

 Toll-free phone
 800-764-8367

 Portland area
 503-241-0799

 Fax
 503-241-0925

Email us at: orparc@nwresource.org

Visit our website at: www.orparc.org



Office Hours Monday through Friday 9am to 5pm









Assisting families on their lifelong journey





The Oregon Post Adoption Resource Center (ORPARC) is a nonprofit program contracted to provide services for Oregon DHS adoptive and assisted guardianship families. All services are provided at no cost.



## **ORPARC Offers**

- Connection to community resources
- Specialized parenting consultation
- Crisis support and intervention
- Statewide trainings
- An extensive lending library
- · Assistance with parent support groups
- · Dedicated, knowledgeable staff
- Seasonal newsletters
- Individualized family services

### Information, Assistance, and Referral

ORPARC refers families to community resources such as therapists, support groups, educational programs, and recreational enrichment. ORPARC also maintains a database of statewide resources to assist families in accessing services.

# Consultation, Advocacy, and Support

Professional staff with training and expertise in adoption and guardianship issues provide supportive listening, problem-solving assistance, and parenting consultations. ORPARC also offers brief case management, and in-depth follow up consultation services to families needing to avert or respond to crises.

## Parent Education and Training

ORPARC hosts trainings throughout the state at no cost to eligible users. Translation services and special accommodations are available upon request.



#### **ORPARC** Newsletter

ORPARC distributes a seasonal newsletter with topical articles and information on new library materials and upcoming ORPARC and community partner trainings and events. If you would like to receive the newsletter electronically, please provide us with your name and email address.

# **Lending Library**

ORPARC features an extensive lending library of materials related to adoption, guardianship, parenting, child development, and special needs. Materials are mailed free of charge with return postage paid, and include: books, audiotapes/CDs, videotapes/DVDs, information packets, articles and pamphlets, and Spanish language materials.

## Support Groups

ORPARC maintains a web listing of support groups statewide. We can assist in forming new groups and enhancing existing groups with trainings, consultation, and library materials.

# Recursos en español (Spanish language resources)

El Centro de Recursos Pos-adoptivos de Oregon ("ORPARC" en las siglas en ingles) ofrece servicios, un boletín trimestral, y entrenamientos a las familias calificadas para recibir nuestros servivios. No duden en llamarnos y pedir información y recursos en español.