex), in the spirit of Lemma 1.16:

Lemma 4.5. *Suppose that $f : \text{dom}(f) \rightarrow \mathbb{R}$ and $\mathbf{x} \in \text{dom}(f)$. If $\mathbf{0} \in \partial f(\mathbf{x})$, then \mathbf{x} is a global minimum.*

Proof. By (4.1), $\mathbf{g} = \mathbf{0} \in \partial f(\mathbf{x})$ gives

$$f(\mathbf{y}) \geq f(\mathbf{x}) + \mathbf{g}^\top(\mathbf{y} - \mathbf{x}) = f(\mathbf{x})$$

for all $\mathbf{y} \in \text{dom}(f)$, so \mathbf{x} is a global minimum. \square

Here we see (again) that subgradients are “stronger” than gradients for differentiable functions. Indeed, if $\nabla f(\mathbf{x}) = \mathbf{0}$ for a differentiable function f and $\mathbf{x} \in \text{dom}(f)$, we can only say that \mathbf{x} is a *critical point*, but not necessarily a global minimum. Unlike the gradient, a subgradient yields by definition a linear lower bound to the function.

4.2 Differentiability of convex functions

Before we move on to subgradient descent, we want to get a feeling for how “wild” non-differentiable convex functions can be. The answer is: they are surprisingly tame. While there are continuous functions that are *nowhere* differentiable (the classical example is the *Weierstrass function*), convex function cannot be as pathological. In fact, a convex function f is differentiable *almost everywhere*. Formally, this means that wherever you are in $\text{dom}(f)$, you find points arbitrarily close to you at which f is differentiable. In still other words, the set of points where f is not differentiable has measure 0 [Roc97, Theorem 25.5].

This does not mean that we can ignore non-differentiability in optimization. For example, as Figure 4.1 demonstrates, the global minimum \mathbf{x}^* can easily be a “kink”, a point where f is not differentiable. Also, while running an iterative optimization scheme, we may always stumble upon an intermediate kink.

An important fact is the following characterization of subdifferentials;

Theorem 4.6 ([Roc97, Theorem 25.6]). *Let $f : \text{dom}(f) \rightarrow \mathbb{R}$ be convex, $\text{dom}(f)$ open, $\mathbf{x} \in \text{dom}(f)$. Then $\partial f(\mathbf{x})$ is the convex hull of the set*

$$S(\mathbf{x}) = \left\{ \lim_{n \rightarrow \infty} \nabla f(\mathbf{x}_n) \mid \lim_{n \rightarrow \infty} \mathbf{x}_n = \mathbf{x} \right\}.$$

In words, we consider sequences $(\mathbf{x}_n)_{n \in \mathbb{N}}$ that converge to \mathbf{x} and for which the sequence of gradients $(\nabla f(\mathbf{x}_n))_{n \in \mathbb{N}}$ exists and also converges; the theorem says that the limit is a subgradient at \mathbf{x} , and that *any* subgradient can be obtained as a convex combination of such limit subgradients.

In the example of Figure 4.1 there are two types of sequences converging to 0 such the gradients converge as well. These are sequences that have almost all elements negative (gradients converge to -1), and sequences that have almost all elements positive (gradients converge to 1). Consequently, the subgradients at 0 are formed by the set $[-1, 1]$, the convex hull of -1 and 1 .

4.3 The algorithm

An iteration of *subgradient descent* is defined as

$$\begin{aligned} \text{Let } \mathbf{g}_t &\in \partial f(\mathbf{x}_t) \\ \mathbf{x}_{t+1} &:= \mathbf{x}_t - \gamma_t \mathbf{g}_t. \end{aligned} \tag{4.2}$$

In contrast to our previous descent algorithms, we allow a time-varying stepsize here. This can of course be done for any descent algorithm but so far, we just did not need it. Later in this chapter, we will make use of a time-varying step size.

4.4 Lipschitz convex functions: $\mathcal{O}(1/\varepsilon^2)$ steps

The following result gives the convergence for Subgradient Descent. It is identical to Theorem 2.1, up to relaxing the requirement of differentiability.

Theorem 4.7. *Let $f : \mathbb{R}^d \rightarrow \mathbb{R}$ be convex and B -Lipschitz continuous with a global minimum \mathbf{x}^* ; furthermore, suppose that $\|\mathbf{x}_0 - \mathbf{x}^*\| \leq R$. Choosing the constant stepsize*

$$\gamma_t = \gamma := \frac{R}{B\sqrt{T}},$$

subgradient descent (4.2) yields

$$\frac{1}{T} \sum_{t=0}^{T-1} f(\mathbf{x}_t) - f(\mathbf{x}^*) \leq \frac{RB}{\sqrt{T}}.$$

Proof. The proof is identical to the one of Theorem 2.1 presented in Section 2.4. The only change is that \mathbf{g}_t is a subgradient now and not a gradient, so that the inequality (2.5) now follows from the subgradient property (4.1) instead of the first-order characterization of convexity. The required bound $\|\mathbf{g}_t\|^2 \leq B^2$ follows from Lemma 4.4 (“convex and Lipschitz = bounded subgradients”). \square

Projected subgradient descent. Theorem 3.2 for constrained optimization in $\mathcal{O}(1/\varepsilon^2)$ steps directly extends to the case of subgradient descent as well.

4.5 Tame strong convexity: $\mathcal{O}(1/\varepsilon)$ steps

(Projected) gradient descent converges in $\mathcal{O}(\log(1/\varepsilon))$ steps for functions that are both smooth and strongly convex. But if a function is non-differentiable, then it cannot be smooth under the natural definition of smoothness (Exercise 26). It can still be strongly convex, however, so it is natural to ask whether strong convexity alone allows us to obtain a convergence result. The answer is no in general, but before we discuss this, let us define strong convexity for not necessarily differentiable functions. This is straightforward; for differentiable functions, we recover Definition 2.8. Here, we restrict to the unconstrained case for simplicity.

Definition 4.8. Let $f : \text{dom}(f) \rightarrow \mathbb{R}$ be convex, $\mu \in \mathbb{R}_+$, $\mu > 0$. Function f is called strongly convex (with parameter μ) if

$$f(\mathbf{y}) \geq f(\mathbf{x}) + \mathbf{g}^\top (\mathbf{y} - \mathbf{x}) + \frac{\mu}{2} \|\mathbf{x} - \mathbf{y}\|^2, \quad \forall \mathbf{x}, \mathbf{y} \in \text{dom}(f), \forall \mathbf{g} \in \partial f(\mathbf{x}). \quad (4.3)$$

Actually, requiring (4.3) only for *some* $\mathbf{g} \in \partial f(\mathbf{x})$ would be another straightforward generalization of Definition 2.8 so which one is the “right” one? The answer is that it does not matter if $\text{dom}(f)$ is open. We could even afford to not require *anything* for points \mathbf{x} where f is not differentiable. This is a consequence of Theorem 4.6 (Exercise 27).

Strong convexity has the following useful characterization.

Lemma 4.9 (Exercise 28). Let $f : \text{dom}(f) \rightarrow \mathbb{R}$ be convex, $\text{dom}(f)$ open, $\mu \in \mathbb{R}_+$, $\mu > 0$. f is strongly convex with parameter μ if and only if $f_\mu : \text{dom}(f) \rightarrow \mathbb{R}$ defined by

$$f_\mu(\mathbf{x}) = f(\mathbf{x}) - \frac{\mu}{2} \|\mathbf{x}\|^2, \quad \mathbf{x} \in \text{dom}(f)$$

is convex.

Let’s look at the problem with (sub)gradient descent on strongly convex functions.

Lemma 4.10 (Exercise 29). The function $f(x) = e^{|x|}$ is strongly convex with parameter $\mu = 1$.

This function is of course far from being smooth; it grows exponentially, so there can’t be any quadratic upper bounds. In fact, as strong

convexity only requires quadratic *lower* bounds, strongly convex functions can be extremely fast-growing. In such a situation, (sub)gradient descent will overshoot already for tiny step sizes and diverge.

In case of $f(x) = e^{|x|}$, the function is differentiable at $x \neq 0$ with $f'(x) = \text{sgn}(x)e^{|x|}$, so the (sub)gradient step is

$$x_{t+1} = x_t - \gamma_t \text{sgn}(x_t) e^{|x_t|}.$$

For $|x|$ only mildly larger than 0, the step will overshoot the optimum $x^* = 0$ and take us (much) further away. To compensate for this, we would need extremely small stepsizes. These in turn would lead to extremely poor convergence for functions such as $f(x) = x^2/2$ (which is also strongly convex with $\mu = 1$). Hence, there are no stepsizes that fit all strongly convex functions with a fixed strong convexity parameter μ .

To succeed with (sub)gradient descent in this situation, we therefore need to make some additional assumptions. Smoothness (quadratic upper bounds) is such an assumption, but in the non-differentiable case, this is precisely not an option. What people have done instead is to assume that the subgradients g_t that we encounter during the algorithm are bounded in norm.

To ensure bounded subgradients, we could simply assume that f is Lipschitz, but then we will only make a statement about an empty function class. The reason is that a function cannot be globally strongly convex and Lipschitz at the same time (Exercise 30). It can be strongly convex *and* have bounded gradients over a closed and bounded set X , so analyzing projected subgradient descent is an alternative.

But even when we optimize over \mathbb{R}^d , we may be lucky and only hit iterates with small subgradients. This will typically happen if we start sufficiently close to optimality. In this case, there are step sizes γ_t (not depending on the observed gradients) that give us useful error bounds.

Below, we prove such a bound for subgradient descent, and this result then clearly extends to gradient descent on differentiable and strongly convex (but not necessarily smooth) functions. The bound on the number of steps will be $\mathcal{O}(1/\varepsilon)$ which is of course much worse than $\mathcal{O}(\log(1/\varepsilon))$, but still better than $\mathcal{O}(1/\varepsilon^2)$ that we get in the Lipschitz case. So assuming strong convexity results in a convergence behavior as in the smooth case—if the gradients stay bounded, and this is what we mean by “tame”.

In order to analyze subgradient descent on strongly convex functions,

we will for the first time depart from algorithm variants with a constant stepsize γ , but instead use a time-varying stepsize γ_t decreasing over time.

Theorem 4.11. *Let $f : \mathbb{R}^d \rightarrow \mathbb{R}$ be strongly convex with parameter $\mu > 0$ and let \mathbf{x}^* be the unique global minimum of f . With decreasing step size*

$$\gamma_t := \frac{2}{\mu(t+1)}, \quad t > 0,$$

subgradient descent (4.2) yields

$$f\left(\frac{2}{T(T+1)} \sum_{t=1}^T t \cdot \mathbf{x}_t\right) - f(\mathbf{x}^*) \leq \frac{2B^2}{\mu(T+1)},$$

where $B = \max_{t=1}^T \|\mathbf{g}_t\|$.

Unlike in previous convergence results, small error is not achieved by some iterate that we have gone through, but by a convex combination of iterates.

Proof. We start from the vanilla analysis (2.3) (with $\gamma = \gamma_t$):

$$\mathbf{g}_t^\top (\mathbf{x}_t - \mathbf{x}^*) = \frac{\gamma_t}{2} \|\mathbf{g}_t\|^2 + \frac{1}{2\gamma_t} (\|\mathbf{x}_t - \mathbf{x}^*\|^2 - \|\mathbf{x}_{t+1} - \mathbf{x}^*\|^2).$$

Now we plug in the lower bound $\mathbf{g}_t^\top (\mathbf{x}_t - \mathbf{x}^*) \geq f(\mathbf{x}_t) - f(\mathbf{x}^*) + \frac{\mu}{2} \|\mathbf{x}_t - \mathbf{x}^*\|^2$ resulting from strong convexity to obtain (with $\|\mathbf{g}_t\|^2 \leq B^2$) that

$$f(\mathbf{x}_t) - f(\mathbf{x}^*) \leq \frac{B^2\gamma_t}{2} + \frac{(\gamma_t^{-1} - \mu)}{2} \|\mathbf{x}_t - \mathbf{x}^*\|^2 - \frac{\gamma_t^{-1}}{2} \|\mathbf{x}_{t+1} - \mathbf{x}^*\|^2. \quad (4.4)$$

Unlike in the vanilla analysis (where we had $\gamma_t = \gamma, \mu = 0$), the right-hand side does not telescope anymore when we sum over all $t \leq T$; to fix this, we precisely need the time-varying stepsize.

Let's make a small computation: to get telescoping behavior, we would need that $\gamma_t^{-1} = \gamma_{t+1}^{-1} - \mu$. For example, $\gamma_t^{-1} = \mu(1+t)$ satisfies this, but our choice $\gamma_t^{-1} = \mu(1+t)/2$ does not. Exercise 31 asks you to compute what happens when we actually choose $\gamma_t^{-1} = \mu(1+t)$; this will let you

appreciate the seemingly “wrong” choice of $\gamma_t = \frac{2}{\mu(t+1)}$ here. Plugging in this stepsize and multiplying with t on both the sides, we get

$$\begin{aligned} t \cdot (f(\mathbf{x}_t) - f(\mathbf{x}^*)) &\leq \frac{B^2 t}{\mu(t+1)} + \frac{\mu}{4} \left(t(t-1) \|\mathbf{x}_t - \mathbf{x}^*\|^2 - (t+1)t \|\mathbf{x}_{t+1} - \mathbf{x}^*\|^2 \right) \\ &\leq \frac{B^2}{\mu} + \frac{\mu}{4} \left(t(t-1) \|\mathbf{x}_t - \mathbf{x}^*\|^2 - (t+1)t \|\mathbf{x}_{t+1} - \mathbf{x}^*\|^2 \right). \end{aligned}$$

Summing from $t = 1, \dots, T$, we obtain a telescoping sum:

$$\sum_{t=1}^T t \cdot (f(\mathbf{x}_t) - f(\mathbf{x}^*)) \leq \frac{TB^2}{\mu} + \frac{\mu}{4} \left(0 - T(T+1) \|\mathbf{x}_{T+1} - \mathbf{x}^*\|^2 \right) \leq \frac{TB^2}{\mu}.$$

Since

$$\frac{2}{T(T+1)} \sum_{t=1}^T t = 1,$$

Jensen’s inequality (Lemma [1.5](#)) yields

$$f\left(\frac{2}{T(T+1)} \sum_{t=1}^T t \cdot \mathbf{x}_t\right) - f(\mathbf{x}^*) \leq \frac{2}{T(T+1)} \sum_{t=1}^T t \cdot (f(\mathbf{x}_t) - f(\mathbf{x}^*)).$$

This in turn implies

$$f\left(\frac{2}{T(T+1)} \sum_{t=1}^T t \cdot \mathbf{x}_t\right) - f(\mathbf{x}^*) \leq \frac{2B^2}{\mu(T+1)}.$$

□

Unlike all previous bounds, this bound seems to be independent from the initial distance $\|\mathbf{x}_o - \mathbf{x}^*\|$ to the optimum. However, there is no free lunch here. The initial distance will typically affect the bound B (think of a quadratic function where B is proportional to $\|\mathbf{x}_o - \mathbf{x}^*\|$).

4.6 Optimality of first-order methods

With all the convergence rates we have seen so far, a very natural question to ask is if these rates are best possible or not. Surprisingly, the rate can indeed not be improved in general.

Theorem 4.12 (Nesterov). *For any $T \leq d - 1$ and starting point \mathbf{x}_0 , there is a function f in the problem class of B -Lipschitz functions over \mathbb{R}^d , such that any (sub)gradient method has an objective error at least*

$$f(\mathbf{x}_T) - f(\mathbf{x}^*) \geq \frac{RB}{2(1 + \sqrt{T+1})}.$$

The above theorem applies to all first-order methods which form iterates by linearly combining past iterates and (sub)gradients, and requires the dimension d to be sufficiently large.

4.7 Exercises

Exercise 23. Prove Lemma 4.2, meaning that a function that is differentiable at \mathbf{x} has at most one subgradient there, namely $\nabla f(\mathbf{x})$.

Exercise 24. Prove the easy direction of Lemma 4.3, meaning that the existence of subgradients everywhere implies convexity!

Exercise 25. Prove Lemma 4.4 (Lipschitz continuity and bounded subgradients).

Exercise 26. Generalizing Definition 2.2, let us call a (not necessarily differentiable) function $f : \mathbb{R}^d \rightarrow \mathbb{R}$ smooth with parameter $L \in \mathbb{R}_+$ if for all $\mathbf{x} \in \mathbb{R}^d$, there exists $\mathbf{g}_\mathbf{x} \in \mathbb{R}^d$ (not necessarily a subgradient; we do not assume that f is convex) such that

$$f(\mathbf{y}) \leq f(\mathbf{x}) + \mathbf{g}_\mathbf{x}^\top (\mathbf{y} - \mathbf{x}) + \frac{L}{2} \|\mathbf{x} - \mathbf{y}\|^2, \quad \forall \mathbf{x}, \mathbf{y} \in \mathbb{R}^d.$$

This means that for every point \mathbf{x} , the graph of f is below the graph of the quadratic function $f(\mathbf{x}) + \mathbf{g}_\mathbf{x}^\top (\mathbf{y} - \mathbf{x}) + \frac{L}{2} \|\mathbf{x} - \mathbf{y}\|^2$.

Prove that if f is smooth according to this definition, then f is differentiable, with $\mathbf{g}_\mathbf{x} = \nabla f(\mathbf{x})$ for all \mathbf{x} . In particular, for differentiable functions, the notion of smoothness introduced above coincides with the one of Definition 2.2; moreover, non-differentiable functions cannot be smooth.

Exercise 27. Suppose that $f : \mathbb{R}^d \rightarrow \mathbb{R}$ is convex and satisfies

$$f(\mathbf{y}) \geq f(\mathbf{x}) + \nabla f(\mathbf{x})^\top (\mathbf{y} - \mathbf{x}) + \frac{\mu}{2} \|\mathbf{x} - \mathbf{y}\|^2$$

for all \mathbf{x} such that $\nabla f(\mathbf{x})$ exists, and for all \mathbf{y} . Prove that this implies

$$f(\mathbf{y}) \geq f(\mathbf{x}) + \mathbf{g}_{\mathbf{x}}^{\top}(\mathbf{y} - \mathbf{x}) + \frac{\mu}{2} \|\mathbf{x} - \mathbf{y}\|^2$$

for all \mathbf{x} , all $\mathbf{g}_{\mathbf{x}} \in \partial f(\mathbf{x})$ and all \mathbf{y} .

Exercise 28. Prove Lemma 4.9: f is strongly convex with parameter μ over an open domain if and only if $f_{\mu} : \mathbf{x} \mapsto f(\mathbf{x}) - \frac{\mu}{2} \|\mathbf{x}\|^2$ is convex over the same domain.

Exercise 29. Prove Lemma 4.10: $f(x) = e^{|x|}$ is strongly convex with parameter $\mu = 1$.

Exercise 30. Prove that a function cannot simultaneously be Lipschitz and strongly convex!

Exercise 31. Which result can you prove when you use the “telescoping stepsize”

$$\gamma_t = \frac{1}{\mu(t+1)}$$

in Theorem 4.11 instead of $\gamma_t = \frac{2}{\mu(t+1)}$?

Chapter 5

Stochastic Gradient Descent

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5.1 The algorithm

Many objective functions occurring in machine learning are formulated as *sum structured objective functions*

$$f(\mathbf{x}) = \frac{1}{n} \sum_{i=1}^n f_i(\mathbf{x}). \quad (5.1)$$

Here f_i is typically the cost function of the i -th datapoint, taken from a training set of n elements in total.

We have already seen an example for this: the loss function (1.11) in the handwritten digit recognition (Section 1.6.1) has one term for each of the n training images $\mathbf{x} \in P$:

$$\ell(W) = - \sum_{\mathbf{x} \in P} \ln z_{d(\mathbf{x})}(W\mathbf{x}).$$

The normalizing factor $1/n$ that we assume in the general setting (5.1) will just simplify the following a bit.

An iteration of *stochastic gradient descent* (SGD) in its basic form is defined as

$$\begin{aligned} &\text{sample } i \in [n] \text{ uniformly at random} \\ \mathbf{x}_{t+1} &:= \mathbf{x}_t - \gamma_t \nabla f_i(\mathbf{x}_t). \end{aligned} \quad (5.2)$$

This update looks almost identical to the classical gradient method, the only difference being that we have computed the gradient not of the entire f but only of one particular (randomly chosen) function f_i . As we will need varying stepsizes a bit later, we allow for the stepsize to depend on t now.

In the above setting, the update vector $\mathbf{g}_t := \nabla f_i(\mathbf{x}_t)$ is called a *stochastic gradient*. Formally, \mathbf{g}_t is a vector of d random variables, but we will also simply call this a random variable.

The crucial advantage of SGD versus its classical gradient descent counterpart is the efficiency per iteration: While computing the full gradient for a sum structured problem (5.1) would require us to compute n individual gradients of the f_i functions, an iteration of SGD requires only a single one of those, and therefore is n times cheaper. SGD has therefore become the main workhorse for training machine learning models. Whether such cheaper iterations also give similar progress is another question, which we analyze next.

5.2 Unbiasedness

We would like to start with the vanilla analysis again, but now we cannot bound the random variable $\mathbf{g}_t^\top(\mathbf{x}_t - \mathbf{x}^*)$ from below using (2.5), as the inequality

$$f(\mathbf{x}_t) - f(\mathbf{x}^*) \leq \mathbf{g}_t^\top(\mathbf{x}_t - \mathbf{x}^*)$$

may hold or not hold, depending on how \mathbf{g}_t turns out. But it still holds *in expectation*, as we show now.

The vector \mathbf{g}_t may be far from the true gradient, and of high variance, but in expectation over the random choice of i , it does coincide with the full gradient of f . We formalize this as

$$\mathbb{E}[\mathbf{g}_t | \mathbf{x}_t = \mathbf{x}] = \frac{1}{n} \sum_{i=1}^n \nabla f_i(\mathbf{x}) = \nabla f(\mathbf{x}), \quad \mathbf{x} \in \mathbb{R}^d. \quad (5.3)$$

Here, $\mathbb{E}[\mathbf{g}_t | \mathbf{x}_t = \mathbf{x}]$ is the *conditional expectation* of \mathbf{g}_t , given the event $\{\mathbf{x}_t = \mathbf{x}\}$. If this event is nonempty, linearity of conditional expectations yields that

$$\mathbb{E}[\mathbf{g}_t^\top(\mathbf{x} - \mathbf{x}^*) | \mathbf{x}_t = \mathbf{x}] = \mathbb{E}[\mathbf{g}_t | \mathbf{x}_t = \mathbf{x}]^\top (\mathbf{x} - \mathbf{x}^*) = \nabla f(\mathbf{x})^\top (\mathbf{x} - \mathbf{x}^*).$$

Using the fact that $\{\mathbf{x}_t = \mathbf{x}\}$ can occur only for \mathbf{x} in some finite set X (one element for every choice of indices throughout all iterations), the partition theorem further gives us

$$\begin{aligned} \mathbb{E}[\mathbf{g}_t^\top(\mathbf{x}_t - \mathbf{x}^*)] &= \sum_{\mathbf{x} \in X} \mathbb{E}[\mathbf{g}_t^\top(\mathbf{x} - \mathbf{x}^*) | \mathbf{x}_t = \mathbf{x}] \text{prob}(\mathbf{x}_t = \mathbf{x}) \\ &= \sum_{\mathbf{x} \in X} \nabla f(\mathbf{x})^\top (\mathbf{x} - \mathbf{x}^*) \text{prob}(\mathbf{x}_t = \mathbf{x}) \\ &= \mathbb{E}[\nabla f(\mathbf{x}_t)^\top (\mathbf{x}_t - \mathbf{x}^*)]. \end{aligned}$$

Hence, we have

$$\mathbb{E}[\mathbf{g}_t^\top(\mathbf{x}_t - \mathbf{x}^*)] = \mathbb{E}[\nabla f(\mathbf{x}_t)^\top (\mathbf{x}_t - \mathbf{x}^*)] \geq \mathbb{E}[f(\mathbf{x}_t) - f(\mathbf{x}^*)]. \quad (5.4)$$

The last inequality is by convexity, and this means that the lower bound (2.5) holds in expectation.

Exercise 32 lets you recall some basics around conditional expectations. Under (5.3) we say that the stochastic gradient \mathbf{g}_t is an *unbiased* estimator of the gradient, for any time-step t .

5.3 Bounded stochastic gradients: $\mathcal{O}(1/\varepsilon^2)$ steps

To get a first result out of the vanilla analysis, we assumed in Section 2.4 that $\|\nabla f(\mathbf{x})\|^2 \leq B^2$ for all $\mathbf{x} \in \mathbb{R}^d$, where B was a constant. Here, we are assuming the same for the *expected* squared norms of our stochastic gradients. And we are getting the same result, except that it now holds for the *expected* function values.

Theorem 5.1. *Let $f : \mathbb{R}^d \rightarrow \mathbb{R}$ be a convex and differentiable function, and let \mathbf{x}^* be a global minimum of f ; furthermore, suppose that $\|\mathbf{x}_0 - \mathbf{x}^*\| \leq R$, and that $\mathbb{E}[\|\mathbf{g}_t\|^2] \leq B^2$ for all t . Choosing the constant stepsize*

$$\gamma := \frac{R}{B\sqrt{T}}$$

stochastic gradient descent (5.2) yields

$$\frac{1}{T} \sum_{t=0}^{T-1} \mathbb{E}[f(\mathbf{x}_t)] - f(\mathbf{x}^*) \leq \frac{RB}{\sqrt{T}}.$$

Proof. Taking expectations on both sides of the vanilla analysis (2.4) and using linearity of expectations, we get

$$\sum_{t=0}^{T-1} \mathbb{E}[\mathbf{g}_t^\top (\mathbf{x}_t - \mathbf{x}^*)] \leq \frac{\gamma}{2} \sum_{t=0}^{T-1} \mathbb{E}[\|\mathbf{g}_t\|^2] + \frac{1}{2\gamma} \|\mathbf{x}_0 - \mathbf{x}^*\|^2. \quad (5.5)$$

By (5.4),

$$\mathbb{E}[f(\mathbf{x}_t) - f(\mathbf{x}^*)] \leq \mathbb{E}[\mathbf{g}_t^\top (\mathbf{x}_t - \mathbf{x}^*)].$$

Plugging this into (5.5), using $\mathbb{E}[\|\mathbf{g}_t\|^2] \leq B^2$ and $\|\mathbf{x}_0 - \mathbf{x}^*\| \leq R$, we get

$$\sum_{t=0}^{T-1} \mathbb{E}[f(\mathbf{x}_t) - f(\mathbf{x}^*)] \leq \frac{\gamma}{2} B^2 T + \frac{1}{2\gamma} R^2,$$

from which the statement follows from the choice of γ as in Theorem 2.1. \square

Constrained optimization. For constrained optimization, Theorem 5.1 for the convergence in $\mathcal{O}(1/\varepsilon^2)$ steps directly extends to constrained problems as well. After every step of SGD, projection back to X is applied as usual. The resulting algorithm is called *projected SGD*.

5.4 Tame strong convexity: $\mathcal{O}(1/\varepsilon)$ steps

It is possible to strengthen our above SGD analysis. One way to do so is under the additional assumption of strong convexity of the objective function f (as in Definition 2.8). Again, the proof works by “taking expectations” over a previous analysis, in this case the one for subgradient descent in the tame strongly convex case (Theorem 4.11).

Theorem 5.2. *Let $f : \mathbb{R}^d \rightarrow \mathbb{R}$ be differentiable and strongly convex with parameter $\mu > 0$; let \mathbf{x}^* be the unique global minimum of f . With decreasing step size*

$$\gamma_t := \frac{2}{\mu(t+1)}$$

stochastic gradient descent (5.2) yields

$$\mathbb{E}\left[f\left(\frac{2}{T(T+1)} \sum_{t=1}^T t \cdot \mathbf{x}_t\right) - f(\mathbf{x}^*)\right] \leq \frac{2B^2}{\mu(T+1)},$$

where $B = \max_{t=1}^T \mathbb{E}[\|\mathbf{g}_t\|]$.

Proof. We start from the vanilla analysis (2.3) (with $\gamma = \gamma_t$) and take expectations on both sides:

$$\mathbb{E}[\mathbf{g}_t^\top (\mathbf{x}_t - \mathbf{x}^*)] = \frac{\gamma_t}{2} \mathbb{E}[\|\mathbf{g}_t\|^2] + \frac{1}{2\gamma_t} (\mathbb{E}[\|\mathbf{x}_t - \mathbf{x}^*\|^2] - \mathbb{E}[\|\mathbf{x}_{t+1} - \mathbf{x}^*\|^2]).$$

Now we use (5.4) along with strong convexity to get a lower bound

$$\begin{aligned} \mathbb{E}[\mathbf{g}_t^\top (\mathbf{x}_t - \mathbf{x}^*)] &= \mathbb{E}[\nabla f(\mathbf{x}_t)^\top (\mathbf{x}_t - \mathbf{x}^*)] \\ &\geq \mathbb{E}[f(\mathbf{x}_t) - f(\mathbf{x}^*)] + \frac{\mu}{2} \mathbb{E}[\|\mathbf{x}_t - \mathbf{x}^*\|^2] \end{aligned}$$

for the left-hand side. Combining the previous two equations and using $\mathbb{E}[\|\mathbf{g}_t\|^2] \leq B^2$, we get the “expected version” of (4.4):

$$\mathbb{E}[f(\mathbf{x}_t) - f(\mathbf{x}^*)] \leq \frac{B^2\gamma_t}{2} + \frac{(\gamma_t^{-1} - \mu)}{2} \mathbb{E}[\|\mathbf{x}_t - \mathbf{x}^*\|^2] - \frac{\gamma_t^{-1}}{2} \mathbb{E}[\|\mathbf{x}_{t+1} - \mathbf{x}^*\|^2].$$

The proof continues as in Theorem 4.11, with every step being the “expected version” of the corresponding step in the earlier proof. \square

5.5 Stochastic Subgradient Descent

For problems which are not necessarily differentiable, we modify SGD to use a subgradient of f_i in each iteration. The update of stochastic subgradient descent is given by

$$\begin{aligned} & \text{sample } i \in [n] \text{ uniformly at random} \\ & \text{let } \mathbf{g}_t \in \partial f_i(\mathbf{x}_t) \\ & \mathbf{x}_{t+1} := \mathbf{x}_t - \gamma_t \mathbf{g}_t. \end{aligned} \tag{5.6}$$

Let $\mathbf{g}^i : \mathbb{R}^d \rightarrow \mathbb{R}^d$ denote the function that selects the subgradient of f_i at the current point. Then we have $\mathbf{g}_t = \mathbf{g}^i(\mathbf{x}_t)$ for random i . Unbiasedness now becomes

$$\mathbb{E}[\mathbf{g}_t | \mathbf{x}_t = \mathbf{x}] = \frac{1}{n} \sum_{i=1}^n \mathbf{g}^i(\mathbf{x}) =: \mathbf{g}(\mathbf{x}), \quad \mathbf{x} \in \mathbb{R}^d.$$

It is immediate from the subgradient property that $\mathbf{g}(\mathbf{x}) \in \partial f(\mathbf{x})$ if $\mathbf{g}^i(\mathbf{x}) \in \partial f_i(\mathbf{x})$ for all i . As in Section 5.2 for SGD, we then get

$$\mathbb{E}[\mathbf{g}_t^\top (\mathbf{x}_t - \mathbf{x}^*)] = \mathbb{E}[\mathbf{g}(\mathbf{x}_t)^\top (\mathbf{x}_t - \mathbf{x}^*)].$$

This in turn can be lower bounded by

$$\mathbb{E}[f(\mathbf{x}_t) - f(\mathbf{x}^*)] + \frac{\mu}{2} \mathbb{E}[\|\mathbf{x}_t - \mathbf{x}^*\|^2],$$

with $\mu = 0$ in the convex case and $\mu > 0$ in the strongly convex case, now using $\mathbf{g}(\mathbf{x}_t)$'s subgradient property (4.1) in the convex and (4.3) in the strongly convex case instead of the first-order condition for $\nabla f(\mathbf{x}_t)$. As this lower bound is the crucial ingredient in the previous two analyses of convergence in $\mathcal{O}(1/\varepsilon^2)$ and $\mathcal{O}(1/\varepsilon)$ steps, the results directly extend to the case of subgradient descent as well.

5.6 Mini-batch variants

Instead of using a single element f_i of our sum objective (5.1) to form a stochastic gradient $\mathbf{g}_t = \nabla f_i(\mathbf{x}_t)$, another variant is to use an average of several of them:

$$\tilde{\mathbf{g}}_t := \frac{1}{m} \sum_{j=1}^m \mathbf{g}_t^j. \tag{5.7}$$

where $\mathbf{g}_t^j = \nabla f_{i_j}(\mathbf{x}_t)$ for an index i_j . The set of the (distinct) i_j indices is called a mini-batch, and m is the mini batch size.

Using the step direction $\tilde{\mathbf{g}}_t$ defines mini-batch SGD. For $m = 1$, we recover SGD as originally defined, while for $m = n$ we recover full gradient descent.

Mini-batch SGD can be advantageous in several applications. For example, parallelization over up to m processors will easily give a speed-up for the gradient computation, which is typically the main cost of running SGD. Here, parallelization exploits the fact that all \mathbf{g}_t^j are defined at the same iterate \mathbf{x}_t and can therefore be computed independently.

Taking an average of many independent random variables reduces the variance. In the context of mini-batch SGD, we obtain that for larger size of the mini-batch m our estimate $\tilde{\mathbf{g}}_t$ will be closer to the true gradient, in expectation:

$$\begin{aligned} \mathbb{E} \left[\left\| \tilde{\mathbf{g}}_t - \nabla f(\mathbf{x}_t) \right\|^2 \right] &= \mathbb{E} \left[\left\| \frac{1}{m} \sum_{j=1}^m \mathbf{g}_t^j - \nabla f(\mathbf{x}_t) \right\|^2 \right] \\ &= \frac{1}{m} \mathbb{E} \left[\left\| \mathbf{g}_t^1 - \nabla f(\mathbf{x}_t) \right\|^2 \right] \\ &= \frac{1}{m} \mathbb{E} \left[\left\| \mathbf{g}_t^1 \right\|^2 \right] - \frac{1}{m} \left\| \nabla f(\mathbf{x}_t) \right\|^2 \leq \frac{B^2}{m}. \end{aligned}$$

Using a modification of the above analysis, it is possible to use this property to relate the above convergence rate of SGD to the rate of full gradient descent.

5.7 Exercises

Exercise 32. Let Y be a random variable over a finite probability space (Ω, prob) where $\text{prob} : 2^\Omega \rightarrow [0, 1]$; this avoids subtleties in defining conditional probabilities and expectations; and it covers the random variables occurring in SGD, since in each step, we are randomly choosing among a finite set of n indices. Furthermore, let $B \subseteq \Omega$ be an event.

For nonempty B , the conditional expectation of Y given B is the number

$$\mathbb{E}[Y|B] := \sum_{y \in Y(\Omega)} y \cdot \text{prob}(Y = y|B).$$

where $Y = y$ is shorthand for the event $\{\omega \in \Omega : Y(\omega) = y\}$.

Finally, for two events A and $B \neq \emptyset$, the conditional probability $\text{prob}[A|B]$ is defined as

$$\text{prob}(A|B) := \frac{\text{prob}(A \cap B)}{\text{prob}(B)}.$$

If $B = \emptyset$, $\mathbb{E}[Y|B]$ can be defined arbitrarily.

Prove the following statements.

(i) *Alternative definition of conditional expectation:*

$$\text{prob}(B) \cdot \mathbb{E}[Y|B] = \sum_{\omega \in B} Y(\omega) \text{prob}(\omega).$$

(ii) *Partition Theorem: Let B_1, \dots, B_m be a partition of Ω . Then*

$$\mathbb{E}[Y] = \sum_{i=1}^m \mathbb{E}[Y|B_i] \text{prob}(B_i).$$

(iii) *Linearity of conditional expectation: For random variables Y_1, \dots, Y_m over (Ω, prob) and real numbers $\lambda_1, \dots, \lambda_m$, and if $B \neq \emptyset$,*

$$\sum_{i=1}^m \lambda_i \mathbb{E}[Y_i|B] = \mathbb{E}\left[\sum_{i=1}^m \lambda_i Y_i|B\right].$$

Chapter 6

Nonconvex functions

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So far, all convergence results that we have given for variants of gradient descent have been for convex functions. And there is a good reason for this: on nonconvex functions, gradient descent can in general not be expected to come close (in distance or function value) to the global minimum \mathbf{x}^* , even if there is one.

As an example, consider the nonconvex function from Figure 1.2 (left). Figure 6.1 shows what happens if we start gradient descent somewhere “to the right”, with a not too large stepsize so that we do not overshoot. For any sufficiently large T , the iterate \mathbf{x}_T will be close to the local minimum \mathbf{y}^* , but not to the global minimum \mathbf{x}^* .

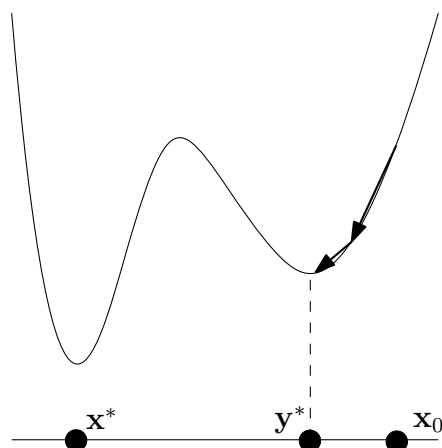


Figure 6.1: Gradient descent may get stuck in a local minimum $\mathbf{y}^* \neq \mathbf{x}^*$

Even if the global minimum is the unique local minimum, gradient descent is not guaranteed to get there, as it may also get stuck in a saddle point, or even fail to reach anything at all; see Figure 6.2

In practice, variants of gradient descent are often observed to perform well even on nonconvex functions, but theoretical explanations for this are mostly missing.

In this chapter, we show that under favorable conditions, we can still say something useful about the behavior of gradient descent, even on nonconvex functions.

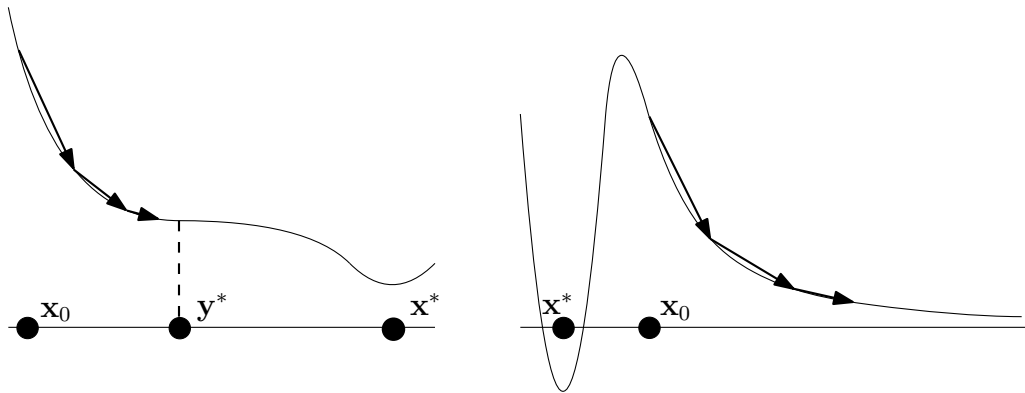


Figure 6.2: Gradient descent may get stuck in a flat region (saddle point) y^* (left), or reach neither a local minimum nor a saddle point (right).

6.1 Smooth functions

A particularly low hanging fruit is the analysis of gradient descent on smooth (but not necessarily convex) functions. We recall from Definition 2.2) that a differentiable function $f : \text{dom}(f) \rightarrow \mathbb{R}$ is smooth with parameter $L \in \mathbb{R}_+$ over a convex set $X \subseteq \text{dom}(f)$ if

$$f(\mathbf{y}) \leq f(\mathbf{x}) + \nabla f(\mathbf{x})^\top (\mathbf{y} - \mathbf{x}) + \frac{L}{2} \|\mathbf{x} - \mathbf{y}\|^2, \quad \forall \mathbf{x}, \mathbf{y} \in X.$$

This means that at every point $\mathbf{x} \in X$, the graph of f is below a not-too-steep tangential paraboloid, and this may happen even if the function is not convex; see Figure 6.3.

There is a class of arbitrarily smooth nonconvex functions, namely the differentiable *concave* functions. A function f is called concave if $-f$ is convex. Hence, for all \mathbf{x} , the graph of a differentiable concave function is *below* the tangent hyperplane at \mathbf{x} , hence f is smooth with parameter $L = 0$; see Figure 6.4.

However, from our optimization point of view, concave functions are boring, since they have no global minimum (at least in the unconstrained setting that we are treating here). Gradient descent will then simply “run off to infinity”.

We will therefore consider smooth functions that have a global minimum \mathbf{x}^* . Are there even such functions that are not convex? Actually,

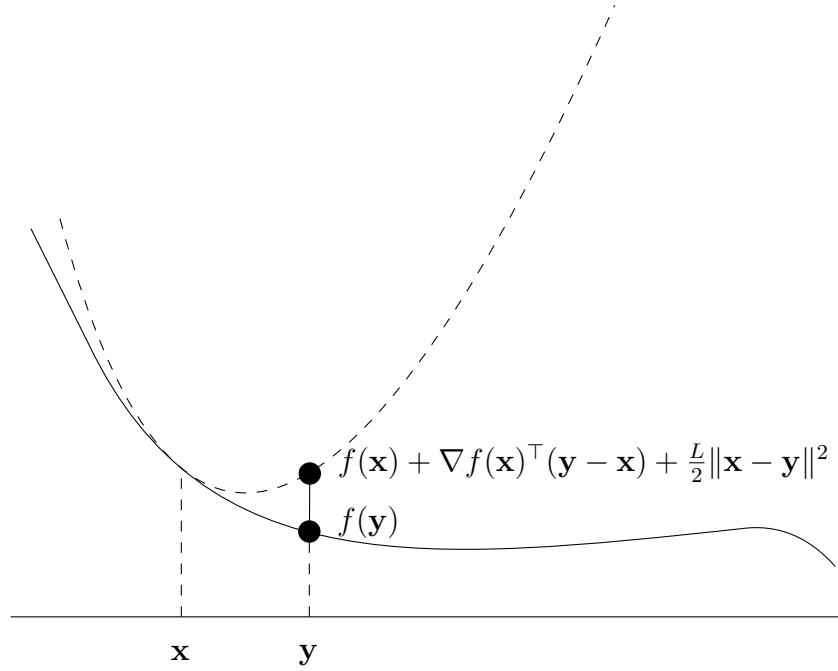


Figure 6.3: A smooth and nonconvex function

many. As we show next, any twice differentiable function with bounded Hessians over some convex set X is smooth over X . A concrete example of a smooth function that is not convex but has a global minimum (actually, many), is $f(x) = \sin(x)$.

Lemma 6.1. *Let $f : \text{dom}(f) \rightarrow \mathbb{R}$ be twice differentiable, with $X \subseteq \text{dom}(f)$ a convex set, and $\|\nabla^2 f(\mathbf{x})\| \leq L$ for all $\mathbf{x} \in X$, where $\|\cdot\|$ is again spectral norm. Then f is smooth with parameter L over X .*

Proof. By Theorem [1.10](#) (applied to the gradient function ∇f), bounded Hessians imply Lipschitz continuity of the gradient,

$$\|\nabla f(\mathbf{x}) - \nabla f(\mathbf{y})\| \leq L \|\mathbf{x} - \mathbf{y}\|, \quad \mathbf{x}, \mathbf{y} \in X. \quad (6.1)$$

We show that this in turn implies smoothness. This is in fact the easy direction of Lemma [2.4](#) (in the twice differentiable case), and we proceed as in the proof of Theorem [1.10](#) by employing the fundamental theorem of

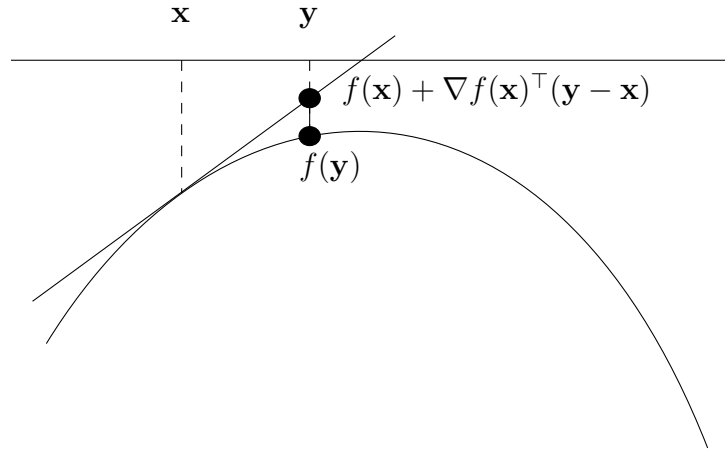


Figure 6.4: A concave function and the first-order characterization of concavity: $f(\mathbf{y}) \leq f(\mathbf{x}) + \nabla f(\mathbf{x})^\top (\mathbf{y} - \mathbf{x}), \forall \mathbf{x}, \mathbf{y} \in \mathbb{R}^d$

calculus with $h : \text{dom}(h) \rightarrow \mathbb{R}^d, [0, 1] \subseteq \text{dom}(h)$ given by

$$h(t) = f(\mathbf{x} + t(\mathbf{y} - \mathbf{x})), \quad t \in \mathbb{R},$$

in which case the chain rule (see (1.2)) yields

$$h'(t) = \nabla f(\mathbf{x} + t(\mathbf{y} - \mathbf{x}))^\top (\mathbf{y} - \mathbf{x}).$$

For any $\mathbf{x}, \mathbf{y} \in X$, we now compute

$$\begin{aligned}
& f(\mathbf{y}) - f(\mathbf{x}) - \nabla f(\mathbf{x})^\top (\mathbf{y} - \mathbf{x}) \\
&= h(1) - h(0) - \nabla f(\mathbf{x})^\top (\mathbf{y} - \mathbf{x}) \\
&= \int_0^1 h'(t) dt - \nabla f(\mathbf{x})^\top (\mathbf{y} - \mathbf{x}) \\
&= \int_0^1 \nabla f(\mathbf{x} + t(\mathbf{y} - \mathbf{x}))^\top (\mathbf{y} - \mathbf{x}) dt - \nabla f(\mathbf{x})^\top (\mathbf{y} - \mathbf{x}) \\
&= \int_0^1 (\nabla f(\mathbf{x} + t(\mathbf{y} - \mathbf{x}))^\top (\mathbf{y} - \mathbf{x}) - \nabla f(\mathbf{x})^\top (\mathbf{y} - \mathbf{x})) dt \\
&= \int_0^1 (\nabla f(\mathbf{x} + t(\mathbf{y} - \mathbf{x})) - \nabla f(\mathbf{x}))^\top (\mathbf{y} - \mathbf{x}) dt \\
&\leq \int_0^1 |(\nabla f(\mathbf{x} + t(\mathbf{y} - \mathbf{x})) - \nabla f(\mathbf{x}))^\top (\mathbf{y} - \mathbf{x})| dt \\
&\leq \int_0^1 \|(\nabla f(\mathbf{x} + t(\mathbf{y} - \mathbf{x})) - \nabla f(\mathbf{x}))\| \|\mathbf{y} - \mathbf{x}\| dt \quad (\text{Cauchy-Schwarz}) \\
&\leq \int_0^1 L \|t(\mathbf{y} - \mathbf{x})\| \|\mathbf{y} - \mathbf{x}\| dt \quad (\text{Lipschitz continuous gradients}) \\
&= \int_0^1 Lt \|\mathbf{x} - \mathbf{y}\|^2 \\
&= \frac{L}{2} \|\mathbf{x} - \mathbf{y}\|^2.
\end{aligned}$$

This is smoothness over X according to Definition [2.2](#). □

For twice differentiable functions, the converse is also (almost) true. If f is smooth over an *open* convex subset $X \subseteq \text{dom}(f)$, it has bounded Hessians over X (Exercise [33](#)). It is not hard to understand why openness is necessary in general. Indeed, for a point \mathbf{x} on the boundary of X , the smoothness condition does not give us any information about nearby points not in X . As a consequence, even at points with large Hessians, f might look smooth inside X . As a simple example, consider $f(x_1, x_2) = x_1^2 + Mx_2^2$ with $M \in \mathbb{R}_+$ large. The function f is smooth with $L = 2$ over $X = \{(x_1, x_2) : x_2 = 0\}$: indeed, over this set, f looks just like the super-model. But for all \mathbf{x} , we have $\|\nabla^2 f(\mathbf{x})\| = 2M$.

Now we get back to gradient descent on smooth functions with a global minimum. The punchline is so unspectacular that there is no harm in

spoiling it already now: What we can prove is that $\|\nabla f(\mathbf{x}_t)\|^2$ converges to 0 at the same rate as $f(\mathbf{x}_t) - f(\mathbf{x}^*)$ converges to 0 in the convex case. Naturally, $f(\mathbf{x}_t) - f(\mathbf{x}^*)$ itself is not guaranteed to converge in the nonconvex case, for example if \mathbf{x}_t converges to a local minimum that is not global, as in Figure 6.1.

It is tempting to interpret convergence of $\|\nabla f(\mathbf{x}_t)\|^2$ to 0 as convergence to a *critical point* of f (a point where the gradient vanishes). But this interpretation is not fully accurate in general, as Figure 6.2 (right) shows: The algorithm may enter a region where f asymptotically approaches some value, without reaching it (think of the rightmost piece of the function in the figure as $f(x) = e^{-x}$). In this case, the gradient converges to 0, but the iterates are nowhere near a critical point.

Theorem 6.2. *Let $f : \mathbb{R}^d \rightarrow \mathbb{R}$ be differentiable with a global minimum \mathbf{x}^* ; furthermore, suppose that f is smooth with parameter L according to Definition 2.2. Choosing stepsize*

$$\gamma := \frac{1}{L},$$

gradient descent (2.1) yields

$$\frac{1}{T} \sum_{t=0}^{T-1} \|\nabla f(\mathbf{x}_t)\|^2 \leq \frac{2L}{T} (f(\mathbf{x}_0) - f(\mathbf{x}^*)), \quad T > 0.$$

In particular, $\|\nabla f(\mathbf{x}_t)\|^2 \leq \frac{2L}{T} (f(\mathbf{x}_0) - f(\mathbf{x}^))$ for some $t \in \{0, \dots, T-1\}$. And also, $\lim_{t \rightarrow \infty} \|\nabla f(\mathbf{x}_t)\|^2 = 0$ (Exercise 34).*

Proof. We recall that sufficient decrease (Lemma 2.6) does not require convexity, and this gives

$$f(\mathbf{x}_{t+1}) \leq f(\mathbf{x}_t) - \frac{1}{2L} \|\nabla f(\mathbf{x}_t)\|^2, \quad t \geq 0.$$

Rewriting this into a bound on the gradient yields

$$\|\nabla f(\mathbf{x}_t)\|^2 \leq 2L(f(\mathbf{x}_t) - f(\mathbf{x}_{t+1})).$$

Hence, we get a telescoping sum

$$\sum_{t=0}^{T-1} \|\nabla f(\mathbf{x}_t)\|^2 \leq 2L(f(\mathbf{x}_0) - f(\mathbf{x}_T)) \leq 2L(f(\mathbf{x}_0) - f(\mathbf{x}^*)).$$

The statement follows. □

In the smooth setting, gradient descent has another interesting property: with stepsize $1/L$, it cannot overshoot. By this, we mean that it cannot pass a critical point (in particular, not the global minimum) when moving from \mathbf{x}_t to \mathbf{x}_{t+1} . Equivalently, with a smaller stepsize, no critical point can be reached. With stepsize $1/L$, it is possible to reach a critical point, as we have demonstrated for the supermodel function $f(x) = x^2$ in Section 2.6.

Lemma 6.3 (Exercise 35). *Let $f : \mathbb{R}^d \rightarrow \mathbb{R}$ be differentiable; let $\mathbf{x} \in \mathbb{R}^d$ such that $\nabla f(\mathbf{x}) \neq \mathbf{0}$, i.e. \mathbf{x} is not a critical point. Suppose that f is smooth with parameter L over the line segment connecting \mathbf{x} and $\mathbf{x}' = \mathbf{x} - \gamma \nabla f(\mathbf{x})$, where $\gamma = 1/L' < 1/L$. Then \mathbf{x}' is also not a critical point.*

Figure 6.5 illustrates the situation.

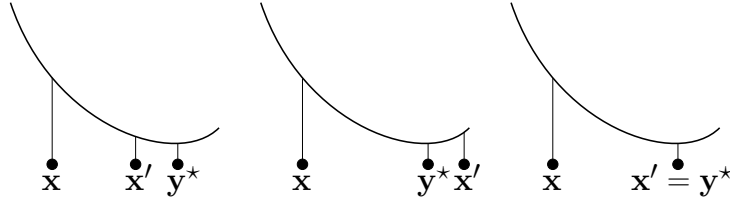


Figure 6.5: Gradient descent on smooth functions: When moving from \mathbf{x} to $\mathbf{x}' = \mathbf{x} - \gamma \nabla f(\mathbf{x})$ with $\gamma < 1/L$, \mathbf{x}' will not be a critical point (left); equivalently, with $\gamma = 1/L$, we cannot overshoot, i.e. pass a critical point (middle); with $\gamma = 1/L$, we may exactly reach a critical point (right).

6.2 Trajectory analysis

Even if the “landscape” (graph) of a nonconvex function has local minima, saddle points, and flat parts, it is sometimes possible to prove that gradient descent avoids these bad spots and still converges to a global minimum. For this, one needs a good starting point and some theoretical understanding of what happens when we start there—this is trajectory analysis.

In 2018, results along these lines have appeared that prove convergence of gradient descent to a global minimum in training deep *linear* linear networks, under suitable conditions. In this section, we will study a vastly

simplified setting that allows us to show the main ideas (and limitations) behind one particular trajectory analysis [ACGH18].

In our simplified setting, we will look at the task of minimizing a concrete and very simple nonconvex function. This function turns out to be smooth *along the trajectories* that we analyze, and this is one important ingredient. However, smoothness alone does not suffice to prove convergence to the global minimum, let alone fast convergence: As we have seen in the last section, we can in general only guarantee that the gradient norms converge to 0, and at a rather slow rate. To get beyond this, we will need to exploit additional properties of the function under consideration.

6.2.1 Deep linear neural networks

Let us go back to the problem of learning linear models as discussed in Section 1.6.2, using the example of Master's admission. We had n inputs $\mathbf{x}_1, \dots, \mathbf{x}_n$, where each input $\mathbf{x}_i \in \mathbb{R}^d$ consisted of d input variables; and we had n outputs $y_1, \dots, y_n \in \mathbb{R}$. Then we made the hypothesis that (after centering), output values depend (approximately) linearly on the input,

$$y_i \approx \mathbf{w}^\top \mathbf{x}_i,$$

for a weight vector $\mathbf{w} = (w_1, \dots, w_d) \in \mathbb{R}^d$ to be learned.

Now we consider the more general case where there is not just one output $y_i \in \mathbb{R}$ as response to the i -th input, but m outputs $\mathbf{y}_i \in \mathbb{R}^m$. In this case, the linear hypothesis becomes

$$\mathbf{y}_i \approx W \mathbf{x}_i,$$

for a weight matrix $W \in \mathbb{R}^{m \times d}$ to be learned. The matrix that best fits this hypothesis on the given observations is the least-squares matrix

$$W^\star = \operatorname{argmin}_{W \in \mathbb{R}^{m \times d}} \sum_{i=1}^n \|W \mathbf{x}_i - \mathbf{y}_i\|^2.$$

If we let $X \in \mathbb{R}^{d \times n}$ be the matrix whose columns are the \mathbf{x}_i and $Y \in \mathbb{R}^{m \times n}$ the matrix whose columns are the \mathbf{y}_i , we can equivalently write this as

$$W^\star = \operatorname{argmin}_{W \in \mathbb{R}^{m \times d}} \|WX - Y\|_F^2, \quad (6.2)$$

where $\|A\|_F = \sqrt{\sum_{i,j} a_{ij}^2}$ is the *Frobenius norm* of a matrix A .

Finding W^* (the global minimum of a convex quadratic function) is a simple task that boils down to solving a system of linear equations; see also Section 1.4.2. A fancy way of saying this is that we are training a linear neural network with one layer, see Figure 6.6 (left).

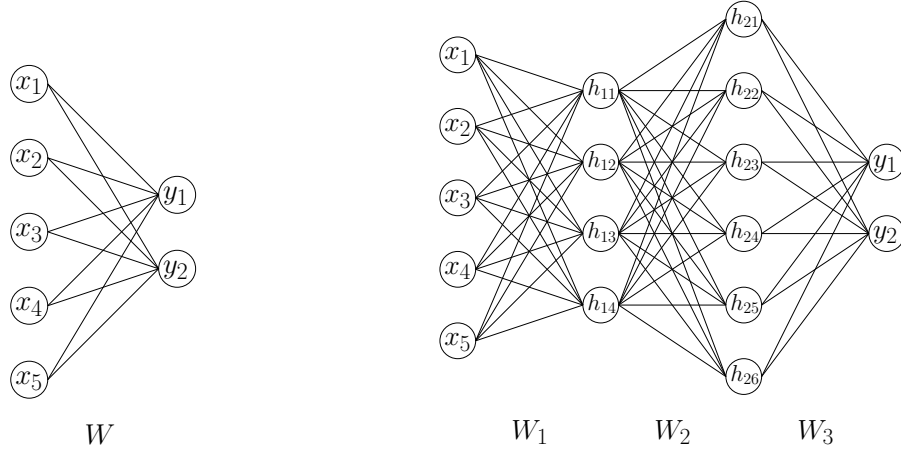


Figure 6.6: Left: A linear neural network over d input variables $\mathbf{x} = (x_1, \dots, x_d)$ and m output variables $\mathbf{y} = (y_1, \dots, y_m)$. The edge connecting input variable x_j with output variable y_i has a weight w_{ij} (to be learned), and all weights together form a weight matrix $W \in \mathbb{R}^{m \times d}$. Given the weights, the network computes the linear transformation $\mathbf{y} = W\mathbf{x}$ between inputs and outputs. Right: a deep linear neural network of depth 3 with weight matrices W_1, W_2, W_3 . Given the weights, the network computes the linear transformation $\mathbf{y} = W_3 W_2 W_1 \mathbf{x}$.

But what if we have ℓ layers (Figure 6.6 (right)? Training such a network corresponds to minimizing

$$\|W_\ell W_{\ell-1} \cdots W_1 X - Y\|_F^2,$$

over ℓ weight matrices W_1, \dots, W_ℓ to be learned. In case of linear neural networks, there is no benefit in adding layers, as any linear transformation $\mathbf{x} \mapsto W_\ell W_{\ell-1} \cdots W_1 X$ can of course be represented as $\mathbf{x} \mapsto W X$ with $W := W_{\ell-1} \cdots W_1$. But from a theoretical point of view, a deep linear neural network gives us a simple playground in which we can try to understand why training deep neural networks with gradient descent works,

despite the fact that the objective function is no longer convex. The hope is that such an understanding can ultimately lead to an analysis of gradient descent (or other suitable methods) for “real” (meaning non-linear) deep neural networks.

In the next section, we will discuss the case where all matrices are 1×1 , so they are just numbers. This is arguably a toy example in our already simple playground. Still, it gives rise to a nontrivial nonconvex function, and the analysis of gradient descent on it will require similar ingredients as the one on general deep linear neural networks [ACGH18].

6.2.2 A simple nonconvex function

The function (that we consider fixed throughout the section) is $f : \mathbb{R}^d \rightarrow \mathbb{R}$ defined by

$$f(\mathbf{x}) := \frac{1}{2} \left(\prod_{k=1}^d x_k - 1 \right)^2, \quad (6.3)$$

As d is fixed, we will abbreviate $\prod_{k=1}^d x_k$ by $\prod_k x_k$ throughout. Minimizing this function corresponds to training a deep linear neural network with d layers, one neuron per layer, with just one training input $x = 1$ and a corresponding output $y = 1$. Figure 6.7 visualizes the function f for $d = 2$.

First of all, the function f does have global minima, as it is nonnegative, and value 0 can be achieved (in many ways). Hence, we immediately know how to minimize this (for example, set $x_k = 1$ for all k). The question is whether gradient descent also knows, and if so, how we prove this.

Let us start by computing the gradient. We have

$$\nabla f(\mathbf{x}) = \left(\prod_k x_k - 1 \right) \left(\prod_{k \neq 1} x_k, \dots, \prod_{k \neq d} x_k \right)^\top. \quad (6.4)$$

What are the critical points, the ones where $\nabla f(\mathbf{x})$ vanishes? This happens when $\prod_k x_k = 1$ in which case we have a global minimum (level 0 in Figure 6.7). But there are other critical points. Whenever at least *two* of the x_k are zero, the gradient also vanishes, and the value of f is $1/2$ at such a point (point 0 in Figure 6.7). This already shows that the function cannot be convex, as for convex functions, every critical point is a global minimum (Lemma 1.16). It is easy to see that every non-optimal critical point must have two or more zeros.

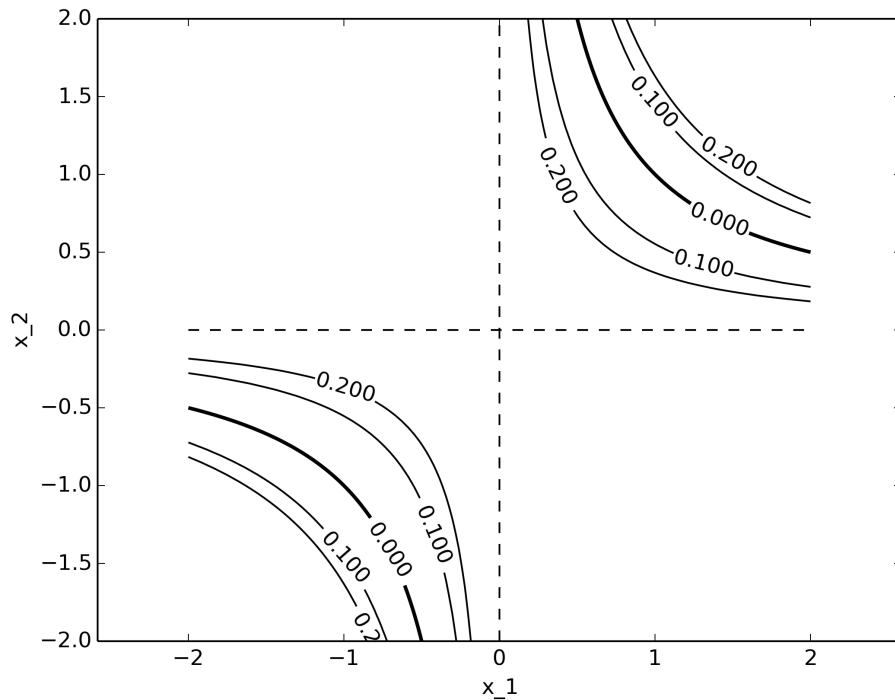


Figure 6.7: Levels sets of $f(x_1, x_2) = \frac{1}{2}(x_1x_2 - 1)^2$

In fact, all critical points except the global minima are saddle points. This is because at any such point \mathbf{x} , we can slightly perturb the (two or more) zero entries in such a way that the product of all entries becomes either positive or negative, so that the function value either decreases or increases.

Figure 6.8 visualizes (scaled) negative gradients of f for $d = 2$; these are the directions in which gradient descent would move from the tails of the respective arrows. The figure already indicates that it is difficult to avoid convergence to a global minimum, but it is possible (see Exercise 37).

We now want to show that for any dimension d , and from *anywhere* in $X = \{\mathbf{x} : \mathbf{x} > \mathbf{0}, \prod_k x_k \leq 1\}$, gradient descent will converge to a global minimum. Unfortunately, our function f is not smooth over X . For the analysis, we will therefore show that f is smooth along the trajectory of

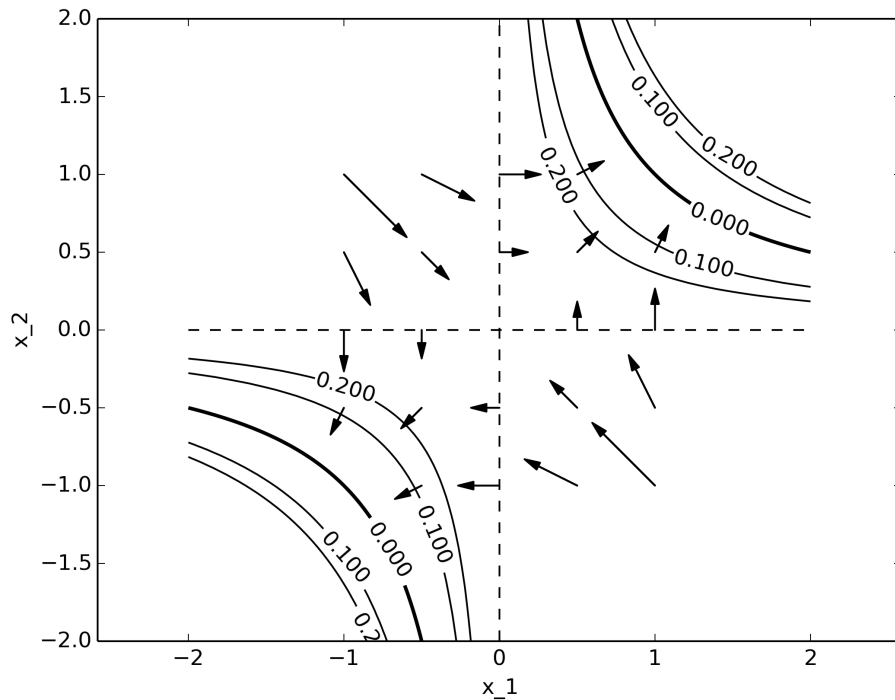


Figure 6.8: Scaled negative gradients of $f(x_1, x_2) = \frac{1}{2}(x_1x_2 - 1)^2$

gradient descent for suitable L , so that we get sufficient decrease

$$f(\mathbf{x}_{t+1}) \leq f(\mathbf{x}_t) - \frac{1}{2L} \|\nabla f(\mathbf{x}_t)\|^2, \quad t \geq 0$$

by Lemma [2.6](#).

This already shows that gradient descent cannot converge to a saddle point: all these have (at least two) zero entries and therefore function value $1/2$. But for starting point $\mathbf{x}_0 \in X$, we have $f(\mathbf{x}_0) < 1/2$, so we can never reach a saddle while decreasing f .

But doesn't this mean that we necessarily *have* to converge to a global minimum? No, because the sublevel sets of f are unbounded, so it could in principle happen that gradient descent runs off to infinity while constantly improving $f(\mathbf{x}_t)$ (an example is gradient descent on $f(x) = e^{-x}$). Or some

other bad behavior occurs (we haven't characterized what can go wrong). So there is still something to prove.

How about convergence from other starting points? For $\mathbf{x} > \mathbf{0}$, $\prod_k x_k \geq 1$, we also get convergence (Exercise 36). But there are also starting points from which gradient descent will not converge to a global minimum (Exercise 37).

The following simple lemma is the key to showing that gradient descent behaves nicely in our case.

Definition 6.4. Let $\mathbf{x} > \mathbf{0}$ (componentwise), and let $c \geq 1$ be a real number. \mathbf{x} is called *c-balanced* if $x_i \leq cx_j$ for all $1 \leq i, j \leq d$.

In fact, any initial iterate $\mathbf{x}_0 > \mathbf{0}$ is *c-balanced* for some (possibly large) *c*.

Lemma 6.5. Let $\mathbf{x} > \mathbf{0}$ be *c-balanced* with $\prod_k x_k \leq 1$. Then for any stepsize $\gamma > 0$, $\mathbf{x}' := \mathbf{x} - \gamma \nabla f(\mathbf{x})$ satisfies $\mathbf{x}' \geq \mathbf{x}$ (componentwise) and is also *c-balanced*.

If $c = 1$ (all entries of \mathbf{x} are equal), this is easy to see since then also all entries of $\nabla f(\mathbf{x})$ in (6.4) are equal. Later we will show that for suitable step size, we also maintain that $\prod_k x'_k \leq 1$, so that gradient descent only goes through balanced iterates.

Proof. Set $\Delta := -\gamma(\prod_k x_k - 1)(\prod_k x_k) \geq 0$. Then the gradient descent update assumes the form

$$x'_k = x_k + \frac{\Delta}{x_k} \geq x_k, \quad k = 1, \dots, d.$$

For i, j , we have $x_i \leq cx_j$ and $x_j \leq cx_i$ ($\Leftrightarrow 1/x_i \leq c/x_j$). We therefore get

$$x'_i = x_i + \frac{\Delta}{x_i} \leq cx_j + \frac{\Delta c}{x_j} = cx'_j.$$

□

6.2.3 Smoothness along the trajectory

It will turn out that our function f —despite not being globally smooth—is smooth over the trajectory of gradient descent, assuming that we start with $\mathbf{x}_0 > \mathbf{0}$, $\prod_k (x_0)_k < 1$. We will derive this from bounded Hessians. Let us therefore start by computing the Hessian matrix $\nabla^2 f(\mathbf{x})$, where by

definition, $\nabla^2 f(\mathbf{x})_{ij}$ is the j -th partial derivative of the i -th entry of $\nabla f(\mathbf{x})$. This i -th entry is

$$(\nabla f)_i = \left(\prod_k x_k - 1 \right) \prod_{k \neq i} x_k$$

and its j -th partial derivative is therefore

$$\nabla^2 f(\mathbf{x})_{ij} = \begin{cases} \left(\prod_{k \neq i} x_k \right)^2, & j = i \\ 2 \prod_{k \neq i} x_k \prod_{k \neq j} x_k - \prod_{k \neq i, j} x_k, & j \neq i \end{cases}$$

This looks promising: if $\prod_k x_k \leq 1$, then we would also expect that the products $\prod_{k \neq i} x_k$ and $\prod_{k \neq i, j} x_k$ are small, in which case all entries of the Hessian are small, giving us a bound on $\|\nabla^2 f^2 \mathbf{x}\|$ that we need to establish smoothness of f . However, for general \mathbf{x} , this fails. If \mathbf{x} contains entries close to 0, it may happen that some terms $\prod_{k \neq i} x_k$ and $\prod_{k \neq i, j} x_k$ are actually very large.

What comes to our rescue is again c -balancedness.

Lemma 6.6. *Suppose that $\mathbf{x} > \mathbf{0}$ is c -balanced (Definition 6.4). Then for any $I \subseteq \{1, \dots, d\}$, we have*

$$\left(\frac{1}{c} \right)^{|I|} \left(\prod_k x_k \right)^{1-|I|/d} \leq \prod_{k \notin I} x_k \leq c^{|I|} \left(\prod_k x_k \right)^{1-|I|/d}.$$

Proof. For any i , we have $x_i^d \geq (1/c)^d \prod_k x_k$ by balancedness, hence $x_i \geq (1/c)(\prod_k x_k)^{1/d}$. It follows that

$$\prod_{k \notin I} x_k = \frac{\prod_k x_k}{\prod_{i \in I} x_i} \leq \frac{\prod_k x_k}{(1/c)^{|I|} (\prod_k x_k)^{|I|/d}} = c^{|I|} \left(\prod_k x_k \right)^{1-|I|/d}.$$

The lower bound follows in the same way from $x_i^d \leq c^d \prod_k x_k$. \square

This lets us bound the Hessians of c -balanced points.

Lemma 6.7. *Let $\mathbf{x} > \mathbf{0}$ be c -balanced with $\prod_k x_k \leq 1$. Then*

$$\|\nabla^2 f(\mathbf{x})\| \leq \|\nabla^2 f(\mathbf{x})\|_F \leq 3dc^2.$$

where $\|A\|_F$ is the Frobenius norm and $\|A\|$ the spectral norm.

Proof. The fact that $\|A\| \leq \|A\|_F$ is Exercise 38. To bound the Frobenius norm, we use the previous lemma to compute

$$|\nabla^2 f(\mathbf{x})_{ii}| = \left| \left(\prod_{k \neq i} x_k \right)^2 \right| \leq c^2$$

and for $i \neq j$,

$$|\nabla^2 f(\mathbf{x})_{ij}| \leq \left| 2 \prod_{k \neq i} x_k \prod_{k \neq j} x_k \right| + \left| \prod_{k \neq i, j} x_k \right| \leq 3c^2.$$

Hence, $\|\nabla^2 f(\mathbf{x})\|_F^2 \leq 9d^2 c^4$. Taking square roots, the statement follows. \square

This now implies smoothness of f along the whole trajectory of gradient descent, under the usual “smooth stepsize” $\gamma = 1/L = 1/3dc^2$.

Lemma 6.8. *Let $\mathbf{x} > \mathbf{0}$ be c -balanced with $\prod_k x_k < 1$, $L = 3dc^2$. Let $\gamma := 1/L$. Then for all $0 \leq \nu \leq \gamma$,*

$$\mathbf{x}' := \mathbf{x} - \nu \nabla f(\mathbf{x}) \geq \mathbf{x}$$

is c -balanced with $\prod_k x'_k \leq 1$, and f is smooth with parameter L over the line segment connecting \mathbf{x} and $\mathbf{x} - \gamma \nabla f(\mathbf{x})$.

Proof. We get that $\mathbf{x}' \geq \mathbf{x} > \mathbf{0}$ is c -balanced by Lemma 6.5. Furthermore, $\nabla f(\mathbf{x}) \neq \mathbf{0}$ (due to $\mathbf{x}' > \mathbf{0}$, $\prod_k x_k < 1$, we can't be at a critical point). By Lemma 6.3 (no overshooting), we can't reach $\prod_k x'_k = 1$ (global minimum) for $\nu < \gamma$, as f is smooth with parameter L over $X = \text{conv}\{\mathbf{x}, \mathbf{x}'\}$ for the smallest such ν , using Lemma 6.1 with the bound on the Hessians from the previous lemma. By continuity, we therefore get $\prod_k x'_k \leq 1$ for all $\nu \leq \gamma$, and f is smooth with parameter L over the line segment connecting \mathbf{x} and \mathbf{x}' for $\nu = \gamma$. \square

6.2.4 Convergence

Theorem 6.9. *Let $c \geq 1$ and $\delta > 0$ such that $\mathbf{x}_0 > \mathbf{0}$ is c -balanced with $\delta \leq \prod_k (\mathbf{x}_0)_k < 1$. Choosing stepsize*

$$\gamma = \frac{1}{3dc^2},$$

gradient descent satisfies

$$f(\mathbf{x}_T) \leq \left(1 - \frac{\delta^2}{3c^4}\right)^T f(\mathbf{x}_0), \quad T \geq 0.$$

This means that the loss indeed converges to its optimal value 0, and does so with a fast exponential error decrease. Exercise 39 asks you to prove that also the iterates themselves converge (to an optimal solution), so gradient descent will not run off to infinity.

Proof. For each $t \geq 0$, f is smooth over $\text{conv}(\{\mathbf{x}_t, \mathbf{x}_{t+1}\})$ with parameter $L = 3dc^2$, hence Lemma 2.6 yields sufficient decrease:

$$f(\mathbf{x}_{t+1}) \leq f(\mathbf{x}_t) - \frac{1}{6dc^2} \|\nabla f(\mathbf{x}_t)\|^2. \quad (6.5)$$

For every c -balanced \mathbf{x} with $\delta \leq \prod_k x_k \leq 1$, we have

$$\begin{aligned} \|\nabla f(\mathbf{x})\|^2 &= 2f(\mathbf{x}) \sum_{i=1}^d \left(\prod_{k \neq i} x_k \right)^2 \\ &\geq 2f(\mathbf{x}) \frac{d}{c^2} \left(\prod_k x_k \right)^{2-2/d} \quad (\text{Lemma 6.6}) \\ &\geq 2f(\mathbf{x}) \frac{d}{c^2} \left(\prod_k x_k \right)^2 \\ &\geq 2f(\mathbf{x}) \frac{d}{c^2} \delta^2. \end{aligned}$$

Then, (6.5) further yields

$$f(\mathbf{x}_{t+1}) \leq f(\mathbf{x}_t) - \frac{1}{6dc^2} 2f(\mathbf{x}_t) \frac{d}{c^2} \delta^2 = f(\mathbf{x}_t) \left(1 - \frac{\delta^2}{3c^4}\right),$$

proving the theorem. \square

This looks great: just as for strongly convex functions, we seem to have fast convergence since the function value goes down by a constant factor in each step. There is a catch, though. To see this, consider the starting

solution $\mathbf{x}_0 = (1/2, \dots, 1/2)$. This is c -balanced with $c = 1$, but the δ that we get is $1/2^d$. Hence, the “constant factor” is

$$\left(1 - \frac{1}{3 \cdot 4^d}\right),$$

and we need $T \approx 4^d$ to reduce the initial error by a constant factor not depending on d .

Indeed, for this starting value \mathbf{x}_0 , the gradient is exponentially small, so we are crawling towards the optimum at exponentially small speed. In order to get polynomial-time convergence, we need to start with a δ that decays at most polynomially with d . For large d , this requires us to start very close to optimality. As a concrete example, let us try to achieve a constant δ (not depending on d) with a 1-balanced solution of the form $x_i = (1 - b/d)$ for all i . For this, we need that

$$\left(1 - \frac{b}{d}\right)^d \approx e^{-b} = \Omega(1),$$

and this requires $b = O(1)$. Hence, we need to start at distance $O(1/\sqrt{d})$ from the optimal solution $(1, \dots, 1)$.

The problem is due to constant stepsize. Indeed, f is locally much smoother at small \mathbf{x}_0 than Lemma 6.8 predicts, so we could afford much larger steps in the beginning. The lemma covers the “worst case” when we are close to optimality already.

So could we improve using a time-varying stepsize? The question is moot: if we know the function f under consideration, we do not need to run any optimization in the first place. The question we were trying to address is whether and how a *standard* gradient descent algorithm is able to optimize nonconvex functions as well. Above, we have given a (partially satisfactory) answer for a concrete function: yes, it can, but at a very slow rate, if d is large and the starting point not close to optimality yet.

6.3 Exercises

Exercise 33. Let $f : \text{dom}(f) \rightarrow \mathbb{R}$ be twice differentiable, with $X \subseteq \text{dom}(f)$ an open convex set, and suppose that f is smooth with parameter L over X . Prove

that under these conditions, $\|\nabla^2 f(\mathbf{x})\| \leq L$ for all $\mathbf{x} \in X$, where $\|\cdot\|$ is spectral norm.

Exercise 34. Prove that the statement of Theorem 6.2 implies that

$$\lim_{t \rightarrow \infty} \|\nabla f(\mathbf{x}_t)\|^2 = 0.$$

Exercise 35. Prove Lemma 6.3 (gradient descent does not overshoot on smooth functions).

Exercise 36. Consider the function $f(\mathbf{x}) = \frac{1}{2} \left(\prod_{k=1}^d x_k - 1 \right)^2$. Prove that for any starting point $\mathbf{x}_0 \in X = \{\mathbf{x} \in \mathbb{R}^d : \mathbf{x} > \mathbf{0}, \prod_k x_k \geq 1\}$ and any $\varepsilon > 0$, gradient descent attains $f(\mathbf{x}_T) \leq \varepsilon$ for some iteration T .

Exercise 37. Consider the function $f(\mathbf{x}) = \frac{1}{2} \left(\prod_{k=1}^d x_k - 1 \right)^2$. Prove that there is a point \mathbf{x}_0 (not a critical point) such that gradient descent does not converge to a global minimum when started at \mathbf{x}_0 .

Exercise 38. Prove that for any matrix A , $\|A\| \leq \|A\|_F$, where $\|\cdot\|$ is the spectral norm and $\|\cdot\|_F$ the Frobenius norm.

Exercise 39. Prove that the sequence $(\mathbf{x}_T)_{T \geq 0}$ of iterates in Theorem 6.9 converges to an optimal solution \mathbf{x}^* .

Chapter 7

Gradient Descent: Executive Summary

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Throughout the previous chapters, we have proved all the results announced in Table 2.1. Before the table, we have made the point that we want to focus on ideas and not so much on results. Throughout the chapters, this point may have escaped some readers, so we want to recapitulate the main ideas here.

7.1 Function classes and algorithms

For easy reference, we repeat the definitions of all function classes and algorithms that we have considered, in tabular form; see Table 7.1 and Table 7.2.

convex functions	$f(\mathbf{y}) \geq f(\mathbf{x}) + \nabla f(\mathbf{x})^\top (\mathbf{y} - \mathbf{x})$
Lipschitz convex functions	$\begin{aligned} f(\mathbf{y}) &\geq f(\mathbf{x}) + \nabla f(\mathbf{x})^\top (\mathbf{y} - \mathbf{x}) \\ \ \nabla f(\mathbf{x})\ &\leq B \end{aligned}$
smooth convex functions	$f(\mathbf{y}) \leq f(\mathbf{x}) + \nabla f(\mathbf{x})^\top (\mathbf{y} - \mathbf{x}) + \frac{L}{2} \ \mathbf{x} - \mathbf{y}\ ^2$
strongly convex functions	$f(\mathbf{y}) \geq f(\mathbf{x}) + \nabla f(\mathbf{x})^\top (\mathbf{y} - \mathbf{x}) + \frac{\mu}{2} \ \mathbf{x} - \mathbf{y}\ ^2$
smooth & strongly convex functions	$\begin{aligned} f(\mathbf{y}) &\leq f(\mathbf{x}) + \nabla f(\mathbf{x})^\top (\mathbf{y} - \mathbf{x}) + \frac{L}{2} \ \mathbf{x} - \mathbf{y}\ ^2 \\ f(\mathbf{y}) &\geq f(\mathbf{x}) + \nabla f(\mathbf{x})^\top (\mathbf{y} - \mathbf{x}) + \frac{\mu}{2} \ \mathbf{x} - \mathbf{y}\ ^2 \end{aligned}$

Table 7.1: Function classes defined by first-order conditions. To also cover nondifferentiable functions, $\nabla f(\mathbf{x})$ can be replaced by a subgradient $\mathbf{g} \in \partial f(\mathbf{x})$.

gradient descent	$\mathbf{x}_{t+1} := \mathbf{x}_t - \gamma \nabla f(\mathbf{x}_t)$
projected gradient descent	$\mathbf{y}_{t+1} := \mathbf{x}_t - \gamma \nabla f(\mathbf{x}_t)$ $\mathbf{x}_{t+1} := \Pi_X(\mathbf{y}_{t+1}) := \operatorname{argmin}_{\mathbf{x} \in X} \ \mathbf{x} - \mathbf{y}_{t+1}\ ^2$
proximal gradient descent	$f = g + h$ $\operatorname{prox}_{h,\gamma}(\mathbf{z}) := \operatorname{argmin}_{\mathbf{y}} \left\{ \frac{1}{2\gamma} \ \mathbf{y} - \mathbf{z}\ ^2 + h(\mathbf{y}) \right\}$ $\mathbf{x}_{t+1} := \operatorname{prox}_{h,\gamma}(\mathbf{x}_t - \gamma \nabla g(\mathbf{x}_t))$
subgradient descent	Choose $\mathbf{g}_t \in \partial f(\mathbf{x}_t)$ $\mathbf{x}_{t+1} := \mathbf{x}_t - \gamma_t \mathbf{g}_t$
stochastic gradient descent	$f(\mathbf{x}) = \frac{1}{n} \sum_{i=1}^n f_i(\mathbf{x})$ sample $i \in [n]$ uniformly at random $\mathbf{x}_{t+1} := \mathbf{x}_t - \gamma_t \nabla f_i(\mathbf{x}_t)$

Table 7.2: Gradient descent algorithms

7.2 Main ideas

The first ingredient of each convergence result is an error bound: what can we say about $f(\mathbf{x}_t) - f(\mathbf{x}^*)$ after t steps of the algorithm? The vanilla analysis obtains a first such bound by taking a first order condition (with \mathbf{x}, \mathbf{y} suitably chosen), and replacing the (sub)gradient term according to the definition of the algorithm. To turn this into an actual convergence result, some further properties of the function class are being used.

7.2.1 Gradient descent

Starting from the first order condition characterizing convexity (with $\mathbf{x} := \mathbf{x}_t, \mathbf{y} := \mathbf{x}^*$), plugging in the definition of gradient descent and using the cosine theorem, the vanilla bound

$$\begin{aligned}
f(\mathbf{x}_t) - f(\mathbf{x}^*) &\leq \frac{1}{2\gamma} (\|\mathbf{x}_t - \mathbf{x}_{t+1}\|^2 + \|\mathbf{x}_t - \mathbf{x}^*\|^2 - \|\mathbf{x}_{t+1} - \mathbf{x}^*\|^2) \\
&= \frac{1}{2\gamma} (\gamma^2 \|\nabla f(\mathbf{x}_t)\|^2 + \|\mathbf{x}_t - \mathbf{x}^*\|^2 - \|\mathbf{x}_{t+1} - \mathbf{x}^*\|^2)
\end{aligned}$$

is obtained. Averaging this over some initial steps of the algorithm, a bound for the average error of an iterate is obtained that essentially de-

depends on the squared norms of the gradients that have been observed (most other terms telescope). The “cheap” way of bounding gradients is to simply assume that the function is Lipschitz, meaning that gradients are bounded globally. A convergence result ensues ($\mathcal{O}(1/\varepsilon^2)$ steps; see Section 2.4).

To be able to say something also in the non-Lipschitz case, we need additional properties of the loss function f . Assuming that f is smooth, we can derive *sufficient decrease*: by plugging the definition of gradient descent (with $\gamma = 1/L$) into the first order condition characterizing smoothness (with $\mathbf{x} := \mathbf{x}_t, \mathbf{y} := \mathbf{x}_{t+1}$), we get

$$f(\mathbf{x}_{t+1}) \leq f(\mathbf{x}_t) - \frac{1}{2L} \|\nabla f(\mathbf{x}_t)\|^2.$$

This inequality also provides upper bounds for the gradients, and plugging these into the vanilla bound above, convergence follows ($\mathcal{O}(1/\varepsilon)$ steps; see Section 2.5).

At this point, we observed that gradient descent is actually much faster than this on the supermodel function $f(x) = x^2$ (that is smooth with $L = 2$). It turns out that a significant speedup is obtained for all smooth *and* strongly convex functions. The reason is that in this case, the vanilla analysis can be strengthened by not starting from the first order condition for convexity, but from the one for strong convexity. The strong vanilla bound is

$$f(\mathbf{x}_t) - f(\mathbf{x}^*) \leq \frac{1}{2\gamma} (\gamma^2 \|\nabla f(\mathbf{x}_t)\|^2 + \|\mathbf{x}_t - \mathbf{x}^*\|^2 - \|\mathbf{x}_{t+1} - \mathbf{x}^*\|^2) - \frac{\mu}{2} \|\mathbf{x}_t - \mathbf{x}^*\|^2.$$

This gives us (again, for $\gamma = 1/L$) a bound for $\|\mathbf{x}_{t+1} - \mathbf{x}^*\|^2$ in terms of $(1 - \mu/L) \|\mathbf{x}_t - \mathbf{x}^*\|^2$ (plus some noise terms), which is a geometric decrease in squared distance to the (unique) optimum \mathbf{x}^* . Sufficient decrease can be used to show that the noise terms are actually nonpositive, so they can be omitted (this is where we still need smoothness; having just strong convexity, this step would fail). A convergence result follows ($\mathcal{O}(\log(1/\varepsilon))$ steps, that is the error decreases exponentially with the number of steps; see Section 2.7).

7.2.2 Projected gradient descent

It might seem that this algorithm behaves quite differently from gradient descent: steps may be cut short by projecting \mathbf{y}_{t+1} onto the feasible

set X , yielding a next iterate $\mathbf{x}_{t+1} \in X$. Nevertheless, essentially everything still goes through, and we obtain the same convergence rates as in the unconstrained case, building upon the same analysis techniques. The constrained vanilla bound features \mathbf{y}_{t+1} instead of \mathbf{x}_{t+1} :

$$f(\mathbf{x}_t) - f(\mathbf{x}^*) \leq \frac{1}{2\gamma} (\gamma^2 \|\nabla f(\mathbf{x}_t)\|^2 + \|\mathbf{x}_t - \mathbf{x}^*\|^2 - \|\mathbf{y}_{t+1} - \mathbf{x}^*\|^2).$$

But as $\|\mathbf{y}_{t+1} - \mathbf{x}^*\|^2$ appears negatively here, we are fine: projection to X can only decrease the distance to $\mathbf{x}^* \in X$, so the unconstrained vanilla bound (with \mathbf{x}_{t+1} instead of \mathbf{y}_{t+1}) still holds, and the convergence result for Lipschitz functions follows in the same way ($\mathcal{O}(1/\varepsilon^2)$ steps; see Section 3.2).

For smooth functions, sufficient decrease was the way to control gradients in the vanilla bound. This still works, but the decrease is less in the constrained case. Here, cutting steps short is not in our favor, and we get an additional term when plugging the definition of the algorithm into the first order characterization of smoothness:

$$f(\mathbf{x}_{t+1}) \leq f(\mathbf{x}_t) - \frac{1}{2L} \|\nabla f(\mathbf{x}_t)\|^2 + \frac{L}{2} \|\mathbf{y}_{t+1} - \mathbf{x}_{t+1}\|^2.$$

The unconstrained vanilla bound (obtained from the constrained one by simply exploiting that projection can only decrease the distance to \mathbf{x}^*) is too weak to absorb the additional term involving $\|\mathbf{y}_{t+1} - \mathbf{x}_{t+1}\|^2$. But in fact, we can more precisely say that projection decreases the squared distance by at least $\|\mathbf{y}_{t+1} - \mathbf{x}_{t+1}\|^2$ —by magic exactly the bonus term that we need to compensate for the less sufficient decrease. Again, the convergence result goes through as in the unconstrained case ($\mathcal{O}(1/\varepsilon)$ steps; see Section 3.3).

If f is smooth and strongly convex, the situation is the same. Also the strong vanilla bound can be further improved in the constrained setting by taking the bonus term $\|\mathbf{y}_{t+1} - \mathbf{x}_{t+1}\|^2$ into account, and this exactly compensates for the less sufficient decrease in showing that the noise terms (on top of the geometric decrease in distance to \mathbf{x}^*) can be omitted ($\mathcal{O}(\log(1/\varepsilon))$ steps; see Section 3.4).

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