



岩間神信合氣修鍊会 昇段規定

IWAMA SHINSHIN AIKI SHUREN KAI – TECHNICAL ADVANCEMENT RULES

Rank	Requirements			Costs
SHODAN (1 st Dan)	Prerequisite	At least 15 years old	6 Months since Ikkyu test	Minimum of 80 days of training
	Taijutsu	Suwariwaza Shomenuchi Ikkyo ~ Gokyo * 3 Hanmi-handachi techniques * 3 standing techniques for each category * 3 techniques for each weapons take-away * Jo nage* 2 person jiyuwaza for 45 seconds (minimum); one person with jo, one sude (no weapons)		
	Bukiwaza	7 Ken suburi * Jo suburi		
NIDAN (2 nd Dan)	Prerequisite	At least 18 years old	1 year and 6 Months since Shodan test	Minimum of 300 days of training
	Taijutsu	Suwariwaza Shomenuchi Ikkyo ~ Gokyo * 3 Hanmi-handachi techniques * 3 standing techniques for each category * 3 techniques for each weapons take-away * Jo nage 3* Ninnin dori 2* 3 person jiyuwaza for 1 minute (minimum); one person with ken, two sude		
	Bukiwaza	7 Ken suburi * Jo suburi * Ken awase (migi, hidari, 5, 6, & 7) * 31 no Jo kata * 13 no Jo kata		
SANDAN (3 rd Dan) Shidouin Instructor	Prerequisite	At least 25 years old	2 years and 6 Months since Nidan test	Minimum of 500 days of training
	Taijutsu	Suwariwaza Ikkyo ~ Gokyo (Shomenuchi or Yokomenuchi) * Standing Ikkyo ~ Gokyo (Shomenuchi or Yokomenuchi - Different Attack than Suwariwaza) * 4 Hanmi-handachi techniques * 4 standing techniques for each category * 4 techniques for each weapons take-away * 3 Ninnin dori * 3 jo nage * 3 person weapons jiyuwaza (Ken, Jo & Tanto) for 1 minute 30 seconds (minimum)		
	Bukiwaza	7 Ken suburi * Jo suburi * 4 Happogiri (Ken suburi kata 1,2,6 & 7) * 5 Kunitachi * Kimusubi no tachi * 31 no Kumijo * 13 no Jo awase		
YONDAN (4 th Dan) Jun-Shihan	Prerequisite	At least 30 years old	3 years and 6 Months since Sandan test	Minimum of 600 days of training
	Taijutsu	Suwariwaza Ikkyo ~ Gokyo (Shomenuchi or Yokomenuchi) * Standing Ikkyo ~ Gokyo (Shomenuchi or Yokomenuchi - Different attack than Suwariwaza) * 4 Hanmi-handachi techniques * 4 standing techniques for each category * 4 Sannin dori techniques * 4 techniques for each weapons take-away * 4 jo nage * 4 person weapons jiyuwaza (Ken, Jo, Tanto & open hand) for 1 minute 30 seconds (minimum)		
	Bukiwaza	7 ken suburi * Jo suburi * 10 Kumijo (including 2 variation of 4 th and 5 th Kumijo) * 7 Ken tai Jo (including Henkawaza)		
GODAN (5 th Dan) Shihan-Dai	Prerequisite	At least 35 years old		
		Recommendation from 1 Shihan		
ROKUDAN (6 th Dan) Shihan	Prerequisite	At least 45 years old		
		Recommendation from 2 Shihan		
NANADAN (7 th Dan) Shihan		Recommendation from Kaicho(Soke)		

TAIJUTSU

TESTING CATEGORIES

Sitting Techniques

1. Suwariwaza
2. Hanmi-handachi

Standing Techniques

3. Shihonage
4. Kotegaeshi
5. Kokyunage
6. Iriminage
7. Koshinage
8. Ushirowaza

Weapons Take-Away

9. Tantodori
10. Tachidori
11. Jodori
12. Jonage

Jiyuwaza

13. Taninzudori

Costs: Add 2000 yen for postal expenses.